

# Welcome



Stony Brook University

AUGUST 2012 WWW.STONYBROOK.EDU/SUCCESS

A NEWSPAPER FOR STONY BROOK STUDENTS

## Inside Look

### Shocking Seawolves

See page 3



### Important Dates

#### EXPERIENCE STONY BROOK FOR NEW STUDENTS

Friday, August 24, to Sunday, August 26

See story at right and page 11 for details.

#### STUDENT INVOLVEMENT FAIR

Wednesday, September 12

Find out about all SB clubs and organizations. SAC Plaza/Academic Mall, 1 pm to 2:20 pm

#### UNIVERSITY CONVOCATION

Wednesday, September 19

President Stanley gives his annual State of the University address. All are welcome! Staller Center, Main Stage, 4 pm

2 Your First Year at Stony Brook

4 Sound Advice

6 Campus Activities

8 Your Caring Community

11 Schedule of Events

## A Message from President Samuel L. Stanley Jr., MD



President Stanley visits with students during the annual Roth Pond Regatta.

Welcome to Stony Brook University and the start of a new academic year. You are joining us at a very exciting time. Earlier this summer our baseball team “shocked the world” by becoming the first SUNY team to ever make it to the College World Series. Then our track and field star Lucy Van Dalen became SB’s first Olympian as she qualified to represent New Zealand in the London games. These historic events made news all over the globe and further helped to put us on the map.

These great accomplishments come after yet another major event in Stony Brook’s young history: a transformative \$150 million gift from Jim and Marilyn Simons and the Simons Foundation, the largest gift ever to Stony Brook and to public higher education in New York. This gift will enhance our future by adding faculty to every discipline, offering more classes, and by providing additional scholarship opportunities for our undergraduate and graduate students.

You will soon discover that Stony Brook is an extraordinary university — an exciting place to learn, where anything is possible. Your journey of exploration has only just begun and we look forward to seeing where it takes you.

President Samuel L. Stanley Jr., MD

### Experience Stony Brook for New Students | August 24 to August 26



Students paddle toward the finish line in the annual Roth Pond Regatta, one of the many events that await you as a Stony Brook student.

## Time to Get Your Red On and Join the SB Family



Stony Brook is thrilled that you have decided to continue your education with us.

We have been preparing for your arrival for months now and look forward to seeing you in a few weeks. This *Welcome* newspaper, sent to you at the start of every semester, will provide critical arrival information for new students, and news stories for all students and families about current Stony Brook happenings. Please take a moment to read the stories that pertain to your interests.

**Experience Stony Brook: New Students** Experience Stony Brook is an extension of orientation events, **required** for all new students, which provides students with critical information to begin the

transition to campus life. Required programming varies for each student depending on his or her residency status, transfer or freshman status and Undergraduate College. New resident students (transfer and freshmen) check in to their residence hall on **Friday, August 24**, starting at 9 am. New commuter students (transfer and freshmen) are expected to sign in to Experience Stony Brook on **Saturday, August 25**, at 10 am in the Kenneth P. Lavalle Stadium. When students arrive at their sign-in location they will receive their Stony Brook ID card and more information about mandatory and social programming throughout the weekend. For more details about this schedule, please check page 11.

#### Getting Back in the Game: Returning Students

Returning resident students are able to move in on **Sunday, August 26**, starting at 10 am. Returning commuter students are not required to report back to campus until their first day of class.

Classes start for all students on **Monday, August 27**. Please remember to double check your class schedule on SOLAR during opening weekend for any classroom changes and to remind yourself when all of your classes will meet.

We hope you have enjoyed your break and are ready to put forth your best effort this semester. If you have any questions about opening of school, please contact Student Orientation and Family Programs at (631) 632-6710.



Undergraduate  
Colleges

Undergraduate  
Colleges

FIRST-YEAR  
READING AUTHOR  
TO VISIT CAMPUS FOR  
COMMONS DAY

WEDNESDAY,  
OCTOBER 24



*365 Days/365 Plays* by Pulitzer Prize-winning playwright Suzan-Lori Parks is this year's required first-year reading. New students will receive the book

during their Summer Orientation or Opening Weekend. The book will be discussed in the first-year seminars.

Named one of *TIME* magazine's "100 Innovators for the Next New Wave," Suzan-Lori Parks (in 2002) became the first African American woman to receive the Pulitzer Prize in Drama for her Broadway hit *Topdog/Underdog*. The following year she decided to write one short play each day, which culminated in her book, *365 Days/365 Plays*. For more about the author, visit [suzanloriparks.com](http://suzanloriparks.com).

Parks will join us for discussions and more on Wednesday, October 24, for Undergraduate College Commons Day. *365 Days/365 Plays* will be the subject of presentations by the author as well as a book signing and the annual Creative Expressions contest. Students will be asked to express their thoughts on the book through the written word or a visual medium (film, sculpture, painting). Winners will have a private lunch with the author.

A full schedule of Commons Day events will be given to you shortly after you arrive on campus.

## STUDENT SPOTLIGHT Lisa Ho | Biochemistry Major

# New Connections Lead to Endless Possibilities



Being involved with the WISE program and a sorority helps Lisa Ho feel at home at Stony Brook.

When Lisa Ho came across Alpha Kappa Delta Phi sorority in the spring of her freshman year, she was thrilled to make lots of new friends. But she had no idea what the sorority was really about or how much it would change her life until she joined.

"They're not just a social group," says the biochemistry major and WISE (Women in Science and Engineering) student. "Last year we took part in a national breast cancer awareness walk and held a breast cancer awareness ball. We went into the city and up to the University at Buffalo. The girls in my sorority have taught me so much about community service."

Being open to new friendships has been Lisa's path to feeling at home at Stony Brook. Almost everything in which the rising junior is involved has come from personal contact of some kind.

After a conversation with her first-year writing instructor, Lauren Esposito, Lisa became an Orientation Leader last summer. "I loved talking to her. She taught my Introduction to Fiction class,

and she was also my Orientation advisor. It was nice seeing people that I knew and was already comfortable around."

In the WISE program, too, Lisa found ways to make the University a smaller, more friendly place. "In my WISE study group, which had six other girls, we spent so much time studying together that now I work with them at Client Support. I still talk to them a lot."

