

## Campus Announcements for the week of 05/23/2005

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### Table of Contents

#### **01. Administrative (dept moves/closes, employee info, Admin announcements)**

[1. Diversity and Affirmative Action has relocated!](#)

[2. Campus Post Office summer hours](#)

#### **03. Workshops/Courses/Training (work related; HR, EAP, DoIT, etc...)**

[1. Providing Outstanding Customer Service](#)

[2. Lotus Notes users: Learn how to archive your mail, create folders, check mail from the Web, manage junk mail](#)

[3. Tutor Training Workshop](#)

[4. Leadership: Would I Follow Me?](#)

[5. Managing Multiple Priorities](#)

[6. Free SBDC "Business Solutions Roundtable" Thurs. 6/2/05, Harriman Hall Rm 304, SBU 8:30am - 10:30am](#)

[7. Free SBDC Workshop "Business Basics & Writing a Business Plan", Sat. 6/4/05, Harriman Hall, Rm 304 SBU, 9:30am-11:30am](#)

[8. FREE SBDC Workshop "The Business of Daycare", Wed., 6/8/05, 6:30pm-8:30pm, Middle Country Public Library, Centereach](#)

#### **04. Conferences/Seminars/Lectures**

[1. Doctoral Defenses this week](#)

[2. Biochemistry & Cell Biology Seminar](#)

[3. L.I. Cancer Center - Community Cancer Education Series: Fatigue, can exercise help?](#)

[4. Lecture on the historic estate known as Bayberry Land](#)

[5. Paleobiology seminars - Tree of Life](#)

[6. Department of Physiology and Biophysics Seminar](#)

## **06. Charitable (Habitat, Blood drives, Cats, etc...)**

- [1. Please come help us continue our record Blood Drive 2004/2005 page!](#)
- [2. National Cancer Survivor Day - Carousel of Life](#)
- [3. Used Book Sale and Raffle](#)
- [4. Can You Contribute 15 Minutes A Day To Help Feed Homeless Cats On Campus?](#)
- [5. CSEA Region 1 Veterans Committee](#)

## **07. Entertainment (Sports, Movies, Events, etc...)**

- [1. Department of Campus Recreation Coed Softball Summer League Now Forming](#)
- [2. Department of Campus Recreation 3 on 3 Outdoor Basketball Summer League Now Forming](#)
- [3. Department of Campus Recreation Men's Tennis Summer League Now Forming](#)
- [4. Department of Campus Recreation Women's Tennis Summer League Now Forming](#)
- [5. When He's Sixty-Four! Several artists to celebrate Bob Dylan's birthday at The University Cafe, May 24th, at 8 P.M.](#)
- [6. 2005 Stony Brook University Boys Basketball Camp](#)
- [7. Stony Brook Softball is hosting a general skills camp the week of July 18, 2005.](#)
- [8. Rollerblading for Beginners](#)

## **08. For-Pay Workshops/Courses (SPD, etc...)**

- [1. Come join our successful West Campus Weight Watchers Group!](#)
- [2. Explore Wine: Improve Yourself, Thursday, May 26, 6:30-8:00 p.m.](#)
- [3. QuickBooks Training 5/4,5/11,5/19 at the LI Bus. and Tech Ctr. Great River, NY 6:30P.M.-9:30 P.M.](#)
- [4. Elevated Lipids & Cholesterol - An Integrative Approach To Optimize Levels](#)
- [5. Summer Spinning Classes](#)
- [6. Summer Fitness Classes Will Begin On Tuesday, May 31st - Friday August 19th](#)

## **09. Research (Studies, Testing, etc...)**

- [1. Earn Money In Psychology Studies On Traits, Coping, And Problem Solving](#)

[2. Are You Depressed? We Can Help!](#)

## **10. Miscellaneous**

[1. Summer Camp at Stony Brook 632-4550 June 27 - August 19, 2005](#)

[2. Meet the Oncology Nurse From the Cancer Helpline](#)

[3. Division of Information Technology Offers Scholarship](#)

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## **01. Administrative (dept moves/closes, employee info, Admin announcements)**

### **1. Diversity and Affirmative Action has relocated!**

Effective Monday, May 16, 2005, the office of Diversity and Affirmative Action has relocated to Administration Building Room 201. This is across the hall from our former location of 294 Administration Building. Our phone number has remained 2-6280 and our zip is still z=0251. Please visit us at our new location.

