

## Fw: HAPPY PAYDAY, UUP Info/News 11/12/08

JUP to:

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11/12/2008 10:16 AM

## STONY BROOK WEST & SOUTHAMPTON CHAPTER

# Happy Pay Day/ UUP Info & News

UUP West Campus Chapter website <a href="http://uuphost.org/sbwest">http://uuphost.org/sbwest</a> Email address <a href="mailto:uup@notes.cc.sunysb.edu">uup@notes.cc.sunysb.edu</a> UUP Statewide website <a href="http://www.uupinfo.org">http://www.uupinfo.org</a> Please Post/Forward to the UUP Members in your Area

UUP CALENDAR FOR Nov. 2008 Wishing you a Happy Thanksgiving

Nov. 18th Chapter Executive Bd. mtg @ Noon in WSCC Old Chem, \*RSVP\* to UUP email or call

Nov. 19th Prof. Workshop Moving Up or Out part 3 @Noon WSCC Old Chem, \*RSVP\* to UUP email or call

Nov. 19th Academic Council mtg @ Noon in location Library Director's Conference Room, \*RSVP\* to UUP email or

NOV. 20th SPECIAL Chapter Town Hall mtg @ Noon in SAC Aud. \*RSVP\* to UUP or call

Nov. 21st Red Dragon labyrinth walk by Student Union @ Noon

Nov. 21st H & S workshop, Intro to Meditation @ 12:45 in WSCC Old Chem, \*RSVP\* to UUP email or call

Dec. 3rd Public Speaking workshop @ Noon SBS bldg rm N702 \*RSVP\* to UUP or call

#### Request for your Suggestions & Initiatives for next year

Your chapter officers & committee chairs are looking for your ideas for 2009 and beyond so we can work on bringing them to you. We will need to assess any financial costs so it can be reviewed by the officers, budget& audit committee, executive board and back to you the members. We would like to see what new initiatives, committees and programs you would like us to consider. Please share with us your thoughts to keep this UUP chapter moving forward to better serve your needs.

#### Final reminder on Flex Spending application on line due Nov . 14th

It's that time to look if you want to sign up for DCAAccount (**D**ependent **C**are **A**dvantage **A**ccount) in which NYS gives you \$ depending on your salary or the HCSAccount (**H**ealth **C**are **S**pending **A**ccount) to help with tax benefits (contribute your pre-tax dollars up to \$4000 for HCSA & up to \$5000 on DCAA) and potential to save on dependent care and/or health care expenses. The New York State 2009 Flex Spending re-enrollment information will be mailed to your home address shortly. If you would like to continue your FSA deductions, you must re-enroll by **November 14, 2008**. If you have any questions or do not receive your re-enrollment information, please call FSA at **1800-358-7202** or on-line at **http://www.flexspend.state.ny.us** 

### NYSUT Member Benefits Trust MetLife Auto & Home insurance

MetLife thru New York state United Teachers is offering free rate quotes for your auto insurance (can be part of your payroll or pension deductions). To check out & compare call 1-866-697-8822.

Please remember SUNY is the \$olution for Long Island & New York State's Economic Recovery

\*RSVP\* Please reply no later than Three Days prior to Event so UUP can have a Head Count, Thanks UUP office # is 632-6570 @ 104 Old Chemistry Bldg. zip 3475