

# *Welcome!*

Graduate Study is the beginning of many hopes, dreams and aspirations. GSO would like to share your dreams with you. That's why I am pleased to present to you the Graduate Student Survival Guide and invite you to explore it as part of your graduate career!

The Guide includes many suggestions and helpful information from those students who have been through their first few years at the Graduate School and lived to tell you about it. So I urge you to take a look before you immerse yourself with your subjects and finally disappear into this beautiful campus. I am sure before you turn to anybody for help, you can almost always find a good idea of the right answers here in the Survival Guide!

Finally, I would like to thank all those who contributed to the Guide and made this happen. For the new students, what they learn and appreciate is not only the necessity and skills to make the best out of their graduate life, but most importantly, our Stony Brook Spirit of care and inspiration passed from one class to another!

May you have a fruitful and fabulous graduate life here!

Bin Tang  
GSO President 2002-2003



# Contents

## **Administration**

- 3 In Introduction to the GSO
- 5 Phone System
- 7 Navigating the Administration:  
Registration, TAP, Graduate School, Payroll
- 14 Academic Troubles

## **Basic Living Resources**

- 16 On Campus Housing
- 19 Off Campus Housing
- 21 Transportation
- 27 Dining at SBU: On and Off Campus
- 36 Shops, Groceries, and Banks

## **Health Care and Insurance**

- 40 Graduate Student Health and Insurance
- 43 Core Providers
- 49 Campus Safety

## **Helpful Services**

- 51 Computing
- 54 Faculty Student Association (FSA)
- 56 Faith
- 57 Career Center
- 59 Libraries

## **Rest and Relaxation**

- 60 Sports and Physical Fitness
- 62 Local Entertainment and Recreation
- 66 After Hours
- 68 Queer Fun
- 69 Guide to New York City

## **Join Us!**

- 73 Get Involved
- 75 Clubs and Organization
- 78 GSEU
- 79 NYPIRG
- 80 Phone Directory
- 83 Area Map



## **What is the Graduate Student Organization (GSO) all about?**

The GSO is the graduate student government on campus. Its goal is to identify and protect graduate student rights, to promote graduate student participation in University affairs that affect them directly and indirectly, and to improve the quality of graduate student life on campus.



### **2002-03 Executive Council**

President: Bin Tang

Vice President: Masa Prodanovic

Treasurer: Rajesh Elisetty

Secretary: Angeliki Field-Pollatou

## **Who are the members of the GSO?**

If you are a registered graduate student paying the activity fee, you are automatically a member of the GSO.



## **The GSO governing structure...**

The GSO is comprised of the **Executive Council** (executive branch) and the **Senate** (legislative branch).

The Executive Council seats five officers: President, Vice President, Treasurer, Secretary and Speaker. The first four are elected annually by GSO members, while the Senate votes the Speaker into the Office.

Each academic department has at least one senator. Contact the GSO Secretary to find out.

## **How is the GSO funded?**

Through the graduate student activity fee. Many of the services and programs supported by the GSO are listed on the following page, as well as GSO sponsored graduate clubs and committees to suit your individual needs, interests and concerns.

## **And finally...**

The GSO provides you with a forum to voice your concerns as a graduate student (Come to GSO Senate monthly meetings! Send us an email at [gso@ic.sunysb.edu](mailto:gso@ic.sunysb.edu)) in order to receive the appropriate assistance and response from the University administration.

Contact the Graduate Student Advocate [cpromin@notes.cc.sunysb.edu](mailto:cpromin@notes.cc.sunysb.edu) if having a specific problem within your academic program.

***SERVICES AND PROGRAMS RUN OR SPONSORED BY the GSO:***

**RAP:** The Research Allocation Program (RAP) is a matching funds program overseen by the GSO. Its goal is to enable graduate student conference travel. If you are a graduate student presenting a paper or a project at a conference, then you are eligible to receive a travel grant of up to **\$250** from RAP (limited to once per academic year per individual). The GSO senate passed a bylaw to restrict RAP funding only to ACTIVE Departments. A department is deemed active if a senator attends 2 out of the last 3 senate meetings.

**Departmental Allocations:** This is money that goes directly back to your department to be used for graduate students. The GSO provides up to \$5.00 per full-time and \$1.00 per part-time student, to be used as the graduate students in each department see fit (capped at \$1,000/dept). (Note: only your GSO Senator may apply for these funds).

**Small Claims Court:** As members of the GSO, all graduate students may use the small claims court, run by NYPIRG (see NYPIRG section). To schedule an appointment with the small claims lawyer, call **(212) 349-6460**.

**Child Care:** The GSO spends \$12,000 annually in subsidies to on campus child care. This allows the child care organization to offer a reduced fee for graduate students.

**Voluntary Ambulance Care:** This on-campus organization provides ambulatory services and is supported by the GSO.

**Conferences & Speaker Series:** The GSO often helps to fund conferences and speakers on campus, provided the events are available to all GSO members.

**The SPOT: ([www.the-spot.org](http://www.the-spot.org))**

The Graduate Student Lounge is run and financed by the GSO (located 2nd floor Roosevelt Cafe building) and features live music as well as theatrical performances. It serves a variety of reasonably priced

beverages (including imported beers), and offers food, billiards, darts, fooseball in a relaxed, comfortable atmosphere. It is open on Thursday, Friday and Saturday till 2:30am.

**Clubs & Organizations:** The GSO helps fund numerous graduate student clubs and organizations on campus; including the Underrepresented Graduate Scholars (UGS), the Chinese Students & Scholars Association (CSSA), the Indian Graduate Students Association (IGSA), the Queer Alliance, and the Stony Brook Ballroom Dance Club. For more info, check out the *Clubs and Organization* section.

**Social & Cultural Events:** GSO funds have helped to make the celebration of the Chinese New Year by CSSA possible. The GSO also holds an annual SpringFest, in addition to our annual holiday parties held at the Graduate Student Lounge; all of which are open to all graduate students.

**Newspaper:** The GSO funds the “News & Blues” Graduate Newspaper, which is circulated monthly. It contains information about campus events, various graduate viewpoints and concerns, and University administrative critiques. Any graduate student wishing to contribute an article should contact editors Pegine Walrad, Jasmina Sinanovic and Smitha Fathima at **[newsandblues@hotmail.com](mailto:newsandblues@hotmail.com)**.

You want more information?!! Contact the GSO office, Room 227 in the SAC, **632-6492**, **[gso@ic.sunysb.edu](mailto:gso@ic.sunysb.edu)**, **[www.sinc.sunysb.edu/Clubs/gso](http://www.sinc.sunysb.edu/Clubs/gso)**.

We look forward to meeting you this year. Senate Meetings are held the second Thursday in a month in SAC, Room 302:

**Fall Semester 2002**

Thursday Sep 13 - 6:00 pm

Thursday Oct 11 - 6:00 pm

Thursday Nov 08 - 6:00pm

Thursday Dec 13 - 6:00pm

Food and beverage are served at 5:30pm. All grads are welcome – bring a complaint, a problem or simply a solution.

## *Phone System*



Area code for Suffolk County is 631 and for neighboring Nassau County is 516. Campus has its own phone system and all calls between campus phones are free and can be completed by dialing the last five digits of a phone number:

**Main Campus:** 2-XXXX or 5-XXXX (from off campus 632-XXXX)

**HSC/Hospital:** 4-XXXX (from off campus 444-XXXX)

**Student Residence Halls:** 6-XXXX (from off campus 216-XXXX)

Some numbers as 4-0XXX, 5-XXXX, 2-0XXX cannot be dialed from off campus, but can be reached from Main Campus Switchboard 632-6000.

**Campus Operator:** dial "0"

**Off Campus Operator:** "9-0"

To call any outside number from campus:

In **Suffolk County:** 9 + XXX-XXXX

In **US:** dial 9 + 1 + (area code) + XXX-XXXX

**International:** dial 9 + 011 + (country code) + (number)

**Toll free calls:** dial 9 + 1 + 10-digit toll free number

### *Emergency Numbers*

**University Police/Fire/Ambulance On campus 333**

(from off campus 631 632 3333)

**Off Campus 911**

**Student Health Center 632-6740**

**University Counseling Center 632-6720**

**Walk Service 632-6337**

**Weather Info 632-SNOW, 444-SNOW**

**Physical Plant 632-6400 (West Campus), 444-2400 (Hospital)**

**Domestic Violence Hotline**

1-800-942-6906

**Alcoholic Anonymous 669-1124**

**Suicide and Crisis Counseling 751-7500**

### *On Campus Phone System Provider*

If you open an account on campus with **PaeTec** you will get PIN and account number and will be able to make phone calls from anywhere in US. Phone calls in (631) area code (Suffolk County) are free. Account information can be viewed online on the website [www.campuslink.paetec.com](http://www.campuslink.paetec.com) Bills are payable either online or in on-campus office, in **ECC building**. Customer Service is available at **1-800-962-4772** and on campus **632-9050**.



**Question:** How to cut 40% off my phone bill?

**Answer:** [www.PhonecardOnsale.com](http://www.PhonecardOnsale.com)

**Sample rates:**

USA	1.9¢/m	Mexico	4.0¢/m
Argentina	8.0¢/m	Malaysia	4.9¢/m
Australia	4.2¢/m	New Zealand	2.0¢/m
Brazil	4.0¢/m	Philippines	9.4¢/m
Canada	2.0¢/m	Puerto Rico	4.0¢/m
China	3.8¢/m	Russia	3.3¢/m
Egypt	17.0¢/m	Singapore	2.8¢/m
France	2.5¢/m	South Korea	4.0¢/m
Germany	2.0¢/m	Spain	3.3¢/m
Hong Kong	3.5¢/m	Switzerland	2.0¢/m
Indonesia	2.9¢/m	Taiwan	3.4¢/m
Indian	29.4¢/m	Thailand	5.4¢/m
Italy	2.0¢/m	United Kingdom	3.3¢/m
Japan	4.0¢/m	Vietnam	48.1¢/m

For more rate information, please visit [www.PhonecardOnsale.com](http://www.PhonecardOnsale.com).

- High quality voice
- No hidden charge
- No connection fee
- Toll free or local access

**Special \$1 Coupon for USB Students**

Valid from 2002/08/20 to 2002/09/20

\$1	<b>Special Coupon for USB</b>	\$1
<a href="http://www.phonecardonsale.com">www.phonecardonsale.com</a>		
<ol style="list-style-type: none"> <li>1. Go to <a href="http://www.phonecardonsale.com">www.phonecardonsale.com</a>.</li> <li>2. Select Phone cards you like.</li> <li>3. When you checkout, make sure use your sunysb.edu email (for example: <a href="mailto:yourname@chem.sunysb.edu">yourname@chem.sunysb.edu</a>). You will get \$1 off on our already discounted price.</li> <li>4. Instant PIN# will be delivered to your edu email address.</li> </ol>		
\$1		\$1

# *Navigating the Administration*



The following section provides information that may help you avoid some of the most common administrative difficulties typically faced by graduate students at Stony Brook.

## **OFFICIAL BEGINNINGS**

### **REGISTERING...**

...the first steps

Thankfully, registration can be accomplished by calling a designated university telephone access system number (632-1100), where you can also add or drop any existing courses you have signed up for. To use this system enter your social security number and password (your date of birth in MM/DD/YY format). Upon entering the system you will be instructed to enter your department code, course number and course section number. You can obtain this information from your graduate student course guide (or a handout from your dept. outlining available courses). Starting this semester, you may also register online through the new Solar system, <http://naples.cc.sunysb.edu/DoIT/solarsystem.nsf>. You may have to get your student ID card first before using Solar.

....without a tuition scholarship/waiver

If you are paying your own tuition as a graduate student, and will not be receiving a University Tuition Scholarship/waiver, the registration process is simplified considerably. You register, the Office of Student Services sends you a bill, and you pay your bill.

... with a tuition scholarship/waiver

Tuition scholarships ease the financial struggle but introduce a few complications to the registration process.

NOTE: International students are NOT expected to establish residency. So you may skip the rest of this section and head directly to the part titled “MAINTAINING FULL TIME STATUS”. Graduate students with tuition waivers who are residents of New York when they start at Stony Brook will NOT face this complication of tuition waiver.

Out-of-state citizens receiving tuition scholarships will need to file for both New York State residency and a New York State Tuition Assistance Program (TAP) award. Both will be discussed in detail below. The situation is least difficult during the first semester for domestic (i.e., US citizens) out-of-state students, when a full tuition scholarship will cover the cost of out-of-state tuition. During that semester, however, these students are expected to establish residency in New York State. For their second semester, they will be billed at the in-state tuition rate, and their tuition waiver will only cover the cost of in-state tuition. Out-of-state graduate students with full tuition waivers who have not established New York residency by the end of their first semester will find themselves billed at the out-of-state tuition rate. These individuals will be expected to pay the difference between an in-state tuition scholarship and an out-of-state tuition rate themselves

This problem should be taken seriously, as Student Accounts will bill you for the difference. If you wait until too late into the spring semester of your first year to establish residency, it may be difficult or impossible to remove the charge from your account. Furthermore, if the charge is not paid or otherwise removed, it will keep you from registering for the next semester.

### ***NY STATE TUITION ASSISTANCE PROGRAM (TAP)***

All in-state graduate students receiving tuition waivers are required to apply for the New York State's Tuition Assistance Program (TAP) award by the beginning of the second semester of study. This is because of a SUNY policy stipulating that in-state graduate students receiving tuition waivers must apply for TAP. Starting with the second semester, a full tuition waiver covers only the full-time tuition costs at the in-state tuition rate less the award one receives from TAP.

### ***MISERY ON TAP:***

*What happens if you don't apply?*

A real source of misery emerges when students have not applied for TAP at all. In those cases a tuition waiver covers the cost of tuition minus the maximum possible TAP award. For example, if a second year graduate student with a full tuition waiver seeks to register for the Fall semester, but has not yet applied for TAP prior to this time, the student will find that:

- they have been billed by Student Accounts for the maximum possible TAP award (plus student fees)
- they also won't be allowed to register until either the entire outstanding balance is paid, or proof is offered that the student has applied for TAP.

In this latter case, the best proof is an official award notice from New York Higher Education Services Corporation (NYHESC - the people who administer TAP). However, this would have required that the student apply prior to the end of the previous Spring semester, since the time lag between posting an application and receiving an award notice can be well over a month. Graduate students who have similarly gotten a late start with TAP, and who must get registered, will find that the best remaining strategy is to post the



TAP application immediately by certified mail. The return receipt (which the student should clearly mark: "TAP Application") plus a photocopy of the application (for good measure) will in most cases get you registered. Note that this strategy will not remove the TAP charge from one's account. The balance will remain until an official award notice from TAP is received by Student Accounts.

*What CAN happen to anyone.....*

More TAP misery can occur when a student applies for TAP in a timely fashion, yet makes some error in completing the application forms. In this case, one receives a notice from NYHESC to the effect that one's forms were filled out incorrectly, that one should submit a change of information form with the correct information, that awards cannot be processed until the change of information form has been received and processed, et cetera. Mistakes of this sort would amount to nothing more than another small annoyance, except that the TAP charge will remain on your account until the application process is completed and an official notice of award is issued by NYHESC. Outstanding charges should not keep you from getting registered, since you will have ample documentation attesting to the fact that you have applied for TAP.

### **APPLYING FOR TAP**

Two forms are required to file for TAP: the Free Application for Federal Student Aid (FAFSA) and the

New York State Tuition Assistance Program (TAP) Application. Both can be obtained at the Office of Financial Aid and Student Employment in the Administration Building. Once both forms are mailed, you will receive notice of the amount of your TAP award; or if you failed to include information you will be asked to resubmit your application. Any of these documents- the application forms, the award notices- can be lost once you have let them out of your hands, so *always keep copies of applications and award documents*.

When dealing with any state agencies it's best to submit application materials as early as possible (i.e., as soon as you've completed your federal income tax forms, e.g. on or about April 15th every year.). In addition, if you haven't heard from either agency within eight weeks after you've sent them your FAFSA or TAP forms, you should contact them ([www.fasfa.org](http://www.fasfa.org)).

### **ESTABLISHING RESIDENCY IN NEW YORK STATE**

The technical term is "domicile", and the cover sheet accompanying the New York State Residency Evaluation forms (available from the Graduate School) explains it as follows: "An individual's domicile is that place where one maintains a permanent home and to which one intends to return. Consequently, while the student may have any number of residences they may have only one domicile." Graduate students at Stony Brook are expected to establish domicile in the State of New York. However, it is not University policy that students must do so. Stony Brook policy simply establishes a strong incentive that makes graduate students want to establish residency in New York. The incentives are avoiding thousands of dollars in additional tuition charges and easy facilitation through the Graduate School.

Proof of domicile is based on the intention to make New York State a permanent home and the existence of facts tending to confirm such intention. Some factors relevant to a determination of domicile are:

- a) residence of parents, spouse and children
- b) place of voter registration
- c) residence for personal income tax purposes
- d) employment, income sources or business pursuits in New York
- e) place of motor vehicle registration (and insurance)
- f) place of real and personal property (e.g., house and or real estate in New York).

Contact the Graduate School for assistance with this process (632-4723).

### ***MAINTAINING FULL TIME STATUS***

There are five classifications of graduate students: G-1 through G-5. G1 and G2 apply to master's degree students. G3-G5 apply to doctoral students. G-1 and G-3 students are either have been admitted with or have completed fewer than 24 credit hours of graduate level courses. They must register for 12 credits per semester to be considered full-time. G-2 and G-4 students are advanced students with completion of 24 credit hours graduate level courses, and must register for 9 credits to be considered full time. G-5 students have advanced to candidacy (known also as being ABD - All But Dissertation) and must register for 9 credits to be considered full-time. If you have a GA, TA or RA line, you must register as full-time.

### ***LEAVES OF ABSENCE***

A graduate student may take a leave of absence for a maximum of one year, with the possibility of a renewal for an additional year. University policy requires that all students wishing to take a leave of absence submit a formal written request to their Doctoral Program Director. Currently registered students and pre-registered students must withdraw from (or drop) their classes as well, and are subject to all applicable withdrawal fees. Considering the financial difficulties that the SUNY system has been experiencing in recent years, it is best to get written assurance from your Department Chair if you hope to have your line reserved for you when you return. In the semester prior to your return, it is prudent to inform your department in writing that you do intend to return. You should make certain that you receive a letter of renewal before the end of the last semester of your leave. Failure to receive one may indicate that all is not well with your position. Foreign students often are required to leave the country within two months of the beginning of the leave of absence.

# ***Administrative Offices***

## ***THE GRADUATE SCHOOL***

The administrative level you will deal with most often will be your department's graduate program office. Departmental secretaries and Graduate Program Directors usually keep track of the frequent changes in departmental and University policies and requirements. Occasionally you will need to visit the Graduate School, such as when applying for graduation or having tuition waiver problems. It is located on the 2nd floor of the Computer Science building in Suite 2401. Its web site is at [www.grad.sunysb.edu](http://www.grad.sunysb.edu) and phone number is 632-GRAD i.e. 632-4723).

It is helpful for graduate students to know who's who at the Graduate school. All can be reached via email by [firstname.lastname@sunysb.edu](mailto:firstname.lastname@sunysb.edu). You may look up staff contact from <http://adam.cc.sunysb.edu/phonex.html>.

Dr. Lawrence Martin is currently the Dean of the Graduate School.

Barbara Byrne is the Vice Provost for Graduate Studies and Research

Dr. Olufemi Vaughan is the Associate Dean for Under-Represented Student Affairs. He serves as an advisor to Turner Fellows and administers the Turner Fellowship program.

Kent Marks is the Director for Admissions and Records.

Christine Promin ([cpromin@notes.cc.sunysb.edu](mailto:cpromin@notes.cc.sunysb.edu)) is the Graduate Student Advocate (GSA) for 2002-2003 academic year. The GSA is an advanced graduate student with a wide range of experiences at Stony Brook. She is available to handle all graduate student questions and concerns in a confidential manner, and to act as a mediator between students, faculty, and administrators whenever possible. Office hours are held at the Graduate School, and the GSA is also available by appointment.

## ***INTERNATIONAL SERVICES***

The office of International Services is located at the Graduate School, Suite 2401 Computer Science Bldg. It provides advice to non-immigrant students and scholars from countries other than the United States, esp. advice on obtaining, maintaining, and changing visa status.

It is very important for international students to maintain status according to visa regulation. There are several things you may need to keep in mind. Consult an International Advisor before accept any employment. Obtain a travel signature on your I-20 form before leaving the country. Contact INS to update your address within 10 days of any address change. The office of International Services usually keeps handouts on major changes in regulation or policy at front desk for you to take.

International Services has a web site at [www.grad.sunysb.edu/International](http://www.grad.sunysb.edu/International). Its phone number is 632-INTL or 632-4685. The important contacts are:

Dr. Elizabeth Barnum ([ebarnum@notes.cc.sunysb.edu](mailto:ebarnum@notes.cc.sunysb.edu)) is Assistant Dean of International Services and Director of International Education. She is also the advisor for U.S. students applying for the Fulbright Program for research and study overseas.

Mrs. Rose Cohen-Brown, Ms. Elsy Arieta-Padro, and Dr. Liza Schlotterhausen are the International Student Advisors. F-1 students may consult with her on immigration issues.

Ms. Nancy Lannakis and Ms. Sue Bucholz are Advisers to International Faculty & Scholars. Students holding J- visas may contact them.

Ms. Lisa Schlotterhausen and Mr. Kevin Sorrentino are Staff Assistants. You will meet them during the orientation.

Ms. Emily Ntia is the Secretary for International Services.

If you have any question or need advice on immigration issues, you may stop by the International Services office during ADVISING HOURS:

Monday-Thursday 9:30am to 4:30pm

Friday 10:30am to 1:30 pm.

The office will be closed on school holidays and the schedule when school is not in session may be different from the above. Call in advance to verify the advising hours for that day.

