

GUIDELINES  
*for EVERY DAY of the* FIRST YEAR



*The Survival Guide*

— to —

*Stony Brook*

*2011 - 2012*

*By*

*Graduate Student Organization*



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## GRADUATE STUDENT ORGANIZATION

# STONY BROOK UNIVERSITY

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*On behalf of The Graduate Student Organization, welcome to Stony Brook University. The academic departments at Stony Brook University are outstanding and we are confident that you will receive an exceptional education in an enlightened and technologically advanced environment. Whether you are enrolled in the Master's program, a PHD program, Fine Arts, or one of the numerous certificate programs, being accepted into graduate level studies is already quite an accomplishment.*

*The graduate survival guide is created to pass along the sage advice from previous graduate students and assist you in acclimating to your new surroundings. We at the GSO are thrilled that you chose to attend Stony Brook University; we offer our warmest welcome, and hope that this survival guide is a useful and pertinent source for navigating the University's many facets, and life on Long Island and in New York.*

*Welcome to Long Island, to graduate school, and welcome to Stony Brook University!*

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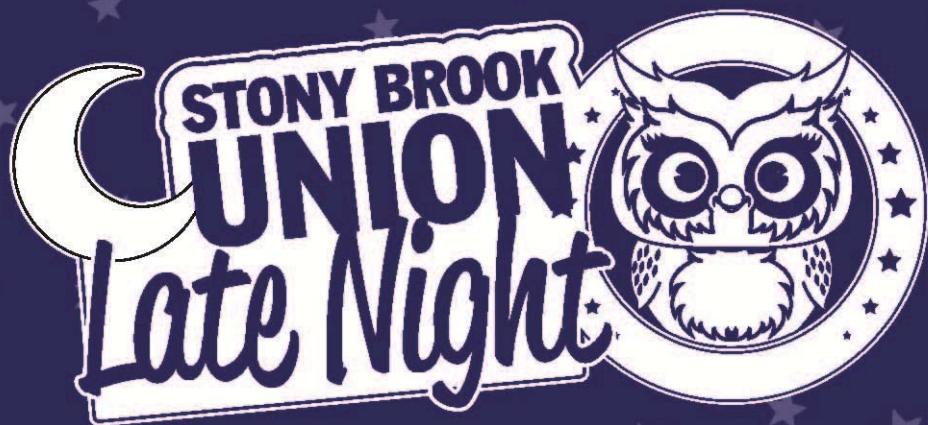


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---

**GSO Officers  
2011-2012**

**Charilaos Papadopoulos**

*President*

**Stalin Mafra**

*Vice President*

**Eugenia Sidorova**

*Treasurer*

**Selin Gonen**

*Secretary*

**GRADUATE STUDENT  
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*Stony Brook University*

*Stony Brook, NY 11794 – 2800*

*Phone: 631.632.6492*

*Fax: 631.632.8965*

<http://www.sbgso.org/>

***Graduate Survival Guide***

***2011 – 2012***

**Yi (Leticia) Zhang**

*Editor*

*Many Thanks to officers of the  
GSO, previous guide editors and  
my dearest fellow graduate  
students*

*Special Thanks to Sam*

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## To Do List

Check-in

Phone Home

Register your laptop

Get your Student ID

Pay your bill at Bursar/in Solar

Open your Banking Account

Visit the Health Insurance Office

Visit the International Students Office

Attend Orientations

Walk around the campus

Stony Brook - Graduate Student  
Room N.º \_\_\_\_\_  
Name \_\_\_\_\_  
ID \_\_\_\_\_  
Tel. \_\_\_\_\_



Fellow graduate students,

I would like to extend to you the warmest of welcomes from the Stony Brook University Graduate Student Organization. The GSO is the student body that represents YOU and your interests towards the university administration. Each one of you is a member of the GSO and we greatly encourage you to participate in our processes and make your voice heard.

You have joined one of America's great research universities. While Stony Brook presents you with unparalleled opportunities to further your professional and academic goals, the financial situation of the State of New York imposes a number of fiscal restrictions on the school, which in turn translate to compromises of the services and quality of education that students receive. The GSO's duty is to step in for you and fight for your rights in the face of these challenges. But remember that the GSO is empowered by its members, and those members are YOU, the graduate students. So we ask you that, during your stay here at Stony Brook, actively take part in the GSO, become representatives (official or unofficial) of your Departments and help us make SBU the university that it deserves to be!

Your first days at Stony Brook are going to be a hectic combination of moving in, registering for courses and generally finding your way around uncharted territory. The GSO Survival Guide has been a grad-student tradition for several years, providing you with (hopefully) useful information that will allow you to survive this settling-in period at your new home.

So please allow me again to warmly welcome you to Stony Brook University. I hope your stay here is most productive and at the same time entertaining. I invite you to visit our website at [www.sbgso.org](http://www.sbgso.org), explore our processes, participate in our Senate meetings and become part of the family of peers that is the Graduate Student Organization.

Best wishes,

Charilaos Papadopoulos

Graduate Student Organization – President

# Day 1: Warm-up Tasks

*Location: Dorm*

*Task: Check-in, Make phone call, Register laptop*

## 1.1 Check-in

If you have applied for on-campus housing, welcome to your residence halls. (For those who are seeking off-campus housing, please go to "Housing" section- page 21.)

Make yourself at home. Sign all required forms and check the apartment condition before check-in. Report anything that needs fixing to your RA or by visiting <http://www.studentaffairs.stonybrook.edu/workrequest/>.

## 1.2 Make a phone call

### *On Campus Dialing*

Calls can be placed between all telephones on the campus telephone system by dialing a five-digit extension number. For the Main Campus, the extensions are 2-xxxx or 5-xxxx. For the HSC/Hospital is 4-xxxx and for the Student Residence Halls is 6-xxxx.

Calls to off-campus phone numbers

+9 - xxx - xxxx : to reach Suffolk (631) area code

+9 - 1 - xxx - xxx - xxxx: to access NYC area codes (212, 646, 347, 516, 718 & 917) from your residence halls (Chapin, Schomburg and West Apartments).



# Day 1: Warm-up Tasks

## **Calling Cards & International Calling**

Option 1: Phone cards with low rates can be purchased online. There are many vendors, but a couple good ones are: <http://www.uniontelecard.com/>  
<http://www.phonecardonsale.com/> or <http://speedypin.com/>

Option 2: Internet-based calling toolkit, Skype and Google Voice.

## **1.3 Register computer**

If you wish to use the Internet from your Stony Brook dorm room or from any of the public jacks on campus, then you must register your computer. Registration is required to use both the wired network (ResNet) and the wireless network (WolfieNet) in the residence halls. This is to ensure a safe and reliable network for all students.

You need to know your NetID and NetID password to register your computer. You are also required to provide a working e-mail address for verification. Computers using Windows operating systems are required to download and successfully pass a Client Assessment Tool (CAT) scan before they will be registered.

### *Tips:*

- Be patient with the CAT scan process, especially if your computer hasn't been updated for a long time. You can also register your smart-phone or any other electronics with Wi-Fi connection. For more details please visit:  
[http://it.cc.stonybrook.edu/networking/student\\_registration](http://it.cc.stonybrook.edu/networking/student_registration)
- **Information regarding your NetID and NetID password** can be obtained by logging in to SOLAR with your Stony Brook ID and SOLAR password. On the SOLAR homepage, click the **NetID Maintenance** link under "Security and Personal Data." This link allows you to:

- 1) **Find out what your NetID is**
- 2) **Set your security question, establish and change your NetID password**
- 3) **Test your NetID password to make sure it is working properly**

# Day 2. Mission List & Map

Infirmary + Health Insurance Office

**Health Insurance ...**

\* Student Health Center  
1 Stadium Road

**Health Form +  
Immunization**

\* Same as above

Student Activity Center

**Banking Account**

\* Basement of SAC

**Post Office**

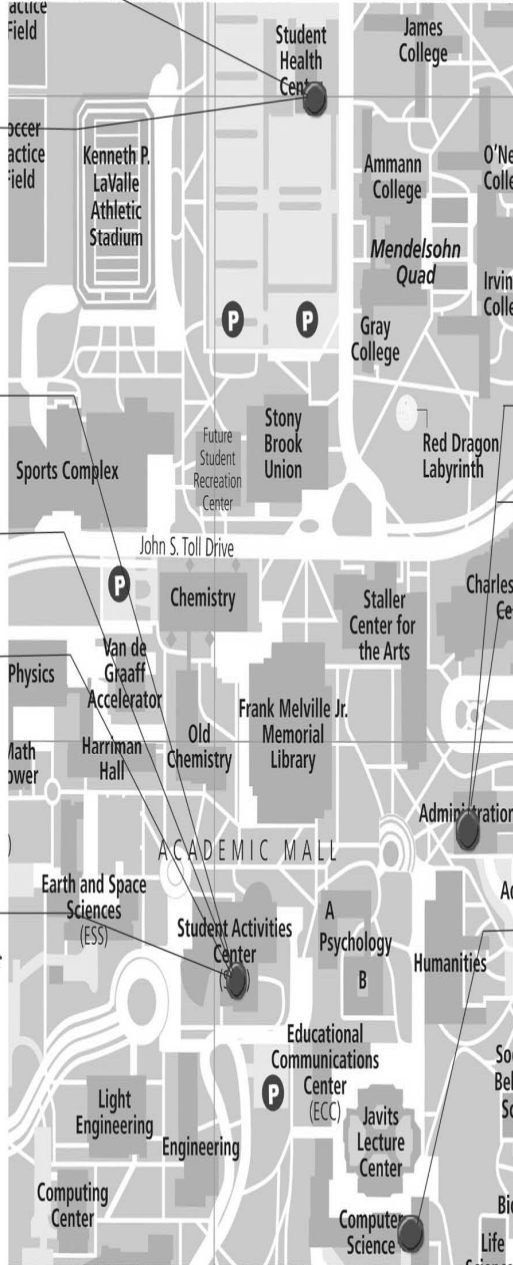
\* Basement of SAC

**GYM**

\* 3rd floor of SAC

**GSO**

\* 227 Student Activities Center  
Phone: 631.632.6492  
Fax: 631.632.8965



**Urgent Mission**



**Optional Mission**



**Mission for Fun**

Administration

**Student ID**

\* 103 Administration Building

**Pay Your Bill**

\* Bursar (lobby on 2nd floor)

**Tax Relief Forms**

\* Human Resource Services  
390 Administration Building

Computer Science

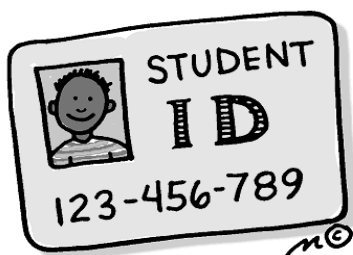
**International Services**

\* The Graduate School  
Suite 2401, Computer Science Building

# Mission 2.1

*Location: Administration Building*

Your Student ID Card is not just an official identification of you as a proud Stony Brook student, it is also important for your day to day activities on campus. It is embedded with multifunctional features: dining services (Meal Plan), access to the library, banking services, laundry (Campus Cash), bookstore campus account and access to your residence halls or the gyms etc.



