

SBU Pulse: Events for AIDS Awareness, Hospital Honors

By JOSEPH WEN
Staff Writer

AIDS Awareness Events

Recently, Stony Brook students participated in a number of events to commemorate 2005's World AIDS Awareness Week.

Students had the opportunity to discuss AIDS awareness, via teleconferencing, with counterparts at seven other universities, including two located in Africa. The event was focused on the current efforts and future roles of established, developed nations in combating the disease. Run by campus organization Visions, the event was sponsored by Americans for Informed Democracy, an organization that promotes action on global issues, with an emphasis on effective lobbying and campaigning techniques.

The videoconference was preceded by the "Fight Apathy" event, where artists sought to highlight the AIDS issue through poetry and music. Additionally, the films *To Live is Better than to Die* and *My Brother Nikhil* were screened at the Wang Center Theater. The two films presented insight into the effects of AIDS in China and India, respectively.

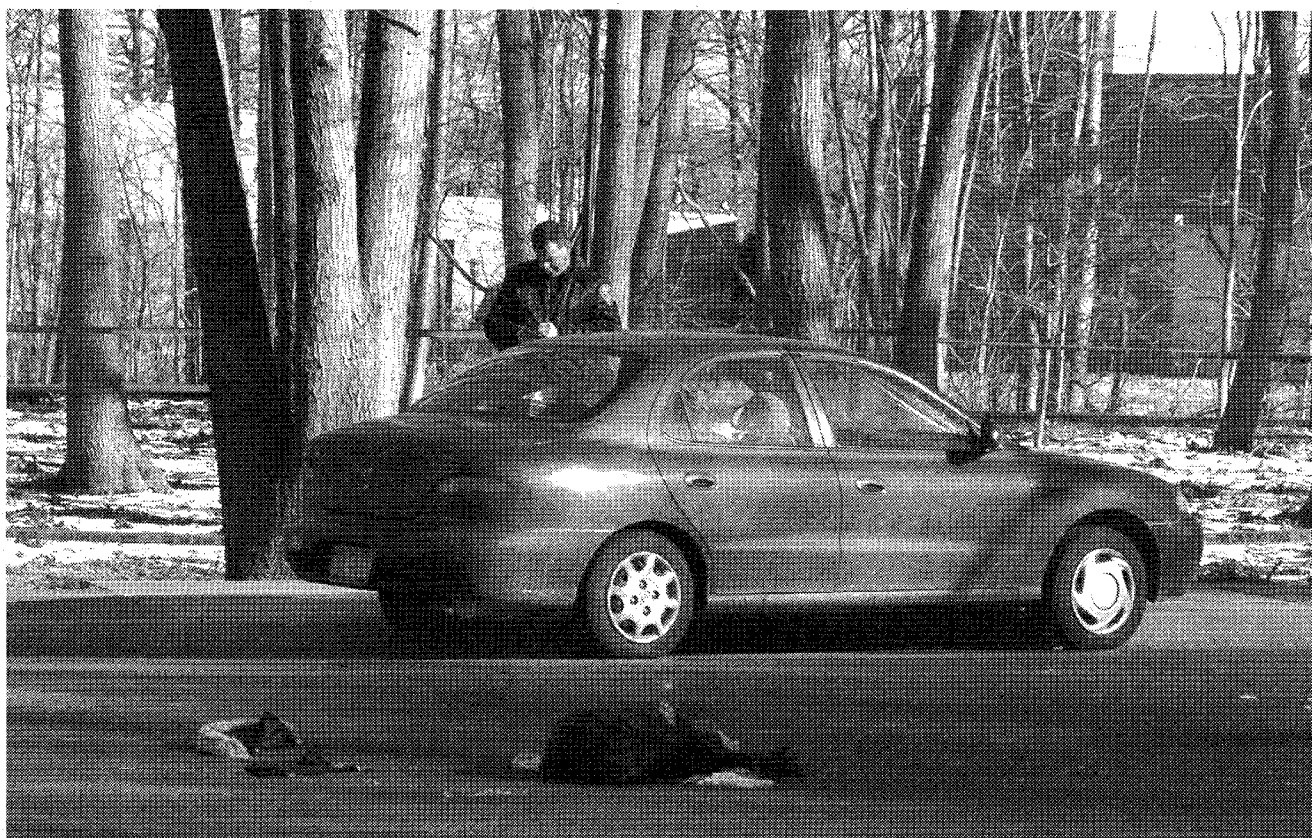
SBU Hospital Named MS Center of Excellence

The University Hospital's year-old Pediatric Multiple-Sclerosis Center was recently named a Pediatric MS (Multiple-Sclerosis) Center of Excellence by the National Multiple-Sclerosis Society. This facility is one of six, nationwide, accorded "Center of Excellence" status by the NMSS.

The organization will allocate funds to the newly-designated Centers to expand relevant methods and techniques, conduct research, and provide treatment to the nearby population, in addition to serving as a framework for an expanded treatment system in the future.

The Centers were chosen on the basis of their geographic distribution and the quality of their staff. Other Centers are located in Birmingham, AL; Buffalo, NY; Rochester, MN; Boston, MA and San Francisco, CA.

Freshman Struck by Car, Killed on Campus



The scene of the accident, by the entrance to Roosevelt on Circle Road.

Stephen Barcelo/Daily News

By JAMES BOUKLAS
Editor-in-Chief

Simona Grabocka, a 19-year-old freshman, was struck and killed by a car on campus on December 8. At roughly 8:45 AM, Grabocka was crossing Circle Road by the entrance to Roosevelt Quad when 30-year-old driver Umaima Mahmood, a senior, ran through a stop sign, hitting her. Mahmood told police she could not see the sign due to glare from the sun. She is not expected to be charged with a crime, according to Deputy Chief of Police Doug Little.

Grabocka was immediately taken to the University Hos-

pital, where she was in critical condition until her death at approximately 6:00 AM on December 9.

Grabocka immigrated with her family to the United States from Albania about two years ago. She was known as a high achiever with a desire to pursue a career in the medical or scientific fields.

"Our deepest condolences go out to the family and friends of Simona," said Patrick Calabria, Media Relations Officer for the University. "We are assisting the family in any way we can. In addition, we have arranged for the professionals in our Counseling Center to provide their services to anyone who seeks them."

Students Prepare for Finals

By SURAJ RAMBHIA
Asst. News Editor

Every year, the SBU Academic Calendar plans out each semester's schedule—the start and end dates, the daily schedule of courses, the buildings these courses will be taught in, and the final exam schedule. Although the role of the Academic Calendar is something that most students on campus probably take for granted, the importance of scheduling is not.

Students try to choose courses each semester in an effort to create the perfect schedule. The desirable balance, or rather imbalance, of class time and social time is very difficult to

achieve. Students constantly fiddle with course timings, professor ratings, and word-of-mouth descriptions of what to expect in a particular class or seminar.

According to Deputy Provost Dr. Mark Aronoff, one of the other factors students should take into account when they schedule their classes is the schedule for final exams. Aronoff, who oversees the proper function of the Academic Calendar along with Beverly Rivera, University Registrar, described how students always have fair warning about which exams are on which day. He commented, "The final exam schedule

Continued on page 6

Resources of SBU: Career Center

By YICK LEE
Contributing Writer

Landing the ideal job or internship deceptively seems to be months or even years in the future. However, many students do not know that companies and organizations have already started their recruiting process long before the actual starting date of their program. Hence, the Stony Brook Career Center's mission is in educating students about career planning and guiding students toward finding that perfect job in a timely fashion.

Although some students may be anxious about their careers early on, others might feel that they are not ready to be making career decisions. "I am a freshman, so I will probably go [to the Career Center] when I know what I am going to do, maybe in junior year," said Korey Homer, a Psychology student.

According to Marianna Savoca, the Director of the Career Center, some students feel that the Career Center cannot help them unless they know exactly what they want to do. However, she points out that this is a misconception. "We want the clueless. If you are clueless, we want you to be here!" she said.

She explained that the Career Center offers services beyond those you can find on an Internet job search engine. "We are so much more than a job board. There is so much to finding a job and presenting yourself in the most professional, most competitive way. And that involves your resumé presentation and practicing your communication skills," said Savoca. In fact, the most frequently requested service by undergraduates is resumé review, a drop-in service where a counselor can review the student's resumé.

Besides polishing students' resúmes, peer advisors and professional counselors can aid inexperienced students in their search for the ideal job. Also, career counselors can help students to discover their own "selling points." Savoca observed that students "may have accomplished things that [they] do not think the employers are going to care about, but that the Career Center staff would know about these things." She noted, "There are some things that students can sell about themselves, it's not only about the 3.5 [GPA]."

Other useful career services include practice interviews with real company representatives, on-campus internships, career assessment software, job expos, career courses, career fairs, seminars and workshops. Savoca also cau-

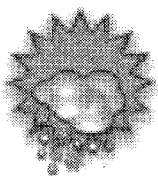
tioned students to treat career fairs as only one piece of their job search, despite the fact that they are the most well advertised event hosted by the Career Center. She pointed out that only limited numbers of companies can visit the campus and thus, the short employer list can seldom satisfy numerous students with diverse interests.

Thus, it is essential for students to expand their search options by learning new job-hunting skills. "We are trying to teach [students] the skills that they are going to use for the next job, the next job, and the next job," Savoca said. By tapping into the alumni network that is available through the Career Center, Stony Brook students can "sniff out jobs" faster than their peers elsewhere.

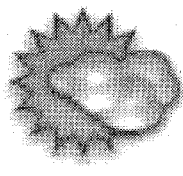
For those students who are too busy to visit in person, they can also visit the Center online at stonybrook.edu/career. By registering on the Career Center website, enrolled students and alumni can gain free access to the MonsterTRAK job database. Savoca strongly encourages all students to register online, and to learn about all the services offered by the Career Center by dropping in.

The Career Center is located in W-0550, Melville Library. Drop-ins are available Monday through Friday, 9-11 AM and 1-4 PM.

