

THE STATESMAN

STUDENT SURVIVAL GUIDE



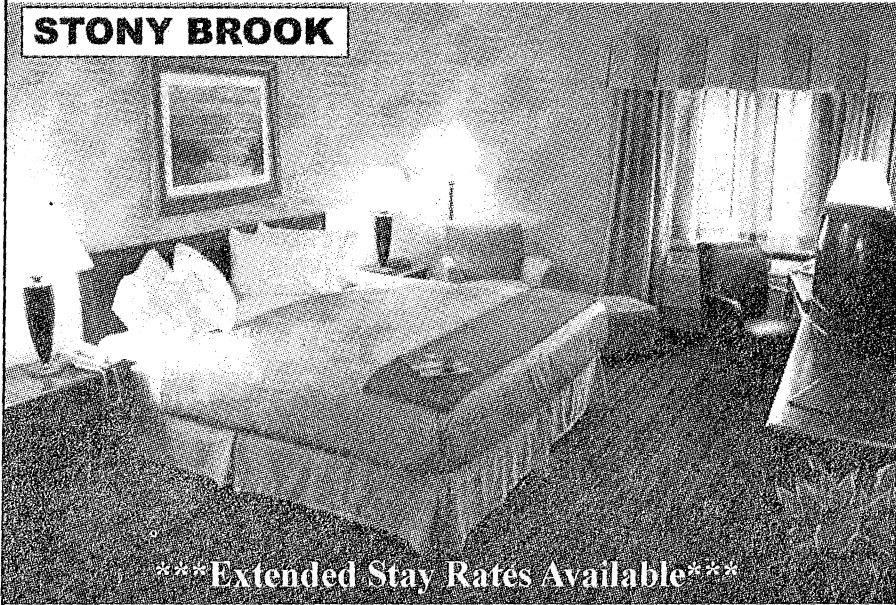
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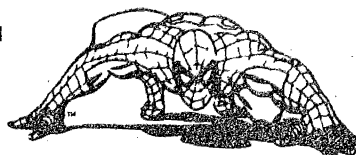
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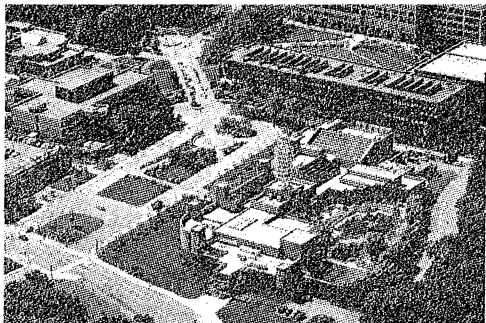
NEW AND BACK ISSUES

- STAR TREK • DR WHO • TOYS • STAR WARS
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JAPANIMATION • VIDEOTAPES • MODEL KITS
MAGIC: THE GATHERING • ROLE PLAYING GAMES

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Fast Facts About stony brook university

- Stony Brook University is one of four university centers.
- It was founded in 1957.



Media Credit: Stony Brook University

- Our Mascot: Wolfie Wolferson, a seawolf



Media Credit: Stony Brook University

- President: Dr. Samuel Stanley



Media Credit: Stony Brook University

- The campus is comprised of over 1,100 acres

- Total undergraduate student body on west campus as of Fall 2008: 23,997



Frank Posillico / SB Statesman

what do i do for fun

University Cafe

The University Café features karaoke, a bar and lounge, outdoor seating and a performance area for the students, staff and faculty at Stonybrook University. Bands, poetry readings and other performances are regularly scheduled for Café patrons. The hours for the Café are Monday to Friday from 12 p.m. to 5 p.m., and the lounge hours are Wednesday and Thursday from 5 p.m. to 12 a.m., Friday and Saturday from 5 p.m. to 2 p.m. Don't forget to bring a valid I.D to gain during lounge hours, attendees must be 21 years or older.

Starbucks

A recent addition to the dining options at Stonybrook, Starbucks is located on the 2nd floor of the Student Union. A good location to grab a quick coffee drink before that Organic Chemistry lecture, or meet with friends, Starbucks is open from 9:00 a.m. - 10 p.m. Monday to Friday, and from 12 p.m. to 10 p.m.

Staller Center for the Arts

The Staller Center for the Arts offers a variety of artistic and theatrical productions for the student body to enjoy, including concerts, operas, recitals and movies. You can contact the box office at 2-7230 to purchase admission to see performances from student based theatrical groups or independent film screenings at discounted student prices.

Smithhaven Mall

Smithhaven Mall features over 140 stores, including Guess, Forever 21, Macy's and Apple. Mall hours are from 10 A.M to 9:30 P.M. Monday to Saturday and Sunday from 11 A.M. to 6 P.M. It's a quick drive away from campus, and is also accessible by bus, which regularly depart from the Union and Tabler stops on the hour.



Media Credit: SCWSG.org

West Meadow Beach

West Meadow Beach, in Suffolk County N.Y., is a great destination for students to engage in many activities, from swimming, fishing, and even whitewater rafting. West Meadow Beach is also close to Fire Island National Seashore, and several quality hotels and courses for the collegiate golfer.

AMC Lowes

A perennial entertainment favorite, a night at the movies never fails to please. The local movie theatre features the most current and up to date films and blockbusters, even offering discounted tickets on Thursday nights. For showtimes, hours and ticket pricings, you can call the AMC hotline at (888) 262-4386.

Wolfies Restaurant

Decked out in Stony Brook memorabilia, Wolfie's is the go-to place for Stonybrook students to grab a bite to eat and watch Seawolves football. The menu features all American items such as cheeseburgers, pasta and pizza, along with the House special of the day. Wolfie's is open Monday through Friday, from 6 p.m. to 10 p.m.

Port jefferson Harbor

Close to campus, Port Jefferson Harbor in Brookhaven, Suffolk County, is a quick ride away for many students. The harbor features many small shops, bars and outdoor space, which make for a breezy afternoon getaway. There are many local music and craft fairs sponsored by the town, and an annual Charles Dickens festival scheduled in early December, with locals dressing up in 19th century outfits and other related activities.



Media Credit: Flickr

Annual Port Jefferson Charles Dickens Festival

Campus

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Arts & Entertainment: 10
Pop Music As American History

Sports: 13
Back to School, Back to Football

Arts & Entertainment: 10
SPECIAL: Sudoku Puzzle

Sports: 13
Women's Soccer

SURVIVAL GUIDE

Staying Connected on Campus with SINC Sites

If you consult the internet more than you do your textbooks for class, you're in good company. Since our wireless internet service is patchy at best, Stony Brook provides updated resources and a smoothly run service for on-campus computer and printer use: SINC Sites. SINC sites are computer labs located in most main buildings on campus. You can access any online resource from a computer workstation.

>> page 13

Students Find Bargains on Textbooks

The start of the college semester brings crowds of students to the university bookstore, rushing to get all of their course materials in time for class. While many students settle with the prices and policies of the school bookstore, others explore cheaper alternatives.

>> page 15

OPINION

Dealing With Modern-Day Piracy

College can be an intimidating place when you first arrive. Just remember that all other freshmen are in the same boat as you. This means that everyone is equally anxious about meeting new friends, and finding a group of people who they click with. In first few weeks of each semester, social groups are formed, strengthened, and expanded. It is important to meet a lot of people, so you can maintain friendships with those who you really like. In college you may find that you maintain a much larger social circle than you did in high school.

>> page 7

Hustle and Bustle, Stony Brook Moves Back In

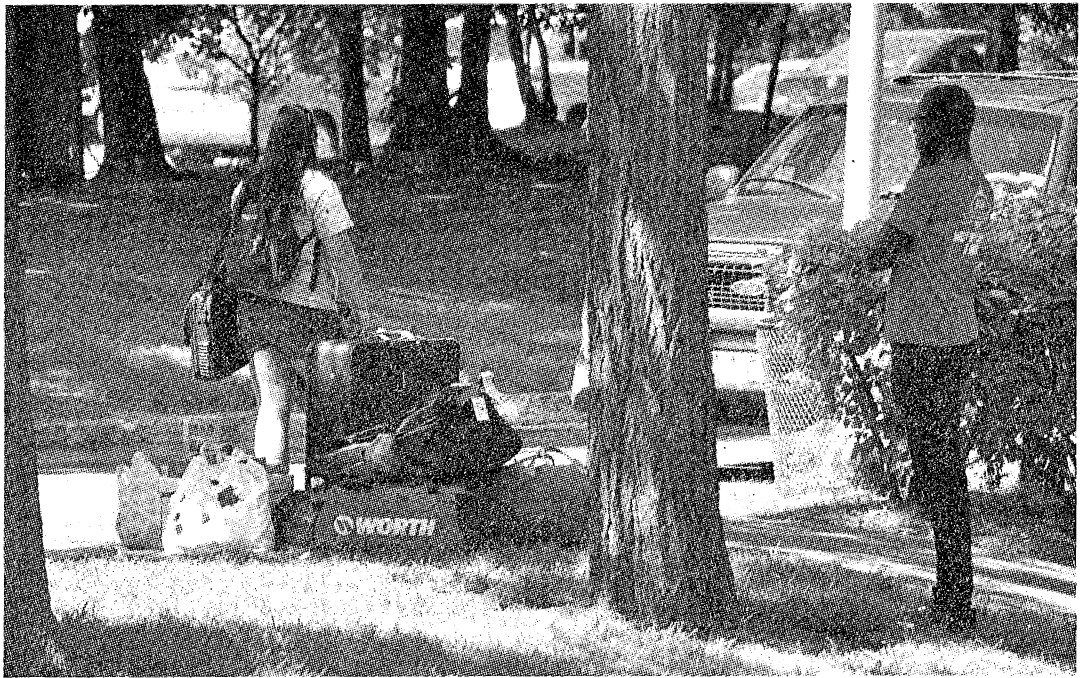
By SAMANTHA BURKARDT
Asst. Arts and Entertainment Editor

The huff and puff started early on the morning of the freshmen move in day, as students and their families unloaded their cars. The constant complaint of "there are no elevators to get to the third floor!" rang through everyone's ears. Many parents forgot quickly about the convenience of an elevator, once their child had all of his or her things set up in a dorm room.