One of your first tasks should be, to get your Student ID Card. To obtain a card, bring one form of government issued photo identification (driver's license, passport, etc.) to one of the following Campus Card Office locations  
<http://www.stonybrook.edu/campuscard/contact.shtml#locations>

Main Campus

Administration  
Building, Room 103

East Campus

Health Sciences  
Center,  
Level3,Rm162

Remember to dress up a little bit because the picture taken there will also be stored in your SOLAR account for the next 5 years and don't expect a professional photographer there for you.

Your second task in the Administration building is **to pay off your bills** at the Bursar. The Bursar handles all payments made to the University. It is located in the lobby on the second floor of the building (see business hours <http://www.stonybrook.edu/bursar/contact.shtml#hours>). It also issues parking permits in some cases. You will find this office very helpful, especially if you are an international student and did not have a valid credit card or an electronic check to pay your tuition online yet.

Another important office on the third floor is Room 390, **Human Resource Services**. (<http://www.stonybrook.edu/hr/contact/#office>) The staff there will help you with all your employee benefit questions, tax relief forms and direct deposit services etc. You can even find yourself a free notary public here.

# Mission 2.2

*Location: Health Insurance Office + Infirmary*

As a graduate student at Stony Brook University, you are required to have health insurance. Mandatory insurance is provided. You may opt out of it should you have access to another form of insurance, such as through a TA or RA line. Details can be found at:

<http://www.stonybrook.edu/sb/newstudents/nshealthrequirements.shtml>

The Health Insurance Office is located in the Student Health Center (1 Stadium Road <http://www.stonybrook.edu/sb/map/northcampus1.html>).

Come here:

- i. When you change addresses. (You need to keep your address updated on your insurance account or you may not receive your benefit card.)
- ii. When you need to add a dependent to your current insurance (when family comes to visit from abroad, or you get married or have a child)
- iii. When you have some concerns about the coverage of your current program

If you are **feeling ill**, and would like to see a doctor, you have three options:

1. Visit the Infirmary in the Student Health Services Building on campus (simplest option, but a long wait and you may be seen by someone who doesn't have an MD)
2. Go to an off-campus doctor (check to make sure they take your insurance first!)
3. Go to the emergency room at the hospital (last resort – this will be expensive)

The campus Infirmary offers services for:

- ❖ Regular doctor visits
- ❖ OB/GYN
- ❖ Mental health counseling
- ❖ Dermatology
- ❖ Nutrition counseling
- ❖ Chiropractic
- ❖ Massage

The Dental School offers very reasonable priced dental work.

Again, the Hospital emergency room option is going to be expensive; only use this for emergencies.

**Infirmary Phone: 631.632.6740**

**Dental School Phone: 631.632.8989**

For more details about your health benefits, visit Human Resources online:

<http://www.stonybrook.edu/hr/benefits/>

### **International Student Health Insurance**

The State of New York requires all non-immigrant students (F-1, F-2, J-1 and J-2) to be enrolled in and billed for the International Student Health Insurance Plan. The University will bill you \$454 for these health insurance fees for the FALL 2011, and YOU ARE REQUIRED TO PAY THIS BILL.

Waivers Are Approved Only If: You are studying in your home country for an entire semester or academic year. You must provide a letter to the office, informing them of your status and the name of an academic department contact by the end of the second week of classes (September 9). AFTER THAT DATE WAIVERS WILL NOT BE ACCEPTED.

### **Coverage:**

The mandatory plan covers the following:

- ❖ *\$200,000 of coverage per medical condition*
- ❖ *100% of all necessary medical services*
- ❖ *The plan pays for pre-existing conditions*
- ❖ *The plan has co-pays only for prescription medicines*

# Mission 2.3

## Location: Student Activities Center

### Banking:

*Tired of carrying a bunch of cash around? Interested in how to build up an excellent credit record? A convenient and secure banking account plus a couple of credit cards with high rewards are among the top few things you need to get upon your arrival here.*

Banking services to ask your banker for:

### Free Checking Account

- ❖ Direct Deposit Service – if you get paid as a State employee (TA, RA or GA etc.), you can use the direct deposit service at the Human Resources Office which allows you to directly deposit your earnings to your banking account.
- ❖ Debit Card – allows you to withdraw cash from your checking or saving account at ATMs and also can work as a credit card.

### Money Market Savings Account

- ❖ You will get a better savings rate on your deposits than a checking account or a standard savings account.
- ❖ Your money is available in typically 1-3 business days.
- ❖ <http://www.bankrate.com/> will help you find great rates.

### Credit Card

- ❖ Build your credit in the USA and have access to more products and services with a credit card account.

- ❖ Watch out for annual fees! If you are new to the US, you may need to make a deposit on this account. ( \$500 deposit as a start-up allowance for TFCU student credit card)
- ❖ Never miss your payment! Not only will a late fee be incurred, but it can hurt your credit rating.

### Certificate Deposits (CDs)

- ❖ For long term savings a CD offers you a better APR

### Banks Nearby:

TFCU (Teachers Federal Credit Union)

*The most convenient regional banking service provider at Stony Brook University (but no ATM's in NYC)*

### Branch on-campus Locations:

|                 |                                    |
|-----------------|------------------------------------|
| SAC<br>basement | Health Sciences Center,<br>level 2 |
|-----------------|------------------------------------|

### ATMs On-campus:

|                              |                           |
|------------------------------|---------------------------|
| SAC basement +<br>Lobby      | Health Sciences<br>Center |
| Administration<br>Building   | Long Island Vets<br>Home  |
| School of Dental<br>Medicine | Indoor Sport<br>Complex   |

### Other Options:

Bank of America : a large national bank with branches and locations all around the country. Their *Bank of America Debit Card* has no annual fee and offers convenient online banking. They also have ATMs at the Student Union and Health Sciences Center.

Citibank, Chase, ETrade Bank, ING

### Post Office

Located in the *basement of the Student Activities Center*. You can purchase stamps, money orders, and retail items such as envelopes padded mail bags, etc. This retail operation also accepts domestic and international mail, express mail, priority mail, certified and registered mail and certificate of mailings.

### Hours of Operation

| Spring and Fall Semesters |             | Summer and Winter Sessions |
|---------------------------|-------------|----------------------------|
| Monday                    | 9 AM – 3 PM | CLOSED                     |
| Tuesday                   | CLOSED      | 10 AM - 2 PM               |
| Wednesday                 | 9 AM – 3 PM | CLOSED                     |
| Thursday                  | CLOSED      | 10 AM - 2 PM               |
| Friday                    | 9 AM – 3 PM | CLOSED                     |

If you need printing service or other delivery options, visit the FedEx Office [http://www.stonybrook.edu/procurement/employees/printing\\_services.shtml](http://www.stonybrook.edu/procurement/employees/printing_services.shtml) on the lower level of the Melville Library.)

### *Campus Recreation*

<http://studentaffairs.stonybrook.edu/rec/index.shtml>

The Department of Campus Recreation coordinates many programs for the University community, including Intramural Sports, Wellness Programs, Sport Clubs, informal Open Recreation, Special Events, and Equipment Rental.

### *Recreation/Wellness Center*

<http://studentaffairs.stonybrook.edu/rec/hours.shtml>

Stony Brook offers a recreational outlet in the form of fitness rooms, the university's pool and many other activities. At the wellness center on the third floor of the Student Activity Center, you can get on an exercise machine or lift weights until 10 o'clock at night. The University pool has limited hours, so check the website to see if you can schedule in a swim. There are racquetball courts in the indoor sports complex and basketball hoops, handball and plenty of space to run next to the Stadium.

### *The Student Union*

<http://studentaffairs.stonybrook.edu/for/union.shtml>

The student union offers many opportunities to get creative, socialize, or meet people with the same interests. The Union offers dance lessons and it houses the University's clubs (<http://www.ic.sunysb.edu/Clubs/>).

### *The Craft Center*

<http://studentaffairs.stonybrook.edu/sac/craft.shtml>

The Craft Center is located in the basement of the Student Union. It offers a very unique outlet for creativity. The Craft Center offers numerous classes from pottery, painting and photography to mixing drinks and defensive driving. The defensive driving class can lower your car insurance rates. Visit their website for more information.

*Get involved, there is something for everyone and student life is what you make of it! You may not remember the title of your term paper, but you'll never forget the Waltz you learned in the ballroom dance club!*

## GSO (Graduate Student Organization)



*As a graduate student you pay a certain small 'activity fee', this creates the budget for the Graduate Student Organization. With this budget, the GSO attempts to improve the quality of life for graduate students through implementing, creating or merely funding organizations and events such as:*

### *Legal Clinic*

If you are having legal issues, the GSO sponsors a legal clinic where you can get free legal advice. If you are a graduate student with traffic violations or landlord problems there is help provided to you. To request an appointment, please send your name, department, and preferred meeting time to [sbgrad.legalclinic@gmail.com](mailto:sbgrad.legalclinic@gmail.com). You'll also receive newsletter weekly from GSO about the opening sessions held at the GSO office.

### *Tax Clinic*

In the spring, the GSO sponsors a clinic to assist graduate students to file their tax forms. The clinic offers professional help at a very reduced rate.

### GSELF - The Graduate Student Emergency Loan Fund

This fund offers an interest free, short-term loan to the Graduate Student who has undergone a financial emergency and has no other means of obtaining money. This is an emergency loan; you are not eligible if you need to fix your car, or had prior knowledge of the debt. However, under

emergency circumstances, if you are a registered graduate student you are eligible for help. You can apply for the loan online by filling out the GSELF loan application form and sending it as an attachment to [stonybrookgself@gmail.com](mailto:stonybrookgself@gmail.com).

### *RAP - Research Access Project*

- ❖ If you have gone to a conference to present your academic work, you can get a maximum reimbursement of \$350 from GSO per year.
- ❖ We have a form for this on our website at <http://www.sbgso.org>, and we require original receipts for all expenses claimed.
- ❖ Note that to receive RAP funding, your department must have at least one active GSO senator who attends senate meetings.

### *Speaker Series*

The GSO sponsored Speaker Series has been growing. With the GSO funds, students have invited professors and professionals to the Stony Brook campus to speak of their work in their particular fields. Watch the events calendar for upcoming speakers.

