

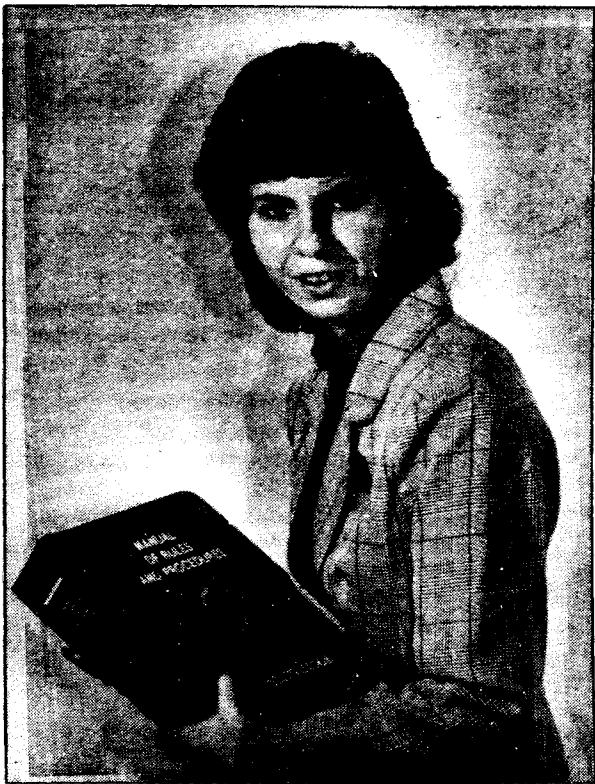
Statesman

Periodicals
Binding
MAIN Library

VOLUME 33, NUMBER 16

STATE UNIVERSITY OF NEW YORK AT STONY BROOK

MONDAY, OCTOBER 30, 1989



Sue Riseling

File Photo

Polity Hears From Public Safety

By Amy Eisenman

At the Polity Senate meeting last Wednesday night, the Director and Assistant Director of Public Safety Richard Young and Sue Riseling addressed concerns brought up by Polity senate members on campus safety and related topics.

"A uniform is not indicative of an officer," said Young. He argued that Public Safety officers are just like policemen—with the same power, with the exception of weapons.

Officers not wearing uniforms are more advantageous than uniformed because they can get closer to the situation without being immediately recognized, said Riseling.

This point was illustrated by Riseling in describing the incident in Kelly Quad.

Another concern the senators had were the number of officers patrolling the campus.

"I'd take more officers but there are budget cuts to consider," said Riseling. Officers have not been cut but it would be tough to justify that we would need more officers, she added.

Senate members brought up the fact that in a previous meeting Detective Kerr asked for more officers. Sue Riseling disputed Kerr's statement by saying that any Union Board Chairman would want to have more members.

Young agreed with Riseling by saying more officers were not needed.

"More isn't necessarily better," said Young. "Right now I

haven't seen a need." He commented that public safety officers are likely to have a higher moral when there are less officers.

Riseling noted that once the New Field House is opened a need for more officers will exist.

"When the New Field House opens, there will be a problem when 5000 people are trying to get out at the same time." She said that you'll need more people just to handle the traffic situation.

"We don't have a band of people coming from off campus," said Young, in referring to incidents of crimes originating from people on campus.

His statement was refuted by Mary Grace E. Fischer a Polity Senator, she questioned rapes in particular. She pointed out that flashing a credit card to the gate watchman is good enough for access onto the university. Young commented that eighty percent of the rapes are from people we know.

Sean Joe, senator from Toscanini directed his concerns on biased related crimes. He expressed hopes that Public Safety was in the mode of prevention.

Young, in trying to ease the concerns of senators said, "If you have a complaint about us, we're glad to hear from you. Our new headquarters is at South Campus, you're welcome to come in to take a look at it."

Burn Calories

By Lisa Baltazar

About 50 million Americans are overweight and Dr. Steven Jonas, a Professor of Community Medicine at the University of Stony Brook, contends that their problems stem from constant dieting.

Many people complain to him about their constant weight gain and weight loss problems. Jonas took three to four years to research and develop the thinking for his book, "I Don't Eat (But I Can't Lose) Weight Loss Program," which was released earlier this year in April.

According to Jonas, years of dieting brings on a condition he calls Low Calorie Overweight, in which the body has been tricked into thinking it is being starved. Low calorie diets, he says, reduce the resting metabolic rate in order to adjust to the reduced calorie intake. Jonas explains that this is a bodily reaction that has developed over thousands of years for survival. "The famine mode in our systems reacts to protect the body from starvation — only it doesn't do so for a matter of days; the reaction can be set off for months," he said.

Jonas says that crash diets are actually harmful. The first time they may be effective, but they don't teach the dieter anything about nutrition, the proper foods to eat throughout their lifetime, or exercise. And over time, these diets will actually slow down and set off the famine mode, making it increasingly difficult to lose weight, even on highly restrictive diets.

His diet program stresses the importance of exercise. He says that exercise is the only way to reset the resting metabolic rate, and concludes that the biggest barrier to exercise is not the exercise itself, but the regularity of it. He also concludes that dieting without exercise is doomed to failure.

It is most important, he says, for people to have a regular routine of exercise. Although many people say they can't find the time to exercise, he asks them to begin lightly and to focus on walking for ten minutes three times a week, gradually increasing that rate. The goal is for people to develop the habit of exercise.

Jonas describes himself as "a former overweight couch potato," and says that over the span of nine years he has become a triathlete. He swims, bikes, and runs, as well as

(continued on page 6)



People give blood during the campus blood drive in the gym.

Statesman/Andrew Mohan

Drive Is A Bloody Success

By John Santiago

Despite smaller accommodations in the rear of the gymnasium, where the event was less visible, and the few weeks of preparation, the Student Blood Drive held last Wednesday was a success, raising 602 pints of blood, organizers said.

The blood drive had a bigger turn-out than in past fall semester, according to Elisa Horbatuk, a member of the Stony Brook Blood Drive Co-chairpersons Committee. With the help of volunteers and the crew from Long Island Blood Services, the committee managed to meet its quota.

This was a surprise to Horbatuk, who early Wednesday

evening said, "Our personal goal is 500 pints of blood. Because of the smaller area in the gym, which makes us less visible, we'll do well if we get 500 pints."

Fall blood drives usually do not do as well as spring blood drives because the committee has less time to organize the event, said Horbatuk. Last fall's blood drive produced 576 pints of blood, compared to the 758 pints received in the spring 1989 blood drive. Another factor that contributes to the low donor turn-out in the fall is that the blood drive usually occurs during mid-terms, according to Horbatuk.

In past years, the Blood Drive Co-Chairpersons Com-

(continued on page 5)

AROUND CAMPUS

Compiled From University News Services

Undiagnosed Ailment Photo Essay
The School of Social Welfare is presenting "Alan," a photographic essay of Alan Green, 15, a man who suffered from an undiagnosed ailment, this week in the Library Display Case of the Health Science Center.

Green, suffered 15 years from something that doctors could not detect. The essay's material begins when Green went into the hospital for tests in October 1973. He was first photographed by his uncle, Michael Weisbrot, who wanted to show Green how much better he would become after a week of treatment. Green did not get better, however. The essay is Weisbrot's recording of the next 15 years of the family's struggle with illness, despair and the debilitating downward spiral of bureaucracy.

Student to Succeed Dian Fossey

Stony Brook student Diane Doran, a Ph.D. candidate in the Department of Anatomical Sciences, left October 20 to head the Karisoke Research Center, succeeding the late Dian Fossey, whose work and murder at the famed primate research center was the subject of the movie *Gorillas In The Mist*.

Doran, 34, of Northport, is no stranger to Africa. She served there in the Peace Corps and later studied primates in Zaire and the Ivory Coast. She is the first person to have studied all three species of African primates which are believed to hold the secrets of human evolution. The Center, supported by the Digit Fund and Morris Animal Foundation, is in the remote Virunga Mountains of Rwanda.

WEEKLY CALENDAR

Monday, October 30

"Frida"

A movie from Mexico will be shown as part of the Latin American film festival at 8 p.m. in Theatre Three, 412 Main Street Port Jefferson. Tickets are \$3. For more information call 632-7765.

Photographic Essay

An essay with photos and captions. "Alan" a patient suffering from an undiagnosed ailment will be on display through Friday in the Library Display Case in the Health Science Center.

"Interaction of Phage Polymerases with Their Promoters"

William T. McAllister of the Morse Institute for Molecular Genetics from the SUNY HSC in Brooklyn will speak at Noon in Room 038 of the Life Science Building.

Astrophysics Journal Club Meeting

Noon, Room 450 of Earth and Space Sciences.

Pakistani Student Association

General body meets at 10:15 p.m. in Room 216.

Tuesday, October 31

"The Exorcist"

COCA movie to be shown at 7 p.m. in the Student Union Auditorium. Tickets \$1, \$.50 w/SUSB ID.

"The Shining"

COCA movie to be shown at 9:30 p.m. in the Student Union Auditorium. Tickets \$1, \$.50 w/SUSB ID.

"Psychiatric Sequels of the Holocaust in Israel, 40 Years Later"

Hiam Dasberg of the Jerusalem Mental Health Center will speak at 11 a.m. in the Lecture Hall 4, Level 2 of the Health Sciences Center.

Campus Women's Safety Committee Meeting

11 a.m. in the president's conference room in the Administration Building Room 310.

Bridge Club

Meets every Tuesday at 7:30 p.m. in Union Room 226.

Wednesday, November 1

Recital

Graduate students in the Department of Music will play at noon in the Staller Center for the Arts Recital Hall.

Chamber Music Concert Preview

The Contemporary Chamber Players, a preview of the SUNY Showcase of the Arts festival held this year at SUNY College at Purchase at 8 p.m. in the Recital Hall. For more information call 632-7230.

