

Campus Announcements for the week of 01/05/2009

Table of Contents

01. Administrative

[1. The Health Insurance Option Transfer Period Deadline For State Employees \(Hospital & LISVH\) Has Been Extended To January 5, 2009.](#)

03. Workshops/Courses/Training

[1. Resolve to make 2009 your year to professionally develop!](#)

[2. Is a Franchise Right for You](#)

04. Hospital Workshops/Training

[1. Lung Cancer Evaluation Center Lunch & Learn](#)

[2. ACGME Faculty Development Workshop "Learner Assessment"](#)

06. Hosp/HSC Conferences/Seminars/Lectures

[1. Department of Physiology and Biophysics Seminar](#)

[2. Pharmacological Sciences Seminar Notice](#)

07. Charitable

[1. Sweet Dreams - An Evening of Chocolate Indulgence to benefit the Cody Center](#)

08. Culture & Entertainment

[1. Seawolves Basketball: Wed. January 7th and Thur. January 8th!](#)

[2. Blues with Brooks Williams and Beaucoup Blue, contemporary folk with Ellis Paul, at University Cafe in January](#)

09. For-Pay Workshops/Courses

[1. Defensive Driving Program for UUP Members](#)

[2. Adobe Dreamweaver CS3](#)

[3. Adobe Fireworks CS3](#)

[4. How to Get Published](#)

[5. Developing an Online Business](#)

[6. How to Buy and Sell on eBay](#)

[7. Introduction to Microsoft Word](#)

[8. The WSET Level 1 Foundation Certificate in Wine](#)

[9. Arts and Leisure Classes at the Craft Center](#)

[10. Improve Comedy Workshop](#)

[11. Weight Watchers At Work.](#)

[12. Enhance your professional skills! Project Management Courses are forming now.](#)

10. Research

[1. Take Part In Clinical Research Studies](#)

[2. Do You Have Osteoarthritis of The Joint at the Base of Your Thumb](#)

[3. Study Of Hiv Positive And Aids And Chromium Picolinate](#)

[4. Seeking Obese Men And Women 25 To 45 Years Of Age](#)

11. Miscellaneous

[1. Fitness and Nature Walk through the Ashley Schiff Park Preserve](#)

[2. Campus Child Care Available](#)

[3. Studio 97 is opened during the intersession-632-6432](#)

01. Administrative

1. The Health Insurance Option Transfer Period Deadline For State Employees (Hospital & LISVH) Has Been Extended To January 5, 2009.

The 2009 state health insurance rates have been approved and were mailed by Albany to the home of NYSHIP enrollees recently. January 5, 2009 is the deadline to change from one health insurance plan to another and the deadline for employees to change from family coverage to individual or cancel coverage if they were unable to do so during the year due to the pre-tax contribution rules. To make a change, complete and return a NYS Health Insurance Transaction form (PS-404) to the Benefits Office before the deadline. If you are thinking about changing your health insurance plan, obtain a Choices for 2009 booklet, which summarizes the 2009

health insurance plans. The PS-404 form and Choices booklet may be obtained from the Benefits Office (45 Research Way, Suite 204, Tech Park, Zip=9212, from the Benefits display rack (HSC, Level 3, outside room 122), or online.

<http://www.cs.state.ny.us>

Submitted by: Cassandra Moore/UHMC

03. Workshops/Courses/Training

1. Resolve to make 2009 your year to professionally develop!

Join Training and Organizational Development this year for fun, informative workshops on various topics that will develop you professionally! Our 2009 Workshop offerings and online registration is just a click away! Please see below link:

<http://www.stonybrook.edu/hr/training/courses.shtml>

Submitted by: Lillian Valdez/Admin

2. Is a Franchise Right for You

Small Business Development Center Workshop
January 7, 2009 10 am - noon Free
LI High Tech Incubator, Stony Brook
to register, e-mail lynne.schmidt@sunysb.edu

Submitted by: Lynne Schmidt/CEAS

04. Hospital Workshops/Training

1. Lung Cancer Evaluation Center Lunch & Learn

Tuesday February 3, 2009, Noon - 3:00 pm, HSC Galleria
Overview of Lung Cancer
Latest Therapeutic Advances: Bronchoscopy and Stenting
Surgery/Ablative Therapy/SBRT
Post Op Care and Outpatient Chest Tube Management
The Emotional Impact of Lung Cancer