## ***PAYROLL***

In most cases paychecks and work-study checks will be handled by your department. One common payroll problem for grad students is that FICA (Federal Insurance Contributions Act - a.k.a. Social Security) may be erroneously deducted from your paycheck when you first start a TA, GA or RA job. If this happens, go to the Payroll office (located on the 3rd floor of the Administration Building) with your paycheck stubs and ask to have the total amount deducted by that time refunded to you. Payroll is supposed to comply with this request. If they do not, contact the Graduate Student Advocate. Current federal tax policy dictates, however, that during the summer only G-4 and G-5 students are exempted from paying FICA. During the Fall-Winter-Spring academic year, however, no GA, TA or RA should have FICA deducted from his or her paycheck.



## ***FINANCIAL AID***

The Office of Financial Aid and Student Employment is located in the Administration Building near the Registrar. It is in charge of work-study, summer work-study (check with financial aid early for details on deadlines), and student loans. Lines are often long.

The only worthwhile strategy is to apply for loans and work-study early if eligible, and to make the effort to double-check and ask any questions you have ahead of time. They can be slow, inefficient and maddeningly insistent about small details, but they're the only show in town. It is best to take the trouble to inform yourself very early on when deadlines for loans, fellowships and work-study fall due. Department and University administrators can frequently fail to provide graduate students with timely notice of deadlines.



If you have a financial emergency...

The Financial Aid Office also administers the stipend advance program. In cases of emergency, and in those cases where administrative negligence causes delays in processing payroll forms or in processing and distributing paychecks, graduate students can obtain a cash advance amounting to as much as 60% of their normal biweekly paychecks. Contact the Financial Aid office for details (632-6840).

### ***WHERE TO FIND ADMINISTRATIVE HELP***

- The Graduate School should be the first place to go for problems with academic standing, evaluation, dismissal from a program or the University, etc. At the Graduate School, you should first speak to one of the Assistant Deans.
- The Graduate Student Advocate can be a useful ally. The Advocate is hired through the Graduate School after an initial screening of candidates by the GSO Executive Board. The Advocate wears a number of different hats, including mediator, ombudsperson, and bureaucratic troubleshooter. The Advocate works out of the Graduate School, and reports to Dean Martin and the GSO. This year the Advocate is Christine Promin, [cpromin@hotmail.com](mailto:cpromin@hotmail.com).
- The Campus Community Advocate is Judi Segall (632-9200). Her services are available to all students, faculty and staff at SB. She can help with a wide range of problems; from running the bureaucratic maze, to assistance in resolving disputes, to simply being an impartial listener. The Campus Community Advocate seeks to mediate all sides of a dispute and to seek a mutually satisfactory resolution for the problem at hand. The Campus Advocate's Office may direct a student to other appropriate offices, assist in locating information or offer mediation services. Confidentiality is assured. The Campus Community Advocate's office is located in 114 Humanities. Hours are 9:00 a.m. to 5:00 p.m., Monday through Friday.
- The Affirmative Action Office (632-6280) is responsible for matters of discrimination and harassment on the basis of race, religion, gender, sexual orientation, color, national origin, age, disability or marital status. They also promote policies and sponsor programs aimed at fostering cultural diversity and mutual understanding on campus. The Office of Affirmative Action is located in the Administration Building.

# Academic Troubles

*Despite your best efforts, you may find yourself in academic trouble, especially in your first year, which is usually the most rigorous in terms of course-work and exams. The following is a typical situation some graduate students may find themselves faced with:*

Low grades leading to academic probation

- **Talk to your graduate program director or academic advisor** (if you have been assigned one) and become informed about the consequences. If the problem is not rectified by the deadline, this may lead to a loss of stipend and, in the worst case scenario, eventual dismissal from the program. Your GPA will have to be brought up during the time-frame allotted. Be sure to read the Graduate Bulletin for the policy regarding academic probation and the number of semesters you are allowed to be on probation before dismissal.

- If you have **special circumstances**, such as a physical or mental debilitation, a family emergency or some other extenuating situation that has led to your academic problems, obtain some type of documentation as proof. This may be in the form of a letter, telegram, or fax, and can be obtained from your doctor, hospital, or any other person of authority who has knowledge of the cause of your circumstances (in the case of the death of a family member, a letter from the funeral director may suffice). Keep a copy for your own records and ask the graduate program director/departmental secretary to keep a copy in your file. If you are unable to bring up your GPA within the specified time, you may appeal the dismissal and/or other penalties. Your program director and, eventually, the Dean of Graduate School will review your appeal, and any documentation that you have will go a long way towards your defense.

- If you will need to take incompletes, talk to your professors **as soon as possible** to see whether they will grant them. Remember that incompletes are due by the first day of the next semester. If you will not be able to complete the coursework for an entire class or an entire semester due to special circumstances, you need to withdraw from the course(s) as soon as you are certain you can not continue with them. If the deadline for withdrawal has passed, you will have to file an appeal with the Graduate School. Be sure to discuss the consequences of this with your Graduate Program Director and Student Accounts (and if you're an international student, with International Services), and be sure to read the Graduate Bulletin for the proper procedures.

- **Plan your future course-load very carefully.** Do not be overly ambitious: avoid an above-average course load. If you have a choice, select electives/sections with instructors who have the reputation for being "lenient" in grading. Senior grad students are the best source for this type of information.

- Don't forget that you may take any course over for a new grade, which will replace the old grade when calculating your GPA. (This is true whether your grade goes up or down!)

- **Do not be afraid to DROP courses** in which you feel, after a few weeks, that you may do poorly. The course can be substituted with one in which you feel more comfortable. Pay special attention to the Registrar's ADD/DROP deadlines.

- Finally, **study your hardest** so that you can pull yourself out of academic probation.

If you have any academic related problems...

...it would be a good idea to **speak to the Graduate Student Advocate (GSA) Christine Promin, who can be reached in the Graduate School, at the phone number 632-7076 or at (cpromin@notes.cc.sunysb.edu).** Inform her of the situation, bring all appropriate documentation, and ask her to create a file for you. If you eventually have to appeal any negative decision made against you by your department or by the Graduate School, the GSA may be able to intervene on your behalf. **It is to your advantage to apprise the GSA of your special circumstances as early as possible.** Be assured that any information/evidence you provide the GSA with will be held in the strictest of confidence until she has your permission to disclose it.

***Note :*** *All of the above is strictly informal advice from your fellow graduate students. It should not be construed as legal advice, and may not be applicable for every case. Seek advice from your graduate program director and/or academic advisor on what may be the best course of action for you, and remember that the Graduate Bulletin effective the year that you entered graduate school is the legally binding document which governs your academic career until you graduate .*



# Housing



## On Campus Housing

The first place that many people look for housing is on-campus since it is convenient and generally cheaper than most housing on Long Island. Living on campus can be less expensive, but there are fewer options available and it is difficult to get the better graduate housing.

There are three options for graduate housing on campus:

- **Chapin Apartments**
- **Schomburg Apartments**
- **Undergrad Dormitories** (only in exceptional cases)

There has been an increasingly high demand for on-campus housing due to the improvement in the quality of the University Apartments and increased enrollment. **New students who apply by the deadline (for Fall semester it is May 15<sup>th</sup>) are guaranteed to have the space.** To apply for on-campus housing, contact the **Campus Residences** office in the Mendelsohn Quad. Their phone number is **632-6750** and the web site is [www.sunysb.edu/stuaff/residence](http://www.sunysb.edu/stuaff/residence). Some important contacts are:

- Al Devries is in charge of housing assignments. He can be reached at 632-6750.
- Stacey Miller (Director of the University Apartments) and Yvette Hubbard, (Asst. Director). They can answer questions related to the University Apartments. But, they do not determine the housing assignments. They can be reached at 632-6755.

The following are features of all on-campus housing:

- Phone and internet connection are guaranteed,
- Cable television including HBO,
- Furnished with at least a desk, bed, dresser, chairs, lamps and closet.
- Parking space provided (one time \$5 fee)
- Served by the University bus system until midnight

A few apartments with wheel chair access are also available. Shared apartments are single-sex only. Both apartment complexes feature a Community Center that can be used for personal parties and get-togethers. The University Apartments are supervised by full-time professional and student staff who are available 24 hours a day, 7 days a week.



## **CHAPIN APARTMENTS**

This is the largest and the primary graduate housing facility on East campus. It is conveniently located near the Health Sciences Center and the University Hospital. It comprises 12 separate buildings named A, B, C,..., L. The types of apartments with 2002/03 ranges (per one student living in the apt) are:

- 72 One-bedroom (families and couples only) \$856
- 77 Two-bedroom (families and couples only) \$651 per room
- 55 Three-bedroom (two students per room) \$283-300
- 32 Four-bedroom (one student per room) \$440-462
- 5 Studios \$668

Chapin studios consist of a sleeping, living, and dining area, with a small kitchenette and a bathroom. One-bedroom apartments consist of a bedroom, bathroom, living and dining areas, and a kitchen equipped with a refrigerator and an electric range. Two-bedroom units are similar to one-bedroom apartments, but with two bedrooms and additional bathroom facilities. In the three-bedroom units, two residents occupy each bedroom. In the four-bedroom units, each resident occupies his/her own bedroom. In addition to the bedrooms, both three- and four-bedroom apartments consist of two bathrooms, living and dining areas, and a kitchen equipped with an electric range and refrigerators.

Chapin Apartments have an area designated for gardening where residents may grow vegetables and herbs. There is also a playground equipped with a slide, seesaws, swings, a climbing gym, a sand volleyball court and a basketball court. Laundry facilities are situated in four locations throughout Chapin (prices are \$1.25 for washer and \$1.00 for drier; there is a discount if you use your university ID). Mailboxes are located in the laundry rooms.

The **Chapin Office** number is **632-6755**.

## **SCHOMBURG APARTMENTS**

These are the newer graduate apartments; comprised of two buildings (A and B) and a total of 72 apartments located near the academic mall on West campus. The community center, known as the Commons, contains residents' mailboxes, a laundry room and the Schomburg office. There is also a meeting room for events, programs and activities. The complex features only:

- Four bedroom (one student per room) - \$498
- One bedroom (for couples w/o children) -\$997

Apartments with A/C pay \$16 additionally each month.

The apartments consist of four single bedrooms, living and dining areas, bathroom facilities, and a kitchen equipped with a full sized refrigerator and an electric range. Schomburg one-bedroom apartments are similar to Chapin one-bedroom apartments, with a living room, bathroom, bedroom and kitchen, but do not permit children.

The **Schomburg Office** number is **632-1316**.

## ***DORMITORIES***

The last (and very unlikely) option on campus, probably the least desirable, is a room in one of the dormitories. The rent is paid per semester and is much higher. Cooking facilities are available in some dorms, with a fee depending on what facilities are available in your dorm. A meal plan is mandatory in most dormitories (approx.\$2500/semester). This service is provided by the FSA (Meal Plan Office- 632-6517, [www.campusdining.org](http://www.campusdining.org)). A last note on the dorms: many dorms close over holidays and breaks, as well as the summer, and you may have to find somewhere else to stay for those periods.

## ***AMENITIES FOR ON-CAMPUS HOUSING***

The Student Activities Center (SAC) and Student Union offer ATM and banking services, a post office, an arcade, a craft center, convenience stores and several dining locations. Within the Ward Melville Library are a computing center and a bookstore. The Staller Center provides entertainment for everyone. Whether your interests are movies, plays, concerts, or dance recitals, you will find it here. Dining opportunities are varies; for more information read the section on dining at SBU.

For the convenience of parents who work, do research or attend classes, the Stony Brook Child Care Services are located on South Drive at Stony Brook Road and are accessible by the campus bus service. For more information, call 632-6930. Many Chapin residents participate in informal child care arrangements as well. Children attend schools in the Three Village School District (474-7500, [www.3villagesd.k12.ny.us](http://www.3villagesd.k12.ny.us)). School buses transport children back and forth between the Chapin bus stop and their respective schools.

Residents may become involved with the Chapin or Schomburg Apartment Resident's Associations (CARA- [www.sinc.sunysb.edu/Clubs/chapin](http://www.sinc.sunysb.edu/Clubs/chapin) or SARA) or the GSO Housing Committee. These two residents' organizations plan numerous events and activities for residents of the apartments, including movie nights in the community center, off-campus trips, and potluck dinners. Additionally, apartment staff also plan activities throughout the year, and residents are encouraged to participate in as many of these as possible. These programs include celebrations of various cultures and holidays, talent shows, movies, Broadway shows, bowling trips, safety and child care seminars, English language classes, barbecues and many other events. For more info, call 632-6755.

The **Residential Safety Program (RSP)** makes your safety their top priority. Along with the University Security Police, RSP works closely with students and staff to create a well-protected environment. One of the initiatives implemented by RSP is the Walk Service Program, which provides escorts for students travelling between residential and academic buildings after dark. For more info, call 632-6337. To gain entrance to an apartment in Schomburg, visitors may use the intercom system located outside each entrance. Guests of Chapin residents need only to ring the doorbell. All residential areas are patrolled by University Police. In addition, the recently established Bike Patrol Program increases security and facilitates cooperation between the University Police and the community they serve.

## *Off-Campus Housing*

The options of off-campus housing are far more diverse, as are the prices, and the potential problems: An excellent place to start your search would be the **Off-Campus Housing Office** (632-6770, <http://och.vpsa.sunysb.edu>), located on the first floor of the Administration building, Room 104. The Off-Campus Housing Office provides computer printouts of rental listings (custom tailored to the type of housing you want and your price range), roommate referral services for people who want to find a room in a house, and for those who have rooms to rent.

Local papers also have listings; try **The Three Village Herald** ([www.threevillages.com](http://www.threevillages.com)), **The Three Village Times** ([www.antonnews.com](http://www.antonnews.com)), **The Port Jefferson Record**, and free advertising papers such as the **Pennysaver** and **The Yankee Trader**. Often there are signs posted around campus for rooms to rent and information available through the HSC.

Rental prices in the area vary widely. For a room in a private home, usually with some kitchen privileges, expect to pay \$400 - 600/month. For a room in a house that is shared with other students, the going rate is \$400 - \$600. A studio apartment, often in a separate part of a private home, usually goes for \$550 - \$750 (this is generally one large room, with a private bathroom and some kitchen facilities). Expect to pay \$700 - \$1000 for a one bedroom apartment, and over \$1000 for an apartment with two or more bedrooms. Studios and apartments are often in part of a private home, and thus include utilities, as well as additional noise. Basement apartments can be cold, damp, and dark, but they are also the most plentiful and cheapest. If you do not want to live in a basement, or want a full kitchen, or a bathroom with a tub, make sure that you ask about these things over the phone so that you do not waste time looking at places that you do not want. Many people choose to get together and rent an entire house. Cottages (usually with two or three bedrooms) and houses are variably priced, starting at \$1000 and go up to \$2000 or more. Housing within walking distance to campus tends to cost more. If you have a car and are willing to commute, you can often find better prices farther away from campus, south towards Centereach and Selden, and east in Mount Sinai and Sound Beach. These neighborhoods along the shore tend to be much nicer places to live: they are more rural, and you'll have the beach nearby.

You may hear about "illegal apartments" on Long Island. These are ones for which the landlord has no zoning approval (and, thus, probably is not paying taxes on it). Often they are add-ons to private houses, and are a source of extra income for the home-owner who has to pay Long Island's ridiculously high property taxes. It is not illegal to live in one of these (the landlord is in violation, not the tenant), but it can be a source of instability if the landlord is caught. **The Long Island Housing Service, Inc.** (467-5111, e-mail: [LongIslandHousingServices@yahoo.com](mailto:LongIslandHousingServices@yahoo.com)) can answer any questions you have on this and other legal matters pertaining to housing; they also counsel on tenant's rights and handle housing discrimination cases. The GSO Housing Committee may also be of assistance.

### ADVICE FOR RENTERS:

**Leases:** Once you have found your dream place or are sick of looking and will settle for anything, you'll probably have to sign a lease. When leaving, beware that you have to pay till the end of the lease (if agreement does not say otherwise). Verbal agreements, while legally binding, are difficult to prove in court. Get everything in writing.

**Security Deposits:** Most landlords charge a security deposit equal to one month's rent, and two month's rent is not uncommon. Make sure you know how much is required before you sign the lease, and how/when you can get it back. You can be sued for breaking a lease.

**Renter's Insurance:** Because leases generally relieve the landlord of liability for you and your belongings, it is wise to check into renter's insurance. You may be covered under your parent's plan, but check on this. Policies are available from a number of companies—check the Yellow Pages. You can be covered for fire, theft, vandalism, flood, and liability. The cost and amount will vary, depending on your coverage, deductible, and the structure in which you live.

**Utilities:** Utilities are not always included in the rent quote, and may cost you a substantial amount in addition to rent. Ask previous tenants how much they paid for utilities. For anyone new to the area, be advised that electric rates on Long Island are some of the highest in the country. Ask if the place has electric heat, as you may end up paying huge heating bills in the winter. Electric water heaters can also run up your bills. Find out what extra charges (such as water, trash removal, etc.) you'll have to pay so that you can intelligently compare your options. Some useful phone numbers for getting basic utility services to your house or apartment are listed below:

**Electricity:** Long Island Power Authority (LIPA), 755-6000, 1-800-490-0075, [www.lipa.state.ny.us](http://www.lipa.state.ny.us)

**Water:** Suffolk Count Water Authority, 475-1919, [www.scwa.com](http://www.scwa.com)

**Phone:** NYNEX, 890-1350 or Verizon, 890-1100; there are many others - AT&T, SprintPCS, MCI...

**Cable:** TCI of Brookhaven, 473-8900; Cablevision of Hauppauge, 348-6800.



# Transportation

## BUSES

### On Campus

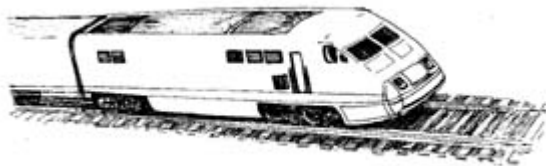
Many students who live on campus walk or bike everywhere they go but the *Campus Bus service* is always available for student use. Buses stop near the Chapin and Schomburg housing complexes and all major campus locations. The transportation fee is automatically included in your bill and allows you unlimited use of campus bus services. Bus schedules can be acquired on any bus or by calling **632-6418**. Buses run at various intervals depending on the time of day, and the buses stop running at midnight.



For those who still choose to walk late at night there is an after-hours walk service that will escort you anywhere on campus between the hours of 8pm and 3am (**632-6337**). The Public Safety office (Campus Police) provides on campus ride-share service overnight as well (call **333** or **2-RIDE**). The “**Blue Light**” emergency phone will connect you directly to Public Safety, or just dial **333** from any campus phone. Look for phone locations during the daytime so you will be familiar with them on a late night.

### Off Campus

Off-campus bus service on Long Island is limited, and most people who live in the Stony Brook area find that it's difficult to get by without a car. Grocery shopping and evening outings can be especially difficult. Suffolk County Transit runs buses locally through campus to such places as Smithaven Mall and along Route 25A to Port Jefferson. Schedules are available in the Off-Campus Housing Office and in the Student Union. Call 852-5200 for schedule and fare information or visit [www.sct-bus.org](http://www.sct-bus.org) (there is also a bus map in the local phone book). Service may be limited or non-existent on weekends and holidays; so make sure to check current schedules. **The S60 (S69 at night) bus goes from campus to the Smithaven Mall and to Port Jefferson. The 3-D comes through SBU and goes to Ronkonkoma and Brentwood.**



## TRAINS

The Long Island Rail Road (LIRR) Stony Brook station is located near the Sports Complex along Route 25A. The train runs from Port Jefferson Station to New York City/Penn Station. For those with cars, leaving from the Ronkonkoma station is cheaper (take Stony Brook Road south), and the train ride is shorter. Train schedules can be found at the station, the Off-Campus Housing Office, and the Student Union, or call **231-5477 (231-LIRR)** for more information. Schedules & train routes are also available online at **[www.lirr.org](http://www.lirr.org)**

Once at Penn Station in New York, you can connect with Amtrak and other inter-state trains. If you get back from the city late at night and don't want to walk or call someone for a ride, you can call a cab/taxi. Numbers for cabs/taxis are: **265-2500**, **473-0707**, and **689-5689**. Ask for the fare first since Long Island cabs can be very pricey. If living on campus call **2-RIDE** instead.

## ***BOATS/FERRIES***

The Bridgeport - Port Jefferson ferry (473-0286) and the Orient Point - New London ferry (**[www.longislandferry.com](http://www.longislandferry.com)**) are two ways to reach Connecticut/New England besides driving through the city. Only foot passengers will find this alternative a bargain, as car ferry prices are very expensive. There is a train station in Bridgeport located near the ferry dock (though the schedule rarely coincides with ferry times), and a bus and train station in New London. If you decide to take a car across, be sure to reserve a spot ahead of time, and note that passengers cost extra.

The ferry is not necessarily quicker than driving (about 1h 20 min boat trip, plus 30-45 min waiting at the dock) but it is certainly less stressful. Most ferries have small beverage and snack bars on board.

## ***CARS***

### ***Buying a Car***

Most graduate students buy used cars. car are:



Places to look for a used

- Campus postings in various departments, bus stops and at the Hospital
- Local newspapers
- The internet ([www.autoweb.com](http://www.autoweb.com), [www.newsday.com](http://www.newsday.com))
- Local authorized used car dealerships (listed in Yellow Pages)

Registering a car and obtaining a NY license

If you are buying a car, or already own one, be forewarned that it costs a lot of money to register, insure and maintain a car on Long Island. To find out more about registering a car or getting a driver's license call the Department of Motor Vehicles (**DMV**) at 1-800-342-5368 or look online at **[www.nydmv.state.ny.us](http://www.nydmv.state.ny.us)**

**DMV** offices are located at:

- Port Jeff Station (1055 Rte 112 – 3 Roads Plaza)
- Hauppauge (1055 Rte 347, a mile west of Veteran's Highway, within State Buildings)
- Medford (2799 Rte 112, in the shopping center, just north of the Expressway)

## ***Parking Permits***

To park on campus, you must register your car with the campus Traffic Office on the first floor of the Administration Building, Rm. 192 (632-8948). Bring your DMV registration, proof of enrollment (a receipt from the Bursar or Registrar or a validated ID card) and a check for \$5 (unless you pay cash to the bursar, and bring your receipt). If you live on campus, bring a copy of your housing agreement as well. Public Safety is quite zealous in handing out parking tickets and has an aggressive patrolling policy, especially in the Administrative Loop. Fines start at \$15-\$50, depending on where you park illegally, and increase the longer you put off paying them. After 4pm, unless marked “24 hour,” the Faculty/Staff lots are fair game to anyone with any type of sticker.

