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- 2. Benefit Concert for the Victims of Hurricane Katrina Sponsored by the Department of Music Stony Brook University

07. Entertainment (Sports, Movies, Events, etc...)

- 1. Herstory Luncheon and Reading Benefit
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- 1. Introduction to Microsoft Excel: NCE 314 5 sessions Fee: \$259
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- 01. Administrative (dept moves/closes, employee info, Admin announcements)

1. University Convocation and Dedication of the Humanities Building on September 21st at 4 p.m.

Please join President Shirley Strum Kenny at the University Convocation. At this time, the President will present her annual State of the University Address and will also introduce new faculty.

It will take place in the Humanities Building, Lecture Hall 1003, on Wed., September 21st, at 4 p.m. Immediately following, there will be a Dedication Ceremony for the Humanities Building and a reception.

Submitted by: Arlene Skala/Pres

2. Travel: New Mileage Rate

MILEAGE RATE: The IRS has made a special adjustment to the mileage rate for the final four months of 2005. Effective September 1, 2005, the rate has been increased to 48.5 cents a mile for all business miles driven between September 1 and December 31, 2005. This is an increase of 8 cents from the 40.5 cents rate in effect for the first eight months of 2005. The new mileage rate applies to both State and Research Foundation travel.

Submitted by: Rosalie Makarick/Admin

3. Travel: 2006 Per Diem And Meal Allowance Rates

Please note that all State and Research Foundation travel starting October 1, 2005 will follow the new 2006 Per Diem Rates for lodging and meals for domestic travel. The Meal Allowance Breakdown schedule has also been updated and goes into effect on October 1, 2005. The new rates can be found on the Procurement website: www.procurement.sunysb.edu, click on Employees, then Travel , click on Travel Links for links to Per Diem Travel Rates and Meal Allowance Schedule.

Please contact Rosalie Makarick, Procurement/Travel @2-6022 for additional information.

Submitted by: Rosalie Makarick/Admin

03. Workshops/Courses/Training (work related; HR, EAP, DoIT, etc...)

1. Lawson Training

Lawson Training to be held on 10/5/05 from 10am - 1pm, in the IT Training Room, (HSB-Library - Computer Classroom - Room 3-133A) "For All Employees", to attend this class, please contact Michele Thomas, Lawson Support Specialist, ext. 4-7805. There will be 2 parts covered in this class, the first half is for ordering from the Storeroom in the hospital and the 2nd half will be for ordering from an outside Vendor. I suggest that all employees who are either new to Stony

Brook or just need a refresher course attend this class.

Submitted by: Michele Thomas/UHMC

2. Lotus Notes Users - It's time to get organized!

Join us on 9/22 from 9-12 and learn how to use your Notes Calendar as a time management tool. Join us on 9/26 from 2-4:30 and learn how to create mail folders, delete and archive, manage attachments, check mail from the web, etc.

Click here to register http://clientsupport.stonybrook.edu/training/Notes_training.shtml

Submitted by: Kim Rant/DoIT

3. AIG VALIC-Revisioning Retirement

Revisioning Retirement:

Highlights the four faces of retirement today:

- 1. Ageless Explorers
- 2. Comfortably Contents
- 3. Live for Todays
- 4. Sick and Tireds

Incorporating a recent comprehensive retirement study the seminar discusses how retirement today is changing and emphasizes the need to prepare for it - - especially by contributing to an employer sponsored retirement plan. It also includes a color workbook with interesting information and lesson to be learned from the study.

Lunch will be provided.

Date:October 5, 2005, Time:12:00pm-1:00pm, Place:Wang Center-Room 102 To register:email a registration form (found on Human Resource Services website)to Pat Lore (plore@notes.cc.sunysb.edu)

Submitted by: Patricia Lore/Admin

4. Mastering Perforance Reviews

Just as faculty members evaluate students on their performance in courses through papers, tests, classroom discussion, etc., managers evaluate employees on the quality and quantity of their work performance. These evaluations are made every day, every week, every month, depending on how closely the manager works with or observes his/her employees. These informal ratings form the basis for what we now call the more formal "performance appraisal" or "performance review".

This program is designed to:

- Clarify the manager's role as a communicator, counselor, and mentor.
- Guide the manager through the process: from preparing for and conducting the appraisal session, to concluding the appraisal session, with follow-up.