Submitted by: Danielle Gruebel/UHMC

2. ACGME Faculty Development Workshop "Learner Assessment"

Faculty Development Workshop: Tuesday, January 27 at 5:00-6:30 pm in the Dean's Conference Room, HSC, Level 4, Room 180. Topic: Learner Assessment. Speakers: Elza Mylona PhD and Catherine Messina PhD. These workshops are specifically designed to assist in meeting ACGME requirements for faculty development in key areas pertaining to teaching skills of educators. Please RSVP to 8-2005 or caroline.lazzaruolo@stonybrook.edu

<http://www.stonybrookmedicalcenter.org/facultyaffairs>

Submitted by: Caroline Lazzaruolo/UHMC

06. Hosp/HSC Conferences/Seminars/Lectures

1. Department of Physiology and Biophysics Seminar

Wednesday, January 7, 2009, at 12 noon

"O₂ and CO₂ Chemosensitivity of Neurons at Normobaric and Hyperbaric Pressures...Diving into Uncharted Waters!", Jay B. Dean, Ph.D., Department of Molecular Pharmacology and Physiology, University of South Florida

Place: Basic Science Tower, T-5, Room 140

Host: Dr. Peter Brink

<http://www.pnb.sunysb.edu/>

Submitted by: Robin Green/UHMC

2. Pharmacological Sciences Seminar Notice

Monday, January 5, 2009 at 12:00pm

Jerome Gualbert, Graduate Student

Seminar Title: New substrate for the Nucleotide Excision Repair investigation"

Host: Dr. Orlando Scharer

Location: Basic Science Tower Level 8 Seminar Room-180

<http://www.pharm.stonybrook.edu>

Submitted by: Rosalind Perdomo-Ayala/UHMC

07. Charitable

1. Sweet Dreams - An Evening of Chocolate Indulgence to benefit the Cody Center

Join us for the 6th year of Sweet Dreams on Monday, January 26, 2009 at 6:00 PM. Watermill Caterers of Smithtown will once again host an evening filled with cocktails, poured champagne, caviar samplings, passed hors' d'oeuvres, and an exquisite buffet of carving stations. After the reception, guests will experience the delectable chocolate displays, each prepared by top Long Island restaurants and pastry chefs. Ballot boxes let you to vote for your favorite creation. Each display features tasting samples which can also be piled into a box to go available for only \$20. Individual tickets cost \$125 and Sponsorship Packages are available at four levels. For tickets and information, please call 632-4466. Reserve early last year was a sell-out.

Submitted by: Margaret Melzer/UAff

08. Culture & Entertainment

1. Seawolves Basketball: Wed. January 7th and Thur. January 8th!

Stony Brook Seawolves fans don't forget to reserve your seat for Wednesday, January 7th at 7PM as Women's Basketball takes on Boston University! The following night, Men's Basketball will host Maine at 7PM - "Firefighter/PAL Night/Camper Reunion Night." During the entire month of January fans can purchase 2 tickets for the price of 1 - \$5 for all Faculty/Staff and FREE for all Students with a Stony Brook ID card. For more information on how to purchase tickets call 631-632-WOLF or visit the Athletics website at www.GoSeawolves.org. Wear Red and show your pride!

<http://goseawolves.cstv.com/tickets/ston-ticketing.html>

Submitted by: Andrea Lebedinski/Pres

2. Blues with Brooks Williams and Beaucoup Blue, contemporary folk with Ellis Paul, at University Cafe in January

Sunday, January 11th 2 PM at The University Cafe:

Brooks Williams has been described as a "fret monster" who has to be seen to be believed and Beaucoup Blue use six and twelve string guitars, slide guitar, dobro and their voices to travel across genres including soul, R&B, jazz and country.

Advance sale at www.universitycafe.org (click on Sunday Street Acoustic Series) until January 8th at \$20.00, with remaining seats at door for \$25.00.