<http://www.stonybrook.edu/diversity>

Submitted by: Jean Johnston/Pres

### **2. Campus Post Office summer hours**

From Monday, May 23, through Friday, August 26, we will be observing a summer schedule at the Campus Post Office located in the basement of the SAC. The schedule will be as follows: TUESDAY, WEDNESDAY, THURSDAY, 9 AM to 3 PM; MONDAYS and FRIDAYS CLOSED. During off hours, 37-cent stamp booklets are available via a vending machine located in the lobby of the Campus Post Office.

Submitted by: Maria Maloney/Admin

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## **03. Workshops/Courses/Training (work related; HR, EAP, DoIT, etc...)**

### **1. Providing Outstanding Customer Service**

Providing customer service is easy, but providing OUTSTANDING customer service requires skill. During this highly interactive workshop, we will:

- Define "outstanding" customer service

- Understand customer expectations and needs and meet them by using active listening and questioning techniques
- Convey positive messages to your customer by using body language, tone of voice and words
- Handle more challenging and difficult customer service situations
- Use proper telephone etiquette, including: Handling the telephone in a professional manner, building rapport with customers by addressing them correctly, using proper voice qualities, transferring the call appropriately, and taking complete telephone messages.

Date: June 22 & June 29 (must attend both sessions), Time: 9:30-1:00

To Register: Contact Pat Lore @ 2-4501 or e-mail

Submitted by: Cindy Brodsky/Admin

## **2. Lotus Notes users: Learn how to archive your mail, create folders, check mail from the Web, manage junk mail**

Click here to register for "Getting Organized With Lotus Notes" on Wednesday 5/25 from 2:00-4:30. [http://clientsupport.stonybrook.edu/training/Notes\\_training.shtml](http://clientsupport.stonybrook.edu/training/Notes_training.shtml)

Submitted by: Kim Rant/DoIT

## **3. Tutor Training Workshop**

The Adult Literacy Center at Stony Brook is seeking volunteer tutors to tutor individuals on basic literacy and english speaking skills. The only requirement for volunteering is that you have a high school degree. In order to become a volunteer, you need to attend a tutor training workshop. The dates are as follows: September 22, 29, Oct. 6, 13, 20, 27, November 3, 17, 2005 (must attend all sessions)

Time of all sessions: 5:30pm-8:30pm

Workshop held on campus for your convenience!

This workshop fills up quickly, so please contact Cindy Brodsky, Literacy Coordinator, if you would be interested in learning more about this program.

Submitted by: Cindy Brodsky/Admin

## **4. Leadership: Would I Follow Me?**

If you could be on the receiving end of your own leadership style, how do you think you'd answer the question: Would I follow me? Most people in leadership positions are unaware of how the people they lead really see them. But how a leader is perceived is crucial to the productivity of any group. This instructor-led, video-based session demonstrates one leader's behavior and the results in two different situations: first as a newly appointed leader, and then five years later after. Participants will learn effective leadership behaviors and appreciate the impact those behaviors have on the success of their work group.

Date: June 7th - Time: 9:30 am-12:00 pm - Place: Admin Bldg. Rm 192

To Register: email registration form (found on HRS website) to Pat Lore or call 2-4501

Submitted by: Patricia Lore/Admin

### **5. Managing Multiple Priorities**

Learn how to make the most effective use of your time, meet deadlines and manage multiple priorities by taking an action-oriented approach.

