

DEPARTMENT OF VOLUNTEER SERVICES

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VOLUNTEER OPENINGS

Working with the Residents

Medical Suite- Office Help

Fridays, 9:00 am – 12:30 pm

Assist residents to and from appointments, help with light office work, answering phones, keeping residents company who are waiting for appointments.

Newspaper Delivery

Openings: Monday; 8:30 am or 9 am start time until 10 am or 11 am

Sort and label the morning papers for residents (about 30-40). Bring the newspapers up to the residents' rooms. Either give to the resident or leave it on their beds.

Therapeutic Recreation

Our Therapeutic Recreation Department has various opportunities for volunteers to assist. The Home's philosophy is "Food and Fun". We believe that enjoying life and being engaged are very important and you're never too old to learn new things. We are always utilizing the latest technology and innovations (Wii, digital cameras and various computer systems).

Some sample programs include: antique car & motorcycle shows right in our parking lot, chef's club & adult education. Trips to Belmont Race Track, out on fishing boats, ball games, movies and, restaurants. In addition, we have a diversity of musical entertainment from big band, to classical, from steel drum bands to pop music.

Our small unit based programs allow our residents to explore new hobbies such as, scrap booking, photography club, yoga, cooking, writing, women's circle, gardening, and drum circle.

Program Assistant

Weekends & Evenings are a High Priority. Volunteer Shifts Tend to Be: Mornings, everyday, except Fridays & Sundays; Afternoons; 7 days a week; Evenings, Sun, Tu, Th. Chose your set schedule. Help our residents stay active in the community, and engaged in life. We have a wide variety of recreation programs to appeal to the varied interest of our residents. You can help by encouraging residents to attend, motivating them to participate and assisting them to and from programs. Work with the Recreation Therapists in small or large group programs. Chose the activities that most interest you and get involved from the monthly recreation calendar.

Trip Volunteers

Usually Wednesdays, Times Vary. Assist the Residents on community trips. Help brighten a resident's week by helping them enjoy this special activity. Must be able to push, pull and lift. Trips include: shopping, restaurants, sporting events, fishing in season, racetrack (must be at least 21), movies, etc.

Reflections Unit Volunteers

Provide our residents living on the Reflections Unit with some special attention. The Reflections Unit is our unit specializing in assisting residents who have Dementia (such as Alzheimer's). This is a safe, closed unit for the residents. Residents with this condition need a lot of individual attention and stimulation. We need help with the **Recreation Programs** on the unit, 7 days a week from 10-12 and 2-4. You are helping provide care to and brighten the day of our residents with this difficult medical condition. You can pick a day and shift that meets your needs and availability. Training and support will be provided.

RAP Volunteer: Recreational Activity Provider

This is an opportunity to become an integral part of the care giving team.

You will be responsible for providing diversionary activities to a specific group of residents on one of our units. Our Recreation Therapists and Nurses will work closely with you to provide support, education, information, ideas and supplies to do your work. You will provide residents who are on the unit with something interesting and engaging to occupy their time. Keep our Veterans Home residents engaged in life and the Vets Home community. You can set your own schedule with the charge nurse on the unit. Once the schedule is set, it should be maintained.

Religious Services Protestant Services

Sundays: 3:00 PM

Resident Supporter

Preferably, Once a Week: Hours Can Vary (between 10 AM and 9 PM)

Join our Resident Support Program and help break the isolation many of our residents feel. Visit one-on-one with a set group of assigned residents. Your visit can help ease discomfort and bring happiness & diversity to the day of a resident. Requires at least a 6 month commitment. Weekly report in via email (or phone) for first month, then monthly. Join our Google Group for Resident Supporter volunteers to be able to stay in touch as well as connect to other volunteers.

Of Interest to Student Volunteers (some only open for Students):

Rehab Therapy (Occupational and Physical Therapy)

Shifts Available for Student Volunteers Only

(Shifts are given based on the applicant's demonstration of interest, responsibility & timeliness.) Keep our residents active & independent. Rehab therapy can assist residents in being able to perform tasks independently and have better balance and mobility. Assist the Rehab staff by bringing residents to the treatment rooms, motivating and assisting residents while they are receiving rehab. Deliver charts. Stock supplies.

Pharmacy

Students Shifts Only- Tuesday, Wednesday or Thursday- 10 $_{\rm AM}$ - 1 $_{\rm PM}$ - Schedule With Director of Volunteer Services

Skilled Based Volunteer Opportunities

Newsletter Editor & Writer

Design, develop and edit a newsletter for our Friends of the Veterans Home groups and organizations. Compile information from staff, interview community groups, volunteers and residents. Take photos. Must have proven experience with professional writing, marketing or public relations.

Photographer

Help us create dynamic marketing materials by capturing volunteers in action. Using your own digital camera or borrowing ours, take pictures of volunteers on duty, changing the lives of residents and improving services at the Home. Document special events such as our resident recreation programs (Mardi Gras, Chef's Club, trips, etc.) and special volunteer activities (recognition events, etc.). These photos will be used for PR and recruitment as well as to document the history of the volunteer department. Volunteer should have a good eye for photos and some familiarity with digital cameras. Hours can be flexible, some daytime hours required.

Promotional & Creative Writer

Looking for someone professional, with experience and dedication. Volunteer would need to be able to take initiative, work independently and keep in communication with Volunteer Services. Position may include; writing human interest stories about our volunteers. Interviewing volunteers and putting together the information in a creative and engaging way. Gathering quotes from our volunteers about their experiences. These stories and quotes will be used in our marketing materials, for press releases and in our newsletters.

Volunteer Recruitment Display

Create an eye catching display that can be used at volunteer recruitment events. The display should show a variety of volunteer tasks and capture the spirit of the Veterans Home. It should include some photos as well as some text. Text could speak to the various volunteer opportunities and benefits. Volunteer could take photos of volunteers in action to use in the display as well as sort through other photos.

Create Your Own Opportunity

Don't see anything in this packet that appeals to you? Speak to our Director of Volunteer Services to explore other possibilities. Do you have a skill you would like to share? Or a talent you would like to display? Perhaps we can come up with a good match.

Other opportunities may include: assisting with fundraising and soliciting, speakers bureau, representing the Veterans Home at community events, lending a hand with volunteer recruitment, doing a demonstration for the residents on something that interests you, assisting our many offices, guiding us with your expertise.

Speak to us so we can explore your interests and our needs.