



Charles Mcateer/Admin  
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To  
cc  
bcc F.Jason Torre/Lib  
Subject HAPPY PAYDAY , UUP Info/News 3/7/07



UUP West Campus Chapter website <http://uuphost.org/sbwest>  
UUP Statewide website <http://www.uupinfo.org> Please Post/Forward to the UUP Members in your Area .

#### UUP CALENDAR FOR March 2007

**Mar. 14th** Chapter Executive Board mtg. @ Noon in Old Chem. Womens Studies Ctr. Please \*RSVP\* to Corinne @ 2-6570.

**Chapter Election Ballots** are being sent to your home address in Mid March & due in Albany by April 11th. Please read the **Special Election Edition of The Insight** for names and statements of the various candidates for chapter offices and delegates. All UUP members can Vote for President, Secretary and Treasurer, All UUP Academic members can also vote for Vice President for Academics and for Academic delegates, likewise UUP Professionals can Vote for Vice President for Professionals and for Professional Delegates. **Please Vote, your voice counts.**

#### Free Educator's Tax Guides @ UUP office

The UUP chapter office has copies of the AFT prepared Educator's Tax Guide. Stop by to pick up your copy @ 104 Old Chemistry Building.

#### Dental Benefits Update

As of August, preventive and diagnostics are fully covered when using a participating provider. You are also allowed Two examinations annually.

#### Empire Plan Update

If you are enrolled in The Empire Plan you should have received the publication "At a Glance 2007". This briefly describes the coverage for UUP members. For more information about the Empire Plan, visit their website at <http://www.cs.state.ny.us> call the Empire Plan at 1-877-769-7447 or call UUP Benefit Trust fund at 1-800-887-3863.

#### NYS Work-Life Services (5 programs)

New York State along with UUP & the other state unions have the clearinghouse Work-Life Services that has built a comprehensive network of resources to address life issues that occur during your career. The 5 programs are listed below. You can check out the main website at <http://www.worklife.state.ny.us>

NYS Employee Assistance Program (EAP) <http://naples.cc.sunysb.edu/Pres/eap.nsf> 632-6085

Flex spending Account (FSA) <http://www.flexspend.state.ny.us> 800-358-7202  
Dependent Care Advantage Account and Health Care Spending Account

Lifeworks <http://www.lifeworks.com> User ID: nys Password; 2670 800-362-9874

NYS Work Site Child Care Centers 518-473-8091

Directions: Pre-retirement Planning Seminars <http://www.worklife.state.ny.us/preretirement/selfhelpguide>  
<http://www.goer.state.ny.us/train/onlinelearning/PR>

**\*RSVP\* Please reply no later than Three Days prior to Event** so UUP can have a Head Count , Thanks  
Charles McAteer, UUP Delegate, UUP office # is 632-6570 @ 104 Old Chemistry Bldg. zip 3475

