

CONTRACT FOR SUCCESS

Where is your hometown?

What types of activities were you actively involved in before coming to Stony Brook?

The reason I chose to become part of the Stony Brook Community

Some areas of academic interest that I would like to know more about include:

My academic goal for this semester is:

Examples would be methods of studying, learning about a major, visiting the career center.

Ways I will work towards this goal:

- 1.
- 2.
- 3.

My long term academic goal is:

Examples would be completion of a certain major, exploring internship opportunities, assisting with undergraduate research.

Ways I will work towards this goal:

1.

2.

3.

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A personal goal I want to achieve this semester is:

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Ways I will achieve this goal:

1.

2.

3.

My GPA goal for this semester:

Skills I feel I need to build to achieve these goals:

(some examples might be: time management, stress management, study skills, writing papers, etc)