Appleman To Read

Philip Appleman will read his works at

7:30 p.m. in the Poetry Center, Room 238 of Humanities Building. For more information call 632-7373.

Campus NOW Colloquium

"Know Your Candidates" will be held with Karen Weisberg at noon in Room S-216 in SBS building. For more information call 632-7620.

College Republican Meeting

Held each Wenesday at 8 p.m. in Student Union Room 216.

Student Polity Senate Meeting

Held each Wednesday at 7:30 p.m. in the Student Union Bi-Level.

Before Planning Your Schedule, Check Statesman's Weekly Calendar - Every Monday

Academic Calendar

Last day for removal of incompletes and No Record grades from the spring semester.

The Group Shop Workshops

"Intimacy 101" open to all students, faculty and staff at noon. To register call 632-6715.

"I Never Told Anyone," workshop on child abuse, for women only. Open to all students, faculty and staff at 3 p.m. To register call 632-6715.

"A practical Approach to Understanding and Handling Test Anxiety" open to all students, faculty and staff at 6 p.m. To register call 632-6715.

(continued on page 10)

ACROSS THE NATION

Compiled From The College Press Service

Tufts Rescinds Rules

Students at Tufts University in Massachusetts have regained the right to wear offensive t-shirts, President Jean Mayer announced Oct. 4.

"I have decided we are better off erring in the tradition of free speech," Mayer said.

The decision reverses a highly controversial ruling last June by a campus committee to bar verbal attacks, whether spoken or written, on an individual's race, ethnic group, religion or sexual orientation.

It was prompted by an incident last spring in which a student marketed a t-shirt stating 15 reasons "Why Beer is Better Than Women at Tufts." All 15 reasons disparaged women.

Student government president Billy Jacobson, for one, was in favor of the anti-discrimination rule, saying it was "well intended."

Other schools, including Trinity College, Brown, Emory and Pennsylvania State Universities and the universities of California, Connecticut, North Carolina at Chapel Hill, Wisconsin and Pennsylvania have established anti-harassment policies that somewhat limit campus free speech.

The University of Michigan last spring adopted what was probably the broadest prohibition of classroom discussions that might offend someone. In August, however, a federal judge ruled the policy violated students' and teacher's First Amendment rights to free speech.

Under the Tufts policy Mayer discarded, students could wear or say whatever they wanted only in certain private places like dorm rooms, but could be legally forced to remove offending t-shirts in more "public" areas like classrooms.

Public School Tuition Steadily Rising

Although it may feel like more, tuition at public campuses has increased in actual dollars before inflation by only about \$75 per year during the last decade, a leading education researcher contended Oct. 11.

And despite the increases, parents devote about 10 percent of their disposable income to their children's college educations, about the same percentage as in 1979, said Kent Halstead of Research Associates.

Each year Halstead gathers data from campuses around the United States to compute how much it costs colleges to buy the supplies - buildings, teachers, marketing tools, electric power, etc. - they need to educate students.

College had to spend an average of \$5,584 to educate each student in 1988-89, more than double the \$2,564 they spend in 1977-78, Halstead found.

Each student's tuition, in other words, covers only about a fourth of the school's costs. The rest is covered by state appropriations, earnings on investments, federal funds and donations.

"You'll never get a better buy in your lifetime," Halstead claimed.

THE WEEKLY CROSSWORD PUZZLE

PUZZLE SOLUTION ON PAGE 10

- ACROSS**
- 1 Exploit
- 5 Jog
- 9 Deface
- 12 Solo
- 13 At this place
- 14 Anger
- 15 Noisemaker
- 17 Exist
- 18 River in Scotland
- 19 Heavy volume
- 21 Commemorative disk
- 23 Buffoonery
- 27 Indian mulberry
- 28 Popular TV maid
- 29 Auricle
- 31 Cloth measure
- 34 Either
- 35 Weight of India
- 37 Comb. form: middle
- 39 Three-toed sloth
- 40 Marry
- 42 Plunge
- 44 Dressing for fish
- 46 Sun god
- 48 Hindered
- 50 Commonplace
- 53 Saucy
- 54 Garden tool
- 55 Behold!
- 57 Stage whispers
- 61 Possessive pronoun
- 62 Object of devotion
- 64 Girl's name
- 65 Openwork fabric
- 66 Sums up
- 67 Microbe
- DOWN**
- 1 Distant
- 2 Period of time
- 3 River island
- 4 Gossips
- 5 Subject of discourse
- 6 Concerning
- 7 Spherical body
- 8 Abound
- 9 Center
- 10 Region
- 11 Walk unsteadily
- 16 Lounged about
- 20 Before
- 22 Babylonian deity
- 23 Arab lateen-rigged vessel
- 24 Underdone
- 25 Measure of weight: abbr.
- 26 Sweet potato
- 30 Parts of steps
- 32 Intertwine
- 33 Fabricated
- 36 Free of
- 38 Spurling forth
- 41 Most arid
- 43 Vigor: colloq.
- 45 Chaldean city
- 47 Near
- 49 River ducks
- 50 Slender
- 51 Repetition
- 52 Lamb's name
- 56 Unusual
- 58 Female deer
- 59 Transgress
- 60 Everybody's uncle
- 63 Hypothetical force

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15			16			17		18		
		19			20	21	22			
23	24	25				26		27		
28					29		30		31	32
34			35		36		37		38	39
40		41		42		43		44		45
		46	47		48		49			
50	51			52		53				
54				55	56		57		58	59
61				62		63		64		
65				66				67		

COLLEGE PRESS SERVICE

IBM PS/2 and YOU!

FACT: an IBM PS/2 will assist you in the many papers that college demands.

FACT: with easy to use software, an IBM PS/2 will help you in your classes.

FACT: an IBM PS/2 will easily connect you to the campus mainframes.

FACT: an IBM PS/2 will provide you with the computer skills you will need on the job, after you graduate.

FACT: as a Stony Brook student, you can get an IBM PS/2 for up to **40% off list price.**

For more information, call or stop by:
MicroComputer Demonstration Lab
Computing Center Rm. 112
(516) 632-8036 M-F, 9-5



right for today...ready for tomorrow.

African Student's Union Presents
A Night of Cultural Entertainment
 Skits
 Ethnic Drumming & Dancing
 Singing
 Fashion
 Poetry
 Dance Troupes
Friday November 3rd at 6:30
In the Union Auditorium

**POLITY
 ELECTION
 RUN-OFF
 FOR
 TREASURER**

Polls Will Be Open From
 10 A.M. to 8 P.M.
 So Get Out There And VOTE!

**WEDNESDAY
 NOVEMBER 1st**

Park Bench
 1095 Rt. 25A
 Stony Brook, N.Y.
 11790
 751-9734

The Park Bench Presents
EVERY THURSDAY
UNIVERSITY NITE
 "The North Shore's Most Famous College Nite"

Live Music By L.I. Top Party Bands
 Complimentary Champagne for the ladies at the Bar.
 ~ Complimentary Buffet ~

★ Complimentary Admission for all Stony Brook and Suffolk C.C. Students with proper I.D. 21 & over
 ★ Ladies "Nite on the Town" Limosine Raffle
 ★ Ski Trips raffled by Island Tours

The Park Bench
Where Everyone Meets... on Thursdays!

UNDER NEW OWNERSHIP!!

Bina John Boutique

Men's and Ladies Fashions and Accessories
 Located in the Student Union Basement

Look What We Have...

Sportswear - Tops - Bottoms - Sweaters - Sweats - Cardigans - Accessories - Ear Piercing - Jackets - & MORE!

30 - 40% off retail in dept. stores or elsewhere. Prices designed to meet the student's budget. We pay the sales tax for you!

Z. Cavarrici \$49 Tax Incl.

Lay-Away
 Am. Ex., M.C., Visa. Use our lay-away plan for Christmas and have your gifts by the time the semester is over.

Custom Screen Printing *Custom Handpainting*

Hours: Mon - Fri 9am - 9pm Sat 12 - 4pm
 632-6507

Campus Halloween Parties To Be Halted

By the College Press Service

From California to Florida, campus and city officials are swearing they will be better prepared this year for what has probably become the unofficial National Student Holiday: Halloween.

As with spring break, the other nationwide collegiate festival, many schools are promising crackdowns and rule changes to try to prevent some of the worst excesses and even injuries that have plagued campus Halloween celebrations in recent years.

"This will not be a pleasant place to be on Halloween," said Jack Dyer, director of university relations at Southern Illinois University in Carbondale, which 18 years ago was one of the first schools to give itself over to huge Halloween street parties.

But SIU's much-copied Halloween bash has grown to host more than 20,000 people who crowd streets, throw beer bottles and hurt each other.

Similar problems have plagued college costume parties at the universities of Massachusetts-Amherst, Florida, Colorado and other schools.

No one is sure how all this started, or how Halloween, of all days turned into the biggest party night of the year.

Ernest Kaulbach, a professor of middle English at the University of Texas, says it derives from students' childhood practice of putting on costumes and "trick or treating."

"Now it gives them the chance to put on a costume and party," he said. But it's more than just an excuse for a party, says Chech, a University of Miami student who goes by just his last name. "There will be parties no matter what, but Halloween is different because there is more to the party than just drinking five kegs."

According to legend, All Hallows Eve gives devils six hours starting at midnight on Oct. 31 to do all the evil they can before they have to go back to hell in the morning, Nov. 1, the start of All Saints Day.

The tradition of trick or treating comes from treating the devils well so they won't play tricks.

On campuses, the tricks sometimes turn dangerous.

Some revelers at the University of Massachusetts at Amherst vandalized local stores in 1979, prompting UMass to impose a five-year ban on school Halloween parties.

In 1985 at the University of Illinois Champaign campus, windows were smashed, bonfires were lit, fistfights erupted and party-goers were showered with glass from broken beer bottles. A visiting Northwestern University student was struck in the head with a beer bottle, and lapsed into a coma. He later had to undergo brain surgery.

