

CONVERSATIONS UNLIMITED - Monday, June 30, 1986

INTRO UP AND UNDER

Hi, everybody. As we turn the corner into July and full summer weather, most of us find our spirits soaring. This is a wonderful time of year, a time for feeling good. Not all of us, however, are in a state of happiness. Some of us are depressed. Today we'll be talking about the conditions of the human mind, especially about depression and learned helplessness, with a psychiatrist whose research centers on the brain. Now don't go spinning your radio dial. We'll be doing our best to make this conversation positive and upbeat. We don't want you getting depressed.

In fact, there is excitement and good news. We'll be hearing about that from Dr. Fritz Henn. Dr. Henn is on the faculty of the State University of New York at Stony Brook, where he chairs the Department of Psychiatry and Behavioral Science. I was interested, Dr. Henn, in reading about your department's philosophy. I quote: "...psychiatry is in its infancy as a scientific discipline. This immaturity is viewed as a challenge..." The description goes on to refer to "the excitement and mystery of investigating the origins of behavior." That sounds plenty upbeat to me, Dr. Henn.

INTERVIEW DR. HENN:

- History of psychiatry and behavioral research
- Stress dangers in self-diagnosis
- Medical models of psychiatry vs theoretical formulations (Freud?)
- Genetic research (Alzheimer's Disease)
- Psychopharmacology (Depression)
- Learned helplessness
- Research: now and future

14:00

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14:00

We'll take a short break now. When we return, we'll be talking with Dr. Henn about what every new doctor is learning about psychiatry and human behavior.

BRIDGE MUSIC UP AND UNDER

Hi. I'm Al Oickle, and I'm at the State University of New York at Stony Brook with Dr. Fritz Henn. Dr. Henn is a psychiatrist and research scientist, at work trying to solve some of the mysteries of human behavior. He heads the Department of Psychiatry and Behavioral Science in Stony Brook's Health Sciences Center. Tell us a bit about that department, Dr. Henn: how many faculty, how many students.

INTERVIEW DR. HENN:

- Bulletin: "The department...provides a complete range of instruction from beginning medical education through post-residency fellowships." Explore.

- Psychiatric services at University Hospital

- * 30 acute care beds, 12 tertiary care beds
- * children's unit ~~4-12 yrs.~~ - GABRIEL CARSON
- * consult service, including pain clinic
- * emergency services
- * outpatient clinic

- Services at Northport VA Medical Center

- Services at Sagamore Children's Psychiatric Center -

- Entrepreneurial opportunities with SUSB

29:00

OUTRO

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He Showitz
News 5's

BNL
PET SCANNING

20 UH
17 SRFAK
RES.

Int'l Dept. - ANAESTH
Nurses
20 (AC) Neurology