Target Audience: Managers and supervisors responsible for managing the performance of others. Date: September 26, 2005, Time: 9:30am-12:30pm, Place: Admin. Bldg. Rm. 192

To register: email registration form (found on Human Resource Services website)to Pat Lore (plore@notes.cc.sunysb.edu)

Submitted by: Patricia Lore/Admin

5. Coaching Your Staff; Giving Constructive Feedback

During this session supervisors will identify the key components of coaching: setting performance expectations, monitoring progress toward meeting the expectations, coaching in a corrective way if expectations are not met, and providing supportive coaching. Supervisors will also gain an understanding of how coaching takes place informally on a daily basis. Date:September 28, 2005, Time:9:00am-1:00pm, Place: Admin. Bldg., Rm 192 To Register: email registration form (found on Human Resource Services website)to Pat Lore(plore@notes.cc.sunysb.edu)

Submitted by: Patricia Lore/Admin

6. I-9 Training

This training will provide you with a step-by-step explanation of what the employer must do in order to meet legal and procedural responsibilities associated with the Form I-9. We will focus on how to correct common mistakes and omissions that delay the hiring process, and will provide answers to frequently asked questions regarding documentation.

Target Audience: VP Coordinators, Departmental Personnel Administrators and anyone who is responsible for completing a Form I-9.

Date: September 22, 2005, Time: 10:30am-12:00pm, Place: Wang Center, Lecture Hall 2 To Register: email registration form (found on Human Resource Services website) to Pat Lore (plore@notes.cc.sunysb.edu)

Submitted by: Patricia Lore/Admin

7. 9/21 Free SBDC "Writing a Business Plan" Workshop, Harriman Hall-Rm.304, SBU,6:30-8:00P.M.

Failing to plan is planning to fail! Every business needs a business plan, whether you are looking for financing or just need an operational guide - a business plan is a necessity. Let us show you how to write one! Come join us. To register call Ann at 632.9140

http://www.stonybrook.edu/smallbusiness

Submitted by: Ann Garbarino/CEAS

04. Conferences/Seminars/Lectures

1. Witness Project of LI hosts 2nd Annual Community Education Program, "Raising Health Awareness in Minority Communities: Focus on Disparities"

On Saturday, October 8th, the Witness Project of LI* will hold its 2nd Annual Community Education Program at the Hyatt Wind Watch Hotel in Hauppauge. Presenters will discuss breast cancer, prostate cancer, genetics, diabetes, obesity, nutrition and exercise with emphasis on preventive measures, screening, and early detection. Health care providers will host information tables. Full breakfast is included with program. Please pre-register. Fee: \$10 Call 444-7789 or 444-9341 for more information and to pre-register.

*The Witness Project of LI, a breast health and breast cancer awareness program for African American communities, is an outreach program of the LI Cancer Center. This program is funded in part by an educational grant from the Greater NY Affiliate of the Susan G. Komen Foundation, and is open to all interested persons.

Submitted by: Margaret Davis/UHMC

2. SPECIAL SEMINAR--Jointly sponsored by Dept. of Molecular Genetics & Microbiology, Center for Infectious Disease & Dept. of Ecology & Evolution

SPECIAL SEMINAR

2:00pm Friday September 30, 2005, Life Sciences Building Room 038
"ORIGINS OF INSULIN RESISTANCE: A SOCIO-ECOLOGICAL HYPOTHESIS"
Dr. Milind G. Watve, Head, Dept. of Microbiology, Abasaheb Garware College, Pune, India Co-sponsors: Dr. Jorge Benach and Dr. David Thanassi, Dept. of Molecular Genetics and Microbiology

Dr. John True, Dept. of Ecology & Evolution

If you need a disability-related accommodation, please call: The Department of Ecology & Evolution at (631) 632-8600

Submitted by: Donna Digiovanni/CAS

3. Topics in Atmospheric and Oceanic Sciences Seminar, September 21, 2005.

Professor Xun Zhu from the Applied Physics Laboratory, Johns Hopkins University, will present a seminar entitled, "Dynamics in Planetary Atmospheric Physics: Comparative Studies of Equatorial Superrotation for Venus, Titan and Earth," on Wednesday, September 21. The one-hour seminar begins at 11:45 a.m. at the Marine Sciences Research Center, South Campus, Endeavour Hall 120. Light refreshments will be served. For additional information, please contact the Institute for Terrestrial and Planetary Atmospheres at 632-8009.

http://www.atmos.msrc.sunysb.edu

Submitted by: Gina Gartin/MSRC

4. Ctr.Italian Studies Lecture: Giuliana Muscio, University of Padua.September 20, Topic: "Body and Soul:Italian American Character Actors and Their Performance Style"

Center for Italian Studies Lecture by Professor Giuliana Muscio, University of Padua. Topic: "Body and Soul: Italian-American Character Actors and Their Performance Style." Javits Lecture Center, Room 100, Tuesday, September 20, 11:20 a.m. Professor Muscio is author of works on screenwriting, Cold War Cinema, the 1930s' media and politics, film and history, and film relations between USA and Italy. She is also the film consultant for the "Enciclopedia del Cinema." Call 632-7444 for additional information.

