

Gabrielle A. Carlson, M.D.
Biographical Sketch

Gabrielle A. Carlson, M.D., has been professor of Psychiatry and Pediatrics and Director of the Division of Child and Adolescent Psychiatry at State University of New York at Stony Brook since 1985. She did her undergraduate training at Wellesley College and subsequently obtained her MD degree from Cornell University Medical College. She did her adult psychiatry training at Washington University in St. Louis and at the National Institutes of Mental Health. She completed a fellowship in Child and Adolescent Psychiatry at UCLA where she subsequently taught on the faculty.

Dr. Carlson specializes in childhood psychopathology and psychopharmacology in general, and the subjects of childhood and adolescent depression and bipolar disorder, specifically. She has written over 175 papers, chapters, and reviews on those subjects and has co-authored two books, Affective Disorders in Childhood Adolescence (Spectrum Publications) and Psychiatric Disorders in Children and Adolescents (W.B. Saunders). Her research interests include the phenomenology and long term follow up of young people with bipolar disorder, and the relationship of behavior disorders and mood disorders. Dr. Carlson has done clinical research on bipolar disorder for 30 years. The Stages of Mania was published in 1973. In this study, observations of manic episodes over time helped distinguish mania from schizophrenia. In Unmasking Masked Depression, published in 1980, she demonstrated that children with so called "masked depression" had the symptoms if you talked to them, were examples of that.

Dr. Carlson serves/has served on several editorial boards (Journal of the American Academy of Child and Adolescent Psychiatry, American Journal of Psychiatry, Journal of Affective Disorders, Journal of Child and Adolescent Psychopharmacology) and numerous professional committees. Some of these include the APA Committee to Evaluate DSM III, the Child and Adolescent and Mood Disorders Work Groups for DSM IV, the Task Force on Treatment Research for the Institute of Medicine's Research on Children and Adolescents with Mental, Behavioral, and Developmental Disorders, the Institute of Medicine's committee to evaluate Research Training in Residency, and the scientific advisory board of the National Depressive and Manic Depressive Association. She also served as a "Mentor" for the joint National Institutes Of Mental Health and Society for Professors of Child and Adolescent Psychiatry mentorship program. She has been an examiner for the American Board of Psychiatry and Neurology for both Adult and Child Psychiatry. She has been named in Best Doctors in America and Good Housekeeping's Best Mental Health Experts.

Dr. Carlson recently won the prestigious child psychiatry research award from the American Psychiatric Association, the Blanche Ittleson award. She also given the Hulse Award from the New York Council on Child and Adolescent Psychiatry. She has been president of the International Society for Research in Child and Adolescent Psychopathology.

PUBLICATIONS On BIPOLAR DISORDER

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