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## Happy Pay Day Jan. 2, 2013

1 message

United University Professions <uup@stonybrook.edu>

Wed, Jan 2, 2013 at 10:23 AM



For review for the Weds. Jan. 2nd HPD edition (given the holidays) Have a good & safe one.

Please Post/Forward to the UUP Members in your Area

## **UUP Calendar for Jan. 2013**

No Scheduled Events Planned for January!

## Hope you Enjoyed your Holidays

## Campus Recreation Center Membership for Faculty/Staff

With the recent opening of the New Campus Recreation Center between the Sports Complex and the Stony Brook Union, Memberships are now being offered to Faculty Staff members at the following rates:

Annual Membership \$300.00

Semester Membership \$140.00

Summer Membership \$75.00

Monthly Membership \$30.00

The facility is open **6:00 am to midnight** and includes more than 100 pieces of state of the art **cardio equipment** with interactive personal viewing screens to enjoy while working out, **strength training** with free weights & 2 floors of equipment, weights and benches, **3 wellness studios** with a variety of fitness classes like zumba, indoor cycling, kickboxing, yoga, toning & more, **three court gymnasium**, **indoor track** that is 1/10th of a mile overlooking the 3 court gym, **multi-activity court(s)**, **lounge space** with wi-fi, **locker/shower rooms**, and **equipment** to sign-out for various sports. They are also looking to have personal trainers and other health related service providers for fee at the facility for your hire.

You will use your Stony Brook ID card once activated upon fee payment for your entry card. For further information please contact our good friends at **Campus Recreation at 2-7168 or www.recreation.sunysb.edu** 

\*RSVP\* No later than three days prior to an event for lunch orders.

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