### *Biking*

The FreeWheel Collective bicycle shop is in the basement of the Union. This is a GSO sponsored club and once there you can help with fixing bikes, get your bike fixed, or even outfit your bicycle for night riding. Grab a wrench and join the crew, or come down for some bicycle tips and conversation.

### *Clubs and Organizations*

The GSO sponsors numerous clubs and organizations that are geared around the

hobbies and passions of graduate students. Included in the organizations is everything from the WUSB 90.1, Stony Brook Volunteer Ambulance Corps to Chinese Students & Scholars Association. For a complete list of the clubs and organizations, visit the website <http://www.sbgso.org/links>

### *GSO Senators*

- ❖ Every GSO senator represents his or her own department at the GSO Senate meetings.
- ❖ Each department is invited to elect at least one senator as stipulated in the GSO's constitution.
- ❖ The senators are a vital link between the GSO and graduate students. They relay information from the GSO about events, meetings, policies, etc. to their departments, and they also convey departmental concerns to the senate.

### *The GSO Senate*

- ❖ The GSO senate meets once a month, typically on the first Tuesday of the month.
- ❖ Senate meeting dates and locations are posted at [www.sbgso.org](http://www.sbgso.org) and announced through the GSO listserv
- ❖ Any graduate student can attend and participate in monthly GSO senate meetings and serve on various GSO committees whether or not they are elected to serve as a senator.

### *Contact Us:*

227 Student Activities Center  
SUNY at Stony Brook  
NY 11794-2800  
Phone: 631.632.6492  
Fax: 631.632.8965

### *Office Hours*

Wednesdays: 12 PM - 5 PM

### *GSEU – The Graduate Student*

#### *Employee's Union*

If you are a Teaching Assistant (TA) or Graduate Assistant (GA) you are paid by the state of New York. That makes you not only a grad student but also a state employee. The Graduate Student Employees Union, GSEU-CWA 1104, represents all TAs and GAs across SUNY. It exists to benefit you. Over the years the union has won our members' employee health insurance, raises, and fee waivers. But we are only going to be strong if members participate and help lead the union.

Get involved. Talk to your Department Mobilizer, and if your department doesn't have one, get in touch with the Business Agent to find out more about the position. For more info, check out our website: <http://cwa1104gseu.com/>

#### *RA Union*

In a historic election in December 2008, the RAs at Stony Brook voted to join together in a union. Since then we have been fighting to win a first contract with our employer, the Research Foundation. On May 27<sup>th</sup> 2011 we have signed the contract that will benefit all RAs by providing yearly percentage raises, health insurance improvements, and fee waivers. Please get involved with your union because the more people participate, the more power we have at the bargaining table to win improvements for RAs. [www.sbraunion.org](http://www.sbraunion.org)



### Graduate Student Advocate (GSA)

Hello, I am **Kassandra Hartford** and I am your Graduate Student Advocate (GSA) for the 2011-2012 school year. I can help you solve issues you find during your stay at Stony Brook. The GSA can explain university policies and procedures, advise you on a course of action, help you connect to the people best able to address your concern, and recommend specific changes to university policy so that problem areas can be corrected for the future. For example, last year's GSA, Kristina Stoyanova, worked on some housing and bus services issues, and also led a joint effort with the GSEU to extend NYSHIP benefits to state employed international students on a J-1 visa. You can contact the GSA with broader, university-wide concerns, but typical kinds of problems that the GSA has assisted within the past include: conflicts with faculty advisors, health insurance problems, cases of discrimination, questions of academic standing, and problems with funding. In addition, the GSA organizes a colloquium in the fall and spring semesters. Last year's colloquium on grant writing will become an annual event; stay tuned for news on the time and location of the colloquium this fall.

My office is located in *the Graduate School (2401 Computer Sciences)*. The fastest way to reach me is by email at [khartfor@notes.cc.sunysb.edu](mailto:khartfor@notes.cc.sunysb.edu), but you may also reach me at [graduate\\_school\\_advocate@notes.cc.sunysb.edu](mailto:graduate_school_advocate@notes.cc.sunysb.edu) and at (631)632-1947. (ext. 21947 on campus). I look forward to assisting you in the year ahead, and I hope that you will not hesitate to contact me when you face difficulties and are unsure of the right course forward.

### Distinguished Travel Award

Last year, GSO and the Grad School launched a new program called Distinguished Travel Award, which provides students with financial help to attend prestigious conferences/programs (either in the US or abroad) where they present their papers or performances. For the first year of existence we got a lot of applications, and below you will find the winners of this important distinction:

**Landon Frim**, from Philosophy, presented a paper entitled "From Reality to Existence: Reconstructing Spinoza's Ontological Argument" in March at the Annual Early Modern Philosophy Conference hosted by the University of Bucharest, Romania.

**Martijn Schoonvelde**, from Political Science, presented a study that explores the dynamic interplay of voters, media, and parties, at the annual meetings of the European Political Science Association (EPSA) and the Dutch Political Science Association (Politicoogenetmaal) in Dublin and Amsterdam, respectively, in June.

In May, **Ping Cao** from Chemistry presented her work on Islet Amiloid formation in pancreas, at the Third Asia Pacific Protein Association (APPA) Conference and Joint Sino-UK Meeting in Shanghai.

**Ryan Shaffer** from History will present in September the paper "From the Left to the Right" at the Multiculturalism, Conflict and Belonging conference in Oxford.

**Deepika Vasudevan**, from Molecular and Cellular Biology, presented in May a poster about the relationship between fucosylation defects and embryonic lethality in mice, in the Gordon Glycobiology Conference in Lucca (Italy).

*Catherine Depeine*, from Ecology and Evolution, just presented in August a study on vocalizations by *Avahi peyrierasi*, a woolly lemur that roams in the rainforests of Madagascar, in the 3<sup>rd</sup> Symposium on Acoustic Communication by Animals.

*Kathryn Cellerini*, from our Art Studio, went to Kyoto in June to present a paper entitled "Conceptual Considerations and Explorations of the Hand-Printing Process" at the 1st Annual Mokuhanga Conference.

*Christopher Doyle*, from Molecular Genetics and Microbiology, presented the paper "Francisella tularensis LVS Inhibits Caspase-3 Activation during Early Stages of Infection in a TolC-Dependent Manner" at the 111th General Meeting of the American Society for Microbiology held in May in New Orleans.

A few days from now, *Konstantine Rountos* from SoMAS will present his study "Global Contributions of Forage Fish to World Fisheries and Ecosystems" on a special daylong symposium entitled "Global Conservation, Trophic Relationships and Ecology of Forage Fish in Marine Ecosystems", part of the 141<sup>st</sup> Annual Meeting of the American Fisheries Society (AFS) to be held in September in Seattle.

*Heidi Kar*, from Psychology, was invited to present her findings "Gender Differences in Intimate Partner Aggression" in the 48<sup>th</sup> Annual Conference for the Association of Family and Conciliation Courts, last June in Orlando.

*Christina Bosco*, from History, presented "Off with his hedge: Levellers, Diggers and enclosures during the English Revolution" at the Annual Conference of the Social History Society in Manchester.

And, closing this outstanding group, *Benjamin Balsam* from Mathematics presented in May a work dealing with Turaev-Viro invariants of 3-manifolds (which could find application in the field of Quantum Computing) at the conference Higher Structures in Topology and Geometry V, in Hamburg.

(*Stalin M.*, GSO Vice President, 2011)

### *GSO Presents: Stony Brooklyn*

*Stony Brooklyn* is the first- Thursday monthly music showcase sponsored by the Graduate Student Organization that touts some of the best and brightest touring artists in the country. Its mission is to bridge the gap between the creative cultures of Brooklyn and the DIY aesthetic grown organically at our own University Cafe. GSO Productions and the new GSO sound system support the highest quality of performances, like Das Racist, The Antlers, The Drums, O'Death, Small Black, Beach Fossils, Holly Miranda, and many more. WUSB 90.1 FM broadcasts it all live, so join the cause as Stony Brooklyn marches onward underground!!! And stay current at stonybrooklyn.com.

### *MESSAGE FROM THE GSO PRESIDENT 2010-2011*

The academic year 2010-2011 was a period of big challenges for the GSO. Its Senate and Executive Council worked together with our colleagues, the administration, and other organizations across the country and the surrounding community to provide services and dignifying representation to the graduate students of Stony Brook University, with full consciousness to our belonging to a global movement that defends and prizes the social role of public education.

We expanded the number of benefiteres of our Research Access Program or RAP and created new funding opportunities like our new Distinguish Travel Award. We also improved our organizational skills by enhancing the registration process and schedules of our Legal and Tax Clinics, and

hiring a person to organize our Stony Brooklyn concerts, trivia and events series such as the Fall and Spring Festivals in the future.

Our intense participation in governance bodies of the University such as the University Senate, the Stony Brook Council, the Faculty Student Association (FSA), and the Arts and Science Senate helped us to protect several services that were on jeopardy during times of budgetary constraints. Some worth mentioning, because they should be monitored and protected in the future, are the pick-up of incoming international students from the airport, our free access to Inter-Library Loan, and financial support, tuition waivers and affordable on-campus housing for graduate students.

During this year we also strategically proposed the administration to establish democratic decision-making processes for long-term reforms of the university. Our voices in pressing discussions such as fee increases, modification, consolidation and closure of programs, tuition policies, new constructions that do not improve our learning processes and businesses of the FSA were heard during this year and should be radicalized in the future. To achieve this, it will be necessary to work together with grad students' unions, the student media and the Undergraduate Student Government.

It is our hope that our organization keeps with the good work and the good fights the following year. This is why we wish the best to our new leadership and expect you to get involved with the GSO.

**Froylán Enciso**

Mexico City, June 30, 2011

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Fri. - Sat.: 11:30 - 11:00  
Sunday 12:00 - 10:00

Catering Available

# LOVE FOOD hate waste

*When it comes to hunting down a meal or gathering some snacks, Stony Brook University offers all that you would need. Here is a breakdown of where to eat on-campus and where to buy groceries off-campus.*

## **Campus Dining Services**

[http://campusdining.org/location\\_hours.php](http://campusdining.org/location_hours.php)

The dining service program at Stony Brook continues to grow every year, offering more variety, newly renovated dining facilities and extended hours of operation to better serve the diverse student population on campus.

