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SBU Professors Lecture on Pain Management

By GENE TULMAN
Statesman Editor

Stony Brook University School of Medicine presented the second in a series of seven Mini Medical School lectures entitled "Pain and Suffering: Is Relief in Sight?" on the second floor of the Health Science Center (HSC) on Wednesday. Paul Willoughby, M.D., Assistant Professor of Anesthesiology, and James Weisberg, Ph.D., Associate Professor of Psychiatry, both from the SBU School of Medicine, lectured on acute and chronic pain management, respectively.

Peter Glass, M.D., Chairman of the Department of Anesthesiology at SBU Hospital, voiced a brief comment about pain management at the national as well as international arenas. He mentioned that the World Health Organization (WHO) has recognized pain as a major global medical issue.

"Not only is pain a world health issue, it is also a local issue," Glass said.

After noting the importance of pain management in contemporary medicine and the University Hospital's



Statesman/Gene Tulman

Professors Paul Willoughby (left) and James Weisberg (right), both of the SBU School of Medicine, lectured on acute and chronic pain management, respectively.

current state of meeting pain alleviating needs of the Stony Brook community, Glass introduced Willoughby, the first speaker of the presentation.

"[The Mini Medical School lecture series] enables the community to learn more about our medical school and the practices that happen at the university hospital," Willoughby said. "It also acts as a

way to communicate the services that are available and educate the [members of the] public so that they are better consumers in the healthcare market."

After defining pain as "an unpleasant sensory and emotional experience," Willoughby went on to describe the main goals of acute pain management in terms of normalcy, pain relief and

improvement of function.

Willoughby focused his lecture on Multimodal Pain Therapy and Patient Controlled Anesthesia (PCA).

He explained that the multimodal model may include such drugs as NSAIDs and COX2 inhibitors as well as non-drug related components such as psychosocial coping mechanisms.

Willoughby suggested that an individual's perception of pain is a subjective phenomenon.

"It is difficult to predict necessary [pain medication] dosage," Willoughby said.

According to Willoughby, PCA machines provide the most efficient means of managing pain, maximizing patients' comfort levels.

After concluding his portion of the presentation, Willoughby introduced Weisberg, the second speaker of the lecture.

Weisberg started out his segment of the presentation by noting a significant distinction between acute and chronic pain. He explained that acute pain is often characterized as

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Hospital Celebrates Nurse-Midwifery Week

By DON FRIER
Statesman Contributor

Recently, with the introduction of midwifery into hospitals and the education of midwives themselves, the practice has become more prominent than in the past. A little-known fact about midwifery is that it fell out of use not due to its health risk, but more as a means to solidify the country during and after WWI.

In three decades, laws and public campaigns were used to restrict and discredit it.

Over the past week, the Stony Brook University Hospital held a "Nurse-Midwifery Week", a public awareness event. The response was "simply overwhelming," according to one midwife.

The open house on the Oct. 8 pulled in a crowd of a few dozen people. Some in attendance had no

prior knowledge of what a midwife is and does, and others had experienced midwifery firsthand.

Information was available through videos, booths, and open discussion about both women's care and midwifery. In addition, a raffle was held in which a woman's and a baby's basket were given to the lucky winners. Recently, the midwifery program reached its 2,000th birth, which is considered a great achievement and source of pride by the nurse midwife staff.

"The goal of midwifery care is to listen to women and to be with them, Midwife means 'with women'," midwife Marie Frey said.

The school for nurse-midwives at the University Hospital was started in 1995 as a "distance-learning" program, an online program offering instruction in the care of pregnant women. Three of

the five midwives now practicing at the hospital are graduates of that class.

There are midwives who do perform home births, but the practitioners at Stony Brook do not. They said that they believe a hospital is a safer atmosphere for the patient.

Years ago, midwives were usually uneducated women who relied on traditional social practices to perform their duties. Today, however, most midwives have at least college educations, and many have masters degrees to supplement their skills.

Regardless of their level of education, midwives working in the hospital at Stony Brook will only aid in childbirth with a physician present, in case of any sort of complication.

The practice of midwifery yields fewer interventions and has better

outcomes for the mother and child than an M.D. working unassisted, Frey said. Midwives are also generally paid less than the M.D.s they work with. Despite that, midwives said they take their responsibilities very seriously, and feel it is an honor to perform the duty.

"We pride ourselves on patient satisfaction," Frey said.

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Mini Medical School Talk on Pain Management

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being prevalent for less than six months in any given patient. On the other hand, chronic pain usually lingers, sometimes for more than six months.

