



nutritionist's pick

Looking for something nutritious on campus?
Here are a few of our favorites.

Starbucks

Choose 12oz (Tall) for fewest calories

- Signatures and Classics:
 - Skinny Carmel Macchiato
 - Skinny Caffe latte
 - Skinny vanilla latte
 - Café Americano
 - Cappuccino
 - 1 shot espresso
- Coffee, tazo, and more...
 - Freshly Brewed Hot/Iced Coffee (careful with cream and sugar)
 - Tazo Chai Tea Latte
 - Full Leaf Hot/Iced Tazo Tea
 - Iced Tazo Tea Lemonade
- Frappucinos:
 - Coffee-light
 - Mocha-light
 - Strawberries n Crème