

the stony brook Statesman

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A Vote for the Working Class

Presidential Candidate Comes to Stony Brook

BY MANSOOR KHAN
Statesman Editor

Last Tuesday, one of the candidates for president of the United States stopped by Stony Brook University. No, it was not John Kerry, and no, it was not George Bush. It was Róger Calero, the presidential nominee for the Socialist Worker Party.

Calero, 35, is the associate editor of the Spanish-language magazine, *Perspectiva Mundial* and a staff writer for the *Militant*. A resident of Newark, New Jersey, Calero prides himself on representing the common man, a stance he says the Republican and Democratic candidates do not take.

"We speak on the interest of working people," Calero said. "In the face of a large economic crisis." That crisis, Calero insists, generates instability and war. As those in power attempt to secure resources, they go at each other's throats, and establish imperialist regimes, Calero explained.

"The Socialist Worker Party gives people an alternative to the tweedle dee and tweedle dum of the Republican and Democratic party," said Calero's campaign manager. "Róger Calero is fighting on our side, for change."

The Socialist Worker Party aims to ease the plight of the working class, advocating for better working conditions, social security and benefits for the working class, according to Calero. "By using our collective strengths, we cannot only begin to push back attacks on our working conditions," he said, "but we can make demands, too."

Calero emphasizes that the Democrats and Republicans are constantly waging war on these benefits, putting the burden on the working class' backs. Despite their claims at increased productivity, they neglect what's behind the scenes, the living and working conditions of the masses, he said.

Not only are the Republicans neglecting fundamental rights, Calero explained, but they are forcing divides among our population. "We're told that social security will go bankrupt, because of the growing number of older people," he said. "This is one of the most serious attacks on our class solidarity, promoting divisions between younger and older people."

The Socialist Worker Campaign instead plans to put millions back to work in unions, reform railroads, increase childcare services and provide lifetime healthcare for all. "The government should be responsible for that, not the individuals," Calero said.

The motives of the parties in power are plain to see in national politics: the message of force and fear that Bush sends to Iran, the torrid treatment of prisoners of war; and that message is no different from the ones sent right at home, Calero explained. Police brutality right in our own neighborhoods sends the same message; it's a measure put in place to meet the growing resis-



Above- Roger Calero, presidential candidate for the Socialist Worker Party.

tance of the working people, Calero said.

The Socialist Worker Party offers the masses a chance to find an alternative, Calero insists. "When you go to the voting booth in November, you don't have to hold your nose and vote for who you hate. You can vote for who you want," he said.

However, Calero, a Nicaraguan immigrant, is not constitutionally able to serve as president, since any individual who acts as president of the United States must be born here. He has taken this into account, however. "If we win," he said, "we will mobilize a constitutional change very rapidly."

The Stony Brook Statesman Thursday, September 30, 2004

Weird Science: Eat Your Heart Out and Get Paid

By PETER SUNWOO
Statesman Editor

Meet Sonya Thomas, the attractive Korean lady in the picture to the right. This energetic 36-year old woman is a manager at a Burger King, and likes to work out on the treadmill once a week. But don't let her average facade fool you. At only 105 pounds, she has rapidly become one of our nation's favorite competitive eaters. She goes by the alias "Black Widow," and is currently ranked second in the International Federation of Competitive Eating.

This eating machine wears quite a few titles on her small belt. Here's a list of some of her records: 5.75 pounds of deep-fried asparagus spears in ten minutes; 11 pounds of Downtown Atlantic cheesecake in nine minutes; 23 pulled pork sandwiches in ten minutes; 167 chicken wings in 32 minutes; 65 hard-boiled eggs in six minutes; 36 dozen Acme oysters in ten minutes; and 43 soft tacos in 11 minutes. Does anyone else feel like throwing up?

"I want to prove that woman, man, big, small, doesn't matter. If you want to be number one and you try your best, you can do it," Thomas said. That's good

advice, but she's still second place. The number one competitive eater is still Takeru Kobayashi, best known for his Nathan's Famous Hot Dog Eating Title for eating 50 dogs in 12 minutes. He's another tiny Asian, weighing in at a mere

131 pounds, with a big appetite. I'm twice the size of both of these walking refrigerators, but I can't even eat a fraction of what they consume. How do they do it?