The Welcome Wagon, a group of volunteer students, were always on the move. Helping unload, carrying things from cars to the buildings, and figuring out how to carry bulky items up the stairs, became an ongoing sight across the quads. Parents were greeted with a smile from the Welcome Wagon, and were happy to have unexpected help.

Freshmen weren't the only new students to move in on Thursday.

Transfer students, and their parents, also filled the campus streets. Anteinea Middleton, a junior, transferred in from Rockland Community College, and said she



As the new year begins, we are treated to the familiar site of students lugging their belongings to their dorms.

Frank Posillico / SB Statesman

knows Stony Brook will offer her great opportunities for a good price. She is studying business accounting and finance.

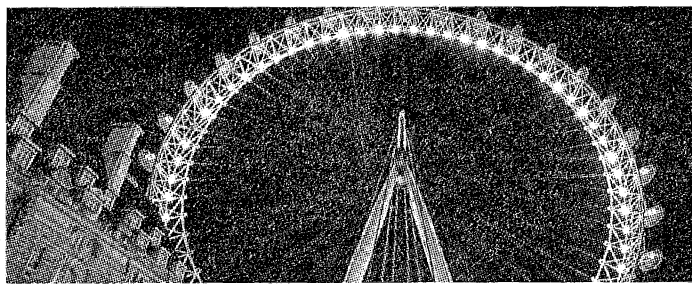
"I hope to graduate on time, meet new people, and become really involved on campus," Mid-

dleton said. "I'm thinking about joining my dorm's hall council, and I want to become an RA by next year."

Sophomore Victoria Fiorito, a transfer student from Norwalk Community College, Connecticut,

is excited, but also apprehensive.

"I wasn't social enough at my other school, but there are 23,000 students on this campus. Fiorito is a Biology Major and wants to join clubs on campus, like the Environmental Club.



Media Credit: Hulubei.net

The London Eye, seen through the eyes of Gregory Cohen and other students studying abroad

Captivated Miles from Home

By MARY REILAND
Contributing Writer

On a crawl that spanned six pubs and two bars in less than nine hours, Gregory Cohen, a Stony Brook University graduate student, knew he had made the right decision in going to London over winter recess. Head spinning, bleary-eyed, and hungry, Cohen headed back to his hotel and, like most hung-over students, awoke early to study Chaucer's Canterbury Tales the next morning.

In the last ten years, the total

number of United States students studying abroad has jumped from 99,448 to 241,791. Universities across the nation advocated for study abroad programs, urging students to experience another culture before they become too bogged down by their major. Once a major is declared, students may have a hard time going abroad, and still meeting all the necessary graduation requirements.

On a three-week study abroad

Continued on page 6

Students Print Coupons to Cut Cost

By SANDY CHENG
Contributing Writer

Coupon clipping is no longer just a pastime of the elderly. During these cost-conscious times, Stony Brook University students are getting hip to coupon clipping too, but they're finding coupons mostly online.

According to an annual consumer report by the Promotion Marketing Association Coupon Council, U.S. shoppers redeemed a total of \$2.6 billion worth of coupons in 2007, the same as in 2006, both online and traditional. In the 15 years before 2006, coupon redemption in the U.S. had declined. But Internet coupon usage increased 83 percent from 2005.

"Right now, everyone should be looking for ways to stretch their dollar," said Marisa Fascini, a Stony Brook senior. "Coupons are so easy to find online nowadays, students don't have an excuse."

Web sites like Coupons.com, MyCoupons.com, and Coolsavings.com

have sprung up, and digitally revolutionized coupon clipping. These Web sites aggregate some of the best money-saving online promotional codes and printable coupons from almost every retailer. Finding coupons has never been more quicker, easier or addicting.

According to Brian Weisfield, chief operations officer at Coupons.com, consumers printed more than \$300 million worth of coupons in 2008. That represented a 140 percent increase over the previous year.

The gasoline crisis of last summer prompted Richard Vu, a junior, to begin clipping coupons for the first time. From coupons alone, he saves an average of about \$20 on a \$50 grocery bill each month, he said.

"I just realized how much I could save if I actually tried," Vu said. "With those savings, I can put gas in my car and visit my family back home in Staten Island."

Platform-A's Business Intelligence Organization and Informa-

Continued on page 6

Captivated Miles from Home

Continued from page 5

program in London last January, Cohen, a self-described introvert, decided it was time to let loose. Cohen confessed the pub crawl and drinking marathon was not something he would generally do, especially in the United States. "Even if people judged me, I knew I would never see them again, and I knew I would probably only be there once so I shouldn't restrict myself," said Cohen, who admitted that he had had never had alcohol before he was 20.

Cohen said the pubs called his name more than a few times during his stay, but he was adamant that partying was not his main reason for the trip. Wanting to travel and experience a city outside his comfort zone, Cohen said the pub crawl was the only time he ever really partied in London. Every other experience was educational. "What we learned there, we could've learned anywhere," said Cohen, "but we could never have experienced it. We read *Oliver Twist*, and then toured the sites mentioned in the book. We read all kinds of other poets,

and went to museums, and saw the works that inspired them to write. It was a much deeper level of learning."

Brian Kelly, a recruiter for Morgan Stanley, is a huge proponent of study abroad programs. While he was enrolled at Pittsburgh University, Kelly studied in Madrid for six weeks, and lived with a host family. He found the experience to be rewarding in two ways: His fluency in Spanish improved drastically, and he met a group of people, students and strangers, with whom he still keeps in contact. Although Kelly said he would like to say studying abroad was solely educational, he added that, "Study abroad is a ton of fun. I partied a lot and met a ton of amazing people. But it is not only about the partying, at least not for most people."

Quickly switching from nostalgia for his college years to his current purpose, Kelly said he finds that studying abroad has a greater meaning to him now. When hiring students, he looks for the whole package. "The more quality experiences you have on your resume, the better," he said. "Study abroad par-

ticularly demonstrates a level of independence and risk taking."

From a recruiting perspective, Kelly finds that studying abroad sets a resume apart from the rest. "The business world is as global as ever, and many companies are sending people abroad. I go to Montreal almost every week. I have friends right now who are working for United States companies in Dublin, London, Hong Kong and Prague." He added that a person who studies abroad is generally self-motivated, a quality most companies are looking for.

William Arens, the dean of International Academic Programs at Stony Brook University, urges students to study abroad in their sophomore year if possible. "You're investing in yourself," said Arens. "At the basic level, study abroad makes you competitive. At the top level it makes you unique."

Amparo Abel-Bay, a senior at Stony Brook University, had an experience opposite to Gregory Cohen's. Abel-Bay visited Ghana this past January, to learn about different cultures while looking at career options abroad. Her time there was nothing like a

party. "My most memorable experience was visiting an orphanage, the Christ Faith Foster home," said Abel-Bay.

"I was able to play hand games, and spend time with the children. They just wanted to be held, and speak with our group. They all wanted to take pictures with us, and our group donated clothes, toys, and personal products to them."

Abel-Bay sees the anthropological aspect as the highlight of her trip. She committed herself to study, in lieu of partying, but also added that she felt unsafe leaving the campus late in the evening.

While Abel-Bay was studying, Cohen could be found eating salsa at an Irish pub in the middle of London's Chinatown. "London has some nationality-confusion," said Cohen.

Gregory Pomeroy, a sophomore, studied in Madagascar during the fall of 2008. Much like Abel-Bay and Cohen, he found the trip to be the most rewarding, interactive learning experience he has ever had. The experience had a profound effect on the way he sees the world, and has forced him to open his

mind. "I was molded by the media to believe that Africa was an uncivilized, unsafe area to live," said Pomeroy. "By being able to live in the country and culture for three months, I learned that my previous idea of the place was completely wrong. On the very first day, I realized the country was filled with wonderful people who were, like us, trying to build relationships with the people that they did not know, to learn about the other cultures of the world."

Although the cost of studying abroad is high, usually about \$5,000, Gregory Cohen said he found that the sites, and the culture, outweigh the price tag. "Life is a lot like prostitution," said Cohen with a grin. "The best things cost the most."

