

# What is toxic drinking?

Toxic drinking means drinking so much, so fast, you pass out. But did you know that after passing out, blood alcohol levels can keep climbing, depressing heartbeat, slowing breathing, and causing death? To prevent that, join us, the **Red Watch Band**. We're students, like you, who care about our friends. And we've learned the quick steps to take to prevent death after a drinker passes out and can't be awakened.

**The life you save may be your best friend's.**

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