Submitted by: Josephine Fusco/CAS

5. Free for Students, Faculty, and Staff: The Human Evolution Symposium on Tuesday, September 27

Human Evolution Symposium Convened by Richard Leakey: Out of Africa I: Who, Where, and When?

Tuesday, September 27, 2005 o 9:30 a.m. to 5:00 p.m., Charles B. Wang Center Theatre Join us as leading archaeologists, paleontologists, and geologists provide an overview of the evidence for the earliest dispersal of our lineage out of Africa and the initial appearance of hominids in Asia some 2 million years ago. Intended for a General Audience. Symposium is free for Stony Brook students, faculty, and staff. Register by Tuesday, September 20, to guarantee seating.

For a complete schedule, biographies of the 7 speakers and all 20 panelists, and to register online, please visit www.stonybrook.edu sb/humanevolution

http://www.stonybrook.edu/sb/humanevolution

Submitted by: Shelley Catalano/UAff

6. Doctoral Defenses This Week

Please click on the URL below to see this week's Doctoral Defenses.

http://www.grad.sunysb.edu/ddd/weekly.shtml

Submitted by: Fernando Cuenca/GST

7. International Symposium on Language and Communication; the Evolution of Language

The first Alice V. and David H. Morris International Symposium on Language and Communication which will draw eminent scientists from around the globe to Stony Brook University to discuss fundamental issues in, and implications of, current research in human language, will be held October 14-16, 2005 in the theatre of the Charles B. Wang Center. Participants from a broad array of disciplines will gather to discuss the state of the art in research on the Evolution of Language. Fields represented include Anthropology, Archeology, Biology, Computer Science, Cognitive Science, Genetics, Linguistics, Psychology, and Sociology. The

aim of this symposium is to act as a forum for interaction and discussion regarding findings at the interface of each of these fields, drawing on the unique perspective that each participant brings to the topic.

For the full conference program and additional information please visit our website: www.linguistics.stonybrook.edu/events/nyct05

Submitted by: Sandra Brennan/CAS

8. Stony Brook Symposium on New Horizons in Organic Chemistry

On behalf of the Symposium Organizing Committee, we take great pleasure in inviting you to participate in the Stony Brook Symposium on New Horizons in Organic Chemistry. Details of the program is available on our web site below.

Please note that in order to attend the symposium lectures, pre-registration is necessary and FREE for all Stony-Brook students, faculty and staff. You can register on-line using the registration form and submit it via e-mail to: symposiumregistration@ureach.com. We look forward to including you in this unique event.

http://ojima10.chem.sunysb.edu/~ojimaweb/homepage/symp/symp.html

Submitted by: Norma Reyes/CAS

9. Ecology and Evolution Seminar

Wednesday, September 21, 3:30 P.M., Life Sciences Lab, Room 038 "Metacommunities and the Evolutionary Ecology of Pond Food Webs" Dr. Mathew Leibold, Section of Integrative Biology, University of Texas, Austin Host: Dr. Jeffrey Levinton If you need a disability-related accommodation, please call: The Department of Ecology & Evolution at (631) 632-8600.

http://life.bio.sunysb.edu/ee/

Submitted by: Donna Digiovanni/CAS

10. 4th Annual Life Sciences Career Development Conference

The Center for Biotechnology will present the 4th Annual Life Sciences Career Development conference. This year, the Annual Conference is proud to host the First Annual North East Regional Biomedical Engineering Career Conference. Attend 2 engaging and provocative days of panel discussions and presentations from leading industry professionals as they discuss issues of critical importance to life sciences industry. The goal of the conference is not to simply inform the audience of the career opportunities, but through provocative discussions and intellectual exchange, will provide an invaluable insight into the challenges and rewards professionals in these career pathways face in the dynamic life sciences industry. New this year - Faculty and Industry Track. Visit website for full details. Early registration ends on September 30, 2005.

Register online http://www.biotech.sunysb.edu/educWork/career2005/index.html

Submitted by: Kate Posnanski/CEAS

11. Fundamentals of the Bioscience Industry Program Call for Applications

Fundamentals of the Bioscience Industry Program.

Call for Applications.