Besides paying thousands of dollars and drinking enough to thoroughly damage his liver, Cohen said his biggest regret of the trip was simple--dancing with the ugly girl. "Another nine hours of pub crawling wouldn't erase it from my mind," Cohen said, cringing as he remembered. "Imagine how ugly she is if I, nine hours under the influence, still recognized she was a beast."

Students Print Coupons to Cut Cost

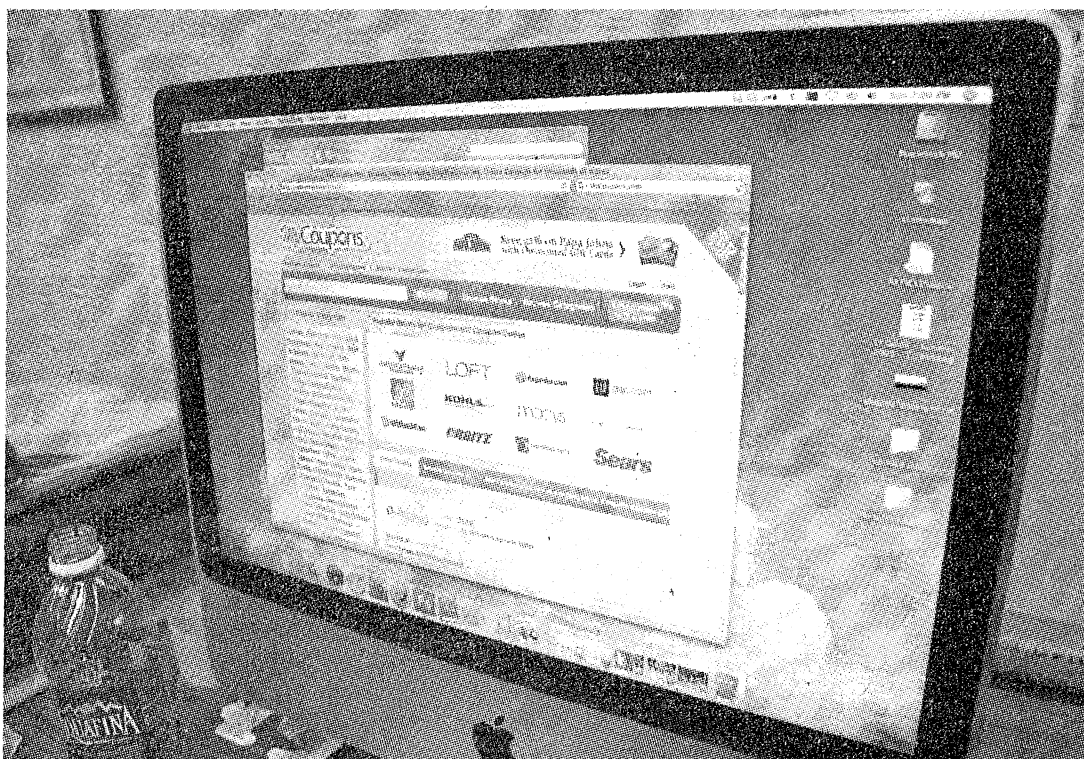
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tion Resources' study on coupon clipping by age groups found the use of newspaper coupons rose with age while the use of online coupons declined with age. Online coupons usage was highest among 18 to 24 year olds at 51 percent, gradually decreasing to 30 percent among consumers 65 and older.

Fascini, a self-declared "Coupon Queen," spends one hour each week compiling coupons from the Internet. She mostly uses coupons for retail purchases such as clothing, cosmetics and entertainment. She said she saves about 10 to 20 percent on all of her purchases.

"Just last week I needed a new lamp for my room," said Facini. "Not only did I find Home Depot was having a huge sale on lighting, I also found a printable coupon for an additional 10 percent off my purchase." The lamp's price tag said \$40; Fascini snagged it for \$23 -- nearly half off.

Warren Sanderon, co-chairman of Stony Brook's economic department, said the trend of students coupon clipping was bound to happen. "Young people demanded coupons for a long time but weren't being supplied adequately," said Sanderon. He pointed out that young adults are not reading Sun-



Frank Posillico / SB Statesman

Many students have taken on aspects of their grandmothers and have become coupon clippers.

day newspapers. Therefore they're not seeing the traditional form of coupons.

"Coupon clipping is just one piece of a larger trend of responsible consumer spending," said Sanderon said. "Even the people who aren't desperate for money to survive, like students, are now being sensible

about spending and using coupons."

Online couponing benefits consumers and retailers, said Camille Abbruscato, a marketing professor at Stony Brook.

"By using electronic media, the cost of implementing promotions has fallen through the floor, and marketing is jumping on this," said

Abbruscato. "Companies are building brand loyalty, and gaining new customers. Online coupons are just the beginning, as companies continually get creative."

One example of this creativity is mobile coupons. Web sites like Cellfire.com deliver coupons to mobile devices for services, shopping, and

entertainment. Consumers find local deals by zip code. At checkout, the consumer shows the mobile coupon to the cashier for their discount -- no clipping, printing, or storing involved. The service is free of charge to all users.

Dennis Chigrinski, a junior, admits to being an avid user of Cellfire, because it is also a downloadable application for such phones as the iPhone and iPod touch.

"In the past I would just buy things when I needed it, without considering if I was overpaying, or if I could use coupons," said Chigrinski. "But now, I can't check out without checking my iPhone first. It's like having a little personal coupon assistant."

Holly Hok, a senior, said she cuts 10 to 15 percent off her purchases on groceries and house essentials. In fact, coupon clipping has changed her entire buying experience.

"I actually don't feel that bad when I buy things, as long as I use coupons," said Hok. "I don't know what it is about saving money with coupons. I think it's just the fact that I'm saving money on things I need, and that makes my purchase such a better experience. It's actually become fun to look for bargains and savings."

the stony brook Statesman

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GET INVOLVED

Statesman production meetings are held throughout the day on Wednesdays and Sundays in RM 057 in the basement of the Student Union. Anyone wishing to contribute to the newspaper is welcome to attend these meetings.

The Statesman encourages readers to submit opinions and commentaries to the following address:

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To view previous issues, extra material, and to learn about how to get involved with the Statesman, visit our website at sbstatesman.org.

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WHO WE ARE

The Stony Brook Statesman was founded as "The Sucolian" in 1957 at Oyster Bay, the original site of Stony Brook University. In 1975 "The Statesman" was incorporated as a not-for-profit, student run organization. Its editorial board, writing, and photography staff are student volunteers while its business staff are professionals.

The Statesman is published twice weekly on Mondays and Thursdays throughout the fall and spring semesters.

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For Argument's Sake

BY ZEBAH AHMAD
Opinions Editor

I hope to see little of my own name in this section this semester, and to replace it with yours. Twice a week I plan to see the world as you do, and to watch you present that vision to the Statesman audience.

I'm offering up the Opinion section as a platform, hoping to find your voice, and your sensibility. Ultimately, the issue you choose to focus on for a particular column -- be it the unfolding of our new national or University presidency, social, or humanitarian goals you think this nation or campus can achieve, your personal concerns for the future or the present, or any other issue that engages you -- will fade in favor of your perspective on it.

This campus is teeming with individual points of view. We have access to people who have lived in different places, absorbed different perspectives, and have different value systems from our own. Based on our influences and interests, our past experience, our families and cultures, our moods, and more, some of us view the past and the present very differently from others, and that affects what happens to all of us in the future. We tend to

isolate ourselves in the face of this diversity, to clique up and stay in our comfort zones when we should be taking advantage of this atmosphere by exposing ourselves to the most viewpoints available. The college environment is the place to let guards of convenience and comfort down--to focus on what can change the way we think about what we used to find commonplace, to question what we once accepted.

With enough voices, this column is just as likely to cause unrest and argument as it is to resolve it. While the medium is pacific, the goal is unsettling and stimulating exchange.

Dialogue isn't a matter of tempering or tampering with our opinions or beliefs so as not to offend others, or to ally with a political party; it's the capable articulation of individual beliefs presented in a way that evokes understanding.

We are lucky to have a means to discuss these individual differences through this widely-available and widely-read student medium. We are blessed to live in a time and a nation that embraces and celebrates the right to individual belief, individual opinion, and individual action.

In the context of news, politics,

or an 800-person lecture hall, our individuality sometimes seems like an incarnation of self-importance or denial of our own insignificance. We affect one another, we evoke responses from one another, we incite arguments with one another. We synthesize the perspectives of others to form our own. But in reality, we independently perform the original, inherently individual act that defines us and cements the notion of individuality: we voice our opinions.

We can choose how to be affected by our news: It changes hands so many times that we have to accept even our most long-standing publications as only an interpretation of events that have conspired. We affect what we learn as we learn it; none of us transfer information transparently. In this column, I hope to recognize and even celebrate the interaction that we have with our news rather than deny it.

News as we see it is therefore both personal and universal; what affects our beliefs affects our behavior. Relating to the news, realizing that your environment is shaped by it and that you shape your environment by creating it, is knowledge.

