

To "Torre,F.Jason" <FTORRE@NOTES.CC.SUNYSB.EDU>

-

bcc

Subject Campus Announcements - Week of 10/29/01

- 1. 2nd Annual Careers In The Bioscience Industry Seminar Series Careers in Corporate R and D.
- 2. Timothy Mount conducts Stony Brook Symphony Orchestra, Camerata Singers and Stony Brook Chorale, November 10, 8:00 pm, Staller Center
- 3. VETERANS DAY CEREMONY
- 4. Defensive Driving Program offered for UUP employees and their immediate families.
- 5. Get in shape BEFORE the holidays! Sign up for Move for Life!
- 6. Integrative Asthma Care and Prevention
- 7. Jewelry sale to benefit Sylvia Fund!
- 8. "Stony Brook Baroque Players" in concert Sunday November 11, 3pm, Recital Hall, Staller Center Free!
- 9. Communicating with Students in your Department Using Blackboard
- 10. TRAVELERS CAREER PATHS SERIES Brought to you by the Career Center
- 11. Open House at the School of Professional Development (SPD) Tuesday, November 13th
- 12. Marine Sciences Research Center-Friday Seminar Speaker presents Dr. Paul DelGiorgio of University of Montreal
- 13. "Dia del los Muertos Day of the Dead"
- 14. Neurobiology Seminar: Regeneration and Recovery of Function Series 11/01/01 Speaker: Steven Goldman, M.D.
- 15. HOLIDAY GIFT PROGRAM
- 16. "Landscape with Argonauts" by Heiner Muller
- 17. "Coming Over Overcoming"
- 18. Harlem Globetrotters To Play at Stony Brook Sports Complex
- 19. "Spike Heels" by Theresa Rebeck

- 20. Lecture Announcement
- 21. Thomas F. Irvine, Jr. Symposium and Memorial Service
- 22. Diversity 101 workshop- Tuesday October 30, 2001
- 23. UA Ballroom and Swing Dance Club
- 24. SFS RETREAT OPENING SESSION
- 25. Long Term Health Care Insurance
- 26. INTEGRATIVE ASTHMA CARE AND PREVENTION
- 27. Summer 2002 Undergraduate Research Internship Program
- 28. Visit to OSI Pharmaceuticals Inc.
- 29. ECOLOGY AND EVOLUTION
- 30. Stony Brook Responds Coed Volleyball Tournament
- 31. Wellness Seminar Fit or Fat: What is your Personal Fitness Level?
- 32. Wellness Seminar: Learn how to Dance
- 33. Tai Chi Classes
- 34. Distinguished Lecture Series in Computer Science
- 35. COLDS AND FLU LECTURE
- 36. EAP Lunchtime learning Workshop (Lunch Included) Beating the Fear of Public Speaking
- 37. BIOCHEMISTRY & CELL BIOLOGY SEMINAR
- 38. Yoga Classes
- 39. Frida's Fiestas: The Wo/Men's Center's "Film, Food and Feminism" series celebrates Hispanic Heritage month with a film on Frida
- 40. Benefits Fair for State and Research Foundation Employees

1. 2nd Annual Careers In The Bioscience Industry Seminar Series - Careers in Corporate R and D.

Careers in Corporate R & D. Wednesday, November 7, 2001. 5 - 7 pm. Atkins Learning Center, HSC. Guest speaker - Bob Larson, Ph.D. Associate Director, BioPharmaceuticals. Pall Corporation. He has more than 10 years of academic research experience including Characterization of Legionnaire's Disease, oncogenic transgenics, and plasmid delivery systems and more than 13 years of experience in industrial research Dr. Larson's extensive experience in academic and corporate research will provide graduate students with a realistic insight and perspective into "corporate" bench work. Complete details on the seminar series

can be found on http://www.biotech.sunysb.edu/news.html#seminar

Submitted by: Angeline Judex

2. Timothy Mount conducts Stony Brook Symphony Orchestra, Camerata Singers and Stony Brook Chorale, November 10, 8:00 pm, Staller Center