**PROGRAM OBJECTIVES:**

- Set goals, prioritize tasks and plan for each day
- Identify inefficient uses of time and ways to improve or eliminate them
- Work "smarter" to reduce stress and increase productivity

This is an introductory workshop

Date: June 8th - Time: 9:30am-12:30pm - Place: Admin. Bldg., Rm 192

To Register: email registration form (found on HR website)to Pat Lore or call 2-4501

Submitted by: Patricia Lore/Admin

### **6. Free SBDC "Business Solutions Roundtable" Thurs. 6/2/05, Harriman Hall Rm 304, SBU 8:30am - 10:30am**

Learn how other business owners have solved their issues. Would you like help with -the best software solutions for your business/how can you get the most 'bang for your buck' from your marketing budget/getting and keeping quality employees. Come with your problems and leave with your solutions. This is your Business Solutions group.

<http://stonybrook.edu/smallbusiness>

Submitted by: Ann Garbarino/CEAS

### **7. Free SBDC Workshop "Business Basics & Writing a Business Plan", Sat.6/4/05,Harriman Hall, Rm 304 SBU, 9:30am-11:30am**

If you are considering starting a business, but are unsure about how to get started,then this workshop is for you. There is no fee for this workshop but registration is required. To register, please call Ann at 29140.

<http://www.stonybrook.edu/smallbusiness>

Submitted by: Ann Garbarino/CEAS

### **8. FREE SBDC Workshop "The Business of Daycare", Wed.,6/8/05,6:30pm-8:30pm, Middle Country Public Library, Centereach**

Do you know what it takes to be a child care provider? Learn the do's and don't of operating a daycare facility. Learn about the different types of family childcare, regulations, contracts, insurance and much more. To register, please contact Ann at 29140.

<http://www.stonybrook.edu/smallbusiness>

Submitted by: Ann Garbarino/CEAS

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## **04. Conferences/Seminars/Lectures**

### **1. Doctoral Defenses this week**

Please click on the URL below to see this week's Doctoral Defences

<http://www.grad.sunysb.edu/ddd/weekly.html>

Submitted by: Yordanos Beyene/GST

### **2. Biochemistry & Cell Biology Seminar**

On Thursday, May 26, Dr. Jeffrey L. Brodsky, from the University of Pittsburg will present a seminar entitled, "Co-opting Yeast to Identify Genetic Modifiers of Protein Conformational Diseases". It will be held in room 038, Life Sciences Building at 4:00pm. Dr. William J. Lennarz is the host. If you need a disability-related accommodation, please call (631) 632-8550.

Submitted by: Diane Rodriguez/CAS

### **3. L.I. Cancer Center - Community Cancer Education Series: Fatigue, can exercise help?**

For patients with cancer and for caregivers of patients with cancer.

Weekly lecture with question and answer period. Topics include 5/24/05: Fatigue, can exercise help?; 5/31/05: The importance of good Nutrition; 6/07/05: Utilizing you supports and resources. Presenters will be physicians, nurses, social workers, physical therapists and nutritionists from the Long Island Cancer Center. Meetings are Tuesdays beginning 5/3/2005, 7:00-9:00 PM at the Holiday Inn Express on Rte. 347. Admission is Free. You may attend any one or all sessions. Contact HealthConnect at 444-4000 to reserve your place.

Submitted by: Gretchen Garlow/FSA

### **4. Lecture on the historic estate known as Bayberry Land**

The Town of Southampton is proud to present a showcase exhibit on Bayberry Land, the country estate of Charles H. and Pauline M. Sabin, in Southampton Town Hall, 116 Hampton Road, Southampton, New York. In addition, an illustrated lecture on this historic estate will be given by Michele M. Morrisson, Curator of the Institute for Long Island Archaeology at Stony Brook University.

The lecture will be held on Wednesday, May 25 at 7:00 P.M. in the Town Board Room at Southampton Town Hall, 116 Hampton Road, Southampton, NY. It is free and open to the public.