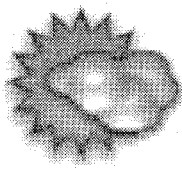
Student Forecast: Dec 12 - Dec 18 By Britta Merwin



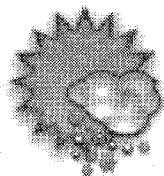
Monday:
High 39/Low 29
Cloudy and cold with a chance of flurries through out the day due to high humidity



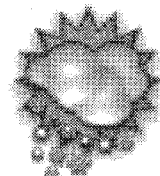
Tuesday:
High 31/Low 18
Mostly cloudy but dry



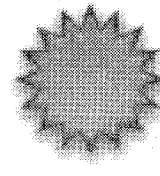
Wednesday:
High 35/Low 25
Mostly sunny during the day with incoming clouds in the afternoon



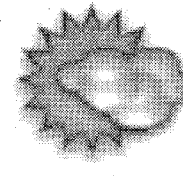
Thursday:
High 41/Low 21
Low-pressure system moves through the area giving a mix of rain and snow



Friday:
High 46/Low 32
Mix of rain and snow during the day



Saturday:
High 42/Low 33
High-pressure sets into the area with the passing storm bringing clear conditions

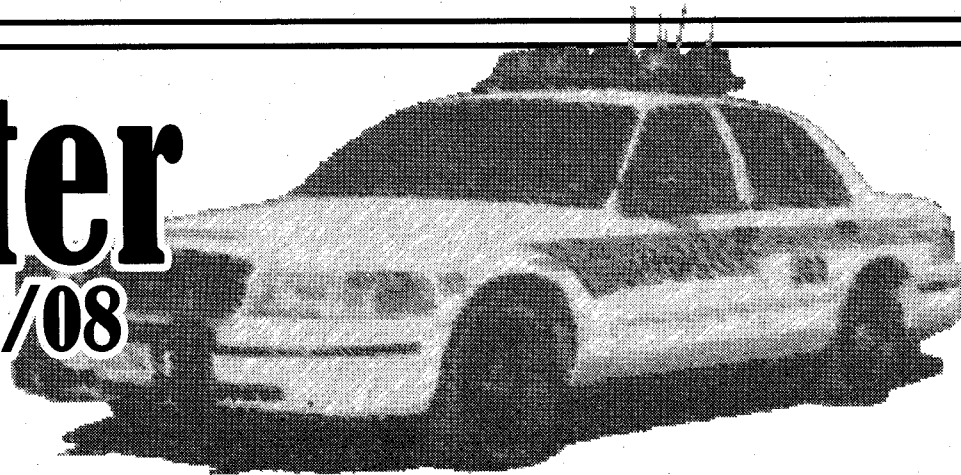


Sunday:
High 43/Low 33
Partly Cloudy with winter temperature

Police Blotter

Compiled by Eugene Tan/Statesman

12/06 - 12/08



Stolen Computers

On 12-06-05, a small window was damaged in the Melville Library at 9:38 AM.

Lost & Found

In Benedict College, a lost cell phone was reported on 12-06-05 at 1:57 PM.

Harassment

In Amman College, a male subject was reportedly harassing an RA on 12-06-05 at 8:24 PM.

Marijuana

The smell of marijuana was reported at Dewey College on 12-06-05 at 10:18 PM, but the report was unfounded.

Underage Drinking

In the West Apartments, there was a report of underage drinking on 12-07-05 at 1:28 AM, but upon arrival of the police, all appeared in order.

Thefts

In the Melville library, computer wires were reportedly taken from an office on 12-07-05 at 9:02 AM.

Burglaries

In the Student Activities Center Art Gallery, the burglary alarm sounded on 12-08-05 at 12:24 AM, but all appeared in order upon arrival of the police.

Hospital Assists in Emergencies

On 12-08-05 at 2:03 AM, an adult male in Baruch College fell and suffered a head injury. He was transported to the University Hospital Emergency Room by the Stony Brook Volunteer Ambulance Corps (SBVAC).

The History of Stony Brook

A weekly feature chronicling the little known origins of our Alma Mater

Students Change the Ways They Celebrate the Holidays

By ROSIE SCAVUZZO
Staff Writer

From a Merry Christmas to a Festival of Lights, Stony Brook has seen its fair share of holiday celebrations on campus. With the changing demographics and political climate over the years, so have the celebration of the holidays changed.

At the very beginning of the school's existence in Oyster Bay, and later at the Stony Brook campus, holiday events initially focused on Christmas. The festivities included extensive decorating including door decorating, strings of holiday pranks and a dance known as the Yuletide Ball. According to a December 17, 1960 issue of the *Statesman*, the University made extensive plans, sponsoring a decorating committee:

"The color scheme will be blue, silver and white and the ornaments and natural greens will be used to complement rather than cover the walls of Coe. There will be two areas in each room, which will get special attention from the decoration committee. One will be the mantles over the fireplaces, which will be lit up."

In addition, in 1962, administrators dressed up as Santa and were actively involved with the campus community during this time. Surely, the beauty of the campus at Oyster Bay was encouragement enough to create a warm environment for the season. This time in Stony Brook's history has proved to be the pinnacle of holiday celebration, and the news filled the paper as well as pages of the yearbook.

Soon, the campus makeup began to include a large Jewish population and a growing Italian-Christian population. With the formation of the Jewish Student

Organization, Christmas festivities soon gave way to more ecumenical celebrations of the season. Names were changed and the groups on campus worked together to create holiday festivities. During the first years of these festivities, the campus was very close-knit and enjoyed sharing each other's celebrations.

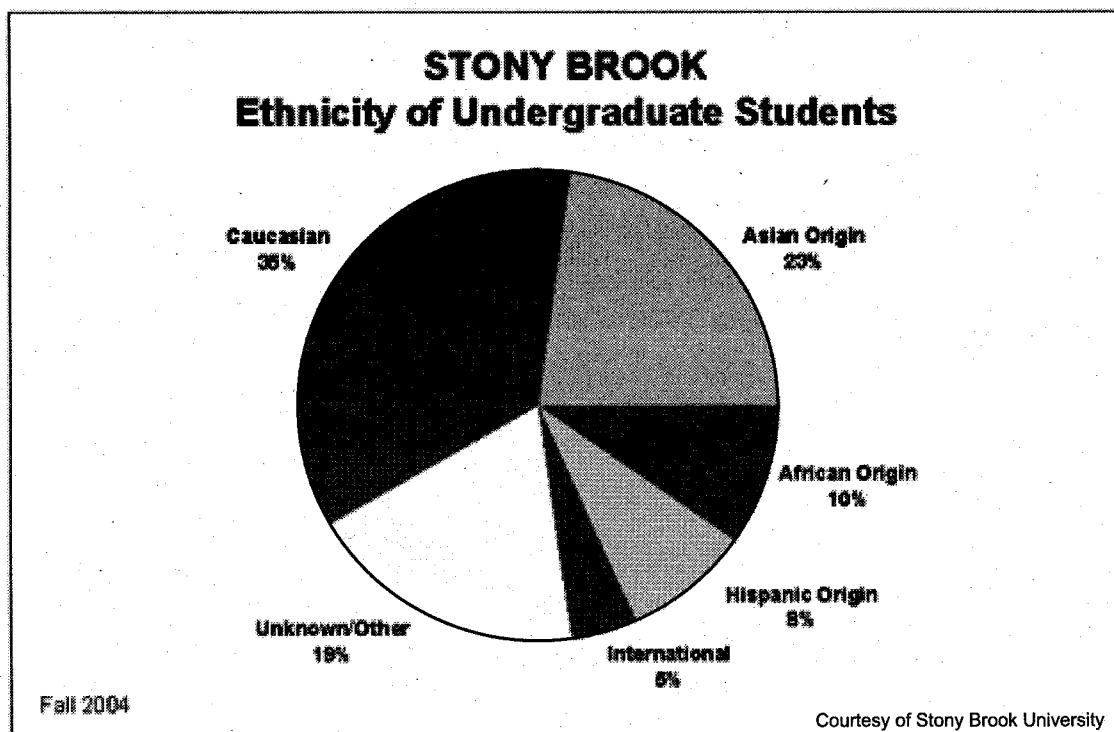
The political climate of the late 1960's and 70's began to affect the spirit of community on campus; the nature of campus-wide holiday celebrations changed. During this time, there was a shift from the close-knit community once found at Stony Brook to emphasis on localized, group-based celebrations.

This was also a time of growing diversity on campus. With the increasing number of ethnic, racial and religious groups, it became more difficult to celebrate a unified holiday season. This, along with the political agendas of the time, greatly impacted whether celebrations would be held.

The Office of Institutional Research Report No. 34: Minority Group Enrollment Fall 1969 through Fall 1971 had Stony Brook listed as having 170 African Americans, no Native Americans, 121 Asians and 23 Hispanics. With such a big change from the Italian and Jewish population in the early years, the University found it difficult to unify celebrations throughout the entire campus.

In addition to this politically-infused environment, celebration was limited due to the constant construction and large commuter population. The mud, unfinished construction and stark, concrete-laden campus created an uninviting atmosphere, very unlike the Coe Estate. Students wanted to stay inside, at home and as far away from the campus as possible.

In 1981, there existed the threat



The ethnic breakdown of undergraduate students at Stony Brook University, accurate as of Fall 2004.

that the academic calendar would go through Christmas. As it was proposed, students would have several days off for the holiday and would return to finish classes and finals. In the November 4, 1981 issue of the *Statesman*, "most of the faculty favor a calendar which includes returning after Christmas to complete the fall semester." At this time, the Student Polity was proposing three different calendar alternatives. The holiday celebrations were not as integral to the decision-making process as one would think.

Through the latter half of the 1980's into the 90's, there were many small, uneventful celebrations for all faiths sponsored by different fraternities, sororities and religious groups. Due to the very split and localized nature of these events, though, they did not create any long-lasting traditions. Responsibility for these celebrations was left to individual student clubs

and in no way reflected any input from the University administration. The University no longer decorated the campus for the winter season.