This concert features Stravinsky's" Oedipus Rex", one of the monuments of 20th century repertoire. Written for male chorus, soloists, orchestra and narrator, it relates the tragic downfall of King Oedipus. Also on the program is a work for women's chorus," Trois petites liturgies" by Olivier Messiaen. The performance will feature Stony Brook faculty pianist, Christina Dahl, and a fascinating, eerie sounding early French electronic instrument, the "Ondes Martenot". For tickets call the Staller Center Box Office: 632-ARTS (\$16/Students & seniors: \$8). Free pre-concert lecture given by Mark Lederway at 7 pm in the Recital Hall.

http://www.sunysb.edu/music

Submitted by: Robin Pouler-Mcgrath/CAS

3. VETERANS DAY CEREMONY

Please join the Stony Brook Community in honoring our Veterans on Wednesday, November 7, 2001 at 1:00 p.m. in the Student Activities Center lobby.

This year's guest speaker will be Brigadier General Joseph F. Conlon III.

We encourage all who have served or are currently serving to wear their uniforms to be honored by all who attend.

Please RSVP to Mr. Ismael Rodriguez, Jr. or Ms. Maureen Hall at (631) 632-6700. Your immediate response is greatly appreciated.

Food and refreshments will be served.

Submitted by: Ismael Rodriguez/OSA

4. Defensive Driving Program offered for UUP employees and their immediate families.

A NYSUT sponsored Defensive Driving program is being offered on Saturday, November 10, 2001 from 10 am to 4pm in the Student Activity Center, Room 304, for all UUP employees and their immediate family members. Cost is \$25 per person. Checks should be made payable to "NYSUT Benefit Trust" and delivered to the UUP office, 104 Old Chemistry, Z=3475. Office hours are Monday thru Friday, 9 am to 3 pm. Contact Willa Smith at Ext. 26570 for more information.

5. Get in shape BEFORE the holidays! Sign up for Move for Life!

One more day to sign up for Move for Life! Move for Life is a statewide self-motivational exercise program being sponsored for SUNY Stony Brook employees by the Department of Family Medicine's Heart Links Project. Getting started is an easy 2 step process: 1) simply sign up to receive a set of exercise logs, and 2) fill out logs for 8 weeks to win a prize. Any exercise counts, including going to the gym, walking during work breaks, raking leaves or playing outside with your children. Sign-up will be held at an auxiliary table outside of the cafeteria on the 5th floor from 11:30 to 1:30 on Friday, November 2nd. Hope to see you there!

Submitted by: Lauren Gargiula/UHMC

6. Integrative Asthma Care and Prevention

The Division of Wellness and Chronic Illness will be conducting a four-part series on Integrative Asthma Care and Prevention.

This series will be available to asthma patients twelve years and older. Participants will be examined and evaluated individually in order to assess asthma severity and to determine whether their current treatment is optimal.

The group discussions will review state-of-the-art medical management, asthma triggers, prevention, and proper use of inhalers, spacers and peak flow meters and will also integrate nutrition with whole foods, the value and safety of nutritional supplements and herbs, breathing exercises, yoga, stress management, massage, self-hypnosis, meditation and guided imagery

The series will be on Wednesday, November 7th, 14th, Tuesday, November 20th and Wednesday, December 5th from 4:30-6:30 p.m. at 33 Research Way in Stony Brook Technology Park. Most insurance accepted with appropriate co-pay.

To register for these group visits, please call 631.444.9815. Registration is limited to 15 people.

Submitted by: Marion Hollinger/UHMC

7. Jewelry sale to benefit Sylvia Fund!

On Wednesday, October 24 and October 31, you'll have the opportunity to buy some unique jewelry creations in the Administration Building lobby, while helping Stony Brook students with disabilities. A percentage of the sales of specified items will be donated to the Sylvia Fund, which grants awards to students with disabilities. Notecards designed by Sylvia

Geoghegan will also be on sale.

Submitted by: George Meyer/Pres

8. "Stony Brook Baroque Players" in concert Sunday November 11, 3pm, Recital Hall, Staller Center - Free!