Whether your cause is change

or the status quo, write for your own sake: sharpen your tongue, your pen, and your perceptions. If you offer your view, others will reciprocate.

Plato once referred to opinion as the medium between ignorance and knowledge. We can take this to refer to both self-knowledge and outside knowledge; our opinions show us our characters, and how we exercise them will develop those characters.

We've all developed a lens through which we absorb and view news, and class material alike.

Write a column for the Statesman on any issue that interests you and you will receive a response to that lens from a diverse and unique audience. Take advantage of the opportunity to have 6,000 people listen to what you say; whether you agree or disagree with them is up to you.

I hope to see you at the Media and Student Involvement Fairs taking place during Campus Lifetime over the next two weeks. Collect a few bylines and meet with the staff; decide the course of your own college experience.

Email your articles and letters to the editor to me at op-ed@sbstatesman.org

Tips for Socializing in College

BY RAVNEET KAMBOJ
Contributing Writer

College can be an intimidating place when you first arrive. Just remember that all other freshmen are in the same boat as you. This means that everyone is equally anxious about meeting new friends, and finding a group of people who they click with.

In first few weeks of each semester, social groups are formed, strengthened, and expanded. It is important to meet a lot of people, so you can maintain friendships with those who you really like. In college you may find that you maintain a much larger social circle than you did in high school. You will have many friends with many varied interests.

Meeting people in a new place can seem daunting, but here are some simple ideas on how to meet people in college that will help.

1. Meet people in your hall, and on your floor. Use Move-In day to get familiar with as many people in your quad and hall as possible. During the first weeks of school make sure to introduce yourself to most, if not all of the people who live on your floor. Learn their names, where they are from, and what classes they plan to take. This is a great way to create a

social circle.

2. Get to know your roommate. This step is the most obvious, but remember that you will be living with this person and that having a good relationship with him or her will be an important part of your college experience. Meet your roommate's friends, and find out what interests you share. A good relationship with your roommate is one of your best available sources of support, encouragement, and camaraderie in a new environment.

3. Attend Stony Brook's Orientation and Welcome activities, even if you expect them to be boring. Other attendees are likely to be just as bored as you are, but the activities are a great setting for starting conversations, and even friendships. When you encounter the same people again in class or at meal times, you will already have something in common.

4. Attend the Student Involvement Fair on September 16th. Becoming a member of multiple clubs and intramural sports teams will bring you close to people who share your interests. There will probably be an athletic team or club on campus for every hobby or pastime you enjoy, but make sure you try new things as well.

5. Meet people in class, which is a great place to find those who have something in common with you. Don't be afraid to participate right from the beginning, because you will be encouraging other people to do the same. Common classroom discussions can often turn into lasting friendships.

6. With a little courage, you can walk up to a person you do not know and introduce yourself. This might seem a little scary, but you have a lot to gain.

The most important thing to remember is that you can meet new people anywhere. There are

no rules or set activities or areas you have to be in to meet people. Remember though, do not be afraid of dropping social connections if you feel that others are not heading in the same direction as you.

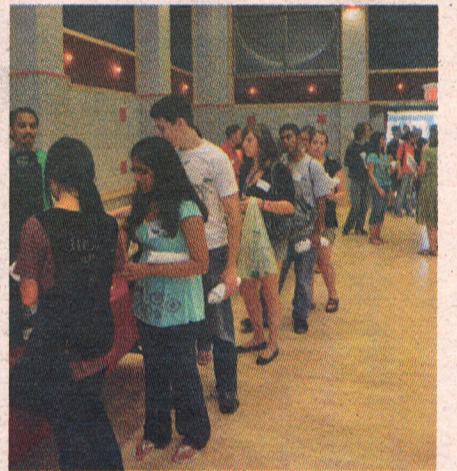
You will find that college is a time of new experiences and adventures. The only solid rule to having a great social life and lots of fun in college is to get out there and make it happen.

Meet people you like, build connections that last for life, have a blast, and learn a lot about yourself on the way.

Guidelines for Opinion Submission

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MUSIC

POP MUSIC AS AMERICAN HISTORY

By MICHAEL KIMMEL
Contributing Writer

Welcome back! I know that for many students, September's traditional back to school activities tend to veer decidedly away from the academic. Like Asher Roth, we know why you love college.

But we professor types like to amuse ourselves by believing that we can encourage you to stretch intellectually outside your comfort zone, to try on new ideas, consider new or different possibilities.

So here are a couple of ideas for how to spend that money on something other than books. Pop music as American History 101.

Woody Guthrie: My Dusty Road (Rounder Records)

Start with the oracle of folk. This four-CD set is a definitive best-of collection of Guthrie's major recordings from the 1940s. Guthrie's music is a kind of "American history in a jar" anyway – a compressed history of working people's struggles, and the beauty and grandeur of the country. Just remember that Congress seriously considered adopting "This Land is Your Land" as our national anthem, until they actually listened to the third verse:

As I went walking I saw a sign there

And on the sign it said "No Trespassing."

But on the other side it didn't say nothing,

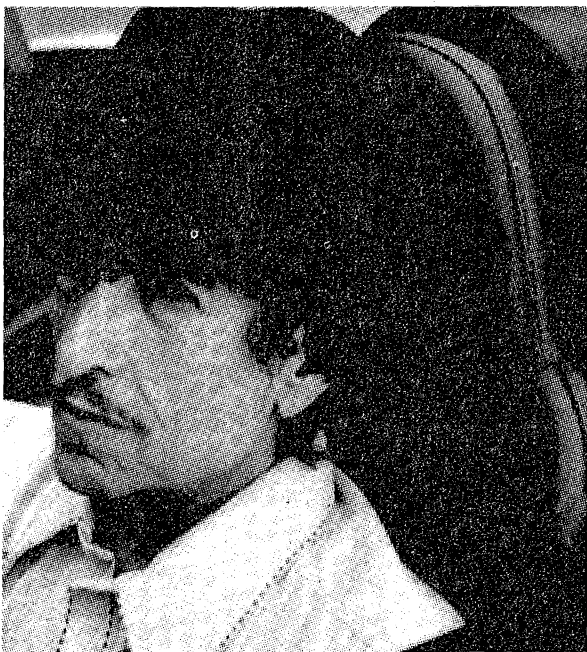
That side was made for you and me.

(Guthrie wrote this as a riposte to the cloyingly annoying "God Bless America", which Kate Smith had made into a hit in 1940, and which Yankee fans must now en-

sure at every single home game. Need one say more?)

Other songs include the tender "More Pretty Girls than One," the gospel-infused "Will You Miss me When I'm Gone", and my personal favorite, "Pretty Boy Floyd," which is a whole course in the Sociology of Deviance in 3+ minutes.

You don't need to listen to Bruce Springsteen channel Woody on "Ghost of Tom Joad." Listen to the real



growl, and his lyrics have lost much of their political or psychological urgency on this, his 46th album.

There's less social protest, or that sneering anger at cultural hypocrisy. At least not at first. But then, "It's All Good" creeps up on you as a hell of a send up on American complacency.

But still, he is musically inventive, toying here with Norteno, big band, and rock-blues hues in an increasingly

Mould. Their earlier CD, Mavericks, was among my Top 10 in 1992; this one is easily as laden with melodic folk-rock hooks, smooth harmonies and sweet, if undemanding music. Think Lovin' Spoonful busking on the streets of New Orleans.

Indeed, there is a bit of an edge here, derived, perhaps from Holsapple witnessing Hurricane Katrina's ravaging of his adopted city. He returned to North Carolina, teamed back up with Stamey, and fell back into these sweetly familiar grooves.

If you've grown weary of They Might Be Giants' pandering to listeners in the single digits (my kid now likes them more than I do), give this a listen. The same lyrical playfulness, tight harmonies, and melodious grooves that come from a lifetime of playing together.

Jesse Winchester: Love Filling Station (Applesseed Records)

Speaking of being around forever, Jessie Winchester burst onto the scene as a Woodstock mainstay around the same time as The Band, with his soft, country-inflected folk songs like "Yankee Lady" and "Brand New Tennessee Waltz." This guy still has the sweetest voice this side of James Taylor – rich and melodious. At times, it's thin to the point of evaporation, as on Ben E. King's original fiercely yearning "Stand By Me." But mostly, this is a collection of songs of weathered experience, but neither weary nor jaded.

And that posture, tempered by enthusiastic, ever hopeful in the fact of the new – well, how else to face the new school year?

thing. Gritty, nasal, angry, defiant, and passionate – the entire array of human emotions. The American pageant.

Bob Dylan: Together Through Life (Columbia)

Bob Dylan was one of Woody's first offspring, traveling from his native Minnesota to sit at the dying Guthrie's feet and sing "Song for Woody" for him at roughly the same time that Dan Draper was busy climbing the corporate ladder. Dylan's voice has mutated from a Midwestern twangy whine to a hoarse, gravely

monotonic musical palette. (Accordion frills by David Hidalgo of Los Lobos fill out the sound.) The actual music may not be as grand as the grandiose "cult of Bob" might have it, but Dylan here proves he is still as restless and creative as ever.