"There are differences between chronic

and acute pain," Weisberg said.

He pointed out that some 75 to 80 million Americans currently experience chronic pain. Thus, according to Weisberg, chronic pain is a significant issue in contemporary healthcare that must be addressed.

"We are not doing a good job in this country of managing pain," Weisberg said. "What patients need is multimodal therapy, which is a combination of medication and non-medication pain therapies."

Weisberg emphasized that even

though perception of pain is a subjective experience, pain, in itself, is a significant problem for millions of medical patients in the United States as well as in the rest of the world.

He proceeded to express how pain management is often ignored by the members of the healthcare community, noting that most patients have nothing to gain from their cries of pain. Weisberg listed some psychological side-effects of poor pain management, including depression, anxiety and various personality disorders.

"There is not much incentive to appear to be sick, despite some people's impression that there is," Weisberg said.

He went on to stress the relevance of viewing pain management from a biopsychosocial perspective, a model considering patients' biological, psychological and social pain experiences.

"Pain management is not a privilege, it's a right," Weisberg said.



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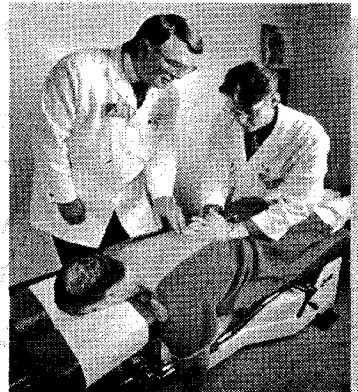
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Grandson of Gandhi to Give Talk at SAC

BY TED LAI
Statesman Staff

Every year, the President's office sponsors the President's Lecture Series Celebrating Diversity. This year's first guest speaker is Rajmohan Gandhi.

Gandhi, international scholar, author, and grandson of India's Mahatma Gandhi, will take place on Wednesday, Oct. 23 from 12:40 p.m. to 2:00 p.m. in the Student Activities Center II, Ballroom B.

"Last year there were several great speakers, and I am very excited about this year's guest list," junior Ross Ratner said. "I'm sure Gandhi will be a great speaker. He is an excellent choice to start off the year."

In addition to being a research professor at the Center for Policy Studies in New Delhi, India, Gandhi has written substantially on the Indian independence movement and its leaders, India-Pakistani relations, human rights and conflict resolution.

He has held positions as visiting professor in the United States and Japan, earned his B.A. and M.A. degrees in economics from St. Stephens College in New Delhi, and has been awarded an honorary Doctorate of Laws from the University of Calgary and an honorary Doctorate of Philosophy from Obirin University of Tokyo.

Gandhi also ventured into politics as a member of the Upper House of India's Parliament and led the Indian government delegation to the U.N. Human Rights Commission annual meeting in Geneva.

The topic of Wednesday's discussion will be, "Diversity and Peacemaking: Is Gandhi Relevant in 2002?" In light of the current situation with Iraq, administrative planners felt that the subject would be of particular significance.

"This lecture will be very relevant because we are finding ourselves possibly using force in terms of a solution while



Courtesy of www.emory.edu

Rajmohan Gandhi will lecture on peaceful conflict resolution on Oct. 22 in the SAC.

[Rajmohan Gandhi's] grandfather, Mahatma Gandhi, pioneered with non-violent resistance," said George Meyer, Assistant Vice President and Deputy to the President.

Following the presentation, from 2-3 p.m., Stony Brook's Diversity Fellows will be available to facilitate further discussion of the issues raised by Gandhi. For those interested, there will also be a free showing of the film *Gandhi* on Monday, Oct. 21, in the SAC Auditorium at 7 p.m. in preparation for the lecture.

"As a political science student, this is an amazing opportunity for me to meet the grandson of such a prominent and outspoken civil rights advocate," undergraduate Jeff Kruszyna said. "I can't wait for his lecture and I am sure many students will take advantage of this opportunity. Students and faculty alike will find this topic relevant no matter what field they are in."

Budget Impasse Could Squeeze Bioterrorism Research

BY JEFFREY BRAINARD
The Chronicle of Higher Education

The National Institutes of Health will be forced to significantly scale back the number of new grants and projects it finances next year — including a crash program to counter bioterrorism — if Congress fails to pass a budget for the agency for the 2003 fiscal year, the agency's director told a U.S. House of Representatives subcommittee on Wednesday.