On Sunday, November 11 at 3pm, "Baroque Sundays at Three" features the Stony Brook Baroque Players in concert, under the direction of Arthur Haas. Enjoy a rousing program of vocal and instrumental music from the 17th and 18th century courts of Europe. Featured orchestral works include the Ouverture to Telemann's TafelMusik and the Grand Passacaille from J.B. Lully's operatic masterpiece, Armide. Performers include the pride of the Stony Brook music graduate program - over 20 strong - playing on period and modern instruments including the debut performance of our new Baroque flauto traverso. In addition all string players will be using the department's Baroque bows. This semi-annual event is not to be missed! Admission is free - donations at the door.

http://www.sunysb.edu/music

Submitted by: Robin Pouler-Mcgrath/CAS

9. Communicating with Students in your Department - Using Blackboard

Would you like an easy way to communicate with your undergraduate majors/minors or graduate students through email and on the Web?

You can have an organizational account in Blackboard to post information for (and communicate with) all undergraduate and graduate students who are your majors and/or minors.

What is Blackboard?

Blackboard is a web based course management system that provides your department with the following opportunities:

Post information for your students (regarding graduation, advising, etc) Send e-mail to all majors/minors within your department Ability to create groups by graduating class. Conduct on-line surveys IC will enroll your students into your special departmental pages.

and more!

Information sessions will be held on Tuesday, 11/6 ** Election day **, 9:30am - 10:30am in CELT (E1337, Main Library).

Register on-line at:

http://www.sinc.sunysb.edu/Ic/Classes/

Submitted by: Diana Voss/DoIT

10. TRAVELERS CAREER PATHS SERIES - Brought to you by the Career Center

TRAVELERS CAREER PATHS SERIES - Brought to you by the Career Center

The week of November 5, professionals will be visiting the campus to educate students about job opportunities in a variety of fields. The following panels will be included:

CAREER PATHS FOR PSYCHOLOGY MAJORS Monday, November 5, 2001 Alliance Room 5:00pm - 7:00pm

CAREER PATHS IN MARKETING AND ADVERTISING Tuesday, November 6, 2001 Alliance Room 5:00pm - 7:00pm

CAREER PATHS IN PUBLIC SERVICE & GOVERNMENT Wednesday, November 7, 2001 Student Activities Center, Room 311 5:00pm - 7:00pm

CAREER PATHS IN ENGINEERING Thursday, November 8, 2001 Alliance Room 5:00pm - 7:00pm

Any questions? Stop by the Career Center located on the lower level of the Melville Library at the foot of the zebrapath. www.sunysb.edu/career

http://www.sunysb.edu/career

Submitted by: Andrea Lipack/OSA

11. Open House at the School of Professional Development (SPD) - Tuesday, November 13th

The School of Professional Development (SPD) is hosting an Open House on Tuesday, November 13, 2001 from 4 -7 PM on the 3rd floor of SAC. Come learn about part-time, evening, and online graduate programs. Call 2-4SPD for further information.

http://www.stonybrook.edu/spd

Submitted by: Jennifer Young/Prov

12. Marine Sciences Research Center-Friday Seminar Speaker presents Dr. Paul DelGiorgio of University of Montreal

Friday's Weekly seminar speaker of Marine Sciences Research Center will present Dr. Paul DelGiorgio of University of Montreal. His topic is "Large-scale patterns in bacterial respiration and growth efficiency in aquatic systems." The seminar will be on November 2nd, 2001 in Endeavour Hall, room 120 at 12:30 P.M. Refreshments will be served at 12:15P.M. Please join us!

Submitted by: Patricia Corn/MSRC

13. "Dia del los Muertos - Day of the Dead"

Friday, November 2 5-7 PM LACC Conference Room SBS N-320

Come learn about this special Mexican celebration "Day of the Dead" and experience a real-life "Ofrenda" (home altar) along with delicious Mexican cuisine. An annual tradition and healthy alternative to Halloween.

http://naples.cc.sunysb.edu/CAS/lacc.nsf

Submitted by: Domenica Tafuro/CAS

14. Neurobiology Seminar: Regeneration and Recovery of Function Series 11/01/01

Speaker: Steven Goldman, M.D.

Dr. Steven Goldman, of Cornell University Medical Center, will give a seminar on Thursday, November 1st in HSC Level 2, Lecture Hall 3 at 12 Noon. Te title of his speach will be: Isolation and Induction of Adult Neural Stem Cells. Refreshments will be served at 11:45A.M. This is the third of four seminars in the Regeneration and Recovery of Function Series.