Peter Holsapple and Chris Stamey: Here and Now (Bar/None Records)

They've been around, like, forever. Holsapple and Stamey were the original dBs, Continental Drifters and Golden Palominos, and played on early records of REM, Alex Chilton and Bob

Media Credit: Google Images

MOVIES

THE UGLY TRUTH

By SAMANTHA BURKARDT
Asst. Arts & Entertainment Editor



Media Credit: Google Images

In the Ugly Truth, Mike Chadway, played by Gerald Butler, is the ladies man of all ladies men, who hosts a cable access show called The Ugly Truth. Abby Richter, a news producer played by Katherine Heigl, however, sees Chadway as a male chauvinistic pig, that gives women horrible advice on men. In a twist of faith, Richter is forced into working with Chadway, in an effort to boost the ratings for her news station. In an effort to get Chadway off her station, Richter makes a deal with Chadway. If she can snag the hunky next-door neighbor she has been eyeing using Chadway's advice, Richter will allow Chadway to run his show the way he sees fit. However if his advice does not work out, Chadway

must quit his job. Although at first she is annoyed with his antics, they appeared to come in handy when her neighbor, Colin, finally seems to notice her.

A hysterical trip is what you're in for, if you buy tickets to see The Ugly Truth. Gerard Butler and Katherine Heigl are a hilarious pair who delve deep into what men and women really want. By the end of the movie you are begging the two to get together, even though she's a control freak and he's a loose cannon. It becomes clear that these two characters compliment each other well, and help to break down each other's emotional barriers.

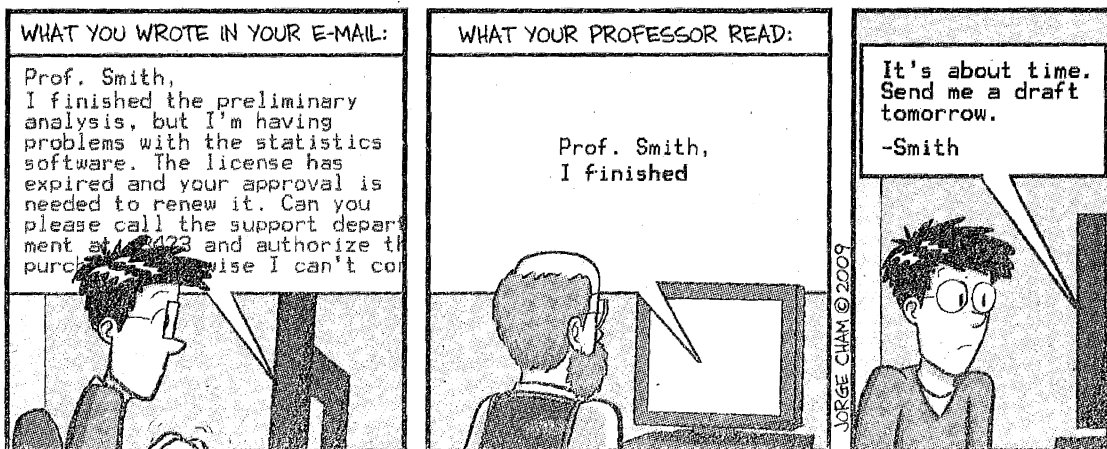
The Ugly Truth is wonderfully funny all the way through.

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The Stony Brook Statesman Monday, August 31, 2009

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Back to School, Back to Football

By SARAH KAZADI
Sports Editor

Back to school means back to college football season, and this fall is no exception. After finishing second overall in the Big South Conference standings last year, the Seawolves are eager to get back on the field.

Preseason camp and a series of practices and scrimmages have led up to Saturday's date with Hofstra being the season opener. The Seawolves won't play on their home field until Sept. 19 against Brown, and conference play kicks off in early October.

In only its second season in the Big South, Stony Brook is quickly becoming a conference heavyweight. The league's head coaches selected the Seawolves to duplicate their second place finish in last month's preseason poll. Also, four Seawolves were preseason all-conference selections: sophomore Edwin Gowins (Bellport, N.Y.), and seniors Chris Richards (Quartz Hills, Calif.), Tyler Santucci (New Kensington, Pa.), and Conte Cuttino (Uniondale, N.Y.).

Linebacker Santucci and cornerback

Richards both started every game for the Seawolves last season, and were second team All-Conference selections. As pillars of the Seawolves defense, they created havoc for opposing teams, with Santucci racking up on tackles, and Richards intercepting passes.

As they handle the defensive end, the Gowins-Cuttino combination literally carries the Seawolves' offense. The running back duo was the only one in the Football Championship Subdivision (FCS) that saw each run for over 1,000 yards. After last season's stellar play, Cuttino stands alone at the top, being Stony Brook's all-time leader in yards with 2,807. Gowins had an outstanding rookie season, racking up Freshman Of The Year honors, both from the Big South and the College Sporting News.

"Losing parts of the offensive line will hurt us a bit," said Seawolves Head Coach Chuck Piore, "But those two kids are quality players that should be recognized nationally and they will be who we build our offense around."

Solid numbers will be essential in the Sea-

wolves' quest to take the Conference's top seed. Ranked ahead of the Seawolves are the Liberty Flames, and below them are the Coastal Caro-

lina Chanticleers, completing the top three. With last year's core still intact, the Seawolves hope to live up to the high expectations.



Frank Posillico / SB Statesman

Two football players practice for the fall season.

Men's Basketball

By SARAH KAZADI
Sports Editor

Though the season doesn't officially tip off until mid-November, the Seawolves Men's basketball team has its eyes set on building on last year's breakout season. Not only was the 4th place conference finish the highest in school history, but the Seawolves also totaled 16 wins -- the most since joining the Division I ranks. Head Coach Steve Pikiell received America East Conference Coach of the Year Honors.

Now, the Seawolves are in preseason workouts and practices, looking forward to the months ahead. "Coming off our best Division I season ever," said Coach Pikiell, "I couldn't be more excited about the direction of our program."

One step in that direction is bringing in the 2009-2010 recruiting class. The Seawolves added three guards and a forward in the mix. Preye Preboye (Springfield, MA), Lenny Hayes (Voorhees, NJ), and Marcus Rouse (Upper Malboro, MD) will be in the backcourt, and Eric McAlister (Cranbury, NJ) will try to do some work in the post.

"Their size, athleticism and versatility will be great assets to our team next year, and in the future," added Coach Pikiell.

That will be essential in filling the void left by last year's graduating class. Marques Cox, a stellar defender that was named to the conference's all defensive team, will be missed in the backcourt, along with sharp shooter Michael Tyree. Down low, the Seawolves will no longer have the combination of forward Demetrius Young and center Desmond Adedeji, to rack up on rebounds and score in traffic.

But with four of last year's five starters coming back, the Seawolves will look to take the next step and become recognized as conference powerhouses. America East Play kicks off in early January.

"I believe that the strong nucleus we have returning, along with these talented newcomers, has set our program up for sustained success," said Coach Pikiell.

Women's Basketball

By SARAH KAZADI
Sports Editor

Currently in preseason mode, the Seawolves Women's Basketball team is working hard to erase memories of last year's 6-23 record. With new faces to the roster and a change to the coaching staff, the Seawolves are ready to get back on the court come mid-November.

"The completion of one year brings the anticipation and excitement of the next year," said Head Coach Michelle Cherry, "And I can't wait to get to work with the next group of student-athletes to wear the Seawolves' red."

The departure of former Assistant Coach Greg Adams, who was named Western New Mexico University's head women's basketball coach, leaves a temporary void on the side line that should be filled well before the Nov. 13th season opener at home against Princeton. Also, the Seawolves roster has changed, with former players Kairsten Nunn, Ariel Brown, and Sarah Kazadi not taking the court this year.

But returning players and the five incoming freshmen in this year's recruiting class are ready to carry the program to new heights. All of the rookies and a few older players have spent the last few weeks on campus, working out, taking classes and getting ready for the season.

6'4 center Taylor Burner, a Port Jefferson native, is the lone post player in the newbie bunch. "I feel good about this year," she said, "I think the team has great chemistry, even for being a young team."

On the perimeter, the Seawolves bring in Sam Landers (Springfield, VA.), Gerda Gatling (Woodbridge, VA), Dani Klupenger (Aurora, OR.), and Amanda Corona (North Hollywood, CA), all stand-out high school guards, ready to take their game to the next level.

"They all seem to have a high basketball IQ," added Coach Cherry, "Which should translate to a shorter learning curve, as they transition to the college game."

Men's Soccer

By SAM KILB
Contributing Writer

Fresh faces made up the majority of the Seawolves' roster when they reported for preseason in mid-August. Fourteen newcomers will take the field for Stony Brook this year, after sixth-year head coach Cesar Markovic lost a significant number of players to transfer and graduation.

Among those to wear Seawolves' red for the first time this season will be Wilber Bonilla (Brentwood, N.Y.), a sophomore midfielder transferring from Hartwick. A familiar name in Long Island soccer, Bonilla played in 16 games last season and was once a member of the U-18 national team pool.

