

FITNESS JAM

Tuesday 8/28—SAC Ballroom B

4:00PM Zumba®

4:30PM Yoga

5:00PM Body Burn & *Spinning®

5:30PM Zumba®

6:00PM Power Pump & *Spinning®

6:30PM Turbo Kick®

7:00PM Belly Dancing

7:30PM Yoga

Free Preview of the Most Popular
Fitness Classes Offered This Spring
Giveaways! Water! & Snacks!

*Spinning-Meet in SAC B, limit 23 participants



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