Submitted by: Kathleen Delaney/CAS

15. HOLIDAY GIFT PROGRAM

For the last 8 years, through the generosity of university employees and students, we have been able to provide holiday gifts to over 3000 children who live near or below the poverty level in Suffolk County. The hidden nature of hunger and poverty makes us less aware of its prevalence in the suburbs but hunger does exist here. Seven years ago, we established a pantry in Pt. Jefferson to help families year round as they struggle to provide nutritionally balanced meals for their families. We now provide for 600 households a month, translating into over 5000 individuals (half of whom are children under the age of 14). If you would be interested in providing either a gift of clothing or a toy to one of these children during this year's Holiday Gift program, please contact me via e-mail (mbell@notes.cc.sunysb.edu)

and I'll send you details. THANK YOU!

Submitted by: Maryann Bell/CAS

16. "Landscape with Argonauts" by Heiner Muller

Heiner Muller is one of the major forces of German drama. His writing is sarcastic, life threatening poetry that erases everything you have and directs you toward the truth. What is the truth and reason of living after human kind has destroyed itself? Using the strength of the mystical figure Medea, Muller shows us the answer. Despoiled Shore - Medeamaterial - Landscape with Argonauts is a revealing and powerful piece in a time like this when everybody is faced with the same question.

Directed by Petra Lammers, choreographed by Margarita Espada, with Hinde Liepmannsohn, Josh Adler and Dorte Junghanel, Despoiled Shore - Medeamaterial - Landscape with Argonauts is performed at the Cabaret at the Spot (Roosevelt Quad) on October 26, 27 and 28th at 8:00 p.m.

Submitted	by:	Augusta	Kuhn	/CAS

17. "Coming Over Overcoming"

A voice for those of us who have lost themselves and found themselves changed. "Coming Over Overcoming" is a storytelling performance created by foreigners from all over the world with the help of Ken Corsbie, an internationally acclaimed storytelling performer. Get a different view of the (and your) world and come to the Cabaret at the Spot (Roosevelt Quad) on November 8, 9, 10th at 8:00 p.m. It'll be different.

Submitted	bv.	Augusta	Kuhn	/CAS
DUDINITUE	$\mathcal{L}_{\mathcal{A}}$	Augusta	I\UIIII/	

18. Harlem Globetrotters To Play at Stony Brook Sports Complex

Stony Brook University presents The Magicians of Basketball, the Harlem Globetrotters in a special game appearance. The Harlem Globetrotters will play the Stony Brook Men's Basketball team on Veteran's Day November 12,2001 at 3pm. Tickets to this one time event are \$10. Tickets can be purchased over the phone by calling 632-WOLF or on the web by logging onto www.goseawolves.org.

Submitted by: Thomas Hall/CAS

19. "Spike Heels" by Theresa Rebeck

"Spike Heels" the Theatre Department's second production this semester, is a must-see! A modern day romantic comedy about relationship, written by Theresa Rebeck, the writer for such series as NYPD Blue and Law and Order. The play circles around

the lives of Andrew, Georgie, Edward and Lydia in present day Boston and deals with the complexity of their relationships; how friendship, love and sex blend in a tangled web that they weave and they alone can untangle.

Tickets can be purchased at the Staller Center Box Office at 632-PLAY at \$10 general audiences, \$8 faculty/staff, \$6 students and seniors.

November 1,2,3, 8, 9, 10 at 8 p.m. and November 4 and 11 at 2 p.m.

Submitted by: Augusta Kuhn/CAS

20. Lecture Announcement

Nancy Tomes (SUNY Stony Brook) will be giving a lecture on Thursday, November 1 at 4:00 pm in the Peace Center, Old Chemistry Building. The title of Nancy's lecture is "Selling Mrs. Consumer on Health: Gender and Health Advertisement in the 20th Century U.S." Please encourage your students to attend. Open to all faculty, staff and students.