Also looking to make an immediate impact are freshmen Leonardo Fernandes (North Babylon, N.Y.) and Raphael Abreu (New York, N.Y.). Fernandes looks to be a promising midfielder, while the 6'3" Abreu is expected to bring pace and finishing ability to a Stony Brook attack, that was held scoreless on 11 different occasions last season.

Returning to a relatively experienced midfield for the Seawolves are Greg Tinari (Holbrook, N.Y.) and James Palumbo (Carmel, N.Y.). A junior with swift feet and good vision,

Tinari was named team MVP in 2008. Palumbo is a dynamic player with great speed and the ability to go on long runs in possession, a skill contributing to his scoring two goals and collecting one assist last season.

With defensive regular Mladen Ramic (Belgrade, Serbia) out for the season with a torn ACL, the Seawolves back line will rely on seniors Damion Brown (Kingston, Jamaica) and Collin Geoghegan (Lindenhurst, N.Y.) to put off opposing forwards.

Added to the schedule for this year are some big names, including Harvard and Big East schools St. John's, ranked first in the country in a preseason poll, and Seton Hall, who will visit Laval Stadium on Sept. 13. Conference play begins on Oct. 3 at Boston University and wraps up at home against Hartford on Oct. 31.

Bottom Line: With a lot of youth, many questions remain as to how Markovic will fill out the lineup card. The Seawolves will face some difficulty in a very tough conference, but are looking to improve on last year's win total of three.

Game to Watch: Stony Brook host rivals Hofstra in the storied Long Island Derby at 7 p.m. on Sept. 1, looking to prove their worth after drawing 1-1 away last year. This early fixture could answer some lineup questions, and serve as an indicator of where this season will go.

Women's Soccer

By SAM KILB
Contributing Writer

A stinging loss in the America East championship game, and the resulting second place conference finish, remained fresh in the mind of the Seawolves as they began preseason preparations in early August.

Having lost captains Brook Barbuto and Trine Allenberg, veteran head coach Sue Ryan has added seven freshmen to the roster. The recruiting class included two 2009 ESPNRise.com Spring Girls' All-America selections in Taryn Schoenbeck (Newark, DE.) and Meghan Gilley (Macungie, PA.).

Returning players include standout senior goalkeeper Marisa Viola (Cutchogue, N.Y.). Viola started 15 games for the Seawolves in 2008 and was named to the All-America East first team. She also collected America East Goalkeeper of the Year honors and finished sixth in the nation, with 7.56 saves per game.

Also returning is sophomore midfielder Colleen McKenna (Manorville, N.Y.). Last year's America East Rookie of the Year, she started 15 games and led the league with nine goals and 21 points and joined Viola on the All-America East first team.

The calendar will do the Seawolves no favors this season. After opening at home against Iona on August 21, the ladies face a difficult non-conference schedule, including trips to Rutgers and North Carolina State, then finish with eight conference games in the space of a little over three weeks. They wrap up the regular season at Maine, on Oct. 22.

Bottom Line: With plenty of depth surrounding McKenna and Viola, the Seawolves are sure to be a contender for the conference crown, and an NCAA tournament berth.

Game to Watch: The Seawolves will be looking for revenge and the conference table will be taking shape, when they host defending America East champs Boston University at 7 p.m. on Oct. 15.

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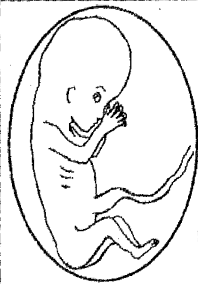
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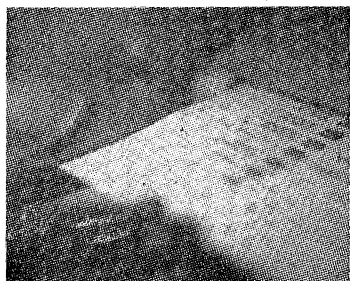
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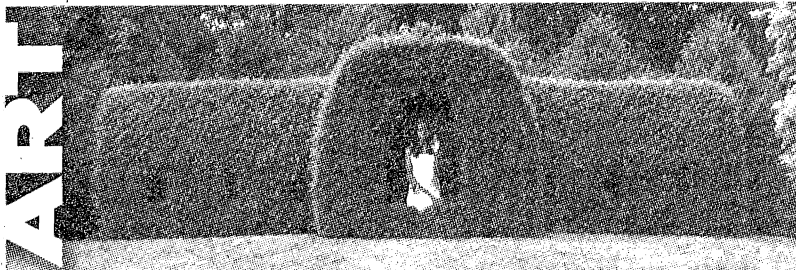
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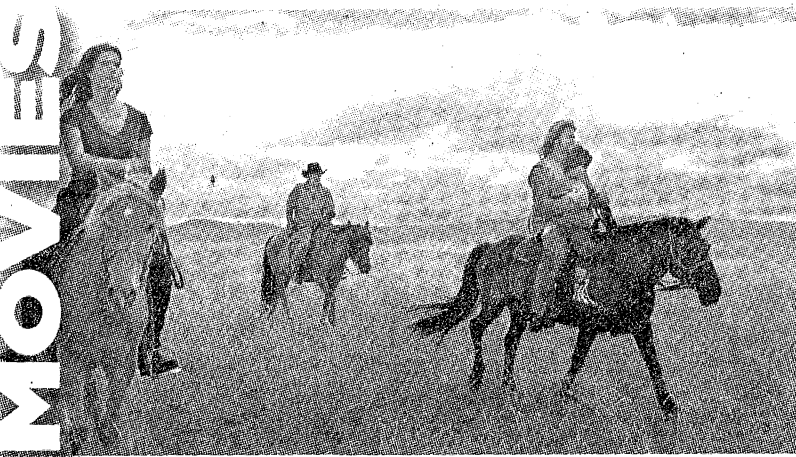
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SINC sites each have individual looks, hours, and set-ups. Each has its particular accessibility, turnover rate, and regular crowd levels. Generally speaking, the number of computers available in most sites is matched by people who want to use them. Resultantly, SINC sites can become congested and noisy. Staff will tell you that early morning is a safe time to come in

and expect a computer, and that the early afternoon hours are the most crowded.

The SINC sites in the Library, the Student Union, Social and Behavioral Sciences, and Engineering have convenient hours.

* The Main Library SINC site gives the impression of a beehive with people entering, printing, and leaving. Because it's populated primarily by people dropping in between classes, it has a high turnover rate. This site features the most dependable and enthusiastic staff.

* The Central Reading Room site is almost unfailingly filled to capacity, since people seem to stay at these stations for some time. There's often a very short line or a computer available in the North Reading Room, your best bet for a computer on the main floor of the library building. Students are also more likely to be at a workstation for academic purposes in the North and Central Reading Rooms, which means less of a wait. The site in the Language and Learning Center in the library is steadily gaining popularity, but remains an unknown gem to a large number of students.

* The SINC site in the basement of the Student Union is most likely to be used recreationally. It's often crowded but rarely completely full. The SINC sites in Engineering (Room 106) and SBS (N-620) are still accessibly located but have less of

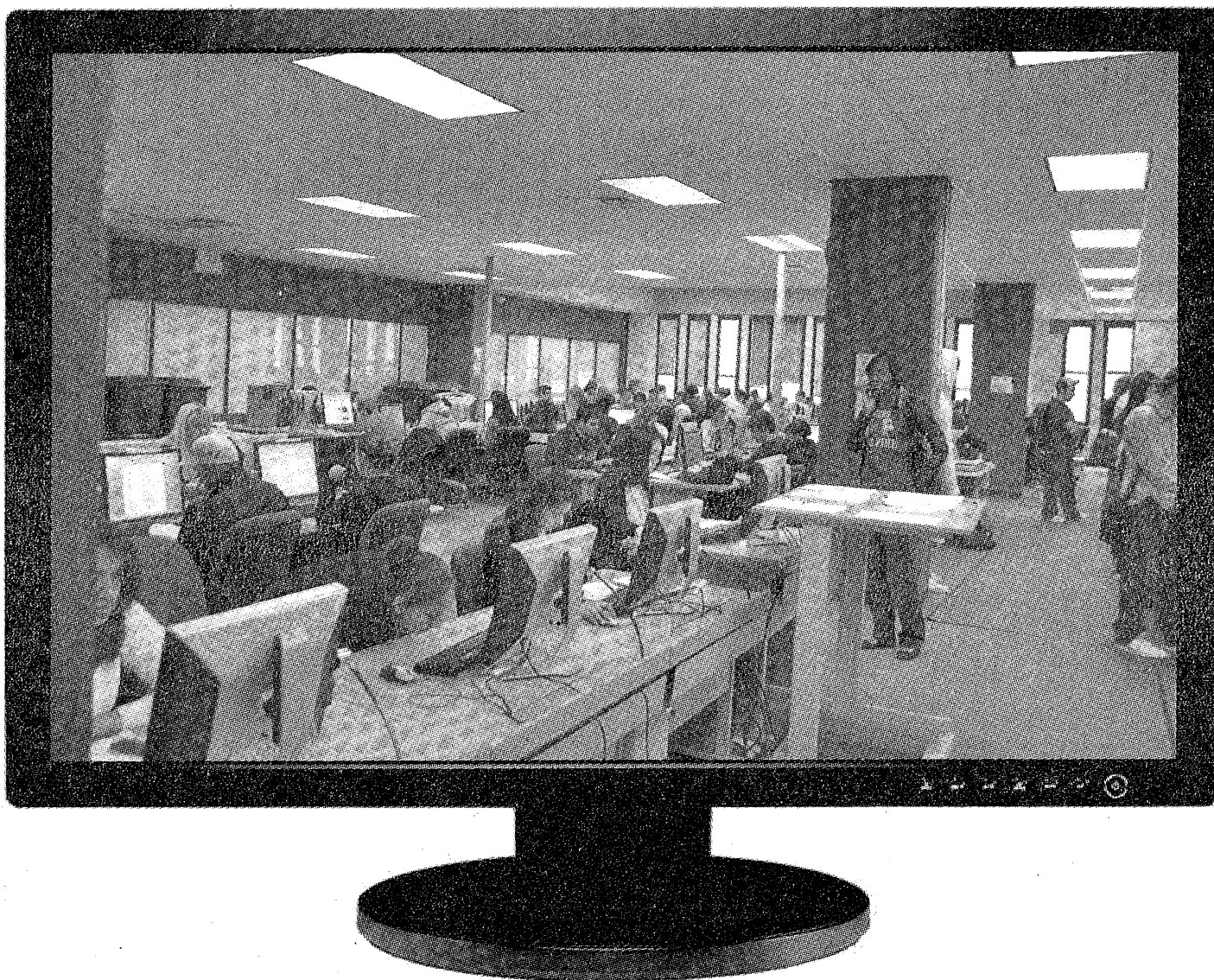
a crowd. If you're embarking on a long project or need to get a large amount of work done, choose a workstation far from the entrance in one of these quieter SINC sites. Lesser-known, and further from the SAC or library, but still open at useful hours are the Life Science and Computing Center sites.

