



Ethical Challenges To Leadership

Contributed by Megan Conroy, Graduate Student



DR. JOHN H. MARBURGER, III
SCIENCE ADVISOR TO THE
PRESIDENT OF
THE UNITED STATES

This year's 8th Annual Leadership Symposium sponsored by the Office of the Vice President for Student Affairs, the School of Social Welfare's Student-Community Development Specialization and Year of Community: Ethics in Leadership Committee was held on March 27, 2003. The topic of this year's symposium was Ethical Leadership: Challenges to Learning Communities.

Invited to discuss the topic of ethical leadership were Dr.

John H. Marburger, III, Science Advisor to the President of the United States (former Stony Brook University President of 1980-1994) and Dr. Terry Mizrahi, President of the National Association of Social Workers and professor at Hunter College School of Social Work.

The topic of ethical leadership is especially poignant due to the subjects covered recently in news media related to ethics. In a time where ethics is largely ignored in the business world and corporate scandals are commonplace, how do we effectively instill ethics in college students, the future leaders of tomorrow? How do our leaders act ethically at a time where lines are sometimes blurred?

Dr. John Marburger, III, is the current Science Advisor to the President of the United States. Prior to this position he was President of Stony Brook University ('80-'94) and was the Director of Brookhaven National Labs. During his appointment as Science Advisor to the President many ethical issues have been debated in congress, such as

cloning policies, stem cell research and the possibility of bio-terrorism. He faces these topics where there is a well-defined scientific answer, but the ethical ramifications are controversial. He spoke about the philosophical origins of ethics as well as our responsibility to learn about the perspectives of other people, especially when their beliefs and values differ from our own.

Dr. Terry Mizrahi, a prominent social worker and President of the National Association of Social Workers (NASW), presented the topic of ethics as it relates to social work and the larger arena of all those in leadership positions. Members of the NASW are governed by a code of ethics, designed to guide behavior and promote social justice. Dr. Mizrahi spoke about the challenge of working within an organization to strive for positive change both internally and externally. In these uncertain times, where our country is at war, it is important for social workers to assume leadership positions. The NASW has spoken out against the current war, even though popular public opinion supports the war. Dr. Mizrahi is continually faced with questions that call her ethical integrity into question due to the fact that as president of a prominent organization, she speaks on behalf of all members.

The Leadership Symposium was a unique opportunity to hear the views, opinions and experiences of these two influential leaders and the ethical issues that challenge them. The annual leadership Symposium is usually held in February (barring snow blizzards!) – plan to attend next years!



DR. TERRY MIZRAHI,
PRESIDENT,
NATIONAL ASSOCIATION OF
SOCIAL WORKERS (NASW)

Spotlight on a “Star Quality” Student

Christina M. Geraci, SBU ‘04

Contributed by Sr. Margaret Ann Landry, RSHM
Chaplain Catholic Campus Ministry/Interfaith Center



Christina Geraci

“You are following some of the brightest minds in the country!” is a motto on some of our Stony Brook University buses. When driving along, I see it, and think “yes” that is true. One of these students who comes to mind is Christina Geraci. Christina is a young woman of the highest

integrity. She excels in scholarship; her current GPA is 3.99. Christina also is an excellent leader and one who is also interested in outreach and service to others. She definitely epitomizes one of the “*brightest minds*”, one of our “*shining stars*” of SBU!!!

There are many outstanding students at Stony Brook University. Christina is one of these outstanding students, one of our “*best and brightest.*” She is a junior with a major in History and a minor in Political Science and one of our most enthusiastic students. She is a member of the Honors College, a member of Sigma Beta Honor Society and the Golden Key International Honour Society and the National Honor Society of Collegiate Scholars. She has been on the SBU Dean’s List all semesters and the National Dean’s List all semesters. As a freshman, she received an Honors College Scholarship. She is a member of Phi Alpha Theta, History Honor Society, Phi Alpha Delta Pre-Law Fraternity and a Hearing Board Member of the Academic Judiciary Committee. She is a member of the Student Programming Council and participates annually in the Honors College “Big Sib” Program.

While maintaining this high level of academic achievement, Christina at the same time demonstrates outstanding leadership and commitment to the University. Recently, she completed her term as President of the Golden Key International Honor Society and is on the Executive Committee of Sigma Beta Honor Society serving as the Secretary. She is Co-President of the Phi Alpha Delta Pre-Law

Fraternity, International. She is President of the Phi Theta Alpha History Honor Society.