Applications are being accepted for the 2006 Fundamentals of the Bioscience Industry program. This program is targeted toward graduate students and post docs seeking to transition into non-academic industry careers. Strongly interdisciplinary, this innovative and cutting edge program draws its faculty and courses directly from the bioscience industry. This program will provide life scientists with a comprehensive understanding of the bioscience business environment to effectively enter the industry and/or government sector and to successfully contribute to the innovation and entrepreneurial aspects of industry.

Deadline for application to the Spring 2006 program is September 30, 2005. Full and partial financial support is available to admitted candidates. Complete details and application information can be found on http://www.biotech.sunysb.edu/certprog/index.html

Submitted by: Kate Posnanski/CEAS

05. Hosp/HSC Conferences/Seminars/Lectures

1. Biochemistry & Cell Biology Seminar: Thursday, September 22nd

You are cordially invited to attend a seminar presented by Dr. David Goldfarb, Department of Biology, University of Rochester, entitled, "Nucleus-vacuole Junctions Mediate Autophagy of the Nucleus in Yeast". It will be held on Thursday, September 22nd in room 038, Life Sciences Building at 4:00 p.m. Host: Dr. Aaron Neiman If you have any questions, please contact our office at 2/8550.

Submitted by: Diane Rodriguez/CAS

2. Caregivers' Practical Help Workshop

The Alzheimer's Disease Assistance Center of LI is presenting a free educational workshop for family and professional caregivers of those with Alzheimer's disease and other related dementias. Topics include: Medical Overview of Dementia, Caregiving Issues, Managing Challenging Behaviors, Legal & Financial Planning. The workshop will be held on Thursday, November 10, 2005, 9:00 a.m. to 4:00 p.m. HSC L2 LH1. Registration is required. To register or for more information call HealthConnect at 444-4000 or Darlene Jyringi at 444-1365.

Submitted by: Darlene Jyringi/UHMC

3. 12th Annual School of Health Technology and Management Distinguished Alumni Lecture Series and Awards Presentation

The School of Health Technology and Management and the Stony Brook Alumni Association would like to invite you to the 12th Annual SHTM Distinguished Alumni Lecture Series and Awards Presentation. The SHTM Alumni Development Committee proudly announces the 2005 award recipients:

Michael Eller, MT(ASCP), Class of 1995

Grace M. Gilner, PT, Class of 1984

Michael A. Gonzalez, RPA-C, Class of 1973

William E. Hanford, MS, RRT, Class of 1977 and 1979

James A. MacManus, OTR, Class of 2000

Thomas R. Nolan, RN, MS, Class of 2002

Please join us in recognizing your classmates and colleagues.

Date: Friday, September 23, 2005 at noon. Location: HSC Level 2, Lecture Hall 1.

For questions or further information, call Lynn Timki-Swaim

Submitted by: Catherine Vetter/HSC

06. Charitable (Habitat, Blood drives, Cats, etc...)

1. 17th Annual Child Life 5K Run/Walk for Children: Sunday October 16, 2005 Gelinas Junior High School, Setauket, 9:30 am

Join us for our 17th official 5K Run/Walk to support the Child Life Program @ Stony Brook University Hospital. The course follows a scenic route through the Three Village area. RUN as a Team, a Family, or just as a Friend of the Child Life Program. Registration is available on line @Active.com(under Run for Children in the events section)or on site the day of race. Registration starts at 7:30 am and the Run will start at 9:30. Cost \$15.00 pre-registration or \$50 in pledges. \$20 day of race. For more information call 4-3840 or email paulette.walter@stonybrook.edu

Submitted by: Paulette Walter/UHMC

2. Benefit Concert for the Victims of Hurricane Katrina Sponsored by the Department of Music Stony Brook University

Members of the Department of Music will perform in three short concerts to help raise funds for the victims of Hurricane Katrina. The three concerts will occur on Monday, September 19, 2005 in the Recital Hall of the Staller Center for the Arts at Stony Brook University at 4, 5 and 6 p.m. Admission to the concerts is free but attendees are encouraged to donate to relief efforts. Arrangements have been made with the following relief funds to accept donations: The American Federation of Musicians Gulf Coast Relief Fund, NAACP Disaster Relief Fund, and the American Red Cross Hurricane Katrina Fund.

Performers will include the Emerson String Quartet, Gilbert Kalish, Christina Dahl, and students in the performance program at Stony Brook. For more information about the Benefit Concerts see the Music Department website (www.sunysb.edu/music) or call 631-632-7330.