## ***Renting a car/U Haul Truck***

The closest place to rent a car or U Haul truck is the Avis/U-Haul office at the University service station (**689-9795**), located across from the Stony Brook train station. Be advised that different rental agencies may have different restrictions about minimum age requirements and types of drivers licenses (i.e. international vs domestic). One student-friendly agency is Enterprise Rent-A-Car. A nearby local branch is in Centereach (**588-0200**), or try the toll-free number (**1-800 RENTACAR**).

## ***Car repairs***

Finding a good place to have your car repaired can be a real challenge. Labor rates on Long Island are quite high, ranging from \$55-\$75 per hour. It is advisable to shop around and ask students who have lived in the area about reliable mechanics. A local garage is the **University Service Station in Stony Brook (689-9795)**, **Village Automotive in Setauket (751-3200)** or **Maximum Automotive in Port Jeff Station (928-9548)**. **Mams Auto Service (979-4379)** is one of the most price-friendly mechanics that also sells used cars in very low prices. The shop is located in St.James and it only 3 miles away from the

University (see Mams Auto Service advertisement). Another student-friendly and reasonably priced mechanic is **Henry’s Automotive Center in Mt. Sinai (928-0834)**. The quality service is worth the drive out to Mt. Sinai. **Pep Boys in Port Jefferson (476-6629)** also has auto parts.



# MAM'S

## AUTO SERVICE, SALES AND BODY SHOP

30 Doyle St., St. James • 979-4379 • www.mamsauto.com

**"AVOID THE SCAMS"**

AUTO GLASS INSTALLED ON PREMISES  
INSURANCE CLAIMS ACCEPTED

ASK FOR MARIO



If We Can't Fix Your Car We Don't Charge You.

**"FOR ALL YOUR AUTOMOTIVE NEEDS"**

MAM'S AUTO SERVICE will not try to sell you an unneeded repair. We invite you into the shop for a detailed explanation of the repair on your vehicle, return old parts to you & guarantee our work 100%.

We Also Sell Pre-owned Used Cars All Makes And Models

WE ARE AN OFFICIAL NYS INSPECTION STATION



MEMBER METRO NY LONG ISLAND

**PLEASE CHECK OUR PERFECT REPUTATION**

HOURS: MON-FRI 8-5  
SAT 8-3



FREE MAM'S Best Mobile T-Shop With Any Repair

**MAM'S AUTO BODY SHOP**  
Let Jim Mammone  
Specialize Mainstream Auto Body  
*Handle Your Status*

- Expert Collision Repair
- Computer Color Match
- State of the Art Spray Booth
- FREE Insurance Estimates
- 24 Hr. Towing Service - Elite Towing 631-737-8439
- All work 100% guaranteed We'll save you money!!!

RE-MANUFACTURED ENGINES  
4-6 & 8 Cyl  
3 Yrs Unlimited Miles Starting At  
**\$1799<sup>00</sup>** Installed (Most Cars)

OIL CHANGE & FILTER  
**\$16<sup>95</sup>**  
With Tire Rotation

TIMING BELT  
3 YEAR/50,000 MI. WARRANTY  
**\$119<sup>95</sup> INSTALLED**  
Most Cars

RE-BUILT AXLES  
**\$109<sup>95</sup>**  
PER AXLE INSTALLED  
• Most Cars  
WITH LIFETIME WARRANTY

TUNE-UPS  
4 Cyl. \$24<sup>95</sup>  
6 Cyl. \$34<sup>95</sup>  
8 Cyl. \$54<sup>95</sup>  
Most Cars

Monroe Gas Struts  
**\$179<sup>00</sup>**  
Installed  
Most Cars

PROFESSIONAL BRAKE SERVICE  
✓ Premium Pads & Shoes  
✓ Resurface 2 Brake Drums  
✓ Check Complete Brake System  
✓ Adjust Brakes & Add Brake Fluid if needed  
✓ Free Brake Adjustment for life of linings  
Metals \$25 additional  
**\$59<sup>95</sup>**  
Most Cars  
LIFETIME WARRANTY AVAILABLE

Check out our new auto advice column (Ask Mario) in Smithtown Messenger, Ronkonkoma Review, Brookhaven Review, Medford News, on all auto tips

239115248231

RANDOLPH PELOSI

AGENT  
1073 ROUTE 25A  
STONYBROOK, NY 11790  
(631) 751-6800  
FAX: (631) 751-6897

STATE FARM  
INSURANCE COMPANIES  
HOME OFFICES: BLOOMINGTON, ILL.  
24 HOUR GOOD NEIGHBOR SERVICE

Like a good neighbor, State Farm is there.®



Neal Passoff  
631 689 1200

1077 Route 25A  
Stony Brook, NY 11790  
opposite train station

fax 631 689 3585  
orders 800 540 7003







# Carlson Restaurants Worldwide<sup>SM</sup>

## T.G.I. FRIDAY'S

328 SMITH HAVEN MALL

LAKE GROVE, NY, 11755

(631) 366-6289

**\$5.00 DOLLARS OFF EVERY \$30.00  
PURCHASE  
COUPON VALID FROM SEPT 1, 2002 TO  
JUNE 31, 2003**

**246-8000**

**FAX 246-8007**

**FREE  
DELIVERY**

11 AM - 12 AM

1015 RTE. 25A  
STONY BROOK, NY  
Directly Across From Athletic Complex

**GYRO ★ PIZZA**



**COSMOS**  
CAFE  
PIZZERIA AND RESTAURANT

**GREEK & ITALIAN SPECIALTIES**

**WE ARE OPEN FOR  
LUNCH & DINNER  
11 am - 12 am**

**We sell Wine & Beer**

**10% Discount for  
Students Faculty,  
Employees** (including Hospital)  
WITH I.D.

**ASK FOR OUR  
DAILY  
SPECIALS**

**ANY TIME! ALL THE TIME!**



**Neighborhood Grill & Bar**



**PROUD TO SUPPORT  
STONY BROOK UNIVERSITY**



*From steaks and burgers to salads and platters,  
We've got the best food in the neighborhood!*

**Middle Country Road, 1 Block East of Smithhaven Mall  
In Front of JC Penny Home Center  
LAKE GROVE  
631-447-2445**

*Call Ahead Seating. Gift Certificates Available.*

*Eatin' Good  
in the Neighborhood™*



# Dining



If you are hungry and do not want to leave Campus you have several options. You can eat at one of the cafeterias, grab a quick bite at one of the carts or pick up a snack. There are several cafeterias around the Campus.

**Campus Connection** at H-Quad is located in Benedict College and is open 11am to 2:30pm and 5:30 pm to 10pm. One can find pasta made to order, or perhaps our home style cooking at this cafeteria. There are also ice cream, shakes, smoothies and many more desserts. On a weekend there is a brunch from 10:30am -3pm, all you can eat. A vegetarian corner, Taco Bell, and health food section are also located here.

**Kelly Dining Center** is located in Kelly Quad near Schomburg Apartments. It offers Caribbean & Latin Cuisine, home style cooking, Brick oven pizza, made to order, a full service deli and a weekend brunch.

**Roth Food Court** Here students have a choice of Pizza Hut, Chinese Food, Chicken Wings, Ice cream and much more. Trattoria offers Italian food during the lunch hours 11:30am-2:00pm. For dinner there is a rotating menu. Burger King is located here as well as Chinese food section. Roth Food Court also hosts the Kosher dining room open for lunch and dinner and vegetarian section, Terra Ve. Roth Food Court delivers meals on Campus from 7:00 pm - 12:00 am (call 2-5201).



**Student Activities Center** offers spacious dining room. At Harvest Moon you can personalize your meal to include your favorite vegetables with a choice of chicken, pork, beef and tofu. They also feature a daily soup variety which includes a vegetarian option, as well as authentic Italian pizza hand tossed and baked in a brick oven, plus our daily hot hero specials. Their grill serves everything from a hamburger to mozzarella sticks, veggie burgers and much more. They are conveniently located in the center of the Academic Mall.

**Stony Brook Union** hosts four Dining Facilities. The Union Deli offers Boars Head meats, cheese and prepared goods. Papa Joe's offers a variety of specialties like cheese calzones, hot heroes, salads and of course, pizza. The Bleacher Club offers a wide variety of selections (Home Style cooking, Caribbean, Latin & Asian, grill, Italian, soups & salad bar and grab 'n go items). The End of the Bridge brings traditional restaurant style dining to Stony Brook.

**The University Club** is open during the Fall and Spring semesters Tuesday through Friday from 12:00 pm - 2:00 pm. Located on the second floor of the Chemistry Building, the University Club offers daily lunch specials. Cash, Mastercard, VISA, Discover, AMEX and FSA plan are accepted. In addition, the University Club is available for office parties and catered events. For information or reservations please call Lana at 2-7069.

Campus Dining Services offers free nutritional counseling and free healthy cooking classes to all students. For more information call 2 6517.

**Food Carts** offer coffee and other beverages and lunch items in the Administration Building Lobby, the Melville Library Commuter Lounge, the Life Sciences Building Lobby, and the Dental School on South Campus.

The **Harriman School** runs a cafe as a management laboratory on the first floor of Harriman Hall.

## **MEAL PLANS**

**The Commuter 250 or 500 Meal Plan:** A \$250 or \$500 per semester tax-exempt declining balance meal plan, which provides you with 250 or 500 campus points. When a meal purchase is made, the amount is automatically withdrawn from the meal plan account. This plan is deferrable against financial aid and is only available to commuter students and those not required to be on a resident meal plan.

***The Apartments 250 or 500 Meal Plan:** A \$250 or \$500 per semester tax-exempt declining balance meal plan which provides you with 250 or 500 campus points. When a purchase is made, the amount is automatically withdrawn from the meal plan account. This plan is deferrable against financial aid and is only available to the Campus Apartment residents (Undergraduate Apartments, Chapin and Schomburg).*

**Budget Plan:** A pre-paid, tax-exempt meal plan, which can be opened with a minimum of \$50. These campus points may be purchased by commuter students or those not required to be on a resident meal plan. This plan may be replenished in \$25 increments.

With either plan, unused points will carry over from the fall to the spring semester, but not to the following academic year. You can sign-up for either plan on-line at [www.campusdining.org](http://www.campusdining.org). These plans allow you to eat at any Campus Dining Service location and help you save 8.5% on every food purchase! For more information, contact the **ID/Meal Plan Office** at **632-6517**.

Campus Dining Services locations include Student Activities Center, Union Deli, Bleacher Club, Papa Joe's Pizza, End of the Bridge, Kelly Dining Center, Roth Food Court and Campus Connection at H-Quad.

## **OFF CAMPUS**

### **CLOSER...**

Here is a list of some places near the Stony Brook train station (see the key at the end):

- **Cosmos Cafe (246-8000)** provides good Greek and Italian cuisine for dining in or take-out. \*
- **Strawberry Fields (246-5600)** is a local gourmet deli. \*
- **Green Cactus Grill (751-0700)** is a local Tex/Mex fast food restaurant. \*

- **Station Pizza (751-5543)** next to the Green Cactus provides a heartier alternative to franchise fare. Vegetarians will find a lot to choose from. They deliver on campus and in the immediate area. \*
- **Soups On** offer variety of soups and other foods at affordable prices. \*
- **Dunkin Donuts and Baskin Robbins** offer a selection of doughnuts, bagels and ice cream. \*



Down the block, on Rt. 25A:

- **The Curry Club (751-4845)** is the only Indian restaurant in town, located at the corner of Nichols and 25A. They offer a lunch buffet from 11am to 3pm, bar, and a full dinner menu. \*\*
- **Eastern Pavillion (751-1888)** offers Chinese and Japanese cuisine. \*\*
- A **Subway (751-1444)** franchise is located next to the Curry Club. \*
- A **Domino's Pizza (751-5500)** is down the road from the Subway. Take-out and a free delivery are available. \*
- **Sushi Ichi (689-3111)** offers sushi prepared by authentic Japanese chefs. It is located past the Domino's on 25A. \*\*/\*\*

Stony Brook Village:

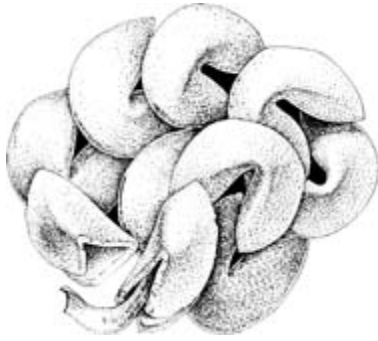
- **The Golden Pear (751-7695)** is located in the Village Center. It offers fresh baked goods, coffees, sandwiches, and salads. \*
- **The Brook House (751-4617)** offers homemade American fare and a fine selection of ice cream as well. \*
- **Robinson's Tea Room (751-1232)** offers an authentic British tearoom with fine drinks and light sandwiches. \*

347 & Stony Brook Road:

- **J&R Steakhouse**, offers a great variety of steaks and barbeque food (check their ad) \*
- **Hoshi Sushi (689-2323)**, near the Tudor Deli and Italian Ice place, offers eat in & take-out Japanese cuisine. \*\*/\*\*
- **Zorba the Greek (689-2222)** offers good Greek food at a reasonable price. In the same plaza there is also a Pizza place, a deli and a Chinese Grocery.
- **Friendly's Restaurant (751-3150)** also offers the standard American fare and is known for it's enormous ice cream sundaes. \*
- **Jin Jang Buffet** offers a lunch and dinner Chinese food buffet. \*

Setauket:

- **Mama Subarro's** offers a selection of pizzas and pasta. \*
- **Mario's Italian Kitchen (751-8663)**(Rt 25A, Setauket) offers pasta, chicken, and pizza. \*\*
- **Chung How (751-7560)** is a take out Chinese restaurant. Free delivery for orders over \$ 10. \*



Pt. Jefferson Dining:

- **The Tiger Lily Cafe** ([www.tigerlilycafe.com](http://www.tigerlilycafe.com), 476-7080) offers a coffee & juice bar, wonderful homemade dishes, and the best selection of vegetarian cuisine in town! This cozy little cafe features wonderful live music and artwork. \*
- **Salsa Salsa** (473-9700) is a great Mexican fast food place. A visit to the Port Jeff isn't complete without a Salsa Salsa burrito!\*
- **The Printer's Devil** (928-7171) is an Irish pub and restaurant that offers a wide variety of cuisine from burgers to lobster. \*/\*\*

- **Pasta Pasta** offers a selection of Italian dishes. \*\*\*

Other restaurants and diners:

- **Thai Gourmet of Thailand** (474-0663) is a Thai place in a shopping plaza located about 4 miles west of Nichols Rd on Rt. 347. \*\*
- **Grand Buffet** (451-1000) and **Empire Buffet** are Chinese and part-Italian all-you-can-eat places located on Rt. 25, Middle Country Rd about 1 mile from Nichols Rd. Grand buffet also features Lobster and cooked to order steak, salmon, pork chops. \*
- **Meson Ole** (751-2200), a Mexican restaurant, is located on Rt. 25 about a mile east of Smithaven Mall. \*\*
- **Applebee's** is a typical burger and fries place located on Rt. 25. \* (see Applebee's advertisement)
  - **TGI Friday's** is a bar and grill restaurant and it is located at Smithaven Mall (see TGI'S advertisement).
- **Olive Garden** has some typical Italian dishes. \*\*



Diners are common on Long Island. They are usually open late into the night, offer a large dinner and lunch menu, and serve breakfast at all times. Diners can be recognized by their flashy exterior and interior decor.

- **The Lake Grove Diner** (471-5370) is the closest one to campus on Rt. 347 in Stony Brook. (check the Lake Grove Diner's advertisement) \*\*
- **High-Lite Diner** about 4 miles east of Nicholls road on Rt. 347. \*
- **Millennium Diner** is located on Rt. 25 A in Smithtown. It is definitely worth checking out. \*

This list is by no means all inclusive, but is meant to get you acquainted with the local dining options. As you explore the area, you will find your own particular favorite restaurants, bars, and coffee shops.

**Driver's Note:** Rt. 25 (a.k.a Middle Country Rd) and Rt. 25A (a.k.a. North Country Rd) are DIFFERENT roads!!

\* stands for a \$10-15 dinner, \*\* stands for a \$15-25 dinner, \*\*\* stands for \$25+ dinner



**2211 Route 347  
Lake Grove, NY 11755**

**• OPEN 24 HOURS •**

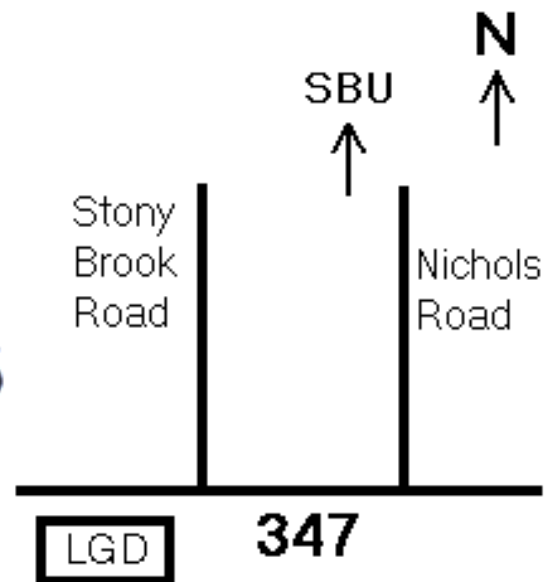
**Ph.: 631-471-5370**

**Fax: 631-471-9474**

**Welcome Stony  
Brook Students!**

**Visit us for breakfast,  
lunch, dinner, and  
late-night snacks.**

**Good food!  
Reasonable prices!**





10 Woods Corner Road  
(Rte. 25A & Nicolls Road)  
East Setauket, NY 11733  
631-751-4845



Lunch 10:30am-3pm  
Dinner Sun-Thur 5pm-10pm  
Fri-Sat 5pm-11pm

Dining, Catering, Takeout

Fine Indian Cuisine

"The best of its kind East of Queens".....Zagat's 2000

\*All dishes prepared in 100% Canada all gatz

---

**10% discount for Stony Brook students  
with this coupon and SBU ID!**

*Coupon Expires on July 31, 2003.*

---

*Voted Long Island's Top Ten Restaurant...Newsday 2000*

**N u e v o   A m e r i c a n   C u i s i n e**

---

**Villagebistro**

---

**D i n i n g . C a t e r i n g . T a k e o u t**

766 Rte. 25A, East Setauket, NY 11733 (corner of Nicolls and 25A) 631-941-0430

---

**10% discount for Stony Brook students  
with this coupon and SBU ID!**

*Coupon Expires on July 31, 2003.*

---

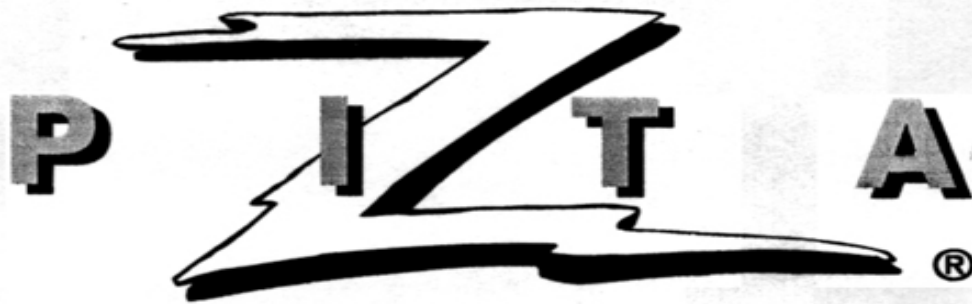
**Velvet Lounge**

10 Woods Corner Road  
(corner Nicolls and Rte. 25A)  
East Setauket, NY 11733  
631 751 7575

opens 5pm  
Wed-Sat live music  
Thursday DJ Karaoke

**10 % discount for  
SBU students  
with this coupon  
and SBU ID!  
Expires July 31, 2003.**





A T O U C H O F A T H E N S

**GREEK - AMERICAN CUISINE**

**INNOVATIVE PITAS**

**SEAFOOD SPECIALTIES**

**PASTA SPECIALTIES**

*Eat in our comfortable dining room  
or enjoy take-out • Private party room*

*Ask about our special catering packages*

*Serving Beer & Wine • Open 7 Days a Week*

**217 Main Street  
Port Jefferson, NY 11777  
PHONE 476-7510 • FAX 476-7508**

# J&R's STEAK HOUSE

**PARTY BAR • SPORTS SALOON**

<b>24oz.</b>	<b>GIANT J&amp;R's STEAK</b>	<b>12.99</b>
	PLAIN OR MARINATED	
<b>12oz.</b>	<b>J&amp;R's STEAK</b>	<b>10.99</b>
	PLAIN OR MARINATED	
<b>12oz.</b>	<b>PRIME RIB LUNCH</b>	<b>5.99</b>
<b>EARLY BIRD SPECIAL 3-6 PM MONDAY-FRIDAY</b>		
INCLUDES: SOUP OR SALAD, ENTREE, DESSERT, COFFEE OR TEA		<b>10.99</b>
• MUST BE SEATED BY 6PM •		

## TWO GREAT LOCATIONS

**181 RT. 25A  
ROLLING OAKS  
COUNTRY CLUB  
ROCKY POINT, NY  
631-744-2101**

**1320 STONY BROOK RD.  
COVENTRY COMMONS  
STONYBROOK, NY  
631-689-5920**



**HOME OF THE 76 OZ. "FREE" STEAK CHALLENGE**

**FREE ONION STRAWS WITH LUNCH OR DINNER**  
W/COUPON ONE PER TABLE

**HAPPY HOUR 3-7**  
• IN LOUNGE •  
**BUFFET AND 2-FERS**  
PROOF OF AGE REQUIRED

**J&R FREE ONION STRAWS WITH LUNCH OR DINNER**  
W/COUPON ONE PER TABLE

**BURGERS • SUNDAES • SANDWICHES • SODAS • EGGS • SHAKES**

Since 1986  
**BROOK HOUSE**  
Restaurant & Ice Cream Parlor

— ORDERS TO GO —  
Breakfast • Lunch • Dinner  
Mon to Sun from 9:00 am  
"Seasonal Outside Dining"  
123 Main Street  
Old Stony Brook  
751-4617

COME OUT FROM THE COLD...  
 AND IN TO THE WARM,  
 INVITING ATMOSPHERE OF  
**Tiger Lily Café**

Sit Back & Enjoy our Large  
 Selection of Gourmet Vegetarian  
 Entrees, Salads & Soups and the  
**Best Wraps in Town!**

Sample our Extensive Juice Bar  
 Fresh Squeezes & Fruit Smoothies  
 Soy Protein Shakes  
 Cappuccinos, Lattes  
 & Soy Steamers

Check our  
 website for  
 upcoming  
 events  
 and

**LIVE**

**Entertainment**

Local Artists work on Display

156 East Main Street • Port Jefferson  
 476-7080



www.tigerlilycafe.com



**Robinson's Tea Room**

at Stony Brook, N.Y.