Christina was also selected to be a Peer Minister in Catholic Campus Ministry and is very conscientious and reliable as a leader in this very important ministry. She has been very instrumental in encouraging members of both the Golden Key International Honour Society members and the Sigma Beta Honor Society members to participate in Catholic Campus Ministry’s Oxfam America awareness and fundraising activities such as the Annual Oxfam America Hunger Banquet. (Oxfam America is an *international* organization which seeks to alleviate world hunger and promotes economic and social justice.) Throughout the year, Catholic Campus Ministry sponsors several bilingual liturgies reflective of the University’s diversity and internationality. After each liturgy, cultural cuisine related to the culture being celebrated is served. These events give our students the opportunity to experience both the spiritual and *cultural* aspects of our very international community at Stony Brook University. Christina was the Co-Chair last year of our Annual Italian/American Liturgy and Dinner and this year is the Chair. She does an excellent job of coordinating this event which requires a great deal of attention to detail and interaction with the various people involved in the event.

She was selected to be a Student Ambassador for 2002 – 2003 and is an excellent one and has represented the University at several events. Student Ambassadors are specially selected students who represent the University in a variety of professional and social settings and play an integral role in public relations events with alumni, prospective students and distinguished guests. They are selected because of their good academic record, leadership and communication skills and enthusiasm for Stony Brook University. In the fall issue of *The Brook*, a publication of the SBU Alumni Relations Office, a feature article entitled: “Catch Our Rising Stars” was about our Student Ambassador Program. Christina was of our Student Ambassadors highlighted. When asked about her personal goals, she indicated: “*My dream is to be on the United States Supreme Court!*” (Personally, I believe she would be an outstanding one.) Christina is also a Commuter Student. In this article, she stated: “*Commuters can have a lot of fun on campus. I’m at Stony Brook so much, you’d think I lived here.*”

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**Staff Highlight:
Laura Valente**

The New Director of Residential Programs
Contributed by Dallas W. Bauman III



Laura Valente

It is indeed a pleasure to welcome to Campus Residences, Student Affairs and the University community, the new Director of Residential Programs, Dr. Laura Valente. Laura, who begins her tenure at Stony Brook at the end of February, worked most recently at Cabrini College in Philadelphia, where she was Vice President for Student Development and Dean of Students. She left Cabrini in May of last year to prepare for the arrival of her two sons, and fortunately for Stony Brook, was ready to return to higher education just in time to fill this important position.

Prior to Cabrini, Laura served as Dean for Student Life at Saint Peter's College in New Jersey. She also served in multiple positions at Rutgers University - Newark, ultimately as Director of Housing and Residence Life, as an Area Coordinator at the University of New Haven, and in residence life positions at Syracuse University and Binghamton University.

Laura's bachelor's degree is from Binghamton, her master's from Syracuse, and her Ed.D. in Education Administration from Rutgers University.

A native of Long Island who grew up in the Lake Ronkonkoma area, Laura is happy to be returning to an area about which she has fond memories and where members of her family still live. And we are happy to welcome her to the Student Affairs family as well. Please make it a point to extend her your best wishes as she begins this new and exciting experience.

**WELCOME
OUR NEW FACES**

Please welcome the New Faces into the Stony Brook Student Affairs family:

Campus Recreation

Allison Milano

Career Center

Joyce Gugliemo

**Residential
Administration**

Karen Lombardo

Christina Fink
Antoinette Gibbons

Sandra Brown

Ellen Ramsland

Student Health Services

Elizabeth Hoos

Christina Verni

Kulsoom Shah

Residential Operations

Andrew Litter

Robert Holliday

William Hartnett

Richard Sorrentino

Ann Jochems

Kenneth Fehling

John Douglas Cargill

Salisha Hosein Medina

Erika Seki

Vicky Davis

Ana Acosta

Robin A. Scarola

**Student Union &
Activities**

William Woodville

Joan Cioffi

Brian Mitra

Alexandra Duggan

Residential Programs

Laura Valente

Mary Anne Koepper

Susan Powers

Rosanne Howell

Jonathan Ragone

Wanda Nunez

Suzanne Hylton

Jennifer Curtis

University Counseling Center

Tricia Billard

Phyliss Curylo

Jenny Hwang

Sharon Leon

Wo/Men's Center

Kimberly Kramer-Romero



Stony Brook Student Life – Have We Turned A Corner?