Submitted by: Marc Levine/CAS

07. Entertainment (Sports, Movies, Events, etc...)

1. Herstory Luncheon and Reading Benefit

Come enjoy a buffet Asian lunch served by Jasmine and listen to moving stories written by women from diverse backgrounds on Sunday, September 25th, 12-5 p.m. at the Wang Center. Herstory is a nonprofit organization that outreaches women all over Long Island including libraries, churches and prisons. Erika Duncan enables these women to have their voices heard by teaching them how to write memoirs. Admission \$50, Students with ID \$20, RSVP: 631-725-4697

Submitted by: Shibani Ray-Mazumder/UHMC

2. J Club Catering Showcase Wednesday, September 28, 2005

4:00 - 6:00 pm at the Charles B. Wang Center Complimentary Tasting If you would like to attend, you MUST RSVP to Vineet Kapoor at 632-1858.

Submitted by: Angela Agnello/FSA

3. "Ancient Egyption Evening" at the Museum of Long Island Natural Sciences at Stony Brook University (ESS Building) Sept. 23, 2005

The Museum of Long Island Natural Sciences, in the Earth and Space Sciences Building, SBU, will host the unveiling of a small, rare, limestone head of Tutankhamun on Friday, September 23, 2005 from 7-10 pm. The sculpture is an excellent example of the late Amarna style. The head is one of the very few found outside of the tomb and bears the royal cartouche of Tutankhamun's throne name.

Also on display for this one night event will be a mummy head and hand, papyrus scenes from the Egyptian Book of the Dead, a collection of The London Illustrated News - 100 year old papers depicting art work from the golden age of Egyptology, and a replica of the "Wishing Cup", a delicately carved chalice in the form of a white lotus.

Free to the public. For information, contact the Museum at (631) 632-8230. Directions available at: www.geosciences.stonybrook.edu/museum

http://www.geosciences.stonybrook.edu/museum

Submitted by: Andrea Illausky/CAS

4. Black & Latino Alumni Reunion and UNITI Cultural Center Grand Opening Reception: Connecting the Past with the Future

During Hoemconing, come join Stony Brook's alumni and current student leaders as they celebrate the history and legacy of the UNITI Cultural Center in its new location in the Stony Brook Union (formerly the Bi-Level)! Reminisce about the old times, learn about the UCC of today, and meet many of Stony Brook's most prominent students. There will be lots of memorabilia to review. This event will also be the kick-off for an Alumni Campaign for Giving. Free admission. Registration requested. For more information, phone the Office of Diversity and Affirmative Action at 632-6280.

http://www.stonybrook.edu/communicatio/Homecoming/

Submitted by: Cheryl Chambers/OSA

5. J Club Happy Hour at the Charles B. Wang Center Located in the back of the Jasmine Food Court

Fridays, 4pm-7pm, Free appetizers with purchase of wine and/or beer. Patrons must be 21 or older with proper ID. For details, call Vineet Kapoor at 632-1858.

Submitted by: Angela Agnello/FSA

6. September Events in the Ashley Schiff Park Preserve

The Friends of the Ashley Schiff Park Preserve are hosting two exciting events this month. Please join us Thursday, September 22 at 5:30 p.m. at the kiosk on Marburger Dr for a bird-watching tour of the Preserve with Lucille-Betti Nash. On Friday, September 30 at 5:30 p.m. meet at the Life Sciences Greenhouse in the basement of the Life Sciences building for a fascinating lecture and tour of the plant collections by curator, Mike Axelrod. Light refreshments will be served after this event. Please RSVP to Mary Woodward at 632-9849 or Mary. Woodward@stonybrook.edu if you plan on attending these enriching experiences. These events are rain or shine as well as free and open to the public.

http://www.ashleyschiff.org

Submitted by: Mary Woodward/Admin

7. 2005 Wellness Expo

2005 Wellness Expo, Wednesday, October 19, 2005, 11:00am - 2:00pm, SAC, Ballroom A & B The Department of Campus Recreation will be hosting a Wellness Expo on Wednesday, October 19, 2005. Activities will include health screenings, fitness demonstrations, massage therapy,

reflexology, interactive activities and information provided by Stony Brook University departments and local community businesses. This event is free and open to all faculty, staff, and Stony Brook students.

Submitted by: Allison Milano/OSA

8. Ceiling Installation at University Art Gallery in Staller Center

"Younhee Paik: Ascending River," a one-person exhibition of recent work by Korean-born painter Younhee Paik, is on exhibition at the University Art Gallery in the Staller Center through Saturday, October 22. To take advantage of the Gallery's 24-foot high ceiling, Paik is presenting a site-specific installation that includes nine draped canvases that cascade down from the ceiling. Floor paintings covered with plexiglass and the sound of ocean waves help immerse the viewer in Paik's meditative environment. An artist's reception will be held on Saturday, October 8, from 7-9pm. Gallery hours are Tuesday through Friday, 12-4pm and Saturday, 7-9pm. Admission is free. For further information, please call the University Art Gallery at 632-7240.

