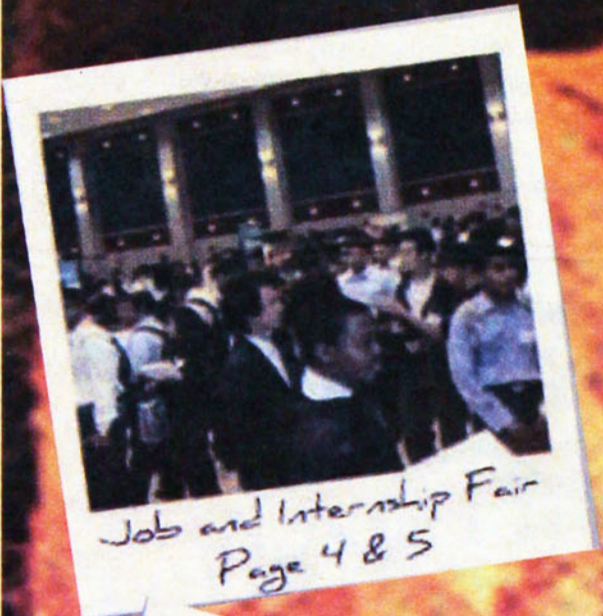
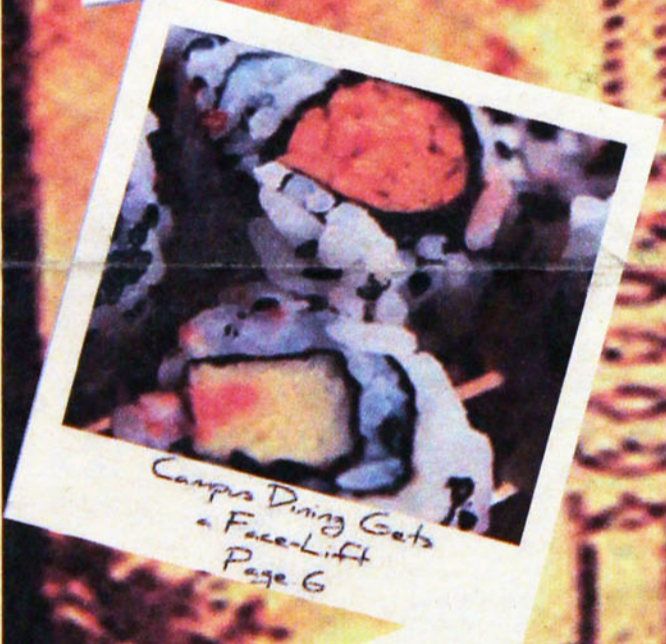


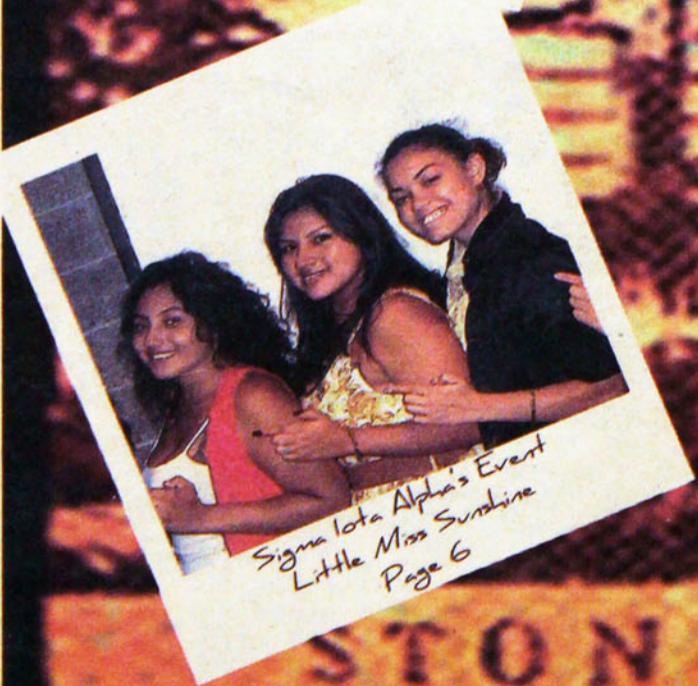
BLACK WORLD



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STONY BROOK
STATE UNIVERSITY OF NEW YORK

LETTER FROM THE EDITOR

By: Jahlecia Smith

BLACKWORLD would like to welcome all incoming students to the fall semester. We hope that you have falling into a comfortable rhythm when it comes to managing your academic and social life. Remember, study first. There will always be another "campus" event.

Before we get into the events for the fall semester, we will have to first take time out to acknowledge the prelude to our summer. The death of Michael Jackson.