"I drink lots of water a few days before. I don't really train. Once in a while, for one or two minutes, I'll eat to work on my technique," Thomas said. This is one case where size truly doesn't matter. Many people of large masses cannot go on colossal binging sprees. This proves that the mass of a person has nothing to do with the size of your actual stomach. The only difference between an obese and anorexic person is obviously the amount of fat accumulation, and also how much organ was stretched from its initial size.

Many tissues are combined and assembled together to form organs. The stomach is mainly composed of three types of tissues: epithelial, connective, and smooth muscle tissue. Each has its own functions, but let's focus on the

connective tissue. It surrounds the entire stomach, allowing for better elasticity when the stomach is churning or fluctuating. The competitive eaters most likely have genetically large stomachs, and they also take advantage of the fact that the stomach is elastic.

Drinking massive quantities of water will stretch the stomach, allowing for more space for Thomas to squeeze in 167 chicken wings. "I'll stretch my stomach until it causes internal bleeding. I drink gallons of water at a time before competitions," said Don Lerman, a professional glut that holds the record for eating 13

oversized matzo balls.

There is a lot more involved in competitive eating than just expanding your stomach, like having a powerful jaw and lots of determination and focus.

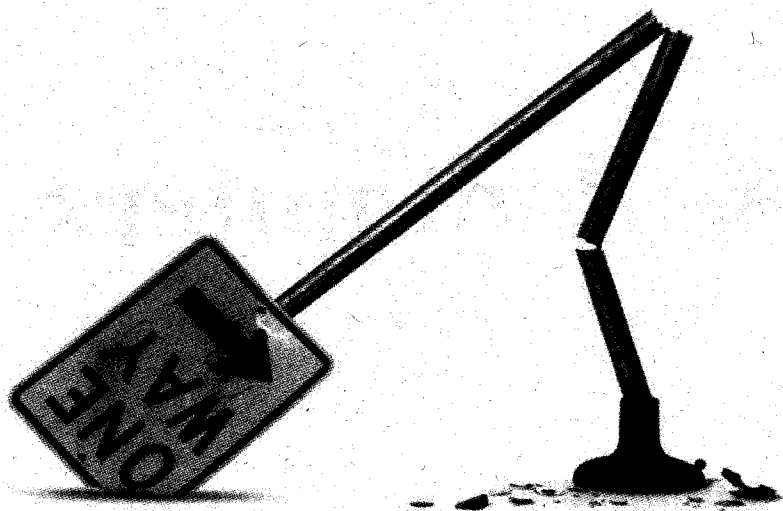
Let's face it. We can't all become eating machines, but with the knowledge these eating champions have provided us, we now have a legitimate choice. We can either try to stretch our stomachs to win amateur eating competitions, or shrink it by eating less to shed those unwanted pounds.

I don't know about you, but I feel like I can eat a horse.



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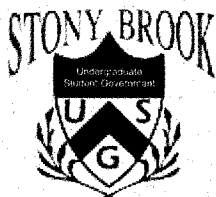
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Commentary

Shouldn't It Always Be Like This?

A View on Homecoming

BY AMANDA RUBENSTEIN
Statesman Editor

What is the first thing you think about when someone says the word "Homecoming?" Personally, I think of popularity contests, high school dances and a football game that nobody *really* cares about.

What is the definition of Homecoming? It's when all the alumni come back to the school to see what is going on there. Now, since when do alumni wait until Homecoming Weekend to come back to their alma mater? Any alumnus who would want to come to see the school would probably have visited before Homecoming.

If an alumnus has graduated in the past four years, maybe he or she plans to see some professors or friends that have been left behind. After four years, it almost becomes pointless. Most of the professors are not at school on the weekend, and many of the students the older alumni have come to know may have gone home for the weekend. Such is Stony Brook life, unfortunately.

After all, Homecoming barely seems to be about the alumni of the university, anymore. Most of the programs have to deal with the current students. Between floats, banners, the crowning of Homecoming King and Queen and the football game, Homecoming is not really a homecoming, but a realization that we actually have a home to come to.