Submitted by: Patrick Calabria/Pres

## **5. Paleobiology seminars - Tree of Life**

Paleobiology Seminar Meeting

Guest speaker: Dr. Joel Cracraft, American Museum of Natural History

Noon: "The Tree of Life: Its Importance for Science and Society"

2pm: "The Mechanics of Biological Diversification"

Anatomical Sciences Seminar Room - HSC T-8 (040)

Submitted by: Maureen O'Leary/UHMC

## **6. Department of Physiology and Biophysics Seminar**

Thursday, May 26, 2005 at 12 noon

"Intracellular Regulation and Diffusion of Protons in Heart Cells"

Dr. Kenneth W. Spitzer, Department of Physiology, Director of CVRTI, University of Utah, Salt Lake City, Utah

Place: Basic Science Tower, T-5, Room 140

Host: Dr. Peter Brink

Submitted by: Robin Green/UHMC

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## **06. Charitable (Habitat, Blood drives, Cats, etc...)**

### **1. Please come help us continue our record Blood Drive 2004/2005 pace!**

Thank you for the great success of the recent two-day Blood Drive on April 20, (97 Donors, 19 deferrals and 78 pints) and 21st, (227 Donors, 47 deferrals and 180 pints). This record-breaking drive resulted in a two day total of 324 Donors and 258 pints!!

We want to thank all those who participated and encourage the Campus Community to join us Tuesday, June 21st at SAC Ballroom A from Noon to 5:30pm and Wednesday, June 22nd at SAC Ballroom A from Noon to 5:30pm.

Please come and help us continue our record Blood Drive 2004/2005 pace!!

<http://naples.cc.sunysb.edu/Pres/blooddrive.nsf>

Submitted by: Carl Hanes/Pres

### **2. National Cancer Survivor Day - Carousel of Life**

SBUH is proud to host CAROUSEL of LIFE, as we celebrate National Cancer Survivor Day. All survivors and their guests are invited to join us on Sunday, June 5, 2005 at Ward Melville High School for this exciting event. There will be entertainment, food, games, prizes, a chance to share some quality time with your family and medical staff in an informal, festive setting. Registration is required. There is no charge for this celebration. 444-4000 or 444-2693. Any staff members who would like to volunteer for this event, contact Linda Bily at 444-1386.

Submitted by: Victoria Irwin/UHMC

### **3. Used Book Sale and Raffle**

The University Hospital Auxiliary is holding a Used Book Sale and Raffle featuring current and past best selling books, videos, etc.

This will be held on Thursday, May 26 in the vendor area by the deli and escalators on level 5 of the Hospital.

Hope to see you there!

Submitted by: Patricia O'Brien/UHMC

### **4. Can You Contribute 15 Minutes A Day To Help Feed Homeless Cats On Campus?**

The SBU Cat Network works to humanely trap, neuter, vaccinate, and care for the many feral cats that live on campus. We need additional help maintaining feeding stations all over campus during the summer when students leave campus. Food is provided, all you need to do is distribute it daily. If you're interested, please contact Nancy Franklin (nancy.franklin@sunysb.edu).

Submitted by: Anne Moyer/CAS

### **5. CSEA Region 1 Veterans Committee**

To commemorate Memorial Day the CSEA Region 1 Veterans Committee will decorate the graves of deceased CSEA members who had served in the armed forces and are interred at Calverton National Cemetery. Please call Maryann Phelps at 2-6575 or 4-3680 with the deceased member's name and grave site location. Flags will be placed on the graves on May 28th.

Submitted by: Maryann Phelps/HSC

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## **07. Entertainment (Sports, Movies, Events, etc...)**

### **1. Department of Campus Recreation Coed Softball Summer League Now Forming**

The Department of Campus Recreation Coed Softball Summer League is now forming. Registration Deadline is June 8th. League will run from June 13 - Aug. 11th. Games will be



played at 5:30pm & 6:45pm. Teams will consist of at least nine people (4 women minimum) on the field at all times. Registration Fee is \$175.00/team. Games will be played Mon-Thurs (twice a week). Only students, faculty & staff of the University are eligible participate. For more information, please contact Marie Turchiano at 632-4145.