Committee members, meanwhile, challenged the director, Elias A. Zerhouni, to work harder to help persuade the public to adopt healthier lifestyles, noting that some measures of public health continue to decline even while the agency's budget has nearly doubled over five years.

The concerns about spending and priorities came during a hearing of the appropriations subcommittee that oversees the NIH's budget. The session was called in part to examine the NIH's progress since Congress started an effort in 1998 to double its budget over five years. That drive lifted the agency's budget to a record \$23.3-billion in the 2002 fiscal year, which ended Sept. 30.

Increasingly, some lawmakers and officials in the Bush administration have

sought evidence that the money has been well spent, and have called for more accountability and clear results from federally financed researchers.

However, Wednesday's session also covered more immediate concerns: Republicans and Democrats in the House and the Senate are at odds over spending levels for almost all federal agencies for the 2003 fiscal year, which began October 1. For now, the NIH and other agencies are being financed at the 2002 level on a temporary basis. President Bush's budget proposal for 2003 would complete the doubling of the NIH's budget, lifting it to \$27.3 billion.

University and NIH officials fear that the increase may be delayed, or never come. The deadlock in Congress is so pronounced that lawmakers are expected to recess next week without passing the NIH spending bill. Lawmakers may consider spending bills during a lame-duck session after the November election, or they might put off decisions until a new session of Congress begins, in January. In the interim, lawmakers may extend the NIH's budget at the 2002 level well into the 2003 calendar year.

That, in turn, could wreak havoc on the NIH's research grants because the agency promises most grant recipients multiple years

of financing. If the budget increase is less than expected, the NIH would be forced to reduce the number of new and continuing competitively awarded grants to researchers, compared with the 2002 level, Dr. Zerhouni told the subcommittee. He did not provide specifics. The agency gave out an estimated 9,000 such awards in the last fiscal year.

In addition, the impasse could "greatly impair" the agency's plans for a major new effort in bioterrorism research, such as studying how to treat and prevent anthrax or smallpox outbreaks, Dr. Zerhouni said. Mr. Bush's budget calls for an increase of \$1.5-billion for this research in 2003, about five times what the agency spent in 2002.

Dr. Zerhouni called that research the agency's "No. 1 priority." He added, "In any other [year], you could argue, cut here or there. At this time, I think you're going to have a major impact on the agency" if the budget increase does not materialize, "because [the NIH] has a new mission."

Members of the House subcommittee spoke largely in support of the agency, but their tone was somewhat more critical than in past years. Some members pointed out that despite the influx of cash, the incidences of obesity, diabetes, and Alzheimer's disease were on the rise. They noted that the NIH

spends billions on research that could lead to new drugs and therapies for disease, but suggested that prevention — encouraging people to exercise and give up unhealthy personal habits — could be cost-effective.

"We're being so successful on the pharmaceutical-treatment end, but I think we're regressing on educating" the public, said Rep. John E. Peterson, a Republican from Pennsylvania. "I think we've raised the level of expectations of the public that there's a pharmaceutical ingredient that will fix everything."

Dr. Zerhouni noted that the NIH finances a range of research related to people's health habits and how to improve them, calling those studies one of the agency's top priorities.

As for how the NIH has spent the budget increases, Dr. Zerhouni offered lawmakers a list of advances in the treatment of various diseases — such as declines in deaths from AIDS and coronary-heart disease — although he did not specifically describe how much each was due to NIH-financed research.

He also said that the budget increases made possible much greater support for young scientists training to perform clinical research, an area with a shortage of trained workers. The NIH is financing 992 trainees this year, up from 220 in 1999.

Harvard Management Co. Charged in Debt-Shrouding

BY AUDREY WILLIAMS JUNE
The Chronicle of Higher Education

The company that manages Harvard University's endowment formed an "off the books" partnership with President Bush's former energy company that kept \$20-million in debt off its financial records, according to a coalition of Harvard students and alumni that monitors the university's investments.

HarvardWatch, in a report whose contents were first revealed in *The Wall Street Journal* and *The Boston Globe*, says that the partnership between the Harvard Management Company and the Harken Energy Corporation, a Houston-based company, was created in 1990, when President Bush was a member of Harken's Board of Directors. The Harken Anadarko Partnership, as it

was called, removed \$20-million of debt from Harken's balance sheet.

The HarvardWatch report, which was widely released on Wednesday, also says that around the same time the partnership was formed, the Harvard Management Company made a \$30-million investment in Harken, becoming its largest stockholder.

