

SUMMER MENU CYCLE WEEK 3

DATE:

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R K F S T	ORANGE JUICE GRITS GARDEN OMELET DANISH OR PLAIN DONUT MARGARINE MILK COFFEE / TEA	OATMEAL SCRAMBLED EGG HARD BOILED PEACH MUFFIN MARGARINE MILK COFFEE / TEA	FARINA HARD BOILED SCRAMBLED EGG LARGE ROLL MARGARINE MILK COFFEE / TEA	GRITS SCRAMBLED EGG HARD BOILED HOME FRIES MARGARINE MILK COFFEE / TEA	OATMEAL FRENCH TOAST SYRUP BACON MARGARINE MILK COFFEE / TEA	CREAM OF RICE SCRAMBLED EGG HARD BOILED CRANB ORG MUF MARGARINE MILK COFFEE / TEA	CRM OF WHEAT HARD BOILED SCRAMBLED EGG LARGE ROLL MARGARINE MILK COFFEE / TEA
L U N C H	BEEF VEG SOUP CHSE MANICOTTI TOMATO SAUCE GRATED CHEESE ITAL GRN BEANS ITAL BREAD MARGARINE SHERBET MILK COFFEE / TEA	BLACK BEAN SHRIMP JAMBALAYA VEGGIE BLEND WHITE BREAD MARGARINE PEARS MILK COFFEE / TEA	MINNESTRONE VEAL MARSALA SAUCE BOWTIE PASTA ITAL BLEND VEG. DINNER ROLL MARGARINE COOKIE MILK COFFEE / TEA	MANHAT. CLAM KLONDIKE SOUTHERN GRVY MASHED POTATO CARROTS CORN BREAD MARGARINE KEY LIME TART MILK COFFEE / TEA	LENTIL SOUP CHEF SALAD DRESSING GARLIC BREAD STICKS MARGARINE CHOCOLATE MOUSSE MILK COFFEE / TEA	ITAL WEDDNIG BEEF KNOCKWURST MAC & CHEESE BROCCOLI PUMP BREAD MARGARINE BK APPLE SLICE MILK COFFEE / TEA	CRM TOMATO COD FISH CAKE TARTAR SAUCE WHITE RICE MIXED VEGGIE RYE BREAD MARGARINE YOGURT CAKE MILK COFFEE / TEA
D I N N E R	PHILLY CHEESE STEAK ON HERO ONIONS/PEPPER CHEESE SAUCE POTATO SALAD APRICOTS MILK COFFEE / TEA	HONEY HAM AUGRATIN POT ASPARAGUS RYE BREAD MARGARINE FRUIT CRISP MILK COFFEE/ TEA	ROAST TURKEY GRAVY / SAUCE BK SWT POTATO PEAS WHEAT BREAD MARGARINE TROP FRUIT MILK COFFEE / TEA	HERBED BAKED FISH RICE PILAF BEETS RYE BREAD MARGARINE MANDARIN ORG. MILK COFFEE / TEA	CORN BEEF BEER SAUCE RST RED POTATO SAUERKRAUT WHEAT BREAD MARGARINE FRUIT COCKTAIL MILK COFFEE / TEA	BBQ CHICKEN CORN ON COB GARLIC SPINACH BISCUIT MARGARINE FRT TURNOVER MILK COFFEE / TEA	ITAL SAUSAGE ONION/PEPPERS ON HERO ROLL PASTA SALAD CHERRIES MILK COFFEE / TEA
ALTERNATES:	LIVERWURST/RYE RT BEEF / ROLL BRDED CHICKEN	CRM CHEESE & JELLY/RAISIN BD RST BEEF / ROLL BRDED CHICKEN	BOLOGNA/WHEAT RST BEEF / ROLL BRDED CHICKEN	TURKEY SLD PLATTER RST BEEF / ROLL BRDED CHICKEN	EGG SLD/WHEAT RST BEEF / ROLL BRDED CHICKEN	TUNA SALAD PLATTER RST BEEF / ROLL BRDED CHICKEN	HAM ON WHEAT RST BEEF / ROLL BRDED CHICKEN