

Campus Announcements - Week of 06/04/01

Campus Announcements for the week of June 4, 2001
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- 1. Summer Precollege Opportunities at StonyBrook
- 2. Fun This Summer
- 3. Fitness Classes begin on June 4th!
- 4. Mall Walkers Club - "Not the Smithhaven Mall, but our very own Beautiful Academic Mall".
- 5. Wellness Seminars - Yoga and T'ai Chi

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- 1. Summer Precollege Opportunities at StonyBrook

High school juniors who have a grade point average of 85 or higher may take selected freshman-level (100-level) summer courses in Summer Sessions II, which runs from July 9 through August 17.

For details about this opportunity, and other summer precollege programs at Stony Brook, visit the Summer Sessions website (www.stonybrook.edu/summer) and click on Precollege Programs. Or call the Summer Sessions Office at 632-7790.

<http://www.stonybrook.edu/summer>

Submitted by: Megs Shea/Prov

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- 2. Fun This Summer

The Stony Brook Union Crafts Center still has openings this summer in Quilting, Water Coloring, Painting, Wine Appreciation and Bartending call 631-632-6820 for a Brochure. Classes start the week of June 11, call today for some summer enrichment and

fun.

Submitted by: Marcia Wiener/OSA

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3. Fitness Classes begin on June 4th!

Step Aerobics - Monday, Wednesday, Friday @ 12noon

Kickboxing - Tuesday/Thursday @ 7:15pm

Yoga/Toning - Wednesday's @ 7:15pm

Location: All classes will take place in the Dance Studio of Sports Complex.

Undergraduate Students registered for Summer Session I or II FREE. Faculty, staff and Graduate Students \$15.00 for the Summer.

You may join classes throughout the summer.

<http://www.recreation.sunysb.edu>

Submitted by: Susan Dimonda/CAS

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4. Mall Walkers Club - "Not the Smithhaven Mall, but our very own Beautiful Academic Mall".

Join the Campus Recreation Mall Walkers Club FREE. 12 week summer program to get you in shape and out of your office. Incentives for just getting out and WALKING. Free water bottle for just signing up, weekly raffles, Campus Maps, 3 Newsletters throughout the summer. Contact Sue DiMonda, 632-7206 or e-mail sdimonda@notes.sunysb.edu for registration packet.

<http://www.recreation.sunysb.edu>

Submitted by: Susan Dimonda/CAS

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5. Wellness Seminars - Yoga and T'ai Chi

Yoga Seminar - 7 session program beginning on Tuesday, June 12th @ 5:15pm in the Dance Studio of the Wellness Center.
Session dates: 6/12,6/19,6/26,7/10, 7/17,7/24, 7/31
Cost: \$30.00 for all 7 sessions
Instructor: Cecille Papia
Class limited to 15 students.

T'ai Chi - 6 session program on Wednesday, July 11th @ 5:15pm in the Dance Studio of the Sports Complex.
Session dates: 7/11,7/18, 7/25, 8/1, 8/8, 8/15
Cost: \$40.00 for all 6 sessions
Instructor: Bob Klein
Class limited to 35 students.

To register contact Susan DiMonda @ 632-7206

<http://www.recreation.sunysb.edu>

Submitted by: Susan Dimonda/CAS

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