To de-stress from her heavy load of science classes, Lisa likes to work out in the Wellness Center. "In high school I hated gym," she admits. "But now I really want to stay in shape. I love being at the Student Activities Center. I also like to sit outside under the umbrellas and watch people walking by. It's a relaxing place for me."

Lisa is minoring in dance, and her small dance classes provide yet another way to handle stress. "My dance professor incorporated yoga into dance, and I really liked that."

Her advice to new students? "Don't be too scared to go outside your comfort

zone, because you really have to experience everything to know what you're in for," Lisa says. "Not everything will work out the way you plan."

Originally on a pre-med track, Lisa is now considering becoming a physician assistant. But she says she's open to possibilities. "Even now I'm still learning. I'm so happy I'm taking dance classes and working out. I'm happy I'm interacting with so many people, because I think you can learn so much from the people around you. Don't come to Stony Brook thinking you're set for something. Just give everything a try." — *Toby Speed*

### WANT TO SEE MORE ABOUT LIFE ON CAMPUS?

For more videos  
on academic  
programs and  
student  
activities, visit



[youtube.com/SBUAdmissions](http://youtube.com/SBUAdmissions)

## THE UNDERGRADUATE COLLEGE ADVANTAGE

# Let the Battle Begin!



Members of the Undergraduate Colleges get involved by participating in events such as Field Day (left) and the Battle Against Cancer fundraiser (right).

During Summer Orientation, first-year students learned all about the Undergraduate Colleges and how each College's programs will help you more easily connect to Stony Brook and succeed.

You will meet all the members of your College during Experience Stony Brook (ESB) on August 25, 2012, at special, College-only events. And you'll get to know the other students in your College as you will attend most of your required ESB events together. You are also encouraged to participate with your fellow College members in the annual Battle of the Undergraduate Colleges, which further helps to build bonds with your classmates.

## BATTLE OF THE COLLEGES

The Battle of the Undergraduate Colleges was created in 2010 and is designed to promote and encourage Stony Brook spirit and Undergraduate College (UGC) pride. Throughout the course of the academic year, a series of events are hosted in which each UGC will have the opportunity to earn points. The events cover a wide range of categories, including school spirit, community service, athletics and academic teamwork. Points will be awarded to each UGC based on how the teams rank in each event.

Among the events this year are Field Day (which includes the ever-popular kickball tournament and tug of war), a voting and election initiative, our 'Tis the Season charity fundraiser, a basketball tournament, attendance at Stony Brook Seawolves' basketball games, RecycleMania challenge, College Bowl trivia tournament, Battle Against Cancer fundraiser, and a volleyball tournament.

At Opening Weekend in August, students will receive their Undergraduate College bandanna, in the color of their individual UGC. Students are encouraged to wear it with pride at each of the Battle events to show their Stony Brook Swagger.

In addition to bragging rights, the winning Undergraduate College will receive the UGC Cup, which will be presented at its end-of-year event. The Cup will remain in their UGC Center through the following academic year.

The Undergraduate College of Arts, Culture and Humanities (ACH) has held the championship title for the previous two years. Which UGC will win it this year?

FOR UP TO DATE INFORMATION  
ON ALL OF THE EVENTS,  
AND TO KEEP TRACK OF THE  
RANKINGS, PLEASE VISIT  
[stonybrook.edu/ucolleges/ugc/battle](http://stonybrook.edu/ucolleges/ugc/battle).



TRANSFER STUDENT SPOTLIGHT Noelle Bucellato | Psychology Major

# Getting Involved in Student Life Eases the Transfer Transition



With help from her ADV 101 course, Noelle Bucellato jumped right into student life following her transfer from a smaller college.



The first thing Noelle Bucellato did when she transferred to Stony Brook from a small liberal arts college was

jump into student life with both feet. The junior wanted to be as involved in student life here as she'd been at her former school, where she was president of her residence hall and active in clubs.

"I had a great Orientation Leader, and she suggested that I sign up for ADV 101 [the advising seminar for transfer students]," says Noelle. "Stony Brook had a very different atmosphere than my old school. It was difficult at first, because I only knew a handful of people here. I didn't want to be a student who came here, did nothing and went straight home after class. I didn't want to not feel like I was part of the campus just because I had to leave my last school."

When she finished the one-credit course, not only did Noelle know all about Stony Brook, but she was eager

to pass that information on to new students experiencing the same feelings and concerns she had. So she applied to be an Orientation Leader (OL) and was picked for the job.

"That was probably one of the best decisions I've ever made," she says. "I really needed something to help me get involved and meet new people. What better opportunity than to talk to new students about the University? This was great; I definitely wanted to do it."

The OL position led to many other opportunities for the psychology major. Noelle was an Orientation Undergraduate College assistant for two summers, where she worked with advisors in the Undergraduate Colleges of Leadership and Service and Human Development, answering the questions of incoming students and explaining the ins and outs of placement exams. She also went on to work as an office assistant for Orientation, and in Fall 2011 she was proud to be asked to serve as a

teaching assistant for an ADV 101 seminar, bringing her journey full circle.

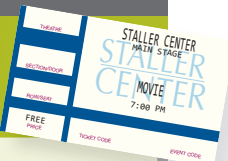
"The most important thing I tell someone who transfers to a new school is to get involved," says Noelle. "I was very active at my old school, so when I came here I didn't want that to stop."

Although the Orientation Office is Noelle's home away from home, she also loves grabbing lunch and hanging out on the Staller Steps, where in nice weather the grass is covered with students playing Frisbee and volleyball or even tightrope walking. She enjoys going to athletic events and cheering in the Red Zone.

"Homecoming is a blast," she says. "There are fireworks at the end of the game and you can really feel the school spirit. Earthstock is also a lot of fun. The reptile guy comes and brings snakes and turtles that you can hold. I just love the environment here. There's a very positive vibe." — Toby Speed

Staller Center for the Arts

FREE TICKET TO A SHOW



**Attention, all Freshmen and Transfer Students!** Get a free ticket to a live performance at Staller Center. Your first is on us. Bring the voucher you will receive during Opening Weekend to the Staller Center Box Office, Monday to Saturday, 12 pm to 6 pm. **First on Us** tickets are released the first day of the month of a Staller Center performance. Please have your Stony Brook University ID with you.



