



"Announcements"
<announce@notes.cc.sunysb.edu>

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To "Torre,F.Jason" <FTORRE@NOTES.CC.SUNYSB.EDU>

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Subject Campus Announcements - Week of 11/05/01

Campus Announcements for the week of November 5, 2001

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3. Stony Brook Contemporary Chamber Players "Classics Concert" November 14 at the Staller Center- Free!
4. VETERANS DAY CEREMONY
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11. Visit to OSI Pharmaceuticals Inc.
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15. Thursday, November 8th at 4:00 pm Author Book Signing & Discussion
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19. Greenhouse Seminar Series, "Under Glass", proudly presents, Tovah Martin, renowned horticulturalist and lecturer, November 14, 2001, 12:00 p.m. SAC Auditorium.

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November 12, 2001 @ 3:00 PM
21. Web Pages "Useful to Terrorists"
22. Wild Horse Behavioral Ecology
23. Open House at the School of Professional Development (SPD) --
November 13th
24. CELT Workshop: Discussion as a Mode of Inquiry with Homer
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25. CELT Workshop: Process of Course Design with Dan Apple from
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26. HOLIDAY GIFT PROGRAM NEEDS YOUR SUPPORT!
27. Fund Raiser for Babies' & Children's Memorial Garden
28. "A RESPONSE TO TERRORISM: THE UNITED NATIONS IN EAST
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29. Pollock-Krasner House participates in the National Park
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30. NATIONAL TAKE A KID TO A GAME DAY
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36. Prepare For The Upcoming Cold and Flu Season. Our Cold and
Flu Prevention Lecture will show you how.

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1. Free computer training for CSEA and PEF union members and
their spouses.

The school of Professional Development is a provider of training
for the Long Island Federation of Labor, AFL-CIO Workforce
Development Center adult education program. This is in addition
to the LEAP program. The purpose of the training program is to
enhance the skills and abilities of the union members and their
spouses. All courses sre provided at no cost to the union member
or their spouse. See our web Page(link below)the section named
"The Consortium for Workforce Education", or email
fesposito@notes.cc.sunysb.edu

<http://www.stonybrook.edu/spd/union.htm>

Submitted by: Frank Esposito/Prov

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2. 2nd Annual Careers In The Bioscience Industry Seminar Series -
Careers in Corporate R and D.

Careers in Corporate R & D. Wednesday, November 7, 2001. 5 - 7 pm. Atkins Learning Center, HSC. Guest speaker - Bob Larson, Ph.D. Associate Director, BioPharmaceuticals. Pall Corporation. He has more than 10 years of academic research experience including Characterization of Legionnaire's Disease, oncogenic transgenics, and plasmid delivery systems and more than 13 years of experience in industrial research Dr. Larson's extensive experience in academic and corporate research will provide graduate students with a realistic insight and perspective into "corporate" bench work. Complete details on the seminar series can be found on <http://www.biotech.sunysb.edu/news.html#seminar>

Submitted by: Angeline Judex

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3. Stony Brook Contemporary Chamber Players "Classics Concert" November 14 at the Staller Center- Free!

The CCP "Classics" concert will be performed in the Recital Hall of the Staller Center Wednesday, November 14 at 8:00 p.m. This renowned ensemble, which is co-directed by performance faculty artists Gilbert Kalish and Raymond Des Roches, specializes in 20th century music for chamber ensembles. This year, the Stony Brook Contemporary Chamber Players will tantalize you with music by George Crumb, Mario Davidovsky, Franz Werner Henze, Charles Wuorinen, and Ned Rorem. Admission to this concert is free. The Contemporary Chamber Players, an integral part of the performance program of the Department of Music at the State University of New York at Stony Brook, has been hailed by the New York Times as "a remarkably well-trained small army of musicians ... of consistent accomplishment ... offering finely polished renderings of new works". For more information, call the Music department: 632-7330.

<http://www.sunysb.edu/music>

Submitted by: Robin Pouler-Mcgrath/CAS

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4. VETERANS DAY CEREMONY

Please join the Stony Brook Community in honoring our Veterans on Wednesday, November 7, 2001 at 1:00 p.m. in the Student Activities Center lobby.

This year's guest speaker will be Brigadier General Joseph F. Conlon III.

We encourage all who have served or are currently serving to wear their uniforms to be honored by all who attend.

Please RSVP to Mr. Ismael Rodriguez, Jr. or Ms. Maureen Hall at

(631) 632-6700. Your immediate response is greatly appreciated.