- Inner Court -

*The Finest in British Tradition*

*Afternoon Tea Service*

*Fresh baked Scones - Full lunch menu - Light dinner  
 Desserts - Loose Tea - Coffee - Bridal and Baby Showers  
 Children's Tea - Mommy and Me Tea*

**Open Mon. - Sat. 10am to 6pm Sun 11am - 5pm**

**(631) 751-1232**

**Proprietors;  
 Loretta and James Vertucci**

**97 E. Main Street  
 Stony Brook, NY 11790**

631.751.8500

1099 B Route 25A  
 Stony Brook, NY 11790  
[www.3Vonline.com/soup](http://www.3Vonline.com/soup)

**Soup's**



**On**

- SOUPS
- SALADS
- WRAPS

a subsidiary of  
 Kitchen Works, Inc.

TigerLilyCafe.com - Expires 12/31/2002

**Tiger Lily Café • Special Discounts**

156 East Main Street, Port Jefferson, NY 11777 • (631) 476-7080

**Valid On:**

**Monday  
 Tuesday &  
 Wednesday**

**FREE**

16 oz. Lemonade or  
 Unsweetened Iced  
 Tea

With this coupon and the  
 purchase of any wrap  
 Sandwich on our Menu



*Not to be combined with any  
 other offer or special. While  
 supplies last. Limit 1 coupon  
 per customer per visit.  
 Coupon has no redeemable  
 cash value.*

# Shopping For Food

## Grocery Stores

### Stop and Shop Supermarket

158 Route 25A, Setauket (751-1526)

1108 Route 112, Port Jefferson Station (474-0242)

Across from Smithhaven Mall on Rt. 25 (The Wiz Plaza)

Hours: 7a.m. to 12 midnight everyday.

### Waldbaum's

Rt. 347 and Arrowhead Lane, Setauket (476-3664)

Rt. 347 in Lake Grove (751-9014)

Hours: Monday to Friday 24hours, Saturday closes at midnight and Sunday at 10 pm.

### Pathmark

On Rt. 25 in Centereach, halfway between Nichols Roas and Smithhaven Mall (737-3203).

Hours: 24 hours everyday

### Trader Joe's

(Offers gourmet & non-traditional vegetarian and vegan selections, and a wide variety of grains, nuts and organic items.) On Rt. 347 next to the Smithhaven Mall. Hrs. 9am- 9pm (863-2477).

### Produce Warehouse

Is located in Ronkonkoma on Hawkins Avenue and has good prices (drive down Stony Brook Rd and continue on Hawkins) (981 1289).

### Meat Farm

On crossing of Rt.347 and Rt. 112 in Port Jefferson station.



## Specialty and Ethnic Food Stores

### Wild by Nature (246-5500)

218 Rte. 25A, Setauket

Specializes in organic produce, fresh baked goods, prepared food. Hours: 9a.m. to 9p.m. everyday

### Oriental Groceries & Crafts (689-8787)

2460 Route 347 and Stony Brook Road;

Asian , speciality Chinese , Korean and Indian spices, produce, bulk foods and prepared foods

### Selden House of Spices (1-800-577-6495)

1228 Middle Country Road

Middle Eastern and Indian foods and spices

### Village Natural Food (1-800-681-7099)

246 Route 25A, Setauket

Bulk foods, organic produce, vitamins, health care

### St. James Natural Food

296 Lake Avenue, St. James

Bulk foods, organic produce, vitamins, health care

### **Pindar Wines**

Main Street, Port Jefferson (331 7070) Offers nice selection of wines from local wineries.

**PRODUCE MARKETS** abound in the summer and the fall. Most have a combination of local and trucked-in goods. For fresh peaches, cauliflower, potatoes, and more direct from the orchard try **Davis Peach Farm** on Route 25A in Mount Sinai, 6 miles east of Nichols road on Rt. 347.

## **General Shopping**

### **ON CAMPUS**

#### **General Stores:**

On campus shopping is limited to basic necessities at two locations:

- **The Seawolf MarketPlace (632-9281, [www.sunysb.edu/marketplace](http://www.sunysb.edu/marketplace))** is a campus convenience store operated by the Faculty Student Association, and located in the Student Activities Center. It offers items for everyday living, such as laundry detergents, cleaning supplies, health/beauty aids and school supplies. The store also carries a large selection of grab-and-go snacks. Western Union moneygrams, film processing, and Stony Brook and Seawolf clothing and merchandise is also available. Hours are Mon – Thu 8:30 am – 9:00 pm, and Fri 8:30 am – 5:00 pm.
- **The Union Deli** in the Student Union has a more limited inventory than the Seawolves Market, but it is open late at night.

#### **Bookstores:**

- **The University Bookstore, (632-6550)** located on the lower level of the Melville Library (opposite the Stony Brook Union), carries required course texts and related materials, other books, calculators, University logo merchandise, office supplies, and more. In addition, the University Bookstore buys back textbooks year round. Call for hours.



- **Health Science Center Medical Bookstore (444-3685)** on the east campus offers the largest selection of medical/health science books in the region, in addition to a range of college merchandise, daily necessities and medical equipment for practitioners. Honoring of special book requests is a specialty. The HSC Medical Bookstore is located on Level 2 of the Health Sciences Center. Call for hours.

### **OFF CAMPUS**

#### **General Stores:**

There are too many places to shop on Long Island to list in one guide! To start:

- **Smithhaven Mall**, located about 3 miles from the campus on Rt. 347. Inside are stores for almost every household and personal need. The **S60 bus** runs hourly from to Smithhaven mall & has several stops on campus, including the Hospital and the Union. On weekends there is free



**University bus** going to Smithhaven Mall as well as Waldbaum's, K-mart, The Sports Authority, Office Max and Borders. For schedule, call **632-6418**.

- **ACE Hardware (751-9500)** on Rt.25A in East Setauket has everything from electric supplies to sewing needs. They also copy keys.
- **K-Mart** has a lot of household and personal supplies at low prices. It's right across from the Smithhaven Mall.
- The **Sports Authority (979-1080) & Office Max(360-0590)** are located in the same complex as K-Mart. Continue west on Rt. 347 to reach **Staples**.
- **Michaels** (in The Wiz Plaza) behind the Smithhaven Mall on Rt. 25 has arts, crafts and leisure products.



- **Tanger Outlet Stores** are located in Riverhead at the end of the LIE (Rt. 495). Hundreds of discount stores sell almost everything including designer clothing. It is bit of a drive, but well worth it!

- **Target, Best Buy & Home Depot** are just east of campus on Rt 347 (past Nichols Rd on right-hand side).

- **Border's (979-0500)** is certainly the best bookstore in the area. It is located on Rt. 347 in Lake Grove across from the Smithhaven Mall. It also has a huge music section, and a coffee bar.



- **StonyBooks (689-9010)** is located on 25A across from the train station in Stony Brook. StonyBooks is an off-campus source for textbooks (new and used) and basic school supplies.

- The **Good Times Book Shop (928-2664)** has second-hand, rare, and out of print books in Port Jefferson at 150 East Main Street. It's a cozy literary corner in the otherwise commercial downtown shopping area. They buy and sell used books.

### ***Health and Beauty:***

There are a number of nearby salons, gyms and nutrition stores. Check your local phone book or [www.yahoo.com](http://www.yahoo.com) yellow pages. Some local places include:

- **Hair Port (473-1215)** on Main Street, Pt. Jefferson offers \$15 for hair cuts.
- **Andre's Beauty Salon (360-9665)** is a very good salon in Smithhaven Mall, however much more expensive (haircuts start from \$39 for women and \$23 for men).
- **Ironside Phyllis (444-0103)** for electrolysis by appointment.

### **LAUNDROMATS**

For on campus residents, the FSA provides laundry facilities at very reasonable rates. Laundry Services consisting of coin and debit card operated washers and dryers are on the premises of all campus residence locations. Regular prices are \$1.25 for washing and \$1.00 for drying. If using student ID card's off-line stripe at resident laundry facilities the amount is \$1.15 for washing and 0.85 for drying. For answers to problems or questions, or to report a malfunctioning machine, call the C-L-E-A-N line at **632-5326**.

For off-campus residents, you might want to try the 24hr. one in Port Jefferson Station right next to the train tracks. Most towns and villages have some facilities.

## ***Banking & Check Cashing***

**ATM machines** can be found at the following locations on campus:

- In the front of the Student Union (Fleet bank)
- In the lobby and in the basement of the Student Activities Center (TFCU bank)
- In the lobby of the Administration Building (TFCU)
- In the HSC level 5 near the cafeterias
- In the HSC level 2 next to TFCU bank.



*Note that access fees may apply if you are not using your bank's ATM.*

Banking services on and close to the campus are provided by:

- **The Teachers Federal Credit Union** Here you'll find some of the best interest rates around. It has two branches on campus - on the second level of the Health Sciences Center (**444-3400**) and in the basement of SAC (**632-4600**). To join the credit union and open up a Young Professional's Account, you need to deposit \$50 into a savings account. Once you join, your checking account is free, and with a minimum balance of \$500 or more you can even earn 1% interest on your checking account. There are other benefits to belonging to the credit union, including special deals on cars and loans, and free travelers checks. TFCU also has branches in South Setauket (981-0500), Pt. Jefferson(642-1186), and in Farmingville (**698-7000**). You can also do transactions and bill-paying online [www.teachersfcu.org](http://www.teachersfcu.org) .
- **North Fork Bank (246-9398)**. In addition to performing regular banking operations, they also handle American Express traveler's checks, gift checks, Western Union money transfers, and money orders.
- **Astoria Bank (689-9000)** has a branch close to campus, just across from the Stony Brook train station on Route 25A.
- **Fleet (751-6601, 800-441-4000)** also has a branch close to campus on the crossing of Rt.25A and Bennetts Rd in East Setauket.
- **Chase** across Waldbaum's on Rt. 347 in Lake Grove.
- **Citibank (265-0164)** on Alexander Ave (and Rt. 347) next to Smithaven Mall.

*Most local banks will handle checks in foreign currency drawn on foreign banks. However, many have to send the checks through another agency, and it can take weeks to process them. The cost for this service varies from bank to bank.*

# *Health And Insurance*



This section is intended to provide the most basic useful information regarding specific health insurance plans, the Student Health Service (Infirmary), and other health services on- and off-campus. Some of these plans have changed recently and are expected to undergo further adjustments in the near future, therefore for specific details one should check the original documents or consult with the relevant offices.

## **GRADUATE STUDENT HEALTH INSURANCE**

For discussing health insurance, graduate students can be divided into three groups:

- I. State employees (TAs and GAs) and SUNY Research Foundation employees (RAs)
- II. Non-funded domestic students.
- III. Non-funded international students.

We shall discuss the options for each of these groups separately.

All insurance plans are housed at the West Campus Infirmary in the Student Health Insurance Offices.

## **GRADUATE STUDENT EMPLOYEES:**

Those employed by the State as teaching or graduate assistants (TAs and GAs) and by the SUNY Research Foundation as research assistants (RAs) for a period of at least one semester, with a projected annual salary of at least \$3,800, are eligible for employer subsidized insurance. Spouse and dependants are also eligible for coverage. The employer pays 90% of the insurance cost and 75% of the cost of dependants. The rest is deducted from the student employee paycheck. It is important to remember that in both cases the graduate student is supposed to sign up for the plan.

TAs and GAs are eligible to enroll in the New York State Health Insurance Program (NYSHIP) which is administered by the Department of the Civil Service. The plan is negotiated as part of the Collective Bargaining Agreement between the State of New York and the Graduate Student Employees Union (GSEU) and it provides some basic coverage including some minimal dental and optical benefits. The ultimate reference for benefits is the contract itself which can be found at the GSEU web pages at [www.gseu.org](http://www.gseu.org), and also at [www.ic.sunysb.edu/Clubs/gseu](http://www.ic.sunysb.edu/Clubs/gseu) For current information about providers use [www.cs.state.ny.us/ebd/index.htm](http://www.cs.state.ny.us/ebd/index.htm)



Research Assistants(RAs) are eligible to enroll in the health plan subsidized by their employer, the Research Foundation and which is provided since August of 2002 through a new carrier with name Student Resources, a division of Mega Life. Information about participating providers can be found at [www.multiplan.com](http://www.multiplan.com). Prescription drug program is through Medco Health Solutions, dental coverage through Delta Dental and Davis Vision is the new vision care provider.

**ENROLLMENT:** Enrollment in these plans is voluntary for domestic TAs, GAs and RAs. Graduate employees can enroll within 30 days of starting their employment. And if they miss this period, they will be subject to a 30 day waiting period.

Students on F-1 visas, who are employed as TAs or RAs must enroll in the employee subsidized plan described above. In addition, they must also purchase the medical evacuation and repatriation policy provided under the SUNY Health Plan for International Students. Those who fail to sign up are automatically enrolled in the mandatory international health insurance plan

Another exception is the case of international student employees on J-1 visas. They are automatically enrolled in the SUNY Health Plan for International Students. The Research Foundation or SUNY will, however contribute up to 90% of J-1 students' cost and up to 75% of dependants' costs.

**QUESTIONS:** Specific questions can be addressed to the Benefits Advisor, Lisa Coleman, (lcoleman@notes.cc.sunysb.edu), 632-6144. Early each semester a number of orientation meetings are held to discuss the plan. One can enroll at the end of these meetings. Check the Graduate School or your departmental graduate secretary for the schedule.

### ***NON-FUNDED DOMESTIC STUDENTS***

Among the options available for non-funded students is the health insurance plan offered by the Faculty Student Association. The plan covers part time as well as full-time students. The cost is much lower than that of outside insurance policies, but the coverage is limited. Enrollments are made at the Insurance Office or at the Bursar in the Administration Building. The Insurance Office can provide information about the plan, assist with claims and problems. Claims are usually handled via a reimbursement scheme. Claim forms should be picked up before a student goes to see a physician, for lab tests, or for X-rays. The plan does not cover dental, eyeglasses, or hearing aids.

### ***NON FUNDED INTERNATIONAL STUDENTS***

There is a SUNY-wide mandatory health insurance policy for all non-immigrant full and part time students who do not receive a stipend via a graduate, teaching or research assistantship, unless a waiver is approved by the Insurance Office.

The policy provided is good and very inexpensive for the coverage it offers, compared to most U.S. insurance policies. The policy does not cover well-care, dental care or vision. It is available only to international students who are registered for at least one course or credit. Coverage for dependants is only available as separate coverage. Dependants must be enrolled for insurance either within 30 days of their entrance to the country, their birth, or the start of a new academic year. It should be noticed that the hospital costs for care of a healthy newborn infant are not covered because it is considered well-care.

**ENROLLMENT:** F and J students are automatically enrolled and charged for in this mandatory plan. There is no enrollment form necessary. If you have other insurance equivalent or better than this mandatory plan, a waiver should be obtained. Scholars and students on H visas complete an enrollment form obtainable from the Insurance Office and to be presented when paying for health insurance at the Bursar's Office.

Graduate employees holding F-1 visas will be insured according to their employment as described in part I.

### ***MOST COMMON PROBLEMS***

The current system for notifying students of the necessity to re-enroll in the health insurance plan and for notifying them of deadlines for doing so has led to many graduate students losing health insurance. This frequently occurs when switching between state and research lines, missing the open enrollment deadline or when falling off the payroll even on a temporary basis. Please be aware that it can lead to financial problems. Notification of insurance termination is slow and sometimes non-existent. Remember that in most cases when switching between RA/GA status an automatic cancellation of your health insurance will occur and one must re-enroll.

### ***IN CASE OF SICKNESS***

1) GO TO THE STUDENT HEALTH CENTER (INFIRMARY) FIRST: It is located on the West Campus, behind the old Union, across from Mendelsohn. Quad The University Hospital is not the infirmary.

If one does not go to the infirmary first, one may be charged a deductible according to the rules of the insurance plan. Even if your plan does not have a deductible, it is wise to go to the infirmary first if your condition is not life-threatening.

Your insurance plan will "kick-in" if you are then referred out to see a specialist or need X-rays or laboratory tests. You should discuss any questions about your health plan with the staff at the Insurance Office, who will assist you.



TAs and GAs, covered by NYSHIP, are no longer required to obtain a referral from a primary care provider before visiting an specialist.

2) IF YOU HAVE A LIFE-THREATENING EMERGENCY go to the Emergency room of the nearest hospital, or to any other available health facility (clinic, private doctor, etc.) In cases of emergencies, you will not be charged a deductible if you contact the infirmary as soon as you are able to inform them of your emergency visit, and then go for a follow-up visit as soon as possible.

## *Care Providers*

### *Infirmary*

**Mandatory Health Fee:** All graduate students must pay a health fee of \$90 per semester for full-timers and \$9.00 per credit for part-timers with waivers granted in special cases, noted below. In addition, there is a summer fee of \$60 for students registered for zero credit 800 level courses, i.e. students receiving summer support. Students who will return in the fall but are not receiving summer support may elect to pay the \$50 fee. Payment of the fee entitles you to make use of the Student Health Service (Infirmary). However, spouses and dependents are not eligible to use the infirmary. **Waivers:** If you are a part-time student with only evening or weekend classes or are pursuing your studies out-of-state or away from campus you may obtain a health fee waiver by submitting documentation of your status to: Cashier/Health Fee Waiver, SUNY Student Health Service, Stony Brook NY 11794-3191.

**Medical Clinic:** The Student Health Service is open weekdays only, from 8:00 AM to 12:00 noon and from 1:00 PM to 5:30 PM during the semester when classes are in session (632-6740). It closes at 4:00 PM during the summer and semester breaks. When the infirmary is closed, students in need of medical help must go to the University Hospital or an outside physician. The health fee only pays for services rendered at the Student Health Service (for information on paying for outside medical care, see the section below on health insurance). In case of emergency during times when the infirmary is closed, contact Public Safety (632-3333).

Services offered at the Student Health Service include visits with a physician, physician assistant, nurse or nurse practitioner, laboratory tests and pharmacy medications. There are fees for certain medications and laboratory tests. Immunizations for Measles/Mumps/Rubella, Diphtheria/Tetanus, Chicken Pox, Hepatitis A and Hepatitis B are also available at reduced cost. The infirmary does not offer X-rays, allergy shots, physical therapy, dental care and consultation on many medical specialties. Students or their insurance must pay for outside consultations, tests performed by outside agencies and medications not available at the student pharmacy.

**Required Immunizations** Public Health Law 2165 requires students attending classes in New York State who were born after January 1, 1957 to have signed proof of immunity against Measles, Mumps and Rubella. Accepted forms of proof are 1)

vaccination (two vaccines after 1/68 (30 days apart) for Measles, one vaccine after 1/69 for Mumps and Rubella), 2) blood titer showing immunity, or 3) physician documented history of the disease (for Measles and Mumps, but not Rubella). In addition, the University requires administration of Tetanus of Tetanus/diphtheria (Td) toxoid within the last 10 years and a Tuberculin test within one year.

***Women's Health Center:*** Gynecological Services offers annual GYN exams, PAP tests, breast and pelvic examinations, pregnancy testing, vaginal infection checks, and testing for other sexually transmitted diseases (STDs), as well as treatment and counseling. There are fees for PAP smears and certain other tests. The Women's Health center is open weekdays from 8:00 AM to 11:30 AM for ap pointments and 1:00 PM to 3:30 PM for walk-ins.

***Student Pharmacy and Self-Care Center:*** The Student Pharmacy offers prescriptions at substantial savings. Only prescriptions written at the Infirmary are filled by the pharmacy. For minor cold symptoms, students may use the Self-Care Center in which they follow a set of self-examination instructions and may fill orders for non-prescription decongestants, throat lozenges, sore throat spray, aspirin, acetaminophen, and cough syrups.

***Laboratory Services:*** The lab can perform routine tests, including cultures (throat, gonorrhea, fungal and urine), smears (Tzanck, Scabies and Urethral), CBC, hematocrit, pregnancy, glucose level and wet mounts. Students can have blood drawn for outside testing; however, students are charged for tests performed by outside agencies.

***Reproductive Health:*** Information on contraception, STDs and safer sex is available through the Women's Health Center and also through the Health Education office, open Monday through Friday (632-9338). The CHOICE (Choosing Healthy Options in the College Environment) Health and Wellness Resource Room, located in Room 217 of the Infirmary, provides a wide selection of brochures, fact sheets, video and audio tapes, and resource books on health issues relating to students. Latex condoms and contraceptives can be purchased at the Student Pharmacy. Laboratory Services provide testing for sexually transmitted diseases including syphilis, gonorrhea, chlamydia and herpes. For other agencies providing testing and treatment for AIDS and other STDs, see below.