For example, want to see the athletic multimedia group **Motionhouse Dance on Saturday, February 16, 2013?** Subject to availability, a ticket can be picked up on Friday, February 1, at the Staller Center Box Office for the Saturday, February 16, show at 8 pm. After you use your **First on Us**, that's not the end of the Staller Center deals:

**Half-Price Tickets** — On the first of every month tickets are released for students, if available. SB students can buy two tickets per ID per show for any performance in that month.

**Student Rush Tickets** — When available, SB students may buy student rush tickets up to one hour before a performance for \$7.



**Stony Brook's First Olympian on the Road to London.** Track and field star Lucy Van Dalen capped her senior year with an individual national title by winning the mile in the 2012 NCAA Indoor Track Championships in June (the first for SB). Following an impressive week of racing in late June, Lucy has qualified to represent her native New Zealand in the London Olympic games. Her 1500 meter race time of 4 minutes ranks her 28th in the world for 2012. Be sure to cheer on Lucy when the track and field events begin in August (the 1500 meter heats start August 6).

# Congratulations, Seawolves!

Our Seawolves athletes had a stellar year. In 2012 Stony Brook University athletics was the only school in America to go to a major postseason tournament in football (NCAA), men's soccer (NCAA), men's basketball (NIT), men's lacrosse (NCAA), baseball (CWS) and women's tennis (NCAA).

Congratulations to all our student-athletes. We can't wait to see what you do this year!



Wolfie joins President Stanley in celebration.



**Baseball Shocks the World.** SB baseball is coming off the most successful season in program history. With a record 52 wins, the Seawolves shocked the world by making it to its first-ever College World Series (the first SUNY and America East team to do so). Seawolves fever struck the nation as the team played live on ESPN. Its accomplishments received major media attention and earned the team a special pregame honor by the New York Mets. Get your SB baseball gear at the Seawolves Marketplace, Campus Bookstore, or ShopSBU.com.

See how our Seawolves baseball team "shocked the world" and won hearts in Omaha.

[youtu.be/pL5b3ELIqks](http://youtu.be/pL5b3ELIqks)



Affordable yet Priceless...

# The Study Abroad Experience



With a choice of locations, short- or long-term stays and low-cost SUNY tuition, studying abroad offers the best advantage for students seeking to enhance their career opportunities and personal potential.

Through Stony Brook's Study Abroad and Exchange program, students have the opportunity to learn about other cultures, fulfill DEC requirements, make new friends and obtain skills they wouldn't acquire anywhere else.

"Our programs are not major-specific," says Jen Green, Study Abroad advisor. "A program doesn't have to line up exactly with your major for you to benefit from the experience. We recommend students go abroad before their junior year for the best flexibility with graduation requirements."

Students go abroad for many reasons. Some want to hone their language skills, many just want the experience and advantage of living in another culture.

The low SUNY tuition and scholarship offerings help to make Stony Brook's international programs even more affordable. There are many scholarships available through the Office of International Academic Programs and Services, as well as state and national scholarships, such as the Benjamin Gilman Scholarship, which one of our students recently received (see right). The Office of Financial Aid and Scholarship Services is also available to assist students with funding for their study abroad programs.

Whatever your interest, there's an international opportunity waiting for you. Find out more by visiting [stonybrook.edu/studyabroad](http://stonybrook.edu/studyabroad).

Florence, Italy • Tanzania • Costa Rica

## GERARD BELFORT

Class of 2012

Double Major in Economics/Sociology

### Why did you want to study abroad?

I wanted to get the most out of my college experience and prepare myself for a future of traveling.

### What did you gain from your experience?

Through my experience I have gained a network of contacts in several countries. Florence particularly exposed me to and developed my abilities to travel independently. I was able to experience eight countries in this semester alone.

### How did you afford to go abroad?

Studying abroad must be viewed as an investment. To make this experience affordable students must develop a budget and adhere to it as close as possible. A semester abroad costs about the same amount as staying on campus for a semester. It's simply a matter of making the numbers make sense. I highly recommend interested students to make the investment and go abroad.

Ranomafana, Madagascar

## MELISSA HEBENSTREIT

Class of 2013

Anthropology, Minor in Ecosystems and Human Impact

### Why did you want to study abroad?

I always have been intrigued by reptiles, and the chance to see chameleons and do field research in such a bio-diverse setting was once in a lifetime. Madagascar is such a special location and because SB offers such a unique experience I had to jump at it.

### What did you gain from your experience?

By living in the rain forest I was able to broaden my cultural horizons and see different ways of living. I also got to experience fieldwork and applied conservation in action.

### How did you afford to go abroad?

As a non-traditional student receiving a Pell Grant, I applied for the Benjamin Gilman Scholarship and was a recipient! Writing an essay from the heart and following my passion for conservation must have strongly influenced their decision. I have always worked a retail part-time job while I have been attending SB and planned accordingly to go abroad.

Tanzania (Summer 2012)

## MATT MCEWEN

Class of 2014

Sociology, Minor in Africana Studies

### Why do you want to study abroad?

I want to study abroad because of the many opportunities that follow. I get to visit the place I have always wanted to go and get upper-division credit while doing it. The program will not only build my résumé, but it will also allow me to understand what field of work I can potentially enter after graduation.

It is one thing to read about African cultures in a textbook, however, having the ability to actually visit a country such as Tanzania would have lasting effects on my worldview. The benefits I would receive from this hands-on learning experience would outweigh any type of classroom learning I would typically receive on campus.

### How did you afford to go abroad?

Financing my trip was the biggest hurdle I had to overcome. My parents took out an extra loan through Sallie Mae to cover the majority of the trip. However, there were still a lot of fees that had to be paid before my loan would be available to me. Therefore, I had to borrow money from my uncle. Then the Study Abroad Office announced they were offering a scholarship to Tanzania. I applied and interviewed for the scholarship and was awarded \$1,000. It took a lot of effort to gather as many financial resources as I did, but it was definitely worth it.

## COME TO AN INFORMATION SESSION

WEDNESDAYS FROM 1 PM TO 1:30 PM  
IN THE STUDY ABROAD OFFICE, E-5340 MELVILLE LIBRARY.