The sites in Humanities, Chemistry, Computer Science, Fine Arts, and Hariman Hall have very limited availability but are usually less crowded than the major ones.

Check Stony Brook's Teaching, Learning, and Technology website (<http://tl.tl.stonybrook.edu>) for news, such as updates on the "print from anywhere" feature, new sites, open hours, room numbers, weather or occasion related closures, special schedules, and more. Each SINC site's individual website is available at <http://www.sinc.sunysb.edu/helpdesk/labs.shtml>.

Ultimately, finding a computer workstation on campus is an imperfect science. Decide which site to use based on the time of day and your location.

What's important is to make yourself efficient: plan out your use of computer ahead of time, combine several jobs in one session, email yourself computer links so you don't have to find a website in order to print from it, and always, always be flexible.



I'm on Campus, Now Where Do I Eat?

When you first arrive on campus the choices of where to eat seem endless so here's an insight look at the dining halls on campus.

There are six major dining areas on campus that have recently gone under new management: Campus Connection at H-Quad, The Stony Brook Union, Students Activity Center, Roth Food Court, Kelly Dining Center, and Tabler Cafe.

STUDENT ACTIVITIES CENTER

First lets start with the Students Activities Center commonly known as the SAC. It's located in the middle of campus so it's always crowded with students especially during the day especially from noon to about 5 o'clock. If you have the time to wait they serve made to order burgers, sandwiches, and wraps.

ROTH DINING CENTER

If you don't feel like waiting half an hour to get something to eat your best bet would be to go Roth, since it's not as close to classes as the SAC, it tends to be less crowded during the day. In Roth there's a Wendy's that stays open till midnight, a pizza place, sandwich, the international market, which serves a variety of international food and an organic cafe called Pura Vida.

KELLY DINING CENTER

Kelly Dining Center is another good place to go during the day to avoid long lines but it is a bit of a walk from the Academic Mall. Kelly Dining stays open till 3 a.m. and is the destination stop for students who are looking for a midnight snack or even a whole meal. With a small market area Kelly Dining is a convenience among students.

TABLER CAFE

Tabler Cafe is the smallest dining area but provides a nice atmosphere for those who are looking to sit down and relax by either reading or chatting with friends. The cafe provides a Dunkin Donuts that stays open until midnight, microwavable foods and a variety of soups from Au Bon Pain.

STONY BROOK UNION

On the first floor of the Stony Brook Union there is the Union Commons, which serves grilled food such as burgers, grilled cheese sandwiches, chicken fingers, and French fries. They also have Chinese food, Mexican food and a Halal serving station. There is also a small deli on the first floor of the Union that serves fresh made sandwiches. On the second floor of the Union is Starbucks and the campuses' Wolfie's restaurant.

CAMPUS CONNECTIONS

For those who don't live in H and Mendelsohn Quad Campus Connections @ H-Quad is a bit of a long trek but the long walk is worth it for those who grow tired of eating the same foods at the SAC and Wendy's and are craving something a little different. Campus Connections also stays open until midnight.

All dining halls provide vegetarian and vegan alternatives.



Students Find Bargains on Books

BY SHIREEN JAYMAN
Staff Writer

The start of the college semester brings crowds of students to the university bookstore, rushing to get all of their course materials in time for class. While many students settle with the prices and policies of the school bookstore, others explore cheaper alternatives.

According to a survey conducted by the National Association of College Stores (NACS), colleges all over the country try to save students money through buyback policies, price matching, and textbook rentals. At Stony Brook University, however, students have found their own ways of saving money on textbooks.

Kevin White, an engineering science major, gets most of his books online, and says that "amazon saved me lots of money". Amazon.com offers new and used books, and claims to help buyers "save up to 90% off millions of used listings".

Students who use Amazon.com, however, should buy their books well before the start of the semester to allow time for shipping.

Aisha Ahmad, a health science major, also uses Amazon.com for her book hunting, "I think I spent around \$200 [last semester]

but since their [the books are] used, you get that money back". The site lets users look for books through a search engine and sell them back later, using only a book title or ISBN.

The Stony Brook University bookstore implements a buyback policy at the end of each semester, offering students up to 50% percent of the cost of each book. The bookstore will give Barnes and Noble giftcards away during Bingo for Books, on August 31, the first day of classes.

Mukid Khan, a respiratory care major, also spends about \$200 on books a semester, but does not have the same luck with buybacks as Aisha does. "I'm not that successful selling them [books] back. Either the edition I have is not used anymore, or I get beans for them".

At Stony Brook, where a majority of the students are math or science majors, each year brings a new, up to date version of textbooks. Some professors require the newest edition for their courses, but other classes allow older editions.

Keri Smith uses another alternative to the university bookstore and Amazon.com, "I buy my books at Stony Books," she said.

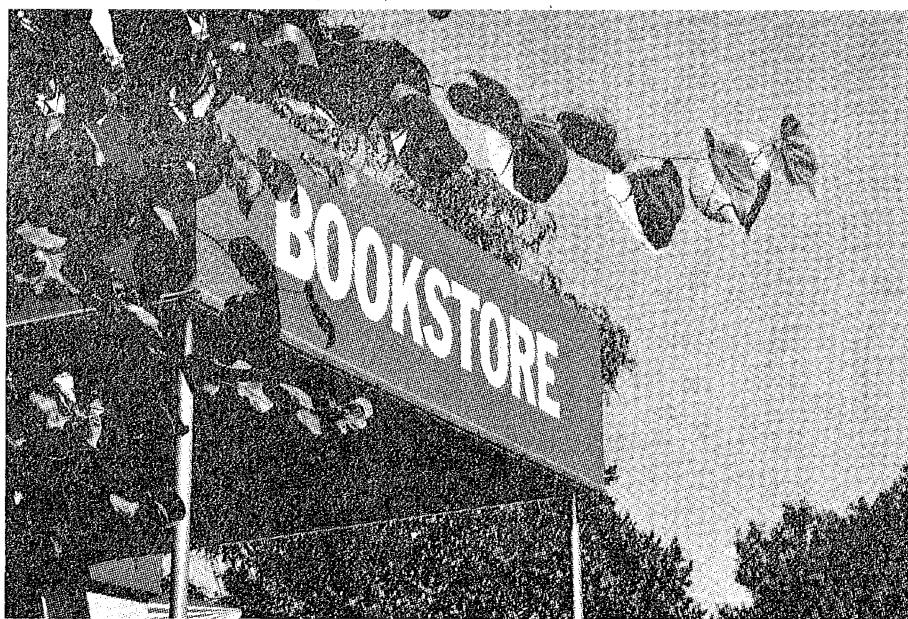
"I'm majoring in math, so if I don't keep the books I sell them back to Stony Books but definitely nowhere near what I paid for

them".

Stony Books Inc., which buys back text books all year round, has also started a book rental service. Students can pay \$5 a day to rent a book, but must put down "a deposit of the full price of the rented book," according to the Stony Books website. "Upon return of the rented book the deposit will be refunded minus the difference of the rental fee."

Not all books are available for rental, but this service does present another alternative to buying textbooks.

Using online textbooks, or Ebooks, is another less advertised method of getting school materials online. Certain titles are available for download or limited viewing, and can help students avoid the clutter of bulky textbooks and course readers.