A new and improved Student Activities Center Food Court has opened at Stony Brook, with many student proposed ideas incorporated into the renovation plans. Hosted by Campus Dining Services and the Faculty Student Association, focus groups with students provided designers with the input needed to redesign the facility to better meet students' needs. The changes included doubling the size of the serving area to allow for more dining options and better flow of traffic between the entrance and the registers; adding more variety such as a new concept called Native Spice Express offering self-serve hot food entrees and sides such as marinated flank steak, Thai curry chicken and penne ala vodka with shrimp, adding hot paninis, a bigger salad bar and expanding the Mulberry Street pizza station to include Italian entrées and heroes.

In addition to the renovated Student Activities Center, students can now enjoy Late Night Dining at the Stony Brook Union and weekend brunch at the Union Commons. Ninety-three additional hours of service have been added to dining services at the Stony Brook Union, which is centrally located on campus. The additional service hours will be of special benefit to resident students living in nearby Mendelsohn and H-Quads, as well as resident and commuter students studying in the Melville Library.

Popular food stations such as Picantes Mexican, Taro 13 Asian Specialties, made-to-order sushi, Halal New York hot food entrées, UPick Salads and Charcoal's Grill will be open at the Union Commons until 10pm, seven days a week. A late-night menu featuring Charcoal's Grill, Picantes Express, pizza, sandwiches, salads and baked items made fresh daily will be offered from 10:30 pm until 3:00 am at the Union Commons. Starbucks will be open until midnight. The Union Deli will offer made-to-order sandwiches until 11pm. Other late night dining options include Kelly Dining Center, open until 3am and Roth Food Court open until midnight, seven days a week. Weekend brunch will be offered both Saturday and Sunday from 10:30am-3:00pm at the Union Commons.

There are many opportunities for on-campus student employment with the flexibility to work around class and study schedules. Students interested in dining employment can apply online at <http://fsa.sunysb.edu/ssr/>. The Faculty Student Association employs over 500 students on campus.

Some of the exciting brands on campus include Starbucks at the Stony Brook Union, Wendy's and California Pizza Kitchen at Roth Food Court and Dunkin' Donuts at Tabler Café.

For students with special dietary needs, Campus Dining Services' nutritionist can assist you with menu planning, vegan and vegetarian needs, and any dietary restrictions you may have. Campus Dining offers free nutritional counseling to students. Students can call the Campus Dining nutritionist at 631-632-9979. Kosher dining is available at the Delancey Street Glatt Kosher Delicatessen Restaurant, Halal food is available at the Union Commons and vegetarian options are available at every dining location on campus. To help our customers easily identify what they are eating, nutritional information and labels are on all items.

Please visit <http://campusdining.org/> and like <http://www.facebook.com/SBUDining> for continuous updates on Campus Dining Services.

**The Seawolves Market Place** is the newly renovated campus convenience store located off the main lobby of the Student Activities Center. In addition to the large selection of Stony Brook logo merchandise and apparel at affordable prices, the store carries school supplies, health and beauty aids, laundry detergent, greeting cards and gifts. The store features Green Mountain Coffee, fresh bakery items, bottled beverages, candy, snacks and pre-made foods. The store is a full service electronics center where you can purchase HP laptops, educationally discounted software, and cell phone and computer accessories. You can get everything you need to get connected to the internet or hook up your television. You can also shop on-line for Stony Brook gear at [www.shopsbu.com](http://www.shopsbu.com). To see everything this store has to offer go to <http://fsa.sunysb.edu/campus-stores/seawolves-marketplace/>

**Vending Machine** locations and information can be found <http://fsa.sunysb.edu/services/vending/>

### **Off Campus Foraging:**

Long Island offers an eclectic mixture of dining locations, and a variety of grocery store options. If you venture off the campus for dining you will find that there are some really great locations. The restaurants, diners, bakeries and delis, all cater to your particular tastes and mood.

### **Grocery Stores**

Here is a short list of Grocery Stores in the immediate area – visit the websites for maps of their locations and hours.

Waldbaums: <http://waldbaums.com/>

Stop and Shop: <http://www.stopandshop.com/>

Giunta's Meat Farms: <http://giuntasmeatfarms.com/>

Oriental Grocery: 2460 Nesconset Hwy, Stony Brook, (631) 689-8787

# CAMPUS DINING SERVICES FALL 2011 HOURS

MONDAY-THURSDAY

FRIDAY

SATURDAY

SUNDAY

## STUDENT ACTIVITIES CENTER\*

7:30AM-10:00PM 7:30AM-8:00PM 12:00PM-6:00PM 12:00PM-6:00PM

## STONY BROOK UNION\*

|                              |                 |                 |                 |                 |
|------------------------------|-----------------|-----------------|-----------------|-----------------|
| UNION DELI                   | 8:00AM-11:00PM  | 8:00AM-11:00PM  | 11:00AM-11:00PM | 11:00AM-11:00PM |
| STARBUCKS                    | 8:00AM-12:00AM  | 8:00AM-12:00AM  | 11:00AM-12:00AM | 11:00AM-12:00AM |
| DELANCEY STREET              | TBD             | TBD             | _____           | _____           |
| UNION COMMONS                | 11:00AM-10:00PM | 11:00AM-10:00PM | 5:30PM-10:00PM  | 5:30PM-10:00PM  |
| BRUNCH                       | _____           | _____           | 10:30AM-3:00PM  | 10:30AM-3:00PM  |
| STONY BROOK UNION LATE NIGHT | 10:30PM-3:00AM  | 10:30PM-3:00AM  | 10:30PM-3:00AM  | 10:30PM-3:00AM  |

## KELLY DINING CENTER\*

|                                   |                                  |                                  |                |                 |
|-----------------------------------|----------------------------------|----------------------------------|----------------|-----------------|
| OMELET PAN                        | 7:00AM-11:00AM                   | 7:00AM-11:00AM                   | _____          | 10:30AM-3:00PM  |
| CHARCOALS                         | 11:30AM-9:00PM                   | 11:30AM-9:00PM                   | _____          | 4:00PM-9:00PM   |
| MULBERRY STREET                   | 11:30AM-12:00AM                  | 11:30AM-12:00AM                  | 4:00PM-12:00AM | 11:30AM-12:00AM |
| WRAP IT UP                        | 11:30AM-3:00AM                   | 11:30AM-3:00AM                   | 4:00PM-3:00AM  | 11:30AM-3:00AM  |
| BRUNCH                            | _____                            | _____                            | 10:30AM-3:00PM | _____           |
| ECO CRAVINGS                      | 11:30AM-3:00PM                   | 11:30AM-3:00PM                   | _____          | _____           |
| PICANTES                          | 11:30AM-12:00AM                  | 11:30AM-12:00AM                  | 5:00PM-12:00AM | 5:00PM-12:00AM  |
| TARO 13                           | 11:30AM-9:00PM                   | 11:30AM-9:00PM                   | _____          | _____           |
| BUCKETS                           | 10:00PM-3:00AM                   | 10:00PM-3:00AM                   | 10:00PM-3:00AM | 10:00PM-3:00AM  |
| AMERICAN KITCHEN NIGHTLY SPECIALS | 5:00PM-10:00PM                   | 5:00PM-10:00PM                   | 4:00PM-9:00PM  | 5:00PM-9:00PM   |
| KELLY'S FISH MARKET               | 12:00PM-4:00PM<br>7:00PM-10:00PM | 12:00PM-4:00PM<br>7:00PM-10:00PM | _____          | _____           |
| KELLY COFFEE & TEA HOUSE          | 8:00PM-12:00AM                   | 8:00PM-12:00AM                   | 8:00PM-12:00AM | 8:00PM-12:00AM  |
| KELLY CONVENIENCE STORE           | 7:00AM-3:00AM                    | 7:00AM-3:00AM                    | 4:00PM-3:00AM  | 10:30AM-3:00AM  |

## ROTH FOOD COURT\*

|                          |                 |                 |                 |                 |
|--------------------------|-----------------|-----------------|-----------------|-----------------|
| PURA VIDA                | 9:00AM-9:00PM   | 9:00AM-9:00PM   | 9:00AM-9:00PM   | 9:00AM-9:00PM   |
| WENDY'S                  | 11:30AM-12:00AM | 11:30AM-12:00AM | 12:00PM-12:00AM | 12:00PM-12:00AM |
| CALIFORNIA PIZZA KITCHEN | 11:30AM-12:00AM | 11:30AM-12:00AM | 12:00PM-12:00AM | 12:00PM-12:00AM |
| ROTH MARKET              | 11:30AM-9:00PM  | 11:30AM-9:00PM  | _____           | _____           |
| UPICK SALAD              | 11:30AM-9:00PM  | 11:30AM-9:00PM  | _____           | _____           |

## TABLER CAFÉ\*

|                |                                  |       |       |                |
|----------------|----------------------------------|-------|-------|----------------|
| DUNKIN' DONUTS | 9:00AM-12:00PM<br>5:30PM-12:00AM | _____ | _____ | _____          |
|                |                                  | _____ | _____ | 5:30PM-12:00AM |

## SBU 100 CARTS

|                     |               |               |       |       |
|---------------------|---------------|---------------|-------|-------|
| ADMINISTRATION CART | 8:00AM-2:00PM | 8:00AM-2:00PM | _____ | _____ |
| LIFE SCIENCES CART  | 8:00AM-2:30PM | 8:00AM-2:30PM | _____ | _____ |

\*Student meal plans are accepted at these locations.