Submitted by: **Kate Baier, Division of Campus Residences**

There's something going on in the Student Activities Area. According to past Stony Brook culture, student perceptions were such that our students didn't think there was much to do in terms of social activities on our campus. There may have been 15 events posted on the bulletin board in the SB Union that included a fashion show, hypnotist, lectures, Staller concert, movies, club socials, fraternity/sorority parties, exhibits, etc, but, if the PERCEPTION was that there was nothing to do, then that was the prevailing notion that took hold of the campus climate. Well, when you are trying to program to a vastly diverse group of students you start to understand that each group has their own preferences for types of programs, times when they want to program, who they want to co-sponsor programs with and so on. There is some crossover and similarity, and many subtle differences. We have 32 Fraternities and Sororities and over 240 clubs/organizations; that's a lot to handle!

We have heard over the years that there is nothing to do on campus. We always hear from students that everyone goes home on the weekends. Well, we can tell you that student life at SB has turned the corner. Student life is filled with many activities that are social, educational and culturally enlightening. The campus culture at Stony Brook is changing and it has become an exciting place to be.

You may be asking how did we get our campus culture to start changing and why? Well, there are many reasons for this. One very important reason is we have new student leaders in place who care about Stony Brook and want to make this place exciting and fun. These student leaders have started an epidemic called Tipping. What is Tipping? Malcolm Gladwell, author of "The Tipping Point" defines Tipping as spreading the word, making sure it penetrates and effectively changes the culture.

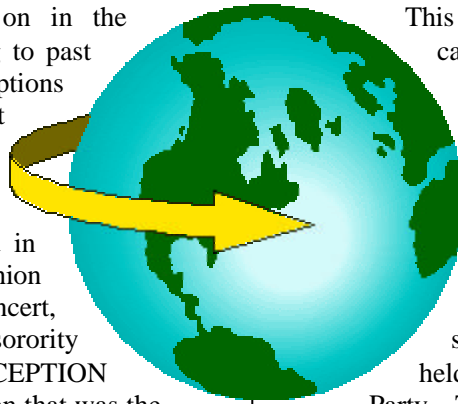
This past summer, Dr. Preston, Vice President for Student Affairs, established the Student Activity Fee Interim Planning Committee. This committee was developed in order to administer the student activity fee while Polity, the undergraduate student government, was being restructured. SAFPIC, as it is known on campus, is a group of students who we can call Tippers. They have influence over others. They work very hard to spread the message about their activities and make sure that the rest of the campus hears their message. Where they go, others will follow.

This group is getting the word out to the campus community.

Other student groups on campus are listening and making the needed changes to offer students new and exciting activities. The message from these groups is sticking because attendance at activities has risen. Activities are selling out. The amounts of activities have also increased by 63% since last year. One of the first activities held during the fall semester was the Block Party. This activity was held on a Friday night and it was a holiday weekend. One thousand students attended this event. This was an unprecedented turnout! This event really set the pace for the school year. Word was getting out and we were stirring up a "buzz factor." The word was out that if you weren't there, you were really missing something. Students have wanted to become more engaged in the planning and suggesting of events, because if you're there at the onset, you might miss out or risk being sold out.

We have seen many parties sponsored by the Caribbean Students Organization, Student Activity Fee Planning Interim Committee, Asian Student Alliance, etc. sell out on the weekends. These activities have had between 650 to 1000 students. So, why are more students coming out to activities on campus? We are experiencing The Law of the Few on this campus. According to Gladwell, The law of the Few states that through social connections, energy, enthusiasm and force of personality, these people can spread the word and start the tipping process in motion. Malcolm Gladwell describes 3 different kinds of people who are separate from the rest. They are Connectors, Mavens and Salesmen. Connectors fixate on something and communicate that fixation to their acquaintances; it produces what we usually refer to as word of mouth. The other type of person is a Maven. Mavens are information specialist. People rely on Mavens to connect us to the information. The final group of people are the Salesmen. Gladwell states that the salesmen have the ability, through a powerful or persuasive personality to draw people in. Stony Brook has many people on who fit into these categories. We have plenty of students, faculty and staff who can spread the message about a particular activity. We know who to go to on campus because they have the reputation as the person with the resources and knowledge as well as the information. We also have people who we can definitely identify as the salesmen

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Division of Campus Residences Initiatives to Assist Students At Risk