Food and refreshments will be served.

Submitted by: Ismael Rodriguez/OSA

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5. Defensive Driving Program offered for UUP employees and their immediate families.

A NYSUT sponsored Defensive Driving program is being offered on Saturday, November 10, 2001 from 10 am to 4pm in the Student Activity Center, Room 304, for all UUP employees and their immediate family members. Cost is \$25 per person. Checks should be made payable to "NYSUT Benefit Trust" and delivered to the UUP office, 104 Old Chemistry, Z=3475. Office hours are Monday thru Friday, 9 am to 3 pm. Contact Willa Smith at Ext. 26570 for more information.

Submitted by: Willa Smith/CAS

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6. "Armed Forces Salute" - Special Veterans Day Concert Tuesday, November 13 - Stony Brook Wind Ensemble at Staller Center

The University Wind Ensemble, conducted by Bruce Engel, performs Tuesday, November 13, at 8 pm on the Main Stage of the Staller Center. The concert will feature the "Armed Forces Salute" arranged by Bob Lowden. Other pieces on the program are: Mozart's The Impresario Overture, Hector Berlioz' "March to the Scaffold" from Symphonie Fantastique, Clifton Williams' Symphonic Dance #3 - "Fiesta", Rimsky-Korsakov's Procession of the Nobles, Leroy Anderson's Belle of the Ball, and Charles Strouse' Annie Symphonic Panorama. For tickets, call Staller Center box office: 632-ARTS (\$8-general admission; \$4-students, seniors, USB faculty & staff). Veterans are invited to attend this concert free of charge. To obtain your free ticket, call and leave a message at 632-7330, fax: 632-7404, or email: Rouler@notes.sunysb.edu. Tickets must be requested by 12 noon, Tuesday, November 13th.

<http://www.sunysb.edu/music>

Submitted by: Robin Pouler-Mcgrath/CAS

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7. HIV Pathogenesis and Implications for Treatment by David D. Ho, MD, Aaron Diamond Research Center

On November 13, 2001 the C. N. Yang Institute for Theoretical Physics has scheduled a Sir Run Run Shaw Distinguished Lecture by David D. Ho, M.D, of The Aaron Diamond AIDS Research Center, The Rockefeller University. This lecture will be given in place of the weekly colloquium of the Department of Physics and Astronomy, at 4:15 PM in P-137, Harriman Hall. Coffee and tea will be served at 3:45 PM.

On being awarded a Presidential Citizen's Medal in 2001, David D.

Ho was cited as "One of the world's leaders in the fight against HIV/AIDS, whose "groundbreaking work . . .has ensured that thousands of people with AIDS live longer and healthier lives."

Submitted by: Elizabeth Gasparino/CAS

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8. Communicating with Students in your Department - Using Blackboard

Would you like an easy way to communicate with your undergraduate majors/minors or graduate students through email and on the Web?

You can have an organizational account in Blackboard to post information for (and communicate with) all undergraduate and graduate students who are your majors and/or minors.

What is Blackboard?

Blackboard is a web based course management system that provides your department with the following opportunities:

Post information for your students (regarding graduation, advising, etc) Send e-mail to all majors/minors within your department Ability to create groups by graduating class. Conduct on-line surveys IC will enroll your students into your special departmental pages.

and more!

Information sessions will be held on Tuesday, 11/6 ** Election day ** , 9:30am - 10:30am in CELT (E1337, Main Library).

Register on-line at:

<http://www.sinc.sunysb.edu/Ic/Classes/>

Submitted by: Diana Voss/DoIT

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9. "Spike Heels" by Theresa Rebeck

"Spike Heels" the Theatre Department's second production this semester, is a must-see! A modern day romantic comedy about relationships, written by Theresa Rebeck, the writer for such series as NYPD Blue and Law and Order. The play circles around the lives of Andrew, Georgie, Edward and Lydia in present day Boston and deals with the complexity of their relationships; how friendship, love and sex blend in a tangled web that they weave and they alone can untangle.

Tickets can be purchased at the Staller Center Box Office at 632-PLAY at \$10 general audiences, \$8 faculty/staff, \$6 students and seniors.

November 1,2,3, 8, 9, 10 at 8 p.m. and November 4 and 11 at 2 p.m.