Submitted by: Marie Turchiano/CAS

## **2. Department of Campus Recreation 3 on 3 Outdoor Basketball Summer League Now Forming**

The Department of Campus Recreation 3 on 3 Outdoor Basketball Summer League is now forming. Registration Deadline is June 8th. League will run from June 13 - Aug. 11th. Games will be played at 5:30pm 6:45pm. Teams will consist of at 3 people. Registration Fee is \$40.00/team. Games will be played on Mon/Tues/Wed/Thurs (twice a week). Only students, faculty & staff of the University are eligible participate. For more information, please contact Marie Turchiano at 632-4145.

Submitted by: Marie Turchiano/CAS

## **3. Department of Campus Recreation Men's Tennis Summer League Now Forming**

The Department of Campus Recreation is now accepting registration for our Men's Tennis League. The league will begin on Monday, June 13 and run through August 10th. Games will be played on Monday & Wednesday's nights at 5:15pm & 6:45pm. Registration deadline is June 3rd and limited to first 24 registrants. Only students, faculty & staff of the University are eligible participate. For more information, please contact Marie Turchiano @ 632-4145.

Submitted by: Marie Turchiano/CAS

## **4. Department of Campus Recreation Women's Tennis Summer League Now Forming**

The Department of Campus Recreation is now accepting registration for our Women's Tennis League. The league will begin on Tuesday, June 14 and run through August 11th. Games will be played on Tuesday's & Thursday's nights at 5:15pm & 6:45pm. Registration deadline is June 8th and limited to first 24 registrants. Only students, faculty & staff of the University are eligible to participate. For more information, please contact Marie Turchiano @ 632-4145.

Submitted by: Marie Turchiano/CAS

## **5. When He's Sixty-Four! Several artists to celebrate Bob Dylan's birthday at The University Cafe, May 24th, at 8 P.M.**

Bob Dylan turns 64 on May 24th and the University Cafe celebrates his birthday with a Dylan song-circle concert featuring several artists performing Dylan's songs.

Featured are: Beaucoup Blue, a Philadelphia-based acoustic duo of father and son David and Adrian Mowry on six and twelve string guitars, slide guitar, dobro and vocals.

Caroline Doctorow, a Sag Harbor resident, who counts as her influences Mimi and Richard Farina, Joan Baez, Tom Paxton, and Bob Dylan.

Pat Wictor, a lap-style slide guitarist who blends the influences of tradition-minded musicians of the past and present to create a distinctive voice of his own.

To commemorate this special evening, all attending will receive a special, limited edition poster designed by Iron Horse Graphics.

Reservations/information: call 631-632-6027 or e mail [gpalaia@notes.cc.sunysb.edu](mailto:gpalaia@notes.cc.sunysb.edu)

The University Cafe, a not for profit organization, is located on the lower level of the Student Union Building. Admission is \$10.00

Submitted by: Charles Backfish/CAS

## **6. 2005 Stony Brook University Boys Basketball Camp**

The Stony Brook Men's Basketball staff is running 2 weeks of basketball camp this summer for boys ages 8-16. The weeks of camp are July 11-July 15 and July 25-July 29. Camp will be from 9 a.m. to 4 p.m. and the cost is \$285. per week. If anyone is interested please contact Dan Rickard at 632-4498 or by email [daniel.rickard@stonybrook.edu](mailto:daniel.rickard@stonybrook.edu) or Mary Scully at 632-4583 or by email [mary.scully@stonybrook.edu](mailto:mary.scully@stonybrook.edu). The application is available online at [www.goseawolves.org](http://www.goseawolves.org).

Submitted by: Daniel Rickard/Pres

## **7. Stony Brook Softball is hosting a general skills camp the week of July 18, 2005.**

Open to ages 8-17, the camp will begin Monday, July 18th and end Thursday, July 21st. The cost is \$150.00. Visit our web site, [www.goseawolves.org](http://www.goseawolves.org) to download the registration form. Please contact Jaime Wallin, Assistant Softball Coach, at 632-4517 with any questions.

<http://www.goseawolves.org>

Submitted by: Jaime Wallin/Pres

## **8. Rollerblading for Beginners**

Rollerblading for Beginners

Tuesdays, May 31, 2005 - August 16, 2005, 12:00PM - 1:00PM

Place: SAC Bus Loop

Instructors: Allison Milano

Free for Eveyone!