Submitted by: Kate Baier, Division of Campus Residences

As higher education struggled to reform itself through the 1990s, one theme continued to emerge as the imperative purpose of colleges and universities. These academies had evolved into institutes of instruction; a one-side venture based on the imparting of knowledge. A new paradigm of higher education was created; institutes of instruction returned to the ideals of institutes of learning. Higher education sought to move beyond instruction to environments that encouraged students to learn and make meaning of the information presented and discussed in their classrooms (Andres, 1999). With this shift in higher education came also a shift for student affairs practitioners. While only the professors (or instructors) could be involved with the instruction of the student population, all constituencies of the university community could be involved in student learning (Andres, 1999). Members of the student affairs profession established vision and purpose in the research and publication of documents such as *The Student Learning Imperative* (ACPA, 1994).

While many institutions rise to the challenge of providing "seamless learning" by creating environments in which the residential setting encourages students to make meaning of their classroom learning, the Division of Campus Residences at Stony Brook University has engaged in several endeavors which supplement the academic offerings. The Residential Tutoring Center, Contracts for Success, and Academic Success Day at Stony Brook (Conference for Success) are collaborative ventures involving student affairs practitioners and members of the academic affairs community. These enterprises provide an on-going and programmatic response to students of various achievement and are diverse in their approach. They partner genuine one-on-one interaction, identification of causes of difficulty, study skills instruction, and academic advising. Benefiting from one-on-one interaction, traditional programming, faculty involvement, and

specialized advising, students have improved their academic performance, persistence, and satisfaction of their learning environment.

Contracts for Success are a guided conversation between the residence hall director and the first-year student. The goals of this process are to establish the residence

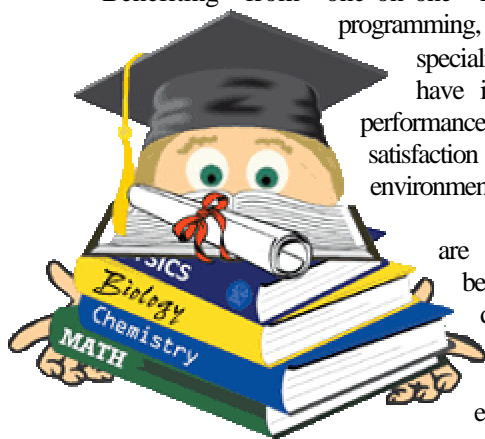
hall director as a potential source of academic support, to encourage the student to examine their decision to attend Stony Brook University and set appropriate academic goals, and to allow the residence hall director to perpetuate a culture of academic success. The meetings have proven effective in more closely linking the student to the hall and academic community and allowing the residence hall director to identify potentially at-risk students.

The Residential Tutoring Centers are in their second year of existence. Housed in James College, Stimson College, and Toscanini College, the centers provide academic support services in close proximity to students. In addition, evening hours cater to the late night study habits of college students. Employed tutors are students who have achieved academic excellence in the subjects for which they are hired to tutor. During the Fall 2002 semester, 159 students utilized the Residential Tutoring Centers a total of 281 times. The purpose of 29% of the visits was to prepare for a quiz, test, or exam. Students reported that 15% of the visits were to review homework. Finally, 23% of the visits were use to received general help or review.

Academic Success Day at Stony Brook/Conference for Success is a collaborative effort between the Division of Campus Residences and the Academic Advising Center. All first-year students who earn below a 2.0 are invited to a day-long workshop before the beginning of spring semester classes. The workshop features: a keynote address, a faculty panel, student skills sessions, and small-group academic advising. In the Spring of 2003, a second track was added for juniors and seniors who had a cumulative grade point average below 2.25. The workshop is designed to help student acquire skills to achieve academic success, assist students in identifying sources of academic support, and prepare students to begin an academic-focused semester. Examination of the grade point averages of Spring 2001 participants indicates that students who attended the day-long workshop earned a mean grade point average increase of 0.56. Students who registered for the event, but did not attend earned a mean grade point average increase of 0.36. The difference between these two groups (attenders and non-attenders) is statistically significant.

As involved members in the learning process, student affairs practitioners must also establish methods of

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UNIVERSITY COUNSELING CENTER

**PROGRAM WINS THE LICSPA CREATIVE PROGRAM
OF THE YEAR AWARD!**



Drs. JoAnn Rosen, Assistant Director for Outreach and Consultation and Cheryl Kurash, Senior Counselor at the University Counseling Center have developed and implemented one of the most powerful outreach programs the UCC has ever produced. Drs. Rosen and Kurash were awarded LICSPA's Creative Program of the Year Award for their program:

“Mindful Awareness and Diversity Training for Effective Conflict Resolution.”