Shouldn't we feel this way every day at Stony Brook?

Much of the student population consists of

commuters who rarely see a reason to call their school home. Yet, homecoming seems to be a way that residents, commuters, and faculty all come together. I'm not claiming that this is a necessarily bad thing, but that it's unfortunate that we necessarily have to pick a day to do all of this.

Truthfully, I don't understand why this doesn't happen more often. Why can't every campus lifetime, football game or film festival inspire the same warm feelings as Homecoming? Mostly, it is apathy. Yet for some reason, all of that vanishes on one single day in October.

I doubt that everyone just decides to like football on Homecoming. In fact, I am certain that this isn't true. Homecoming is designed so that there's something interesting for everyone. Everything is included—from the parade, to the Homecoming Court, to the football game; there is something in it for everyone.

It's no accident that homecoming involves so many different events that interest so many different students. It's almost forced interest—forced community closeness. Should we really need that? Personally, I think that it's insulting to everyone involved with Stony Brook that we must have Homecoming feel like a tightly knit community.

This isn't to say that Homecoming should be completely done away with. Still, it shouldn't be the only reason students and faculty come together. We all can't possibly be too busy to come together for campus events. Everyone can help out on this one—be interested in *something*. We'll all be happier to be on campus in the long run.

The NHL Roadblock

BY RUPESH DAS
Statesman Contributor

Progress isn't a word that National Hockey League owners or players know of at this point in time. The NHL is currently in a lockout state, the result of the expiration of the latest collective bargaining agreement between players and owners. The two-week mark has been reached without any sign of light, and the owners and players are rarely in progressive contact with each other.

The players will not participate in a league with an imposed salary cap, and the owners won't have a season without an imposed salary cap. The end result of this equation is simple: disaster. But the main problem is something that most people have thought of already - who cares? It's clear neither side does.

"We're going to tie players' salaries to revenues of the league. And they can sit and be petulant and pout about it all they want," said Carolina Hurricanes' owner Peter Karmanos. This is the kind of stubbornness that is leading to absolutely no progress. The NHL, a league that was barely on the American sports radar to begin with, is falling further and further off with every day of the lockout.

This is the third lockout the NHL has experienced in its existence, and this year's threatens to be much longer than the 103-day lockout that shortened the 1994-1995 season. The agreement decided upon to end that lockout was nothing but a proposal to put off this problem until now; which is exactly why this lock out threatens to be much more debilitating to the sport.

The owners have no problem in locking out; they actually stand to not lose money if the NHL does not resume play. The owners say teams have lost \$273 million dollars in 2002-2003, and \$224 million last season. Because of this, they argue for a salary-based revenue system. Under such a system, a team's player-salary expense can only be a certain percentage of the overall revenue. By implementing this system, losses that have been the norm for most NHL teams could decrease significantly.

The NHL Player's Association (NHLPA) doesn't believe these numbers, even though they were calculated by an independent, unbiased firm. The NHLPA was given the opportunity to have their own financial consultant calculate the numbers themselves, but refused to do so without comment.

The players, most of who reside in Canada or

Continued on Page 9

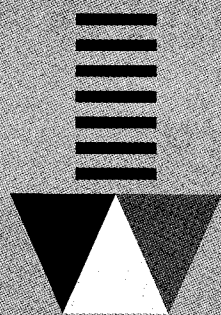
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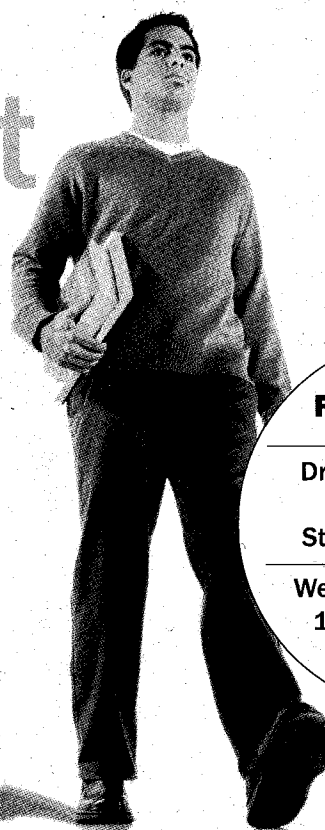
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An Insider's Look at San Gennaro

SBU Italian Club Takes a Trip to Little Italy

By ROSIE SCAVUZZO
Statesman Contributor

When the moon hits your eye like a big pizza pie, it's either one of two things: Amore, or the annual San Gennaro Festival in Little Italy, NYC. Maybe it's a little of both. Love was in the air these past few weekends on the streets between Mulberry and Fulton, where hundreds upon hundreds of wide-eyed and grumbling-stomached visitors packed in to experience the smells, tastes, and scenes that are particular to this feast.