Learn more about Study Abroad firsthand from student bloggers who have recently traveled abroad or are abroad right now by visiting <http://admissions.cc.stonybrook.edu/studyabroad/>.

## Academic and Pre-Professional Advising

# Stay on Track to Graduate With Help From Advising



The Academic and Pre-Professional Advising Center advises sophomores, juniors and seniors in the College of Arts and Sciences, College of Business, School of Journalism, School of Marine and Atmospheric Sciences, and those interested in pursuing graduate studies in health and law. In addition, we serve as the communication portal to all undergraduates on advising-related matters.

At SB, academic advising is a partnership between advisors and students. Grounded in teaching and learning, we

consider and respect students' diverse backgrounds, interests and abilities. Our primary focus is to help you identify, clarify and achieve your educational and life goals. In an effort to accomplish our mission, we offer a variety of programs and services including facilitation and instruction of ADV 101 courses for new transfer students, the Please Be Advised biweekly email correspondence, the Academic Peer Advisor Internship, a comprehensive website complete with audio and video tutorials/podcasts, and individual advising sessions. We also work

with students experiencing academic difficulty and provide active support to ensure successful and timely progress toward graduation.

Our office is warm and comfortable, and you will find our staff to be very well-informed, professional and caring. Come visit us with your questions about course registration and scheduling, academic policies, choosing or changing a major, reviewing your degree progress report, and any other matters related to your academic progress. Your success really does matter to us!

### FOR MORE INFORMATION CONTACT US AT:

Academic and Pre-Professional Advising Center

E-2360 Melville Library, 2nd floor (631) 632-7082, option 2

Monday to Friday, 9 am to 5 pm

Walk-in Wednesdays:

10 am to 11:30 am, 1 pm to 3 pm

[advising@stonybrook.edu](mailto:advising@stonybrook.edu)

[stonybrook.edu/aadvising](http://stonybrook.edu/aadvising)



RESEARCH SPOTLIGHT

Lorena Rozo | Mechanical Engineering

# The Unexpected Road to Research



Lorena Rozo found her passion for research when she least expected it.



Most students would probably not name the machine shop as their favorite spot on campus, but to Lorena Rozo, it is. The

mechanical engineering major with a passion for building cars spends all her free time amid the whirring, grinding and sparking of heavy machinery.

“Motorsports teaches you what mechanical engineering really is,” says Lorena. “It’s very hands-on. Every year we start from scratch designing and fabricating an off-road vehicle and then we compete in national competitions of the Society of Automotive Engineers.”

After the Motorsports Club visited her Mech 101 class during her freshman year, Lorena was hooked.

“They did a little presentation, and they had the car outside,” she says. “And once you see the car — forget it! You want to do it. There’s a core of about

10 people who are involved, and most of us do Baja [off-road vehicle] 24/7. I think, if you come to college and you get involved in something, you might as well do it a hundred percent.”

Lorena welded her first chassis in her freshman year. The next year she took on the fabrication of the chassis, and the year after that she was in charge of design and fabrication of the chassis. For her senior design project she designed the whole suspension system for the team car, including the wheel assemblies.

Faculty advisor Noah Machtay and the team entered the finished car this year in two national competitions sponsored by the Society of Automotive Engineers, one in Oregon and one in Wisconsin.

Born in Bogota, Colombia, Lorena came to SB knowing she wanted to study either physics or engineering, with the goal of working in aerospace engineering. But after sampling the gritty fun of working underneath a car, Lorena switched her focus to manufacturing engineering.

Her four years of hands-on research at Stony Brook led to her being featured on the URECA (Undergraduate Research and Creative Activities) website as a researcher of the month.

An off-campus internship at a local flagpole company is giving Lorena additional experience in manufacturing engineering. Whether it’s flagpoles or cars or something else, Lorena knows she’ll always love the challenge and satisfaction of solving engineering problems.

“When you’re looking at a design on your computer for months and months, and finally you make it and it’s right in front of you, that’s the reward,” she says. “Nothing’s perfect. Along the way we have a million problems to solve, and then we come up with the solution and it works, and that’s really nice.”

— Toby Speed

FOR MORE ON MAJORS IN THE COLLEGE OF ENGINEERING AND APPLIED SCIENCES VISIT [ceas.sunysb.edu](http://ceas.sunysb.edu).

Computing Corner



GOING GOOGLE

Stony Brook University is moving to Google Apps for Education for email, calendar, shared documents and much more. That means students, faculty and staff will soon be using Google for all email. Visit [stonybrook.edu/google](http://stonybrook.edu/google) to find out everything you need to know about getting started with this powerful communications and collaboration platform.

Here are a few important things to know about the switch:

- 1 New students can begin accessing their accounts on August 22; returning students on October 1. Students using **MySBmail (@ic.sunysb.edu)** accounts will have to self-migrate their data using PDF instructions found on the [stonybrook.edu/google](http://stonybrook.edu/google) website. Find these instructions under both the Pre-Migration and During Migration links by scrolling down to the MySBmail section.
- 2 To log in to Google Apps, go to [stonybrook.edu/mycloud](http://stonybrook.edu/mycloud) and sign in with your NetID and NetID password.
- 3 Teaching, Learning + Technology (TLT) staff will be available to assist students during opening weekend and throughout the fall semester. Students can seek assistance from a SINC Site consultant, or may choose to sign up for a training workshop that TLT plans to offer (workshops will be announced after school starts).
- 4 If you have any questions about the change, consult the [stonybrook.edu/google](http://stonybrook.edu/google) website, which has all the information you should need to complete the change and start using Google Apps.

Commuter Student Services

# Get Matched With the Right CAP



Commuter Assistants meet their matches at the Fall Meet and Greet.

Each summer Commuter Student Services’ Commuter Assistant Program (CAP) welcomes new freshmen and transfer commuter students to Stony Brook University. New students can request to be paired with experienced student leaders who offer one-on-one interaction offering mentorship, campus knowledge and advice. The program allows for new students to acclimate more easily to the University, giving them a resource on which to rely if they have any questions or concerns.