The partnership shrouded Harken's true financial condition, which triggered a rise in its stock price, the report says. With Harken stock at a historical high, Harvard then sold 1.6 million shares of the company's stock.

"We need to ensure that nothing like this ever happens again," said Roona Ray, a Harvard senior and a member of HarvardWatch.

Harvard, in a statement, denied any wrongdoing. "Harvard Management

Company (HMC) investments in Harken Oil were not inappropriate and were disclosed openly and properly," the university said. "Harvard Management Company sold its Harken shares at a profit, consistent with its mission. The role of the Harvard Management Company is not to curry political favor but to invest well on Harvard's behalf. The performance of HMC in this regard speaks for itself."

The university also said that unlike many of the partnerships that sank the Enron Corporation, "Harken disclosed its transactions to investors and the SEC and complied with accounting rules."

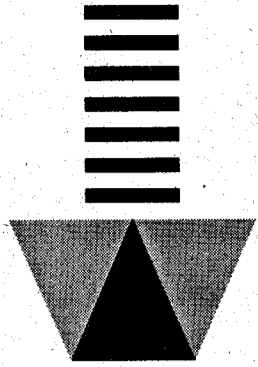
Harken Energy did not respond to a request for comment.

HarvardWatch said the Harvard Management Company had an 84-percent stake in the partnership, with

the remainder held by Harken — which nevertheless exercised control over the partnership's oil and gas ventures. A White House spokesman, Scott McClellan, told *The Boston Globe* that the partnership was Harvard's idea.

"This is something that Harvard proposed, and Harvard set the terms of the partnership," McClellan said.

HarvardWatch is pushing for a more open and inclusive system of governance at Harvard. Earlier this year, the group alleged that Harvard's endowment profited from the university's ties to Enron. In a report issued in February, the group called for an inquiry into the ties between the overseers of Harvard's endowment, Enron, and a star hedge-fund manager who invests money for the university.



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The Stony Brook Statesman Monday, October 14, 2002

Op-Ed

I'm Hungry, But Where Can I Eat?

By **TED LAI**
 Statesman Staff

It's 12:30 and you are basking in the sun outside Javits. You have just come out of a grueling lecture, and you finally have some time to tend to your crying stomach. You take out your Motorola V70 and contact everyone you know on campus seeing if any of them want to meet for lunch.

So after inviting thirty people to lunch, you have a group of five willing and ready to dine on the finest cuisine offered by Campus Dining. It is now 12:45; the next question is, where to eat?

Everyone has class in about an hour, so the destination has to be quick and dirty. That means Roth, Campus Connection, and Kelly are out because the walk is just too far.

The only other options are the SAC and the Union. Humanities is now closed for renovations so the only meal now offered there is a nice serving of asbestos. That's not too appetizing to me.

The SAC seems like the logical choice because it's the closest to Javits. So the group meanders its way through the crowds and finally makes it to the SAC. There they run into the first problem plaguing this campus: the SAC doesn't accept

meal plans during 11:30 to 2:00 on weekdays, except Wednesday during Campus Lifetime.

This has to be by far one of the most ridiculous rules on campus. With the options already limited, meal plan holders have little choice of where to eat. So now the group makes its way to the Union.

There they encounter the next problem facing this campus: a huge crowd waiting in line for food. This problem is caused by a simple concept taught in any intro business class: supply and demand. Enrollment on this campus is going up while the food establishments are going down.

The crowding problem is not only in the Union though; it can also be found in the SAC and other dining halls on campus. Just walk into SAC during lunch or dinner time, and it's more packed than a can of tuna.

Waiting in line for food takes more time than the actual meal itself. Something has to be done about this. Other establishments have to be set up to alleviate the dining dilemma facing this campus.

Here are a few suggestions of mine that might alleviate the problem. Maybe those food carts in the library,

Continued on Page 11

Israel Adds to Its List of War Crimes

By **A.S.M. WASIUL HUSSAIN**
 Statesman Contributor

Last Tuesday, the Israeli army committed a new war crime against the Palestinian people in the Gaza Strip, killing 14 civilians, including a 12-year-old boy, and wounding 80 others. Most of the carnage occurred when the Israelis fired missiles from a helicopter into a crowd at Khan Younis.

The attack was a bitter blow to the international peace efforts being undertaken by European Union foreign policy chief Javier Solana, who is trying to push through a peace plan outlined by the E.U., United Nations, United States and Russia, which envisages reform of the Palestinian Authority and Israel's withdrawal from the recently reoccupied West Bank cities.