SIU's 1988 "celebration" was similarly tragic.

More than 300 people went to the hospital because of lacerations on the face from broken bottles, one person was

stabbed and a woman was raped, reported Tim Hildebrand, SIU's student president.

In response, many colleges and college town are moving to dry up Halloweens with new rules and regulations this year.

A University of California at Santa Barbara committee made up of students, administrators and local authorities is going door-to-door to preach about using alcohol safely, and to discourage students from inviting out-of-town guests to Halloween.

The committee also sent letters to nearby communities, hoping they'll discourage their residents from going to Isla Vista, UCSB's town, to party.

The program is working so far, said Diedre Acker, assistant to UCSB's dean of students. In 1988, only about half the usual 30,000 people showed up.

Boulder, Colo., police will be out in force to impose public drinking laws at this year's "Mall Crawl," the University of Colorado fest that began as a small party in 1909 and has grown into a rowdy mass of 40,000 people, reported Frank Grey, who heads the city's efforts to control the event.

University of Texas at Austin officials, in turn, take a laissez-faire stance toward Halloween, letting the city figure out how to control the 60,000-plus crowd.

"It's a town activity, and the university has nothing to do with it," said a university spokesman.

People dressed in costumes gather on Sixth street, a seven-block stretch of bars and dance clubs. The area is closed to traffic and 214 police officers are on hand.

"Of course there are minor altercations," concedes University of Texas student Booker Harrison, "but it's a peaceful, well-controlled event."

Linda Menchara of the Austin City manager's office agreed. "For the number of people who show up, the problems are minimal. I don't know if it's the presence of the police or what."

Not coincidentally, SIU and Carbondale are bringing out 300 police officers to patrol the big party this year, hoping aggressive enforcement of alcohol and container laws will squash the worst excesses of the revelry.

In addition, SIU has forbidden students to have overnight guests in their dorm rooms. Carbondale has banned street rock bands and food vendors.

"Hopefully this will kill it," Dyer said.

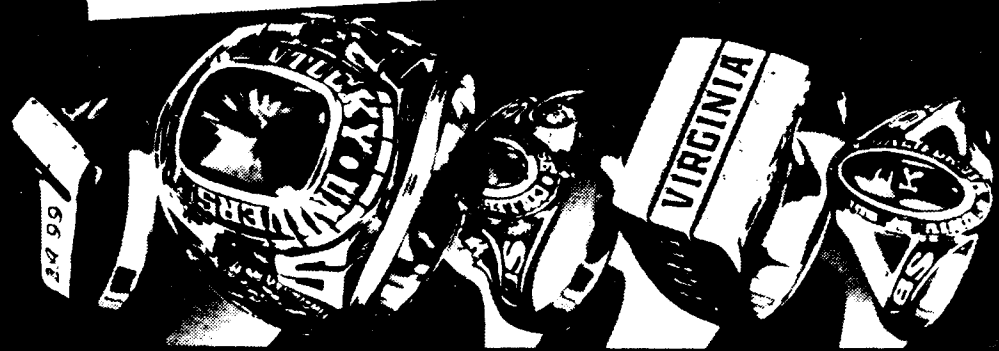
"We had a history of very big Halloweens, but that has gone by in the past two or three years," he said. "It's just evolved that way. It's a result of the regulations and change in the student body."

GOLD RING SALE

\$60 OFF 18K

\$40 OFF 14K

\$20 OFF 10K



Jostens Gold Sale. For one week only. Order and save on the gold ring of your choice.

JOSTENS

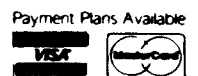
AMERICAN COLLEGE RING™

November

Date: 2, 3, 6 & 7th Time: 10-5 p.m. Deposit Required: \$25.00

Place: BOOKSTORE

Meet with your Jostens representative for full details. See our complete ring selection on display in your college bookstore.



87 198/CP 121 88J

Blood Drive

(continued from page 1)

committee had to contend with the outbreak of the AIDS epidemic, which greatly decreased the donor count. The spring and fall of 1987 brought the boycott by the Haitian Student Organization to both its blood drives that lowered the turn-out that was also lowered by student apathy.

HSO members demonstrated in front of the gym in the spring of that year to protest the naming of Haitians and Central Africans as high risk candidates for AIDS in the confidential form all donors must fill out. The form states that the blood of those in certain risk groups will be used for laboratory tests only. HSO wanted the statement removed from the form.

This semester, the committee had a budget of \$2,600 to work with, of which \$800 was supplied by the University Hospital Auxiliary, \$400 from the Faculty Student Association, and \$1400 was contributed by Polity.

The committee also got assistance in publicizing the event from several fraternities, sororities, and clubs, who helped distribute flyers, posters, and balloons across campus, said Horbatuk.

The Stony Brook Blood Drive is the only blood drive on Long Island for the one day it is held and, consequently, the only source of blood for the island on that day, said Horbatuk. Long Island Blood Services, which is responsible for recruiting, collecting, processing, and delivering blood supplies for all 43 hospitals in Suffolk and Nassau counties, is one of four divisions that make up the Greater New York Blood Program.

The spring blood drive is scheduled for April 4, said Horbatuk, and a larger donor turn-out than last spring is expected.

Doctor Warns That Crash Diets Harmful

(continued from page 1)

incorporating walking and weightlifting into his daily exercise routine.

The hard part is not mastering the exercise or chosen sport, according to Jonas, but mastering the schedule. Once you get into the habit, keep it up. "It doesn't matter what the exercise is," he contends. It doesn't have to be aerobic either. "Any exercise is useful in a weight loss program; aerobic exercise is just more efficient. Exercise increases the body's metabolic rate so that the calories are burned faster, even when the body is at rest," said Jonas.

His IDEAL (I Don't Eat A Lot) plan, developed in conjunction with Virginia Aronson, a dietician and former nutritionist and writer at Harvard, combines low fat eating with regular exercise for a healthy lifestyle - and a gradual, permanent weight loss.

Jonas's "I Don't Eat (But I Can't Lose) Weight Loss" book, published by Rawson Associates, has been chosen as one of the year's six best diet books by USA Today. The diet concentrates on low fat, high carbohydrate eating. Jonas says he wants to teach nutrition and show how to get there gradually without using any diets or counting calories. The best thing is to adjust to proper eating and to learn what foods are best and which are harmful.



Statesman/ Andrew Mohan

Take Back The Night March Rescheduled

A candlelight vigil planned for Thursday night was postponed until November 14 when only about 30 students arrived for the walk around campus to protest sexual and physical abuse, according to Glenn D. Magpantay, an organizer.

Exercising Good for Your Heart and Lungs

(Continued from page 13)

you quickly or slowly an individual wants to exercise. The pacing is up to the individual and what feels comfortable to the person. Normally when one starts on an exercise program one should build up slowly. If you've been inactive for a long while, remember it will take time to get into shape. But no matter where you begin, you will be able to build up your exercise time or pace as your body

becomes more fit. Just remember that you will feel more fit after a few weeks than when you first started.

You can find out how hard to exercise by keeping track of your heart rate. Your maximum heart rate is the fastest your heart can beat. Exercise above 75 percent of the maximum heart rate may be too strenuous unless you are in excellent physical condition. Exercise below 60 percent gives your heart and lungs little

conditions.

Therefore, the best activity level is 60 to 75 percent of this maximum rate. This 60-75 percent range is called your target zone.

When you begin your exercise program, aim for the lower part of your target zone (60 percent) during the first few months. As you get into better shape, gradually build up to the higher part of your target zone (75 percent). After 6

months or more of regular exercise you can exercise at up to 85 percent of your maximum heart rate if you wish. However, you do not have to exercise that hard to stay in good condition.

Don't forget, some high blood pressure medicines lower the maximum heart rate and thus the target zone rate. If you are taking high blood pressure medications, call your physician to find out if your exercise program needs to be adjusted.

Mario's

Restaurant & Bar

Casual Italian Dining
since 1965

Rt. 25A E. Setauket N.Y.
751-8840

Brand New!
Complete Lunch Menu
Includes soup or salad, entrée,
vegetable, dessert, coffee or tea.

From
\$4.95

Served from 11:30 am to 3:00 pm,
Mon - Sat Except Holidays.

**Ask about our
holiday parties**

THURSDAY

is

STUDENT NIGHT

at
Cabrington's

FREE Buffet **FREE Admission**

2 FERS 9-MIDNIGHT

***WIN DINNER FOR TWO**

Ski Trip Giveaway
provided by
ISLAND TOURS

The Fitness Connection
751-3969
memberships & t-shirts raffled

2 D.J.'s You Choose
2 Dance Floors Whichever Music
 Suits You Best

2350 Nesconset Highway • Stony Brook, NY • (516) 689-8282

WELCOME STUDENTS OF

Stony Brook

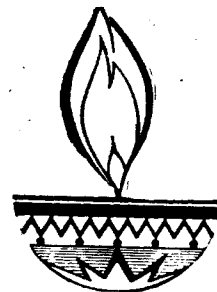
STATE UNIVERSITY OF NEW YORK AT

Student Polity Page

SPECULA YEARBOOK
GENERAL STAFF MEETING
 Monday, Oct. 23 at 6 PM
SENIOR PORTRAIT
 Appt's: Oct. 30, 31 & Nov. 1
 In the Union Lobby
 Photos: Nov. 6, 7 & 8
 Call 2-6453 for
 more information.



Meatloaf has landed!
 Tix on sale Monday, October 30th
 at the Union Box Office



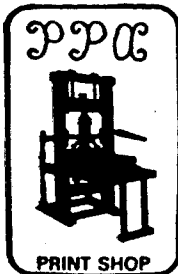
CLUB INDIA
 cordially invites you to
 its Annual **DIWALI** Function
 on October 28th, 1989
 Location: Union Auditorium
 Time: 7:00 p.m.
 For more information contact
 Sumeet 632-2968
 or Monika 632-2629

POLITY PRINTING ASSOCIATION

Room 002, Stony Brook Union.