Submitted by: Colleen Wallahora/CAS

21. Thomas F. Irvine, Jr. Symposium and Memorial Service

The Department of Mechanical Engineering/CEAS is hosting the Thomas F. Irvine, Jr. Symposium in Thermal and Fluid Sciences and Memorial Service, Saturday, November 17th, 10:00AM-7:30PM, Health Sciences Center Level 2 Lecture Hall 1. You may participate in the full day event or the memorial service which includes the reception and dinner (\$50.00 per person). For further information, please call Ann Berrios, Assistant to the Chair, at 631 632 8300.

http://me.eng.sunysb.edu

Submitted by: Ann Berrios/CEAS

22. Diversity 101 workshop- Tuesday October 30, 2001

The Office of Diversity and Affirmative Action hosts a training workshop entitled "DIVERSITY 101". This workshop is designed to increase awareness of diversity issues and is an introductory guide for supervisors in managing workforce diversity. This workshop will provide the opportunity for managers and supervisors to explore cultural values and perceptions that affect the day to day interactions with co-workers and staff; increase awareness of diversity issues and create a personal action plan.

the next session will take place on:

Tuesday October 30, 2001

Location: Student Activities Center (SAC),

Time: 10:00 am to 2:00 pm Lunch will be provided

please register by e-mail to jajohnston@notes.cc.sunysb.edu or by phone (631)632-6280.

Submitted by: Jean Johnston/Pres

23. UA Ballroom and Swing Dance Club

During the month of November, we will be starting lessons on Beginner Fox Trot (8PM) and Intermediate Cha-Cha (9PM) on Mondays and Beginner Meringue (7PM), Intermediate Swing (8PM) and Advanced Samba (9PM) on Wednesdays. We dance at the Ballroom of the Student Union Building. Fees are \$10-\$30pp. Please e-mail or call for more information.

Submitted by: Victor Poon/CEAS

24. SFS RETREAT OPENING SESSION

PLEASE JOIN US ON FRIDAY 11/2 IN THE SAC AUDITORIUM 1 - 2:30 PM KEYNOTE SPEAKER: GIANDOMENICO PICCO, PERSONAL REPRESENTATIVE OF UN SECRETARY GENERAL FOR THE UN YEAR OF DIALOGUE AMOUNG CIVILZATIONS 2001. ALL ARE WELCOME SPONSORED BY THE SFS RETREAT PLANNING COMMITTEE ANY QUESTIONS CONTACT MARCIA WIENER AT 2-6820 OR E-MAIL MWIENER@NOTES.CC.SUNYSB.EDU

Submitted by: Marcia E. Wiener

25. Long Term Health Care Insurance

The State has signed a contract with MedAmerica to provide long term health care insurance for employees, qualified family members or retirees. Employee meetings are scheduled for January 2002, with an open enrollment and payroll deduction program to begin during the following April and May. Qualified persons who wish to sign up before that time may do so by calling 1-800-919-8816, or visiting the web site at http://www.nyperl.net. Active employees who meet the eligibility requirements for health insurance can enroll without medical underwriting, and pay directly until the payroll deduction capability exists.

Submitted by: Alessandra White/Admin

26. INTEGRATIVE ASTHMA CARE AND PREVENTION

The Division of Wellness and Chronic Illness will be conducting a four-part series on Integrative Asthma Care and Prevention.

This series will be available to asthma patients twelve years and older. Participants will be examined and evaluated individually in order to assess asthma severity and to determine whether their current treatment is optimal.

The group discussions will review state-of-the-art medical management, asthma triggers, prevention, and proper use of inhalers, spacers and peak flow meters and will also integrate nutrition with whole foods, the value and safety of nutritional supplements and herbs, breathing exercises, yoga, stress management, massage, self-hypnosis, meditation and guided imagery

The series will be on Wednesday, November 7th, 14th, Tuesday, November 20th and Wednesday, December 5th from 4:30-6:30 p.m. at 33 Research Way in Stony Brook Technology Park. Most insurance accepted with appropriate co-pay.

To register for these group visits, please call 631.444.9815. Registration is limited to 15 people.