The massacre adds to the shameful record of the Israeli

military establishment and Prime Minister Ariel Sharon, who ordered this butchering of civilians - the worst collective murder undertaken by Israel since July, when 18 civilians, including nine children, were killed by a large bomb dropped from a warplane on Hamas military leader Salah Shehada.

The Israelis tried to justify yesterday's crime by claiming it was a consequence of a rocket being fired at a Jewish settlement near Khan Younis.

Earlier this month, Amnesty International released a shocking report on the Palestinian-Israeli conflict that roundly condemned the killing of children. At least 322 children had been killed by then, comprising 250 Palestinians and 72 Israelis. Many of the Palestinians were killed by tank shells

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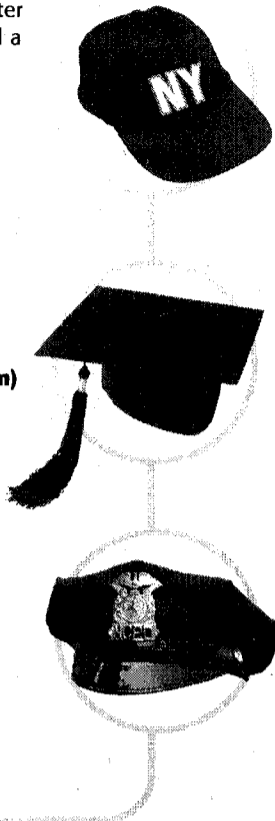
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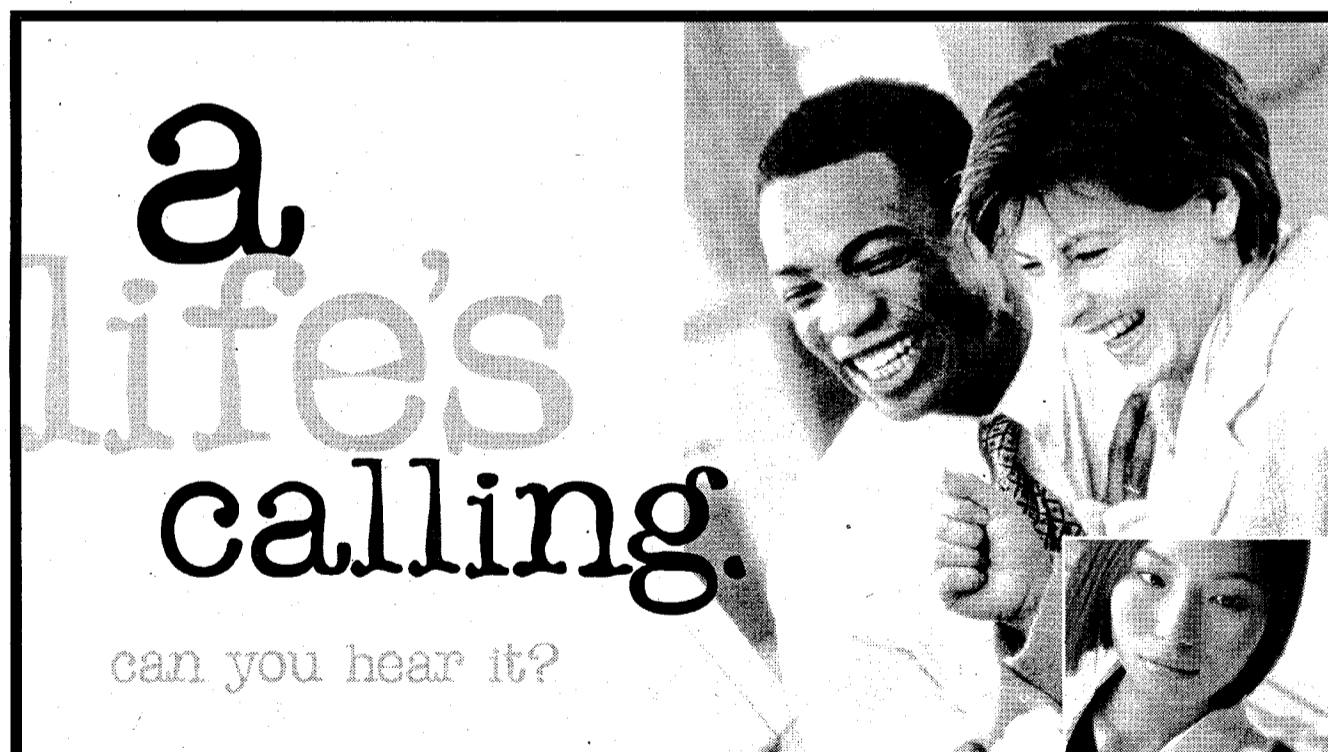


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The Stony Brook Statesman Monday, October 14, 2002

Op-Ed: Israeli Revenge Killings

Continued from Page 6

or sniper bullets as they played or were at home.