Today on the Stony Brook Campus, our cultural diversity has grown tremendously. According to the 2004 Undergraduate Ethnic Distribution, the student population is 36% white, 10% African American, 23% Asian American, 8% Hispanic American, 0% American Indian, 5% international and 19% other/unknown. This breakdown has caused many changes in the celebration of the holidays.

In recent years, there has been a call to bring back holiday celebration on campus. The Interfaith Center has joined with the administration in creating The Festival of Lights, a celebration in which groups come together and share their own holiday traditions with the Stony Brook Community. It is a multicultural program of song, dance, displays and traditional

food, which reflects the rich traditions of people of different cultural backgrounds, faiths and religious beliefs. This is all in the hope to build awareness and appreciation for Stony Brook's most widely observed holidays: Ramadan and Eid -l-Fitr (Muslim), Hanukkah (Jewish), Winter Solstice (Native American), Christmas (Christian), Kwanzaa (African American), Diwali (Hindu), and the Enlightenment of Buddha (Buddhism).

Still, while this event has been around for several years now, not many Stony Brook students seem to notice it in their rush for finishing up last minute assignments and cramming for difficult finals.

It seems that there exists today a great fear and concern of offending people when it comes to faith and holidays. While here at Stony Brook we claim to hold the ideals of unity and diversity, we have not been able to come together on any large scale during the holidays.

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**A THOUGHT
from RABBI ADAM**

Finals

By now everyone is most probably getting a bit nervous about their finals. The pressure is building. Now, it wouldn't have been so bad if everyone had been keeping up with the reading. Or, maybe, if everyone had been constantly reviewing their notes from class. But now, unfortunately, it's too late. Anxieties are mounting. How are we ever going to get through this one? I mean, can you really review a whole entire semester in two reading days? But then again, as everyone knows, everything always tends to work out in the end. I mean, have you ever failed a final? No, of course not! And you know why? Because everything always has a way to work itself out. For underlying this crazy life of ours is a base of good, a base of blessings. The only thing is, one must find a way to connect to this base-good, and then for sure, everything will be blessed to turn out all right. And the way to do this is to feel, even before one starts to think about the upcoming finals, that everything is going to be just fine. And even more so, one should be so confident that everything will work out for the best that they should already be experiencing, even now, the joy of passing their finals. And, if one can do this, all the pressure will be off. For no longer will one see themselves as trying to accomplish something from scratch. For once one has already tasted the joy of passing their finals, even before studying the finals, all one then has to do is just reveal that sense or success in their studies and their test-taking. And thus, in a sense, it wouldn't be so much like studying in order to take the finals, but rather, it would be like getting a preview of the final and then going back to find the answer in one's notes. Now, all though this might not be happening in the literal sense, however, through tasting the joy of passing even before actually passing, one can experience this in a spiritual / emotional sense. For just like it is the soul that blesses the body with life, it is a trust in the basic goodness of the world – a trust in G-d - that is the blessing for everything to turn out all right. Good Luck!

Rabbi Adam

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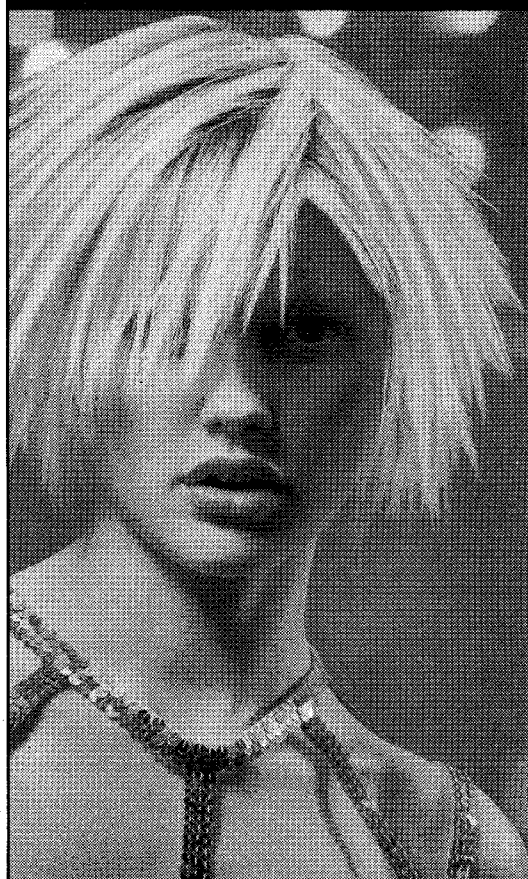


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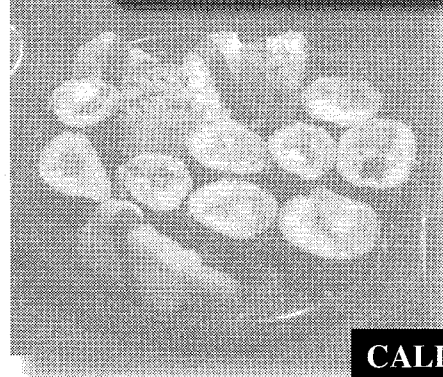
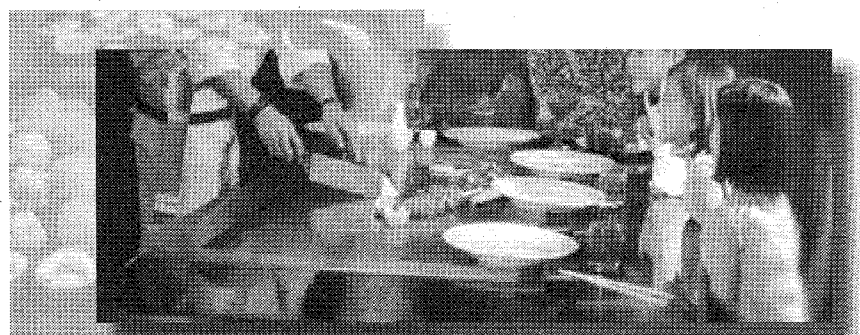
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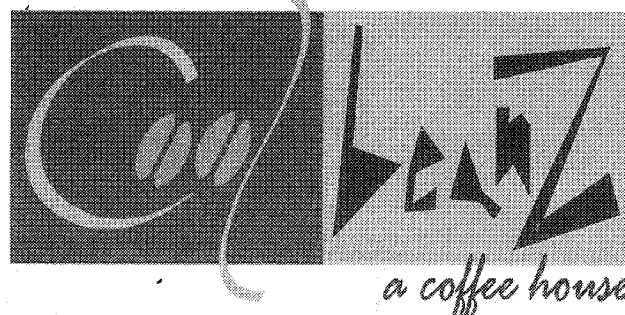
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The Statesman encourages readers to submit opinions and commentaries to the following address:

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Email us at:
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To view previous issues, extra material, and to learn about how to get involved with the Statesman, visit our website at sbstatesman.org.

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WHO WE ARE

The Stony Brook Statesman was founded as "The Socolian" in 1957 at Oyster Bay, the original site of Stony Brook University. In 1975 "The Statesman" was incorporated as a not-for-profit, student-run organization. Its editorial board, writing, and photography staff are student volunteers while its business staff are professionals.

The Stony Brook Statesman is published twice-weekly on Mondays and Thursdays throughout the fall and spring semesters.

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This Semester in Review

By JAMES BOUKLAS
Editor-in-Chief

Despite the complaints and overall aggravation that Stony Brook can cause students, this semester has marked great improvement in a variety of areas on campus. We have seen the institution of a new health insurance program, the Undergraduate Student Government (USG) step up to the challenge of effective policy making, the opening of a brand new Humanities building and the purchase of massive tracks of land for Stony Brook's expansion, just to name a few of the major changes this semester brought. I want to go through a few of these developments and assess where it looks like Stony Brook is headed for the spring.

When the semester began, students seemed to be very confused regarding the then newly implemented mandatory health insurance program. In researching this program and the difficulty students had becoming knowledgeable about it, at the *Statesman* we really got a sense of how strained communication is between administrators and students. Many administrators could not fathom why

students had such little information regarding this program, despite numerous emails, snail mailings and Solar System reminders. This disconnect between authority figures and students has really become apparent to the Administration and they have made it a priority to change that this semester.

The USG has developed a reputation as being ineffective, bureaucratic and a general waste of time in years past. For the first time, the Senate really came together and seriously discussed important issues in a public forum. This great discourse brought us good reforms, including an improved budget appropriation process and a step towards increasing voter turnout, in the short span of just a couple of months. If you were to compare the process of this current government to its full potential, you would see a bleaker picture; there is still much room for improvement, but it has come a very long way in a very short time. I expect to see further improvements for next semester from the USG, especially as a core of senators prepares to tackle the writing of a new constitution.

On the construction front, the University officially opened the new Humanities building

after years of anticipation. It is a great addition to the campus, providing a home for many departments that floated between the Social and Behavioral Sciences building and the Life Science Library. However, not four months after its unveiling, there have been numerous complaints regarding the build quality. Professors and faculty have been very disturbed by the falling ceiling tiles in the building, in addition to the newly implemented surveillance system in classrooms with projectors. Issues regarding this building need to be addressed, and it looks as if the number of people with complaints is reaching the critical mass necessary to actually get the attention that they deserve.

Perhaps the most important developments this semester won't be fully realized until years in the future: the expansion of Stony Brook into Southampton and Flowerfield. Very recently, the University finalized the acquisition of these pieces of land, laying the groundwork for a huge employment boost in the island and possibly catapulting Stony Brook even higher in national rankings. I look forward to seeing all these great new resources available to students in semesters to come.

CONTINUATIONS

Preparing for Final Exams

Continued from page 1

is published with the course schedule for each semester so the student knows when each exam is. Students find themselves with multiple exams on the same day when they could have checked beforehand."

Aronoff continued, "The Academic Calendar makes an effort to schedule exams for larger classes on the separate days." But what happens if a student needs to take a certain assortment of classes for their given major, and what if these classes happen to have exams on the same day? What is the student to do?