This program uses the principles of mindfulness meditation to help students and staff members to increase awareness of their own thoughts and feelings and to enhance their effectiveness in responding to conflict among diverse students. JoAnn and Cheryl (with the active participation of Christina V. Law, Karina Kim and Gerald Shephard) provided one-day programs for the professional staff of Campus Residences and separately for approximately 75 new Residence Hall Assistants (student staff RAs).

The foundation of the program is the practice of Mindfulness Meditation. Without such a discipline well-intended efforts to communicate and to achieve understanding of diversity can be undermined by habitual behavior patterns and unconscious thoughts and feelings. Meditation promotes self-awareness and the recognition of judgments and biases, thereby enhancing observation of inner experience and communication with others of different backgrounds. The specific objectives of the program were to:

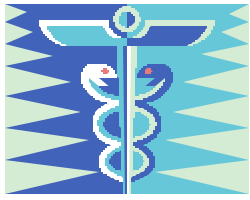
1. Promote self-awareness and recognition of judgments
2. Enhance communication skills with others of different backgrounds
3. Assist in creating meaningful, mindful dialogue among people with diverse backgrounds, especially in situations of conflict.

Instruction and practice in self-acceptance and compassionate observation helped participants to create meaningful conversation. Empathic listening, respectful speech and tolerance for the “unaccepted” parts of one self and others were an important part of the learning of mindful meditation and communication. Everyone learned that staying in empathic connection with your self helps you to maintain genuine empathy and regard for another, especially another who is different from you.

Participants reported that they experienced a truly significant personal impact and a positive result in interactions among staff and students. Gina Vanacore thanked JoAnn, Cheryl, Christina, Karina and Gerry, stating that “the outcomes of the training directly enhanced the level of civil communication among the students and staff.”

In addition to follow-up meetings with the R.A.s and CR professional staff, JoAnn and Cheryl provided an introductory version of the program for the 6th Annual Stony Brook RA Conference on March 8th this year. That program was called “The Whole Resident Assistant” and was based on the premise that self-acceptance comes before acceptance and understanding of others.

The LICSPA Award for Creative Program of the Year will remain at the University Counseling Center for one year, until the next winning program is identified. JoAnn and Cheryl welcome questions from Student Affairs staff members about Mindfulness Meditation. There have been six meditation groups at the University Counseling Center during the 2002-03 academic year. One helps students to use meditation techniques to reduce academic anxiety, another planned for next year will focus on meditation for depression. Please call JoAnn or Cheryl at 632-6720 if you would like more information.



Student Health Service Achieves National Recognition

The Student Health Service has achieved accreditation by the Accreditation Association for Ambulatory Health Care (AAAHC), according to Dr. Rachel Bergeson.

Status as an accredited organization means that Student Health Services has passed a series of rigorous and nationally recognized standards for the provision of quality health care, set by the AAAHC. Over 1,300 ambulatory health care organizations across the United States are accredited by the AAAHC.

Ambulatory health care organizations seeking accreditation by AAAHC undergo an extensive on-site, peer-based survey of its facilities and services. Not all ambulatory health care organizations seek accreditation; not all undergoing the on-site survey are granted accreditation.

Division of Campus Residences Initiatives to Assist Students At Risk (Continuation from pg 5)

assisting students in academic difficulty. Often times the warmth and genuine concern of the student affairs practitioner encourages the student to discuss their areas of concern and the practitioner serves as a guide for the student to identify resources and possible venues of assistance. However, warmth and genuine concern must be partnered with an identification of the causes of academic problems and specific strategies for developing cognitive and study skills (Hirsch, 2001.) In addition, “good advising may be the single most underestimated characteristic of a successful college experience” (Light, 2001).

Andres, R.E, & Schuh, J.H. (1999). The student affairs landscape: Focus on learning. In E. J. Whit (Ed.) Student learning as student affairs work [Monograph]. NASPA Monograph Series, 23, 1-10.

Hirsch, G. (2001). Helping students succeed in college: A model for effective intervention. Ann Arbor, MI: Sheridan Books.