"Zeppolis! Torrone! Sausagee and Pepppers! Cannoolii!" The vendors call passionately, luring and tantalizing with their fantastic displays of the most delectable looking pastas, sandwiches, meats and my personal favorite, desserts. La Bella Ferrara, the world-renown bakery, had booths with their utterly luscious pastries for purchase (or even just for drooling) all across the four long city blocks of Little Italy.

Every restaurant on the block stayed open late, giving their customers the option of dining al fresco, in the open air, luring other passers-by to eat as well. The feast is a yearly event thrown for the mere popularity of it, and with the almost full moon shining down on the streets, there was no doubt that love was in the air. Love for the people, the culture and let's not forget the food. Hey, that's Amore.

Yet with each passing year, the traditional Italian Feast, given for the Catholic martyr Saint Gennaro, who is known for being the Patron Saint of Naples, has strayed a bit from its original purpose. Traditionally, you could hear Italian Music throughout the feast, and Italian Americans would call to you in their own dialect from the booths, urging you in their language of love to visit their table. These days, the feast is a bit different. The diversity of the city has transcended the Italian feast and in a way, it has become very much a multicultural event, a coming together of all walks of life. While "Italy and San Gennaro" are the predominant reasons for the event, Spanish food and music, Chinese Bags and Shoes, and even Irish T-Shirts could be found all down the streets.

C.I.A.O., the Cultural Italian American Organization at Stony Brook University, had the chance to stop by and witness the event firsthand, but many members felt that the spirit of Saint Gennaro wasn't quite there this year.

"I feel that the feast did not incorporate much culture



Above: Members of the Italian American Organization, C.I.A.O., at the San Gennaro festival in Little Italy.

for the actual theme of San Gennaro," said Juliana Santelia, events coordinator for C.I.A.O. "It was too Americanized."

Like Juliana, many others were also discouraged by this idea. "Where's the Italian Music?!" I exclaimed when passing the first music station blasting hip hop on loudspeakers to fill the street. However, the idea that the feast has been undoubtedly Americanized has both positive and negative aspects. America is a melting pot, as we have heard time and time again from elementary school until now. New York City, especially, is one of the most diverse regions in the world, with people from all different countries and walks of life.

Having never been to the feast before, I awaited streets filled with only Italian Americans, young and old. However, I was very surprised to see plenty of people from almost every other ethnicity across the globe. It seems to me that the organizers of the San Gennaro Feast have taken to heart its popularity and are looking for the best way to profit from the event. The more the feast caters to the wonderful diversity of

the city, the more wonderful the profits will be.

Passing by the Church of San Gennaro, I finally saw the statue of the patron saint of Naples for whom the feast is named, as pious Catholics went over to pin a dollar on the ribbons at his feet. A little further down the road, I heard the Italian Music I was so intently waiting for as "O Sole Mio" was proudly projected down the street. Down a bit further, I stepped into a traditional Italian shop and spoke in my own broken Italian to the store owners, who "Only a-speak-a Italiano." Finally, I bought my Ferrara cannoli and ate it reverently.

As Americans, we must embrace our diversity, and although it is important to share with each other the traditions and roots from where we come, it is even more important to realize that we are all on common ground now. American ground. I am proud to be of Italian heritage, but even prouder to be an Italian American. La Vita Americana e Bella. For more information about C.I.A.O., please email us ciao@ic.sunysb.edu.