Submitted by:	Marion	Hollinger/UHMC
---------------	--------	----------------

27. Summer 2002 Undergraduate Research Internship Program

The Center for Biotechnology is accepting applications for the Summer 2002 Undergraduate Research Internship Program. Internships will be established within the local biotechnology industry. Students will spend their summers, at a company, learning laboratory techniques and contributing to specific research projects. Students interested in careers in the biotechnology industry would be optimal candidates for selection as trainees under this program. Applicants will be selected from students beginning their junior or senior year who are majoring in any biology or chemistry department. Students in other life sciences departments, with equivalent but not exact qualifications as outlined in the application quidelines, are encouraged to contact Kimberly Alden to discuss candidate eligibility. Application forms and information can be found on the Center?s website www.biotech.sunysb.edu. Deadline for application is 5 pm, November 12, 2001. For additional assistance, please contact Kimberly Alden at 631-632-8521 or at kalden@sunysb.edu.

http://www.biotech.sunysb.edu/ps intern.html

Submitted by: Angeline Judex

28. Visit to OSI Pharmaceuticals Inc.

The Center for Biotechnology is pleased to organize a visit to OSI Pharmaceuticals for Stony Brook University students. November 28, 2001. 10 am - 12:30 pm OSI is a Pharmaceutical Research and Development Organization (PRDO) that utilizes a high tech, comprehensive drug discovery and development capability to rapidly and cost effectively discover and develop novel, small

molecule drug candidates for commercialization by major pharmaceutical companies. All graduate and senior undergraduate students in the life sciences are invited to take this opportunity to visit OSI's integrated, high-tech research and development capabilities - laboratory, robotics system, compound libraries and tissue culture area. This visit is limited to 30 students only. Please register online at The Center for Biotechnology website www.biotech.sunysb.edu by November 19th to reserve your seat.

http://www.biotech.sunysb.edu/ps intern.html

Submitted by: Angeline Judex

29. ECOLOGY AND EVOLUTION

Ecology and Evolution Seminar
Wednesday, October 31, 2001, 3:30 P.M.
Earth and Space Sciences
Hanson Seminar Room
Room 123
PLEASE NOTE LOCATION OF SEMINAR

"HOW PLANETS MOVE AND POPULATIONS GROW"

Dr. Lev Ginzburg
Department of Ecology and Evolution
SUNY at Stony Brook

If you need a disability-related accommodation, please call: The Department of Ecology and Evolution at (631) 632-8600

Submitted by: Marilyn Pakarklis/CAS

30. Stony Brook Responds Coed Volleyball Tournament

All-Night Volleyball Tournament, Tuesday, November 13, 2001 @ 5:30pm. Team registration fee is \$100.00 with all proceeds going to Stony Brook Responds for victims and families of the September 11th Tragedy. Maximum of 10 players per team, at least 3 women on the court at all times. For team registration form contact Susan DiMonda, Director of Campus Recreation 632-7206 or e-mail.

http://www.recreation.sunysb.edu

Submitted by: Susan Dimonda/CAS

31. Wellness Seminar - Fit or Fat: What is your Personal Fitness Level?

Presented by Teri Tiso, Associate Professor Physical Education Department Program will give you an opportunity to evaluate your own fitness level and will assist you in designing an exercise program for yourself. Date: Tuesday, November 6, 2001 @ 5:00pm

Location: Room 304, Student Activity Center To register call 632-6850 or e-mail campusrecreation@notes.cc.sunysb.edu

http://www.recreation.sunysb.edu

Submitted by: Susan Dimonda/CAS

32. Wellness Seminar: Learn how to Dance

Dance the Night Away with the Ballroom & Swing Dance Club Thursday, November 8, 2001 @ 8:30pm in the Student Activity Center Auditorium.

Learn How to Dance! Learn Latin, Swing and much more! Free for all Faculty, staff and students. To register call 632-6850 or e-mail campusrecreation@notes.cc.sunysb.edu

http://www.recreation.sunysb.edu

Submitted by: Susan Dimonda/CAS

33. Tai Chi Classes

Tai Chi Classes being offered by the Wellness Center.

Cost:\$40.00 for 6 sessions.

Location: Sports Complex-Dance Studio

Instructor: Bob Klein

Thursday Evenings from 5:15pm-6:15pm

Beginning November 1st

Class Dates: November 1, 8, 15, 29, December 6, 14 To register contact Susan DiMonda @ 632-7206 or

sdimonda@notes.cc.sunysb.edu

http://www.recreation.sunysb.edu

Submitted by: Susan Dimonda/CAS

34. Distinguished Lecture Series in Computer Science

The Computer Science Department welcomes everyone to its 2001-2002 Distinguished Lecture Series, sponsored by Citigroup Corporate & Investment Bank.