# Student Jobs That Generously Pad Your Pocket and Your Resume

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- *Up to six pay increases a year*
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- *Wide range of job choices*
- *Multiple convenient locations/schedules*
- *Training*
- *Work schedule adjusted to your needs*
- *Opportunities to advance to a management level position*

*When it comes to student jobs,  
dare to compare!*

**FSA Student Staffing Resources**

Call 632-9306

[www.campusdining.org](http://www.campusdining.org)





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# JASMINE

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*Made to Order! Available Monday - Friday*

**WE DELIVER! Call 632-1858**  
**[stonybrook.edu/sb/jasmine](http://stonybrook.edu/sb/jasmine)**

Delivery Hours:

Monday - Friday 12:30pm-7:30pm

Saturday - Sunday 2:30pm-7:30pm

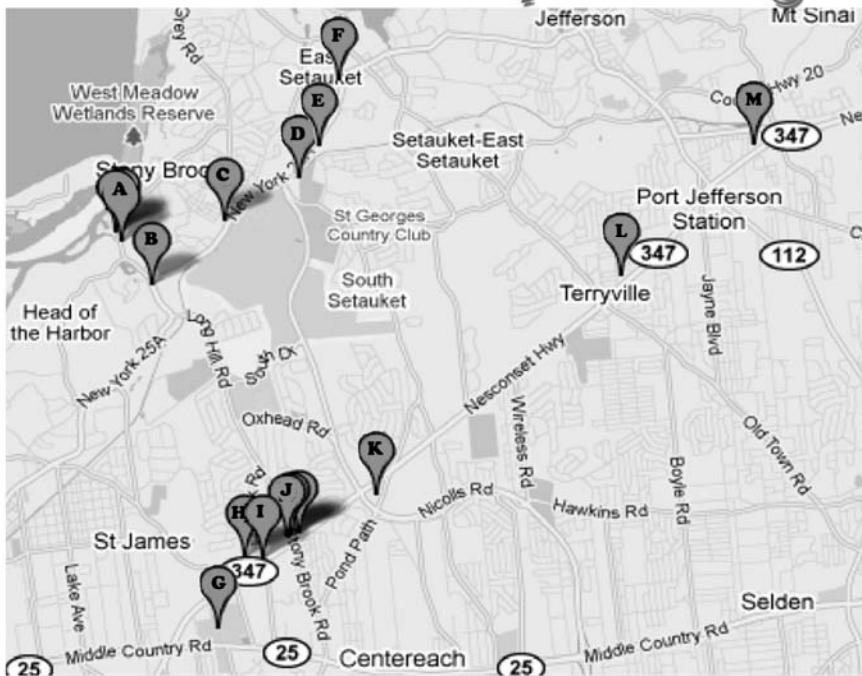
Hours of Operation:

Monday - Friday 11:30am-8pm • Saturday - Sunday 2pm-8pm

Located in the Charles B. Wang Center on the Main Level



# Places to Eat & Shop Nearby



- A. *Three Village Inn* French food, nice environment
- B. *Country House* food delicious, décor elegant, staff nice
- C. *Green Cactus Mexican Grill, Centara(Thai Food), Station Pizza & Brew*
- D. *Subway, The Curry Club/Velvet Lounge, East Pavilion*
- E. *CVS Pharmacy, Bank of America, Hamlet Wines & Liquors*
- F. *Stop & Shop Grocery, Wild by Nature, Domo Sushi, Pita House, Luigi's Pizza*
- G. *Smith Haven Mall, Trader Joe's, Cheese Cake Factory, John Harvard's Brew House*
- H. *Wauldbaum's Grocery, O Sole Mio*
- I. *McDonald's, Starbucks*
- J. *J& R Steak House, Italian Ice, Duane Reade*
- K. *Target/Bestbuy/Home Depot, Stop & Shop Grocery*
- L. *Walmart and BJ's Wholesale* Membership required for BJ's
- M. *Downtown Port Jefferson* offers a large variety of food stores in a fairly condensed area. If you venture to Port Jefferson Village you will find a chocolate shop, seafood, numerous delis, bakeries, and quite a few bars. There are also Art Galleries, thrift stores, a movie house, and too many businesses to list here. The following link allows you to search the Port Jefferson Village business district:  
<http://www.portjeffguide.com/>

Or you can just take a walk downtown and see for yourself (Route 25A runs straight through the downtown).

# Map 1

# Map 2

❖ **Organic and Natural Food Enthusiast?** Enjoy your shopping or dining here:

|                           |  |                            |
|---------------------------|--|----------------------------|
| <i>Trader Joe's</i>       | <b>2085 Smith Haven Plaza<br/>Lake Grove, NY 11755</b> | <b>Phone: 631-366-2094</b> |
| <i>Whole Foods Market</i> | <b>120 New Moriches Road<br/>Lake Grove, NY 11755</b>  | <b>Phone: 631-588-1466</b> |
| <i>Wild by Nature</i>     | <b>198 Main Street, East<br/>Setauket</b>              | <b>Phone: 631-246-5500</b> |

❖ *Have a family to feed or friends to share food with? You would be amazed by the shelves of wholesale products and the deals at BJ's and Costco (membership required)*

|                            |  |                            |
|----------------------------|--|----------------------------|
| <i>BJ's Wholesale Club</i> | <b>4000 Nesconset Hwy. (Rt. 347)<br/>East Setauket, NY 11733</b> | <b>Phone: 631-642-1012</b> |
| <i>Costco</i>              | <b>3000 Middle Country Road,<br/>Nesconset, NY</b>               | <b>Phone: 631-366-1504</b> |

If you are having trouble deciding whether to stay in the graduate dorms or somewhere off-campus you should know the benefits and difficulties with both options. If you decide to live on campus you will take up residence in either the Chapin apartments, West apartments, or the Schomburg apartments.

# Housing

You will share the apartment or possibly even your room, depending on your preferences, economics, and the availability of the rooms. If you decide to live off campus you are facing the difficulty of locating a suitable domicile. You will probably not be able to find a place for less than \$500.00 per month, and that covers the bare minimum; there are utilities and an internet connection to take into account, a home phone if you want one, and then the furnishings. You also have to consider the distance to campus, and the proximity to places to shop.

## Living On Campus:

- All of your utilities, including internet connection, are included in the rent. There are no furnishings you have to buy and you are guaranteed good living conditions. The RA's (Resident Advisor) put a lot of time and effort into planning events for the residents; this offers a certain social value that can be lost in the isolation of off-campus living.
- Public transportation is always close at hand (the LIRR and the Public/School buses).
- There is no commute or parking problems.

Living on campus really is the ideal situation. You may become life-long friends with your roommates or you may meet your future spouse☺. Stony Brook offers all the necessities to sustain life (food, water, shelter), as well as excellent cultural and social events such as those that take place at the Staller and Wang Centers. Resident Advisors at Chapin and Schomburg, however, go one step further in attempting to make life happier for graduate students by sponsoring events such as Ping-Pong tournaments, and movie nights. Visit the Chapin apartment's website to see past and upcoming events:

Or go to the campus residences for floor plans, childcare options, meal plans, a virtual tour, contact information and everything else you might need to know (e.g., how many chances for you to accidentally trigger the fire alarm in your kitchen before you get expelled :P ):

<http://www.studentaffairs.stonybrook.edu/res/index.aspx>

### *Off Campus Housing:*

*Off-campus housing, though it sounds great, can be more trouble than it's worth. The cost of rent and utilities can easily surpass the on-campus options; and that does not include a phone line or internet connection. Also, there is no standard for the type of room or house – i.e. you may have only a shower and no tub, or be sharing your kitchen with TEN other people. Off-campus living can be a gamble, but if you prefer to live in the community instead of the University, heed the following advice and read the warnings.*

If you can find a place to live off-campus within a reasonable distance, you don't necessary need to own a vehicle. However, it can be troublesome:

- Utilities are a gamble – depending on the house, you could end up paying much more than expected.
- There is no guarantee of internet service, and the utilities bill will vary seasonally.
- Some renters can be temperamental- be wary of anyone who does not wish to make a lease, requests cash as the form of payment, or is not forthcoming with specifics about the living situations.
- There are no channels for complaints against your roommates, most of the time you just have to grin and bear it.
- Off-campus means you have to commute; if you don't drive you will be waiting for the bus or train, even in the **SNOW**.

Commuting to school by bus and by train are viable options; therefore Port Jefferson Village, Port Jefferson Station, Huntington and St. James can be considered for off-campus housing. Your options are pretty open if you have your own transportation, and there are many other towns around Stony Brook that offer various types of housing.

If you need help finding a place to live there are a few places to look. **Craigslist** is a good option, there are also flyers posted around the school, and finally there is the off-campus housing website that offers all the ads. Word of mouth is sometimes the best option, so ask your new friends and colleagues about housing. Also at the end of each semester there are always forwarded mails by the department secretary asking for interested tenants. If you need more information there is a great resource at the following link: (*off campus renter's guide*)

[http://sbgsa.org/files/u1/reports/off\\_campus\\_renters\\_guide.pdf](http://sbgsa.org/files/u1/reports/off_campus_renters_guide.pdf)

# Housing Survival



1. Look at a place before renting it, and if possible, talk to previous tenants.
2. Have a third party read over the lease.
3. Meet the roommates if you are sharing the house.
4. If it's a basement apartment, ask if it floods.

## Websites and Phone numbers

632.6750 Campus Residence

Chapin Apartments <http://www.ic.sunysb.edu/Clubs/chapin/>

Campus residences  
<http://studentaffairs.stonybrook.edu/res/index.shtml>

Apartments <http://www.apartments.com/>

Craig's list <http://longisland.craigslist.org/>

Off-campus housing website <http://och.fsa.sunysb.edu/>

Housing committee <http://sbgso.org/housing>

*Are your family and friends coming to visit? Not enough room in your new digs? Here is a list of local hotels, call for reservations and discount possibilities:*

**Holiday Inn Express, Stony Brook** – 3131 Nesconset Highway

<http://stonybrookny.hiexpress.com/> 631.471.8000

**Danfords Hotel & Marina, Port Jefferson** – 25 East Broadway

<http://danfords.com/> 631.928.5200

*The personal computer is a must have for graduate school. The laptop would be ideal, but a desk-top is a fine substitute. The computer is necessary because your grades and class announcements are posted online; also, research is much easier with the personal computer. This section explains your options for all things computing; including how to register online. But first, here are some very important points to be made about computing as a student:*

# Computing

## **Student Instructional Networked Computing (SINC) Sites**

<https://tlt.stonybrook.edu/Facilities/ComputerLabs/Pages/default.aspx>

SINC sites are located throughout the Stony Brook's campus. These sites are rooms of computers that allow access to the internet, various programs, and let you save and print. Printing is free - with a catch. You are allowed to print up to a certain amount each day (\$2 per day), and your quota is renewed each week. If you have articles you need to download and print, or papers that need to be printed and turned in, go to the SINC site. The main site is on the first floor of the library, and a secondary site is in the basement of the Union. There are also sites in the Chemistry building, Harriman Hall, SBS and the Fine Arts building.

Once you access the computer using your Net ID, your own storage space (MySBfiles) comes up. You can save your documents to this space without fear of losing them or having anyone else accessing them. You can also surf the net, write your papers, compose presentations and print out your homework. <https://tlt.stonybrook.edu/StudentServices/FileStorage/Pages/default.aspx>

Also at the SINC site there are technical experts: if you have questions about using the computers, or about the printing jobs, or even technical problems using certain software, just see the people

## **Three Village Dental, P.C. General Dentistry**

**Liquan Zhang D.D.S. Ph.D.**

张立群 牙医博士



2500 Nesconset Hwy, Bldg. 14D  
Stony Brook Medical Park  
Stony Brook, NY 11790  
Phone: 631-689-7740  
E-mail: [toothdoctorzhang@gmail.com](mailto:toothdoctorzhang@gmail.com)



### **Services:**

Dental check up and cleaning  
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Extraction ( including wisdom teeth)  
Gum disease  
Root canal treatment  
Crown & Bridge  
Denture  
Teeth whitening  
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Children's dentistry

**Regular dental check up and dental cleaning are important to keep good oral health.**

**\$50 off your first dental visit with this Ad.**

Accept RA dental insurance

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working at the site. They are very experienced and informative. On the rare occasion where they can't help you, they can direct you to where you can get help.