Flashback June 25, 2009

I was waiting in the beauty parlor for my mom to finish getting her hair curled. In the distance the breaking news on Fox Five, "Michael Jackson was rushed to the hospital," followed by a Geico commercial. After leaving the beauty parlor we started our journey home, debating over whether we should stop for lunch. A vibrating sensation distracted me from the conversation. I looked at my phone and noticed that my little brother was calling. I answered the phone and my whole life changed.

Michael Jackson, dead at 50.

Walking through the streets of Queens, my mother with tears in her eyes said "I feel like I just lost a brother."

This will be one of the stories I will tell my grandchildren, the answer to the question "where were you when you heard that the king of pop died?" But rather than focusing on the death of a truly inspirational individual, I will rather give my answer to the question "where I was when I first fell in love with Michael."

For many people, the name

Michael Jackson is synonymous with childhood. I remember growing up and attending family get togethers. The adults would be drinking their Guinness and bobbing their heads to *Billie Jean* while all the children would race to the center of the dance floor, each broadcasting their own unique version of the moonwalk. I think everyone has someone in their family who they used to refer to as

"little Michael."

I truly believe that we will encounter someone as phenomenal as Michael Jackson once in a lifetime. He was a creative genius. Though his life has been shadowed with negative publicity and allegations of child molestation, Michael was an extraordinary entertainer. Its the greatest feeling to fall in love, and I do *Remember the time* I first fell in love with Michael.

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JOB AND INTERNSHIP FAIR**

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**OCTOBER 14, 2009
SAC BALLROOM A & B
12:00-3:00PM**

RED WATCH BAND TO THE RESCUE

By Sarah Demezier

It is exam week, and students are drinking after a hard day of studying. Matthew, an underclassman, drinks beyond his limit and passes out from an overdose of alcohol. His friends, thinking he is only temporarily passed out, proceed to draw on his face.

He doesn't wake up the next morning.

Matthew was the son of a medical doctor here at Stony Brook. Her son is now the main character in a skit for the Red Watch Band. The Red Watch Band is a collective group of Stony Brook students that are committed to changing the outlook of alcohol use and they use Matthew's situation as a role play exercise. This skit is a frightening reality for some students. "Too often, students confronting an unconscious friend become so overwhelmed with the fear of repercussions that they do not seek medical attention

needed to be redone.

At the program, campus police officer Jeffrey Watson and his partner urged the students to call the University Police if their friends show any signs of alcohol poisoning.

"At the end of the day, it isn't about you getting in trouble," Officer Watson said. "It's about saving a life."

AlcoholEdu, developed by a non-profit organization, Outside the Classroom Inc., was designed to help college students make healthy and safe decisions concerning alcohol. Parents and students who said they lacked information, such as what to do in the event of alcohol poisoning, complained. As a result, the company immediately updated the site.

"We are constantly mining the field for updated information, new best practices and the latest research results so that we can update the course and make sure that it gives students

said he is usually called to the hospital for a student who is in a coma because of alcohol poisoning and he, along with other Stony Brook faculty, needed to figure out a way to prevent this from happening.

As mentioned above, Matthew Fields, son of Dr. Suzanne Fields of Stony Brook Medical Hospital, died at Northwestern University because his peers did not realize the severity of the situation and unknowingly left him to die of alcohol poisoning. His mother, Dr. Fields, along with Milton Glaser, the artist who is famous for the icon, I ♥ NY®, President Kenny and the CPO, formulated the Red Watch Band campaign, which will launch nationally.

The designs were the ideas of Glaser. Target, which also sponsors the program, provides the red watches.

Even with the many available websites, all the efforts and initiatives

woke up in the hospital after having her stomach pumped.

"It takes courage, and those students (she hopes from Red Watch Band), did that anonymously for no glory or recognition," Driscoll said. "That was impressive."

She also added that SBVAC, a voluntary ambulance group, does an incredible job in assisting inebriated students. SBVAC members were not available for comment.

According to the group's website, redwatchband.org, members receive bystander intervention and CPR training by certified staff and student trainers. The training consists of two hours of CPR and an hour of alcohol emergency. The students go through role playing situations and learn what to do in the event of alcohol emergencies. The training always ends with the last role play, the night of Matthew Field's death.



TOXIC DRINKING: EVERY SECOND COUNTS.

for their companion," said substance abuse counselor, Ellen Driscoll, in an interview.

Driscoll said some college students who come to her don't know what to do in the event of alcohol poisoning. That is where prevention programs come in.

Last semester, Chris Santiago, a residential assistant in Dewey College, held a program on the effects of alcohol on health. RAs are required to regularly host programs on the topics, such as health and safety, which this program helped to address.