Commuter Student Services (CSS) encourages you to consider getting a Commuter Assistant to ensure a smooth transition to the University. When a student signs up for the Commuter Assistant Program, he or she is directed

to the Commuter Assistant Video Bio page, where each of our 25 Commuter Assistants has created a short video bio about themselves. This approach allows incoming students to be actively involved in the pairing process, with the opportunity to choose a mentor as opposed to being assigned one. To learn more about the Commuter Assistant Program, go to: [studentaffairs.stonybrook.edu/css/cap.shtml](http://studentaffairs.stonybrook.edu/css/cap.shtml).

With so many new students becoming active members of the commuter community, we anticipate a great year with many successful events. Within the first semester of the school year, CSS will be hosting a wide variety of campus-wide events. September activities include

a Commuter Connection (9/11, 9 am to 10:30 am, Commuter Commons in SAC 144), at which we’ll provide great information about meal plans and food options on campus, as well as offer free breakfast when you stop by. Other events include our bi-annual outdoor Drive-In Movie event held in the South P Lot in late September, an event we co-sponsor with the student-run organization on campus, Commuter Student Association. Then, keep your eyes out for Commuter Fall Fest in October, which runs the entire week of October 29 with events such as Decorate a Pumpkin and Commuter Appreciation Day.

IF YOU HAVE ANY QUESTIONS REGARDING OUR EVENTS, COME BY OUR OFFICE IN SAC 224.

LOOKING FOR LOGOS?



Is your club or organization looking to have SB T-shirts, mugs or bags made with a Stony Brook logo, seal or Wolfie mark? If so, visit [stonybrook.edu/toolkit](http://stonybrook.edu/toolkit) to review the University Retail Style Guide, which details the approved art you can use. Campus community clubs and organizations have several designs from which to choose when creating their Stony Brook-branded logos. Visit pages 29, 31, 40 and 47 of the Retail Style Guide for recommended options.

WHY IS SB AWESOME?

Why do your classmates love Stony Brook? Check out the Community of Awesome to find more than 200 (and counting) simple joys that make our students happy. Visit [communityofawesome.wordpress.com](http://communityofawesome.wordpress.com).



## Time Change!

Campus Life Time will now be every Wednesday from 1 pm to 2:20 pm



## 2012 SEAWOLVES FOOTBALL SCHEDULE

Sept. 1	Central Connecticut	6 pm
Sept. 8	Pace	6 pm
Sept. 15	at Syracuse	TBA
Sept. 22	Colgate	6 pm
Sept. 29	at Army	12 pm
Oct. 6	Charleston Southern	6 pm
Oct. 13	at Coastal Carolina	TBA
Oct. 20	Gardner-Webb	4 pm
Oct. 27	at Presbyterian	1 pm
Nov. 3	VMI	6 pm
Nov. 10	at Liberty	3:30 pm

ALL HOME GAMES ARE PLAYED IN LAVALLE STADIUM.

All students with an SB ID get in free!

## 2011/2012 ATHLETICS HIGHLIGHTS

### Men's Basketball

- Regular season conference champion
- Strongest recruiting class ever
- New arena ready for Fall '14

### Men's Lacrosse

- Conference Champion

### Women's Lacrosse

- Biggest turnaround in Division I
- Claire Peterson was named as Stony Brook's first-ever women's lacrosse All American

### Track and Field

- Lucy Van Dalen first-team All-America honors in the mile and second-team honors in the 3,000 meters

### Baseball

- Won 2nd America East Championship
- Advanced to the College World Series

### Men's Soccer

- Won Conference Championship

### Softball

- Defeated 18-time defending champion BU

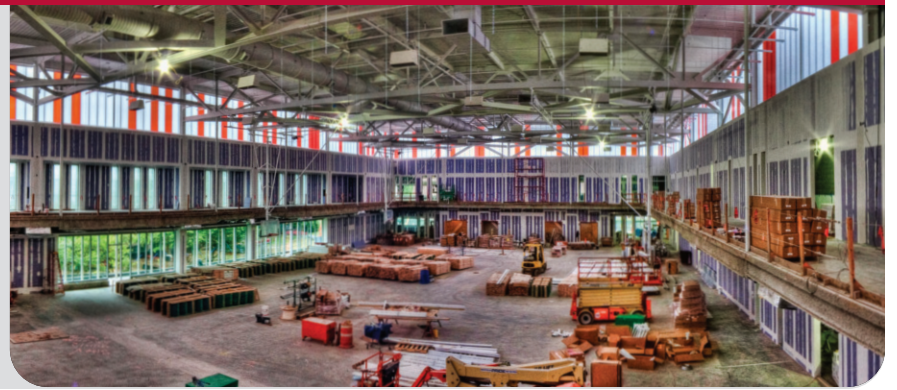
### Women's Tennis

- Won America East Tournament
- Advanced to NCAA Tournament



## Three Floors of Fitness and Fun

# Coming Soon! New Campus Recreation Center



The inside of the Recreation Center starts to take shape.

Located between the Student Union and the Sports Complex, our new, state-of-the-art Recreation Center features 85,000 square feet of programming space devoted entirely to your well-being, including:

- Three-court gymnasium for basketball, volleyball and badminton
- Three fitness studios, one of which is an interactive spin studio
- 1/10th-mile running track
- Multiactivity court for indoor soccer, basketball, roller hockey, volleyball, badminton and sports club practices
- Multipurpose room
- Wellness resource room
- Locker rooms
- Two unisex changing rooms
- Sports club storage
- Equipment rental

- Administrative/student offices
- Wireless Internet access
- 14 large-screen TVs located throughout the facility

With a free-weights training room; a fitness and dance studio with an integrated sound system, a spin studio; and a cardio center with more than a 100 interactive selectorized workout machines, including some with virtual reality; no matter how you like to stay fit you'll find it in the new Rec Center. You can choose from more than 50 fitness classes or schedule a session with a personal trainer. To optimize your physical and emotional health, our Wellness Resource Room is equipped with two exam rooms for orthopedic, blood pressure and depression screenings.

The Multiactivity Court features recessed walls and a rubberized floor, which make it an ideal space for most indoor sports activities. The multi-purpose room is available for club meetings, training sessions and other club activities.