### **Blackboard**

<http://blackboard.stonybrook.edu/>

#### **Blackboard**

Blackboard is a web-based course management system. You need to use your Net ID to log in (Information regarding your NetID and NetID password can be obtained by logging into SOLAR with your Stony Brook ID and SOLAR password.) and check all course related documents and announcements here.



### **Email**

<https://mysbmail.stonybrook.edu/>

Every student is given an e-mail account – MySBmail - Students automatically receive a MySBmail account to send and receive e-mail messages. NetID and NetID password is used to log in to MySBmail.



### **Wireless**

AirNet is the wireless (Wi-Fi) network on campus that students and employees use when connecting from the main academic buildings and common areas such as the Melville Library, Student Activities Center (SAC), and SB Union. WolfieNet is the wireless (Wi-Fi) network available in the Stony Brook University residence halls. You will need to sign in with your Net ID to use all these wireless networks.

**Our University Official Website:**      <http://www.stonybrook.edu/>

It is highly recommended that you familiarize yourself with the school's website. The search function can bring up any department, organization, event, or faculty/staff member connected with Stony Brook.

### **SOLAR System**

On the University main page is a link named "SOLAR System". SOLAR system gives you electronic access to your standing as a student. Log onto solar system using your student ID number and follow the prompts for creating a password. Once you have accessed SOLAR System there are many things you are capable of including requesting transcripts, paying your apartment and tuition bills and changing your personal information; the SOLAR system also has many links to other important pages on the University website. Once logged on, check under "messages" – vital information will be listed here including holdings on your account and problems with your financial aid packages. Also as a TA or RA, you can access more information of the session you're teaching in the "Faculty Center".

### **Take advantage of the FREE Software**

**To purchase a Mac computer and get an educational discount go to [www.sbuapple.com](http://www.sbuapple.com). You can also get free software such as Microsoft programs at the Seawolves Market at the SAC. Just bring your Student ID with you. Your technology fee pays for this opportunity, so it would be a waste to not take advantage of it. For Free Windows 7 and other Microsoft software please check: <https://tit.stonybrook.edu/Departmentalservices/msdnaa/Pages/default.aspx>**



*One of the most expensive aspects of attending a school in the U.S. is buying textbooks. Some classes require a lot of books that can cost you “an arm and a leg”. Luckily, there are always a couple options:*

**University Bookstore, Melville Library, Ground Level, (631) 632-6550**

**Web Site: <http://www.stonybrook.edu/bookstore>**

The **University Bookstore** is located on the ground level of the Melville Library across from the Stony Brook Union. The bookstore offers the most choices for students for their textbook buying options – new, used, rentals and e-textbooks. Students are encouraged to shop early for the best selection of used books and can reserve their textbooks online at [www.whywaitforbooks.com](http://www.whywaitforbooks.com). The bookstore also sells magazines, general books, study aids, reference books, art supplies and laboratory materials. You can also find a large selection of school supplies, residence hall living supplies, electronics, computer supplies, health & beauty items, stationery, backpacks and seasonal accessories. The clothing and gift department offers a large variety of Stony Brook and Seawolves logo merchandise. The University Bookstore buys back textbooks year-round at wholesale prices. To get the best price for your unwanted textbooks, sell them back to the bookstore as soon as finals week begins.

The Provost’s Liaison to University Bookstore, an office funded by FSA, has been reaching out to faculty asking that they partner with University Bookstore to create the Guaranteed Buyback program. Professors participating in the guaranteed buyback program agree to use the same textbook for multiple semesters, which allows the bookstore to guarantee it will buy back the textbooks from students for 50% of the new book price at the end of the term. For students purchasing the book used this amounts to a 75% savings after they sell back their textbook. The University Bookstore is able to acquire more used books, allowing them to sell these textbooks back to future students for less money. Used textbooks are one of the most popular textbook buying options, as they allow students to save the greatest amount of money after buyback. Look for the Guaranteed Buyback sticker when purchasing your textbooks.

### ***On-line bookstores***

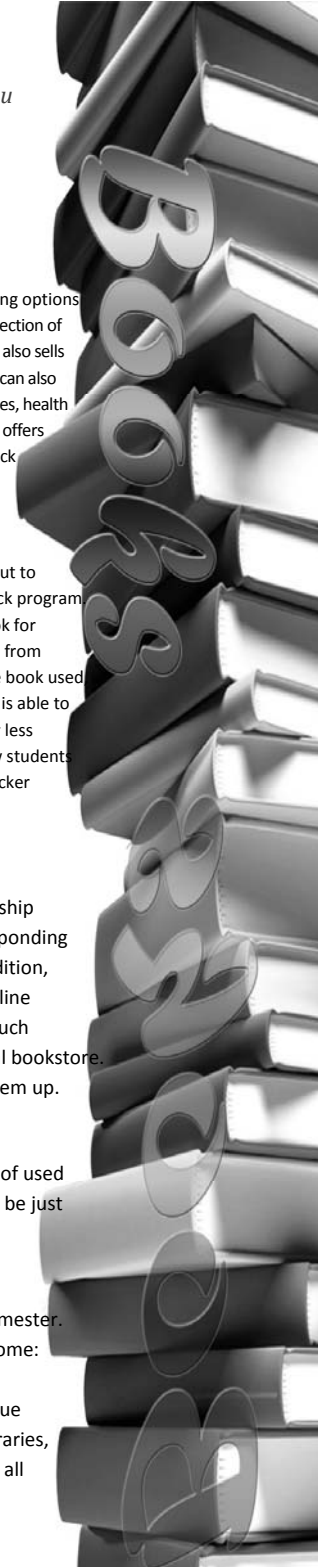
**Amazon** and **BarnesandNoble** are just two of the many companies that sell and ship books. The benefits of shopping on-line are the variety of conditions and corresponding prices offered. You can choose from any number of editions, in any type of condition, and they will be delivered to whatever address you want. The problem with on-line book shopping is that occasionally a book will get lost in transit and may take much longer than expected. Another option would be to request the book from a local bookstore. You can search for books and reserve the copies you want, and then just pick them up. Borders and BarnesandNoble are local enough to fill these needs.

**Abebooks** is another heaven for students with a tight budget. You can find a lot of used books in good shape, for a good price. (Most of the time hard-cover books may be just a few bucks.)

### ***Library Books***

The Melville Library loans books to graduate students for the duration of the semester. Unless a book is recalled, it is yours for the entirety of the semester, and then some: you can renew your loaned library material on-line through the [library website](#). That will bring up the home page; from there you can access STARS (the catalogue search engine). You can search all material on campus, the material of other libraries, as well as a large amount of academic journals and dissertations. A full listing of all library branches on campus and their locations can be found at:

<http://www.library.stonybrook.edu/collections-and-libraries>



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Located in the lower level of the Melville Library

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## Commuter Challenge

*So, you have decided to explore beyond the campus, or perhaps it's time to get rations from the grocery store, or maybe even see the city. Public transportation in New York City is abundant and convenient, however here on Long Island, it is possible but difficult to survive without a car. Here is a quick introduction to commuting while at Stony Brook.*

### By Bus

#### *Campus Buses*

The campus of Stony Brook University is rather large and spread out. To combat the distance, The University has created an inner campus system of bus routes and an auxiliary parking lot – the South P Lot. A map of the bus routes and schedules can be found at:

<http://www.stonybrook.edu/transportation/campusbus/>

#### *Public Buses: S60, S69, S71, S76, 3D*

These are the public buses that come onto the university. There are stops in front of the Railroad station, the Infirmary, Union and the Hospital. The Suffolk County transit website has all the updated routes and schedules. The entire map of the Suffolk country bus system can be viewed at:

<http://www.sct-bus.org/images/stssystemmap.pdf>

The individual schedules can be seen at: <http://www.sct-bus.org/schedules.html>. The site is user friendly and easily accessed. There are also maps of the bus system sold at the University Bookstore and the SeaWolves Market.

### By Train

Ahhh, the Long Island Railroad - the LIRR. A lot of the citizens of Long Island work in the city, and they commute by the LIRR everyday; a lot of the residents of the city go to school at Stony Brook, and they too take to the rails.

Tickets are sold at the small waiting booths on both sides of the tracks. You can purchase your ticket at a small electronic kiosk that receives cash, credit or debit card it (Change comes in the form of quarters and dollar coins – so do not put a fifty in there for a twenty dollar purchase). And expect a long line there during rush hours (**Friday afternoons** are especially busy).

The train runs on schedule with few interruptions, is kept somewhat clean, and offers you a little while to read, talk or sleep. If you take the LIRR from Stony Brook to Penn Station you will be travelling for close to two hours, one-way. Plan accordingly. <http://lirr42.mta.info/>

Heading East from the Stony Brook station, the only stop is Port Jefferson – the end of the line. Heading west, all trains stop in Jamaica. At Jamaica you have access to everything. Let me explain:

*Jamaica is a connection hub of the Long Island Railroad. When your train stops here you can transfer and take a train anywhere else the railroad goes; South Hampton, Huntington, Penn Station, and more.*

At Jamaica, you can climb a flight of stairs and get on the Air Train. The Air Train will deposit you at any terminal at JFK International Airport. This means no parking problems, no searching for the terminal, no long-term parking, paying taxi's or asking a friend for a ride. That means you can take your luggage from your dorm room onto the LIRR, up to the Air Train, and be deposited at the terminal of your flight at JFK. Convenient, yes? But that's not all. If you go down the stairs at Jamaica, you are at the Jamaica station of the New York Subway System. Brooklyn, Queens, Manhattan, it's now all just a few transfers away. <http://mta.info/schedules/>

Also, this works the other way. If you can get to Jamaica by train, bus, plane, or foot then you can get anywhere in the world – it's just a matter of how many transfers.

### **By Car**

For those who own a working vehicle, I would highly recommend exploring Long Island. Take a day trip to the Hamptons and visit a winery, go to the Blue Point Brewery, or head down to the numerous beaches. Enjoy your new surroundings, but make sure you do this in the beginning of the semester. You will want to socialize while you can, before papers are due.

For those of you with vehicles, life will be a bit more convenient simply because you have the choice. There is, however, the cost to incur. Therefore, I would offer the following words of advice:

Parking can be problematic, in the city and at the University. If you arrive early in the morning it shouldn't be too difficult to locate a parking space, but during the day you might end up circling the various parking lots in a seemingly endless search for a place to stop. Also, the campus police do give tickets for parking where you are not allowed to. Green zones are for commuters; if you are a TA or RA, you may also be eligible for a Faculty Zone permit; and there is also the parking garage or the lots with the meters if you want to pay for your parking.