The program, named Beer Goggles, concentrated on alcohol poisoning and showed the 15 residents who attended what to do in the situation of alcohol poisoning. The police officers allowed the students to test goggles to feel the visual effects of alcohol. The students walked along a white line with their vision impaired. The exercise resulted in students stumbling and walking completely away from the line.

Santiago said he decided to hold the program because he had gone to a similar program in the past and felt it

the tools they need to make safe and healthy decisions regarding alcohol use," Lisa Shontell, a communication specialist for Outside The Classroom, said in an email.

Despite the existence of such preventive programs, the fear of getting written up or the police becoming involved discourages students from seeking medical help, according to a module on the AlcoholEdu website. Plus, their judgment may be impaired as well.

Consuming alcohol may be a popular socializing tactic, but its effects can turn a night of fun into a nightmare.

"The reality is that they are in these situations," said Lara Hunter, Director of National Red Watch Band at a press conference last month.

Excessive alcohol drinking contributes to more than 4,600 deaths among youths under 21 in the United States each year, according to the alcohol and public health department of the Center for Disease Control and Prevention. Even if students survived their alcoholic poisoning ordeal, they face the chance of irreversible brain damage.

Dean of Students, Dr. Jerold Stein,

in programs to keep college students from falling into the traps of alcohol, prevention programs are continuing to reach out to students.

Other colleges as well as high schools have adapted the Red Watch Band into their institutions of learning. SUNY Geneseo, Buffalo and Northeastern University are among the many.

At Stony Brook, the Center for Prevention and Outreach addresses students on the matter and encourages them to educate themselves on many things, including alcohol poisoning.

Students who have gone to the hospital for alcohol poisoning must go to the CPO office for substance abuse classes. Many of these students are keen to get help, according to Driscoll.

During the class, the students hear a substance education lecture and give testimonials on what brought them there.

One female student said she was drunk and her friends were walking her to her room. Passing students who realized that she was clearly in need of medical help called the police, and she

"We (the university) are hoping to recruit more members so that in the future students won't be afraid to call for help," Driscoll said.

Over 90 students graduated from the program last semester and many more are expected to graduate this fall, Hunter said.

Training Session

Dates:

Nov. 13, Nov. 16, Dec. 4, Dec

7

Sign up on the website.