***Social Work and Counseling:*** The Student Health Service employs a social worker (632-6740) who is available by appointment for counseling, crisis intervention, and for help in obtaining assistance such as Medicaid and Social Services. Group and individual counseling in matters relating to drug and alcohol abuse and other addictive or compulsive behavior is available by appointment with the Substance Abuse and Addictions Counselor, Ellen Driscoll (632-6450). Confidentiality is assured.

***University Counseling Center:*** The University Counseling Center offers help to students dealing with a broad spectrum of problems ranging from academic stress to family and marital difficulties to depression. The Counseling Center (632-6720) is located on the second floor of the infirmary building and is open from 8 AM to 5 PM weekdays except Tuesday when it is open from 8 AM to 7 PM. During intercession, summer and spring break it is open from 8.00am to 4.00pm.

Students are encouraged to visit the Counseling Center to discuss problems even if they are not sure that counseling is necessary.

It is generally better to deal with problems in their early stages rather than waiting till they reach the crisis stage. Surviving the rigors of academic life can depend on effectively dealing with emotional and social issues. A word of advice: take time to find the counselor who's right for you. Shopping for a therapist can seem crazy when you're desperate or distraught, but it helps to ask around. Other graduate students can help give you an idea of how various counselors approach therapy and who might best suit your needs.

Services provided at the Counseling Center include crisis intervention, individual, family and group therapy as well as psychiatric consultation. The Group Shop, administered by the Counseling Center, offers free workshops and groups designed to promote personal growth and skill development. Frequent topics are stress management, weight reduction, time management and assertiveness training. Full-time students are offered counseling free of charge, if their health fee paid, for a limit of two semesters of individual counseling and the four semesters of group therapy.

Appointments for initial visit are made on a same-day or next-day by calling 632-6720. In emergency situations, students will be seen right away without appointment. All information shared in counseling is confidential and, by law, may not be released without the student's informed written consent (except in cases of imminent threat to life). For mental health emergencies after hours and on weekends, students should call Public Safety (632-3333) or go to the University Hospital. You can get more information at their website: <http://www.sunysb.edu/stuaff/counsel>

## ***University Hospital***

The University Hospital offers comprehensive medical services to the Long Island community. The hospital offers a number of out-patient clinics which are readily accessible to Stony Brook students. However, these outpatient services are expensive. For more information, call 444-4151.

Students who become ill while at Stony Brook will be taken to the hospital's emergency room. The cost of an examination is \$300. Fortunately, the hospital accepts Stony Brook's student health insurance plan. Uncovered balances remain the responsibility of the student. Students who are hospitalized may be eligible for financial assistance. They should contact the hospital billing office (444-4151) for out-patient (including emergency room) financial aid information and financial assistance forms.

## ***Dental Care Center***

The School of Dental Medicine, located in Sullivan hall on South Campus, runs a Dental Care Center (632-8989). The Dental Care Center provides inexpensive dental services to students and their families. Most procedures are carried out by dental students and are supervised by faculty. If you are treated by a graduate dental student, the cost is roughly

40% of that charged by on and off campus dentists. Students must call for a screening and evaluation prior to being treated at the Dental Care Center.

## ***Off-Campus Health Services***

Students with university insurance should go to the Student Health Service before visiting off campus physicians to avoid paying deductibles on Student Employee Policies (SEHP), RA, or university domestic student and foreign student insurance plans. Also, the SEHP and RA plans have a roster of participating network medical providers, and alternative primary "gatekeepers" to use if the Student Health Service is closed.

### ***Clinics***

**Planned Parenthood of Suffolk County, Inc.**, provides low cost health care for women and runs a number of clinics throughout Long Island. The clinic nearest to Stony Brook is in Patchogue Plaza, 450 Waverly Avenue near Nicolls Road and Route 27, (475-5705). They offer a complete gynecological service, including birth control, counseling and pregnancy testing. Planned Parenthood also screens for sexually transmitted diseases. They offer confidential AIDS testing, as well as breast and cervical cancer tests. Fees are arranged on a sliding scale and laboratory testing is relatively inexpensive. Expect to pay \$50 for a visit. Consultation in Spanish is also available.

**The North Brookhaven Social Services and Health Center** is recommended by the University Student Health Service (Adult Health 542-1113; Family Planning 854-2279, 3600 Rte. 112, Coram). Hours are 8 AM to 5 PM daily and 8 AM to 8 PM on Tuesdays. Available services include a medical clinic, a WIC clinic (for women, infants and children), and a family planning clinic. Fees are arranged on a sliding scale based on income.

### ***Sexually Transmitted Diseases:***

Testing and free confidential and anonymous treatment are available at hospitals and several clinics in the area: **North Brookhaven Social Services and Health Center**, 854-2301; **Mather Memorial Hospital**, 473-1320; and **St. Charles Hospital**, 474-6285. For referrals, information, and pamphlets, contact **the National CDC, STD and AIDS Hotline**: 1-800-227-8922.

### ***HIV and AIDS Testing:***

You can not afford not to know. Free AIDS testing and counseling are available in the area through the New York State Department of Health. Its Regional HIV Counseling and Testing Program provides free counseling and FREE anonymous HIV and AIDS testing at several locations in Suffolk County. In Suffolk call 1-800-462-6786 for appointments. Statewide call 1-800 541-AIDS.

AIDS community organizations will provide you with referrals for legal protection and emotional support. Anonymous testing centers are required to provide counseling to individuals prior to and following the HIV test. It is important that you speak to a counselor if you are planning to be tested.

Policies of hospitals and clinics vary in their approach to recording HIV antibody tests and it is important to inquire about the policy before you are tested. The Long Island Association for AIDS Care (LIAAC), Box 2859, Huntington Station, NY 11746 (385-AIDS) recommends that you elect to be tested anonymously. Due to the discrimination and ignorance associated with this disease, anonymous testing provides the only safeguard you may have against loss of basic human rights. Contact the Suffolk County Human Rights Commission at 853-5480 to file a complaint of discrimination.

### ***AIDS Information And Support Services:***

The Stony Brook AIDS Education and Resource Center, Basic Science Tower, L-2, Health Sciences Center, (444-3209) provides HIV education and training for health care providers, educators, and others. They design workshops dealing with specific topics to meet the needs of various groups, and are a local clearinghouse for information on AIDS.

The University Hospital acts as a regional AIDS treatment center, providing clinical drug trials. Call the University Hospital AIDS Outpatient Treatment Center at (444-1667). The hospital accepts Medicaid coverage. The Long Island Association for AIDS Care (LIAAC), Box 2859, Huntington Station, NY 11746 runs a hotline (385-AIDS) and provides counseling services. Additional support services include case management, legal assistance, and pastoral care. All services are free of charge.

### ***Counseling and Crisis Intervention:***

Your local Yellow Pages also lists help services under "Social and Human Services" ; some are listed below.

- **Health House, A Women's Resource Center, Inc.** is located at 190 Blydenburgh Road in Islandia (342-9401). They offer counseling and evening workshops for women, support groups on a variety of topics, and a referral service with a file of anonymous client feedback on local health professionals. Fees for counseling are arranged on a sliding scale.

- **Town of Brookhaven Women's Services** is an information and resource center providing services free of charge to Town of Brookhaven residents. Located at 3233 Rt 112, Bldg 10 in Medford (698-2074), they provide short-term counseling, workshops, support groups, family advocacy, and displaced homemakers' counseling.

- **Victims Information Bureau of Suffolk (VIBES)** provides free counseling and client advocacy services for Suffolk county residents (360-3730). VIBES has an emergency hotline (360-3606) available for crisis intervention. VIBES offers assistance to victims of family violence, sexual assault, and emotional abuse through a number of services. It offers individual counseling, group workshops, a rehabilitation program for men involved in domestic violence, and an emergency-room companion program. The companion service is available 24 hours a day, seven days a week through VIBES.

- **Response** is a 24-hour **crisis intervention hotline** (751-7500) staffed by volunteers who provide free, confidential telephone counseling for individuals in time of crisis. Response is staffed by trained community volunteers who offer counseling for



bereavement, drug abuse, human sexuality and suicide prevention. Response also maintains an extensive file of community resources and referrals.

- **The Long Island Women's Coalition** runs a 24-hour hotline (666-8833) and an emergency shelter for victims of domestic violence. They provide free court advocacy for orders of protection against abusive spouses. In addition, they run support groups for victims of domestic violence and for battered lesbians, and can provide speakers on the subject. Referrals and information are available through their office (666-7181); all calls are confidential.

- **FECS** (724-6300) is a family mental health agency that offers counseling. Fees are arranged on a sliding scale according to income. The New York State Domestic Violence Hotline (800-942-6906; Spanish: 800-942-6908) offers advice and information concerning family violence 24 hours a day.

- **Alcoholics Anonymous** (AA) of Suffolk County has a 24 hour hotline (669-1124) staffed by volunteers. AA meetings are held on campus Wednesdays at 7:30 (SAC 312); for more information call the main office at 654-1150, Monday-Friday 9-3 PM.

**Narcotics Anonymous** (NA) meetings are also held on campus. Call the NA hotline for more information (516 827-9500).

## *Lyme disease*

If you're new to Long Island, you may be unfamiliar with this hazard of outdoor living. Lyme disease is spread through several varieties of tick, most often the deer tick, a miniscule insect about the size of a pinhead (much smaller than the "garden variety" tick that you're likely to pick off your dog or cat). And though deer are major carriers, so are small furry mammals, especially the ubiquitous field mouse. Long Island and Suffolk county in particular have a high incidence of Lyme disease. The symptoms of Lyme disease in its early stages include a bull's eye shaped rash at the site of the tick bite, headaches, fever, pain in the joints and swollen glands. Left untreated, Lyme disease can cause serious illness. With prompt treatment, however, the serious effects can be minimized.

The best prevention is to wear long pants and socks when walking through wooded areas or tall grass. Light-colored clothing makes it easier to spot ticks on your body. Check yourself for ticks or bites after being out, and if you see something suspicious, get it checked right away. And remember, pets too, especially dogs, can come down with Lyme disease; ask your vet for tips on prevention.

If you suspect that you might have Lyme disease, see your physician for a blood test. Prescriptions for a blood test may also be obtained through University Hospital (444-4033). The Stony Brook Lyme Disease Clinic (444-4105), offers treatment to those with a diagnosis of Lyme disease. The clinic is located at 33 Research Way in Stony Brook Technology Park, one mile east of Nichols Road off Rte. 347. Visits are by appointment only, Monday through Friday, 9 AM - 5 PM and the cost of a visit is \$275-\$325. There is also a hotline for Lyme disease information (444-8425).

# *Campus Safety*

The key to preventing and surviving a disaster is to know your environment. Safety and Security should be everybody's business. Be aware of any suspicious persons and packages. Know what belongs in your area and protect it. If you have important research, protect it with back-up in a different location. Be familiar with your building. Always survey a new area, know where exits are.

## ***CAMPUS INFORMATION NUMBERS***

**333** Public Safety & all emergencies (The "Blue Light" emergency phone will connect you directly to Public Safety, or just dial 333 from any campus phone. Look for phone locations during the daytime so you will be familiar with them on a late night).

**632-6740** Counselor/Social Worker (Student Health Service)

**632-SNOW** Emergency Weather Information Main Campus

**444-SNOW** Emergency Weather Information HSC/Medical Center

**632-INFO** Campus Service Interruption Information

**63-ALERT** to report a safety hazard

**632-NEWS** news & events

## ***Personal Safety and Awareness***

### ***Public Transportation Guidelines:***

- When riding in a bus, use a stop that's well lighted and near a store that's open.
- Know the bus or train schedule ahead of time so you do not wait longer than is necessary.
- Do not sleep on the bus or train. Sit near the bus driver or conductor.
- Have your money or tokens in hand ready to give to the driver. This way
- you do not fumble with your wallet or purse.
- Do not engage in unnecessary conversation with strangers. Never give out any personal information. The person you're talking to may be fine but others can overhear.
- Do not get too involved with reading or music while you wait. Stay alert!
- Move away from people who appear intoxicated, even if this means going to another stop.
- Do not share a cab/taxi with a stranger.
- Sit near the aisle so you can get up quickly, if someone bothers you.
- Do not sit near the exit door on buses or trains. At stops when the door opens, someone can reach in and snatch your purse or briefcase.
- Hold on firmly to your purse or briefcase. Do not place it on the seat beside you. Keep it in your lap or wedge it between your feet.
- Tuck necklaces inside your clothing and turn rings around so that valuable stones are not showing. Better yet, remove jewelry before using public transportation.

### ***If you are confronted, consider:***

- Running, if possible.
- Shouting or blowing a whistle.

- Give up valuables without question.
- Yelling “Fire!” or “Fight!” gets people’s attention rather than “Help!”
- Do not make any sudden moves – your attacker is probably as nervous as you are.
- If your purse or briefcase is grabbed, let go and drop to one knee. This position protects you in case the attacker tries to knock you down.
- If you are attacked, try to drop something that can be traced to you (purse, ID, article of clothing).
- If you are assaulted and can break free, do not panic. Run towards safety, not away from danger.
- If you face a person with a weapon, look at the person, not the weapon. Your problem is with the person. Try to calm and soothe him by speaking quietly and reassuringly. Tell him he has nothing to fear from you. This is especially important with someone under the influence of drugs.
- Take mental notes about the attacker. Pay attention to the number of attackers, their ages, sex, ethnic backgrounds, appearance, clothing, weapons, voices, nicknames, special characteristics, or identifying marks.
- Be prepared...plan in advance how you’ll respond to a confrontation. Rehearse your words and actions.

### ***Did You Know?***

- Statistics show you can reduce your chances of being attacked on the street by 70%, if you walk with another person, and by 90%, if you walk with two others.
- Employee theft is a more serious threat to business than shoplifting, burglary, or bookkeeping errors combined.
- Half of all robberies take place on the street.
- Men are more often victims of robbery and assault than women (2 to 1).
- The older you are, the less likely you are to be robbed. The highest risk age for robbery is 12 to 15 years.
- More than half of the car thefts in the US occur because keys are left in the ignition.
- Most crimes against the elderly are committed by young men under twenty and are usually unplanned, spur of the moment crimes.

### ***Domestic Violence & Personal Crises***

- If a friend or partner assaults you, you can call a 24-hour hotline (666-8833) run by the Long Island Women’s Coalition, who also operate a free emergency shelter for victims of domestic violence.
- Response is a 24-hour crisis intervention hotline (751-7500) that provides confidential telephone counseling for bereavement, drug abuse, human sexuality and suicide prevention. For further information see also the HEALTH CARE section of the Survival Guide.

# Computing

Submitted by Diana Voss, Instructional Computing

The Division of Information Technology provides computer support through its several departments. Instructional Computing provides public computing lab access to all students. Networking Services supports on campus network access and dial up access from on and off campus.

## Public Computing Labs on Campus (SINC Sites)

All hours are subject to change. Call the listed phone numbers to check the hours or view the schedules on-line at: <http://www.sinc.sunysb.edu/Sinc/>

*SINC Site Locations and Phone Numbers*

<i>Main Library, S1460</i>	<i>(631) 632-9602</i>
<i>Chemistry, Room 432 &amp; Chemistry Library</i>	<i>(631) 632-1019</i>
<i>Computing Center, Room 138</i>	<i>(631) 632-8039</i>
<i>Computer Science, S2131</i>	<i>(631) 632-9279</i>
<i>Engineering, Room 106</i>	<i>(631) 632-1017</i>
<i>Fine Arts, Room 1301</i>	<i>(631) 632-1219</i>
<i>Harriman, Room 318</i>	<i>(631) 632-1356</i>
<i>Main Library Language Center, Room N5004</i>	<i>(631) 632-7013</i>
<i>Math/Physics, Room S235</i>	<i>(631) 632-1021</i>
<i>Social and Behavioral Sciences, N-620</i>	<i>(631) 632-0677</i>
<i>Stony Brook Union SINC Site, Room 080</i>	<i>(631) 632-1673</i>

*\*\* Life Sciences Site expected during the 2002-2003 Academic Year*



## Software and Hardware

Varied software is available at the SINC Sites including the following: Lotus SmartSuite, Microsoft Office, SPSS, Minitab, Maple, Visual Studio, Visual Café, Adobe Photoshop, Dreamweaver, Matlab, Mathtype, and other productive tools. All labs have Internet access and applications such as FTP and Telnet. There are printers in all labs and some labs have scanners. The Library & Union sites have both PC's and Macintoshes. Quark is available on the Macintoshes in the Student Union. In addition, the Fine Arts lab has multimedia software equipment such as music keyboards, mixers, scanners. Each lab may have specialized software for the disciplines it serves.

## How Do I get an E-Mail Account?

All Stony Brook students are eligible for an e-mail account. Some departments provide e-mail accounts for their graduate students. However, for dial-up or network access, you must have an Instructional Computing e-mail account. If you need an e-mail, please go to one of the following locations:

- Main Library SINC Site, Room S1460
- Union SINC Site Room 080,
- Computing Center, Room 138, or
- HSC Library (3<sup>rd</sup> Floor), with your student ID card.

Once you receive an e-mail account, it is valid as long as you remain a registered student at the University. You can forward the mail **to** another account if you prefer. For more information about how to use your e-mail (including directions for forwarding), look at: <http://www.ic.sunysb.edu/Help/email.html>

### ***How do I access the Internet from my home/dorm room?***

All Stony Brook students are eligible for an e-mail account, a personal web page, and Internet access from their dorm and/or home. Some rooms have direct network connections that require the computer to have a network card. Students who will be living in dorms that do not have a direct connection will need modems in their computers. Information regarding network access should be included with the room assignments that students receive in the mail.

### ***Dial-up Phone Numbers***

- ***On-Campus***                    ***77-1000***
- ***Western Suffolk*** (631) ***762-1000***
- ***Eastern Suffolk*** (631) ***603-1000***
- ***Nassau***                        ***(516) 417-1000***
- ***New York City***    ***(718) 807-1000***

Any student who is having **trouble connecting to the Internet** from his/her room, should call **Client Support at 2-9800**. The Main Library SINC Site (Room S1460) and the Computing Center (Room 138) can supply you with detailed documentation for setting up the Internet in your home. On-line documentation is available on the Instructional Computing web page at: <http://www.sinc.sunysb.edu/PPP>. You will need to have a working Instructional Computing account in order to dial into the University.

### **Free Computer Classes**

Throughout the year, Instructional Computing provides classes for all Stony Brook students. Classes offered include: MS Word, MS Excel and Dreamweaver (Web page development), and Flash. These classes are free but registration is required. Information regarding free classes is posted on the main IC page: <http://www.sinc.sunysb.edu>

### **What should I do if I need help?**

There are Student Computer Consultants who are available to assist you in most of the labs. If there is no one available to help you, (or if you are not in a SINC Site), you can send e-mail to: [helpme@ic.sunysb.edu](mailto:helpme@ic.sunysb.edu) or call: (631) 632-9602.

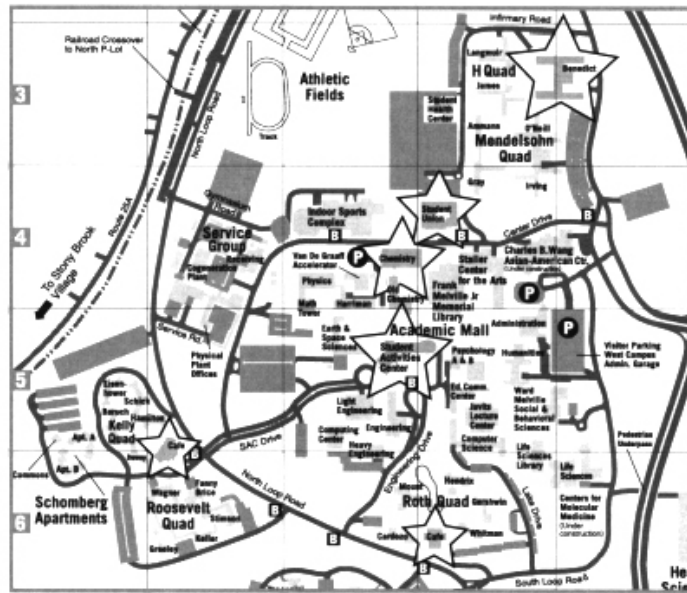
### **Resources for Graduate Teaching Assistants**

If you are a graduate teaching assistant and would like to set up a class e-mail account, class web site, or use our on-line courseware system, Blackboard, please contact us at 631-632-8050 or [bboard@notes.cc.sunysb.edu](mailto:bboard@notes.cc.sunysb.edu). More information about Blackboard can also be found at: <http://www.learn teach.sunysb.edu/blackboard.htm>. To learn more about the services the University provides for teaching with technology, you can view our web site at: <http://www.learn teach.sunysb.edu/>

**Are there other computing labs for graduate students on campus?** The HSC Library (3rd floor of HSC), contains a computer lab for students. This lab is the Barry S. Coller Learning Center (631-444-3502). This lab has PC's, Macintoshes, laser printers, and Account Request Terminals.

# So Many Opportunities So Close to Home

Student Staffing Resources Presents  
**"Your Map to Success!"**



**Multiple convenient locations and schedules,  
plus a wide range of job choices in Dining Services.**

## **And there's more ...**

- **Up to six pay increases a year**
- **Pay bonus at the end of every semester**
- **Automatic return-to-work base increase**
- **Time-and-a-half during finals**
- **Early return bonus/interim paid housing**
- **Free meals**
- **Referral and incentive bonuses**
- **Paid training to develop valuable work skills**
- **A dedicated office that deals exclusively with addressing your needs and issues**

Campus Dining Services  
FSA Student Staffing Resources Office  
Stony Brook Union Building - Room 250  
(631) 632-9306 [www.campusdining.org](http://www.campusdining.org)

# *Faculty Student Association*

The Stony Brook Faculty Student Association (FSA) is the University's auxiliary service corporation. FSA is responsible for administering a wide variety of services on the Stony Brook campus including bookstores (West Campus and HSC), dining services (West Campus, HSC, Long Island State Veterans Home), the Seawolves Marketplace, Computer Corner, the Spot, the voluntary student health insurance plan, campus identification cards, student employment, vending services, and the Union Amusement Center. FSA encourages its staff to be innovative and flexible in service to the campus community.