Submitted by: Augusta Kuhn/CAS

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10. Summer 2002 Undergraduate Research Internship Program

The Center for Biotechnology is accepting applications for the Summer 2002 Undergraduate Research Internship Program. Internships will be established within the local biotechnology industry. Students will spend their summers, at a company, learning laboratory techniques and contributing to specific research projects. Students interested in careers in the biotechnology industry would be optimal candidates for selection as trainees under this program. Applicants will be selected from students beginning their junior or senior year who are majoring in any biology or chemistry department. Students in other life sciences departments, with equivalent but not exact qualifications as outlined in the application guidelines, are encouraged to contact Kimberly Alden to discuss candidate eligibility. Application forms and information can be found on the Center's website www.biotech.sunysb.edu. Deadline for application is 5 pm, November 12, 2001. For additional assistance, please contact Kimberly Alden at 631-632-8521 or at kalden@sunysb.edu.

http://www.biotech.sunysb.edu/ps_intern.html

Submitted by: Angeline Judex

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11. Visit to OSI Pharmaceuticals Inc.

The Center for Biotechnology is pleased to organize a visit to OSI Pharmaceuticals for Stony Brook University students. November 28, 2001. 10 am - 12:30 pm OSI is a Pharmaceutical Research and Development Organization (PRDO) that utilizes a high tech, comprehensive drug discovery and development capability to rapidly and cost effectively discover and develop novel, small molecule drug candidates for commercialization by major pharmaceutical companies. All graduate and senior undergraduate students in the life sciences are invited to take this opportunity to visit OSI's integrated, high-tech research and development capabilities - laboratory, robotics system, compound libraries and tissue culture area. This visit is limited to 30 students only. Please register online at The Center for Biotechnology website www.biotech.sunysb.edu by November 19th to reserve your seat.

http://www.biotech.sunysb.edu/ps_intern.html

Submitted by: Angeline Judex

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12. Process of Course Design a Pacific Crest Workshop at CELT November 13, 3-5pm

This workshop walks through an overview of designing a course and will provide some direction in the steps that can be used for

designing and implementing a quality course.

Topic areas include:

Learning Outcomes, Constructing a Knowledge Table, Themes, Performance Measures, Creating a Course Assessment and Evaluation System. There will be interactive discussion and time for consulting questions. For more information and to register please go to www.celt.sunysb.edu.

Submitted by: Rita Reagan-Redko/Prov

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13. BIOCHEMISTRY & CELL BIOLOGY SEMINAR

Guest Speaker: Dr. Rachel Klevit
University of Washington

Title: "Structure of the BRCA1-BARD1 Ring Domain Complex and Its Functional Implications"

Date: Thursday, November 8, 2001
Time: 4:00 p.m.
Location: Life Sciences Building, Room 434
Host: Dr. Smita Mohanty (2-1553)

For more information, please call 2/8550.

Submitted by: Diane Rodriguez/CAS

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14. Benefits Fair for State and Research Foundation Employees

What: Benefits Fair for State and Research Foundation Employees

When: November 7, 2001 from 10:30 AM to 3:00 PM

Where: Galleria, Level 3, Health Sciences Center

Who will be there: Retirement/Savings Program Carriers, Health Insurance Carriers, Social Security Representative, CSEA, PEF, & UUP Unions and more.

!!!!Come visit us at the Fair to obtain free valuable information about benefits. There will be free gifts and giveaways!!!!

Submitted by: Cassandra Moore/UHMC

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15. Thursday, November 8th at 4:00 pm
Author Book Signing & Discussion

Robert I. Katz will be discussing and signing his novel Edward Maret: A Novel of the Future. Paul Levinson will be discussing and signing his novel Borrowed Tides. Both authors will be at University Bookstore, Frank Melville Library. These events are free and open to the public. For more information, call

631-632-6550.

Submitted by: Angela Agnello/FSA

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16. Jewelry Sale Benefits Sylvia Fund for Students with Disabilities

On three the next two Wednesdays:
November 7
November 14
from 9 a.m. to 5:00 p.m.

you'll have the opportunity to buy some unique jewelry creations in the Administration Building lobby, while helping Stony Brook students with disabilities. A significant percentage of the sales of specified items will be donated to the Sylvia Fund, which grants awards to students with disabilities. This is a good time to purchase gifts for the upcoming holiday season. Notecards designed by Sylvia Geoghegan will also be on sale. Please stop by the Admin lobby to see for yourself!