Participants should wear protective gear, sunglasses and SPF 15 sun block.

If You Have Any Question Please Contact Allison Milano at 632-7263

Submitted by: Allison Milano/OSA

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## **08. For-Pay Workshops/Courses (SPD, etc...)**

### **1. Come join our successful West Campus Weight Watchers Group!**

Weight Watchers: the only plan that really works for weight loss. At-work Weight Watchers group is inviting you to join them early June when they start their next session. Come join us in the Melville Library during lunchtime once a week and finally get control of your life. Cost is \$99 for 10 sessions. Must pay in full up front. Interested? Contact Judy Matuk at [jmatuk@notes.cc.sunysb.edu](mailto:jmatuk@notes.cc.sunysb.edu)

Submitted by: Judy Matuk/Res

### **2. Explore Wine: Improve Yourself, Thursday, May 26, 6:30-8:00 p.m.**

To Register: Call Ginny Clancy at (631) 632-9404. Classes are \$55.00, Bring a Friend and the second person gets a rate of \$45.00. Location: Wang Center at Stony Brook University. Corporate resource developer Shirley Singletary and wine expert Louisa Hargrave will lead an interactive evening which will help you get past hurdles of social intimidation and open the door to exploring wine. Your questions about food and wine etiquette will be answered through a tasting of wonderful food and wine pairings.

<http://www.stonybrook.edu/winecenter>

Submitted by: Ginny Clancy/Pres

### **3. QuickBooks Training 5/4,5/11,5/19 at the LI Bus. and Tech Ctr. Great River, NY 6:30P.M.-9:30 P.M.**

Instructor: Eileen Dunn is a CPA with over 20 years of experience and is a QuickBooks ProAdvisor. \$60 per session or \$160 for all 3 classes. For information or to register, contact Ann at 632.9140.

<http://www.stonybrook.edu/smallbusiness>

Submitted by: Ann Garbarino/CEAS

### **4. Elevated Lipids & Cholesterol - An Integrative Approach To Optimize Levels**

The Division of Wellness and Chronic Illness in the Department of Family Medicine will be conducting four, two-hour group visits for patients with elevated lipids and cholesterol. Participants are examined and evaluated individually to assess cardiovascular risk, nutrition, exercise and stress levels as well as to determine if their lipid management is optimal. The group visits review factors that contribute to cardiovascular risk and increasing levels of lipids and insulin and addresses how they can be decreased with whole foods, exercise and stress reduction. Also reviewed are genetic influences, indications for medications, their side effects profile as

well as the most current evidence-based information on supplements and vitamins. The series is scheduled on May 25, June 1, 8, 15, 2005 from 4:30 to 6:30 p.m. at 33 Research Way, Stony Brook Technology Park.

Most insurance plans are accepted with appropriate co-pay. To register, please call 631.444.9815.

Submitted by: Marion Hollinger/UHMC

## **5. Summer Spinning Classes**

### **SUMMER SPINNING CLASSES**

Mondays 1:00 PM - 2:00 PM Spinning - Aerobics Center-SAC (Lisa), Fees \$50.00/per 10 week session, June 6th - August 15th(6/6, 13, 20, 27, 7/11, 18, 25, 8/1, 8, 15)

Tuesdays 5:15 PM - 6:15 PM Spinning - Aerobics Center-SAC (Lisa), Fees \$60.00/per 12 week session, May 31st - August 16th (5/31, 6/7, 14, 21, 28, 7/5, 12, 19, /26, 8/2, 9, 16)

Fridays 12:00 PM - 1:00 PM Spinning - Aerobics Center-SAC (Sibel), Fees \$60.00/per 12 week session, June 3rd - August 19th (6/3, 10, 17, 24, 7/1, 8, 15, 22, 29, 8/5, 12, 19)

To register contact Allison Milano at 632-7263

Payment should be mailed to Allison Milano, SAC, Z=2800.