Light, R.J. (2001). Making the most of college: students speak their mind. Cambridge, MA: Harvard University Press



U.S. Tennis Open
Maryann Walsh, Colleen Scholl, Ellen Driscoll

Stony Brook Student Life – Have We Turned A Corner (Continuation from pg 4)

on campus. These individuals have the personality that draws people in and attracts people to various activities on campus. So, we are looking for lots of strong leaders who are willing to make a difference. Stony Brook needs to keep this momentum moving. Encourage students to attend events and try to keep yourself informed about what’s happening on campus, particularly on weekends, as that is the most persistent myth. As you can see there has been a dramatic change in student life. These are exciting times at Stony Brook. Students are not only planning activities and attending them, but “buzz” abounds – people are talking. Yes, we have turned a corner. The culture is changing and it is an exciting place to be. Join the fun and we’ll see you at our next event!

Advocate Contributors:

Suzanne Velázquez (Editor), Vincent Louie, Ismael Rodriguez, Megan Conroy, Alexandra Duggan, Maripat Quinn, Kate Baier, Marianna Savoca, Elena Polenova, Sr. Margaret Landry, Rosemary Effiom, Allison Milano, Dallas W. Bauman III

Did You Hear The News About SBU Students?



Bradley S. Jerson received an Honorable Mention in the February 13th, 2003 issue of USA TODAY's All-USA College Academic Team Program. The committee considers almost 500 nominees from four-year colleges nationwide and select only 20 students each for the First, Second and Third Teams, and 23 Honorable Mentions.

Brad was recognized for his work with an organization he founded in 1998 at Bethpage High School called **SPEC** (Students Putting an End to Cancer). Brad has worked tirelessly to set up new SPEC chapters in high schools and colleges throughout Long Island. The Stony Brook chapter has created a website which serves as an on-line nationwide support group. In addition, it has promoted such programs as a Toxic Tour in Suffolk County, a Smoking Cessation Program, and a Children's Cancer Awareness program. Currently they are working to establish a cancer awareness outreach program for minority communities on Long Island. SPEC's goal is to improve the quality of life of cancer patients and support their family and friends. SPEC has been recognized by New York State Senators Schumer and Clinton, Governor Pataki, former New York City Mayor Rudolph Giuliani, American Cancer Society, Cancer Care of Long Island, Cancer Center for Kids at Winthrop University Hospital, and the Alliance for Lung Cancer Advocacy, Support, and Education. Moreover, Brad is an excellent student, a member of our prestigious Honors College and a Student Ambassador.

The Regional College Bowl Tournament was held during mid February at New Jersey Institute of Technology, Newark, NJ. There were seven teams sponsored into the event – Rutgers-Camden, Rutgers -Newark, University of Delaware, Columbia, Villanova, Essex County Community College, & Stony Brook University. Aside from last year's fifth place ranking, Stony Brook University was placed fourth and made it into the play-off this year. Congratulations to the students! It was a great competition and they did a great job. If you know any of these students please congratulate them on a job well done.

Rich Atkinson(Junior); **Jonathan Reinstein**(Freshman); Junior - **Akash Patel**; **Adam Zimmerman**(Junior); **John Feminella**(Freshman)

Spotlight on a “Star Quality” Student (*Continue*)

Currently she is the student Co-Chair of Stony Brook University Year of Community Committee:

Ethics in Leadership. Three major events, Christina is taking leadership in organizing for the committee and in conjunction with the Dean of Students, Dean Jerrold Stein, and the Director of Student Union and Activities, Alexandra Duggan, are two student roundtables: *one on academic dishonesty and one on ethics in the media.* The third major event is the sponsorship of two well known TV religious leaders, (known as the *God Squad*), Monsignor Thomas Hartman and Rabbi Mark Gellman, who will address the issue of ethics in society, business and politics. This event will take place on Diversity Day, April 30th.

Christina was awarded the Commuter Student Alumni Association Award for academic excellence and leadership (Spring 2002) and also received an Undergraduate Recognition Award for Expanded Learning. (April 2002).

Rosemary Effiom, Director, National Fellowships and Special Projects, Office of Undergraduate Academic Affairs and Honorary Member of the Golden Key International Honour Society, thinks very highly of Christina and has the following to say about her: *“I truly believe Christina is a student of high intellectual ability. Moreover she is super confident and undertakes major*

responsibilities in many campus programs and honor societies. Christina is well respected in the university community, and her colleagues look up to her for leadership and direction.”