632-6461

STATIONERY
 INVITATIONS
 RESUMES
 NOTICES
 FLYERS
 POSTERS
 FORMS
 TICKETS
 BROCHURES
 JOURNALS



BUTTONS
 AND
 MUCH MORE!

A SERVICE
 AVAILABLE
 ESPECIALLY
 FOR STUDENTS



The Fencing Club meets
 in the Dance Studio every
 Tuesday and Thursday at
 8:30 p.m. Everyone Welcome!

Attention all campus bands.
 SAB Concerts is having a Battle of the Bands
 with the winner opening for a spring concert.
 Call 632-6460, ask for Jerome for details!



FREE LEGAL CLINIC
 Sponsored by Student Polity
 If you have questions,
 concerns about a legal matter,
 Sign up for appointment
 in Polity Office
 Hours:
 Tues. 2-6
 Thurs. 5-9



Halloween at COCA is a scary
 thought! Showing in the Union.
 A Double Feature:
 The Shining/The Exorcist

Think Globally!
 Act Locally!
 UN Day at Stony Brook
 Tues., Oct. 24th, 5-6:30 p.m.
 Union Room 216
 Speakers on Various aspects of
 Global Thinking
 FREE International Food.
 All Welcome
 SPONSORED BY UNITED NATIONS
 ORGANIZATION AT STONY BROOK



Put Down That Textbook!

For one evening anyway. MDA is a chilling first person account of life in the business world. It was written by a college professor for college students.

Contained herein:

- The Boss' secrets that are "none of your business"
- Correct (vs polite) office behavior
- Unique methods of securing the job you want
- A handy reference-source of crucial information at your fingertips

MDA teaches you what college does not!

Yes! Mail my copy now!

Name _____
 Address _____
 City, State, Zip _____
 College _____

Only \$9.95.

plus \$1.45 postage
 NYS Residents add sales tax.

Panther Company
 POB A-44
 Wantagh, NY 11793

A Panther Book

More Protection For Women and Children

Although women and children are of equal status to men in most people's minds, they still do not have the protection they should against abuse and violence. The statistics show that a majority of violence continues to be waged against women and children in our society. Two recent moves, one by the members of the United Nations and one by the governor of the state of Washington should be commended for addressing the need to protect the rights of these two groups.

The members of the UN General Assembly will present the Convention on the Rights of the Child next month. All U.N. members should endorse this convention that has been in the making for 10 years. Its provisions including new standards for the protection of children from sexual exploitation, protection from drug abuse and access to juvenile justice are needed. How can anyone argue the point.

Children are one of the easiest groups to harm and exploit as evidenced by the 38,351

cases of child abuse or mistreatment reported in the 1987-88 *New York State Statistical Yearbook*. This is a harsh statistic that can't be ignored. Children often times just do not have the means to protect themselves. They also don't have the knowledge of their rights in the abstract or concrete sense.

Children must be protected by laws made by the adults in the society. Any move to increase the protection of children from human rights abuses is admirable and should be supported.

Although the United States is one of the countries advising that the nations that ratify the convention should pay for the monitoring Committee on the Rights of the Child, United States officials now say that funding through the U.N. budget is a viable alternative as well. That the United States is flexible on the matter in which the group is funded is good, for no obstacle should stand in the way of the passage of this convention.

The groups Defense of Children International and Foster Parents Plan International issued results of a study that show worldwide more than 38,000 children die from lack of basic food, shelter and elementary health care, 100 million work under hazardous conditions, 80 million are homeless, 10 million are refugees and the picture is not expected to improve. The children and a humanitarian world needs this convention.

Women also are in need of more protection, especially from violence in the home at the hands of their husbands. Wife beating is still unfortunately a common problem that goes unacknowledged by many in this country. Washington State Governor Booth Gardner's clemency grant to a woman serving time for hiring someone to kill her abusive spouse was a good move.

The governor's statement that Delia Alaniz and her four children had suffered enough after 17 years of abuse from husband and father is true and fair. She was forced to endure hellish situations on an everyday basis that included both physical and sexual

abuse to herself and her children. Alaniz was forced to make a decision that would enable her to piece her life back together. She can't be condemned for her actions.

No person who acts in the same manner as Alaniz should be punished. These people are the victims not the criminals. They are the victims of one person's insanity. But what is far worse is that they are the victims of a system that does not provide them with ample protection under the law. Then, when the only decision that can be made given the condition of the legal system is made, that very same malfunctioning system is ready to throw these victims in jail.

Laws concerning the rights of the abused always hinge on whether or not the abused reactions were done out of self defense. Isn't any action done after 17 years of abuse done out of self defense? There must be a reevaluation of the protection of abused women provided by the courts because the current system is not working.

Orders of Protection granted by the court are insufficient. Recently four Suffolk County women who received these court orders that were to protect them against the abuse of their husband were found murdered by their husbands. Something more than the civil punishment for breaking an order of protection is needed.

Law makers are dealing with insane people and rational responses can not be expected. Harsh and severe reverberations will perhaps be felt by a spouse that is already abused when this protection is sought and lawmakers have to know this and provide real protection not just a piece of paper punishable by a fine or slap on the wrist.

Change is needed concerning the laws protecting women and children. Stricter laws, more severe punishments and real physical protection, these are the things that are needed and any legislation from any group that is moving in this manner has to be seen as a step in the right direction.

Statesman

Fall 1989

Amelia Sheldon, Editor-in-Chief
Joseph Salierno, Managing Editor

Directors

Glenn L. Greenberg, News Director
Andrew Mohan, Photo Director

Editors

Amy Flateman (Sports)
Cheryl Silko (Feature)
Kostya Kennedy, Editor Emeritus

Staff

Al Bello
Susannah Blum
Vivianne Calizaire
Sandra Diamond
Mary Dunlop
Amy Eisenman
Heidi Ghovanloo
Ambreen Khan
Jessica Kuzmier
Sylvia Lee
David Leung
Toni Masercola
Liam McGrath
Michael Nieves
Reisa Paez
Tracy Peers
Eddie Reaven
John Santiago
Robin Slane
J. Hunter Till
Cynthia Lee Valane
Man-nor Yu
Craig Warmbrand

Business

Business Manager
Charlene Scala
Production Manager
Alan Golnick
Bookkeeper
Loretta Greiff
Administrative Assistant
Houda Amoakuh

Advertising Manager
Rose Marie Leo
Advertising Art Director
Michael Conley
Accounts Receivable Clerk
Diane Maniscalco
Account Executive
Judy Mancuso

Statesman is a not-for-profit corporation with offices located in the basement of the Stony Brook Union. The mailing address is PO Box AE, Stony Brook, NY 11790. For information on advertising call 632-6480 weekdays 10 a.m. to 5 p.m. For all other inquiries call 632-6480. Editorials represent the majority opinion of the Editorial Board and are written by one of its members or a designee.

SOMETHING TO SAY?

Statesman encourages all students, faculty, staff members and community residents to submit their views and ideas to us and our readers in the form of letters to the editor and viewpoints.

Correspondences must be typed, double-spaced and include the name, address and phone number of the writer. Letters should not be in excess of 350 words and viewpoints should not be in excess of 1,000 words. Letters and viewpoints that are not typewritten will not be printed.

Letters and viewpoints are printed on the basis of space considerations and time considerations. *Statesman* reserves the right to withhold publication of any letter or viewpoint. Send letters and viewpoints to *Statesman*, P.O. Box AE, Stony Brook, NY 11790 or to Room 075 of the Student Union, zip 3200.

U.S.: Life Is Smooth Ride In Pink Cadillac

By Tom Weissenberger

Mr. Nehring's most recent Viewpoint, October 23, ostensibly a reply to my own of October 16, appears to me the rhetorical equivalent of the following proposition: "when in doubt, kick and shout." First of all, I don't deny the validity of Mr. Nehring's viewpoint or hypothesis that America looks great or has great qualities. This is as valid as any other perspective-not realistic, in my opinion, but understandable for those viewing the situation from the back seat of a Mercedes. My own qualms come with the attack he made on Mitch Cohen's view of the world, which, let it be said, though it doesn't correspond exactly to my own view approximates it, denigrating and seeking to invalidate it all the while, exhorting the reader to look at things from a conservative point of view. The fact that he chose to enter the discussion of the U.S. reality justifies, I feel, my own entrance into the exchange, given that I've thought much about it and that I found many false assertions in his attempt at reasonable discourse.

Mr. Nehring contends that the INF agreement was American inspired; if this were true, then why didn't the U.S. government accept the Soviet proposal to remove all land-based atomic missiles from Europe, which was made immediately after the INF agreement? As regards the Tiananmen Square massacre, Mr. Nehring asks what I would do after first going over the possibilities that he sees: namely war, economic sanctions (disclaimed immediately) and CIA intervention. It's reflective of the type of mind at work that two of the three possibilities are illegal from an international viewpoint, and that the single tenable option is cynically brushed aside owing to its failure in South Africa. So what would I do? If I were president, I would recommend to Congress that a bill be passed denying all U.S. economic and military aid until such time as its political and human rights situation improved. I would recommend to the U.S.'s U.N. ambassador to bring up the matter in the U.N. and to urge a resolution condemning the Chinese Government's actions while calling upon the international community to suspend economic and military aid until the government proved it was willing to tolerate dissent in a humane and democratic way.

Now, as long as we're in the what-would-you-do mood, I ask Mr. Nehring what he would do to rectify the homeless situation in the U.S.