Amnesty noted that not one single judicial investigation into the murder of children by Israeli soldiers had been carried out, even in cases where the Israeli government had felt obliged to promise an inquiry. In the case of the nine children killed by the bomb in July, Sharon had hailed the operation as "a great success."

Similarly, yesterday's massacre was hailed as a "significant operation" that had resulted in one arrest.

Israel's delight in congratulating its military on the slaughter they

indulge in will only encourage the soldiers to go on another killing spree. Nothing much better will come from the despicable statement by the White House first justifying Israeli "self defense," then warning it to think carefully about the consequences and only finally suggesting that civilian deaths should be avoided when "fighting terror."

The U.S. Administration should make the effort to read Amnesty's report, which notes that almost half the 100 children shot dead by Israelis were aged 12 or younger.

Most of the children died "when the IDF randomly opened fire, or shelled or bombarded residential

neighborhoods in Palestinian towns and villages. Most of these children were killed when there was no exchange of fire and in circumstances where the lives of the soldiers were not at risk," Amnesty said.

Amnesty also criticizes the Palestinians, saying that Israel's behavior cannot justify revenge killings of children or civilians by Palestinian groups. However, it points out that if the Palestinian plea for international monitors had been heeded, most of the children's lives might have been saved. But Israel is determined not to allow monitors to come between its soldiers and their designated victims.

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A THOUGHT FROM RABBI ADAM



In Jewish philosophy there are 2 kinds of hate. There's "hate" and then there is "wanton hate", known in Hebrew as "sinas chinam". Now "hate" is just the extreme expression of dislike. For one reason or another, a person may not like something, and it could irk them so much that they may actually "hate" it. However, "sinas chinam", loosely translated as "wanton hate", is different. For one, it is a kind of hate that exists between individuals, organizations or groups of people. "Sinias chinam" does not stem from a particular point of contention that hurt the individual or prevented the individual from success so that one could say that this individual's hate has a justification. But rather, "sinias chinam" is wanton hate. Hate for no reason except that there is an "other" with whom they must share the limelight. It's a hate where one just can't stand the "other" for no reason at all but because they are just there, with them, in the limelight. Now, how would one know whether their own feelings of hate for another individual, organization or group is "sinias chinam" ("wanton hate") or "hate" that stems from a point of contention? The latter, after all, can be rectified through reconciliation. But sinias chinam cannot be rectified until the hater just stops hating. So how would one know which cure to apply to the hate that they feel? Well, since the average person is a rational individual, they most probably have a long list of reasons why their hate is justified. But if you analyze this so-called "list", one will fail to see how any of these accusations could warrant such extreme hate. Such extreme tension and bad-mouthing. And, of course, it's a real giveaway that they suffer from "sinias chinam" ("wanton hate") if, when asked for a list of grievances, they can't even produce them! Why? Because that's it. They are hating just for hate's sake. And it all stems from their feeling that they alone should exist in the limelight and none other. They can't imagine a situation that allows for both to be successful on their own right. No, it's gotta be them or nothing. And that, my friends, is "sinias chinam"!

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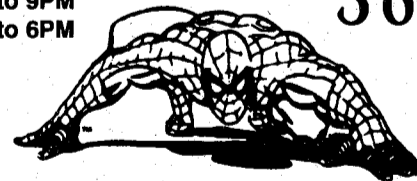
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"Shut Up, Michael Cole!" and Other Thoughts

By MICHAEL ADLER
Statesman Staff

This week I'll be taking a critical look at the most heard-from superstars in the WWE today - the commentators. They come in two varieties, the color commentator who offers up comic relief, and the play-by-play man, who plays it straight and concentrates on the match at hand.

Monday night offers up Jim Ross (J.R.) and Jerry "The King" Lawler. Jim Ross is the play-by-play man, and he's been doing it since before most of us were born. I can't find too many negative things to say about Ross. He comes out every week, and plays the perfect counterpart to The King's over-the-top character. He calls the action perfectly and doesn't mistake the names of common wrestling moves.

My only complaint after watching him for all these years is his outrage whenever heels do something evil. I know it's his job to get a heel over, but when Triple H does something heinous for the 100th time, how surprised can you be?