Sunday January 18th 2 P.M. - Ellis Paul, outstanding contemporary folk artist, returns to the Cafe with songs from a new CD. Jack's Waterfall to open. Advance sale now at \$22 at www.universitycafe.org

until January 15th. Remaining seats at door for \$27.

Information: www.universitycafe.org or via e mail to SundayStreetWUSB@aol.com

<http://www.universitycafe.org>

Submitted by: Charles Backfish/CAS

09. For-Pay Workshops/Courses

1. Defensive Driving Program for UUP Members

A NYSUT sponsored Defensive Driving program is being offered on Saturday, January 10, 2008 from 8:30 AM to 2:30 PM in the Wang Center Room 201, for all UUP employees and their immediate family members. Cost is \$30 per person, payable in advance. Checks should be made payable to "NYSUT Benefit Trust" and delivered to the UUP office, 104 Old Chemistry, Z=3475. Office hours are Monday thru Friday, 9 am to 3 pm. Receipt of your check reserves your place in class. Participants are usually entitled to a 10% discount on their automotive insurance. Check with your provider. The certificate is good for three years of savings! Contact Corinne Burns at Ext. 2-6570 or cmburns@notes.cc.sunysb.edu for more information.

Submitted by: Corinne Burns/Affl

2. Adobe Dreamweaver CS3

NCE 328 - 9 sessions - Fee \$479

Dreamweaver is the industry-standard website development software, supporting sophisticated functions such as JavaScript, Dynamic HTML, and CSS. This course will cover topics such as basic page creation, layout tables, frames v. no frames, how to edit HTML, internal FTP capabilities, templates, and how to manage workflow. Prerequisite: Introduction to Windows or the basic computing skills as described to our self-test.

Required Text: Adobe Dreamweaver CS3 Classroom in a Book (ISBN # 0321499816) Cost of text is not included in the course fee. Students must bring textbook to the first class meeting. Section A: Wednesdays, 6pm-9pm; February 4, 11, 18 & 25; March 4, 11, 18, 25 & April 1, 2009

10% discount University employees and students, CSEA LEAP Vouchers accepted

For more information visit our website at www.stonybrook.edu/spd/computer or call 632-7022

Submitted by: Amy Margolies/Prov

3. Adobe Fireworks CS3

NCE 327 - 3 sessions - Fee: \$209

Create web graphics, from a simple logo to a sophisticated rollover or pop-up menu, with this user-friendly program from the leader in web design software applications. Fireworks writes the JavaScript required for complex web graphics, and seamlessly merges with Dreamweaver, Macromedia's web layout program. This course is a thorough introduction to this powerful program. Students will create their own graphics to be incorporated into their website designs in Dreamweaver.

Required Text: To be announced

Cost of text is not included in the course fee. Students must bring textbook to the first class meeting.

10% discount University employees and students, CSEA LEAP Vouchers accepted

Registration Form at <http://www.stonybrook.edu/spd/career/registration.html>

For questions call 632-7022

Section A: Monday, 6pm-9pm; April 20, 27 & May 4, 2009

Submitted by: Amy Margolies/Prov

4. How to Get Published

Small Business Development Center Workshop

January 10, 2009 10:00 am - noon \$15 FEE

Holiday Inn Express, Stony Brook

to register, e-mail: lynne.schmidt@sunysb.edu

Submitted by: Lynne Schmidt/CEAS

5. Developing an Online Business

Small Business Development Center Workshop

January 17, 2009 10:00 am - noon \$15 Fee

Holiday Inn Express, Stony Brook

Presenter: Phil Como, Educator/Professor of Business and Internet

to register, e-mail: lynne.schmidt@sunysb.edu

Submitted by: Lynne Schmidt/CEAS

6. How to Buy and Sell on eBay

NCE 800 * 5 sessions * Fee \$389

This comprehensive class will take the student from the introduction to the eBay marketplace all the way to getting paid. You'll learn how to search for products to buy and sell. How to see what's currently "hot" and what's not. How to bid, how to list items for sale, how to take pictures and upload to eBay. How to collect your money and last, how to ship.

This class will be an actual "live" class. We're not just reading books here! Student will be encouraged to actively follow the class materials.

10% discount for University employees, spouses and students, CSEA LEAP Vouchers accepted.