Professor Amir Pnueli (NYU and the Weizmann Institute), winner in 1996 of the ACM Turing Award, the most prestigious prize in Computer Science, will be the first speaker.

His talk on "Taming the Infinite: Verification of Parameterized Systems" will be at 2pm on Friday, November 2, in Harriman Hall 108.

http://www.cs.sunysb.edu/website/research/lectureseries.html

Submitted by: Scott Stoller/CEAS

35. COLDS AND FLU LECTURE

The Division of Wellness and Chronic Illness is conducting a one and one-half hour lecture on Wednesday, December 12th between noon and 1:30 p.m. at their office located at 33 Research Way, East Setauket. The lecture will focus on how to prevent colds and flu this winter and how to diminish their severity.

In this single session, we will show you how to improve and support your immune system through adequate rest, nutrition, supplements and herbs. In addition, whole food supplements and herbal treatment of colds and flu will be discussed.

The cost of this single session will be \$25.00 per person payable upon registration.

For further information and to register, please call 631.444.9815.

Submitted by: Marion Hollinger/UHMC

36. EAP Lunchtime learning Workshop (Lunch Included) - Beating the Fear of Public Speaking

Since we are social animals, it is important that we are at ease with ourselves and others when opportunities arise that require speaking in front of groups. This brief workshop is designed for the novice whose job duties don't require presentation skills, but who may still be called on to speak at a club, community or organization fund-raiser, workplace, house of worship, or at their child's school. Attendees will receive 15 concrete tips for beating the fear of public speaking that can be immediately applied, are easy to remember and may lower your anxiety a notch or two.

Date: Friday, November 2, 2001, 12:00 p.m Location: Peace Center (Old Chemistry) Lunch provided. To REGISTER, please call Denise Gross in T&OD at 632-4501.

http://www.sunysb.edu/eap

Submitted by: Linda Tatem/Pres

37. BIOCHEMISTRY & CELL BIOLOGY SEMINAR

Guest Speaker: Dr. Domenico Tortorella
Harvard Medical School

Title: "Degradation of an ER Membrane Protein with a Viral

Twist"

Date: Thursday, November 1, 2001

4:00 p.m.

Location: Life Sciences Building, room 434

Host: Dr. Erwin London (2-8564)

For additional information, please call 2/8550.

Submitted by: Diane Rodriguez/CAS

38. Yoga Classes

Yoga Classes beginning on Tuesday, November 6th @ 5:30pm in the Sports Complex Dance Studio. 6 sessions for \$35.00. Instructor -Cecille Papia Classes will be held on the following Tuesday's November 6, 13, 20, 27, December 4, 11. To register call Susan DiMonda 632-7206 or e-mail sdimonda@notes.cc.sunysb.edu

http://www.recreation.sunysb.edu

Submitted by: Susan Dimonda/CAS

39. Frida's Fiestas: The Wo/Men's Center's "Film, Food and Feminism" series celebrates Hispanic Heritage month with a film on Frida

Kahlo's life and art. Please join us in viewing and discussing this fascinating woman's extraordinary life and work, while sampling recipes from her cookbook "Frida's Fiestas." Wednesday, October 31st, during Campus Life Time, (12:40 - 2pm). Wo/Men's Center Library, Student Union, Room 221. Call for more information: 2-9666.

Submitted by: Laura Kathleen Williams/OSA

40. Benefits Fair for State and Research Foundation Employees

What: Benefits Fair for State and Research Foundation Employees

When: November 7, 2001 from 10:30 AM to 3:00 PM

Where: Galleria, Level 3, Health Sciences Center

Who will be there: Retirement/Savings Program Carriers, Health Insurance Carriers, Social Security Representative, CSEA, PEF, &

UUP Unions and more.

!!!!Come visit us at the Fair to obtain free valuable information about benefits. There will be free gifts and giveaways!!!!

Submitted by: Cassandra Moore/UHMC

To submit your announcement or read the archives please go to:

To remove yourself from this distribution go to: https://adam.cc.sunysb.edu/epo.html and check the option to remove yourself from the distribution of announcements.