Jerry Lawler has thankfully toned down his horny, dirty-old-man routine in recent weeks. His over the top antics are, for the most part, amusing, but his recent obsession with puppies has been stretched thin. Acting like a 15-year-old when you're 50 doesn't cut it. Other than that, he is the perfect gag man to



Courtesy of www.google.com

Tazz works overtime covering up for Cole.

J.R.'s straight act.

(Note to campus communications: We need TNN so we can all watch RAW and see what I'm talking about!)

And now I'll run down what a god-awful retard Michael Cole is. His shock at a heel's evil-doing is just as annoying as J.R.'s, except that Cole has no talent. I personally thought the greatest event of 2001 was when Austin gave Cole the beating of his life. Cole is supposed to be the play-by-play man, but he doesn't know the name of any wrestling moves! He's been doing this for five years now! You'd think he'd know the difference between a power bomb and a spinebuster!

Someone needs to sit him down with some wrestling tapes and smack

him in the head every time he calls a suplex a body slam. Words cannot begin to describe how much of a moron Michael Cole is, nor how I wish he would suffer a debilitating vocal chord accident.

His partner on the show, Tazz often handles double duty, as he does color commentary but has to forever correct Michael Cole for his pure stupidity. Tazz is brilliant in both roles. He has a unique personality that is often as insightful as it is humorous. He's been in the ring a lot, and knows from personal experience what it's like. His "Brooklynite" philosophy is laugh out loud funny.

Finally, I'd like to offer a bit of advice to the WWE's commentators, and settle some contention. Certain moves will only get a two count, always. There is no reason, for example, to declare the match over when RVD goes for the pin after the rolling thunder, or Chris Benoit attempts a cover after his flying head butt. Unless Vince McMahon suddenly becomes faithful to Linda, these moves will never receive a three count.

Email Mike at mantis_bog@hotmail.com

"What if?" scenario of the week: What if...instead of Vince McMahon's company changing its name, those animal-hugging hippies had to change their name to World Wildlife Entertainment?

Meal Options Limited

Continued from Page 6

Administration, and Life Science should accept meal cards. Maybe we should have a Mr. Frosty and a hot dog vendor parked on the SAC Loop. Maybe with that new lounge in the SAC, the commuter lounge in the library can be converted into a food court. Maybe we can have vendors walk around, like at baseball games, selling food. Or perhaps we could have concession stands scattered around the academic mall.

What would be ideal would be for the SAC to lift that ban on meal plans. They should also expand the food court in the SAC, because it has obviously outgrown its space. I personally thought SACPhase II would have included some sort of dining faculty, but I guess I was wrong. And with the Wang Center opening up soon, I am hoping the food court inside will accept meal plans.

Around the nation, campus food is notorious for not being the best. And here at Stony Brook, Campus Dining has its good and bad days. However, students will only be able to dine on campus if there are enough places to eat and not too many lines to wait on. And if you are wondering about that group of five students who were last spotted at the Union...they skipped lunch because they refused to wait on the long lines.

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Shanghai Ballet Company Dances Up a Storm

By MEGAN LANGILLE
Statesman Staff

On Sunday evening, Oct. 6, the Shanghai Ballet Company performed the full-length three-act ballet *Coppelia* at the Staller Center.

This whimsical story ballet is set in Galacia, Poland. The main character, Swanilda, is jealous of the toy-maker's daughter Coppelia because she sees her fiancé Frantz blow a kiss to Coppelia. She enters the toy-maker's house accompanied by several friends. They soon discover that Coppelia is actually a puppet.

The girls dance happily around the workshop and play with the dolls and toys. When the toy-maker returns home he angrily turns them away. Swanilda hides behind curtains where Coppelia is, with out being seen. Suddenly, Frantz appears and professes his love and devotion for Coppelia.

The toy-maker pretends to be happy and offers Frantz a glass of wine. After drinking the wine, Frantz falls into a deep slumber. The toy-maker happily takes out a spell book, he says he will transform Frantz, life into life for his puppet daughter.

When he is finished with the spell, Swanilda, dressed as Coppelia, begins to dance. She dances her pleasant solo as a doll coming to life with stiff, mechanical motions.

The toy-maker falls to his knees weeping for joy. As Frantz begins to awaken, Swanilda opens the curtains and



Courtesy of www.google.com

The Shanghai Ballet Company performed their rendition of the three-act ballet *Coppelia* on the Staller Center main stage.

reveals the puppet Coppelia sitting on her wooden base. Frantz is horrified, and the toy-maker realizes he has been tricked. In the third act, Swanilda and Frantz reconcile and are married. A day of celebration commences where the whole village dances joyously to the union of Swanilda and Frantz.