Submitted by: George Meyer/Pres

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17. Save the Date -- December 5th Presidential Lecture

During campus life time on Wednesday, December 5th, (12:40 - 2:10 p.m.) you are invited to attend a Presidential Lecture Celebrating Diversity by Dr. Robert Thurman, author, scholar, Buddhist Monk, and activist. His talk will be of special interest subsequent to the tragic events of September 11th; and will take place during the campus' celebration of Diversity of Religions month.

The lecture, entitled "War and Peace and the World Religions: Indic Contributions to the Dialogue" will present insights into the lessons for the West that may be contained in India's experiences and religious traditions. RSVP to ex. 2-6320. Seating is first come first served in the Student Activities Center Auditorium.

Submitted by: George Meyer/Pres

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18. Marine Sciences Research Center-Friday Seminar Speaker

Friday Seminar Speaker-November 9th, 2001- Dr. Gary Kleppel of SUNY, Albany will give a talk on"Ecosystem function, ecological efficiency and the measurement of human-induced stress in estuaries" in Endeavour Hall, room 120 at 12:30 P.M. Refreshments served at 12:15P.M. Please come and join us of Marine Sciences Research Center

Submitted by: Patricia Corn/MSRC

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19. Greenhouse Seminar Series, "Under Glass", proudly presents, Tovah Martin, renowned horticulturalist and lecturer, November 14, 2001, 12:00 p.m. SAC Auditorium.

We are excited to have as the first speaker, Tovah Martin, renowned Horticulturist, Horticultural writer and lecturer. Tovah Martin is currently the garden editor for Victoria magazine, The Lintchfield County Times and The Fairfield County Times. She writes regular articles in the Sunday New York Times and her work appears in many other well known magazines and journals such as National Gardening and House Beautiful. Ms. Martin has also written over 15 books celebrating gardens and their beauty. She has won numerous awards honoring her various works. She will be presenting "Crystal Kingdoms", November 14th at 12:00 p.m. in the SAC Auditorium.

Tickets-\$25.00 each
Lunch will be served.
Books signing after the presentation.
Books available for purchase at the event.

For more information or to purchase tickets for this event please call Danna Klemmer at 631-632-1163. Due to a limited number of seats, call now to reserve!

Submitted by: Danna Klemmer/CAS

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20. HARLEM GLOBETROTTERS VS. STONY BROOK SEAWOLVES
Monday November 12, 2001 @ 3:00 PM

The Seawolves Men's Basketball team will play host to the Harlem Globetrotters on Monday November 12, 2001 at 3:00 PM in the Sports Complex. Tickets can be purchased by calling 631-632-4516 or by logging on to the athletics website at www.goseawolves.org and clicking on the Harlem Globetrotters icon. Tickets are \$15 for chairback seating and \$10 for bleacher seating.

<http://www.goseawolves.org>

Submitted by: Matthew Larsen/CAS

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21. Web Pages "Useful to Terrorists"

The New York State Police have requested that we review our Web sites to identify and temporarily eliminate information that could be useful to terrorists.

If you're responsible for Web content in your department, please check your pages as soon as possible for content of this kind.

Specifically, the state police suggests the following types of material be removed:

- * building floor plans (not general campus maps),
- * water/ventilation system diagrams,

- * information on how to purchase detailed specifications of ventilation/water treatment/subway tunnels, etc.,
- * detailed airport specifications,
- * emergency exit escape routes.

If you believe your Web site contains any of the above-mentioned information or other similar material, please remove it as expeditiously as possible. If you have questions, notify Jacob Levich, Manager of University Web Content, 2-6420 (jlevich@notes.cc.sunysb.edu).

Submitted by: Jacob Levich/UAff

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22. Wild Horse Behavioral Ecology

Dr. Wayne Linklater will be discussing the behavioral ecology of wild horses for the Behavioral Ecology Group, Wednesday, November 7, 12:00 noon, in the Anatomical Sciences Seminar Room, Rm-025, 8th Floor. All are welcomed.

Submitted by: Sharon Pochron

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23. Open House at the School of Professional Development (SPD) -- November 13th

The School of Professional Development (SPD) is hosting an Open House on Tuesday, November 13, 2001 from 4 -7 PM on the 3rd floor of SAC. Come learn about part-time, evening, and online graduate programs. Call 2-4SPD for further information.

<http://www.stonybrook.edu/spd>

Submitted by: Jennifer Young/Prov

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24. CELT Workshop: Discussion as a Mode of Inquiry with Homer Goldberg, Distinguished Teaching Professor, Emeritus on November 12th, 1-2:30.

