

## From The Center for Prevention & Outreach Web site

### **SEXUAL ASSAULT - EDUCATION & PREVENTION RESOURCES**

#### **Wo/Men's and Gender Resource Center**

Our mission is to support student distressed by gender-related problems through counseling and provide education, outreach, and advocacy on gender issues in the campus community. Staff members are available to provide workshops and trainings. Call or visit for more information on workshop topics or to make an event request. Stony Brook Union, Room 216.

[womenscenter@stonybrook.edu](mailto:womenscenter@stonybrook.edu)

(631) 632-9666

#### **Sexual Assault Facts and Education (S.A.F.E.)**

The SAFE Peer Education group is a 6-credit, two-semester internship program in which students are trained to go into their communities and educate others on the topic of rape and sexual assault. Students learn skills to assist them in outreach as well as gaining knowledge on the topics that affect the global issue of sexual assault and rape. "The Date" is the interactive skit (and one of the most requested outreach tools) we use in order to engage students, faculty and staff in a meaningful dialogue about sexual assault. If you are interested in being a part of the internship or having a presentation of "The Date" in your class, organization, or community please contact Sarah Young at 631-632-7320, or [sarah.young@stonybrook.edu](mailto:sarah.young@stonybrook.edu) . And with that - Be SAFE!

#### **Health Education Office**

CHILL

These CHILL peer health educators provide outreach to new students, residential students, commuter students, and disenfranchised students. CHILL peer educators help students recognize signs of depression/suicide, other mental problems, alcohol and other drug abuse, abusive relationships, compulsive behaviors, and grief/loss. These students are available to offer direct interaction with students by speaking in classes, speaking to groups, doing individual depression screenings, and designing fliers/posters to support their mission. For more information, contact Kathleen Valerio (Student Health Center, Room 213B) [kvalerio@notes.cc.sunysb.edu](mailto:kvalerio@notes.cc.sunysb.edu) (631) 632-9338

#### **C.H.O.I.C.E. (Choosing Healthy Options In the College)**

The CHOICE peer educators of this group offer health education programs for a variety of student groups. Programs can be held in residential halls, classes, or in any other format. The health educators present workshops and answer questions for a variety of student groups. They are available to staff health information tables throughout campus and at special events. The goal is to create and implement healthy education-related awareness campaigns on campus. For more information, contact Kathleen Flynn-Bisson (Student Health Service Health Education Center, Rooms 211-217)

[kflynnbisson@notes.cc.sunysb.edu](mailto:kflynnbisson@notes.cc.sunysb.edu)

(631) 632-6682

#### **Swallow This**

A performance created and performed by Stony Brook students. The program address alcohol, other drug and sex education scenarios based on the true stories submitted by

Stony Brook students. This program is a way to reach out to students in need of help and to offer a prevention strategy through the use of the arts. For more information, contact Kathleen Flynn-Bisson (Student Health Service Health Education Center, Rooms 211-217) [kflynnbisson@notes.cc.sunysb.edu](mailto:kflynnbisson@notes.cc.sunysb.edu) (631) 632-6682

**University Police Rape Aggression Defense (R.A.D.) Program**

This program for women helps those of the Stony Brook community develop and enhance the option of self-defense against a sexual assault. The overall goal is to reduce victimization through informed decision-making and sensible action. The class is free for all SBU students, faculty, staff and their family members. The class is 12 hours long and runs for 6 consecutive Wednesdays from 5-7 p.m., starting on October 10th, 2007. To sign up for the workshop please stop by the Wo/men's and Gender Resource Center at 216 Stony Brook Union or call us at 631-632-9666 For more information, contact