Additional amenities Include:

- Two lounge areas
- Day lockers for personal belongings
- Vending machines
- Equipment storage facilities
- Laundry facilities

The Campus Recreation Center will be open 18 hours a day, from 6 am to midnight. Exclusively for Stony Brook University students, faculty and staff, you must show your SB ID to enter the facility. — Howard Gimple

# Are you ready for some FOOTBALL?



Returning football stars Jawara Dudley (No. 44 above) and Miguel Maysonet (No. 5 below) will be joined by transfer student Marcus Coker (inset) to help the Seawolves have another great season.



**Notre Dame...USC... Alabama...Ohio State... Stony Brook.** When you think of winning college football programs, most

people don't usually think of Stony Brook, but they should. The Seawolves are Big South Conference football champions three years running. Last year they went undefeated in their conference and defeated in-state rival Albany in the NCAA FCS playoff tournament, the Seawolves first-ever Division I football playoff victory. And this year they should be even better, with eight starters returning on offense and six more coming back on defense, the Seawolves are projected to win Big South football championship again this year.

Stony Brook's league-leading running attack will be back with a vengeance. Big South Offensive Player of the Year, Miguel Maysonet returns after a record-breaking season. He ran for 1,633 yards, the most in Stony Brook and Big South

history, and scored 15 touchdowns. He will be joined in the backfield by Marcus Coker, a transfer from Iowa who tore up the Big Ten last year, running for 1,384 yards, including 252 at Minnesota. Coker finished second in the Big Ten in rushing, behind Heisman Trophy finalist Montee Ball, and is projected to be a high NFL draft choice next year.

Quarterback Kyle Essington will be joining Maysonet and Coker in the Seawolves backfield. A second team All-Big South selection, he passed for 1,919 yards and 20 touchdowns in 2011. He also ran for five scores, accounting for the most touchdowns by a Stony Brook quarterback in the Division I era.

Jawara Dudley will lead the defense. The first-team all conference linebacker was Stony Brook's leader in sacks and second leading tackler. The two-year starter is a leading candidate for Conference Defensive Player of the Year.

Road games against FBS teams Syracuse and Army highlight the Seawolves 2012 schedule, which begins on September 1 at Kenneth P. LaValle Stadium against Central Connecticut. Tickets for some of the best college football excitement you'll see anywhere are free for Stony Brook students.

— Howard Gimple





## Your Student Leaders: Who They Are and What They Do



Meet your Undergraduate Student Government officers for this school year (from left to right): Anna Lubitz, president; Aimee Pomeroy, executive vice president; and Allen Abraham, treasurer.

IT TAKES A LOT OF TIME AND EFFORT TO RUN ALL THE CLUBS AND EVENTS THAT MAKE FOR A GREAT YEAR AT SB.

Students just like you have taken the next step to be leaders on campus. Here is a snapshot of some of those who will be making things happen this year:

**Steve Cruz, Senior**

*Campus Involvement Project, Resident Assistant*

**Megan Dwyer, Senior**

*Student Ambassador, Marching Band, Co-Chair for Relay for Life*

**Nakiya Findley, Senior**

*Resident Assistant, RA Council, Orientation Leader*

**Jose Vanessa Joseph, Senior**

*President, El Shaddai Youth Group, Diversity Professional Leadership Network Program*

**Jaclyn Lattanza, Sophomore**

*Marching Band Flute Player and Marketing Coordinator*

**Souci Louis, Senior**

*President, Order of Omega Honor Society; Red Watch Band/CPR Certified; WISE Student Leadership Council*

**Peter Milien, Junior**

*President, Student African American Brotherhood; Resident Assistant; Treasurer, National Society of Black Engineers*

**Peter Sheh, Senior**

*President, Residence Hall Association, USG Senator*

**Priya Sohi, Senior**

*President, Commuter Student Association, USG Senator*

**S. Christina Stavrou, Senior**

*Senior Academic Peer Advisor, Resident Assistant, Pre-Dental Society Public Relations Officer and Treasurer*

### UNDERGRADUATE STUDENT GOVERNMENT

Even though the new school year is still a few weeks away, your Undergraduate Student Government (USG) officers have been working this summer to get ready for your arrival. This year's officers are eager to meet you and look forward to a year of awesome events.

**Officers for 2012-2013**

(with their position, year and major)

**Anna Lubitz, President, Junior, Biology**

**Aimee Pomeroy, Executive Vice President, Senior, Biology (She is also a Commuter Assistant)**

**Allen Abraham, Treasurer, Senior, Information Systems/Business Management**

**Vice Presidents**

**Patrick (PJ) Abelein, Student Life, Junior, Journalism**

**Amanda Cohen, Clubs and Organizations, senior, English**

**Derek Cope, Academic Affairs, Junior, Health Sciences and Sociology (also President of the Stony Brook Soccer Club, Acting President of the Sports Club Council, VP for SB Table Tennis Club)**

**Sophia Marsh, Communications, Junior, Psychology**

**Class Representatives**

**Tatiana Malebranche, Senior, Health Sciences**

**Victoria Smith, Junior, Biomedical Engineering**

**Jeswin Joy, Sophomore, Biomedical Engineering**

**Freshman: Elected in the Fall**

USG IS LOCATED IN 202 SAC. THE OFFICE IS OPEN MONDAY TO FRIDAY, 8:30 AM TO 4:30 PM. FIND OUT MORE AT [stonybrookusg.org/](http://stonybrookusg.org/).

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# Welcome Future Alumni



We know how exciting your years at the Brook will be — and we're here to help you make the most of them with:

- Grants for student clubs and organizations
- Networking with alumni and internship opportunities
- Job fairs and career-related workshops
- Awards and scholarships
- Traditions and programs that offer memories for a lifetime
- Student Ambassador program
- Volunteer opportunities for you (and parents too!)

Stop by The William and Jane Knapp Alumni Center on the first floor of the Melville Library or contact us at [alumni@stonybrook.edu](mailto:alumni@stonybrook.edu) or (631) 632-6330

[www.stonybrook.edu/futurealumni](http://www.stonybrook.edu/futurealumni)



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Alumni Association



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Safety On Campus and Off

GUARDIAN IN YOUR POCKET

Did you remember to sign up for SB Guardian? Stony Brook's mobile emergency communication system allows students to reach University Police quickly during an emergency or when needing assistance.

