HERE AT STONY BROOK - Monday, July 23, 1984 INTRO up and under

AFO: Hi, everybody.

How well do you cope? During the past decade or two, a whole new vocabulary has been building around the idea that most of us human beings must cope with daily stress. Stress for you may be the scream of a subway or trolley car pulling into a station stop. Or it may be the silence of your home after the other family members have left for the day. Today we'll talk with Dr. Arthur Stone about his research with a hundred couples and about what may be a surprising conclusion of that study.

Later in the program, we will meet a marine scientist who has become a farmer -- a farmer of seaweed -- as part of a project that could lead to a new source of energy.

Arthur A. Stone is research assistant professor in the Department of Psychiatry and Behavioral Science at the State University of New York at Stony Brook. He and his colleague, Dr. John M. Neale of Stony Brook's Department of Psychology, have been conducting an unusual study of stress. Dr. Stone, is it safe to say that your research indicates that the stresses of daily life are not a problem for some or even most people, despite recent publicity to that effect?

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INTERVIEW	Dr.	Stone:		- Details of study group
				- Summary results
			3 - -	• How will study help others?
				Give parts of test to listeners
				• Any advice to listeners re coping?

13:30

BRIDGE UP AND UNDER

AFO: Remember the old children's song, "The Farmer in the Dell"? Well, if Dr. B. H. Brinkhuis and his colleagues have their way, the lyrics may be changed to something like "The Farmer in the Deep" or perhaps "The Farmer in the Kelp." Bud Brinkhuis is assistant **seconde** professor with the Marine Sciences Research Center at the State University of New York at Stony Brook. He is a farmer -- of seaweed. Yes, he grows seaweed in Long Island Sound. This "farming" is part of a project whose ultimate goal is to make profitable the use of seaweed as a source of energy. And all this time most of us beach freaks have been thinking of seaweed as a nasty intruder on our sandy retreats. Dr. Binkhuis, I suppose you would say that seaweed is more friend than foe?

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INTERVIEW DR. BRINKHUIS: -- Review Crane Neck project:

- When conceived?
 - China, Japan models
- Sponsors
 - Execution (LIRR wheels)
 - First harvest
- -- What's next?
- -- Long-range forecast

28:30

BRIDGE UP AND UNDER

AFO: Next week, we'll be talking with a political scientist whose special interest is the presidency. As you might guess, at this time of year, we'll talk about the major party conventions this summer. I hope you'll join us on this radio station. Until next week, this is Al Oickle. So long, everybody. OUTRO