When asked what she likes most about Stony Brook, Christina indicated: *“Throughout my years at Stony Brook, I have had the remarkable opportunity to immerse myself in a wide variety of activities – from challenging academic endeavors such as simulating WW II in a history seminar to planning campus activities such as Catholic Campus Ministry’s Annual Italian-American Mass. What is so great about Stony Brook is that there are virtually endless opportunities for every student to get involved and help to foster a sense of ‘campus community’ by working with a diverse array of students, faculty and administrators. Stony Brook truly offers something for everyone!”*

Christina demonstrates in all areas of her life a strong commitment to “quality” values and academic excellence. I am confident that she will continue her strong commitment in these areas in the future. She is an outstanding Stony Brook student and I am confident will be an outstanding SBU graduate! She is definitely one of our “*brightest minds*”, one of our “*shining and rising stars*” !!!!!

STAFF DEVELOPMENT CONFERENCE



Submitted by: *Kate Baier, Division of Campus Residences*

On Tuesday, February 13, Student Affairs staff members gathered in the Student Activities Center for the biennial Staff Development Conference. Nearly 120 people attended the event which was organized by an ad hoc sub-committee of the Student Affairs Staff Development Committee. Members of the planning committee are Rick Gutenmann, Kate Baier, Linda Eastman, Judy Jaquez, and Henry Joseph.

The theme of the event was "Service." In their remarks, Dr. Fred Preston and Dr. Peter Baigent spoke of our need to be ever diligent in providing quality service and care to our student population. The keynote speaker, Al Lucia, presented a musical and interactive address. Then, participants attended three interest sessions which focused on a myriad of topics including: conflict management, communication skills, dealing with difficult people, stress management, and using technology to serve students.

For first time, a web application process was used to register staff members for the conference. Most individuals chose this option, which made registering for the event and selecting the interest sessions an easy process.

The following individuals presented an interest session: **Christina Law**, The Office of Diversity and Affirmative Action; **Judi Segall**, University Ombuds Person; **Kate Baier**, Division of Campus Residences; **Jean Peden**, Division of Campus Residences; **Gerald Shepard**, University Counseling Center; **Sharron Leon**, University Counseling Center; **Rick Gutenmann**, Division of Campus Residences; **Donna Molloy**, Disability Support Services; **Stephanie Patterson**, Disability Support Services; **Liz Sullivan**, Division of Campus Residences; **Stacey Miller**, Division of Campus Residences; **Jennifer Curtis**, Division of Campus Residences; **Allison Milano**, Campus Recreation; and, **David Scarzella**, Division of Campus Residences.

HEALTHY HEART MONTH

To highlight Healthy Heart Month, the Wellness Center staff is offering Free Blood Pressure Screenings 3 x week during the month of February. We will be offering this service on scheduled afternoons and evenings, so stop by for a free screening. In addition, we have ongoing equipment training sessions to optimize the use of the vast equipment such as treadmills, elliptical trainers, fitness bikes and row machines, strength training equipment, and free weights. The variety of aerobics classes offered is popular among students and staff. Depending on what suits you, you can relax with Cecile in her Yoga class or let Allison drill you in Boot Camp! Whether you choose to get fit during lunch or after work, keep in mind that we have classes scheduled throughout the day/evening.

Informative workshops are also presented through the Wellness Center. This coming month, we have three workshops scheduled. How an individual views themselves is a key component to feeling healthy. Come explore your ideas about Body Image. This workshop will draw attention to issues such as the importance of having a positive body image, how body image develops, and the psychological and physical aspects of body image. Next, we have an information session on Supplementation- What You Need to Know about Supplementation! It will be an educational session to disbar some preexisting common yet false beliefs. For example, topics such as the nutritional contents of popular drinks and energy bars will be discussed to provide evidence against the benefits they sometimes claim. We also have a Lunch & Learn presented by Campus Dining Services scheduled for the month of February. This workshop is designed to teach nutritional cooking techniques where each person will go home with healthy heart cooking recipes. Participants must register for this workshop via e-mail through allison.milano@sunyusb.edu. Lastly, in the month of April the Wellness Center and Campus Police will be teaming up to offer a Self Defense Program. This program will gear students up to become aware of there surrounds and to handle emergency situations. All of the workshops are designed to be interactive and participants are encouraged to ask questions and facilitate discussions.