<http://www.stony-brook.edu/sb/red-watchband/>

Stony Brook Career Center's

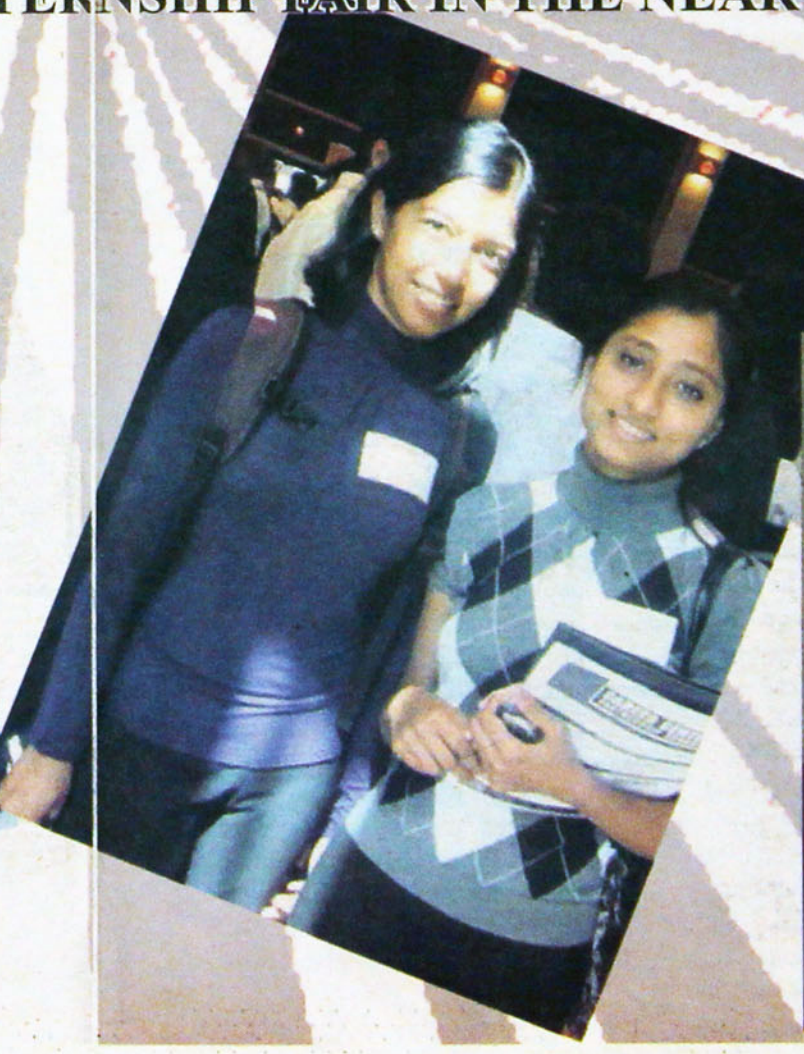
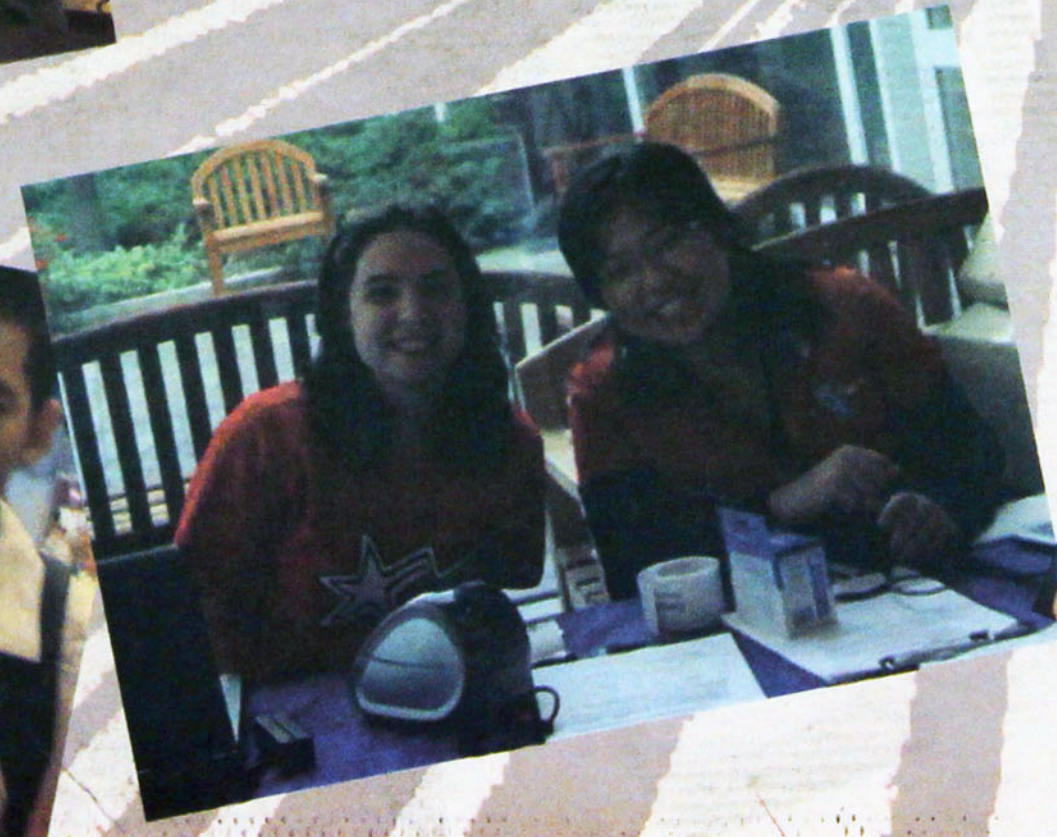
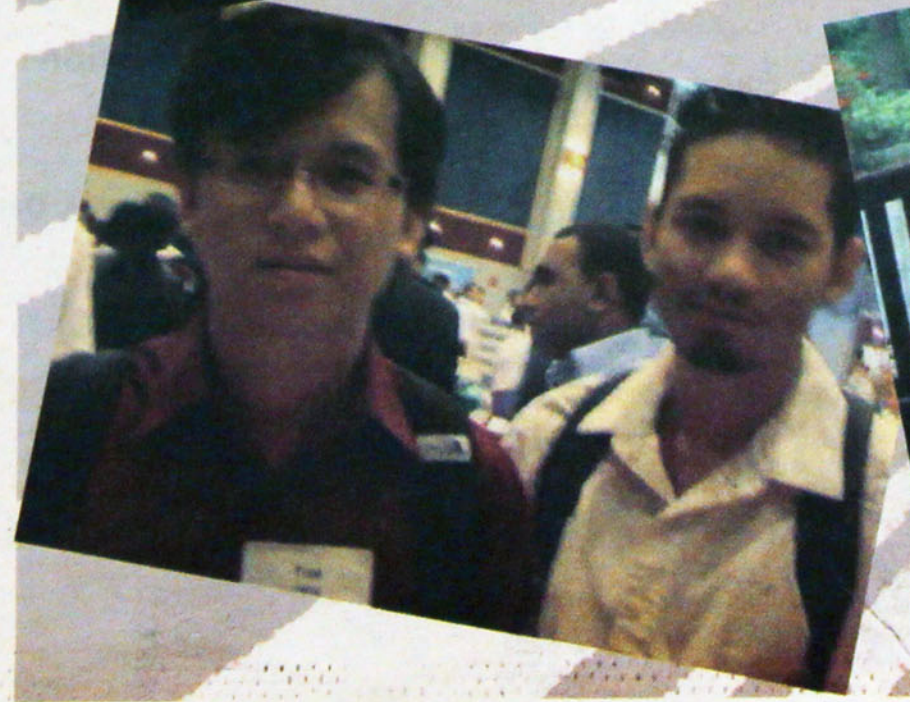
Job and Internship Fair