Once you sign up and build a profile, you're just a phone call away from contacting University Police during an emergency. In addition, if your mobile device is GPS- or location-finding-enabled, University Police will also receive your location on campus, which will facilitate a more direct response to the call for assistance.

For more information or to sign up, visit stonybrook.edu/emergency/guardian.

IMPORTANT NUMBERS FOR ON-CAMPUS ASSISTANCE

University Police 632-3333

In case of an emergency, call this number from cell phones or off-campus phones. stonybrook.edu/police

Counseling and Psychological Services 632-6720

Free, confidential counseling. 2nd Floor, Student Health Center studentaffairs.stonybrook.edu/caps

Student Health Service 632-6740

Confidential medical services. 1st Floor, Student Health Center studentaffairs.stonybrook.edu/shs/

Center for Prevention and Outreach 632-CR4U (2748)

A network of care for those in need of help. 216 Stony Brook Union stonybrook.edu/cpo

SB Alert

Remember to sign up for SB Alert, a tool that quickly notifies the campus in the event of a major emergency, such as a snowstorm or fire. You must sign up via the SOLAR System to receive the alerts. To sign up, visit stonybrook.edu/emergency/alerts.

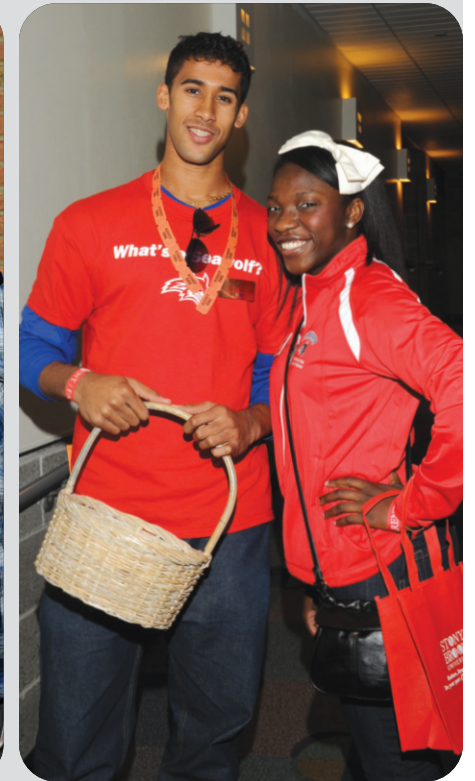
RED WATCH BAND CONTINUES TO GROW

Stony Brook's Red Watch Band (RWB) program, now in its third year, provides campus community members with the knowledge and skills to prevent student toxic drinking deaths and to promote a student culture of kindness, responsibility, compassion and respect.

The Red Watch Band program at SB is more popular than ever with more students signing up for trainings every semester. Look forward to 12 new trainings this fall. For more information visit redwatchband.org.

Summer Orientation and Family Day

Offering Fun Activities for Everyone



The annual Family Day is a great way for families to experience Stony Brook with their students.



Families and guests on campus for summer Orientation will have a lot to look forward to during their visit.

A variety of presentations and optional breakout sessions is planned to help family members and guests of both incoming freshmen and transfer students get the most out of Orientation.

"We look forward to welcoming our students' families during Orientation and encourage them to come to us with any questions throughout the year," says Jason Mastrogiovanni, director of Student Orientation and Family Programs.

"We're really excited about this year's program because we realize that families are all at different stages when they come in," says Zoramawii Ralte, assistant director of Student Orientation and Family Programs.

Choices of optional sessions include a student panel discussion and workshops

on getting connected on campus, safety and security on campus, and money matters. PowerPoint presentations for all sessions will be posted on the Orientation website so families can refer to them during the semester.

The Annual Family Day

Coordinated by the Orientation Office in conjunction with the Alumni Office, Undergraduate Colleges, Student Life, Academic Advising and Advancement, this year's Family/Guest Orientation Program has something to offer everyone with activity choices for siblings, friends, parents and other guests of students.

Family Day, now in its fifth year, is rapidly becoming a campus tradition. This year about 1,000 family members are expected on campus on Saturday, October 20. Some activities will tie in with the Harvest Festival in Port Jefferson, and there will also be a wide variety of activities on campus including a tailgate barbecue before the Seawolves Home Football game (vs. Gardner-Webb at 4 pm), student performances, panel discussions, and craft and sign-making workshops for

students' younger siblings. Signs will be showcased on the big screen during the game. For families staying the weekend, the Staller Center presents Spanish singer Buika (visit stallercenter.com for details and tickets).

"Family Day is for everyone," says Mastrogiovanni. "There will be lots going on. Our message to families is to come, hang out at Stony Brook and see why it's interesting." —Toby Speed

For more details visit stonybrook.edu/orientation.

SAVE THE DATE!

SATURDAY, OCTOBER 20, FAMILY DAY

Parents and family members will be invited to join us for a Saturday of fun, information and football at our annual Family Day.

Invitations and registration information will be mailed to families in September.

Student Involvement Fair | Wednesday, September 12

With 378 Clubs and Organizations on Campus, Where Do You Start?



Join the Red Zone or even be the next Wolfie. Find out all the details at the Involvement Fair.

Visit the Involvement Fair, where all groups will be out on the Academic Mall to explain who they are, what they do and how you can join. Last year 71 new clubs debuted so there are even more from which to choose, ranging from Animated Perspectives and Archaeology to Quidditch and WUSB Radio.

The Student Activities website has a PDF file with the registered clubs,

contact information, and meeting time/date and location, which will be updated as we get closer to the opening of school.

Get all the details at studentaffairs.stonybrook.edu/sac.

INVOLVEMENT FAIR

Wednesday, September 12 1 pm to 2:20 pm, SAC Plaza and Academic Mall





## Be Safe, Be Seen Stony Brook Is Serious About Safety



### FREE REFLECTIVE VESTS

Stay safe while you're out at night.

Go to 224 SAC for your free safety vest.