Follow the link for the parking map:

<http://www.stonybrook.edu/parking/parkingmap.shtml>

### **Parking Permit**

You are eligible for either a "Resident" or "Commuter" parking permit (if you are teaching a class, you may also apply for "Faculty"). To obtain yours, log onto the parking services electronic registration, or go to the parking services office on the 2<sup>nd</sup> floor of the Administration building (next to Bursar).

<http://www.stonybrook.edu/parking/permits/>

If you drive to the city, parking can be just as problematic. There is the parking garage option, and the metered lots. When driving in the city, keep your wits about you. I say this only because some people can't drive in the city, and you may be one of those people who get upset fighting for the lane with those crazy yellow cab drivers. There's another option, you can drive to Queens/Brooklyn and park there somewhere close to a subway station and then take the tube to Manhattan.

- *If you lock your keys in your car, contact AAA (800-222-4357 membership required) or need a jumpstart (while on campus) call the University Police (631-632-3333) for assistance.*
- *If you have your car insurance with GEICO, you are eligible for an additional 3% discount in your policy, since you are a member of National Association of Graduate-Professional Students (NAGPS) (Proud to be one in GSO!! ☺) For more detailed information check <http://www.nagps.org/resources/discounts>*

Websites and Phone Numbers

|                                   |   |
|-----------------------------------|---|
| Campus Parking                    | <a href="http://www.stonybrook.edu/parking/permits/">http://www.stonybrook.edu/parking/permits/</a>                   |
| Campus Bus                        | <a href="http://www.stonybrook.edu/transportation/campusbus/">http://www.stonybrook.edu/transportation/campusbus/</a> |
| Disability support services       | <a href="http://studentaffairs.stonybrook.edu/dss/">http://studentaffairs.stonybrook.edu/dss/</a>                     |
| Train Schedules                   | <a href="http://www.mta.info/schedules/">http://www.mta.info/schedules/</a>   |
| Suffolk County transit            | <a href="http://www.sct-bus.org/">http://www.sct-bus.org/</a>   |
| Bridgeport & Port Jefferson Ferry | <a href="http://www.bpiferry.com/">http://www.bpiferry.com/</a>   |
| DMV                               | <a href="http://www.nydmv.state.ny.us/">http://www.nydmv.state.ny.us/</a>   |
| University Parking Service        | 631.632.2886(AUTO)  |
| University Police                 | 631.632.3333  |

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| 素什锦 (Mixed Vegetables)                    | 芥兰鸡 (Chicken Broccoli)               | 左宗鸡 (General Tso's Chicken)        | 芥兰牛 (Beef Broccoli)              |
| 鱼 (Whole Butter Fish)                     | 盐酥虾 (Salt Peperly Shrimp)            | 香干肉丝 (Shredded Pork Bry Bean Curd) | 咖喱鸡 (Curry Chicken)              |
| 榨菜肉丝 (Shredded Pork with Pickled Cabbage) | 小辣椒牛肉丝 (Shredded Beef Birdie Pepper) |                                    |                                  |

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# Take It Easy!

*This is going to be a very poignant year in your life and a very worthwhile experience; at times it may seem difficult to cope with the pace. Are you freaking out yet? Read below, heed the advice, and repeat whenever necessary:*

## **Breathe.**

*You can't work well if you are stressed. 'Under pressure', sure, but not 'going crazy'.*

*When in need of a little confidence boost, you can always resort to the Stuart Smalley: look into a mirror and repeat this mantra, "You're good enough, you're smart enough, and doggone it, people like you."*

**Still freaking out?** Current graduate students were surveyed on what they do to deal with the stress of Grad school. Here are the top answers:

*"Sleep, drink, exercise, meditate, pet cats/dogs...most important? Laugh!"*

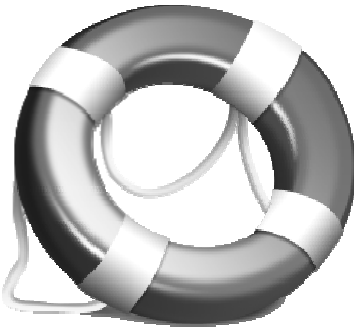
*"Run, each morning, before you drink coffee but after you clean out your mailboxes. Run as far as you have time, run around campus, it's good for you and it will mellow you out all day."*

*"As important it is to be 'involved' and 'connected' to campus, it's also a good idea to disconnect sometimes. Find places and people that have no connection to your Department, or Stony Brook. Graduate school is not the be all and =end all of life, and graduate students are not the highest form of human existence. Get over yourself, get over your professors, get over your department, and go meet spend some quality time with folks from the majority of our human population—those without advanced degrees! ☺"*

*"I took dance classes and occasionally hung around places with free internet to get away from school and roommates"*

*"Making dinner with friends, parties, yoga, walks, beach-time, anything that doesn't deal with school"*

*"Visit the mental health center, join the mindfulness meditation group there or see a therapist, engage in some form of play in your free time to balance all the academic stuff...like dancing, racquetball, yoga..."*



## Help:

*There is also professional help available on campus. Visit the counseling center website if you would like to make an appointment to talk with a counselor. If your problem is administrative related, you can ask the Graduate Student Advocate for assistance – they can help with anything bureaucratic, administrative or other Graduate School related problems.*

### **University Counseling Center**

**<http://www.studentaffairs.stonybrook.edu/caps/>**

The University Counseling Center offers numerous programs for students who are having emotional and mental difficulties. It is located at the Student Health Services Building – second floor – on Infirmary Road. 631.632.6720

### **Center for Prevention and Outreach**

**<http://studentaffairs.stonybrook.edu/cpo/index.shtml>**

Stony Brook University is committed to providing a safe and caring environment for our students. Through the Center for Prevention and Outreach (CPO) we offer a wide range of services to address student concerns about alcohol and other substances, relationships, gender issues, and making healthy choices.

Our focus is on prevention and early intervention, and we strive to provide students with the knowledge and resources they need to make healthy decisions and also to provide a network of care for those in need of support. We have four departments, each emphasizing a critical area of prevention and outreach: **Alcohol and Other Drugs, Sexual Assault, Depression/Suicide, and Health Education.**

### **WO/Men's Center**

**<http://studentaffairs.stonybrook.edu/dev/womenCenter/index.jsp>**

Located in Room 216 of the Student Union, the WO/Men's Center support students distressed by gender-related problems, educate the campus community on gender issues, advocate for women at the University and advocate for all members of the University on gender issues.

### **Ombuds Office**

**<http://www.stonybrook.edu/ombuds/>**

The Stony Brook University Ombuds Office provides an alternative channel for confidential, impartial, independent and informal dispute resolution services for the entire University community. They provide a safe place to voice your concerns and explore options for productive conflict management and resolution.

### **HIV and Aids Testing**

Stony Brook University's commitment to reducing the spread of HIV/AIDS through education, testing harm reduction, and substance abuse treatment, is supported by the Long Island Association for AIDS Care, Inc. and PROJECTSAFETYNET. To receive additional information regarding CONFIDENTIAL HIV Testing CALL 1-866-236-3448. Questions? Contact SBU's *Center for Prevention and Outreach (CPO)* Health Education Office @ (2)-9338.



## Art - Visual Art, Film, Theatre, Music

If you are interested in Visual Art, Stony Brook has what you are looking for. The University campus houses four art galleries.

### *Tabler Gallery*

The gallery in the Tabler Cultural Center shows the work of University Art Undergraduates. It is open during the week and by appointment.

### *Melville Library Gallery*

This gallery displays the work of the Graduate-level Fine Arts Students. The gallery is run and the shows are created and installed by the MFA (Master of Fine Arts) students. The gallery is on the first floor of the Melville Library.

### *The SAC Gallery*

The gallery in the SAC holds shows with themes of contemporary movements in art. Professional artists as well as faculty and students create shows and exhibit work. The gallery is on the first floor of the Student Activity Center next to the ballrooms.

### *The Staller Center Gallery*

The Staller Center holds showings of Undergraduate and Graduate work, as well as individual showings of faculty artists. It's located on the first floor of the Staller Center next to the theatre.

### *The Staller Center* <http://stallercenter.com/>

The Staller Center is home to numerous cultural events; it's also quite a venue for entertainment. On most Friday and Saturday nights movies are screened; with the student discount the ticket costs \$6. The Staller Center hosts the performances of theatre and music students. Also, they schedule celebrated musicians, actors, and theatre groups for limited engagements. Check their website for a listing of events. <http://www.art.sunysb.edu/galleries.html>



### *Wang Center* <http://www.stonybrook.edu/commcms/wang/index.html>

The Charles B. Wang Center is dedicated to presenting the public with a multifaceted, intellectually sound, and humane understanding of Asian and Asian American cultures, and their relationship to other cultures. The Wang Center houses Jasmine Restaurant and serves as a conference facility and venue for cultural events.

### *Student Recitals*

There are nearly 300 student recitals performed throughout the year, usually three a day, which constitutes a major requirement of the graduate performance degree. All recitals are open to the public and are offered free of charge. It is strongly advised to call ahead or check the website as these concerts are subject to change.

<http://naples.cc.stonybrook.edu/CAS/music.nsf/pages/season6>

## Advice From Graduate Students

When asked what they would have done immediately upon arriving, instead of putting it off, current graduate students gave the following advice:

# talk

I should have met with professors to discuss paper(s) and class performance and to ask questions much earlier than I did.

health insurance, buying books, and finding a decent place for groceries.

Getting driver's license, switching car registration and insurance over.

Make sure that work is the priority.

Class participation - very important in seminars. Was still in undergrad mentality. Need to lose that quickly.

to more easily and quickly apply for residency in January.

Buy all the required texts at once. Buy them online if possible. If you can't find it, just give in and buy it at tony Brooks or the Bookstore.

That way you won't have to scramble mid semester when you remember you never got around to buying that one text.

Inquire for other funding opportunities.

Check out where one can spend leisure time and getting term paper topics right away and start to read.

*Welcome to New York! I hope your transition has been smooth up until this point. There are just a few things specific to incoming international students that differ from the other graduate students.*

### ***For The Culture Clash***

If you have never been to the United States for an extended period you will notice a few things about Americans that distinguishes them as a culture other than your own. I am afraid you will probably meet Americans that are abrupt, callous, uncaring, or superficial. However, a large portion of Americans are friendly, helpful and not nearly as misguided as our crude brethren. So, if you get an abrupt response when you're asking for directions, just ask the next person.

Another difference that will be immediately apparent is the food. However, there are many specialty shops such as the Oriental Grocery on Stony Brook Road or Guinta's Meat Farm, where you can find specific ingredients and products comparable to the types of food you might be used to.