IT, Engineering, and Science

Stony Brook's Job Fair, held September 23rd 2009, was an experience for both students and employers. With more than 600 people attending the Job Fair, the floor of the SAC Ballroom was erupting with individuals looking for whatever these employers could offer. Many of the employers were returning alumni, ready to offer willing students a job with the company they represented. A common theme of good work ethic, outside of the classroom experience, good communication skills and having ambition were just some of the traits these employers were looking for in potential employees.

For students, the Job Fair was a chance to sharpen their skills on communication with employers while also giving them a chance to put their name and skills on a company's radar. Also, a large number of graduate students attended the event, looking for jobs. The overall feeling for students was that having this job fair was a positive experience, giving them better interviewing skills and a resource to know what a company is looking for in prospective employees. Although there were some complaints about further things the Job Fair could offer for students, such as more opportunities for international students, it can be said, with much confidence, this Job Fair was a success.

BE SURE TO ATTEND A JOB AND INTERNSHIP FAIR IN THE NEAR FUTURE!



LITTLE MISS SUNSHINE: THE PROS AND CONS OF CHILD BEAUTY PAGEANTS

By Georganne Pierre

This past week, the sisters of Sigma Iota Alpha Sorority Incorporated held a program to inform fellow students about the growing industry of child pageants. Titled little miss sunshine, the program entailed interactive discussions, facts, and even a competition on who can walk in a straight line while balancing a book on their head. A video was also shown to show us the daily routine of what a pageant contestant has to go through.

A long process of airbrushing makeup, and hair styling is enough to make any child depressed knowing that they cannot do things that a normal child would do such as playing outside or enjoying time with friends. Being a contestant in a pageant is very time consuming and later on leads to depression and anxiety as an adult. It has also been said that parents force their children into pageants to live their own dream.

Facts:

P.T. Barnum created the first pageant (One of the founders of the famous circus)

In 2003 287,250 kids entered pageants

Pageant contestants are more likely to suffer from depression.