Providing some insight into how students can cope with finals week, Dr. Jerrold Stein, Dean of Students, reported, "It's about anticipating what's around the corner." Stein commented, "Schools around the country have long accepted this system." The system Stein is speaking of is one in which students are given the opportunity to prove themselves by taking a cumulative exam based on material from a particular semester. Stein added, "There's no way around it. Upper class students have gone through the drill of taking final exams, but for some freshmen, it might be very different from senior year in high school, almost like a cold bath."

Of course, there are certain time management skills that are necessary for success in any type of stressful situation. Stein's message of being prepared is, of course, one that every student should adhere to. If one thinks of each semester as a metaphorical mountain, let's say

Mount Everest, then finals week at the end of a given semester can represent the last couple hundred meters to the top. One can only reach the top if he or she is prepared with enough supplies when starting from the bottom. Thus, if one takes the time to study and keep up with one's reading throughout the semester, getting through finals week will become more manageable. Stein emphasizes this active method of taking control of one's own grades and asking the question, "What do I need to do to ensure a certain level of success?"

Whatever one's exam schedule may be during finals week, it can become quite stressful. It may be advantageous to learn about ways to relieve one's stress and remain calm and levelheaded throughout this time. Stein commented on how he exercises to relieve his stress. Stein's advice: "Don't break with your routine. If something works for you, go with it."

Various events on campus have also been going on in an effort to help people allay their anxiety. Last week on Thursday, December 8, the Commuter Students Association held a Relax-a-thon where students were able to sign up for free massages. With 90 of the 120 ten-minute slots filled by Thursday itself, the Commuter Student Association took to the Union on Friday to fill in the remaining 30 slots available. If students missed these events last week, the Department of Campus recreation and Office of Commuter Student Services are co-sponsoring an event on Monday, December 19, from 11 AM to 2 PM in the SAC lobby.

This event, called "Stress Relief for Students," will also have free mini-acupuncture as well as free massage sessions.

Aside from these events, the University Counseling Center, located on the second floor of the Students Health Services Building, is open Monday through Friday from 8AM to 5PM, and from 5PM to 7PM on Tuesdays. At the counseling center, students have the opportunity to join various groups that are designed to help people with specific types of problems. For students looking to help themselves out with respect to their academics, "mindfulness meditation groups" offer a way to learn about the benefits of meditation. According to a pamphlet obtained from the University Counseling Center, "Meditation is a practice shown to have many physical and psychological benefits including increased concentration and attention, clarity of thought, development of insight and awareness, self-esteem, stress reduction and helpfulness in dealing with anxiety and depression." The mindfulness meditation groups are run throughout the Fall and Spring semesters for eight weeks.

For students who wish to ameliorate their stress within the next couple of days, or for those who have just realized that finals will be beginning within the next couple of days, here are some basics about stress management. According to a pamphlet from the American College Health Association, "Stress is your physical, emotional and mental response to

Continued on page 9

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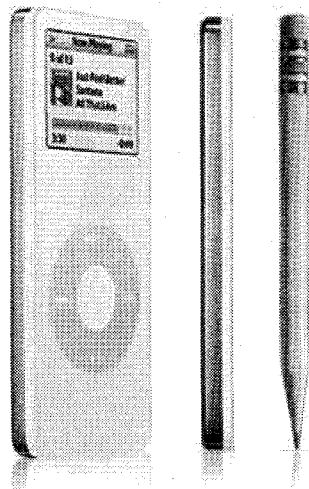
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Drug Abuse Theatre Performs Decade of Work

By LES HUNTER
Staff Writer

The Stony Brook theater group/substance awareness program "Swallow This" (as in Swallow This information before you swallow alcohol, tobacco and other drugs) celebrated its 10th anniversary last Thursday with a party in the Wang Center. Fifty to sixty people attended the event, which was covered by local channel 55 news.

The program was originally started on the same day, December 8, 1995, in the Staller Center with just 15 students. Since then, the size of the program has grown tremendously. "Swallow This," sometimes called a "prevention through the arts" program, is a peer education group aimed at dealing with substance abuse problems that many students encounter. The project, done in conjunction with the Theater Department, Student Health Service, and CHOICE (Choosing Healthy Options In the College Environment), collects personal stories written anonymously by students about their experiences with alcohol abuse, drug abuse, domestic violence and other issues. Using the stories, a drama workshop, made up of different students every year, re-write the narratives into short plays. These plays are then performed by the theater class in a variety of other venues.

The actors, all students, must audition for the spots, and they are paid for performances. The traveling group has performed at numerous other colleges, high schools, middle schools and conferences throughout the East Coast. It is estimated that over 40,000 Stony

Brook students have seen performances of "Swallow This." An additional 20,000 young adults either in high or middle schools, and other colleges, have also seen SB's "Swallow This." Last year alone, over 8,000 students saw a performance.

The program doesn't only aim to affect viewers of the skits, it also tries to positively influence the program participants as well. According to a recent evaluation of the program, 90% of program participants felt the program would help to increase discussion of alcohol and other drug dependencies. 41% indicated they are thinking about changing their alcohol and/or drug use. Many other students who participate in the program attest to its success.

Celmail Jaime, a SB senior majoring in Theater and Social Sciences, has performed with the traveling group, and spoke positively of the program. "It's been amazing. I didn't expect it to change me. But it's been a highlight of my time at Stony Brook," she said. She also noted that the process of turning someone else's personal story into a play is not only powerful, but creative as well. In the process of playwriting and directing, student/actors have turned personal narratives into as pieces as diverse as poetry and gameshows.

Kathleen Flynn-Bisson, health educator and "Swallow This" founder, attributes the success of the program to its process. "When an audience experiences theatre they feel first, and then think. This type of presentation works because students are entertained by their peers while absorbing important information." "Swallow This" will be performing weekly on campus in the spring, with the first show on February 8.

Preparing for Finals

Continued from page 6

change, regardless of whether the change is good or bad." The pamphlet describes how some stress can make the mind more alert, allowing the individual to rise to a challenge. Stress is normal, according to another pamphlet, when it allows you to return to your normal state. The pamphlet makes an analogy to the stretch of a rubber band, saying that "positive stress is just the right amount of stress needed to stretch the band and make it useful. Negative stress snaps the band...Negative, excessive stress may be the key element in half of all illnesses."

Another pamphlet, this one from the University of Illinois Counseling Center, describes ways students can deal with "Test Anxiety."

First, preparation is important. Cramming the night before a test does not allow the same amount of information retention as if the student had been studying consistently throughout the semester. To do well on any final, one needs to "work on mastering the main concepts of the course."

Second, the pamphlet describes how to "change your attitude." It says, "Remember that the most reasonable expectation is to try and show as much of what you know as you can." Many more tests will come and go in the months to come. Instead of getting depressed

and grief-stricken over one test, one can learn from a bad experience.

Third, "Continue with good habits of diet and exercise." Students often forget to take care of themselves, taking on the mindset that an exam has higher precedence over one's well being. As always, one needs to, "Get plenty of sleep the night before the test - when you are overly tired you will not function at your absolute best."

Fourth, on the day of the test, one should "Plan to arrive at the test location early." Note that this also plays into the third point of getting plenty of rest. If one sleeps well the night before, there won't be any stress on the morning of the test to wake up and rush to the exam site. Also, a moderate breakfast without caffeine is advisable.

Lastly, during the test, one should remember to "Review the entire test," "read the directions twice," "organize [one's] time efficiently" and "recheck [one's] answers if [one] have time." Most importantly, "Try to think of the test as an opportunity to show the professor what you know...focus on answering the question[s], not on your grade or others' performances."

Students who wish to read more in detail about ways to cope can do so by asking for literature on stress reduction from the Undergraduate Counseling Center. Good luck to everyone on exams!

Tell Dr. J

Reach Dr. J anonymously at: sbstatesman.org/telldrj

Dear Dr. J:

I'm feeling so frustrated right now because I'm worried about my future. I don't think life is going well in Stony Brook - I've got a suitemate who always parties in the lounge and makes a lot of noise.

Sometimes, I cannot really concentrate on my studies. My other suitemates hate it too. We wanted to talk to that suitemate before, but none of us could gather enough courage to discuss that problem. Please tell me what I should do.

Empty Mind

Dear Empty Mind:

It sounds like you have more problems right now than just your beast of a suitemate, but I can completely understand your frustration.

Home should be a place of refuge, but the pot, alcohol and nicotine have killed too many of your suitemate's brain cells for him/her to remember rules of common courtesy.

The practical steps you need to take to address this problem are very straightforward, but first we need to address your fear. Inconsiderate people can be very intimidating:

If they're selfish generally, it stands to reason that they would become defensive and nasty when confronted. No one person among you and your civil suitemates are of street-fighting constitution, but you do have the strength of numbers.

With or without the assistance of your RA or RHD, it's time for a group intervention. As a team, you will explain to this suitemate that studying, quiet and civility will take priority in your suite from this day forward. You can set agreed-upon times (Friday night for example) where partying can occur, and then on other nights it will be a grown-up living space. If your suitemate doesn't like that, then the gloves are off. Nothing is sacred. Acquire your suitemate's home address and make a video of his/her late-night activities. I am certain your suitemate's parents would be very interested in seeing how their child is choosing to utilize the college experience they are paying for.

We ask you to send any of your questions and concerns anonymously to:

Tell Dr. J
telldrj@sbstatesman.org

Tell Dr. J appears every week in our twice-weekly publication. When writing your question, please keep in mind that Tell Dr. J is not intended to replace face-to-face counseling if you are currently in distress. The University Counseling Center, located on the second floor of the Student Health Services building, offers free and confidential professional counseling to Stony Brook students. The center is open Monday through Friday from the hours of 8 a.m. until 5 p.m., with extended hours until 7 p.m. on Tuesdays. All you need to do to make an initial appointment is call 631-632-6720 (2-6720 if you are on campus) and say "I'd like to speak to a counselor."