Moving on to other contentions that Mr. Nehring makes, I don't see why the U.S. government should appropriate to itself the fruit of the Polish and Hungarian people's struggle for a democratic and open society. After all, for too many years, these countries have been mere pawns in the global geopolitical game initiated by the U.S. following the second world war. Thus, human rights violations in Poland, for example, have merited ample and sympathetic coverage from the U.S. media while much worse human rights violations committed in countries within the U.S.'s sphere of influence in Central and South America receive little or no coverage. How does one explain this if the media is the liberal disseminator of information that Mr. Nehring claims it is? The fact is that the media too often is a complicitous partner in the nefarious policies of the government, uncritically

accepting nearly everything government spokesmen tell them. If this weren't so, Ronald Reagan would have been cooked in his own juices long before the third year of his second term.

As for the Marshall plan, which Mr. Nehring gives as an example of U.S. generosity, this program was instituted primarily to help American business as well as to act as a lever of blackmail against countries which had strong communist movement, specifically Italy and Greece. Mr. Nehring's Republican counterparts in the Senate and Congress in the period following WWII were not inclined to furnish the 15 billion dollars which then Secretary of State, George Marshall foresaw as necessary in rebuilding the Euro-

pean countries' economies and needed something to snap them out of their isolationist mood. The antidote to this was the cynically orchestrated red scare, eventually resulting in the McCarthy era which hung and the phenomenon known as the cold war. George Kennan, the State Department's expert on the Soviet Union, was well aware that the Soviet Union was in no shape for undertaking an expansionist policy, having taken the brunt of Nazi aggression for more than three years. Nevertheless their policy was depicted as aiming towards world conquest by the U.S. government's spokesman and used as an excuse in implementing cruel and self-serving policies abroad and repressive unjust policies at

home.

My last point is that it seems to me that Mr. Nehring's recommendation that we "work together" in solving common problems is not far removed from Mitch Cohen's injunction to "love and revolution." Unfortunately, many of the problems we must now address are the result of the heedless, near-sighted and anti-social programs put into effect by the Reagan Administration, seconded, for the most part, by the Democratic Congress and still propagated by many in the echo chamber of verbal snoring which Mr. Nehring generously refers to as the "liberal media."

(The writer is a graduate student in the teacher certification program.)

LETTERS

Facts Aborted

To the Editor:

I was angered by your October 19th front page story on NOW President Molly Yard's visit to Stony Brook classroom. I know Molly Yard to be an articulate spokeswoman for choice. Your poorly edited story including a very garbled indirect quote leaves the reader with the impression that she speaks incomprehensibly. Perhaps this was due to a typographical error and is therefore excusable.

What is inexcusable is allowing the article's reporter to label pregnant women seeking abortions "expectant mothers." First, use of this term is not factual. Obviously, women seeking abortions are not expecting to be mothers. Second, this term demonstrates both the writer's antichoice bias and the Statesman's lack of editorial or instructional responsibilities.

You do your readers and writers in training a great disservice and undermine your own credibility by allowing such blatant displays of bias to masquerade as factual reporting.

Or is your newspaper merely a front for the antichoice Rights?

Cynthia Bogard

Editor, NOW-NYS Action Report and graduate student in the School of Social Welfare.

Trash Sorting Statement

To the Editor:

Why should you recycle? Well, do you remember last semester when they were going to raise SUNY tuition \$200? The only reason they didn't was because a group of students at many SUNY schools raised their voices in protest. The government realized that the students were seriously against a tuition increase, so they looked for other sources of revenue. This proves that the government does listen to the actions of the people.

By not separating your garbage you are telling the government that you do not care about the environment so therefore it is okay to build incinerators to burn garbage. I know and you know that you do care about the environment; it's just a big hassle to sort your aluminum cans and newspapers from the rest of the trash. It affects the quality of your life to have to sort garbage.

But what would the quality of your life be like if you had cancer because you

lived in a society that disposed of its garbage in dioxin producing incinerators? Make no mistake: if the public does not show the government that it is willing to make an effort to help in garbage disposal by sorting their trash, the government will build incinerators because that is its only option.

Recycling is an exciting enterprise. Instead of depleting the earth of her natural resources, we will be using and reusing the materials we have and therefore will be making the most of what we have. The feeling I suspect we will have if we successfully implement recycling programs is comparable to the feeling you experience after actually finishing the mountain of reading you've been putting off since last week. You feel clean, wholesome, successful, and can then focus your energies on something else.

If we build incinerators, we run the risk of not solving the garbage crisis, but prolonging it for twenty or thirty years. It's too much of a risk and it spells disaster. If we focus all our energies and money on recycling, we will eventually find a permanent solution to waste disposal on Long Island. If our energy, and money are divided between incinerators and recycling projects, neither one will be the best that it can be. Therefore we have to make a decision: recycling or incineration.

The answer lies in the public. To have a successful recycling program, we all have to participate. You don't have to worry that recycling is too big of an enterprise and it will never work. We don't know if it will work until we try. All it takes, on your part anyway, is to put your papers in the box marked paper, and throw your cans in the box marked cans. The paid experts will do the rest. But they can't do their part if you don't do yours. They're trying to come up with the best solution; they're not trying to kill us. I ask you to let the government know you care about the environment - sort your garbage and let your voice be heard.

Dara Santman
NYPIRG Toxic Project

Join College Republicans

To the Editor:

When a student enters a University such as Stony Brook she/he is faced with countless decisions, each which will help shape their lives for the future. These

decisions range from ones concerning what major to choose to what social organizations to belong to. Being at a level of higher education it is important that a student who is interested in branching out discovers all the options that are available to them, and take the time to make these decisions carefully.

The College Republicans is an organization that is often overlooked by students who wish to join a social political oriented group. Many are scared off by the political overtures, and its past reputation as being overly abundant in the Republican philosophies, or its lack of financial and moral support from the university. What is important to realize is that today's College Republicans, is a newly structured and self-sufficient organization, with a leadership that is in tune with the mainstream of republican ethics and has a definite course plotted for the successful future of the organization.

There is a strong message that is being delivered by today's College Republicans, which is to encompass change, as well as unity. The club has been through a lot of trying times, including bad press, and has always relied on those people who have the determination to support what they believe in, and not have their beliefs overshadowed by those who oppose their way of thought.

Stony Brook is a large diverse community that enjoys a wide variety of political views. It seems that wherever you go on campus, you can find someone who agrees with you or has an opposite view. It is important for the university not to disturb this delicate balance of personal choice, by favoring one view/organization and placing another at a terrible disadvantage.

There are many new opportunities that are available to members of the College Republicans, such as internships, scholarships and a chance to work with people that are going to shape tomorrow's future. It is important to note that today's College Republicans, is not just another club but is a lifetime experience, do not sell yourself short by missing out. Try out the College Republicans, any Wednesday night at 8 pm in the Union room 216, throughout the entire semester.

Al Bevilacqua
College Republican



All brave souls are invited to venture into The **CELEBRATIONS** experience. **CELEBRATIONS** presents Halloween in a macabre medieval setting on **Friday, October 27 at 7 pm.** No tricks... Only treats at **CELEBRATIONS' ADULT-ONLY PARTY!** The entire evening is on the house. Costume required. Free child's party awarded to best costume.

Wherever your imagination will wander **CELEBRATIONS** Will cater to all themes, all occasions, for all ages.

1776 East Jericho Turnpike
Huntington, NY 11743

(516) 864-8800

It's Your Yearbook!
Shouldn't you be in it?
Specula Yearbook



Appointments: October 30, 31 & Nov. 1
in Union Lobby from 10 am-3 pm.
Photos — Room 236, Union 9 am-3 PM
November 6, 7 & 8.

Call 2-6453
For More Information!

WEEKLY CALENDAR

(continued from page 2)

Thursday, November 2

Physical Chemistry Seminar
J.R. Grover of Brookhaven National Laboratory will speak at noon in Room 412 of the Chemistry Building.

Intervarsity Christian Fellowship
Bible-based discussions, songs, fellowships are held at 7:30 p.m. on every Thursday in Student Union Room 236.

Undergraduate Symphony Orchestra Concert
The symphony will play under the direction of Jack Krieselman at 8 p.m. in the Staller Center for the Arts Recital Hall. Admission is free.

Friday, November 3

"Fletch Lives"
COCA movie at 7 p.m., 9:30 p.m. and midnight in Javits Room 100. Admission \$1 w/SUSB ID, \$1.50 w/out.

Non-Instructional Figure Drawing Workshop
Practice from a live model with no instructor will be available for \$4 from 7:30 to 9:30 p.m. in the Student Union Crafts Center. For more information call 632-6822.

Islamic Prayers
Every Friday at 1 p.m. in Student Union.

Islamic Study Circle
Every Friday at 6:30 p.m. in the Humanities Interfaith Lounge. Refreshments are served, all are welcome.

Academic Calendar
Last day for CED/GSP students to drop a course. Last day for undergraduates to change courses to or from Pass/No Credit.

Women's Volleyball
NYSWCAA championships at Geneseo State, times to be announced. Also Saturday, November 4.

Doctoral Recital
David Hamilton will play works on the

trombone at 4 p.m. in the Staller Center for the Arts Recital Hall.

Long Island Brass Guild
Will perform at 8 p.m. in the Staller Center for the Arts Recital Hall.

Saturday, November 4

"Fletch Lives"
COCA movie at 7 p.m. and 9:30 p.m. and midnight in Javits Room 100. Admission \$1 w/SUSB ID, \$1.50 w/out.

Claire Bloom
Claire Bloom will perform in a portrait of Shakespeare's Women in the Staller Center for the Arts Main Stage at 8 p.m. Tickets are \$20, \$18 and \$16.

Sunday, November 5

Bach Organ Concert
Marion Anderson will play works by Bach on the organ at 8 p.m. in the Staller Center for the Arts Main Stage as part of the Organ Series sponsored by the Department of Music.