Payment can be made in either Cash or Check Please make checks payable to "Campus Recreation"

Submitted by: Allison Milano/OSA

## **6. Summer Fitness Classes Will Begin On Tuesday, May 31St - Friday August 19Th**

Mondays, 12:00 PM - 1:00 PM, Absolute Core

1:00 PM - 2:00 PM, Spinning

5:15 PM - 6:15 PM, Vinyasa Yoga Level I

Tuesdays, 12:00 PM - 1:00 PM, Vinyasa Yoga Level I

12:00 PM - 1:00 PM, Roller Blading-SAC Loop

5:15 PM - 6:15 PM, Spinning

6:10 PM - 7:00 PM, Pilates

Wednesdays, 12:00 PM - 1:00 PM Super Sculpt

11:00 PM - 2:00 PM Mall Walkers(5/31/05 - 8/21/05)- SAC Plaza

5:15 PM - 6:00 PM, Step Aerobics

6:10 PM - 7:00 PM, Super Sculpt

Thursdays, 12:00 PM - 1:00 PM Cardio Pump

5:15 PM - 6:00 PM, Super Sculpt

6:10 PM - 7:00 PM, Cardio Kick Boxing

Fridays, 12:00 PM - 1:00 PM, Spinning

1:00 PM - 2:00 PM, Pilates

Held at Aerobics Center-SAC, unless otherwise noted.

Submitted by: Allison Milano/OSA

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## **09. Research (Studies, Testing, etc...)**

### **1. Earn Money In Psychology Studies On Traits, Coping, And Problem Solving**

Participate in an experiment involving filling out questionnaires and doing computer-based problem-solving tasks. If you are 18 years or older, you may be eligible to participate in this study.

To find out more, call 632-7811.

Submitted by: Anne Moyer/CAS

### **2. Are You Depressed? We Can Help!**

The Department of Psychology at Stony Brook University is conducting up to a 6 month clinical trial involving medication with all participants and the addition of psychotherapy with some. Must be willing to travel up to two times a week for up to 3 months to the site and be available late afternoons/early evenings. If you have been feeling depressed (sad, down) most of the time for at least two years, you may be eligible to participate. All evaluations and treatments will be provided free of charge. If interested, please e-mail [PsychDRC@notes.cc.sunysb.edu](mailto:PsychDRC@notes.cc.sunysb.edu) with your name, numbers, and the best times to reach you or call 631-632-6381 with the same and we will get back to you as soon as we can. All information will be kept strictly confidential.

Submitted by: Laura Klein/CAS

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## **10. Miscellaneous**

### **1. Summer Camp at Stony Brook 632-4550 June 27 - August 19, 2005**

Think of the warm days of summer, ice cream and children giggling! Our Summer Day Camp combines a special mixture of recreational and educational activities for children between the ages of 5-12. Join us in an adventurous camp experience that will mesmerize your child! Tuition includes provision of a camp T-shirt, as well as a hot lunch and snack each day. A 10% discount on tuition is given to all Stony Brook staff members.

<http://www.stonybrook.edu/daycamp>

Submitted by: Janice Maggio/Pres

### **2. Meet the Oncology Nurse From the Cancer Helpline**

The Oncology nurse from the Cancer Helpline will be available at the Health Resource Center located in the main entrance of the hospital on level 5, on May 24, 05 12:00pm-2:00pm. This is an opportunity to have cancer questions answered and to obtain cancer related information. For

more information call the Cancer Helpline at 1 800 862-2215.

Submitted by: Lori Tischler/UHMC

### **3. Division of Information Technology Offers Scholarship**

Application required

Deadline June 1, 2005

The employees of the Division of Information Technology (DoIT) have established a Scholarship Fund, to offer support towards educational expenses, to a continuing student who has demonstrated an interest in the field of Information Technology.

To apply, please go to [http://www.stonybrook.edu/doit\\_scholarship](http://www.stonybrook.edu/doit_scholarship)

This scholarship process is paperless, everything is done online.

[http://www.stonybrook.edu/doit\\_scholarship](http://www.stonybrook.edu/doit_scholarship)

Submitted by: Melissa Bishop/DoIT