Submitted by: Rhonda Cooper/CAS

9. Learn to Meditate (Series I) Thursday, September 22, 6:30-8:30 p.m., Wang Center, Room 301 FREE to ALL

Ven. Chang Wu will offer an introduction to Chan/Zen meditation. Participants will learn about the benefits of postures, and how to prepare, relax, and release stress. It's part of Wang Center's Meditation Sessions Coordinated by the Buddhist Studies & Practice Group. Learn to Meditate (Series II) will take place on Thursday, November 10, 6:30-8:30 p.m., Wang Center, Room 401.

http://www.stonybrook.edu/sb/wang/events.shtml

Submitted by: Jianping Schoolman/Pres

08. For-Pay Workshops/Courses (SPD, etc...)

1. Introduction to Microsoft Excel: - NCE 314 - 5 sessions - Fee: \$259

This introductory course demonstrates the power and ease that makes Microsoft Excel the most-widely used spreadsheet application for office and home financial planning. Accountants, office managers, budget managers, even the family financial planner, will benefit from learning the basics of Excel. Topics include: basics of spreadsheet design, entering data, editing, formatting and printing worksheets, and implementing formulae and functions. The course emphasizes hands-on exercises to reinforce lessons.

Prerequisite: Introduction to Windows or equivalent experience.

Section I: Mon., 9:00-12:00 pm, October 17, 24,31; Nov. 7,14,2005

For a full description of this class, and to register go to SPD Website at

http://www.stonybrook.edu/spd/computer

For questions call 632-7071

10% discount for University employees and Students. CSEA LEAP Vouchers accepted

Submitted by: Frank Esposito/Prov

2. Professional Series-Fundamentals of Winetasting for Professionals

Six Sessions: September 13, 20, & 27; October 11, 18, & 25

Location: Wang Center on the Main Campus of Stony Brook University

Join Cliff Batuello, viticulture and wine industry professional, and Chris Miller, advanced sommelier and wine educator, as they lead this intensive six-session course geared toward those wishing to begin a career in the wine and restaurant industries. Participants will be trained in sensory evaluation, learn about the world's most important wine regions, and taste a broad range of representative wines. Certification will be granted to those who successfully complete this course.

To Register: Call Ginny Clancy at (631) 632-9404.

Note: You must be 21 or over to participate in winetasting events. Space is limited, so please

register early.Cost for series: \$395.00

http://stonybrook.edu/winecenter

Submitted by: Ginny Clancy/Pres

3. Osteoporosis Prevention And Management

The Division of Wellness and Chronic Illness in the Department of Family Medicine is conducting a series of three group visits focusing on the prevention and management of osteoporosis.

Participants are examined and evaluated individually to assess their risk of fracture and to determine if the bone loss management is optimal. The group visits review osteoporosis in an integrative, holistic fashion with focus on measures that may be added to conventional treatment such as nutrition with whole foods, supplements, yoga and exercise to improve hip and spine bone density. Conventional monitoring techniques and medical interventions with hormone replacement therapy and drugs are thoroughly reviewed and discussed

The three-part series will be held at 33 Research Way in Stony Brook Technology Park on October 5, 12, 19, 2005 from 4:30 - 6:30 p.m.

To register, please call 631.444.9815.

Submitted by: Marion Hollinger/UHMC

4. Wine Traditions Series- Wine for the Web: Bloggers Unite! Thursday, October 20: 6:30-8:00 p.m.

Impressed by all the wonderful information available on the Web? Love to look up recipes and research wine and food pairings? Read the latest on high scoring wines? New Yorker Lenn

Thompson and Californian Derrick Schneider have both turned their amateur internet wine and food blogs into professional writing opportunities. Join them, and see how to turn a taste into a turn of phrase. Complete with wine and food explorations, of course.

Location: Wang Center on the Main Campus of Stony Brook University

Fee: Each class will offer 6-8 quality wines and will include light food pairings complementing the wines and region of origin. Classes are \$55.00 per person."Bring a Friend" and the second person gets a discounted rate of \$45.00.

To Register: Call Ginny Clancy at (631) 632-9404.

Note: You must be 21 or over to participate in winetasting events.