Children enter pageants as young as 2 months old

Pageants are a \$5 billion industry

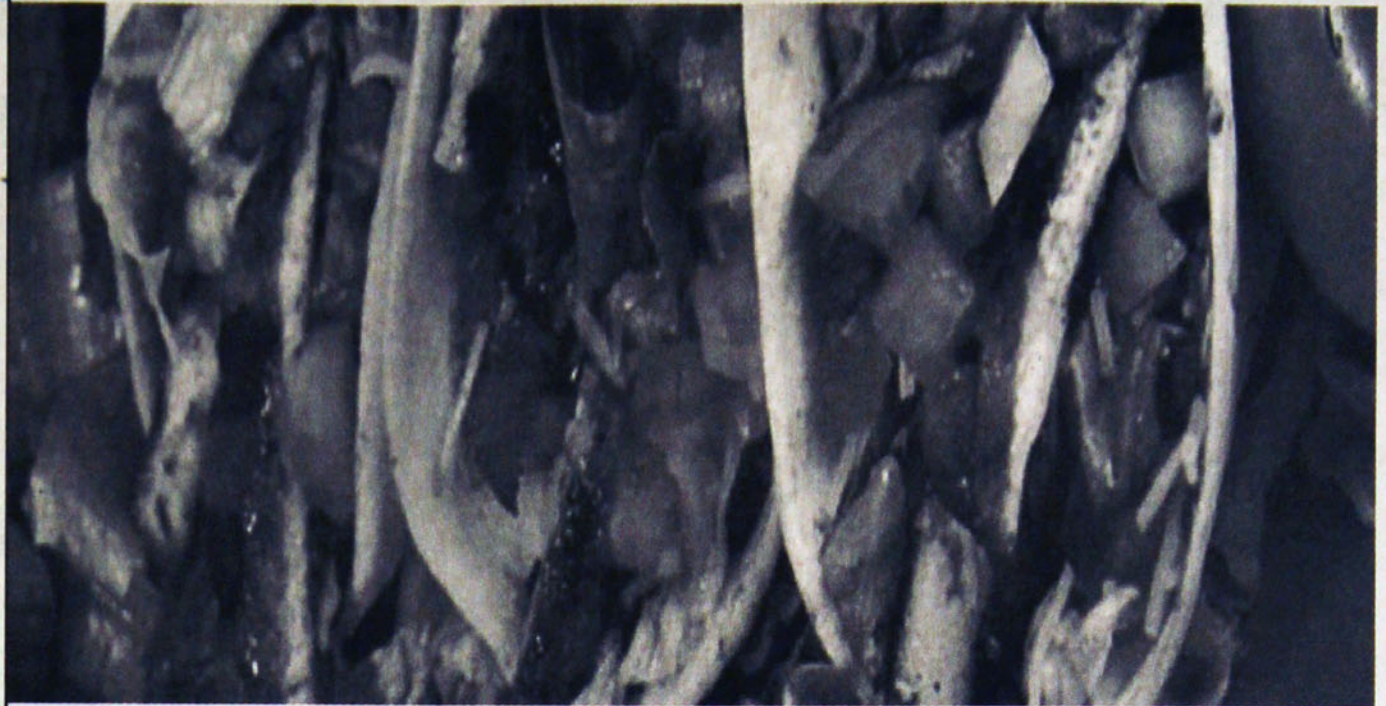
Different categories of pageants offered.

Pros:

Scholarships
People skills
Popularity
Self esteem

Cons:

No Childhood
Pressure from Parents
Health Issues Self esteem issues
Constantly Judged and Analyzed
Perpetuate stereo types of beauty



A FINER FEAST: CAMPUS DINING GETS A FACE-LIFT

By Felicia S. Fisher

At the beginning of any semester at Stony Brook University whether you're a commuter, resident, professor; or Stony Brook staff member if nothing else, all share one thing in common, we all must eat!

Campus food is an intricate part of fulfilling our appetites. For many returning back to campus, things may seem extremely new to them as they walk through the Student Activities Center dining hall, Wolfies, the H Quad dining hall and the Student Union deli – just to name a few. Well they aren't going crazy or seeing mirages--things have changed.

As of May 11th, 2009, the Faculty Student Association Board of Director contracted Lackmann Culinary Services. And what does this mean you ask? Well, for the most part it means new food, new prices and new concepts at work.

I know a lot of you may be wondering how did this happen all out of the blue but as a matter of fact, it wasn't an action initiated because of sheer spontaneity. This decision took time, research and decision making. Students had a really hands on role in choosing to whom Stony Brook University should grant the new food contract. Fourteen students comprised the Bid Evaluation Committee who all recommended Lackmann Culinary Services for the job of meeting your food needs.

It was a two year process before Lackmann was finally chosen. When it came to determining which food service to choose, the Bid Evaluation

Committee's general criteria included: marketing plans, staffing schedules, layout suggestions, additional menu offerings, calendar of events and programs, catering, stay on budget proposal, athletics concessions, management staffing, administration and life sciences carts, sanitation and safety, and environmental sustainability. The committee and FSA realized that we couldn't implement all you can eat services here on West Campus because as Customer Advocate, Dawn Villaacci, said "We do not have large enough dining areas to seat hundreds of people at a time for set meal periods." Besides that, Stony Brook is a very active campus and the all you can eat option would inconvenience many and their busy schedules. After reviewing and scoring the bidders' proposals and researching other dining styles Lackmann was the best equipped to handle West Campus' nutritional needs.

Lackmann Culinary Services was founded by Thomas F. Lackmann in the year 1966 and is an independent food provider. Lackmann prides itself on freshness so nothing you eat on campus is frozen unless it's ice cream or frozen foods of course. Lackmann's other clients include Hofstra University, Adelphi University, the New York Stock Exchange, and the Kennedy Space Center.

The dining areas have changed as well. The SAC for example now includes an expanded salad bar with nutritional information available. The salad bar has new dressings by Cindy's with no preservatives and many

have no sugar added. Oh and omelets are now being served all day probably making a lot of you omelet lovers very happy.

Believe it or not, for the most part the prices are lower and the portion sizes are more appropriate. The food seems to be well received by the Stony Brook community. Students like Sophomore Osaheni Ayanru said, "honestly, the food tastes a little better than last semester."