Section A: Wednesdays, 6pm-9pm; February 4, 11, 18, 25 & March 4, 2009

For registration information visit the SPD Website at

www.stonybrook.edu/spd/computer/courses or call (631) 632-7022

Submitted by: Amy Margolies/Prov

7. Introduction to Microsoft Word

NCE 316 - 5 sessions - Fee: \$259

This course provides an introduction to the most popular word processing program. Streamline workflow by learning shortcuts. Topics include: creating, saving, editing and printing a document, spell check, thesaurus, search and replace, and moving text.

Required Text: Microsoft Office Word 2007 Step-By-Step (ISBN # 0735623023) Cost of text not included

Prerequisite: Introduction to Windows or equivalent experience.

For a full description of this class, and to register go to SPD Website at

<http://www.stonybrook.edu/spd/computer>

For questions call 632-7022

10% discount for University employees, spouses, and Students. CSEA LEAP Vouchers accepted

Section D: Wednesdays, 6pm-9pm; January 28; February 4, 11, 18 & 25, 2009

Section F: Tuesdays, 9am-12pm; February 3, 10, 17, 24 & March 3, 2009

Submitted by: Amy Margolies/Prov

8. The WSET Level 1 Foundation Certificate in Wine

The WSET Level 1 Foundation Certificate in Wine

Saturday, January 24, 2009

9:30 am-5:30 pm

Location: Stony Brook Manhattan, 401 Park Avenue South at 28th Street

Cost: \$299 (Includes instruction, wine & all study materials) and \$70 (Exam & WSET Certificate) Optional. There will be a lunch break. Enrollment limited to 28 participants.

Register on line now at: www.stonybrook.edu/winecenter

<http://www.stonybrook.edu/winecenter>

Submitted by: Ginny Clancy/Pres

9. Arts and Leisure Classes at the Craft Center

Registration has begun! The Crafts Center offers non-credit, low cost classes and is open to the public. Our Spring 2009 class offering includes: Ceramic Membership, Pottery on the Wheel, Drawing for Beginners, Drawing Figures and Faces, Art of Painting, Knitting Crash Course, Knitting Beyond Basics, Egg-squisite Designs, Random Pattern Drop Necklace, Beaded Silk Necklace, Digital Camera Basics, Improv Comedy Workshop, Bartending and more Pre-registration and payment is necessary. For registration/brochure call The Crafts Center, 632-6822, located in Union Lower level room 049. Craft Center Class Registration has begun. Gift certificates available!

<http://www.stonybrook.edu/craftcenter>

Submitted by: Janice Costanzo/OSA

10. Improve Comedy Workshop

Build self confidence, improve your public speaking skills, and overcome stage fright. In this exciting class, students will explore basic skills such as teamwork, focusing, listening, reacting, acceptance, scene work and trust. Each week we'll play different improv games as seen on the TV show Whose Line is it Anyway? No experience necessary. Bring to class your imagination! Six Tues, begins 2/17 (no class 3/17); 7pm-9:30pm; \$70/SB students, \$90/SB faculty/staff, \$105/Community Members; Union Ballroom. Pre-registration is required. For registration/brochure, go to www.stonybrook.edu/craftcenter or call 632-6822 The Craft Center is located in Union Lower level room 049. Craft Center Class Registration has begun. Gift certificates available!

<http://www.stonybrook.edu/craftcenter>

Submitted by: Janice Costanzo/OSA

11. Weight Watchers At Work.

Did you know Weight Watchers, one of CNN's top 10 Healthiest Diets, meets each week at Stony Brook. Fulfill a New Year Resolution to lose weight permanently. For over 40 years Weight Watchers, a tried and true weight loss program, offers a wide variety of healthy food choices, teaches sensible eating habits, and offers support. We are now forming a new 17-week session for 2009. Our first meeting is January 13, 2009, from 12:30 pm - 1:30 pm. It will be held in the School of Health and Technology Management conference room Level 1 of the HSC Room # 2-408. Cost for the 17 weeks is \$186.00 and can be broken into three payments of \$62.00 each (please bring your checkbook) - this fee includes all program materials, and E-Tools. If you have any questions, please email, (mchodkow@notes.cc.sunysb.edu) or call Maura Chodkowski at 4-7955.