Send Weekly Calendar Info To Statesman
P.O. Box AE,
Stony Brook,
NY 11790 Or
To Room 075
Of The
Student
Union, Zip
3200

CROSSWORD PUZZLE SOLUTION

F	E	A	T	T	R	O	T	M	A	R		
A	R	I	A	H	E	R	E	I	R	E		
R	A	T	T	L	E	B	E	D	E	E		
				T	O	M	E	M	E	D	A	L
D	R	O	L	L	E	R	Y	A	L			
H	A	Z	E	L	E	A	R	E	L	L		
O	R	S	E	R	M	I	D	A	I			
W	E	D	D	I	P	S	A	U	C	E		
				R	A	D	E	T	E	R	E	D
T	R	I	T	E	P	E	R	T				
H	O	E	L	O	A	S	I	D	E	S		
I	T	S	I	D	O	L	N	O	R	A		
N	E	T	A	D	D	S	G	E	R	M		

NEWLY REMODELED

WITH COUPON ONLY

Fine Food and Spirits
COUNTRY CORNER
270 Route 25A, East Setauket

SPECIAL
2 Fresh Ground
1/2lb Hamburgers
w/Fresh Cut
French Fries
Plus, Pitcher
of Soda or Beer
\$9.95 Plus Tax
Except Fridays

EXPIRES NOVEMBER 6
751-3737

AVAILABLE FOR
PRIVATE PARTIES
11-4 PM
7 DAYS A WEEK

GOOD EVERYDAY EXCEPT FRIDAY

OPEN 7 DAYS
4:00 PM TILL???

THE BLEACHER CLUB

FORMERLY THE UNION CAFETERIA IN THE STUDENT UNION BUILDING

BLEACHER CLUB TUESDAY OCTOBER 31 HALLOWEEN SPECIAL
 PRESENT THIS COUPON TO CASHIER:
 50¢ credit - \$1.00 credit w/ COSTUME

- + CASH PRIZES
- + COSTUME CONTEST
- + D.J.
- + ALL REQUEST NIGHT
- + SNACKS
- + BEVERAGES

BIG MAC

99¢

**Also available:
 Halloween Gift Certificates
 \$1 for a book of 10 Coupons
 Good only at Stony Brook McDonald's
 Not to be combined with any other offer.
 One coupon per person, per visit.
 Coupon good
 Through November 2*

NOW HIRING!

Domino's Pizza is now hiring delivery personnel. Earn \$10 - \$12 per hour.

Call: 751-5500

You must be 18 years or older and have a valid drivers licence and auto insurance.

To Advertise In Statesman, Call Rose Marie Leo At 632-6480

Don't compete with a Kaplan student — be one.

Why? Consider this: Over 1,000,000 students have chosen Kaplan to help prepare them for admissions and licensing exams.

Why? Kaplan's test-taking techniques and educational programs have 50 years of experience behind them. We know students. And we know what helps boost their confidence and scoring potential.

So if you need preparation for the **SAT, ACT, LSAT, GMAT, MCAT, GRE, DAT, ADVANCED MEDICAL BOARDS, TOEFL, NURSING BOARDS, NTE, CPA, BAR EXAM** or others, call us. Why be at a disadvantage?

KAPLAN
 STANLEY H. KAPLAN EDUCATIONAL CENTER LTD.

**Call days, evenings, even weekends;
 421-2690**

We Are Looking For Graduating Seniors To Join Our Executive Management Training Program

As the largest and fastest growing division of The May Department Stores Company, we are looking for students who have demonstrated initiative and a commitment to excellence. We seek top talent for our highly selective Executive Store Management Training Program, which begins in February. We are seeking self-starters and creative thinkers...people who are good team players and strong leaders.

Our executives are driven by achievement, using their analytical marketing and management skills to solve problems. Our salaries are at the top of the industry and are very competitive with other industries.

If you have excelled academically, held elected leadership positions in college, and want to run a multi-million dollar business within your first year, we would like to hear from you.

Lord & Taylor will be interviewing on **NOVEMBER 28th** at the Career Placement Center. Please submit your resume to the Career Office as soon as possible to request an interview.

We will also be holding an informal Open House/Resume Collection Day on:

**THURSDAY, NOVEMBER 2nd
 STUDENT UNION/Room 236
 4:00pm-7:00pm**

Please feel free to stop by for some refreshments and meet some recent graduates who are now part of our growing Executive Management team; OR you can mail your resume to: **Mr. Jim Viola, Manager of College Relations, Lord & Taylor, 424 Fifth Avenue, New York, NY 10018.**

We are an equal opportunity employer m/f.

The Park Bench Invites You To

★ Star Night

★ also ★
Hospital & Restaurant Employees Nite

★ Every Wednesday
★ at 10:00 p.m. ★

A chance for you and your friends a
to take a turn at becoming a
Recording Artist
★ in front of a live audience. ★



- ★ We provide the **Music** ★
- ★ We provide the **Lyrics**
- ★ We provide the **Fun** ★
- ★ Prizes awarded to top performers ★
- ★ Free Admission ★ Drink Specials ★
- ★ Prizes ★ Fun ★ Celebrities ★

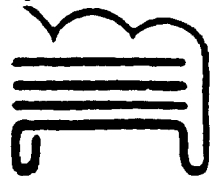
A Chance To Win
A Tropical Vacation For Two ★

Co-Sponsored By

Stolichnaya Vodka

1095 Rte 25A
Stony Brook, N.Y. 11790
(516) 751-9734

*Park
Bench*



RPS

Roadway Package System
WANTS YOU!!!

- *Part Time Hours
- *Starting Pay: \$7.50/hr
After 90 Days: \$9.00/hr.
- *Immediate Openings For
Package Handlers
- *Shifts: 1 A.M. to 6 A.M.
5:30 P.M. to 10:30 P.M.
- *3,4, Or 5 Days A Week

Students are also employed as

- *P/T Supervisors
- *Quality Controllers
- *Data Entry Persons
- *F/T After Graduation

Roadway Package System
110 South 4th Street
Bayshore, L.I., 11706
(516) 242-4629,4628

CALL TODAY

An Equal Opportunity/Affirmative
Action Employer

SUN CAPSULE

FAMILY TANNING CENTERS

473-8920
Open 7 days a week.

47A Jayne Blvd.,
Port Jefferson Station

The **ULTIMATE**
Tanning Machine!

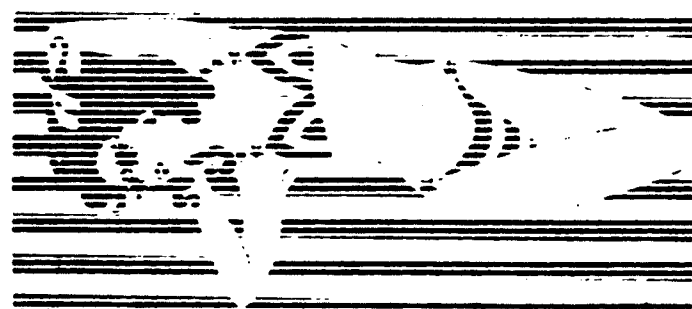


THANKSGIVING SPECIAL

2 Months Unlimited Tanning \$110.00
Limit 7 Visits per Week

-OR-

10 Visits for \$32.00 (plus 1 Free)



This offer is good with coupon only and Stony Brook I.D.
Expires: 11/28/89

-Gift Certificates are available-



Fitness Facts Furnished, Calories Counted

(The following article was written by the Fitness Connection. It will appear regularly in Statesman.)

The concept of exercising has swept the nation in the last few years. It seems these days everyone is doing the fitness thing. People understand that they will lose weight and stay in shape. There are many misconceptions about exercise and your body.

Myth 1. Exercising makes you tired. As their bodies get more in shape, most people feel exercising gives them even more energy than before. Regular, brisk exercise can also help you resist fatigue and stress.

Myth 2. Exercising takes too much time. Regular exercise does not have to take more than about 25 to 40 minutes, three times a week. Once you have established a comfortable exercise routine, exercising becomes a natural part of your life.

Myth 3. All exercises give you the same benefits. All physical activities

can give you enjoyment. But only regular brisk and sustained exercises such as brisk walkings, jogging, or swimming improve the efficiency of your heart and lungs and burn off a lot of calories. Other activities do not give you these benefits although they may give you other benefits such as increased flexibility or muscle strength.

Myth 4. The older you are, the less exercise you need. With age we tend to become less physically active, and therefore need to make sure we are getting enough exercise. In general, middle-aged and older people benefit from regular exercise just as young people do. Age need not be limitation. What is important, no matter what your age is tailoring the exercise program to your own fitness level.

Myth 5. You have to be athletic to exercise. Most brisk activities do not require any special athletic abilities. In fact, many people who found school sports difficult having discovered that

these other activities are easy to do and enjoyable.

Another important issue about exercise is that it improves the condition of your heart and lungs and include three important characteristics. These activities are brisk-raising heart and breathing rates, sustained-done at least 15 to 30 minutes without interruption, regular-repeated at least three times per week.

Your heart is affected differently with different endurance. Depending upon how you work out will depend upon how your heart is being affected. One can either exercise vigorously, moderately or slowly.

If you like a challenge and like to get a "good" workout quickly try cross-country skiing, hiking uphill, jogging or the old-time favorite jumping rope. These exercises are naturally very vigorous. They need to be done at least 15 minutes, three times a week. They will condition your heart and lungs, burn off a lot of calories, and give you many other benefits previously mentioned.

its previously mentioned.

For the not so skillful athlete there is always bicycling, basketball, racquetball, soccer, squash, swimming, tennis or walking. For most students this is their only form of exercise for the day.

These activities are moderately vigorous but can be excellent conditioners, if done briskly for at least 30 minutes, three times a week. When done briskly, they give the same benefits as vigorous activities.

For those of you who want to exercise, but don't want to condition your heart or lungs the recommendations include bowling, softball and golf. These activities by nature are not vigorous or sustained. They still have certain benefits—they can be enjoyable, help improve coordination and muscle tone, and help relieve tension. However, they neither condition the heart and lungs nor burn off many calories.