# **For International Students**

### ***Go to the Orientation***

At the orientation you will receive a lot of very pertinent information.

### ***Get a Social Security Number***

At the orientation you will be given bus route directions to a place in Patchogue where you can apply for a Social Security Number. Once you have the number, it is much easier to obtain things; a cell-phone contract for instance.

### ***Get a Bank Account***

There is a Teacher's Federal Credit Union branch located in the basement of the Student Activity Center. You can open a bank account here, cash or deposit your checks, and apply for a debit/credit card. Bring your passport, your student ID and \$1.00. The bank is open until 4 pm most days; more information can be found at the website: <http://www.teachersfcu.org/home.php>

### ***Get a Driver's License***

The driver's license here in U.S. works as the personal identification. It's also required if you want to drive here legally. Go to the following website for information on how to apply:

<http://www.nydmv.state.ny.us/>

### ***Get a Cell Phone***

If you do not already have one, mobile phones may be purchased at any local mall or phone store. Service providers offer PREPAID and MONTHLY PLANS with a certain number of monthly minutes included. If you use more than your monthly minutes you will be billed at a rate as indicated in your agreement. In the United States most mobile phone plans include calling to the entire United States and Puerto Rico. This is unlike land based phone lines, on the other hand, which allow unlimited calling in your local area code for a monthly fee and charge additional fees for out of area code calling.

## PREPAID PLANS

1. Buy phone.
2. Buy minutes on prepaid cards.
3. No contract or deposit required.  
(but daily charges may apply)

## MONTHLY PLANS

\* Sign up for a monthly contract including a certain number of minutes. These start at \$29.99/month+ tax.

\* A contract is typically required which needs a social security number and/or a security deposit which are usually a few hundred dollars (\$500 for AT&T).

\* A FREE phone with a contract is common.

\* Contracts are 1-2 years, if you will be moving out of state or the service area in that time your contract may not be able to be canceled without penalty.

\* Family plans between friends can often be the most economical.

\* Be aware that TAXES on the phone line and other charges quickly make your monthly bill 10-20% higher than advertised.

## SERVICE PROVIDERS

\* Several service providers exist and provide reasonable services (monthly and prepaid) in the area.

ATT (used to be Cingular)

[www.wireless.att.com](http://www.wireless.att.com)

Sprint/Nextel [www.sprint.com](http://www.sprint.com)

Students can save money on their wireless phone bill with Sprint. Students save 10% on select regularly priced monthly service plans (requires a two year activation agreement). Activation fee waived for students for new activations (up to a \$36 value, requires a two year activation agreement). Go to

[www.sprint.com/sbstudents](http://www.sprint.com/sbstudents) and start saving! Starting this fall, visit the Seawolves MarketPlace on Wednesdays from 10am-3pm and see live demo models of Sprint's

newest phones and speak with a Sprint representative.

T-Mobile [www.tmobile.com](http://www.tmobile.com)

Verizon [www.verizonwireless.com](http://www.verizonwireless.com)

## TIP! STUDENT DISCOUNTS

- Verizon and ATT offer discounts to students employed by the research foundation (RAs) and/or part of the employee union (TAs).
- You can often bargain with sales people for better deals or better free phones.

*The following website will be extremely helpful during your transition to graduate school in the United States, and the remainder of your stay here in New York:*

<http://www.grad.sunysb.edu/international/>

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[www.taoshomecooking.com](http://www.taoshomecooking.com)

email: [taosdeli123@yahoo.com](mailto:taosdeli123@yahoo.com)



*What is there to do here?*

Other than the campus functions, Long Island offers many recreational beaches and parks you can wander through. You can take in a movie, go apple picking, or join a pinball fight. There are wineries, museums, community pools, art galleries, and the list continues. Just visit a couple of websites or have a few conversations with the locals if you find yourself lacking that certain social/recreational stimulation.

opportunities. There are many horse stables, and the list continues. Just visit a couple of websites or have a few conversations with the locals if you find yourself lacking that certain social/recreational stimulation.

*Good places to take a date:*

Are you looking for a romantic getaway? Well, the city can be great for these purposes, but if you want to dine on Long Island, and treat your friend to a nice dinner, you should try one of these:

|                                     |   |   |
|-------------------------------------|---|---|
| <b>Genghis Khan</b>                 | <b>Great Korean Food, nice atmosphere, \$15 to \$20 plates.</b>           | <b>71 East Main Street, Smithtown<br/>631.724.3131</b>    |
| <b>Kotobuki Japanese Restaurant</b> | <b>Absolutely great sushi, well worth the expense.</b>                    | <b>377 Smithtown Byp. Hauppauge<br/>631.360.3969</b>      |
| <b>Pumpernickels Restaurant</b>     | <b>Authentic German cuisine. \$20 average plate, with large portions.</b> | <b>640 Main Street, Northport<br/>631.757.7959</b>        |
| <b>Green Fields</b>                 | <b>Brazilian BBQ \$15 to \$30 plates.</b>                                 | <b>2377 Broadhollow Road<br/>Farmingdale 631.845.4555</b> |

*Bars and Clubs:*

<http://nightlife.longisland.com/nightspots/>

<http://liclubs.com/>

1077 Route 25A  
Stony Brook, NY 11790  
opposite train station

631 689 1200

CampusBicycle.com

*Luigi's*  
Pizzeria & Restaurant

Delivery & Catering

**631.751.3400**

1372 Route 25A East Setauket, NY 11733

|                                    |  |                       |
|------------------------------------|--|-----------------------|
| <b>University Avenue</b>           | <b>400 West Jericho Tpke<br/>Huntington, NY 11743</b>    | <b>(631) 427-3499</b> |
| <b>John Harvard's Brew House</b>   | <b>2093 Smithhaven Plaza<br/>Lake Grove, NY 11755</b>    | <b>(631) 979-2739</b> |
| <b>Aqua Nightclub</b>              | <b>25 East Broadway<br/>Port Jefferson, NY 11777</b>     | <b>(631) 928-5200</b> |
| <b>Port Jazz</b>                   | <b>201 Main Street<br/>Port Jefferson, NY 11777</b>      | <b>(631) 476-7600</b> |
| <b>Café Havana Bar &amp; Grill</b> | <b>944 West Jericho Turnpike<br/>Smithtown, NY 11787</b> | <b>(631) 670-6277</b> |

*When asked about the good, bad, and ugly of bars and clubs in the area, one Graduate Student responded:*

*"Not so much a matter of good or bad, but school or non-school. Most students probably like the Velvet Lounge, which you will find out quickly, as it is right near campus, and John Harvard's on 347 if not too crowded. Country Corner has its grad student regulars, if also its languor. Otherwise it's all just Harleys and honeys."*



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*If this is your first time in New York, what are you waiting for? You know you want to go to the city. The thing about New York is that it's the biggest little series of islands most people will ever see. Almost anything you could want to own or see can be found somewhere in the five boroughs, or on Long Island.*

### ***What to Bring***

When you venture to the city you probably should have a few things with you, including money, comfortable shoes, subway and city maps, a companion, and of course, your camera. A backpack might be helpful if you are making purchases, but remember you will have to check the bag at any library, museum, or official building.

While we all want to do different things while in the city, the classics include: seeing the view from the Empire State Building or Rockefeller Center and visiting the Metropolitan Museum of Art, the UN building, China Town, Little Italy, Wall Street, Central Park, Times Square, and the Statue of Liberty.

To personalize your trip to the city, check out some of these websites and see what appeals to you.

### ***New York Websites:***

<http://www.nycgo.com/>

<http://www.ny.com/>

<http://hopstop.com/>

<http://newyork.timeout.com/>

# New York City



# SBU Mobile Web

Get essential Stony Brook information and services any time, anywhere on your mobile device.

## How do I use it?

On your web-capable smartphone device — e.g., iPhone, Android or BlackBerry — go to [m.stonybrook.edu](http://m.stonybrook.edu) Or just go to [www.stonybrook.edu](http://www.stonybrook.edu) — the site will detect the device you're using and deliver an experience optimized for it. You will need a web/data plan from your carrier or a WiFi connection.

## What features does it have?

As the first phase of SBU Mobile Web, we've selected key pages and features of the full Stony Brook website and optimized them for on-the-go access. You'll be able to read headlines, preview events, browse maps, make emergency calls, search directory info, and much more.

In future, we'll be working to bring you still more mobile-friendly pages and services: Undergraduate admissions and bus schedules are coming soon, and DoIT has initiated planning for mobile-friendly SOLAR System. In the meantime, you'll still be able to access full Stony Brook Web pages from your phone wherever mobile-friendly pages are not yet available.



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# Emergency Phone Numbers

## *Off Campus Police/Fire/Ambulance*

- Dial **911**
- Anywhere in the United States emergency calls can be placed FREE by calling 911 on ANY phone (including mobile phones). Emergency responders will ask you to describe your emergency

## *On Campus Police/Fire/Ambulance*

- Dial **333**
- You can reach the University

Police/Fire/Ambulance by dialing 333 from any phone on campus. Call **631-632-3333** instead if you're calling from your cell-phone.

## *Student Health Center*

- You can reach the student health center for any non-emergency health matters during normal operating hours at **632-6740**. For emergencies dial **333** or **911**.

## *University Counseling Center*

- You can reach the student counseling center for any non-emergency mental health or counseling matters during normal operating hours at **632-6720**. For emergencies dial **333** or **911**.

## *Walk Service*

- Should you walk home late at night from the lab or office please be advised that you **SHOULD NOT** walk alone. The **FREE** walk service is an important service that can arrange a team of university students to walk you home. **632-6337**

## *Weather Info*

- The university offers a line to inform you of adverse snow and extreme weather conditions. **632-SNOW; 444-SNOW (7669)** (Call this number before you struggle to get up in an early morning after a snow storm!)

## *Transportation & Parking*

- For on-campus transportation service or parking questions dial **631-632-AUTO (2886)**

## *Tips:*

**To be alerted immediately in case of extreme emergency, sign up for the "SB Alert" service in your Solar account. Submit your cell-phone number or email address where you'd like to receive notice at.**

## *Fire Safety*

<http://www.stonybrook.edu/ehs/fire/evac-plans.shtml>



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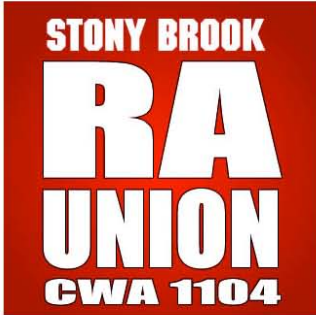
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cwa1104gseu.com

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