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Student Involvement Fair at SBU

7



Clockwise, from left- 1- Dancers riled up the audience with their quick hip-hop steps and scandalous attire. The performing group was filled with energy, which seemed to be absorbed by the crowd, especially. 2- Japanese drumming pierced through the noise of the loud crowd at the Student Involvement Fair, giving the event an exotic twist. 3- The Japanese Culture Association greets Stony Brook, "Moshi, Moshi."

Photos 1,2 by Chris Lonardo, Statesman Photo 3 by Peter Sunwoo, Statesman

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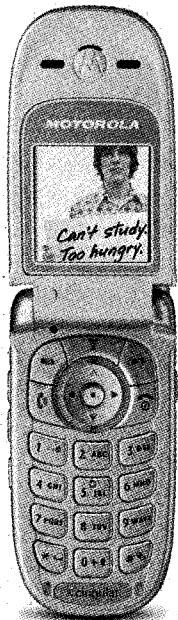
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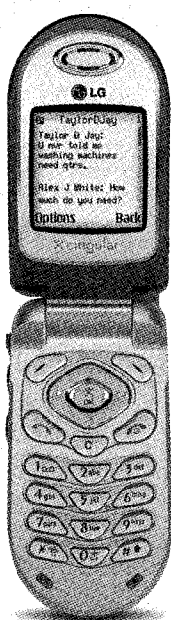


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The Dos and Dont's of the Autumn Season

By JESSICA LANDRESS
Statesman Staff

This year, fashion has taken the scenic route. There is a strong emphasis on mixing colors, styles, fabrics and textures. What once looked sloppy suddenly seems to be adorable. We are seeing a lot of velvet, cashmere, silks, satins and wools in our fabrics. The most popular patterns are tweed, argyle and animal prints. The more popular colors are rich jeweled tones, as well as fun splashes of metallic and sparkles. Almost every outfit can be accented with a large broche (those pins covered in jewels that your grandma used to wear), scarves and long dangling earrings.

For men, the looks are clean, sophisticated and youthful. Layering has made a huge comeback this season. Crisp cotton shirts under soft and fuzzy sweaters look great when worn with a nice pair of slacks. If that seems too professional, then try wearing a baseball hat and clean sneakers. The combination of dressy and casual is actually in style!

As far as cosmetics go, less is definitely more. Neutral eye shadows with one coat of mascara on the eyes, flushed cheekbones and glossy lips is the look we are seeing on the runway. In the evening, put on a few extra coats of mascara and use a shimmer powder on your cheeks, eyes or collarbone.

Autumn fragrances are filled with soft musk, vanilla, sandalwood, cinnamon, pumpkin and floral scents. Your fragrance should now be different from the one you were using all summer long. When picking your

new fragrance, make sure to take deep breaths of clean air in between scents; this allows you to smell the cologne in its natural state. Keep in mind that once the cologne is on your body, the natural oils in your skin will change the scent, as will the length of time that you have it on. Only buy it if you still like the way it smells a few hours later.

With colder weather fast approaching, there are some precautions you should be taking with your body. For starters, to prevent dry skin, be sure to apply a moisturizer as soon as you get out of the shower. For extra dry skin, apply a heavier cream at night before you go to sleep. Your skin breathes better when you are resting, and therefore will absorb the moisturizers better. Once a week you should exfoliate your dead skin cells with either a body scrub or a loofah sponge. To keep your hair soft and healthy, be sure to condition at least four times a week. Those with fine hair can get away with only two or three times weekly. Try not to shampoo your hair everyday, because this can also dry out your scalp.

Internally, these next few months are going to be taking a toll on your health. Make sure to drink plenty of water, eat a well balanced diet, exercise and take a multivitamins. These factors will help boost your immune system, and prevent you from getting sick.

Now that you know some of the basics, you can look and feel your best this fall season! For questions or comments please email Jessica at Curlyqqq1@aol.com

A Big Bump in the Road for the NHL

Continued from Page 4

Europe, have plenty of options for as long as the NHL lockout lasts, as international leagues will still be playing. Under the plan proposed by the owners, the average salary for an NHL player would be around \$1.3 million dollars, and they are instead choosing to play in European leagues that run on salary-based revenue plans (ironic, eh?). As long as NHL players have legitimate options outside of the NHL, their greed will dominate the state of this lockout, and fans will continue dreaming about seeing hockey back on American ice rinks.

