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Date: Monday, November 17, 2008 02:36PM
Subject: SOUTHAMPTON: "This Week at SBS," vol. 2, issue 11

This Week at Stony Brook Southampton

11/17/08-11/23/08; vol. 2, issue 11

Monday, 11/17/08

“Monday Madness!” Challenge your friends and roommates in this bowling league at Riverhead’s Wildwood Lanes. The bus leaves from Lot A at 7 p.m.. Free for SBS students, including shoe rental. For further details, contact Diane.Redo@stonybrook.edu or x2-5132.
Creative Writing Club Meeting; 6-7 p.m. in the lobby of Duke Lecture Hall. Come join the Scribes if you would like to discover your more creative side.

“Monday Night Football” Enjoy some Monday Night Football with friends on the big screen! Come watch Green Bay take on New Orleans from 8:30 p.m. until 10 p.m. in the Tree House Lounge. This event is free, so come and watch. For further details, contact Joe McGrann at x2-5071.

Tuesday, 11/18/08

Hall Council Meeting, Amagansett LL, 7:30 p.m. Discuss event planning and what is happening in the residence halls and on campus. For more information, contact Office of Residence Life at x2-5114.

Marine Biology Club, 7:45 p.m. Mattituck LL.

Badminton Tournament, 8 p.m. to 10 p.m. at Southampton Recreation Center (Gym).
Sign up your team of two in the Wellness Center.

You Got Game – game night, 8-10 p.m. in the LL Southold, hosted by RA Caroline. For more information, contact the Office of Residence Life at x2-5114.

Wednesday, 11/19/08

Yoga, 7 p.m. to 8:30 p.m., Amagansett LL. Class is only open to SBS staff and students and limited to 25 participants per class. Bring water and appropriate attire. For more information, contact Melanie, growingwings16@gmail.com.

Journalism Group Forming, 6 p.m., Café. Student Jessica Adamowicz is helping put together what will become SBS's first student newspaper. Help shape what will be the premiere issue. Contact JESSICADAMOWICZ@HOTMAIL.COM or Darren.Johnson@stonybrook.edu to get involved.

Thursday, 11/20/08

"Writing for the Birds" continues. Join others in building birdfeeders or "word-feeders" and you can feed the birds some words. Located in the Writing Center (in the Tech Center building) from 4 - 7 p.m. For more information contact stephanie.wade@stonybrook.edu.

Meet President Kenny! 7:30 p.m. in the Student Café. Question and answer session will be held where Stony Brook Southampton students can talk to the Stony Brook University President about our school and its future. Ice cream. For further information contact, Diane Redo at Diane.Redo@stonybrook.edu.

Ethnic Nights in the Café, Dinnertime.

Friday, 11/21/08

Afternoon Yoga, Enjoy some relaxation time between 2 p.m. and 3:30 p.m. Yoga will relax you mind and body. This event can hold 25 participants, bring water and wear appropriate attire. For more information contact, Melanie at growingwings16@gmail.com.

Two on Two Basketball Tournament, Think you have game? Let's see it! Come enjoy some two on two basketball located in the Student Recreation Center from 8 p.m. to 10 p.m. Sign up at the Wellness Center. For more information, contact Diane Redo x2-5132, or diane.redo@stonybrook.edu.

Did You Know??

If you suffer with **Depression**, you are not alone; more than 19 million Americans share your pain. Get the support and the tools you need to overcome or

effectively manage depression. Join the Student Counseling Center Depression Support Group, “Finding The Keys,” which meets at The Student Counseling Center, **Southold Hall, Lower Level, on Fridays at 11 a.m. – 12:30 p.m.** The group is a confidential, safe place to gain support, share feelings, and learn skills to deal with depression. Call Ginny at x2-5069 or 371-6237 for more information, or to register for the group.

From the Café: “Café Hours of Operation: Mon.-Thurs., 8 a.m. to 7 p.m.; Sat. and Sun., 11 a.m. to 7 p.m. There are no more late night hours, but a food carousel in the Student Center stocked nightly with fresh sandwiches/salads/pastas. This carousel takes coins and flex points. There is a microwave available to warm hot heroes, etc.”

Also... Any student who needs meals over the Thanksgiving holiday must sign up at the Café for which days/meals they will be picking up.

Book Buy Back will take place on December 16 at the Stony Brook Southampton Bookstore. One Day Only! 11 a.m. – 3 p.m.

Congrats... to Prof. Elizabeth Newman for recently being awarded her Ph.D. from Yale.

Season of Giving... Stony Brook Southampton students are organizing a food drive to help stock local food pantries for the needy. Canned goods may be dropped off at the Student Center with a box outside the Wellness Center.

SBS In The News

[Spy Tall Ships on the Horizon](#)

The Sag Harbor Express

To catch up on some previous SBS stories, please visit:

<http://www.stonybrook.edu/sb/southampton/news.shtml>

Contact Darren.Johnson@stonybrook.edu by Friday at 3 p.m. to include your news and events in next week’s edition of “This Week at Stony Brook Southampton.” Have a great week!

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