Comments, questions, and concerns about these services can be addressed to the FSA Customer Advocate by calling 2-4FSA (632-4372)



## **Computer Corner**

(632-7630, [www.computercorner.sunysb.edu](http://www.computercorner.sunysb.edu)) is operated by the FSA, and offers campus servicing and advisement in addition to educational discounts on brand name hardware and software to University students, staff and faculty. On-campus delivery and installation is free. Analog adapters, network cards, telephone, TV and printer cables are available for customer convenience. The store is located in the SAC basement, Room 017. It's final location will

be on the SAC main floor.

## **Vending Machines**

For any problems or questions, or to report a malfunctioning vending machine, call the Seawolf MarketPlace at **632-9281**. For refunds, go to the Seawolf MarketPlace in the Student Activities Center.

## **The University Bookstore**

Located on the ground level of the Melville Library (opposite the SB Union), stocks a wide selection of new and used textbooks, reference and trade books, study aids, general books, magazines, school supplies, dorm living supplies, gifts and novelties, greeting cards, clothing with the Stony Brook logo, backpacks, class rings, toiletries, candy and snacks.

Shop early to obtain any available used books and avoid the rush at the beginning of the semester.

The University Bookstore will also buy back used textbooks from students. This is done year-round at wholesale prices.

The University Bookstore's trade book department carries many reference and technical titles that relate to academic programs and a wide selection of general reading books and magazines. Titles not in stock can be special ordered at no additional cost.

Stony Brook Students can Reserve Textbooks Online for in-store pickup or Order Textbooks for Home Delivery at: [www.bkstore.com/sunysb/textbooks.html](http://www.bkstore.com/sunysb/textbooks.html)



# C Pocket r n e r

- Dart Alley
- 6 Pool Tables
- Ping-Pong
- Lounge area
- Music/TV/Cable
- Video Games



**OPEN MONDAY THRU FRIDAY**  
Pool Hall - 6 pm to 11 pm  
Arcade - 10 am to 11 pm

**LOCATED DOWNSTAIRS IN THE STUDENT UNION**

**AVAILABLE FOR PARTIES OR SPECIAL EVENTS!  
FOR MORE INFO CALL 632-6505 AFTER 6 PM.**

**THE ONLY ENTERTAINMENT CENTER ON CAMPUS!**

## C Pocket r n e r

- Dart Alley
- 6 Pool Tables
- Ping-Pong
- Lounge area
- Music/TV/Cable



**OPEN MONDAY THRU FRIDAY**

Pool Hall - 6 pm to 11 pm  
Arcade - 10 am to 11 pm

**1 FREE HOUR OF POOL**

**LOCATED DOWNSTAIRS  
IN THE STUDENT UNION**

To book a party, or special event  
Call 632-6505 after 6pm.

Valid thru 10/31

## C Pocket r n e r

- Dart Alley
- 6 Pool Tables
- Ping-Pong
- Lounge area
- Music/TV/Cable



**OPEN MONDAY THRU FRIDAY**

Pool Hall - 6 pm to 11 pm  
Arcade - 10 am to 11 pm

**1/2 HOUR OF FREE POOL**

**LOCATED DOWNSTAIRS  
IN THE STUDENT UNION**

To book a party, or special event  
Call 632-6505 after 6pm.

Valid thru 10/31

## *Faith*

It takes more than studying to get through graduate school; sometimes it takes a little faith. Stony Brook's Interfaith Center can help you keep in touch with your spiritual side. **The Interfaith Center**, located in the second floor of the Stony Brook Union, is the representative organization for chaplains and campus ministry persons who are officially selected representatives of religious denominations. Members cooperate with the administration, faculty, students, and staff in programs that contribute to the human quality of SBU and to the integrity of its academic purpose. Worship services are held and opportunities are provided to learn about and appreciate diverse religious traditions. Students are invited to visit any of the Interfaith Offices, ask questions, and participate. For general information, try: <http://naples.cc.sunysb.edu/OSA/interfaith.nsf>.

The following is a list of some of the diverse Interfaith Center offices in the Stony Brook Union: **Southern Baptist Campus Ministry** (Room 278) The Southern Baptist Campus Ministry currently sponsors a fall retreat, a spring Gospel Camp, and weekly meetings of the Chinese Christian Fellowship. The director of the Baptist Campus Ministry is Rev. Serena Lin. The office is staffed daily and students are more than welcome to drop by or call 632-6564 with any questions.

**Hillel Foundation for Jewish Life** (Room 201) The Hillel Foundation for Jewish Life is the umbrella organization that serves the needs and concerns of Jewish students on campus. It offers cultural, educational, religious, and social programs; and also oversees the kosher meal plan. Visit the

Hillel Center for Jewish Life, call 632-6565, or try [www.sunysb.edu/hillel](http://www.sunysb.edu/hillel) for more information.

**Roman Catholic Campus Ministry** (Room 265) The Roman Catholic Campus Ministry offers liturgies, retreats, sacraments, and opportunities for Christian living and service, as well as social and educational programs. Call 632-6562 for more information. **Islamic Society of North America** (Room 271) The Islamic Society of North America addresses the social needs and spiritual development of Muslim students. For more information, call 632-9769 or try the Muslim chaplain at 979-6156.

**Protestant Campus Ministry** (Room 275) Protestant Campus Ministry provides worship, social gatherings, study, counseling and retreats. The Chaplain Brother, Clark Berge, is available to speak to classes, residence hall groups, students, faculty and staff organizations. For transportation to local churches and program information, call 632-6563. Various congregations in the area.

**The Unitarian Universalist Campus Ministry** The Unitarian Universalist Campus Ministry, sponsored by the Long Island Area Council of UU Societies, offers programs and activities on campus, as well as transportation to the local Fellowship for worship services and activities. The Stony Brook UU fellowship is located on Nicolls Road just south of the hospital. For more information and a schedule of events call 751-0297.

### **Buddhism Study and Practice Group:**

<http://moya.ic.sunysb.edu/Clubs/buddhism/buddhism@ic.sunysb.edu>. President: Shu-Chiuan Chang 631-928-5389.

Closest Temple: Yeon Kuk Buddhist Temple Carol Ct. Huntington Station, NY 11746-5211, (631) 385-4600



## The Career Center

The Career Center provides comprehensive career and life planning services to graduate students: individual advisement, advanced website, career resource library, company recruitment days, web-based resume distribution for corporate, government, and non-profit positions, workshops on resume/CV preparation and interviewing skills, and a credentials service.

Their website lists details about our offerings and a calendar of upcoming events:

[www.stonybrook.edu/career](http://www.stonybrook.edu/career)

Location: Ground Floor of the Melville Library, Room W-0550 (next to Zebrapath)

Hours: Monday- Friday 8:30am to 5:00pm, and Tuesday until 5:30pm

### **INDIVIDUAL COUNSELING AND ADVISEMENT**

Professional career counselors are available to assist with any facet of the career decision-making process, from exploring career options with your degree, to conducting an effective job search.

Appointments are 45 minutes long and may be scheduled by calling 632-6810. Summer and intercession periods tend to be less active times when it is easier to obtain an appointment on short notice!

### **TESTING AND ASSESMENT**

Someone looking to identify the “right” career direction may choose to take one of the following assessments: The *Strong Interest Inventory (SII)* examines the relationship between a variety of interests (subjects, leisure, occupations, etc.) and potential careers that may satisfy those interests. *SII* costs \$10.

*SIGI Plus* is a computerized assessment that allows you to examine how interests, abilities, values and life experiences connect with specific careers. Based on your

responses, a list of potential occupations is generated.

The *Myers-Briggs Type Indicator (MBTI)* assesses personality preferences that may help identify occupational settings most compatible with your personal style. Students may take the *MBTI* after an initial consultation with a counselor.

### **CAREER RESOURCE LIBRARY**

Our library contains a wealth of information on occupations, job market, salary levels, job hunting, employment interviewing, and many other areas. Some titles commonly used by graduate students include:

- *Peterson's Grants for Graduate and Postdoctoral Study*
- *How to Prepare a Research Proposal*
- *Winning the Ph.D. Game*
- *Curriculum Vitae Handbook*
- *The Chronicle of Higher Education*
- *Cracking the Academia Nut*

- “*Preparing for Your Academic Career in the Humanities and Social Sciences*”

All materials are for reference use within the office.

### **CREDENTIALS SERVICE**

Students and alumni who wish to collect letters of recommendation from faculty, employers, and others in one central location may establish a credentials file. These recommendations are then available to be copied and sent directly to employer organizations and universities. Pick up a packet at the Career Center.

### **WORKSHOPS & CAREER SEMINARS**

Group workshops are offered on a variety of topics. Popular seminars include “Interviewing Skills for PhD’s” and “Job Search Strategies.” Check our website for the current schedule. \*Group requests for specialized career seminars are routinely accepted. Contact

[Elena.Polenova@stonybrook.edu](mailto:Elena.Polenova@stonybrook.edu) if your group would like to invite a speaker from the Career Center.

### **RESUME/CV / COVER LETTER EVALUATION**

Bring a draft of your written job search correspondence for review (typed please!) during our walk-in times: M-F 9:00am – 10:30am and 1:00pm – 4:00pm. No appointment necessary!

### **JOB FAIRS**

We offer two one-day events for employers visiting Stony Brook to share information about job openings and company culture, collect resumes and meet applicants. We strive to include a variety of organizations, including those representing life sciences, business, engineering and computer sciences, non-profit and social services, and educational organizations. Fairs are held in

October and March, and are open to Stony Brook students and alumni ONLY.

The MS/MA/PhD Virtual Career Fair was held in February 2002, with 70 employers hiring graduate students. We hope this event will be repeated in 2003. For details on all our job fairs and recruitment events, please visit our website.

### **ON-CAMPUS RECRUITMENT (OCR)**

This program brings employers to Stony Brook to meet individually with candidates in an interview setting. To participate in On-Campus Recruitment, you must review a 30-minute workshop, “On Campus Recruitment Orientation” online, and register with the Career Center online using our web-partner, MonsterTrak. You will learn to post and submit resumes for prescreened interviews. The system is user friendly and students with no prior computer experience will find it simple to use.

### **EMPLOYMENT LEADS**

Aside from Job Fairs and OCR, students may access on-line job listings through MonsterTrak and many other job listing websites. We also keep paper copies of listings in the Center, for those who still want to browse by hand.

Our library contains periodicals and trade publications which list jobs as well, such as the *Entertainment Employment Journal* and *Environmental Career Opportunities*. Throughout the year, we also offer opportunities for students to meet alumni from Stony Brook, who return to campus to share their experiences and recommendations for those who wish to follow their path. Career panels typically take place in November and April. Specific details are listed on our website.

<a href="http://www.stonybrook.edu/career">www.stonybrook.edu/career</a>
--

# Libraries

Probably one of the first things you will want to find is the location of the library. You might be lucky enough to be in a Department that has its own library but I am sure you will also need to know of the other libraries on campus, especially the Main Library. The webpage for the libraries is <http://www.sunysb.edu/library/>

You can find many useful information for all the libraries, especially the hours of operation which is important. From that link you can also access 'STARS' which is the search engine for the books that are available on campus, in all the libraries. You can easily locate where on campus is the book you are looking for as long as you know the author or the title or at least the subject area. The program lets you do search using any of the above criteria. You can also renew your books form the same function as long as you create an account without having to actually go to the library you borrowed the book from .



## Interlibrary loan webpage:

What happens when you need a book but our library does not own it? Do not worry. Thanks to the Interlibrary Loan people you can request a book that you need and they will find it and bring it on campus so that you can use it. The length of the time that you can keep a book depends on the book but it usually is from 3 weeks to a couple of months (you can renew it by using the above webpage). In order to start using the service (it is a free service) you need to create a login and a password. Their webpage is <http://hermes.lib.sunysb.edu/illiad/default.htm> The service applies to articles as well as books.

A small tip that will help getting the book faster is to know the ISBN of the book in advance. If you do not know it go to [www.amazon.com](http://www.amazon.com) (or any online bookseller), type in the title of the book you want and it will give you the ISBN. Knowing the ISBN is not required but it helps processing the requests faster. The service also works for papers as well, you can request a paper that you can not find on campus and they will find it and photocopy it for you.

The Stony Brook Campus has a number of libraries spread around campus. The Main Library (or Melville Library or Science and Engineering Library) is located on the West Campus (across the fountain). The Melville Library house collections serving the fine arts, humanities, music, social sciences, engineering, biology and geosciences. In the same Library you will find access to current periodicals, government documents and legal materials, maps and microforms. You will also find a Music Library and Audio Center, individualized study carrels and a student lounge.

Departmental libraries on campus are:

**Chemistry** located in the Chemistry building

**Computer Science** in the C.S building

**Marine and Atmospheric Sciences** in the Marine Sciences building

**Mathematics, Physics and Astronomy** located in the Physics Building (C-level)

**Health Sciences Library** is located in the Health Sciences Center on the East Campus and is administered separately.



# Sports And Physical Fitness

Our campus has two main facilities where you can exercise in your less than copious free time. Both are located in the main campus

**Sports Complex Facilities:** It is located in the Main Drive across the Physics Building. Access is free to all graduate students but you need to bring your University ID in order to gain free access to the building. You are welcome to bring a guest with you but you need to pay \$5 for the guest to get in. The Sports Complex includes both indoors and outdoors facilities. The indoor facilities include courts for basketball, volleyball, racquetball, squash, badminton, a running track, a dance studio, an exercise room, a weight room, lockers, and a pool. The outdoor facilities include tennis courts, outdoor basketball courts, baseball, softball, and soccer fields, multipurpose fields for intramural competition, beach volleyball courts, and a new football/lacrosse stadium opening in 2002. You can make reservations for the racquetball and squash courts by calling (631)632-7200. You can find more information on the website:



<http://goseawolves.fansonly.com/trads/ston-facilities.html>

Contact information:

Phone #: 631-632-7168

e-mail: [campusrecreation@notes.cc.sunysb.edu](mailto:campusrecreation@notes.cc.sunysb.edu)

**Wellness Center:** The Eugene Weidman Wellness Center is a smaller facility than the Sports Complex and is located in the basement of the SAC (next to the bank and the post office). This facility is comprised of two rooms which include: Cybex Bikes, Climbmax Steppers, Treadmills, dumbbell Weights, fitness balls and others. The Wellness Center hosts many other activities such as step aerobics, body sculpting, yoga, kickboxing.

The time schedule is different every semester so you should check the following webpage <http://www.recreation.sunysb.edu/wellness.html> for updated information.

This facility is free for graduate students as well, but there is a small fee when there is an instructor involved for example aerobics or yoga.

Call at 632-7206 for information.

## Sports Clubs

Both the Wellness Center and the Sports Complex host various clubs that support a variety of activities on and off-campus. You will find

- **Badminton**
- **Ballroom Dance**
- **Boston Style Tae Kwon Do**



- **Capoeria**
- **Crew**
- **Equestrian**
- **Ice Hockey**
- **Kumdo**
- **Outdoors Club**
- **Men's Rugby**
- **Women's Rugby**
- **Shotokan Karate**
- **Ultimate Frisbee**
- **Volleyball**

and many others. Every club has a contact that you can email and ask information on their activities. If you are expert in a sport that is not in the list you can make your own club!! You will find forms in the webpage: <http://www.sunysb.edu/stuaff/recreation/clubs.html>

### ***Department of Physical Education***

The Department of Physical Education offers a wide range of courses covering many physical conditioning activities and sports at all levels (beginners, intermediate, advanced). Graduate students are permitted to take these courses on a space available basis with permission from the instructor. You can not receive credits for those courses. You can find more information about the courses taught this year in webpage / undergraduate bulletin or registrar's office.

### ***Intercollegiate Athletics***

The Athletic Department became a member of the America East Conference starting with the Fall 2001 season. The Seawolves (that is the name of our school team) will compete at the NCAA Division I level that will compete in our Indoor Sports Complex and new stadium that will be completed in the Fall. Athletics sponsors intercollegiate competition in the following sports: baseball, basketball, cross country, football, indoor and outdoor track, lacrosse, soccer, softball, swimming, tennis, and volleyball. Unfortunately graduate students in general are not allowed to compete in the teams-the only exception are graduate students who completed their undergraduate work at Stony Brook. But you can participate by attending the games and cheering for our team!

### ***Intramural Sports***

Intramural sports offer opportunities for students, faculty, and staff to participate in team and individual sport competitions. *These include: flag football, basketball, volleyball, indoor and outdoor soccer, floor hockey, softball, beach volleyball, and bowling.* Individuals as well as teams are encouraged to participate in intramurals. Usually departments form various teams and play against each other. If your department does not have a team you can create one!

# Local Entertainment and Recreation

If you want to take a break and do not know what to do check out these ideas. For more ideas see Long Island's web engine [www.longisland.com](http://www.longisland.com) and local papers. Have fun!



## Movies

On campus, the Staller Center presents movies on Thursday nights. Student tickets are \$3 per movie or \$15 Season Ticket to see all 14 movies. Individual tickets as well as Season tickets can be purchased at the Box Office just do not forget to bring your student ID. Tickets can be bought over the phone (632-ARTS). If you stay in Stony Brook during the summer do not miss Stony Brook Film Festival at Staller Center which brings many independent and foreign films you may not be able to see elsewhere. For the film schedule go to [www.stallercenter.com](http://www.stallercenter.com)

For local movie theaters and their listings, the best place to check is [movies.yahoo.com](http://movies.yahoo.com) for ZIP code 11790. Closest to campus are the Smith Haven Mall Cineplex Odeon Theatres (724-9550), Loews Stony Brook Theatre (941-0124) and the Port Jefferson Cinemas (928-3456).

Theater Three (928-9100) in downtown Port Jefferson often has film series during the week, many of them co-sponsored by the Humanities Institute on campus.

Another source of film fun is the Cinema Arts Center (423-FILM) in Huntington, which shows some great independent films that you would otherwise have to go into the city to see. For more info check [cinemaartscenter.org](http://cinemaartscenter.org).

## Culture

The Staller Center ([stallercenter.com](http://stallercenter.com)), besides movies, offers a variety of first-rate programming. Again as a student with Stony Brook ID, you're eligible for discounts on many of the offerings. Theater, dance, and music groups from around the country play here every season. The Staller Center is also a showcase for the University's own Theater department, whose student productions are wonderful and inexpensive.



## Cabaret at the Spot

Theatre Department Graduate Students run their own theatre Cabaret at The Spot. For Cabaret show listings check the end of this section or go to [www.sinc.sunysb.edu/Clubs/cabaret](http://www.sinc.sunysb.edu/Clubs/cabaret).

## Cabaret at the Spot - Fall Schedule



**Sept.12-14** *Web Theatre*

**Sept.26-28** *Strip*

**Oct. 11** *Musical Cabaret*

**Nov.7-9** *Talking With...*

**Nov.14-16** *Virgin Escorts*

**Dec. 5-7** *Gossip*

**Dec. 12-16** *Holiday Show*



## ***Music***

Stony Brook's Music department also has an extensive list of events. Orchestral, Choral, and Chamber Music concerts can be heard nearly every weekend, and graduate music student recitals are ongoing throughout the year. In part because of its proximity to New York City, Stony Brook's graduate music department attracts students from Juilliard, Eastman, and other major conservatories, many of them have professional careers well underway. You can expect to hear some excellent performances for not very much money. Indeed, many of the concerts are free, including recitals. Check with the music department (632-7330) or the Staller Center box office (632 ARTS) for details.

## ***Visual Arts***

The visual arts are also alive and well on campus. Check the Library Gallery for monthly shows of MFA student work. The main gallery in the Staller Center has rotating exhibits of contemporary artists from around the world. It's free and often open evenings before concerts.

Art Department graduate student have their exhibition at the main Library gallery as throughout the semester. The Student Union Craft Center Gallery also has a full season of diverse shows, some of them curated by students.

Off-campus you'll find the Museums at Stony Brook, which have rotating art exhibits plus major collections of carriages from the turn of the century. Gallery North (751 2676) in Setauket shows work from good local talent and beyond, as does Mills Pond House (862 6575) in St. James.

More plays and musicals can be found off campus at Theatre Three in Port Jefferson (928 9100).

## ***More Fun...***

### ***Beaches***

Two local beaches are open to all Brookhaven Town residents West Meadow in Stony Brook and Cedar Beach in Mt. Sinai. For Smithtown residents, there are town beaches at Long Beach and Short Beach in Nissequogue. Plenty of other more quiet spots lie in between: just be careful as many beaches are restricted to local village residents. All these village beaches are also just a healthy bike ride away from campus (which would solve any parking problems), and free.



You can also drive across the Island to Robert Moses Park beach or Jones Beach.

### ***Take A Hike***

Good short trails through the pine barrens begin in Rocky Point off Rte. 25A; and south of there in Ridge off Rte. 25 where you'll find the headwaters of the Peconic River. There's an old cranberry bog outside of Riverhead, good for a short walk and more trails further east on the South Fork and at the Nature Conservancy on Shelter Island.

### ***Can You Canoe?***

If so, the Peconic River and the Carmans River in Yaphank are both popular spots, and canoe rentals are available for both rivers. Southaven County Park (where the Carmans run through to the south shore) may have restrictions on what day canoeing is allowed.

### ***Try A Taste Of Long Island***

***Take a drive out east. Fall is harvest time for the vineyards and is one of the most interesting times to visit the wineries on the North and South Forks. At some places you can sip for free; others have a minimal charge for tasting. You'll also find farm stands and pumpkin picking in late October. Out in the Hamptons, you'll find more beaches, hiking, horseback riding... Checkout: [www.hamptons.com](http://www.hamptons.com)***



### ***Make something...***

#### ***Arts, Crafts, & More***

The Union Crafts Center in the basement of the Student Union is an excellent resource for people who want to expand their skills without taking on the burden of a 3-credit course. The center usually offers excellent classes, workshops, studio memberships, and children's classes but they will charge a fee for attendance.