Coppelia exudes a light-hearted spirit of comedy. One can immediately sense this in the movements of the dancers. In one scene, dolls in the toy-maker's factory, played by members of the company, dance mechanically. They move as if they were dolls, in a stilted and rigid fashion. They exhibit great control over their movements.

After Swanilda and her friends realize Coppelia is in fact a doll they dance happily, every movement is extended and technically impressive, while at the same time they play with the dolls in the toy-maker's shop. There is no sense of seriousness and drama. When Swanilda pretends to be Coppelia she dances as a doll come to life. Initially she can barely move her arms and legs, but by the end of the scene, she performs a dazzling solo with fluidity and grace.

The group dances were wonderful. The stage was lit up in a storm of bright colors as dancers from every direction whirled and twirled

with energy and vibrance. Especially in act three, the audience could feel the intensity of the performance as several scenes in a row featured fast-paced dancing with most of the company.

Also, Swanilda and Frantz danced a delicate, beautiful scene together to promise their love and unity. Both wore pure white costumes. They began the scene dancing alone, and by the end were accompanied by a small group of dancers who accented the performance with simultaneous spins and jumps. As the performance ended, the audience expressed its delight with a standing ovation.

The Shanghai Ballet was founded in 1979 and performs a variety of ballets including *Giselle*, *Swan Lake*, *Romeo and Juliet* and *Coppelia*. The company places importance on the creation of folk-style ballets and has performed several. Dancers of the company have won a total of 24 medals in international dance competitions. The company is very active and has traveled to Japan, Korea, New Zealand and the United States. The performance at the Staller Center was beautiful and entertaining.

If you missed it, pick up a program for the 2002-2003 season available at the box office in the Staller Center, or call 632-ARTS, so as not to miss the next Staller performance. Stony Brook students receive a discount on tickets.

The Colors and Styles of Fall 2002

By JESSICA LANDRESS
Statesman Contributor

With the end of hot summer nights and long days at the beach, the changing of leaves means more than fall to many fashion-conscious students. With the beginning of the autumn season comes a whole new slew of colors, fabrics, and designs that are sure to grab the attention of those around you.

In past years, fall clothing was associated with the rich tones of nature and the warmth of the anticipated holiday season. Colors such as dark brown, burgundy, and marigold were always in the stores, as well as fluffy sweaters and corduroy pants. However, this year, fall has a few twists and turns that are

sure to kick up your fall wardrobe and add some flare to your life. Whether you are shopping in the Hamptons or at the Smithaven Mall, you are sure to find some of fall's essential pieces at a budget or luxury price.

Majestic purple, the color that is usually associated with royalty, is a hot color this fall. You can invest in a floor length cashmere coat, or just a fringed belt, but either way the touch of purple adds life to any outfit. Or, give yourself the imperial treatment and have your nails polished in a deep purple hue.

Corduroy pants, skirts, and jackets are back and bigger than ever! You can also find a ton of corduroy accessories such as belts, purses, and shoes. The designers of Theory made great corduroy

suits in a variety of colors, DKNY makes a knee-length skirt with a flared bottom, and H&M always has excellent knockoffs at student friendly prices.

The retro seventies look is another theme found all over stores nationwide. Whether you are going for a sweet southwestern look, or a sexy lace and leather outfit, there are a few tips and tricks to keep in mind. First of all, don't overdo it. To get a great southwestern look, pair a cream cashmere sweater with a pair of dark bell-bottoms, add a camel colored fringed belt that has a few feathers and beads with pointy leather boots and a suede purse. For a racier look, you can pair a black knee length lacy skirt with a white blouse and look

great. There is no need to make the whole outfit lace, a touch here or there will do just fine.

The mixing and matching of fabrics and colors is another fall fashion statement. Wear suede Gauchos with a silk blouse and high slouch boots, or get a velour sweatshirt in your favorite color. Brown worn with pastels, as well as rich tones mixed together, both look fabulous this season. Faux furs, corset tops, and lace up pants are also fall must-haves.

More important than what you put on your body, the best way to look completely fashionable is to be comfortable in your body. It is the clothing's job to fit you, not your job to fit the clothes. Wear the size that is right for you and be proud of how you look in it. There are styles that flatter every figure, so find which ones work best for you.