Even the media is realizing that this year's lockout situation is basically hopeless. Hockey writers all across the country are being re-assigned to cover the NFL, Yankees and

Red Sox pennant runs, and some are even forced to take their vacations to make up for the time that will be lost during the lockout.

Keep in mind we are only two weeks into the lockout. If the whole season is to be cancelled, which is probable, how many fans will actually be left (that don't live in Canada) to care about the NHL at all? The media to fan connection was never that strong to begin with, and this cut off will only sever that weak tie.

The end of this lockout depends on the players and owners finding a way to put aside their differences and come up with an agreement that gives the NHL a chance to prosper. But, in the words of NHLPA senior director Ted Saskin, "There's no real consensus on how to find the common ground," and who knows, or cares, if there ever will be.

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Statesman SPORTS

Seawolves Take Stags for a Ride

By SAMEER KHANLJO
Statesman Contributor

So far this season, the trademark of the Stony Brook women's soccer team has been their stalwart defense and outstanding goaltending. However, against Howard University, the Seawolves showed the potential to dominate offensively as well. This past Sunday afternoon, the Stony Brook women's soccer team continued to display superior offensive skill and talent, as they went on to defeat the Fairfield Stags 3-0. This victory improved their record to 3-4-2 and was their second consecutive win.

In the final game of the Holtsville Residency Inn by Marriott Tournament, the Seawolves women out-duelled, out-last-ed and out-competed the Stags. "It was a very good performance," said Head Coach Sue Ryan.

Good performance is a modest understatement, as the Stony Brook team dominated the tournament. "We needed to make a change to get more scoring on offense," said Coach Ryan. This change definitely worked as the Seawolves scored eight goals and surrendered none over two games en route to the tournament title.

In front of their home fans, and behind the leadership of their three captains Marissa Nucci, Danielle Lewis and Cindy Bennett, the Seawolves put on a display of crisp passes, direct shots and outstanding defense. The superior talent was visible from the onset as the SBU women took a 2-0 lead before halftime on goals by junior Danielle Lewis and freshman Krista Shilts.

Lewis scored her goal on a beautiful pass from sophomore Victoria Feliciano 11:51 into the game. Feliciano's pass came to Lewis on the right side, and she proceeded to slip the ball past the goalie. Shilts added her first collegiate goal at the 30:56 mark on a free kick.

The Seawolves emerged from halftime and continued their dominance. They had many chances, as they hit the goal posts several times. The first ten minutes of the second half were solely played on the Fairfield half of the field. Desperation kicked in for the Stags and they mounted a modest charge in the last 25 minutes.

"Although our offense has really played well recently, I feel that our defense remains the main strength of this program," said Coach Ryan. This strength showed as Stony Brook rebuffed every advance Fairfield made. Goalie Cindy Bennett came up big at every opportunity, making five saves, but was never really challenged.

SBU exhibited a quiet dominance. They kept up a high intensity level and never



Chris Lonardo/Statesman

Above- Junior Forward Kirsandra Seaton moves the ball upfield.

Right- Fairfield Freshman Jackie Thomson attempts to head a free ball, only to be ousted by a Seawolves defender.

let Fairfield develop a comfort zone. This intensity paid off as the Seawolves scored their third goal with 15:33 left in the game. The goal came as Kristin Mishrell raced up the right side and sent the ball into the middle, where Feliciano knocked the ball in. This was Feliciano's fifth goal of the year, and fourth of the tournament.

Stony Brook not only won the tournament, but left their fingerprints all over the trophy ceremonies. Feliciano garnered the Most Valuable Player award, and joined her teammates Nucci, Lewis and Tiffany Fasullo on the All Tournament team.

"This weekend was definitely a morale boost," said Coach Ryan. "It was something that we can look at, celebrate and build on for the rest of the season."

The Seawolves' last few games represent a trend towards excellence on both sides of the field, offense and defense. These last two victories should help propel the Seawolves into conference play, where the competition will be much more fierce. Their next game is Sunday at Albany and their next home game is Friday, Oct. 8 against Vermont at 7pm in LaValle Stadium.



Chris Lonardo/Statesman