



**2010-11 INDOOR MEN'S TRACK & FIELD TOP PERFORMANCES
AS OF 3/24/11**



**55m
Automatic Time: 6.14**

| | | |
|-------------------------------------|------|-------------------|
| 60m Automatic Time: 6.60 | | |
| Stephen Reilly | 7.1 | Fordham |
| Chris Priore | 7.61 | Met Championships |
| Andrew Bellinger | 7.70 | Giegengack |
| Robert Taylor | 7.84 | Princeton |
| Juan Lopez | 7.85 | Princeton |
| James Descalso | 8.4 | Fordham |

**60m hurdles
Automatic Time: 7.70**

| | | |
|------------|------|-----------|
| Juan Lopez | 9.70 | Valentine |
|------------|------|-----------|

**200m
Automatic Time: 21.48**

| | | |
|----------------|-------|-------------------|
| Chris Priore | 23.17 | Valentine |
| Stephen Reilly | 24.4 | Fordham |
| Juan Lopez | 25.19 | Met Championships |
| James Descalso | 25.44 | Met Championships |

| | | |
|--------------|-------|-----------|
| 300m | | |
| Chris Priore | 37.67 | Princeton |
| Juan Lopez | 41.07 | Princeton |

**400m
Automatic Time: 47.15**

| | | |
|------------------|-------|-------------------|
| Chris Priore | 51.95 | Met Championships |
| Andrew Bellinger | 52.23 | Valentine |
| Nick Steel | 54.56 | Giegengack |
| Robert Taylor | 54.7 | Fordham |

| | | |
|------------------|---------|-------------------|
| 500m | | |
| Shamell Forbes | 1:07.64 | Giegengack |
| Adam Jacobs | 1:07.86 | America East |
| Alex Aronis | 1:09.41 | Met Championships |
| Michael Lopizzo | 1:09.81 | Met Championships |
| Robert Taylor | 1:11.01 | Giegengack |
| Andrew Bellinger | 1:11.39 | Princeton |
| Nick Steel | 1:12.65 | Met Championships |

**800m
Automatic Time: 1:49.30**

| | | |
|-----------------|---------|-------------------|
| James Snak | 1:55.38 | America East |
| Peter Liota | 1:57.07 | America East |
| Alex Aronis | 1:57.56 | America East |
| Shamell Forbes | 1:58.39 | Met Championships |
| Adam Jacobs | 2:01.10 | Met Championships |
| Sam Kimmey | 2:01.35 | Met Championships |
| Michael Lopizzo | 2:02.7 | Fordham |

| | | |
|-----------------|---------|--------------|
| 1000m | | |
| Alex Felce | 2:25.97 | IC4As |
| Shamell Forbes | 2:29.61 | Valentine |
| Michael Lopizzo | 2:31.68 | America East |
| Sam Kimmey | 2:32.12 | America East |
| Peter Liota | 2:33.80 | Valentine |
| James Snak | 2:34.16 | Giegengack |
| Alex Aronis | 2:34.50 | Valentine |

**Mile
Automatic Time: 4:01.30**

| | | |
|----------------|---------|-----------|
| Daniel Denis | 4:19.84 | Valentine |
| Gerard Harley | 4:27.12 | Princeton |
| Shamell Forbes | 4:31.8 | Fordham |
| Sam Kimmey | 4:34.7 | Fordham |
| Carlos Roa | 4:36.31 | Princeton |
| David Golub | 4:40.0 | Fordham |
| Alex Aronis | 4:40.9 | Fordham |
| Nicholas Lemon | 4:51.79 | Princeton |
| Kevin Thorp | 5:04.00 | Princeton |

**3000m
Automatic Time: 7:58.50**

| | | |
|-----------------|---------|-------------------|
| Gerard Harley | 8:20.95 | Valentine |
| Daniel Denis | 8:46.43 | America East |
| Nick Lemon | 8:52.82 | America East |
| Carlos Roa | 8:57.87 | Met Championships |
| Mark Appledorf | 8:59.95 | Giegengack |
| Drew Dillingham | 9:01.25 | Giegengack |
| Kevin Thorp | 9:17.7 | Fordham |
| Alex Varone | 9:30.14 | Princeton |
| Wesley Macker | 9:36.9 | Fordham |

**5000m
Automatic Time: 13:53.30**

**Distance Medley Relay
Automatic Time: 9:34.10**

| | | |
|----------------|----------|--------------|
| Felce, Priore | 10:04.08 | America East |
| Forbes, Denis | | |
| Snak, Priore | 10:15.56 | IC4As |
| Lopizzo, Denis | | |
| Felce, Priore | 10:22.24 | Giegengack |
| Snak, Denis | | |

4x400 Relay

| | | |
|-------------------|---------|-------------------|
| Priore, Bellinger | 3:25.21 | America East |
| Aronis, Jacobs | | |
| Bellinger, Priore | 3:28.17 | Giegengack |
| Forbes, Lopizzo | | |
| Bellinger, Priore | 3:39.47 | Met Championships |
| Jacobs, Liota | | |

4x800 Relay

| | | |
|-----------------|---------|-------------------|
| Aronis, Snak | 7:53.47 | Met Championships |
| Forbes, Lopizzo | | |

**Shot Put
Automatic: 19.30**

| | | |
|----------------|-------|---------|
| Anthony Fratto | 12.67 | Fordham |
| Matt Carnes | 12.47 | Fordham |
| Rico Dutton | 11.77 | Fordham |

**Weight Throw
Automatic: 21.50**

| | | |
|----------------|-------|-----------|
| Matt Carnes | 15.44 | Fordham |
| Anthony Fratto | 14.29 | Princeton |
| Rico Dutton | 10.80 | Princeton |