"Be safe, be seen! Make sure cars can see you while you're out at night or during bad weather. Get your free vest today!"  
— *Wolfie, Seawolves mascot*

*Wolfie wears his reflective vest as he heads out across campus.*

To help keep students safe, Stony Brook is continuing a wide-ranging campus campaign to promote and cultivate a safe and responsible environment for personal, traffic and pedestrian safety. "Serious About Safety" is focused on the safety of all members of the community, emphasizing education and personal responsibility. The goal is to help students be safe in all aspects of their lives by raising awareness about personal safety habits and behaviors to help prevent future tragedies.

The University's holistic approach to campus safety includes roadway and traffic improvements; educational campaigns on increased pedestrian safety, including the availability of free reflective items; the nationally recog-

nized **Red Watch Band**, a toxic drinking intervention program; and the implementation of **SB Guardian**, a safety tool that can immediately notify University Police in case of an emergency, supplementing the University's existing **Residential Safety Program** Walk Service.

While these educational campaigns are important, safety is ultimately about personal responsibility. Additional measures that have been implemented include the "Text Out" program, an initiative designed to encourage responsible text messaging, as well as renovations and changes to facilities, roads and traffic patterns.

"Key components of pedestrian and bicycle safety are self-awareness and awareness of others around you," says

David Scarzella, director of Residential Risk Management. "When walking, jogging or biking at night, it is essential that light-colored or reflective clothing is worn and headphones are lowered to hear the sounds of approaching vehicles."

It is vital to stay visible when you're out at night, and the University has made it easy for you to do so. Reflective vests are available for free in Room 224, Student Activities Center. Reflective key chains, bike lights and even a Wolfie patch are available for purchase at the Seawolves MarketPlace, located in the Student Activities Center.

FOR MORE INFORMATION ON HOW YOU CAN STAY SAFE ON CAMPUS, VISIT [stonybrook.edu/safety](http://stonybrook.edu/safety).

### Another One Rides the Bus

## SB PARTNERS WITH SUFFOLK COUNTY FOR FREE SATURDAY SERVICE



A new sustainable partnership between SBU Transit and Suffolk County Transit now provides Stony

Brook University students expanded Saturday bus service to more off-campus locations for shopping, dining and leisure activities between **Stony Brook University, Smith Haven Mall, Port Jefferson Village and points in between**. The new Saturday service is being made available at no additional cost to students and requires only a student identification card for access.

Stony Brook students may now ride Suffolk Transit buses on Routes S60/S69 on Saturdays, which provides transportation from 8 am to 10 pm. Students will also have access to Suffolk Transit's 3D Route on Saturdays, which operates between 7 am and 6 pm, traveling between Stony Brook University and Smith Haven Mall, which they can board at numerous bus stops on campus. SBU Transit's Sunday Shopping Route services will not be affected.

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### Convenient Locations

Stony Brook University

Student Activities Center

Health Sciences Center

Visit [www.teachersfcu.org](http://www.teachersfcu.org) for hours

### Campus ATMs

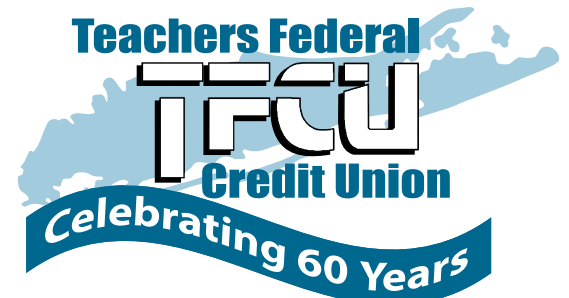
- Student Activities Center (2)
- Health Sciences Center
- Administration Building
- Long Island Vets Home
- School of Dental Medicine
- Indoor Sports Complex

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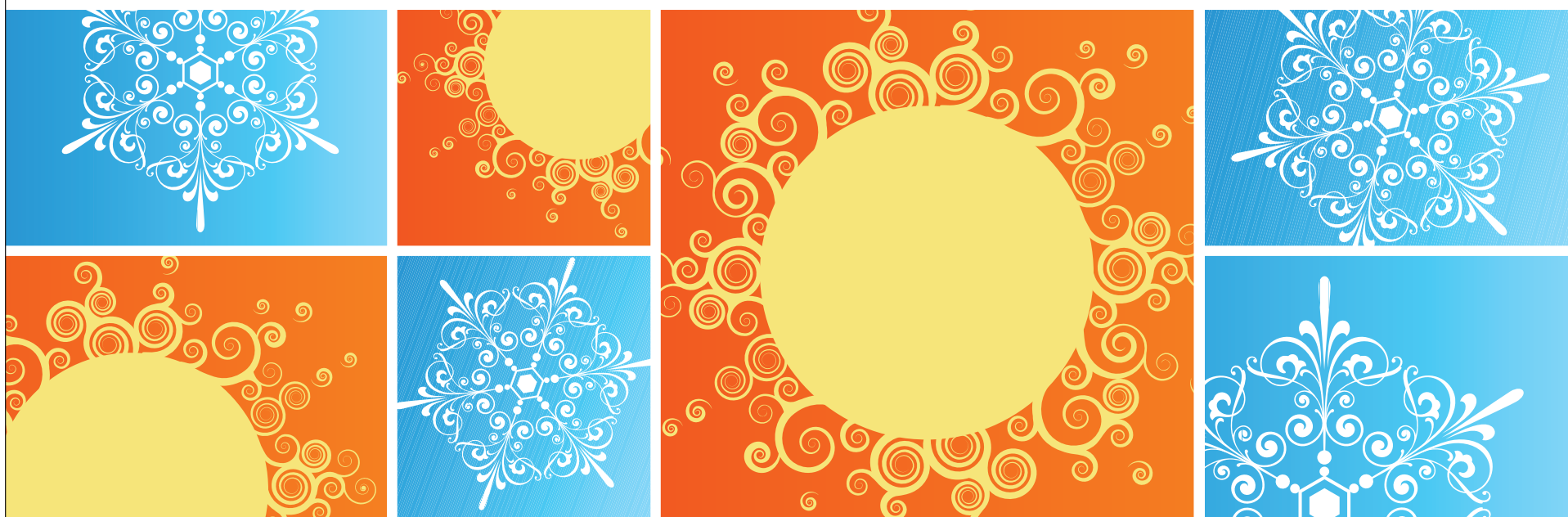
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