Arts and crafts classes include: photography, pottery, weaving, basketry, paper making, book binding, drawing, painting, and a special class on building wooden instruments.

Leisure classes include kayaking, bartending, vegetarian cooking, dance, wine appreciation, and T'ai Chi Ch'uan.

Contact the Craft Center for more information at 632-6822, or 632-6828, or stop by the center.

#### ***Amusements***

Check out "The Spot" (located near Roosevelt Quad cafe building): it features live music from campus and local alternative, blues, folk, and jazz bands. Poetry readings, theatre shows and other forms of entertainment can be found here as well. The Spot hosts many graduate parties as well. It serves a variety of reasonably priced beverages (including imported beers) and great food. At The Spot you can play billiards and darts, meet fun people, or dance. Check the-spot.org for details.

The FSA Amusement Center is located in the basement of the Student Union. In addition to selection of current arcade games, there are eight (8) pool tables and a ping-pong table. The Center also rents video-tapes on a daily basis.

Video tapes can be rented at the Melville Library for free!

For more fun, visit Sport's Plus, the huge entertainment center across from Smith Haven Mall, on Rte. 347. This place has everything, including bowling, mini-golf, ice skating, driving ranges, musical & sporting events, and other fun stuff.

**WWW.WUSB.ORG**  
**25 YEARS RADIO FREE**

**90.1 FM**

Fall Training Course  
for student and community volunteers  
Union Bldg. Rm. 226  
September 19th 2002, 1 pm.

**Help run your radio station**

*Progressive Music*  
*Sports*  
*Political Commentary*  
*Community Events*

Contact: (631)-632-6501  
info@WUSB.FM



**for your company picnic**

**INDOORS OR OUTDOORS YOUR COMPANY CAN ENJOY  
THE BEST OF BOTH WORLDS... AND LEAVE THE DETAILS TO US.**

Our landscaped outdoor area is designed to entertain your group of 10 to 1,000 for a fun-packed day. And if Mother Nature isn't cooperating, we'll move the party indoors, to our Event Centre at Sports Plus.



We can provide up to 150,000 square feet of versatile space on 16 acres which includes the many attractions of our Family Entertainment Center; an NHL size iceskating rink, bowling, IWorks Movies, arcade games, lazer tag, and more!



Our Event Centre Team will help you choose a menu to fit any event theme or budget. And with our Special Events Team managing the details, it will be all fun and no hassle.

To Plan Your Next Company Picnic or Corporate Event at Sports Plus,  
Call Michael Soethout at 631-737-2244 Today.



110 New Moriches Road • Lake Grove, NY 11755 • www.sports-plus.com



(631) 751-5591

*Old Field Tailor Shop*  
*Custom made suits & shirts*

*Rocco Palermo*      *175 Route 25A*  
*East Setauket, N.Y. 11733*



(631) 689-9000  
FAX (631) 689-9518

**ROBERT A. HUTTEMEYER**  
Branch Manager

1047 North Country Road, Stony Brook, NY 11790

*Cal-Cutters Unisex*  
FULL SERVICE SALON  
STYLING FOR THE ENTIRE FAMILY  
FULL BODY WAXING & TANNING



RTE. 25A & CEDAR ST. • STONY BROOK

MON-SAT 9-6

751-1112

## After Hours Fun



*So, you need to have some fun? Do it! What are your options?*

**The Spot**, the Graduate Student Lounge, is located on campus right next to the Schomburg apartments. It is designed for relaxation: you can hang there every Thursday, Friday & Saturday. Beer is cheap and plentiful, there are even snacks, darts and billiards, and almost every night there is either a live musical or theatrical performance.

Another walking distance option is **Park Bench** located across from the LIRR train station, on the north end of the campus. There is always something for everyone on the multitude of big-screen TVs that run simultaneously, in addition to billiards and video games.

**Velvet Lounge** is in the same building as the Curry Club at the end of the Nicolls Road on Route 25A. If you enjoy Karaoke visit the Velvet Lounge on Thursdays.

If you are willing to catch a bus you could visit some other places as well. The bus stops on-campus across from Schomburg, at the Union, and right in front of Chapin. Head east, AWAY from the Smith Haven Mall. This is the perfect strategy to ensure that you will not stay out too late (and therefore distracting yourself too much from your work) because you will have to catch the last bus back to campus sometime before 10 PM, or you can plan to catch the train back (last one back from Port Jefferson is around 3 AM). All you'll need is a few bucks for the round trip fare. (Make sure you bring cab fare, just in case!).

If you stay on the bus...you'll shortly end up in the Village of Port Jefferson. Wander down Main Street. **Billie's 1890** is just on your right a few blocks down. Billie's is world renown for its burgers and snacks. It's usually not too crowded during the week unless it's time for Monday night football.

For a bit of the high life, try **Port Jazz** above the Starbuck's on Main Street. They feature a number of local bands and musicians, although drinks are not cheap here!

Up next on Main Street is a neat Irish pub and restaurant known as **The Printer's Devil**. Food and drink specials abound from 4-7 during the week. The atmosphere is usually quiet and mellow, considered a retreat for the locals during tourist season.

It's time to get back on the bus. Tara's Inn, The Village Pub, and 104 are two more cool hangouts just up the hill in Port Jefferson Station. They're a walking distance from the Port Jefferson LIRR train station, so either place is ideal if you find yourself out too late to catch the last bus back to the campus.

**Tara's Inn** is just past the stop light at the top of the hill on the left. They have the best \$1 burgers in town and a Happy Hour that'll ease your pain. There are several TVs for the sport enthusiast as well as billiards and a video assortment. From 4-7 on weekdays and from 4-8 on Friday, you "pay what you pull", meaning that you select one of 5 possible

entries on a ticket and receive the indicated discount. Be prepared to wait for a while for you food when it gets busy.

Still feeling adventurous? Right before Tara's Inn is **The Village Pub**, a good place to catch a local band on the weekends. You can also wander over the LIRR tracks and check out **104 Main Street**. \$1 Budweisers and nachos await you there along with some of the best billiards, darts and trivia around.

If you are with a car you have a several more options. **Shenanigans** is located on Stony Brook Road (after it becomes Hawkins Road) and has great Karaoke Fridays. Also the restaurants located around Smithaven Mall (**TGI Friday's**, **Applebee's**, **John Harvard's**, **Ruby Tuesday's**, **Hoolihan's**) are open very late for dinner and drinks. If you take Route 25A to Smithtown you will find a several bars. Some of them have dance floors as well. Lake Grove Diner is open 24 hours every day if you need a late night snack after dancing.



For dance clubs go to [www.liclubs.com](http://www.liclubs.com)

A club that's relatively close is **Wall Street** on 347 West (toward the city). **Thunders** is a gay club in Huntington ([thunders.com](http://thunders.com)). Once you are more familiar with the area check out **CPI** in Hamptons ([cpiniteclub.com](http://cpiniteclub.com)) and

*Remember if you are driving make sure you have a designated driver (person who will not drink that night.) Drinking a driving can cost you your license, a lot of money, and a night in jail. The laws about drinking a driving are very strict in NY state but more importantly a few drinks are not worth losing your life.*



# *How To Survive Grad School And Long Island the Queer Way!*

There is Queer life on Long Island!! Check out the new graduate **Queer Alliance** at SBU and the many local queer clubs and events! Here's some info on where to start looking:

## **Resources:**

**Stony Brook Queer Alliance** (See *Clubs* section). A new, all-inclusive social and political issues group. The website is: <http://www.ic.sunysb.edu/Clubs/queer/> (e-mail: [sbgrad\\_pride@yahoo.com](mailto:sbgrad_pride@yahoo.com))

**Stony Brook LGBTA**-Undergraduate group: [www.sinc.sunysb.edu/Clubs/pride](http://www.sinc.sunysb.edu/Clubs/pride)

**OUTINLI**-Local youth group: [www.outinli.org](http://www.outinli.org)

**OUTLOOK Long Island**-Local queer magazine. Email: [OutlookLI@aol.com](mailto:OutlookLI@aol.com)

Long Island info and events: [www.gayli.org](http://www.gayli.org)

Daily news and local personals: [www.planetout.com](http://www.planetout.com)

## **Events & Hangouts:**

**The Long Island Pride Parade**-[www.liprideparade.com](http://www.liprideparade.com)

June is Gay Pride Month and New York celebrates in style! The Long Island Pride Parade takes place in Huntington along Main Street and culminates with a concert and party in Heckscher Park. Join Stony Brook Pride as we march again on Sunday June 8<sup>th</sup>, 2003! (details: [sbgrad\\_pride@yahoo.com](mailto:sbgrad_pride@yahoo.com))

## **Fire Island - [www.gay-fireisland.com](http://www.gay-fireisland.com)**

For nearly a hundred years, Fire Island has been the location of the oldest gay and lesbian community in America-Cherry Grove, and more recently, The Pines. Cherry grove tends towards a good time, mixed, motley crowd, while The Pines is almost exclusively male, muscular, and at times, arrogant. For bars and clubs check out The Ice Palace and Cherry's in Cherry Grove and The Pavilion in The Pines. The ferry dock is in Sayville and ferries run from the beginning of April to the end of October. A round trip costs \$11. For ferry schedules go to [www.sayvilleferry.com](http://www.sayvilleferry.com)

## **Queer Bar & Club Directory-[www.gayli.org/](http://www.gayli.org/)**

### **Suffolk County:**

~**The Bunkhouse:** 192 Montauk Highway, Sayville, NY-Mixed crowd, Fire Island crowd in summer, dance floor. Just 12 miles from Stony Brook. (631)567-BUNK

~**Thunders:** 1017 East Jericho Turnpike, Huntington Station, NY-Mixed crowd but more men than women, two floors, two DJ's, outdoor patio and pool tables. 23 miles from Stony Brook. (516)739-3909, [www.parkandride.com](http://www.parkandride.com)

~ **Forever Green:** 841 Broome Avenue, Lindenhurst, NY-Mostly women, dance floor, live music. 27 miles from Stony Brook. 226-9357.



# *Go to New York City*



New York City may be one of the reasons for you to choose Stony Brook. Capital of the world or epicenter of the universe, whatever you would call it. Best of all, it is only 60 miles away!

It is impossible to savor the beauty and excitement of NYC in just two pages. We just want to give you some hints before you are on the road. A good tour guide will be very helpful for you to decide where to visit from hundreds of fascinating places. It will also tell you stories behind the scene to make you fully appreciate the core of the City. You can find good references at Border's bookstore or Emma Clark Memorial Library.

## ***What to Bring***

Cash of at least \$30 is necessary to pay for food and drinks from vendors or fast food stores. Some museums may not accept credit card either. If you do not have a city map, you may ask for a free subway or bus map at most of the subway stations when you get there. A cell phone or quarters to use at pay phones may assure you in case you get lost.

## ***How to Get There***

Most new students go to the City by train. LIRR Stony Brook train station is at the north end of the campus, near the Sports Complex. Once there, obtain a copy of the Port Jefferson line timetable so you know when to catch a train from the city back to the campus. If you go off-peak (anytime other than the traditional weekday morning and evening rush hours) your round-trip ticket to the city's major train station, Pennsylvania Station, will cost you \$14.50. The trip takes a little bit under 2 hours each way.

If you decide to drive, take either LIE (495) or Northern State Parkway west. LIE will take you directly to Midtown Tunnel. Northern State Parkway connects to Grand Central Parkway and then Tri-Borough Bridge. Most bridges or tunnels from Long Island to Manhattan will cost \$3.5 one-way. Queens Borough Bridge is free but it is not connected to major highways. If you could find Queens Boulevard (Rt. 25), it will lead you to that free bridge. Street parking is available above mid town during weekends but it is extremely difficult to find on weekdays. Parking Lots usually will charge you minimum \$12 per hour in daytime.

## ***Once You Get To Penn Station***

The road system at Manhattan is quite clear cut. Roads go in north and south directions are in most cases called "Avenue" whereas their east and west counterparts are called "Street." "Avenues" and "Streets" are labeled by number. The direction to Lower Manhattan area, such as Wall Street, is called "Downtown" direction, and "Uptown" refers to Upper Manhattan or Bronx.

Keep your eyes open for signs that direct you to the subway lines if you're planning on traveling a little bit far. Subway entrances are painted in bright yellow and dark green and locate mostly at road intersections. Subway/bus maps are FREE at ticket booth, so take the advantage. Tokens for the city's subway system cost \$1.50 each, and are available in the subway stations as well as any LIRR ticket machine. For \$4, you can get a one-day fun pass for unlimited subway ride. It is also good for buses. City bus covers much more streets than subway.

You may find that walking in the city can be fun, too, though it does get you tired rather quickly. Walking distance usually means 1-5 blocks away. If you need to go further than that, better take public transportation.

## ***City in Daytime***

The Empire State Building is a good place for the first time visit. It is located at 34<sup>th</sup> St. and 5<sup>th</sup> Ave and can be reached by subway. Elevator can take you to 89<sup>th</sup> floor for you to enjoy an overview of the City. It is also the romantic scene of the movie, *Sleepless at Seattle*. It opens early in the morning till 11 PM. The night view is gorgeous, too. The ticket costs \$11.

NY Waterways at Pier 78 or 83 can offer you a great scene of Manhattan from the river. You have several choices of a cruise. The 90 minutes cruise going across Manhattan will get you both a feeling of New York skylines and a close look at Statue of Liberty. It costs \$19. You may need to check their web site at [www.NYWaterway.com](http://www.NYWaterway.com) to purchase ticket in advance during summer peak season.

Rockfeller Center and 5<sup>th</sup> Avenue may ring a bell to you. Upper East Side is where the wealth of the City flourish. You may take subway to 47<sup>th</sup> St. and 6<sup>th</sup> Ave. to get to Rockfeller Center. The group of sky-scrappers boast the weath of the Rockfeller family. There are many famous sculptures around. The tallest Christmas tree will be displayed during the winter. You may keep walking east to 5<sup>th</sup> Avenue. The area from 47<sup>th</sup> St. to 59<sup>th</sup> St. along 5<sup>th</sup> Avenue will showcase the finest stores of the world. You will find flagship stores of famous brand names such as Gucci, Fendi, Rolex, and Tiffany Co., et cetera. It may not fit in the purchasing power of graduate students but window shopping at such fine places will also pop up your eyes and let you exclaim how wonderful the world could be. Many houses there are former residences of billionaires. The prosperity extends as futher east as to Lexington Avenue and Park Avenue.

New York is also famous for its museums. Most museums have an enormous collection of items that there's really no way to do them all justice on one trip. You'll need a few hours to start scratching the surface of any of them. Your student ID entitles you to discounts at all the major museums in the city.



The Metropolitan Museum of Art (Met) and the Solomon R. Guggenheim (S.G.) are very close to each other. You may visit them together. Take the 4/5 from Grand Central Station uptown to 86 St., head west a few blocks to 5th Ave and proceed to 82 St. Then you get to the Met. It is closed on Monday. A student ticket is \$5. For more information go to [www.metmuseum.org](http://www.metmuseum.org). S.G. is at the corner of 5<sup>th</sup> Ave and 89<sup>th</sup> Street. You will not be able to miss its iconic beehive shape. It is open Sun-Wed 9-6 and Fri-Sat 9-8. It is closed on Thursday. For details go to [www.guggenheim.org](http://www.guggenheim.org) or call (212) 423-3500.

If you want to see the modern life of the city, go to Soho. Soho is an acronym for “South of Houston Street.” Many modern arts galleries and popular fashion stores locate there. Take subway to Canal or Prince St. Stores and galleries mostly crowd along Prince Street. Fashion boutiques in iron-casted lofts are typical outlook of Soho.

Just feel like relaxing? Central Park is huge: it runs from 59<sup>th</sup> St. way up into the 100's! You're guaranteed to find something interesting to do here: among other things, they've got free concerts and plays, a skating rink, a canoeing area, dozens of bike and jogging paths, and a cool zoo. Check out schedule of free performance in summer at [summerstage.org](http://summerstage.org).

### ***City at Night***

Times Square is what you should not miss at night. It is located at Broadway and 42<sup>nd</sup> Street. The neon lights will dazzle your eyes. From there, you have access to dozens of Broadway theaters, showing the best that worlds of stage and screen have to offer. Lincoln Center, home of the Metropolitan Opera, is located at 62<sup>nd</sup> St and 9<sup>th</sup> Ave. If you want to see some less commercial theatre, look for Off-Broadway and Off-Off Broadway shows. In Times Square, the TKTS booth sells show tickets for the day at a 25% and 50% discount for a variety of Broadway shows. It opens around 2 PM. Shows usually start at 8PM and last for 1-2 hours.

There are hundreds of places to go to dance the night away in the city; one of them is Webster Hall (125 East 11<sup>th</sup> Street, between 3rd and 4th Avenues New York City, \$30 cover charge, check [www.websterhall.com](http://www.websterhall.com) for discounts).

### ***Where to Shop***

Macy's at 34<sup>th</sup> St. is a heaven for shopping. It is very close to Empire State Building. This “largest store of the world” has “something for everyone.” With more than 100 years history and three huge buildings in scale, you will find fine clothes that fit you well and at affordable prices. Sales event at holiday seasons are frequent.

Barney's New York and Bloomingdale's on the Upper East Side are also attractive. But prices are a little bit high for our poor students. The 6<sup>th</sup> Ave. is called Avenue of Fashion. Around 21<sup>st</sup> to 43<sup>rd</sup> St., there are many clothes stores.

## ***Where to Dine***

Go anywhere in the city and you'll find yourself only a few steps away from a good restaurant or bar. It is possible to spend a reasonable amount of money on good food, but you have to check the prices on the menus first (look by the door). It's often best to rely on word of mouth: ask your friends for recommendations or try the NYC Zagat's Guide ([www.zagat.com](http://www.zagat.com)).

Some of the best (and least expensive) places to eat are in Greenwich Village (located at downtown Manhattan in the area between Christopher Street and Washington Square). It is quiet during the day but bustles at night. In addition to the peculiar denizens of the Village, the local bars tend to be filled with students who are taking a break from their work, so you'll find a pretty fun and eclectic crowd all around you. In addition to some great restaurants, Greenwich Village also has great shopping, and a number of comedy clubs.

China Town or Little Italy may offer you an exotic taste. Most of the best Chinese restaurants at NY area are located at China Town.

## ***A Word of Caution***

The City is a reasonably safe place even for first-timers. However, you still need to avoid walking alone at dark and unfriendly streets at night.

After the horrendous event on September 11<sup>th</sup> last year, security is tight on special dates. You may even be stopped for security check. So bring photo ID with you and do not carry unnecessary items when going to the City.

## ***To Find Out More***

Great websites to visit to find out what's happening in the city: [www.ci.nyc.ny.us](http://www.ci.nyc.ny.us), [www.nysidewalk.com](http://www.nysidewalk.com), [www.newyork.citysearch.com](http://www.newyork.citysearch.com), and [www.ny.com](http://www.ny.com).



# Get Involved!

Now that you are here as a graduate student, and are likely to be spending the next several years of your life at this university, why not try and make it a more grad-friendly place?

Often graduate students can be heard griping about this and that, while taking on the attitude that such circumstances are beyond their control. The fact of the matter is that **many of these circumstances ARE within your control, and yours to change if you are willing to make the effort.**

Upset about the health fee? Why not volunteer for the SHAC (Student Health Advisory Committee), which has a mandate to review such fees, and make your voice heard? Do not like the way the GSO spends your activity fees? Come join the GSO Budget Committee, and redirect funds where you feel there is a greater need. There are many such committees, which practically encompass every aspect of graduate life you can think of....but they often go unfilled due to lack of student participation.

**Crucial decisions that directly effect you, the graduate student, are being made without your input! Get involved and make a difference!**

*All of the following committees are open to graduate students. If you want more information, just email [gso@ic.sunysb.edu](mailto:gso@ic.sunysb.edu).*



## **University Senate Committees:**

The University Senate is the chief governance body for The University, representing faculty, students, and professional staff. The following committees consist of elected representatives of faculty, staff, and students.

The **Administrative Review Committee** is the chief body for evaluating administrative performance, and proposed reorganizations. It is represented on all search committees at the level of Dean and above.

The **Student Life Committee** examines all aspects of the quality of student life on campus.

The **Computing and Communications Committee** advises the chief administration officer for computing on all matters pertaining to computing and electronic communication on campus. It further advises on the operation of the educational communications centers.

The **Committee on Academic Planning and Resource Allocation** is a committee that merges the old CRAB and long-range Planning committees. It will review academic planning, budgetary procedures, and priorities for resource allocation. It will also be consulted by the Administration on proposals for new colleges, schools, and inter-collegiate programs.

The **Graduate Council** advises the Dean of the Graduate School and monitors all aspects of graduate programs.

The **Library Services Committee** advises the Library directors on all aspects of the libraries, and in addition advises on the operation of the campus bookstores.

The **Research Committee** advises the Vice President for Research on all aspects of research.

The **SPD Council** advises the Dean of the School of Professional Development and monitors all aspects of the SPD program.

The **University Affairs Committee** advises the Vice President for University Affairs on all relevant matters, including fund raising, publicity, and the public face of the University.

**Presidential Committee on Commencement** advises the President of the University on all aspects of the annual commencement.

**Committee to Celebrate Diversity** was created to promote multicultural and interpersonal understanding throughout the campus. Its mission is to encourage the entire university community to appreciate, explore, and learn from the richly complex and diverse population on campus.

**Student-Faculty-Staff Retreat Committee** Plans the annual get-together of the students, faculty and staff at the USB Retreat.

**Campus Safety Committee**

**Women's Safety Committee**

**Student Health Advisory Committee** serves as the student's voice on health related issues facing the university community, including such issues as mandatory health plans for all students.