The richly colored sculpture you see on the left is one of six unique wolf statues hand painted by students, staff, and faculty members. Each wolf symbolizes spirit and pride in the Stony Brook Community. As a proud owner of this magnificent piece of artwork and teamwork, Student Affairs is willing to share this with the campus community. Feel free to use our wolf in your future events to help emphasize Stony Brook spirit. If you are interested please call 632-6700 for further details.

EXTRA EXTRA

STUDENT HEALTH SERVICE

Welcome to Student Health Service:

Kulsoon Shah, M.D.

Joan Cioffi, keyboard specialist

Elizabeth Hoos, staff assistant

Retired:

Rosemary Conlon December 2002

Wedding:

Daughter of Mary & Bill Leverich

Jean-Marie Leverich and Dana Houle

In Ann Arbor, Michigan on April 26, 2003

Joan Cioffi, birth of granddaughter:

Holly Nicole February 4, 2003

Marie Oquendi Miller, 5th grandchild:

Vince Amadeo Santiago August 2, 2002

Grandchildren:

Maryann Walsh, birth of 3 Grandson's:

Liam January 15, 2002

Jack August 23, 2002

Robert August 23, 2002

Doreen Fiore, grandmother for the first time:

Matthew Edward Kennedy May 23, 2002

Recertification:

Maryann Walsh & Sharon Schultz for 5 years in College Health Nursing

New Certification:

Maureen Pavone as a CPR Instructor October 2002

TEAM TRIVIA CHALLENGE

Team Trivia Challenge

Team Trivia Challenge was one of the many event featured in the 2003 Chillfest. This event was played in a similar fashion such as the television game show Jeopardy. The event encouraged teams to constructed in a mixed style. This meant a team could be a combination of students, faculties, and/or staff.

This years Team Trivia Challenge first prize winner was **James College**. Not too far behind was team in second place, made up of Suzanne Sullivan(Commuter Student Services), Missy Kenny(Office of Diversity and Affirmative Action), and Students. The Fall Team Trivia Challenge event will be held on Wednesday, September 24th, 2003.



Shown in the photo from left to right:

Standing: Suzanne Sullivan, Commuter Student Services

Jerry Stein, Dean of Students and a tournament moderator

Seated: Shemaine Bakir, resident student, member of Service Learning LLC and LCR 201 student

Meghan Lenahan, commuter student

Missy Kenny, Diversity & Affirmative Action and LCR 201 Instructor

Tom McDonough, resident student, member of Service Learning LLC

CAREER CENTER

The Career Center was featured in Long Island Business News' coverage of SBU's "Professional Etiquette and Fashion Event" held on February 19th. The subject was about how to prepare students when they enter into professional life. Excerpted from the LIBN 2/28-3/6 edition (www.libn.com).

"They gathered in groups of six or so at the University Club, mixed in between business and university leaders, negotiating which bread plate to use, what to do with the used butter wrapper and how to handle a cherry tomato without spraying dining companions.

Just in case they didn't know, Alfreda James, the internship programs manager at the university's career center and the evening's moderator, had the answer.

"If you're cutting food and it explodes, say excuse me," James said. Should your neighbor get hit by a flying tomato, "offer to get the person a napkin and let the waiter know there was a slight disaster."

Along with your apologies, offer to pay the dry-cleaning bill, Marianna Savoca, the career center's director, suggested to the students at her table.

Also on hand was Jane Lane - a former editor of WWD, W and Long Island Woman who coordinated the fashion side of the event, and Dennis Pages, store manager of Brooks Brothers at Walt Whitman Mall."

Corporate sponsors of the event also included Symbol Technologies, Northrup Grumman, Enterprise Rent-A-Car, Brooks Brothers, H&M, and Swezeys.

CAREER CENTER: IMPORTANT DATES

March 12 – University Job & Internship Fair

Featuring over 100 different organizations

At the Sports Complex

April 23 – Summer Job Expo at the SAC

May 1 – This is the first ever Health Care Job Fair. It will be held at HSC

Week of April 7 – Career Week from 5-7 pm in the SAC

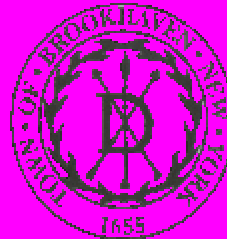
Monday is for Business Majors

Tuesday is for Careers in Education

Wednesday is for Health Care Careers

Thursday is for Sociology Majors

CAMPUS RECREATION



The Town of Brookhaven Office of Women's Services recognized **Susan DiMonda** for her endeavors in sports at the 17th Annual Women's Recognition Night of March 2003.