Holiday Events Listing 2005



By TEJAS GAWADE
Asst. Arts & Entertainment Editor

Hanukkah Family Night at Suffolk Y JCC

December 17 at 6:30 PM
74 Hauppauge Road, Commack
631-462-9800

Organized by the Suffolk Y Jewish Community Center, this night will present a unique comic-style play being hailed as "School House Rock meets Monty Python." An event for both kids and grown-ups, it is suggested that you bring a new toy (not gift-wrapped) that will be donated to needy families. Price is \$10 for members and \$12 for non-members.

Candlelight Evenings at Old Bethpage Village Restoration

December 17 – December 30 from 5:00 PM – 9:30 PM
Round Swamp Road
Old Bethpage, NY 11804

Celebrate Christmas under the spell of blinding electrical displays at Old Bethpage's "Candlelight Evenings." Themed 19th-century Christmas in Long Island, explore the history of the village, view Magic Lantern Shows (Victorian predecessors to slide projectors) and listen to storytellers narrating tales that are 130 years old. Between December 26 and 30, enjoy traditional American dances in the Visitor Center. All other times, Village Singers perform thrice nightly, accompanied by fiddling specialists, 19th century song-craft, and pump organ parlor music. If the entertainment is insufficient, visit the Noon Inn for hot, mulled cider and ginger cookies for a small fee.

Seiskaya Ballet: The Nutcracker at the Staller Center for the Arts

December 10 and December 17 at 2:00 PM and 7:00 PM
December 11 and December 18 at 1:00 PM and 6:00 PM

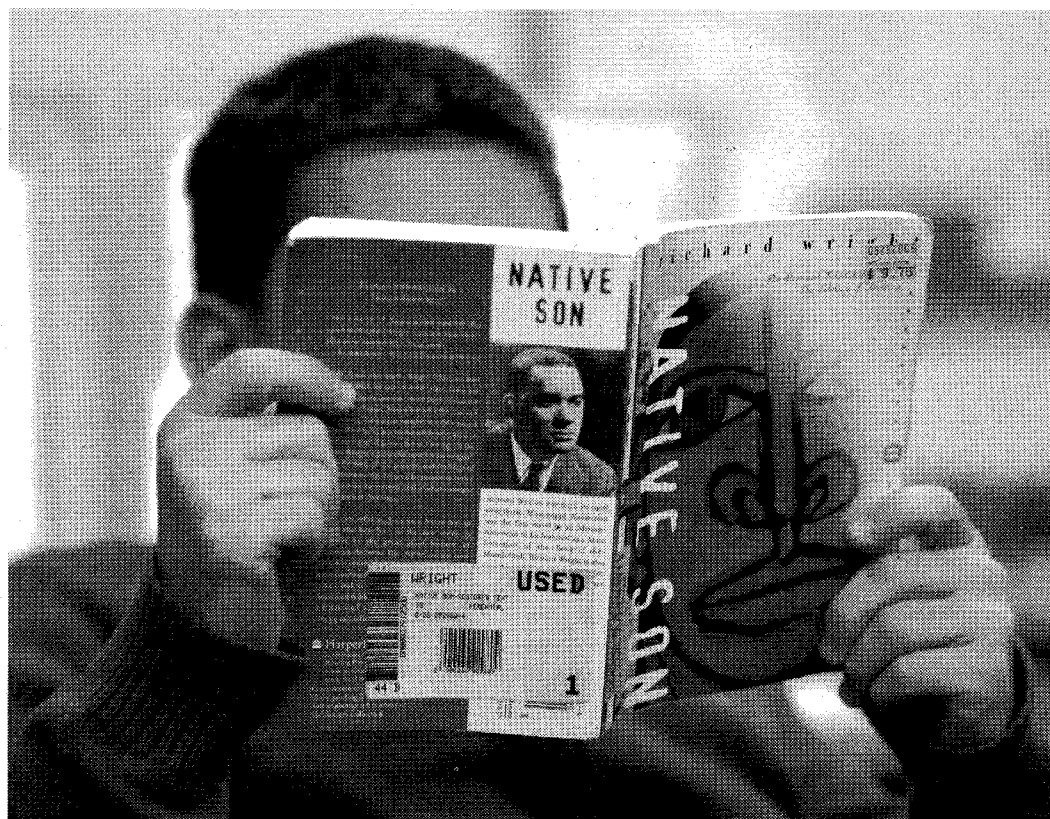
Enjoy a rare ballet in the spirit of Christmas right here on campus. With masterful choreography from George Balanchine to Marius Petipa, "The Nutcracker" is even for those who have no affinity for classical music or dance. Based on Tchaikovsky's adaptation of "The Nutcracker and the Mouse King," this piece is about a girl's concern for a broken Christmas gift. The gift leads her to gargantuan Christmas trees, maneuvering toy soldiers, royal rodents and a princely love interest. Appreciate fanciful characters like Mother Ginger, whose skirt harbors a posse of mischievous bon-bons and the sugarplum fairies and their memorable dance. General admission is \$34. Children twelve and under and seniors are charged \$29.

Winter Soulstice at the Boulton Center

December 17 at 7:00 PM
37 West Main Street, Bay Shore
631-969-1101

An alternative soulful holiday program by 3-D studios Creative Arts Foundation, this Christmas and Kwanzaa extravaganza celebrates the season with various dance styles. Accompanied by traditional Christmas songs and African drumming, the program features Daphne's Divine Dance Troupe performing styles from Ballet to Hip Hop. The group was a 2005 McDonald's Gospelfest Semi-finalist. Tickets are available at the Box Office (see contact information above). General admission is \$20.

Get Your Read On: *Native Son*



Nicole Dulmer/Statesman

By JEREMY FALLETTA
Copy Editor

Title: Native Son (430 pages)
Author: Richard Wright
Published: 1940

For this semester's closing pick, I want to go with an enduring treasure of the twentieth century, Richard Wright's incredibly controversial novel *Native Son*. Wright presents his protagonist, Bigger Thomas, as a morally ambiguous character that doesn't allow the reader to root for him without experiencing pangs of guilt.

As part one opens, we are presented with a picture of Black American poverty at its worst. Bigger lives with his mother, brother and sister in a one-room apartment in which they have to turn around and face the wall in succession so that each can dress in private. The main excitement of the first few pages comes from Bigger trying to throw a frying pan at a humongous rat that is skittering around, trying to avoid being killed. Bigger reflects, "He felt he had no physical existence at all right then; he was something he hated, the badge of shame which he knew was attached to a black skin." Immediately, the reader's sympathies are evoked. But this is rather temporary.

When Bigger meets up with his ne'er-do-well friends Gus, Jack and G.H., they discuss the robbery of a white man's convenience store that they have been planning for months. Bigger spends all of his time up to no good, squandering the hard-earned money that his mother is loath to part with on things that serve no purpose. He goes into a movie theater to masturbate in the darkness with his friend Jack and loiters at a pool hall for hours on end. Wright tells us that, "[Bigger] hated his family

because he knew that they were suffering and that he was powerless to help them." Although his mother is counting on him to get a job and help the family, lest they be evicted from their tiny lodging, he spends the entire day putting the task off, helping no one but himself. At this point, Bigger seems to be an arrogant schmuck who is concerned with no one but himself. Suddenly, we have no problem disliking him.

When Bigger murders an innocent white girl toward the end of part one, he is thrown into a decidedly horrific light. However, the remainder of the novel focuses on the fact that Bigger is a "native son," that is, he has been made into what he is by the oppressive society in which he lives. Max, the lawyer that defends Bigger at his trial, makes this case to the judge and jury. It is in the moral ambiguity of Bigger's crime and subsequent justification that the beauty of the novel lies.

This book is so fantastic because during some points, you can't help but get in Bigger's corner, while during other parts, you want him to die in the most gruesome manner possible. It evokes such an emotional response from the reader because the issues that are presented are so real. Even though we have come a long way since 1940, there is obviously still a problem with racism in the world today. The point that *Native Son* makes may be more important now than ever before, in fact.

It's a long book, but I promise you, once you start reading it, you won't be able to put it down. The end of part one, especially, had my heart racing. If you're into twentieth century literature, or working on your familiarity with the latter-day classics, you'll want to add this to your reading list for January. And on that note, have a great break, and thanks for reading all semester!

Indie Flicks:

Four Dead Batteries

By RACHEL BROZINSKY
Staff Writer

The tagline for *Four Dead Batteries*, an indie comedy written and directed by Hiram Martinez, is "Guys suck... these guys in particular." Maybe the word "guys" should be replaced by "this film," or maybe I'm being a bit too harsh.

The movie's title is drawn from the name of the improv comedy troupe made up of four friends around whom the story is based. Each of the four men has some sort of problem with the opposite sex – from a recent breakup, to a loveless, sexless marriage to a fear of having a baby. These problems repeatedly lead to the friends sitting around and having *Sex and the City*-esque discussions about women.

The "Batteries" in this movie weren't the only things that were dead. The plot and dialogue were often bland and fell flat, especially for a comedy.

This is not to say that all of the discourse was that bad. From time to time there were some captivating conversations, most of them fast-paced one-liners smooshed together into quasi-witty banter.

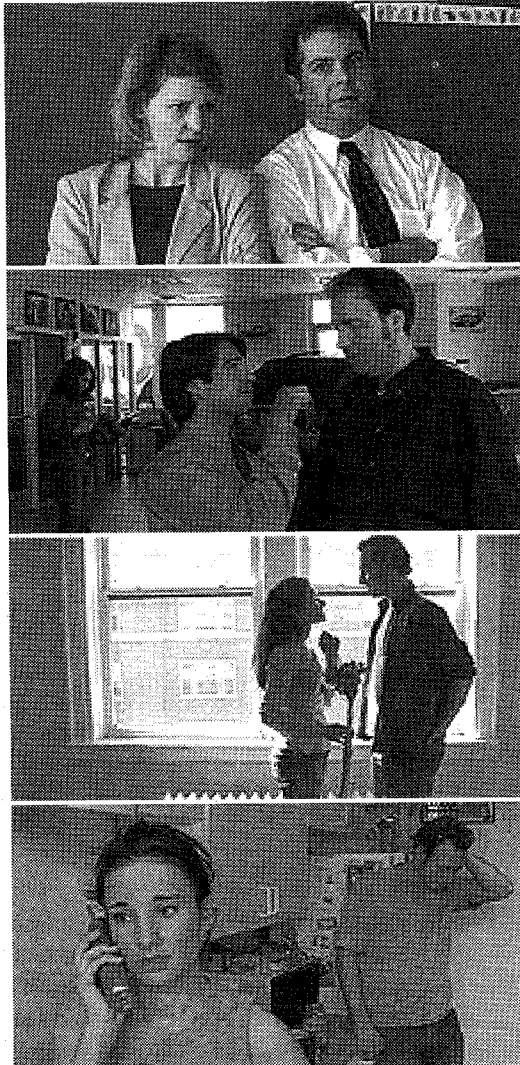
A great deal of the acting seemed extremely forced, which made it uncomfortable to watch. The delivery was often weak, and many other times it was too strong. It seemed over-rehearsed and stale, especially from the four leading men, none of whom I really found myself relating to or even sympathizing with.

