

# THE STATESMAN

INFORMING STONY BROOK UNIVERSITY FOR MORE THAN 50 YEARS

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sbstatesman.com

## Stony Brook faces lawsuit for “deliberate indifference” in allegedly mishandling sexual assault case

By Arielle Martinez, Hanaa' Tameez and Kelly Zegers  
News Editors

A Stony Brook University alumna is suing the university for the manner in which the administration allegedly handled her complaint of sexual assault perpetrated by another student.

The lawsuit was filed on Jan. 23, 2015 with the United States District Court, Southern District of New York, in White Plains. Judge Nelson Stephen Roman will preside over the case.

*The Statesman* is withholding the names of the plaintiff and her alleged assailant, who is currently a Stony Brook student and is also being sued by the plaintiff, due to the sensitive nature of the allegation. At the time of publication, neither could be reached for comment.

The plaintiff, a former social work major, alleged in the complaint she was sexually assaulted by a male student in his dorm room during the early morning hours of Jan. 26, 2014 after attending a party at West Apartments with him the night before.

She alleged that the man switched her mixed drink with straight liquor, causing her to become deeply intoxicated. After the two started kissing and the plaintiff tried to stop the encounter from going any further, the defendant allegedly “overpowered” her, according to the complaint.

The complaint also details that the defendant allegedly forced her to perform oral sex at least twice, once pinning the plaintiff down by forcing his knees onto her shoulders and once by pushing her head down to his penis. She alleged that she blacked out several times during the attack due to a combination of trauma and intoxication and is therefore unsure as to whether the defendant forced her to engage in vaginal intercourse with him.

The plaintiff reported the incident to the University Police Department, was examined by a Sexual Assault Nurse Examiner and reported the incident to the Office of University Community Standards, the complaint states.

The plaintiff states in the lawsuit that campus police “were aggressive and intimidating in their questioning of her” and failed to investigate the

case fully. It also alleges that the plaintiff was told by the unnamed detective that she did not have a “viable case” because “she did not scream ‘No’ or violently fight back in order to stop the attack, and that, while she could go to the District Attorney’s office, prosecutors would probably feel the same way about her case.”

Assistant Chief of Investigations and Administration of University Police Neil Farrell was not immediately available for comment.

The plaintiff then reported the matter to the Office of University Community Standards, which scheduled the disciplinary hearing during the plaintiff’s final exams and less than a week before her graduation ceremony in the spring of 2014.

The plaintiff was allegedly informed that “she would be responsible for prosecuting her case” during the hearing.

“The process of prosecuting her own attacker, while also defending her own version of the facts, put [the plaintiff] in the impossible position of being her own surrogate lawyer while finishing her college education, attending to her job responsibilities, and suffering the trauma of the original attack,” the complaint alleged.

On May 22, 2014, the day of her first graduation ceremony, the plaintiff was informed the alleged assailant was found not responsible.

After receiving the written basis for the hearing panel’s decision, dated July 9, 2014, the plaintiff filed an appeal.

In a letter dated Aug. 28, 2014, Director of Campus Recreation Jay Souza allegedly advised her that after reviewing the case, he “found no evidence that the Hearing Board considered the definition of consent found in the University Code of Conduct and/or applied that definition to the facts of this case” and that the finding “constitutes a significant procedural error warranting the granting of your appeal.”

The lawsuit states the plaintiff was also notified she would be contacted by the Office of University Community Standards with the next steps in the process but after repeated attempts on the part of the

*Continued on page 4*



BASIL JOHN/THE STATESMAN

Wolfie celebrated his 20th birthday in front of a full house at the IFCU Arena on Saturday, Feb. 7 during halftime at the men's basketball game against Vermont.

## SBU professor offers insight on Boko Haram



LOS ANGELES TIMES/TRIBUNE NEWS SERVICE

Boko Haram, an Islamist military group in Nigeria, became well-known last spring for kidnapping 267 young women.

By Kelly Saberi  
Contributing Writer

Amid the problems caused by the militant Islamist group Boko Haram in Nigeria, historian and Stony Brook University professor Shobana Shankar, Ph.D., has written an article for the London School of Economics and Political Science, outlining the parallels between the terrorist group Boko Haram and other marginalized groups in Northern Nigeria.

Although her expertise is not the analysis of Boko Haram, Shankar has studied on-site, living in Nigeria for several years studying the ways of the Nigerian people. She lived in an area separate from the area now dictated by Boko Haram.

Her interest in African culture began before college and she discovered her passion through studying abroad, which inspired her to learn about cultural interaction in Africa and other parts of the world while spotting parallels

in how colonialism affected different regions. Her research has also looked at why people in different cultures view medicine in distinct ways.

Shankar interviewed hundreds of people during her time in Nigeria, specifically the elderly, who spoke about how different the country was when they were growing up.

Interested in seeing how different ethnic groups in the region treated one another and herself, Shankar made pluralism, or how two or more groups coexist, an important aspect of her research.

Boko Haram’s Arabic name, “Jama’atu Ahlis Sunna Lidda’awati wal-Jihad,” translates to “People Committed to the Propagation of the Prophet’s Teachings and Jihad.” However, in Hausa, the language the people of the northeastern region of Maiduguri, Nigeria, “Boko Haram” loosely translates to “Western education is forbidden.”

Mohammed Yusuf founded the group in 2002 in order to oppose

Western lifestyle. In 2009, the group began its creation of the Islamic State, and in the same year, its founder was killed by police officials.

Last spring, the group became well-known for the kidnapping of adolescent girls. On April 14, 2014, the group abducted 276 young women from Government Secondary School in Chibok, Nigeria. Fifty three of the girls have escaped successfully, some of which have returned to school in an act of defiance against the terrorist group.