Frank Posillico / SB Statesman

STUDENT SURVIVAL GUIDE

Staying Safe and Out of Trouble On Campus

College can be a blast. For most of you this is the first time that mommy won't be doing your laundry, and you'll be eating whatever you want each day. (By the way, watch the freshmen 15 because before you know it turns into the freshmen 25, and you're spending your entire summer at the gym.)

Living on a campus as large as this is like living in a miniature city, and, like all cities, there are rules and ways to keep safe that will get you back on the beach in June in one piece.

- **Alcohol:** As it states in the University Conduct Code (which we have all of course read) unless you are 21, there is no alcohol allowed in the dorms. If you are 21, then you cannot have more than 12 oz. bottles/cans of beer or 1/2 gallon of wine or 1/2 liter of spirits.

- **Weapons and Abuse:** There are also, obviously, rules against weapons in the dorms, or for that matter on campus, hazing, discrimination and sexual abuse. Campus residences, along with the University police, take all of these offences seriously.

- **Guests:** The dorms also have a guest policy that requires you to check a guest in, and get a pass for them to stay in your dorm. This rule tends to be the one that the dorms are most lax on. It is not irregular for students to have friends sleep over in their dorms and not get caught. However, if caught there can be greater

consequences.

- **Room Checks:** Moreover, while living in the dorms your RA's will do a Health and Safety check of your room to make sure that nothing in there is illegal. For the most part the RA's are as thorough as they can be, but they cannot go into your drawers or cabinets with out you being there.

Stony Brook is a large campus, and it can be intimidating at first. It can also be scary, but there are steps that you can take to make yourself feel less afraid.

Whether you are studying late at the library, or grabbing a late night snack it can be a tad scary walking back to your dorm, but do not fear there is hope. The Residential Safety Program (RSP), which is operated by Campus Residences, offers a Walk Service Program that provides escorts for students walking around campus at night.

All that you need to do contact them is dial 631-632-9255 on your cell phone. What is that? Your cell phone is dead? No problem just dial 2-WALK (9255) from any campus phone, and your knights in shining neon will arrive to safely escort you back to your dorm. Escorts are available from 8:00 p.m. until 3:00 a.m.

In addition to providing escorts at night, RSP has building monitors who sit at the entrance to each dorm and check students ID from 11:00 p.m. until 3:00 a.m. The one problem, however, is there are multiple entrances to the dorms and a

building monitor is not stationed at each entrance. Moreover it is quite easy for someone to get in to a dorm at any time of the day.

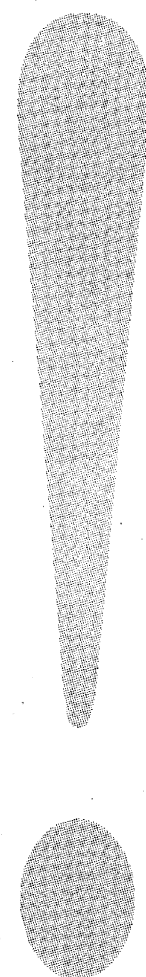
Stony Brook is, generally speaking, a safe campus with most reported crimes restricted to burglary. In the last available crime report from 2007, there was 212 reported burglaries on campus, which is considered theft from an office or student residence. In addition there were 4 reported robberies, which are considered theft with the use of force.

However, if ever anything happens that requires the University Police you should have their number handy at all times. Put this in your phone (631) 632-3333. Seriously do it.

In addition, you can also dial 911 from campus phones only, if you dial from your cell phone you will get Suffolk police and they will direct you to campus police, which just takes longer.

On average most burglaries are prevented by one thing, that is so simple anyone can do it. It is so simple that some dorm room doors actually do it by themselves, so the college educated don't have to bother to think about it. You must lock your doors.

Having an unlocked door is like writing on your door please come in and steal all my stuff. So if you follow one basic rule, KEEP YOUR DOOR LOCKED! It is almost guaranteed that you wont get your stuff stolen.



Parking Assistance For Commuters



Parking at Stony Brook University can be a hassle. If you're a commuter who drives, parking at the university is about as painful as a slap to a tender, sunburned back.

With the influx of more students -- and what seems to be more commuters -- parking has become even more of a nightmare. And if you're a latecomer, you will most likely be forced to pay in one of the metered lots. As if that wasn't enough, parking can be confusing all on its own. What this means is that you'll either have to come earlier each day or put away money for parking. The latter, I'm sure, no one likes doing.

But as limited and inconvenient as parking may be, here are some tips in attempting to tame the SBU parking beast.

Free All-Day Parking

North P Lot
South P Lot
Gym Road Lot
LIRR Parking Lot

What To Always Have

- Patience -- To park at Stony Brook, this virtue is a must.
- \$7.50 on hand in case you can't find any free parking. (And make sure it's the exact change)

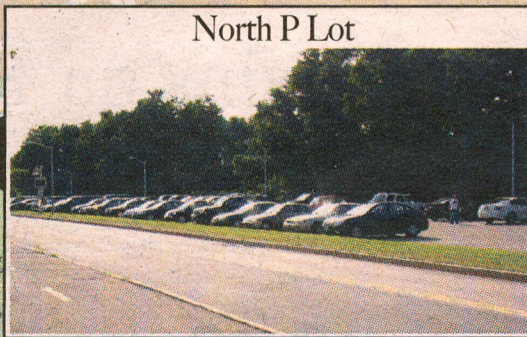
Keep In Mind

- Most parking on weekends is free on campus. The stadium premium and resident lots are free, as well as the Administration Garage. Metered lots are also free on weekends. (Still check the signs in case changes are made.)

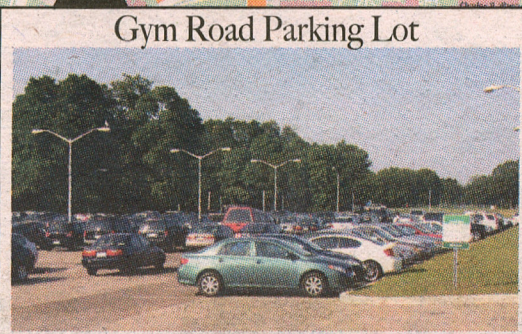
Stay Positive

- Parking may be a pain, but until you find another way, it's a necessary evil. If you can't find free parking, well, consider a stadium permit (\$150/year).

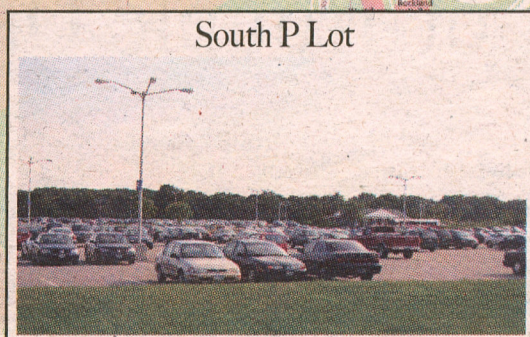
North P is narrow and small, but don't count on parking here if you come later than 9:30 a.m. This lot fills up much quicker than you'd think, given that it's quite a walk from the Academic Mall. Come early, or if you're feeling lucky, whiz through and see.



This lot fills up the fastest of all the commuter parking lots. Come early and maybe you'll get a spot. Circle a few times if you're determined, but if you're not a patient person, don't bother waiting for a student parked there to come waltzing along because you'll be waiting for a while.



This is the lot to go to if you want a little more certainty. Albeit, you'll have to take the bus -- unless you enjoy 20-minute (or more) walks to the academic mall. Still, the bus service is reliable if not quick, and if you don't mind parking in the middle of nowhere in case of anything, this is the place.



Map courtesy Stony Brook University
STONY BROOK
STATE UNIVERSITY OF NEW YORK

LEGEND

- Faculty/Staff Permits
- Commuter Student Permits
- Resident Zone 1 Permits
- Resident Zone 2 Permits
- Resident Zone 3 Permits
- Resident Zone 4 Permits
- Resident Zone 5 Permits
- Resident Zone 6 Permits
- Premium Parking Lots
- Paid Meter Lots
- Paid Parking Garages
- Paid Faculty/Staff Parking
- ⌚ 24 Hour Parking

Photos by The Statesman, taken between 3 and 4 p.m. on Sept. 3, 2008. Information in guide and map were up-to-date at the time of publication.

Parking DONT's

- Do not park in a resident lot between 7 a.m. and 4 p.m. on a weekday. Unless the \$30 you'll have to dispense for a parking ticket is chump change to you, don't even risk it.
- Do not park without paying for your time (or forgetting about the meter.) That stunt will cost you \$30 if you're caught -- and the Police Department isn't fooling around.
- Don't take your metered parking receipt with you. Leave it on your dashboard, just in case. The time spent appealing a parking ticket is time you won't get back.
- Don't come late. If you want to get parking in coveted spots, you have to work for it -- even if you have to get up a little bit earlier.

Best Place To Park

- The North P and Gym Road lots are the closest to the center of the campus, but if you're going to even attempt to park there, come early. And by early we mean 8:30 a.m. the latest. These spots go much quicker than you think and barely open up until the day is almost done. Don't forget the railroad parking across from the Gym Road lot.