# The Comprehensive Psychiatric Emergency Program at Stony Brook University Medical Center

A Community Resource: Founded in 1989, the Comprehensive Psychiatric Emergency Program (CPEP) at Stony Brook University Medical Center provides hospital-based, around-the-clock emergency psychiatric services, including assessment, treatment, crisis intervention, triage and referrals for both inpatient and outpatient care.

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As a regional center, CPEP is the central receiving and triage point for all individuals with mental illness transported by the Suffolk County Police Department, local municipal police or the Sheriff's Department. It is also a central resource for county and community agencies, housing providers, clinics, nursing homes and private mental health providers.

### INCREASED CAPACITY

With the opening in December 2011 of the state-of-the-art, 10,000-square-foot CPEP facility, Stony Brook triples its former patient care space and provides a secure and comfortable environment for enhanced patient care. This substantial addition is in direct response to the increased need in Suffolk County for emergency psychiatric services. Serving the community in this way is essential to Stony Brook's mission as an academic medical center and a community steward.

## 24/7 CAPABILITIES

The new facility, located adjacent to Stony Brook's Emergency Department, is open 24/7, 365 days a year, and includes:

- A new "fast-track" program with private waiting areas and physician office
- Dedicated family waiting area and triage desk
- Three double rooms and four single rooms for housing patients during extended observation (up to 72 hours)
- A separate entrance for police-escorted patients and a police waiting area
- Two patient interview rooms and two family rooms for greater patient access

# SEPARATE PEDIATRIC AREAS

CPEP has a separate entry for children, as well as a separate treatment area, bathroom, extended observation area and a family meeting room.

### A HIGHLY TRAINED STAFF

Led by Mark Sedler, MD, MPH, Professor and Chair of the Department of Psychiatry and Behavioral Science at Stony Brook University, the medical staff is composed of all board-certified psychiatrists. The evaluation and treatment team includes psychiatric residents, psychiatric nurse practitioners and specialized nursing and social work staff. More than 6,000 patients are seen annually at Stony Brook's CPEP.

Stony Brook University Medical Center is Long Island's premier academic medical center. With 597 beds, it serves as the region's only tertiary care center and Level 1 Trauma Center, and is home to the Stony Brook University Heart Center, Cancer Center, the Stony Brook Long Island Children's Hospital, the Institute for Advanced Neurosciences, and the Gastroenterology Program. Stony Brook provides Suffolk County's only Level 4 Regional Perinatal Center, state-designated AIDS Center, state-designated Comprehensive Psychiatric Emergency Program, state-designated Burn Center, the Christopher Pendergast ALS Center of Excellence, Kidney Transplant Center, and the nation's first Pediatric Multiple Sclerosis Center.

To learn more, visit StonyBrookMedicalCenter.org