There was very little originality in this film. I know it's hard these days to be innovative in Hollywood or, in this case, its indie counterpart, but there's nothing worse than sitting in a theater (or at home) and realizing that the movie you're watching is formulaic to the letter, and therefore, boring. This especially goes for indie movies, which are known for not following the rules.

Four Dead Batteries even lacks the "made-from-scratch" charm that many indie films seem to capture. The low budget filming and unknown actors just aren't able to draw in the audience to keep them entertained for all 96 minutes of the film, or in my case, to even keep me awake.

Strangely enough, the biggest surprise came from the biggest cliché, and there were some big clichés. Patrick (Patrick Dall'Occhio), the quintessential playboy, meets the cute and quirky Shea (Alison Becker).

Though he tries to resist her, she miraculously draws him in and soon he's head over heels, though he never quite admits it. The surprise comes when she tells him that he was



Courtesy of Up Past Midnight Productions

basically her way of getting over her ex, and the User becomes the Usee, going against the grain of typical romantic comedy style.

One admittedly priceless moment is when Nick (Rob Webber), whose mistress just dumped him and whose marriage is falling apart, takes out his frustration on an unsuspecting student in his English class.

Screaming at her about poorly written papers and excessive use of semicolons, Nick crosses a line when he chucks a blackboard eraser at her face. The execution of this scene was priceless, providing for a hearty laugh and breaking up the monotonous yawns.

Ultimately, the best thing I can say about the film was that it was a nice try with a few funny moments. Any redeeming aspects are ultimately ruined by a lame ending. Though it seemed promising based on the list of awards won at various film festivals, this film isn't really worth your time.

Stony Brook

In Vogue

Hip For The Holidays

By AMY DRAGANI
Staff Writer

As the holiday season is upon us, as well as the end of the semester, we find ourselves in a frenzy of shopping, studying, traveling and a little bit of shivering as well. This week's column will act as a simple guide to keeping you stylish and chic, as well as comfortable and content, at all of your festive holiday affairs!

When deciding what to wear, you must first consider where you're going, who else will be attending, and what time of day it will take place. For a casual family event, you don't want to be too overdone, nor do you want to look like you just threw on a pair of jeans. I would try a sweater or nice long sleeve shirt – you want to be warm. This with a pair of nice jeans or subtle dress pants can create a look that is neat and clean as well as casual. For more formal events that take place at night, there are several choices. A pair of dress pants is usually the most popular choice because you don't have to sacrifice comfort for style. Black or gray are always fantastic color choices – they can be paired with several colors and fabrics. If you're wearing a darker colored pant, I would try to stay with a top that isn't too shocking in color. That may take away from the formal look you're trying to achieve. A look I've grown very fond of is white or cream colored pants. Some claim light colored pants aren't suitable for the winter but I believe quite the contrary is true. A cream colored pant (not too white) can be elegant and beautiful while also seeming soft and feminine. White pants (as well as black) paired with a top that has a hint of color or sparkle can make a sophisticated and fun look.

There's also the type of occasion that takes place at night but is not formal. New Years Eve, perhaps. My advice for this situation: Have Fun! Put together an ensemble that you absolutely love and feel great in. It's not necessary to dress too formally; a pair of good jeans and heels will suffice. For these type of parties it's safe to assume you'll be indoors, so you don't have to dress for the frigid weather. You can wear a short sleeve, sleeveless or even strapless top that compliments your figure as well as the pants and shoes you choose. A closed toe heel or even a sleek boot are fantastic choices. Thus far I have not mentioned skirts or dresses. This is not because they aren't appropriate for holiday occasions, but because the weather might not be suitable. You don't want to be cold, and you never want to look cold – trust me, it's not flattering to anyone. So, use your best judgment.

As for the men: Long sleeve button up shirts, with or without a tie, are a great choice. A tie can dress up this look a little bit, but isn't a necessity. A button up can be paired with dress pants in a matching color to achieve a more formal, dressy look. Instead of a button up, a comfortable sweater is another great choice. Whatever you choose, make sure it's "you" and that you're comfortable in it. A sports jacket can also be worn over almost anything – it pulls an outfit together and, of course, keeps you warm. Lastly, when you're dressing for events and trying to look your best, wear shoes – not sneakers or anything else that's less than a formal shoe. It's important to keep your look consistent, from head to toe.

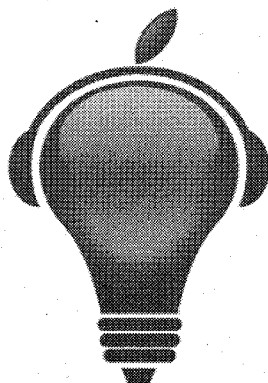
Fashion Tip of the Week

It may sound silly, but always try on your jeans. And take a couple sizes in with you – maybe a size larger and a size smaller than what you assume you wear. Sizes aren't all the same at different stores, and they can even vary between styles of the same brand. Choose the jeans that fit you perfectly, flatter your body, feel good and make you feel fabulous!

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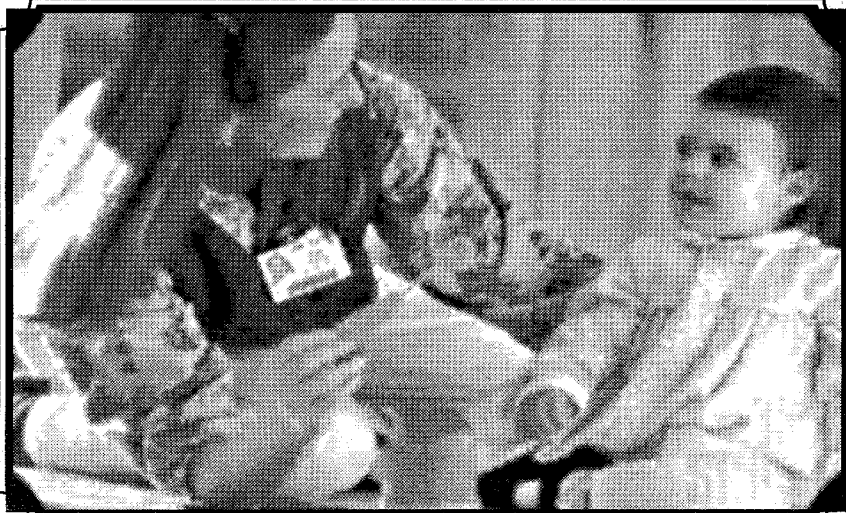
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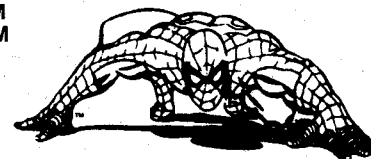
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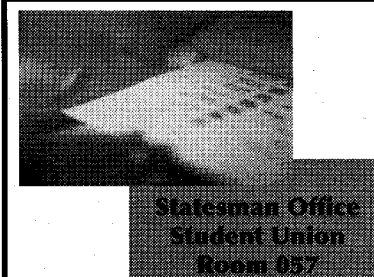
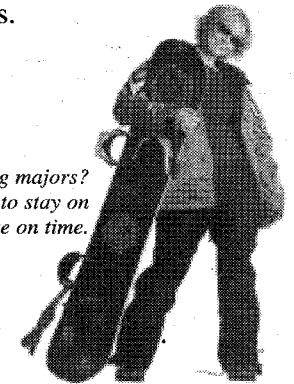