Submitted by: Maura Chodkowski/UHMC

12. Enhance your professional skills! Project Management Courses are forming now.

Project Management

Project Planning & Control (PMI)

January 14,15,16; 8:30 am - 4:30 pm

Fee: \$1295

Project Management Professional (PMP) Exam Prep (PMI)

February 3, 4, 2009; 8:30 am - 4:30 pm

Fee: \$945

Register for BOTH courses and pay just \$1995

Project Management Professional (PMP) Exam Prep Refresher

January 29, 2009; 8:30 am - 4:30 pm

Fee: \$475

Must have already taken PMP Exam Prep course

All classes are conducted on campus and Stony Brook employees receive a 10% discount.

For our complete schedule and to register, visit <http://licet.org/>. Or, contact us via e-mail at sbucet@licet.org or phone at 631-632-8347.

<http://licet.org/>

Submitted by: Karen Oaks/CEAS

10. Research

1. Take Part In Clinical Research Studies

Inquire about Clinical Research Studies. Call Albert Ruenes at (631) 499-8697 or email aruenes@notes.cc.sunysb.edu.

Submitted by: Diane Ruenes/UHMC

2. Do You Have Osteoarthritis of The Joint at the Base of Your Thumb

You May Be Eligible To Participate In A Clinical Study To Treat This Painful Problem. To Learn More About This Clinical Study, Call: Department Of Orthopaedics @ (631) 444-2215

Submitted by: Diane Ruenes/UHMC

3. Study Of Hiv Positive And Aids And Chromium Picolinate

The General Clinical Research Center at StonyBrook University Hospital is seeking volunteers 18years of age and older with a diagnosis of HIV+or AIDS to research the effectiveness of ChromiumPicolinate in the treatment of complications of currentHIV therapy including insulin resistance, (leadingto Diabetes) and possibly body fat distribution(HIV Lipodystrophy). Volunteers are offered compensationup to \$1,700 plus transportation expenses. (631) 444-9362 or (631) 444-3740

Submitted by: Diane Ruenes/UHMC

4. Seeking Obese Men And Women 25 To 45 Years Of Age

We are Seeking Participants in a Research Study to Investigate Fat and Sugar Metabolism. Obese Men and Women, 25 to 45 Years of Age

You may be compensated up to \$1,800 for participating in this study.

HEIGHT WEIGHT

62 inches and >165 pounds

63 inches and >170 pounds

64 inches and >175 pounds

65 inches and >180 pounds

66 inches and >186 pounds
67 inches and >191 pounds
68 inches and >197 pounds
69 inches and >203 pounds
70 inches and >209 pounds
71 inches and >215 pounds
72 inches and >221 pounds
73 inches and >227 pounds
74 inches and >234 pounds
75 inches and >240 pounds
76 inches and >246 pounds

This Study is Being Conducted at the General Clinical Research Center (GCRC) at Stony Brook University Medical Center
For more information please call 631-444-3740

Submitted by: Diane Ruenes/UHMC

11. Miscellaneous

1. Fitness and Nature Walk through the Ashley Schiff Park Preserve

Discover the woodland trails that run through the Stony Brook University campus. Every Wednesday morning at 7:30 a.m. the Friends of the Ashley Schiff Park Preserve sponsor a fitness and nature study walk, beginning at the trailhead near the traffic circle on Circle Drive. Join us! Weather permitting. For more information, phone 631-357-3065 or email mcon@optonline.net

<http://pbisotopes.ess.sunysb.edu/a-schiff/>

Submitted by: Sharon Pavulaan/CEAS

2. Campus Child Care Available

Stony Brook Child Care is now accepting applications for children 2 months through 5 years old. NAEYC accredited Center with caring, professional early childhood teachers, low child-to-teacher ratio, sliding fee scale. Call 632-6930 for more information and to arrange a tour. Visit our website at www.sunysb.edu/childcare.

Submitted by: Patricia Birbiglia/Affl

3. Studio 97 is opened during the intersession-632-6432

Happy New Year to All. Studio 97 will be opened on Tuesday 10:00am and Wednesday or Thursday @ 10:00am (Call for an appointment or Information)

Submitted by: Maria Castrogivanni/FSA