There are other views of the new food around campus. Junior Shineka Barnett feels that the new food "will take some time to get used to: the service, especially the breakfast pizza and the new menu at Wolfies." All in all the food can't be that bad because let's face it, no one has died because they refused to eat the new food which by the way the majority of which is made fresh right here at West Campus kitchens.

If any of you Stony Brook students are interested in becoming a part of the Bid evaluation committee, feel free to contact Dawn Villacci at dvillacci@notes or call her at 632 - 9374. The Bid evaluation committee handles food contract bids at the end of every service contract. They also taste products and change things.

On behalf of Black World newspaper, I hope you live well and eat well here at Stony Brook University. Don't be hesitant to try the food. I leave you with Lackmann's slogan "Fresh, Local, Guest Focused" and a take care.

LONG ISLAND GARDENS MAKE WAY FOR VICTORY OVER HUNGER

By Sarah Demezier

During World War I and World War II, many families planted victory gardens to support the war effort by using the produce to feed their own families—making more food available to the soldiers overseas. In March, First Lady Michelle Obama planted a victory garden on the South Lawn of the White House to promote healthy food choices and to address obesity in American society. And on Long Island, victory gardens are serving a new purpose—to feed those who are homeless and poor.

Hunger all over the country has increased and most people who are unemployed cannot afford food. According to the United States Department of Agriculture, in March more than 33 million people were on food stamps up from 1.5 million in March 2008. Since the recession began in 2007, the unemployment rate in Nassau-Suffolk has increased 57 percent compared to 7.4 percent in June 2009 from 3.7 percent in June 2007.

Hobbs Farm, the last remaining farm in Centereach located on Oxhead Road, and the last surviving African-American-family farm in Long Island, used its resources to aid the Centereach community during this economic recession.

"No child should have to go to bed hungry," Tom Lyon, director of the farm said.

Hobbs Farm, a plot of 150 by 100, owned by Bethel AME Church in Setauket, donates 80 percent of its produce to food pantries in the local and tri-state area, Lyon said.

When James Hobbs migrated from Georgia to Long Island in 1906, he purchased land and grew produce for the local neighborhood. According to the farm's history, he left ownership of the farm to his son Alfred Hobbs, who passed up many chances to sell the land because of its importance in the community. Before the son's death, he left the farm to the Bethel AME Church, but because of legal problems with the transfer of ownership the farm wasn't in use for years. The court battle went on for 10 years, and when the church won—it had to pay all the back taxes. The property was vandalized, and to restore the farm—the church needed support.

Friends of the farm and members of the church worked together in 2008 to restore the land to carry out the work of Hobbs son. Anne Pellegrino, co-director of the farm, lived right down the street for years and because she wanted to help her community—she volunteered her time to help re-

store and maintain the land. "Sometimes the Rev. Gregory Leonard of Bethel AME Church gets his hands dirty with the volunteers," Pellegrino said.

Volunteers from YAI/National Institute for People with Disabilities, ages 18-22; people from the neighborhood and many more, volunteer their time to help pick produce. Others who cannot help gather the food, donate tractors and other supplies to the farm.

The farm serves seven food pantries in New York; Lighthouse Mission in Patchogue collects about 90 pounds of zucchini alone to give to people in different towns in the Suffolk Area. The farm serves over 700 pounds of zucchini and about the same amount for every other crop grown, Pellegrino said. "There is a need out there and we need to help," Pellegrino said.

Other produces such as, celery, cabbage, broccoli, lettuce and squash are just a few of the many things grown on the farm. The farm provides free produce to the needy through networks of local food pantries and programs. The farm generates income from generous donations from the members of the church and festivals where they sell hot dogs and hamburgers. The festivals occur every year. Its next festival will be held on July 29.

On July 23, the Suffolk County Legislature approved the bill to establish the Long Island Victory Garden Task Force, which youth would volunteer their time to grow organic produce for the neighborhood. The fourth grade students at Oxhead Elementary School in Selden who have planted gardens on the farm are the only school so far to plant their own personal gardens.

In other parts of Long Island, students are planting victory gardens on their own turf. For the students at North Coleman Elementary, another school in Centereach, each grade plants a different crop: first-graders planted pole beans, second-graders planted corn, third-graders peas and marigold, Anne Conway, a teacher at Coleman, said.

Households all over the country are planting their own gardens. In total, 37 percent of all U.S. households, or an estimated 43 million households, plan to grow vegetables, fruit or herbs in 2009 compared with 31 percent, or an estimated 36 million households, in 2008. That's an increase of 7 million households, or 19 percent, from 2008

to 2009, Bruce Butterfield, National Gardening Association Research Director, said.