This workshop will focus on ways to conduct productive classroom inquiry through give and take between instructor and students. Using short texts as our objects of study, we will consider how to locate analytic problems that 'naturally' provoke thought, how best to prepare for an unpredictable process, the teacher's complex role in that process, and specific strategies to help students reason to some result. To register please go to www.celt.sunysb.edu. Any questions call 632-1030. CELT is located in the Melville Library, room E1337

Submitted by: Rita Reagan-Redko/Prov

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25. CELT Workshop: Process of Course Design with Dan Apple from Pacific Crest, Tuesday, November 13th 3:00 - 5:00pm

This workshop walks through an overview of designing a course and will provide some direction in the steps that can be used for designing and implementing a quality course. Topic areas include: Learning Outcomes, Constructing a Knowledge Table, Themes, Performance Measures, Creating a Course Assessment and Evaluation System. There will be interactive discussion and time for consulting questions. CELT is located in the Melville Library room E1337. To register please go to our web site or call 632.1030.

<http://www.celt.sunysb.edu>

Submitted by: Rita Reagan-Redko/Prov

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26. HOLIDAY GIFT PROGRAM NEEDS YOUR SUPPORT!

For the last 8 years, through the generosity of university employees and students, we have been able to provide holiday gifts to over 3000 children who live near or below the poverty level in Suffolk County. The hidden nature of hunger and poverty makes us less aware of its prevalence in the suburbs but hunger does exist here. Seven years ago, we established a pantry in Pt. Jefferson to help families year round as they struggle to provide nutritionally balanced meals for their families. We now provide for 600 households a month, translating into over 5000 individuals (half of whom are children under the age of 14). If you would be interested in providing either a gift of clothing or a toy to one of these children during this year's Holiday Gift program, please contact me via e-mail (mbell@notes.cc.sunysb.edu) and I'll send you details. THANK YOU!

Submitted by: Maryann Bell/CAS

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27. Fund Raiser for Babies' & Children's Memorial Garden

On Wednesday November 14, 2001 we will hold a fund raiser for the Babies' & Children's Memorial Garden. It will be held on Level 5 outside the cafeteria between the hours of 10 am - 2 pm. Many items will be raffled and others will be available for purchase. All proceeds will be used to help the garden grow. Please stop by to lend your support.

<http://www.uhmc.sunysb.edu/cm花园>

Submitted by: Kathleen Southerton/UHMC

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28. "A RESPONSE TO TERRORISM: THE UNITED NATIONS IN EAST TIMOR," a lecture by Prof. David Hicks

Tuesday, November 12, from 4 to 6 pm.
Javits Lecture Room
Library E-2340

Professor Hicks, Chair and Professor of Anthropology, has taught

at SUSB since 1968. He first visited East Timor in 1966, where he did fieldwork and received his doctorate from the University of Oxford and the University of London based on that work. In 1999 he returned there to monitor the plebiscite organized by the UN and then as a delegate of the Carter Center monitoring the Constituent Assembly Election organized by the UN. Dr. Hicks has authored five books, including Kinship and Religion in Eastern Indonesia, has edited Ritual and Belief Readings in the Anthropology of Religion, and has published many articles on related topics. Light refreshments will be served. Call 632-7100.

Submitted by: Paul Wiener/Lib

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29. Pollock-Krasner House participates in the National Park Service's Veterans Day Weekend Open House.

As a National Historic Landmark, the Pollock-Krasner House and Study Center will participate in a special Veteran's Day program under the aegis of the U.S. Department of the Interior. On the weekend of November 10-11, all national parks and participating landmarks will be open free to the public as a gesture of national unity, hope and healing. The Pollock-Krasner House, which normally ends its site tour program in late October, will have an open house on Saturday and Sunday from 11 a.m. to 4 p.m. No reservations are necessary. Refreshments will be served. Visitors to the unheated artists' studio are advised to wear warm socks, as shoe removal is required. for further information, visit the National Parks web site: <http://www.nps.gov/phso/nhl> Directions: <http://www.pkhouse.org>

Submitted by: Helen Harrison/UAff

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30. NATIONAL TAKE A KID TO A GAME DAY

National Take A Kid To A Game Day @ Stony Brook University

All kids 12 and under receive free admission and a 20 oz. Powerade courtesy of Coca-Cola.