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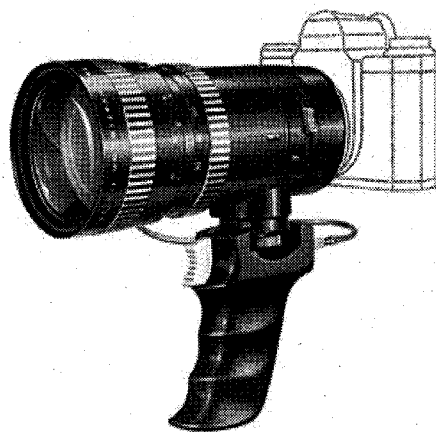
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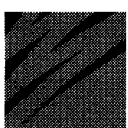
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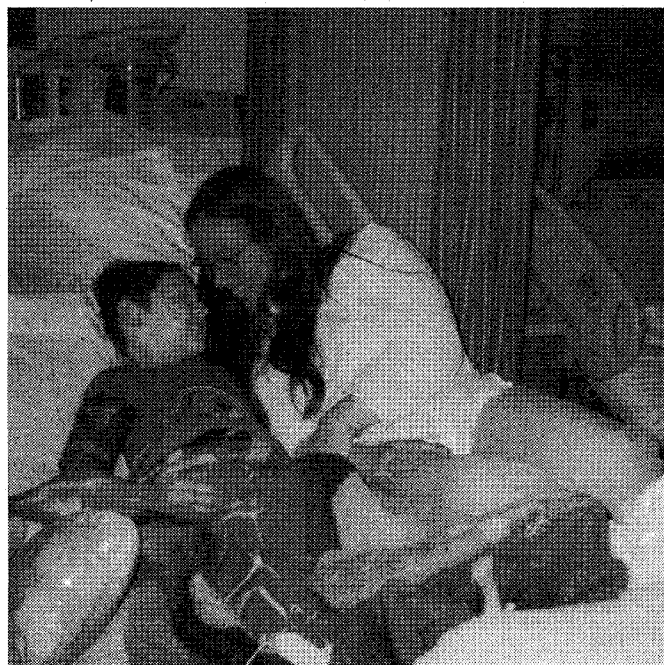
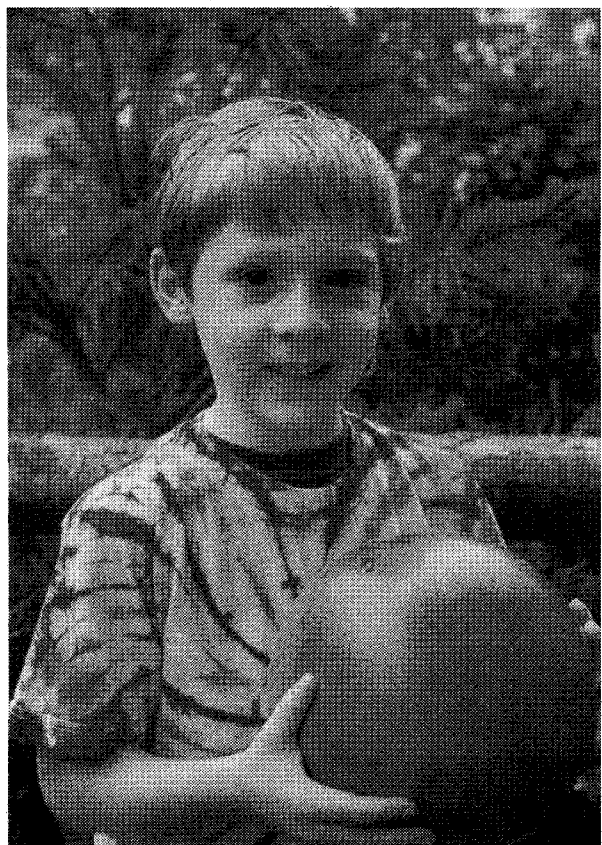


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Johnny Madonia (2000-2005)

Johnny Madonia (2000-2005) was diagnosed in August of 2005 with Stage III, T-Cell, non-Hodgkins, Lymphoma. Johnny responded well to treatment, but due to other complications he passed away on September 22, 2005.

During Johnny's stay at Stony Brook University Hospital the staff at the Child Life Room worked very hard to make his stay as pleasant as possible. The Child Life Program provides games, movies and entertainment to the children for the Pediatric, Pediatric Intensive Care Unit and the Children's Hematology/Oncology (Cancer) Ward as well as to their siblings. The Child Life Program also assists children with returning to the classroom after a hospital stay.

Johnny's father, John, has been a Facility Manager at the Student Union and the Student Activities Center for seven years and works regularly with students, faculty and staff on events.

Johnny's mother, Paula Peterson ('92) and John Madonia ('89) are both graduates of Stony Brook University. Paula is a Social Worker with Riverhead Mental Health Clinic.

Please consider supporting the following in memory of Johnny Madonia:

Make checks out to: "Child Life Program/SBF"

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Thank you.

What's In Store for Basketball?

The Women

By ROB DWYER
Staff Writer

It's a good time to be a Seawolf. Our teams are winning league titles, having success in NCAA playoffs and generally just putting on high-caliber athletic displays against some very talented competition. The administration's sports-friendly philosophy is already producing tangible results on the field and generating interest and optimism about the future of Stony Brook's sports programs. Since making the jump to Division I, Stony Brook has decided to take advantage of the way athletics unite a campus and it is only a matter of time before the student population catches on. I have been following the women's basketball team this year and I can attest to the significant upgrade in entertainment value.

Last year, coach Maura McHugh stepped in to become interim head-coach of the team, something that she did as a favor to her friend, Athletic Director Jim Fiore. McHugh had previously been the head coach of the Sacramento Monarchs of the WNBA, where in 2001 she took the team to its first-ever appearance in the Western Conference finals. McHugh came to Stony Brook and took over a very young team that had been without a coach during the off-season and pre-season. By the end of the year, McHugh boasted two 2nd team all-league players in Mykeema Ford and Jessica Smith, and an all-rookie team freshman in Dana Ferraro. The upswing has carried over to many aspects of the basketball program, and this season the Seawolves can be happy about:

- A new strength and conditioning program to help endurance during the late stages of games
- An established head coach (no more "interim" label) with a history of success in college as well as the

pros

- A tough non-conference schedule to ensure the Seawolves are battle-tested by the time conference play begins
- Three returning all-stars who will play together next year as well
- More recruiting freedom to locate and pursue individuals suited for our program
- And a 4-3 record that includes the program's first victory over a ranked opponent!

That upset of Temple is a real milestone for this team. Their 4-3 record includes a couple of 20+ point losses, but both of those came against teams that are climbing their way up the national rankings, and the game at George Washington was on the road. Stony Brook's high-profile schedule for the early part of the season will no doubt go a long way toward making this team more experienced and more confident as league play begins in January.

The Seawolves will have to take on three more teams with winning records before they even get to that point. It all starts Tuesday when the Big Green of Dartmouth come to town with a perfect 4-0 record. Then on the December 17, the Seawolves will travel to Jamaica to take on the very formidable St. John's Red Storm, who currently stand at 6-1. After the Big Green and the Red Storm, Stony Brook takes a little break for Christmas before resuming play against 4-1 Delaware State at the Sports Complex on December 28. A rematch with Bucknell (who Stony Brook defeated 81-72 in the season opener) on January 3 wraps up the non-conference schedule. If Stony Brook can make it through this stretch with a winning record it will say a lot about this team's potential in league play. Currently, the Seawolves are picked to finish

tied for fifth in the league. But with a top-25 upset already under their belts, this team could be looking to exceed expectations and make some serious noise in the conference.

They will begin working toward this goal on January 7 when they open league play against Vermont at the Sports Complex. After that, they face Binghamton, New Hampshire, Boston U. and Hartford, all of whom currently hold winning records. Once school resumes, the Seawolves will be back in action against Maine on January 26 here at Stony Brook, a great opportunity for those of you who don't know about the Seawolves to experience your first game. Crowds so far this season have been light, but the action is intense and the atmosphere is energetic. There are dance-team girls and cheerleaders, who, by the way, do some pretty incredible aerial acrobatics and who seem to be constantly on the verge of disaster. I admire your courage, ladies. There is also the chance to win a semester's worth of free tuition by making a half-court shot each halftime, and last time the kid actually got pretty close. And you have the rowdy student section who may not always be on their best behavior, but who are passionate about the games and show it by painting their chests and wearing red wigs.

All in all, Stony Brook has the makings of a great season and if we come back from the break to find that they still have a winning record, this could be quite an interesting conference race. Remember, the winner of the conference tournament receives an automatic bid to the NCAA tournament. The program is on the right track, the team is talented and exciting, and they have already proved that they have major upset potential. So catch the Seawolves if you are around during the break, otherwise, let's all show up in force on January 26 for Maine.

UMBC for a second time on January 28. There are 16 conference games in total; Stony Brook will play each of its 8 fellow conference members twice.

Perhaps the team's toughest league challenges will come from Hartford and Boston University. Each of those teams has opened the season strong. While Boston started the season in the same fashion as Stony Brook has, they have bounced back and are currently on a three-game winning streak, with their last two coming against league teams. Meanwhile, Hartford is the only America East Conference team with an overall winning record to start the season, going 4-3. Stony Brook will face both of those teams consecutively, twice this season, first in mid-January and then again in mid-February.

Thus far, Stony Brook is the only team in the league without a single

win overall. However, Maine and New Hampshire are both already at 0-2 in league play and have more losses overall. Stony Brook's season is still young relative to the rest of the members of the league. They've played only five games thus far while all other teams have already played seven or more. There is still time for them to make up for lost ground.

With only five seniors, they are still a relatively young team and may need some time to grow. There have been high hopes for the new head coach Steve Pikiell, in his inaugural season after his work as an assistant coach at the George Washington basketball program, helping to turn the team into an NCAA competitor. With only five games as a head coach under his belt, he may need some more time to grow as well.

Sports in Brief

Seawolves Fall to Retrievers, 72-57

Cantonsville, Md. (AP) - Dec. 10, 2005 — John Zito had 16 points and seven rebounds, Mike Housman scored 15 points and Maryland-Baltimore County defeated Stony Brook 72-57 on Saturday night.

Jerrell Dinkins had 13 points and Jay Green dished out eight assists for the Retrievers (3-4, 1-0 America East), who had lost three of four.

Mike Popoko scored 17 points, Antwan Hardy 12 and Bobby Santiago ten for the Seawolves (0-5, 0-1), who have dropped six straight games, dating to last season.

UMBC led by as many as 13 early in the second half before Stony Brook went on a 15-4 run that trimmed the deficit to 47-43 with 11:03 left. Reserve Stephane Bakinde contributed a two-handed slam and a three-point play, and he ended the burst with a lay-up through the lane.

But the Retrievers scored the next seven points on a basket by Dinkins, Chris Pugh's three-pointer and a pair of free throws by Zito.

Housman scored UMBC's first seven points and had 13 points in the first half, helping the Retrievers to a 35-23 halftime lead.

After a right-side three-pointer by Hardy tied the game at nine with 15:21 left in the half, UMBC responded with a 17-5 run. Zito scored six points during the surge, and Dinkins capped it with a three from the right corner.

GW Jumps Over Stony Brook, 77-55

Washington, D.C. - Dec. 10, 2005 — George Washington evened their season record with a 77-55 victory over Stony Brook at the Charles E. Smith Athletic Center on Saturday afternoon. The Colonials took a 39-17 halftime lead and never looked back to improve to 3-3 on the season, while the Seawolves dropped to 4-3.

Leading by 22 at the break, the Colonials led by as many as 27 points during the second half, shooting 45% from the floor, for the game, to just 30% for the Seawolves.