To volunteer at Hobbs Farm visit the website at www.hobbsfarm.info/ for more information.

"We would like to work with neighbors, schools and others to learn together how to create your own victory garden, and hopefully see many others created here on Long Island and across the country," Lyon said.

ME, YOU, AND THE FLU: WHAT YOU NEED TO KNOW THIS FLU SEASON

By Cornelia Gibson

Although the hype about the H1N1 (Swine) Flu is dying down, it is still an issue and therefore imperative that we continue keep ourselves knowledgeable so we know how to protect ourselves. Those between the ages of 5-24 has been confirmed as the age range for the most cases of developing the virus. On that note, here is a brief description of what Stony Brook University is up against:

H1N1 was originally given the name swine flu because preliminary research revealed that genes exhibited in the flu strain were alike to those found in a flu that normally circulates in pigs. Since then, they

have found that the virus not only contains two genes from flu viruses that are typically found in pigs from Europe and Asia, but also bird and human genes. Although H1N1 is highly contagious, most people who have been infected with this flu have recovered without medical treatment. It is still VERY important to go to a doctor if you have become ill. The symptoms are fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people have even reported diarrhea and vomiting. Be aware! According to www.cdc.gov, influenza season officially begins October 4, 2009.

Sometimes sharing is NOT caring. Here are some quick ways to protect yourself and others:

* Cover your nose and mouth with a tissue when you sneeze, and then throw it in the garbage. Yes, this may seem unrealistic to do all the time but the alternative would be your elbow or shoulder not your hands.

* Wash your hands often with soap and water, especially if you have been sneezing or coughing. Alcohol-based hand sanitizers are also helpful (sometimes hand sanitizers are available for free in the dorms, but they go quick). It appears that germs LOVE hands.

* Avoid touching your eyes, nose and mouth--- or anyone else's for that matter.

* Clean your living space often. Wipe down sinks, door knobs, countertops, and anything else that multiple people use.

* Stay at home if you have developed a fever or any symptoms.

All information courtesy of www.cdc.gov. Visit this site for more information and to check weekly updates on H1N1. Stony Brook University also has information available various places on www.stonybrook.edu.



WOLFSTOCK 2009

Homecoming and Reunion

Wednesday, September 30

Homecoming Kick-Off
12:00 to 3:00 pm
SAC Plaza, Rain Location,
SAC Ballrooms A & B
Free Event

Homecoming King & Queen Contest
7:30 pm
SAC Auditorium
Support your favorite candidates.
Your vote helps decide the winners.
Free Event

**Commuter Outreach Series:
Homecoming with Wolfie**
9:30 to 10:30 am
South P Lot
Free Event

Thursday, October 1

**Student Activities Board
Homecoming Comedy Show**
7:00 pm
SAC Auditorium
Tickets can be purchased at the
SAC ticket office.

Friday, October 2

**Student Activities Board's
End Zone Party**
11:00 pm to 3:00 am
SAC Ballroom A
Tickets can be purchased at the
SAC ticket office.

Saturday, October 3

MFA Alumni Art Show
9:00 am to 5:00 pm
Student Activities Center Gallery

Academic Showcases
10:00 am-11:45 am
Charles B. Wang Center
Everyone is invited to enjoy "mini-lectures" on Red Hot topics, presented by some of Stony Brook's outstanding faculty.
Free event.

Pre-game Festivities with the Spirit of Stony Brook Marching Band & "Red Zone"
2:30 pm to 3:00 pm
Follow the marchers into the stadium for the football game kick-off.

RA Alumni Breakfast
10:00 am
ITS Center, Mendelsohn Quad

Homecoming Parade
12:00 pm
Join the parade starting in the Gym Lot through Wolfie Lane then on to Wolfstock Village
Floats, DJ, cheerleaders, dance team performances, and the Spirit of Stony Brook Marching Band

Seawolves Football vs. Presbyterian College Homecoming Game
3:00 pm-6:00 pm
LaValle Stadium
Free admission for students with SB ID

Alpha Phi Alpha After Party
11:00 pm to 3:00 am
SAC Ballroom A
Tickets will be on sale at the ticket office in the Student Activities Center

Complimentary Continental Breakfast
9:30 am
Charles B. Wang Center
Rise and shine at the Wang Center with coffee, juice, pastries, and fruit, compliments of University Advancement.

Pre-Game Tailgate Party
12:00 pm-2:30 pm
Adjacent to the LaValle Stadium near the North end zone

Alpha Phi Alpha Step Show
7:00 pm
SAC Auditorium
Tickets will be on sale at the ticket office in the Student Activities Center.

GO SEAWOLVES