Exercising should be one's choice of
(Continued on Page 6)



THE LITTLE MANDARINS

Given . . . by The New York Times

Cocktail Lounge Now Open

Special Complete Luncheon - \$3.75 - \$5.25

A La Carte \$3.94 - \$8.95

Call Ahead for Take-Out

751-4063

744 N. Country Rd. OPEN DAILY
Rte. 25A, Setauket Sun.-Thurs. 11:30-10:00
Major Credit Cards Fri.-Sat. 11:30-11:00

SECURITY GUARDS

Part time — Full time

ALL SHIFTS

Study while getting paid

Call 724-7189

Confused about Fall Scheduling:

Then come to Sigma Beta

Honor Society's

PEER ADVISING

Fellow Student

Representatives from

the depts of:

BIO LIN PHI Pre-Med

BCH EGL Allied Prof. ECO

MAT CSE Engineering

Wed, Nov. 8th,

6:30-9:00 pm & Others

Union Fireside Lounge

IMMEDIATE! ARTISTS WANTED

Statesman has Immediate
Full and Part Time Openings
In Its Art Department.

Must be Familiar With:

- Layout & Design
- Typesetting
- Color Separations
- Paste-up

All experience will be considered!

Contact Charlene at 632-6480
or come down to Rm. 075
in the Union Basement.

ACT NOW!

Gain Valuable Career Experience!

AASO MPB

AFRICAN AMERICAN STUDENTS ORGANIZATION • MINORITY PLANNING BOARD

CO-SPONSOR THE BROADWAY PLAY:

NOV. 1
8:00 PM

FOR MORE INFORMATION CALL:
THIERRY - 3067
DAMALI - 3263
CARIN - 3162



TICKETS Reduced From \$45 TO ONLY \$30.00!

FREE TRANSPORTATION
TICKETS SOLD AT UNION BOX OFFICE



BLACK AND BLUE is a "Broadway" with a difference. It has been back to back the thought provoking stories of John Henry, Beethoven, where music and dance were the instruments of social rebellion, and the torch spectacle designed by Joseph Urban for Florence Ziegfeld, where every act brought to mind some remarkable social idea.

BLACK AND BLUE is a "Broadway" with a difference. It has been back to back the thought provoking stories of John Henry, Beethoven, where music and dance were the instruments of social rebellion, and the torch spectacle designed by Joseph Urban for Florence Ziegfeld, where every act brought to mind some remarkable social idea.

CLASSIFIEDS

HELP WANTED

Act In TV Commercials. High Pay. No Experience...All Ages. Kids, Teens, Young Adults, Families, Mature People, Animals, Etc. Call Now! Charm Studios. (313) 452-8400 Ext. 7439.

Bar Spend or Bar Tend
Learn Bartending
1 and 2 week program
Plus
Lifetime Job Placement
Plus
Low Tuition

NATIONAL BARTENDERS SCHOOL
"Where Experience Teaches"
CALL TODAY: (516) 385-1600, (718) 481-1700, (201) 750-8775
Must be at least 18 to serve liquor.

Bar Woman needed. Experienced only, 21 and over. Apply in person. The Park Bench, 1095 Rte 25A, Stony Brook. Please, no calls.

Energetic Hardworking timely part-time help M-F afternoons, weekends plant and floral care and sales. Apply in person Village Green 112 Main Street Port Jefferson. Interest in the field required. 473-3113.

Cruise Ship Jobs
HIRING Men - Women, Summer/Year Round. PHOTOGRAPHERS, TOUR GUIDES, RECREATION PERSONNEL. Excellent pay plus FREE travel. Caribbean, Hawaii, Bahamas, South Pacific, Mexico. CALL NOW! Call refundable. 1-206-736-0775, Ext. 600 N.

A FREE GIFT JUST FOR CALLING PLUS RAISE UP TO \$1,700.00 IN ONLY TEN DAYS!!! Student groups, fraternities and sororities needed for marketing project on campus. For details plus a FREE GIFT, group officers call 1-800-950-8472, ext. 0.

EARN \$2,000 - \$4,000 Searching for employment that permits working your own hours, but still challenging enough for your entrepreneurial skills? Manage programs for Fortune 500 Companies. Earn \$2,000-4,000. Call 1-800-932-0528, ext. 11. Ideal for Grad. Students.

P/T Market Research. Excellent Pay. No experience needed. Will train. Call Mr. Phillips 584-5496.

SPRING BREAK
"Campus Reps Needed" earn big commissions and free trips by selling Nassau/Paradise Island, Cancun, Mexico, Jamaica & Ski trips to Vermont & Colorado. For more information call toll free 1-800-344-8360 or in Ct. 203-967-3330.

SERVICES

SCUBA LESSONS at Stony Brook and N.Y. TSCH, C.I. Art Haggerty and Crew (516) 226-SAFE

WRITING-RESEARCH-EDITING
Versexpert staff. Fast service, reasonable rates. 800-331-9783, ext. 888.

TYPING SERVICES AVAILABLE:
ALL ACADEMIC PAPERS, RESUMES, ETC. ROUGH DRAFTS AND DISK STORAGE AVAILABLE AT NO EXTRA COST. CALL 331-4796 BETWEEN 9 am - 7 pm.

ESSAYS, REPORTS. 16,278 available! Catalog \$2.00. Essays-Reports, 11322 Idaho, 206XT, Los Angeles 90025. Toll free (800) 351-0222, ext. 33. VISA/MC or COD.

Typing/Wordprocessing Quick reliable-affordable guaranteed when you need it! Neat accurate. Maryann 696-3253

WORD PROCESSING: -All academic typing papers, theses/dissertations - Student discounts - Resumes/cover letters. Call 928-4751.

Typist - experienced, reliable, reasonable. Located - walking distance from "P" Lot. 751-2889.

AUTO INSURANCE, low rates, easy payments, DWI, Tickets, Accidents O.K. Special attention SUNY students, international licenses O.K. Call (516) 289-0080.

FOR SALE

1981 Datsun, 210 runs like a charm, 35 mpg, must sell 862-9080

PRINCE FANS: Rare audio and video available. Top quality. Concerts and out-takes. Don't delay. 467-8445.

CAMPUS NOTICES

R.O.A.R. (Rightfully Opposed to Apartheid and Racism) has just been formed. Meetings Wednesday's at 7:30 at NYPIRG. Call 632-6457 for more info.

Gay and Lesbian Alliance - General Meetings every Thursday Night 8:30, 2nd floor Student Union. Join us in a relaxed, comfortable environment. Newcomers always Welcome!

Are you confused about: birth control, sexually transmitted diseases, pregnancy and its options? Call EROS, 632-6450 or stop by Infirmary Room 119, EROS is strictly confidential.

Are you a Psych Major? Need some experience? Then stop by V.I.T.A.L. at the library basement or call 632-6812 for more information for volunteering.

PERSONALS

ALPHA CHI RHO - We appreciate your thoughtfulness. We wish you luck in getting your charter. P.S. When is the next mixer? Love, ALPHA PHI

HOUSING

Stony Brook Village 3 Bedroom Ranch, 2 bath, 1/2 acre shy; \$180,000. Call 9-2. 751-5164.

TO PLACE A CLASSIFIED, COME TO STATESMAN, ROOM 075 IN THE STUDENT UNION

STUDENTS!

Telemarketing Position

EARN GREAT MONEY

Excellent Income \$8-\$15 per hour

BONUSES!

Convenient 1 Mile From Campus

Flexible Evenings & Hours Monday through Friday & Saturday Morning WORK AROUND YOUR SCHEDULE

***Good Speaking Voice Required**

Call Mr. Penn Between 2-5 pm **On Bus Route 584-5522**

Stony Brook Students, Faculty, and Staff Get the most for your car insurance dollar.

Leave it to The Good Hands People.

Call us! We'll show you why Allstate is a better value.

689-7770

Coventry Commons (Cr. Stony Brook Rd. & Rte. 347) Next to TCBY

Allstate®
Allstate Insurance Company
Northbrook, Illinois

Never A Broker's Fee!

TOO BUSY To do the laundry? Let Us Do It!

WE WILL WASH, FLUFF DRY & FOLD, INDIVIDUALLY HANG SHIRTS & SLACKS, NEATLY PACK THE REMAINDER IN A CLEAR PLASTIC BAG, ALL READY FOR YOU TO PICK UP.

HANDY ANDY LAUNDROMAT

Service and Self Service Laundromat
2460 Nesconset Hwy., Stony Brook, NY
Corner of Stony Brook Rd. & Rt. 347 (Nesconset Hwy.) with Ponderosa and Burger King.
8AM to 10PM Seven Days
Last Wash 8:30PM
751-9268

NAUTILUS,
AEROBICS,
FREE WEIGHTS,
CARDIO—FITNESS.



WHIRLPOOL,
STEAM ROOMS,
INDOOR TANNING
AVAILABLE

10 WORKOUTS FOR \$49.95

SUNY DISCOUNT MEMBERSHIP SPECIALS AVAILABLE

COVENTRY COMMONS MALL (BEHIND COOKY'S STEAK PUB)
NO EXPIRATION DATE **751-3959**



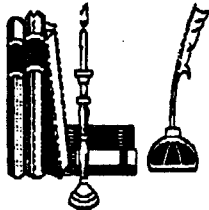
TYPING

*Term Papers
Essays * Thesis
Job Resume*

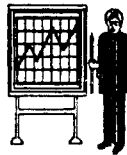
Bring the rough draft of your college papers to us and we'll professionally type them on our computers, utilizing the MLA rules with endnotes, or the old way — with footnotes.

All typing is computer-checked for spelling errors.

Hand print, legibly write, or type your notes, *double spaced*, on lined notebook paper — or dictate what you want typed, using standard audio cassettes. We'll type your papers, ready for you to edit — then we'll give you a final copy, ready for your professors to grade.



Do you want to explain something with pictures or graphs? Our desktop publishing software can do your job.