Space is limited, so please register early.

http://stonybrook.edu/winecenter

Submitted by: Ginny Clancy/Pres

5. Turn off ER and turn on Mini-Medical School

The "Mini Med School" begins Thursday, October 6 and will be held on most Thursday evenings through November 17, from 7:00 PM-9:00 PM at the HSC.

Forget about TV and discover the real science in medicine. Myths about the human body, theories of aging, and how to locate reliable medical information are among the topics that will be covered in this year's series.

Tuition is \$35 per person for the entire series (\$25 per person for paid members of the Mini Med Alumni Association). Cost includes course materials, parking and a light dessert. Register by Sept 14. Program is limited to 200 registrants. Applications are available on line at ww.hsc.stonybrook.edu/som/mini_med or call - 4-3423 for information.

http://www.hsc.stonybrook.edu/som/mini_med_school/index.cfm

Submitted by: Barbara Katz/UHMC

6. Wine Traditions Series- The Winemaking Heritage Of Italian Americans

Thursday, September 29: 6:30-8:00 p.m.

Back by popular demand, winemaker and storyteller Sal Diliberto will offer a sample of his gold medal-winning wines with reminiscences of the roots of this Italian American tradition. Be prepared for his splendid operatic voice and famous meatballs.

Location: Wang Center on the Main Campus of Stony Brook University

Fee: Each class will offer 6-8 quality wines and will include light food pairings complementing the wines and region of origin. Classes are \$55.00 per person."Bring a Friend" and the second person gets a discounted rate of \$45.00.

Sign up for 3 or more classes for the special rate of \$40.00 per class.

To Register: Call Ginny Clancy at (631) 632-9404.

Note: You must be 21 or over to participate in winetasting events.

Space is limited, so please register early.

http://stonybrook.edu/winecenter

Submitted by: Ginny Clancy/Pres

7. Defensive Driving Course Open to Everyone

Save money on your car insurance. Two sections offered for this six hour course. Sec A: Two Thursdays, 9/29 and 10/06, 6pm - 9pm; SAC 304. Sec B: Two Wednesdays, 11/09 and 11/16, 6pm - 9pm, Union 231. Pre-registration and payment necessary. Send two checks \$18/student or \$22/non-student (payable to SBU Crafts Center), and additional \$13 per person fee (payable to K. O'Brien) and mail to: The Stony Brook Union Crafts Center, Stony Brook University, Stony Brook, NY 11794-3200. Please include your name, address, telephone and class selection. In person registration at The Crafts Center, lower level of the Union, room 049, call for hours. This class is an Empire Safety Council Accident Prevention Workshop. For more info/class brochure call The Crafts Center, Tel:632-6822.

Submitted by: Janice Costanzo/OSA

8. Adobe Photoshop: - NCE 321 - 12 sessions - Fee: \$629

Professional artists, amateur photographers and Web novices should know the fundamentals of Photoshop, the most powerful image editing software on the market. Whether you want to learn how to prepare photographs for offset printing or just want to create good-looking scans for your personal homepage, a working knowledge of Photoshop is essential. Topics covered will include the Photoshop work area, image basics, working with selections, working with layers, painting, masks, channels, creating special effects, basic pen tool techniques and creating images for electronic publishing. We will be working in the Windows environment.

Prerequisite: Introduction to Windows or equivalent experience.

Section C: Wed., 6:00-9:00pm, Apr.27; sept. 28;Oct.5,12,19,26; Nov.2,9,16,23,30; Dec/7,14,2005

10% discount University employees and students, CSEA LEAP Vouchers accepted To register go to SPD Website Registration Form at

http://www.stonybrook.edu/spd/career/registration.html

For questions call 632-7071

Submitted by: Frank Esposito/Prov

9. Weight Watchers @ Work - New 10 Week Session Starting

A NEW 10 week Weight Watchers at Work program is being organized. Meetings are Tuesday's at 12:30 PM, meeting place TBA. The cost of the 10 week program is \$99.00. Weight Watchers requires a minimum of 15 people to be signed-up and prepaid in order to begin the program. For additional information or questions, please call Debbie Hooper x42678 or email me.

Submitted by: Deborah Hooper/UHMC

10. Children's Classes at the DanceSpace

Open classes for children, ages 5-8, Saturdays 9:30-10:30. Children's performance company, "It's Your Move!", ages 10-13, Saturdays 10:30-12noon. Held at the DanceSpace at StonyBrook University, 104/114 Nassau Hall. For more information, contact Amy Yopp Sullivan, 632-7392, or aysullivan@notes.sunysb.edu

http://www.celt.sunysb.edu/dancespace/index.shtml

Submitted by: Amy Yopp Sullivan/CAS

11. Qigong Classes

Qigong Classes, Tuesdays, 5:15pm - 6:15pm, Sports Complex Studio

Fee: Punch Card ranging from \$12.00 - \$65.00.