GW dominated the boards with a 51-35 advantage leading to a 20-9 difference in second-chance points and a 38-18 margin on points in the paint.

Sidney Orndorff led all scorers with 15 points, to go with team-bests of six rebounds and four assists for Stony Brook. Mykeema Ford netted 14 points, all in the second half, while Jessica Smith chipped in with twelve.

The Colonials were led by Jessica Simmonds' 14 points and 13 rebounds, while Kenan Cole netted eleven points and Whitney Allen grabbed eleven boards.

The Seawolves return home on Tuesday night (Dec. 13) to host Dartmouth at 7:00 PM.

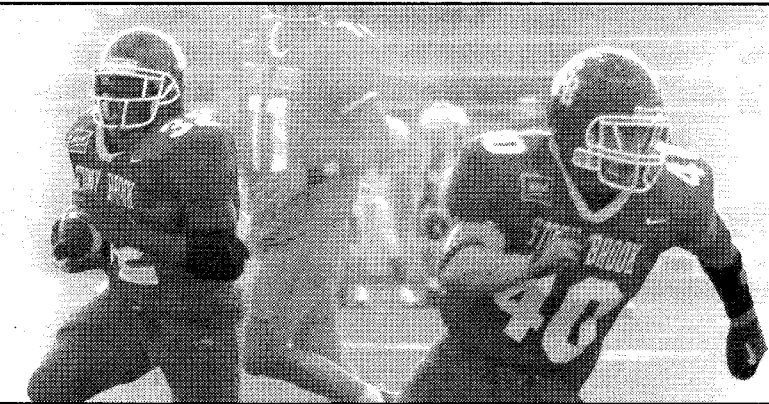
St. Johns Downs SBU

Continued from Page 16

scoring percentage from the field. Stony Brook made 31% of its shots, while St. Johns, nearly doubly efficient, made 59% of its own.

Antwan Hardy provided the bulk of Stony Brook's offense, scoring 13 points and also providing two assists. Second to Hardy were Mike Popoko and Hendrik Feist, who scored seven points apiece.

Lamont Hamilton of St. John's was the only player to trump Hardy. He led his team with 17. Eugene Lawrence scored twelve points and also made five assists.



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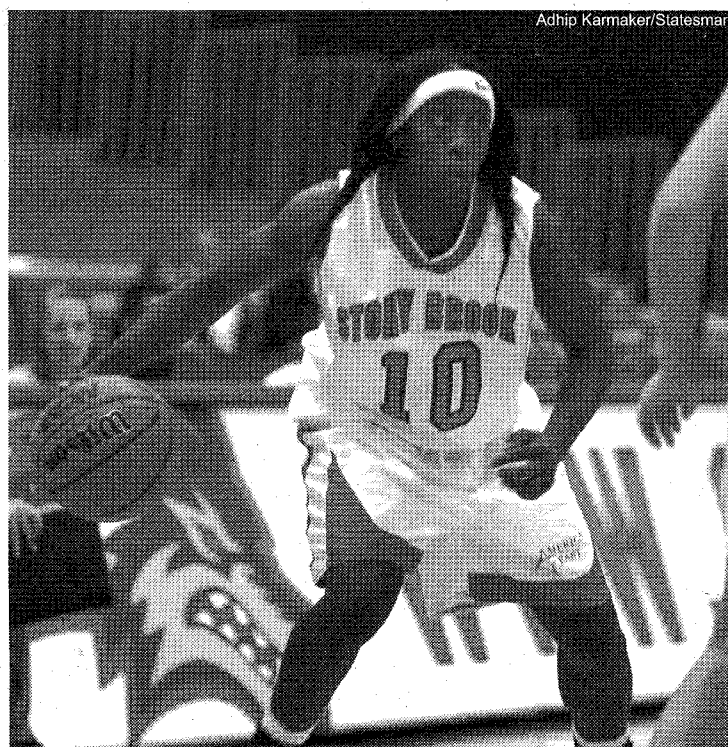
Women's Basketball Stuffs Owls, 58-56

Program's First Win Over a Nationally Ranked Team

By ROB DWYER
Staff Writer

Dec. 7, 2005 — Sidney Orndorff broke into double-digit scoring Wednesday night, and it's a good thing for the Seawolves that she did. Orndorff made two big threes and came up with three clutch free throws in the waning minutes of the game to give the Seawolves the lead they needed to win. Temple called a timeout, with 14.5 seconds remaining, to set up one final play. Stony Brook's D kicked it up a notch and spoiled the play, though, forcing the Owls to call another timeout with just 6.4 seconds left. The Seawolves didn't allow an open look, and Ashley Morris was forced to toss up a prayer that went unanswered. Dana Ferraro pulled down the rebound and it was party time for the Seawolves. As the team rushed together, several enthusiastic fans stamped onto the floor and everybody joined for a while in a celebratory scrum at half court. If the lady Seawolves continue to win games of this magnitude and in this exciting fashion, those post-game celebrations are bound to get a great deal larger.

Free throws played a huge part in the two-point win, as both offenses struggled, at times, to gain points against the other team's tough defense. After Jessica Smith blew up in the first half for 17 points (more on that in a minute), Temple put the clamps down on defense and used their size to neutralize Stony Brook's inside attack. The Seawolves' dribble penetration helped to break down the defense and put Orndorff and Mykeema Ford on the line when the game was in the balance. The team shot 82% from the charity stripe while the Owls managed only 39% for the



Mykeema Ford added 17 points and five assists, and was perfect from the free-throw line at last Wednesday's game.

game.

Stony Brook was undersized compared to the Owls; a situation that they have been in before this season, and one in which they tend to struggle. Temple had great success moving the ball around the perimeter to create defensive mismatches and then passing it into big #42, Lady Comfort, who never seemed particularly challenged by Stony Brook's collapsing double team. Comfort seemed to score at will, but for some reason the Owls kept trying to shoot perimeter jumpers and force tricky passes that were often intercepted. Stony Brook had ten steals and forced the Owls to commit 23 turnovers. Temple collected 14 more rebounds than did Stony Brook, but they managed to post only 19 points in the first half. Jessica Smith alone had 17 in that time, as she picked up the team with her left hand and carried

them to the nine-point halftime lead. Smith's first bucket was a thing of beauty, as the forward scored a textbook lay-up in transition, using her left hand to take the ball to the hoop and shielding the defender with her body as she went up. She used a lefty jump-hook in the paint to get two of her 21 points, shooting 10 for 16 from the field before fouling out with 4:15 to play.

Mykeema Ford added 17 points and five assists, and was perfect from the free throw line. Dana Ferraro pulled down a team-high 10 rebounds to go with her four points, and Inbar Orion had an impressive block as Stony Brook did what it needed to do to get the win. With Stony Brook falling to George Washington 77-55 on Saturday night (Dec. 10), the Seawolves now stand at 4-3 against the difficult non-conference schedule.

Game Watch

Home

- Dec. 13:** Women's Basketball v. Dartmouth, 7pm - Sports Complex
- Dec. 23:** Men's Basketball v. Albany, 7pm - Sports Complex
- Dec. 28:** Wmn's Basketball v. Delaware State, 7pm - Sports Complex
- Jan. 1:** Men's Basketball v. Colgate, 7pm - Sports Complex
- Jan. 5:** Men's Basketball v. Vermont, 7pm - Sports Complex
- Jan. 7:** Women's Basketball v. Vermont, 2pm - Sports Complex
- Jan. 14:** Men's Basketball v. New Hampshire, 12pm - Sports Complex
- Jan. 18:** Women's Basketball v. Boston Univ., 7pm - Sports Complex
- Jan. 19:** Men's Basketball v. Boston Univ., 7pm - Sports Complex
- Jan. 25:** Women's Basketball v. Maine, 7pm - Sports Complex
- Jan. 28:** Men's Basketball v. UMBC, 1pm - Sports Complex
- Jan. 28:** Swimming v. Fairfield, 1pm - Sports Complex
- Jan. 29:** Women's Basketball v. UMBC, 2pm - Sports Complex

Away

- Dec. 14:** Men's Basketball v. Hofstra, 7pm - Hempstead, N.Y.
- Dec. 17:** Women's Basketball v. St. Johns, 2pm - Jamaica, N.Y.
- Dec. 28:** Men's Basketball v. Connecticut, 7pm - Storrs, Conn.
- Dec. 30:** Men's Basketball v. Wagner, 7pm - Staten Island, N.Y.
- Jan. 3:** Women's Basketball v. Bucknell, 7pm - Lewisburg, Pa.
- Jan. 6:** Women's Track @ URI Invitational, 1pm - Kingston, R.I.
- Jan. 7:** Men's Track @ Yale Invitational, 9am - New Haven, Conn.
- Jan. 8:** Men's Basketball v. Binghamton, 7pm - Binghamton, N.Y.
- Jan. 10:** Men's Basketball v. Dartmouth, 7pm - Hanover, N.H.
- Jan. 11:** Women's Basketball v. Binghamton, 7pm - Vestal, N.Y.
- Jan. 14:** Women's Basketball v. New Hampshire, 7pm - Durham, N.H.
- Jan. 16:** Men's Basketball v. GWU, 7pm - Washington, D.C.

For a complete listing visit: goseawolves.org/calendar/events

St. Johns Hands Seawolves Fourth Loss

By JON WALTER
Staff Writer

Jamaica, N.Y. - Dec. 7, 2005 — Stony Brook men's Basketball lost to St. John's 65-43 on Wednesday. The loss gave Stony Brook their fourth in a row, opening up the season, placing them at 0-4. St. John's climbs to 5-1 with the victory.

Despite an early charge to open up the game, during which Stony Brook gained a 9-1 lead, it was not enough to stop the powerful St. Johns offense, which bounced back from their early eight-point deficit to finish the first half leading 30-18.

Stony Brook narrowed the gap in the second, closing to within ten points. However, St. John's battled back once again, outscoring Stony Brook 33-27 in the second half and retaining their lead until the end of the game.

The starkest difference between the two offenses was their

Continued on page 15