Notary Public

For Prices and to be placed on our production schedule ...

**Phone...
732-4242**

8:00 a.m.-6:00 p.m. * Monday-Saturday

Patriots Record Grows In Liberty Conference

(continued from page 16)

ball against the Mariners. He continues to show great poise under pressure and has been able to get the ball to his number one receiver, Alan Balkan, with enough regularity to open up the Patriot offense and force opposing defenses to be wary of the pass. Balkan, who became the all-time Stony Brook reception leader last week, caught four passes for 45 yards, giving him 25 catches on the year.

Despite outplaying the Mariners in the first half, the Pats were down 10-7 at intermission. They went to work on the second half's opening possession and in 5:14 and 13 plays, the Patriots covered 71 yards and scored the touchdown that put them ahead to stay.

The game-winning drive was prolonged twice by Moran's mobility. On third and 11 from the Kings Point 47, Moran faded into the pocket. Once there, he eluded one tackler and headed for the right sideline where he got around Michael McNulty and streaked for a 25-yard gain. Then, on second and 15, Moran rolled left and dumped a pass to Milton Mills who took the ball to the Mariner 2-yard line. Oliver Bridges carried it in two plays later.

"At this point we feel we can move the ball against anyone," said Kornhauser. "The offense has confidence in Ollie and Joe, and Joe has confidence in himself. It's as if he says to the [opposing] defense, 'You're not going to take this game from me, I'm going to take it from you.' He really knows how to come up with the big play."

No 1989 Patriot game is complete without a spectacular performance from Bridges. The freshman tailback gained 150 yards on 34 carries and scored three touchdowns. He is averaging 5.4 yards a carry this season and has gained a whopping 1,056 yards to go along with 13 TD's.

Once in the lead, the Pats never looked back. Mike Baudille, Chris Lopata and Fred Velazques each had interceptions in the final quarter as the Pats needed only 20- and 56-yard drives to garner their final touchdowns.

The Patriots earned their first Liberty Conference win of the year and looked overpowering in doing so. With their young players a little bit older, their injuries a little less painful and their spirits infinitely higher, the 3-5 Patriots are on a roll. There are two games left for these guys, and after a woeful start, .500 is a very realistic possibility.

PATRIOT NOTES . . . George Kasimatis scored the Pats third touchdown and ran exceptionally well. He repeatedly dragged defenders along the ground en route to gaining 42 yards on seven carries . . . Bobby Burden, always a presence, led the team with seven tackles (six unassisted) . . . Though he was credited with only two unassisted tackles, linebacker Rich Mollo may have played his best game of the year . . . Fine games for Peter Orlosky, Doug Foster, Alphonso Grant and too many others to mention . . . a pair of fans — Pats' baseball player Ken Rauschenbach and the huggable Danny Olenchak — wore pumpkin helmets to the game.

P-Mck Excavating Corp.

Land Clearing • Excavation • Drainage
Fill • Stone • Sand • Bankrun
Residential • Commercial
All Work Guaranteed Highest Quality



Peter W. McKasty, Pres.
906 Lincoln Ave.
Holbrook, N.Y. 11741

516 567-3575
516 589-9682

AIM HIGH

NURSE SCHOLARSHIPS AVAILABLE

Nursing students, looking for a scholarship? Air Force ROTC has four-year scholarships that can cover tuition and other expenses, plus \$100 per academic month, tax free. Find out if you qualify.

USAF NURSE PLACEMENT
1-800-423-USAF



Just A Hop, Skip, And

A Jump From SUSB

12¢

Sorry
No Take-Out

Biggy's

PLUS TAX

12¢

12¢ Chicken Wings

No Limit

Wing Mania

Eat The Most Wings...
You'll Have Your
NAME On A Plaque!

Tuesdays ALL DAY
ALL NIGHT

"The World's Tastiest Chicken Wings"
Eat Wings Till You Sprout Feathers!!!

Tuesday
Only!
21 & Over
After
6 pm.
(Except
Families)

Lake Grove
Rt. 25
588-1700

A Fun Full-Service Restaurant.

Rocky Point
Rt. 25A
821-9111

Open 7 days — Lunch 'n Dinner
grub 'n firewater



Statesman
SPORTS

PATRIOTS PREVIEW

For The Latest
Playoff Info, Call
632-7287

MONDAY, OCTOBER 30, 1989

Mariners Prove No Challenge For Patriots

Record Improves

By Kostya Kennedy

Click, click, click, click — touchdown! That is the sound of the Patriots offense. Crunch, sack, crunch, sack, crunch, sack — interception! That, my friends, is the sound of the Patriot defense.

Coach Sam Kornhauser knew his young team would have a rough time melding this year under the fire of game pressure. He said before the season that he only hoped to steal a few early wins while the team gained experience. But injuries piled on top of the inexperience and the losses piled on top of that. The Patriots went 0-5 and save for a strong performance against C.W. Post, they didn't look much better than their record.

That was three games ago. Now the Pats, after taking plenty of lumps, have sailed smoothly to three straight victories. The most recent came in a thoroughly dominating 26-10 win over Kings Point on Saturday.

It was Patriots, all Patriots, against the Mariners. The Pats outgained Kings Point 345-123 and had nearly double their time of possession. Stony Brook ran 82 offensive plays, earning 23 first downs. The Mariners ran 49 plays, got nine first downs. Those are the causes, as well as the results, of the sound effects you just heard.

It was big plays, especially on defense, which led to the Patriots convincing win. They registered five sacks, intercepted three passes in the fourth quarter, and knocked the Mariners' star quarterback Chris Clark right out of the game.

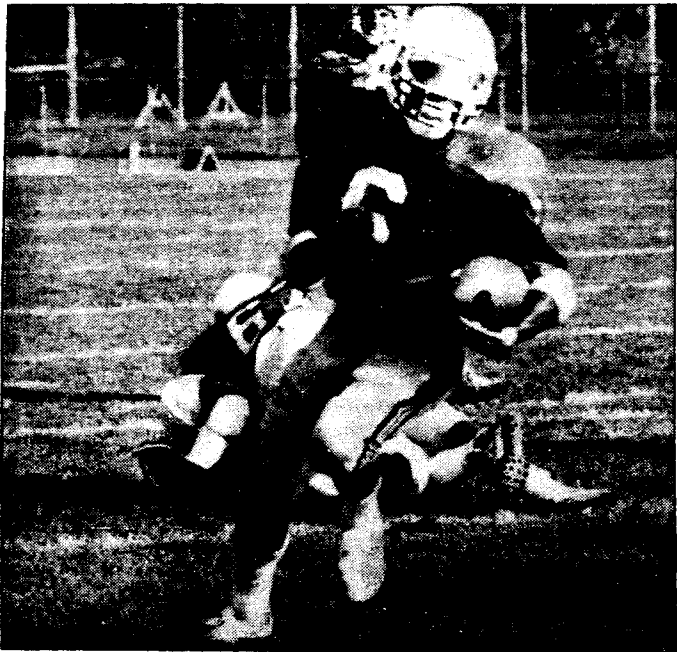
The biggest of the big-play makers was defensive end Michael Halkitis, back in action after missing four full games and parts of two others with injuries. On Kings Point's first possession, Halkitis drilled Clark with a shoulder-separating hit that was easily the Mariners' biggest loss of the day. And when Craig Perciavalle, Clark's replacement, dropped back to pass for the first time, Halkitis smothered him for a 13-yard loss.

"Michael is an impact player," said Kornhauser of the man who registered three sacks on Saturday. "It was definitely a blow to them to lose Clark. It changed our defensive thinking; we didn't have to worry too much about the big pass."

Halkitis' play solidified a defense that limited Kings Point (4-3) to an average of 2.5 yards a play and a minuscule net of 29 rushing yards. Defensive end Kevin Hinphy, who plays well every week without fail, clearly benefitted from Halkitis' presence on the right side of the line. Hinphy had a sack, plenty of pressures, broke up a pass and made five tackles.

Offensively, too, the Patriots were a force. After seeming to play with "no offense intended" in its first five games, the Pats, behind quarterback Joe Moran, are suddenly a confident, dangerous bunch. Moran (10 of 19, 107 yards, one interception) played his usual mistake-free brand of foot-

(continued on page 15)



Statesman/AI Bello



Statesman/AI Bello

The Patriots defeated USMMA with the help of Oliver Bridges no 6 Dan "Hugs" Olenchek and Kenny Rauschenbach.

Statesman
PATRIOT
ATHLETE OF THE WEEK

Freshman Halfback, **Oliver Bridges** was named *Statesman/VIP Athlete of the Week* for the week of October 16. He ran for 225 yards and 3 TD's to lead the football team to a 41-31 victory over Stonehill. Bridges broke his own school record of 194 yards rushing in a game and became the University at Stony Brook's career rushing leader with 906 yards. For his effort Bridges was named ECAC and Liberty Football Conference Rookie of the Week. Bridges already holds 10 school records.

STONY BROOK
STATE UNIVERSITY OF NEW YORK

SPORTS SHORTS

On Saturday the men's soccer team concluded their season with a win against Vassar by a 2-1 score. Freshman Josh Arvidson and junior Love Bricourt both had goals for the Patriots in the first ten minutes of play.

...

On Friday the women's soccer team concluded their home season with a win over Niagara. The Lady Patriots won by a score of 4-1. Lisa Paladino and Marie Turchiano each had a goal and an assist for the Lady Patriots. Lisa Shaffer and Adrienne Ruggieri both had goals for the Lady Patriots.

...

In Volleyball action the Lady Patriots traveled to the Elizabethtown Invitational to compete. The team first took on East Menno-nile where they were defeated by scores of 15-6 15-9. The team then played Catholic University where they won by scores of 15-6, 15-1 and 15-10. The ladies then lost to W. Maryland by scores of 15-13, 15-4, 13-15 and 15-4.