Seawolves Football
Saturday, November 10, 2001
12:30 pm
Seawolves Field
Stony Brook Seawolves vs Central Connecticut

Kids Under 12 Free
General Admission \$6
Group Tickets Available

For more info call 631-632-WOLF

Submitted by: Garrett Waller/CAS

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31. FACULTY & STAFF APPRECIATION DAY

Faculty & Staff Appreciation Day @ Seawolves Football Game

All University Faculty & Staff receive half price admission to the game with their Faculty & Staff ID.

Stony Brook Seawolves vs. Central Connecticut
12:30 pm - Seawolves Field
For more info call 631-632-WOLF

Submitted by: Garrett Waller/CAS

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32. ECOLOGY AND EVOLUTION SPECIAL SEMINAR

Ecology and Evolution Special Seminar

PLEASE NOTE DATE AND PLACE

Monday, November 5, 2001, 3:45 p.m.
Earth and Space Sciences
Hanson Seminar Room
Room 123

"MODELING TROPICAL AVIAN DISTRIBUTIONS: THE INFLUENCE OF PATCH-LEVEL AND LANDSCAPE-LEVEL FACTORS"

Dr. Catherine Graham
Museum of Vertebrate Zoology
University of California - Berkeley

Host: Dr. Charles Janson

If you need a disability-related accommodation, please call:
The Department of Ecology and Evolution at (631) 632-8600

Submitted by: Marilyn Pakarklis/CAS

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33. ECOLOGY AND EVOLUTION SPECIAL SEMINAR

Ecology and Evolution Special Seminar

PLEASE NOTE DATE, DAY AND TIME

Thursday, November 8, 2001, 3:45p.m.
Staller Center
Room 0113

"RIPPLES AND HUB SPECIES: INDIRECT EFFECTS OF MASTING ON GYPSY MOTHS AND LYME DISEASE"

Dr. Eric Schauber
Institute of Ecosystem Studies
University of Connecticut

Dr. Schauber is a candidate for the Ecology position.

Host: Dr. Lev Ginzburg

If you need a disability-related accommodation, please call:
The Department of Ecology and Evolution at (631) 632-8600

Submitted by: Marilyn Pakarklis/CAS

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34. FOR STATE EMPLOYEES ONLY

The New York State Health Insurance Transfer period began on 11/1/01. You will be receiving complete information via email or campus mail shortly. You may visit our website at <http://naples.cc.sunysb.edu/Admin/HRS.nsf> for more information or contact the Benefits Office at 2-6150 for information and forms.

Submitted by: Alessandra White/Admin

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35. Integrative Asthma Care and Prevention

The Division of Wellness and Chronic Illness in the Department of Family Medicine will be conducting a four-part series on Integrative Asthma Care and Prevention.

Participants will be examined and evaluated individually in order to assess asthma severity and to determine whether their current treatment is optimal.

Discussions will include state-of-the-art medical management, asthma triggers, prevention, and proper use of inhalers, spacers and peak flow meters and will also integrate nutrition with whole foods, the value and safety of nutritional supplements and herbs, breathing exercises, yoga, stress management, massage, self-hypnosis, meditation and guided imagery

The series will be on Wednesday, November 7th, 14th, Tuesday, November 20th and Wednesday, December 5th from 4:30-6:30 p.m. at 33 Research Way in Stony Brook Technology Park. Most insurance accepted with appropriate co-pay.

To register for these group visits, please call 631.444.9815. Registration is limited to 15 people.

Submitted by: Marion Hollinger/UHMC

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36. Prepare For The Upcoming Cold and Flu Season. Our Cold and Flu Prevention Lecture will show you how.

The Division of Wellness and Chronic Illness in the Department of Family Medicine is conducting a one and one-half hour lecture on Wednesday, December 12th between noon and 1:30 p.m. at their office located at 33 Research Way, East Setauket. The lecture will focus on how to prevent colds and flu this winter and how to diminish their severity.

In this single session, we will show you how to improve and

support your immune system through adequate rest, nutrition, supplements, herbs and use of the flu vaccine. In addition, whole food supplements and herbal treatment of colds and flu will be discussed.

The cost of this single session will be \$25.00 per person payable upon registration.

For further information and to register, please call 631.444.9815.

Submitted by: Marion Hollinger/UHMC

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To submit your announcement or read the archives please go to:
<http://naples.cc.sunysb.edu/DoIT/newsflash.nsf/Announcements>
and follow the instructions.

To remove yourself from this distribution go to:
<https://adam.cc.sunysb.edu/epo.html> and check the option to
remove yourself from the distribution of announcements.