Qigong is a Chinese moving meditation that promotes health and relaxation.

Instructor Kevin Ott is certified to teach Qigong through the Oregon College of Oriental

Medicine.

Sponsored by the Campus Recreation Wellness Center www.recreation.sunysb.edu

For more information contact the Wellness Center Office at 632-6850

Submitted by: Allison Milano/OSA

12. Arts and Leisure Classes Just for the Fun of it!

The Crafts Center offers non-credit, low cost classes and is open to the public. Fall 2005 classes include: Intro to Fine Art Photography, begins 9/27; Darkroom Membership, begins 9/19; Pottery on the Wheel, 5 sections beginning the week of 9/26; Ceramic Hand-building, begins 9/29; Ceramic membership, begins 9/19; The Stencil Workshop, begins 10/10; East Asian Brush Paining, begins 10/7; Polymer Clay Jewelry, 10/22 from 10:30am-3pm; Oil Pastels, begins 10/6; Bartending begins 10/11; and Defensive Driving. Pre-registration and payment is necessary. Register early to reserve your seat in class. For registration/brochure call The Crafts Center, located in Union Lower level room 049, Tel. 632-6822.

Submitted by: Janice Costanzo/OSA

09. Research (Studies, Testing, etc...)

1. Long Island Database Project - Volunteers Needed

The Long Island Cancer Center is creating a database of blood samples and clinical information to help researchers better understand why some individuals develop breast and prostate cancer while others do not.

Women and men are eligible to participate if they were diagnosed with breast or prostate cancer

OR have never been diagnosed with cancer, are 18 years of age or older, are a current Long Island resident and have lived on Long Island for at least 5 years.

For more information about the study, please call Pat Gramer at 444-7995 or 1-800-566-9667.

Submitted by: Erin O'Leary/UHMC

2. Are You Depressed? We Can Help!

The Department of Psychology at Stony Brook University is conducting up to a 6 month clinical trial involving medication with all participants and the addition of psychotherapy with some. Must be willing to travel up to two times a week for up to 3 months to the site and be available late afternoons/early evenings. If you have been feeling depressed (sad, down) most of the time for at least two years, you may be eligible to participate. All evaluations and treatments will be provided free of charge. If interested, please e-mail PsychDRC@notes.cc.sunysb.edu with your name, numbers, and the best times to reach you or call 631-632-6381 with the same and we will get back to you as soon as we can. All information will be kept strictly confidential.

Submitted by: Laura Klein/CAS

10. Miscellaneous

1. New Adult Day Care Benefit for Veterans

The Long Island State Veterans Home Adult Day Care Program now offers veterans a valuable daily per diem credit to reduce the cost of services. The program provides professional nursing care, individualized rehabilitative therapies, nutritious meals, counselling and door-to-door transportation in addition to many other clinical services. The program is open Monday through Saturday. Spouses and family members of veterans are also eligible. Please call us at 1-800-DAY-CARE for more information.

Submitted by: Jeanmarie Brand/LISVH

2. * YOU GOT INKJETS? Old Cell Phones and PDAs? *

Recycle your empty Ink Jet cartridge, cell phone, and PDA.

Look for the "Got Inkjet" Free postage-paid envelope displays located throughout campus to easily recycle the above items.

Please contact Maria Maloney at 632-1287 and she will be happy to answer any questions you may have, or address your service needs, or provide you with new displays or envelopes. DID YOU KNOW?

* According to a recent study, people living in the U.S. will soon be getting rid of about 130

million mobile phones every year.

- * Every year, over 400 million cartridges, with a combined weight of 200 million pounds, are discarded into our nation's landfills.
- * If every used cartridge was recovered for remanufacturing, we could conserve more than 283 million gallons of oil.

This message brought to you by the Department of Recycling/Resource Management. Thank you.

Submitted by: Michael Youdelman/Admin

3. Free On-Campus Tutoring!

Do you need help reading, writing or speaking in English? Do you want to learn more about the American Culture? Are you looking to fine-tune your English speaking, reading or writing skills to advance your career? The Stony Brook Adult Literacy Center provides free on-campus tutoring to students, staff members and family members.

Contact Cindy Brodsky, Literacy Coordinator, for more information at 444-5272.

Submitted by: Cindy Brodsky/UHMC