**Chancellor/President's Committee on Excellence in Teaching**

**Union Advisory Board** advises the Dean of Students on matters relating to the operations/services of the Student Activities Center, Stony Brook Union, and satellite facilities.

**Student Assembly** acts as a forum for consultation and exchange of info between SUNY students, the Chancellor, and the SUNY Board of Trustees on matters of a University-wide nature which affect student concerns. It also acts as a network for communication for campus student government leaders.

**Arts & Sciences Committees:** Arts & Sciences Executive Council, Academic Judiciary, Academic Standing and Appeal, Curriculum

**Faculty Student Association Committees:** FSA Board of Directors, Budget Committee, Retail Service Committee, Dining Services Committee

**GSO Internal Committees:** Budget Committee, Board of Appeals, Lounge Committee, Election Committee, Rules and Constitution, Housing

### ***Why not become a GSO Senator?***

*As a Senator, you will represent your department at our monthly meetings, acting as spokesperson for any problems or concerns your fellow students may have. In addition, you will be able to obtain department allocation funding for any academic or social events the graduate students in your department wish to have.*

*More information can be provided by the GSO Secretary,  
angeliki@grad.physics.sunysb.edu.*



## *Student Clubs and Organizations*

Graduate students actively involve in many student clubs and organizations at Stony Brook. The existence and wellbeing of these student clubs and organizations make our graduate community more tangible and dynamic. You may easily make friends bearing same interests or find people from your own culture in various student clubs. You may even establish a new club yourself to let others relish the identity and friendship that you would bring forward.

Graduate clubs or organizations organize various events year round. Student activity fees through the allocation of GSO fund many events. Most clubs and organizations have web sites linked to [www.sinc.sunysb.edu/Clubs](http://www.sinc.sunysb.edu/Clubs). Upcoming events and membership information are usually available on-line.

To get a feeling of what graduate clubs or organizations we currently have, just glimpse through the following list. The list is in ascending alphabetical order.

We would extend our gratitude to those club or organization officers who provide us with the up-to-date introductory information. Although we tried our best, this list may not be exhaustive.

### ***Buddhism Study and Practice Group (BSPG)***

Web site: <http://moya.ic.sunysb.edu/Clubs/buddhism>  
Email: [buddhism@ic.sunysb.edu](mailto:buddhism@ic.sunysb.edu)

### ***India Focus Group (IFG)***

India Focus Group is an organization dedicated to support socioeconomic developmental activity in India. In keeping with this focus, volunteers get involved with and support projects that are related to education, health, environment and women's issues. They regularly organize meetings, discussions and talks on various topics related to the objectives of the group. Also, the club has co-organized a jazz fusion concert called Confluence and an Indian Classical music concert called Swaramala on campus in the past.

Web site: [www.indiafocusgroup.com](http://www.indiafocusgroup.com) / [www.indiafocusgroup.org](http://www.indiafocusgroup.org)  
Email: [president@indiafocusgroup.com](mailto:president@indiafocusgroup.com)  
(Please note the change from the web site address).

### ***Indian Graduate Student Association (IGSA)***

The IGSA is a forum for interaction amongst the Indian Graduate Students and international students interested in Indian culture and heritage.

Their mission is to foster a sense of belonging to the Indian community and maintaining their Indian identity as well as assimilating the culture of the land we are all now in. They not only try to promote interaction amongst Indian graduate students here at Stony Brook, but also guide and help new students coming to the university to get acclimatized and adapt to the American culture. They aim to strengthen friendships, relive India in any way they can and in general have fun in a responsible way. They organize several cultural, social, and intellectual events or activities of interests not only to the Indian community but also other graduate students in Stony Brook.

Email: [igsa@ic.sunysb.edu](mailto:igsa@ic.sunysb.edu)

Web site: [www.sinc.sunysb.edu/Clubs/igsa](http://www.sinc.sunysb.edu/Clubs/igsa)

### ***Korean Graduate Student Association (KGSA)***

KGSA is a non-profitable organization consisting of Korean graduate students, faculty, staff of SUNY at Stony Brook, and their family members. To promote better understanding and friendship among not only members but also all the graduate students in Stony Brook, we hold several big events every year.

Email: [kgsa@ic.sunysb.edu](mailto:kgsa@ic.sunysb.edu)

Web site: [www.sinc.sunysb.edu/Clubs/kgsa](http://www.sinc.sunysb.edu/Clubs/kgsa)

### ***Latin American Student Organization (LASO)***

The Latin American Student Organization educates the Latin community by promoting the upliftment and advancement of our culture. They aspire to strengthen their fellow Latinos through unity, wisdom, and pride. L.A.S.O. was established to help support their community and to develop lifelong bonds filled with laughter, cultural awareness and a sense of leadership, which they can take back to the real world.

Email: [stonybrooks\\_laso@hotmail.com](mailto:stonybrooks_laso@hotmail.com)

Web site: [www.ic.sunysb.edu/Clubs/laso](http://www.ic.sunysb.edu/Clubs/laso)

### ***Social Justice Alliance (SJA)***

The Social Justice Alliance (SJA) was formed last fall in the wake of September 11<sup>th</sup> and is part of a global social justice movement. It is their belief that radical, progressive change is possible when politically conscious people work collectively. They have organized two ongoing lecture/discussion series - "Bringing Context to the Crisis" and "Latin America, Globalization, and the Free Trade Area of the Americas," sponsored Anti-War rallies, and launched the SJA Reading Group (a forum for reading and discussing political texts) and the SJA Writers' Project (an editorial collective for political journalism). Building community and solidarity locally, while fighting for democracy and social justice globally, SJA has accomplished a lot, but there is still much to be done. Join them!

Email: [justice@ic.sunysb.edu](mailto:justice@ic.sunysb.edu)  
Web site: <http://www.ic.sunysb.edu/Clubs/justice/>

### ***The Stony Brook Ballroom Dance Club***

All students, faculty and staff are welcome to regular meetings where various dances such as: the Cha Cha, the Salsa, the Merengue, the Tango, Swing, the Hustle, the Rumba, and the Waltz are practiced

Email: [ballroom@ic.sunysb.edu](mailto:ballroom@ic.sunysb.edu)  
Web site: [www.sinc.sunysb.edu/Clubs/ballroom](http://www.sinc.sunysb.edu/Clubs/ballroom)

### ***Stony Brook Chinese Students and Scholars Association (SBCSSA)***

The major aim of the SBCSSA is to promote cultural, intellectual, and social activities for Chinese students and scholars at Stony Brook. It provides help on the adaptation to American culture. It defends the rights of its members on and beyond campus.

SBCSSA organizes parties on traditional Chinese holidays, such as Spring Festival and Mid Autumn. Trips to surrounding areas, Chinese movie shows, and seminar series are scheduled throughout the year. SBCSSA also co-organizes events such soccer games, parties, and trips with Chinese student organizations at other local universities. Those events are well attended by its more than 400 registered members as well others attracted.

SBCSSA has a BBS frequently visited by many. It is a good place to seek help and share funny things with the community.

Email: [sbccsa@ic.sunysb.edu](mailto:sbccsa@ic.sunysb.edu)  
Web site: [www.sinc.sunysb.edu/Clubs/sbccsa](http://www.sinc.sunysb.edu/Clubs/sbccsa).

### ***Taiwanese Student Association (TSA)***

E-mail: [kchin@ic.sunysb.edu](mailto:kchin@ic.sunysb.edu)  
Web site: [www.ic.sunysb.edu/clubs/tsa](http://www.ic.sunysb.edu/clubs/tsa)

### ***The Queer Alliance***

Email: [sbgrad\\_pride@yahoo.com](mailto:sbgrad_pride@yahoo.com)  
Web site: [www.ic.sunysb.edu/clubs/queer](http://www.ic.sunysb.edu/clubs/queer)

### ***Underrepresented Graduate Student Organization (UGS)***

Web site: [www.sinc.sunysb.edu/Clubs/ugs](http://www.sinc.sunysb.edu/Clubs/ugs)  
Email: [ugs@ic.sunysb.edu](mailto:ugs@ic.sunysb.edu)



# *The Graduate Student Employees Union*

The Graduate Student Employees Union (GSEU) is the sole bargaining agent for all graduate students employed as Teaching Assistants (TAs), or as Graduate Assistants (GAs) at any of the State University of New York (SUNY) campuses.

The GSEU has been affiliated with the national union Communication Workers of America (CWA), for almost twenty years, as Local 1188 until last year and since then, as the Education Division of Local 1104. The GSEU is organized in four chapters, one centered at each of the four University Centers: Albany, Binghamton, Buffalo, and Stony Brook.

By signing a membership card every TA and GA has the right to join the GSEU as a member, thereby getting the opportunity to influence GSEU policy and contract negotiations, and to take advantage of GSEU benefits. It is important to note that while every TA and GA pays union dues, membership is **only** attainable by signing a membership card.

The GSEU has filed dozens of grievances defending the rights of individual members under the collective bargaining agreement. Through the Union's grievance procedure, TAs and GAs have won thousands of dollars of back pay and benefits, protection against excessive workloads, and fair hearings on questionable reappointment decisions.

GSEU representatives have advocated for our members in meetings with department Chairs, Deans, Campus Presidents, the Chancellor's office, and the SUNY Board of Trustees. In addition, our union played a leadership role in the 1995 and 1996 student, labor, and community mobilization to defend SUNY's budget and other human services against disastrous cuts proposed by the Pataki administration.

More information, including the text of the current collective bargaining agreement with the State of New York, can be found at <http://www.ic.sunysb.edu/Clubs/gseu>.

## **CONTACT INFORMATION:**

For potential grievances, concerns or suggestions please contact locally:

**[gseu@ic.sunysb.edu](mailto:gseu@ic.sunysb.edu)  
(631) 455-GSEU (4738)**

Chris Johns, (philosophy), [cjohns@ic.sunysb.edu](mailto:cjohns@ic.sunysb.edu)

Ramon del Castillo, (math), [ramon@math.sunysb.edu](mailto:ramon@math.sunysb.edu)

For a statewide representative call our toll free number: **1-877-217-GSEU (4738)**

## **2002 REFERENDUM:**

Last year, in highly controversial decision, the GSEU resigned its financial autonomy by entering into a merger with two other CWA locals. Funds are now under the control of telephone workers who have been using them for questionable purposes. Moreover, TAs and GAs will have to pay much higher dues. To stop this abuse, during the Spring of 2002, about 700 members from all over the state signed petitions for a referendum to take place this Fall of 2002. Make your voice heard,

***BECOME A MEMBER AND VOTE!!!***



## **NYPIRG:**

***New York Public Interest Research Group***



The New York Public Interest Research Group (NYPIRG) is New York's largest consumer, environmental and government reform organization. NYPIRG is a nonpartisan, not-for-profit group established to effect real policy reforms while training students be active citizen-advocates. Since 1973, NYPIRG has played the key role in fighting within the system for more than 150 pieces of public interest legislation or executive orders. Some of the important issues NYPIRG's Stony Brook Chapter will be working on this year include:

### **Voter Registration:**

Be a part of the solution! Register and vote locally, a right that NYPIRG has fought for graduate students living on campus to have. After years of battling, we finally have our very own on-campus polling site at the Student Union for every single governmental election, including the United States, New York State, Suffolk County and Brookhaven Town elections! To register to vote, simply stop by the NYPIRG office in the lower level of the Student Union (Suite 079), and we'll help you through the form in mere seconds. It's easy, it's painless and you can start to exercise the democratic rights our forefathers fought so hard to obtain, and so many in the world still do not have. Environmental Preservation: NYPIRG is currently working to create a better recycling program right here on campus, organizing at the community level against incinerators and working to eliminate toxic chemical hazards - especially right here in Suffolk county where, according to the Department of Environmental Conservation (DEC), more than 36 million pounds of hazardous waste was generated annually!

### **Consumer Protection:**

NYPIRG's Small Claims Court Action Center will train students to offer advice to fellow students and local residents who have been ripped off by any persons or businesses (including landlords and discriminating storeowners). If you need help, call 632-6458 and we'll help you through the small claims process to recover your losses under \$3,000. This service is free to all graduate students! Stony Brook students can use the NYPIRG Book Exchange to sell their textbooks. Students will generally receive greater reimbursement than through the Campus Bookstore, and all books will be offered at lower cost. In addition, NYPIRG will continue this year to advocate item pricing, banking, utility and other consumer protection laws.

### **Education Reform:**

NYPIRG will continue to push for fairness in access to education. NYPIRG is spearheading Movement to Reinvest in Education (MORE) coalition working to promote quality, affordable higher education. Our EducationWatch project works to reform race and gender-biased standardized testing practices and advocates performance-based student evaluation and scholarship awarding.

### **Homeless Outreach:**

Currently, there are over two million homeless people in America. In New York, the problem lies with resources and funding. More and more people are homeless due to lack of accessible, affordable housing coupled with lack of government job training, education, child care and other programs that would foster independence.

**For more information, contact Stony Brook NYPIRG coordinators Hellen Ho, [hho@nypirg.org](mailto:hho@nypirg.org) and Mellisa Morahan.**

## *Phone Directory*

Main Switchboard: 689-6000

### *Administrative Offices*

Academic Advising.....	2-7082	Health Professions Advising.....	2-7032
Admissions.....	2-6868	Heating Plant.....	2-6390
Affirmative Action Office....	2-6280	I.D. Office.....	2-6345
Alumni Affairs.....	2-6330	Infirmery.....	2-6740
Ambulance (emergency).....	2-8888	Institutional Services.....	2-6221
Audio-Visual Services.....	2-7158	Interfaith Center.....	2-6565
Benedict Day Care.....	2-6932	Judiciary, Student.....	2-6705
Book Store (west campus)....	2-6550	Lock Shop.....	2-6407
Bursar .....	2-6116	Lost and Found (Public Safety).....	2-0158
Bus Service.....	2-6424	Mail Services.....	2-0092
Campus Community		Meal Plan.....	2-6517
Advocate.....	2-9200	Motor Pool.....	2-6418
Campus Residences.....	2-6750	Orientation (New Student Programs).2-6710	
Career Development.....	2-6810	Off-Campus Housing.....	2-6770
Child Care.....	2-6930	Payroll.....	2-6200
Communications Mngmnt....	2-6130	Personnel.....	2-6145
Computer Center.....	2-8010	Physical Pant (emergency).....	2-6400
Conferences & Spec.Events...2-6320		(non-emergency).....	2-6690
Continuing Education.....	2-7050	Polity (Undergraduate Student	
Counseling Center.....	2-6720	Govt.).....	2-6460
Disabled Student Services....	2-6748	President's Office.....	2-6265
English as a Second Language		Provost's Office.....	2-7000
(ESL) Center.....	2-7779	Public Safety (emergency).....	333
Environmental Health & Safety		(non-emergency).....	2-6690
(emergency).....	333	Registrar.....	2-6885
(non-emergency).....	2-6410	Scholastic Achievement Incentives	
EOP/AIM.....	2-7090	for Non-Traditional Students	
Facilities Engineering .....	2-6440	(SAINTS).....	2-9507
Faculty Student Association		School of Continuing Ed.....	2-7050
(FSA) (general).....	2-6510	Sports Information.....	2-WOLF
Finance and Management.....	2-6333	Sports Complex.....	2-7200
Financial Aid/Student		Staller Center for the Arts.....	2-7235
Employment.....	2-6840	SB Volunteer Ambulance Corps.....	2-6737
Foreign Student Services.....	2-7025	Student Accounts.....	2-6175
Graduate School.....	2-7040	Student Affairs.....	2-6700
Graduate Student Employees		Student Health Services.....	2-6740
Union.....	455-4738	Student Health Insurance (domestic).2-6054	
Graduate Student		Student Union and Activities.....	2-6823
Organization.....	2-6492	Student Services (Health Sciences	
Graphic Support Services.....	2-6220	Center).....	444-2111

Sciences  
Center) ..... 444-2111  
Telephone Repair.....2-7762  
Teachers Fed Credit Union ...444-3400  
Wellness Center.....2-6850

**Academic Departments**

**Note: Graduate Offices are listed second**

Africana Studies..... 2-7470  
Allied Health..... 444-2250  
Anthropology.....2-7620/7606  
Applied Math & Statistics.... 2-8370/8360  
Art..... 2-7250/7270  
Astronomy..... 2-8200  
Athletics..... 2-7200  
Biochem/Cellular Biology.... 2-8550/8553  
Biological Sciences..... 2-8520  
Chemistry..... 2-7880/7886  
Chinese..... 2-7691  
Comparative Literature..... 2-7460  
Comparative Studies..... 2-7310/7460  
Computer Science..... 2-8470/8462  
Continuing Education..... 2-7050  
Dental Medicine..... 2-8980  
Earth and Space Sciences.... 2-8200/8554  
Ecology & Evolution..... 2-8592/8600  
Economics..... 2-7550/7530  
Education..... 2-7696  
Electrical Engineering ..... 2-8400/8395  
Engineering..... 2-8380  
English..... 2-7400/7373  
French and Italian..... 2-7440  
Germanic & Slavic Languages  
.....2-7360  
Harriman School for Mgmt... 2-7180  
Hebrew..... 2-7460/7462  
Hispanic Languages..... 2-6950/6941  
History..... 2-7500/7490  
Humanities Institute..... 2-7765  
Korean Studies..... 2-7314  
Linguistics..... 2-7777/7782  
Marine Sciences Res Cen.... 2-8701/8681  
Materials Science..... 2-8484  
Mathematics..... 2-8250/8282

Mechanical Engineering.....2-8310/8340  
Medicine..... 444-2058  
Microbiology..... 2-8800/8810/8812  
Music..... 2-7330/7352  
Nursing..... 444-3200  
Philosophy..... 2-7570/7580  
Physical Education..... 2-7200  
Physical Therapy..... 444-3250  
Physics..... 2-8100/8080  
Political Science..... 2-7633/7650  
Portugese..... 2-6950  
Psychology.....2-7800/7814  
Religious Studies.....2-7310  
Russian..... 2-7360  
School of Social Welfare..... 2-2139/2138  
Sociology..... 2-7700/7730  
Technology & Society (EST)...2-8765/8770  
Theatre Arts..... 2-7300/7279

**University Food Service**

Campus Dining Services..... 2-6530  
Food Hotline (24 hours a day)..... 2-MEAL  
Bleacher Club Cafeteria..... 2-6526  
Catering..... 2-6529  
End of the Bridge..... 2-6528  
H Cafeteria..... 2-6522  
Lunchbox Cafeteria  
(HSC 5<sup>th</sup> floor).....444-5454  
Windows Cafeteria  
(HSC 5<sup>th</sup> floor).....444-5454  
Humanities Cafeteria..... 2-6503  
Kelly Dining Hall..... 2-6519  
Roth Quad Dining..... 2-6520  
Union Station Deli..... 2-6532  
Papa Joe's Pizza..... 2-0257  
University Club..... 2-7069  
Student Activities Center (SAC)  
Food Court..... 2-9538

**Libraries**

General Information..... 2-7110  
Library Hours ..... 2-7160  
Biology..... 2-7152  
Chemistry..... 2-7150  
Computer Science..... 2-7628

Earth & Space Science.....	2-7146
Engineering.....	2-7148
Health Science.....	444-2512
Math – Physics.....	2-7145
Audio Visual.....	2-7104
Circulation.....	2-7115
Computer Library (consultant’s desk).....	2-8012
Reference.....	2-7110
Reserve Room.....	2-7151

***University Media***

Blackworld.....	2-6494
Currents.....	2-9116
GSO News & Blues.....	2-8965/6492
Statesman.....	2-6480
Stony Brook Press.....	2-6451
University News Service.....	2-6310
WUSB-FM.....	2-6500

***Residence Halls***

Chapin Apt. Complex .....	2-6755
Schomburg Apts.....	2-1316
Mendelsohn Quad.....	2-6760
H Quad.....	2-6775
Kelly Quad.....	2-6790
Roth Quad.....	2-6785
Roosevelt Quad.....	2-6800
Keller College.....	2-6796
Stimson College.....	2-6801
Tabler Quad.....	2-6780

***Stony Brook Union***

Union Administrative Offices .....	2-6823
Arcade/Billiards/Ping Pong... 2-6505/11	
BASIX.....	2-9281
Commuter College.....	2-6455
Union Crafts Center.....	2-6822
End of Bridge Restaurant.....	2-6528
Faculty Student Association (FSA).....	2-6510
Check Cashing.....	2-6510
Food Hotline (24 hours a day).....	2-MEAL
Meal Plan Office.....	2-6517
Lesbian, Gay and Bisexual Alliance (LGBA).....	2-6469
Information Desk.....	2-6830
NYPIRG.....	2-6457
Polity Print Shop.....	2-6461
Polity Ticket Office.....	2-6464
SAB – Concerts.....	2-6454
SCOOP.....	2-6465
Statesman.....	2-6480
Student Polity Association.....	2-6460
Stony Snacks.....	2-6508
Union Advisory Board.....	2-6820
University Food Service.....	2-6530
Wo/Men’s Center.....	2-WOMN
WUSB-FM Office.....	2-6500
WUSB-FM Studio.....	2-6901
Voice of Student Activities (24 hours a day).....	2-6821

# Area Map



**GSO  
QUESTIONS?  
COMMENTS?  
SUGGESTIONS?  
COMPLAINTS?**

**LET US KNOW!**

Visit our office:

**227 STUDENT ACTIVITIES CENTER (SAC)**

Call us:

**632-6492**

Fax us:

**632-8965**

Email us:

[gso@ic.sunysb.edu](mailto:gso@ic.sunysb.edu)

Visit our website:

<http://www.sinc.sunysb.edu/Clubs/gso>

**SURVIVAL GUIDE 2002-2003**

**Editors**

**Angeliki Field-Pollatou**

**Masa Prodanovic**

**Jasmina Sinanovic**

**Fan Wang**

**Eike Reichardt**

**Special thanks to: Bryan Field, Ramon del Castillo, Maureen Shaiman, Bin Tang**

**Compiled by Angeliki Field-Pollatou**

**Cover art by Jasmina Sinanovic**