

## Membership Fees

### FACULTY/STAFF:

Annual Membership: \$300.00  
Semester Memberships: \$140.00  
(Fall includes Winter)  
Summer Membership: \$75.00  
Monthly Memberships: \$ 30.00

### GRADUATE STUDENTS:

Semester: \$85.00  
Winter Session: \$15.00  
Summer Session: \$35.00 per Session  
Annual Membership: \$250.00

**Purchase your membership  
online soon!**

## Hours of Operation

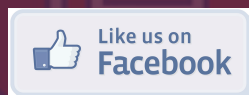
Daily 6:00 a.m. - 12:00 a.m.

Hours of operation are subject to change.

## Mission Statement

*The Stony Brook University  
Campus Recreation Center will  
provide recreational and wellness  
activities to foster a healthy lifestyle  
for the university community.*

## Get Connected



"Stony Brook University - Campus  
Recreation"



Watch us on YouTube  
[http://www.youtube.com/user/Campus  
RecreationSBU](http://www.youtube.com/user/CampusRecreationSBU)



Follow us on Twitter  
@SBUCampusRec

**For more information about  
programs and events:  
[www.recreation.sunysb.edu](http://www.recreation.sunysb.edu)  
631-632-7168**

Stony Brook University

## Department of Campus Recreation



**Campus Recreation Center  
Faculty/Staff/Graduate Student  
Membership Information**



[www.recreation.sunysb.edu](http://www.recreation.sunysb.edu)



## Why Join?

Get started with other Seawolves in a clean, safe, convenient, on-campus facility.

Take advantage of an extensive collection of equipment and facility options to help keep you motivated during your workouts.

Enjoy a multitude of classes in a variety of formats and times to help fit your busy schedule.

Receive support for your fitness goals from our friendly, helpful staff.



Use state-of-the-art equipment and relish panoramic views of the campus from windows throughout the facility.

The Campus Recreation Center provides the members of the campus community the opportunity to choose their path to wellness through a variety of events and programs.

## Membership Benefits

**CARDIO TRAINING** - More than 100 pieces of state-of-the-art cardio equipment, including interactive personal viewing screens for members to enjoy while working out.

**STRENGTH TRAINING** - Members enjoy a variety of free weights, two floors of selectorized equipment, including olympic training racks, dumbbells and benches.

**THREE WELLNESS STUDIOS** - Take a wide variety of classes including Zumba, Indoor Cycling, Kickboxing, Yoga, Toning classes and more.

**INDOOR TRACK** - The 1/10th of a mile, three lanetrack overlooks the three-court gymnasium.

**THREE-COURT GYMNASIUM** - Members can enjoy playing basketball, volleyball and badminton during open recreation hours.

**LOUNGE SPACE** - Members can sit and relax with Wi-Fi access to always stay connected.

**MULTI-ACTIVITY COURT (MAC)** - Play a variety of sports including: basketball, soccer, volleyball, handball, badminton, and sports club practices with team benches and recessed goals.

### ADDITIONAL AMENITIES -

- Day-use lockers with shower facilities
- Small lockers for wallets, phones, etc.
- Two Family Changing Rooms
- Equipment Issue Area for any of your recreational needs

**Personal Training** is available for all members. Guidelines, rates and more information is available online.

## ID Policy

Stony Brook University issued ID card is required to access the facility and its programs.