“It is so much more about the past than the present,” Shankar said.

“One of the things to think about also is how the global community can think about engaging with people who live in societies affected by these kind of groups or situations, where they become isolated, where they shouldn’t be, because they have a lot to contribute to the global society,” she said. “They’re victimized in a broader sense by this group.”

Shankar, who is teaching a class on African politics and religion this semester (HIS 350), said that it is important to understand the deeper layers of history in order to really comprehend contemporary issues.

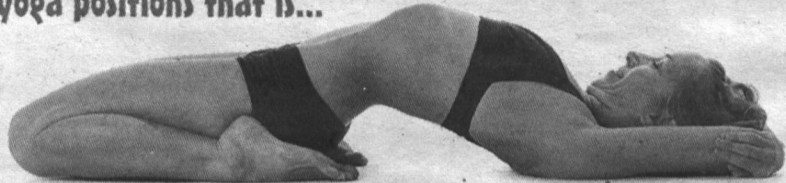
Shankar sees African history as an essential part of the history of the United States. Before the year 1800, the majority of migrants to the United States were African. Therefore, studying Africa, or other realms of history, can help students look at what they already know through a different lens.

“There is relevance for history to help understand what is happening now,” Shankar said.

2015 Sex and Relationship Feature Inside

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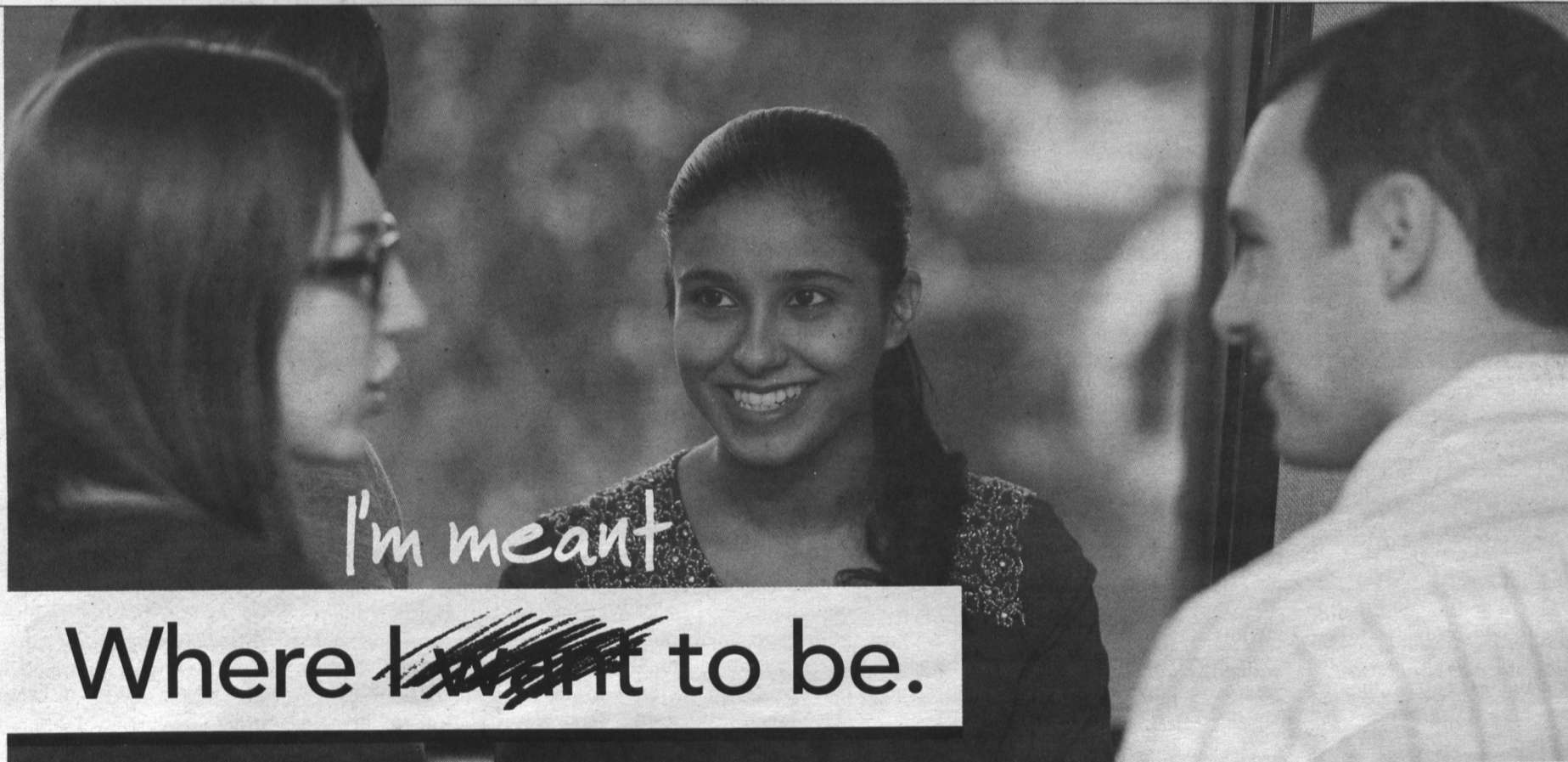
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# Under the microscope: 36 questions shown to form closer relationships

By Ruchi Shah  
Staff Writer

Every other week, junior biology major Ruchi Shah will take a look at Stony Brook-related science and research news.

36 questions in 45 minutes turn complete strangers into close friends or even a married couple. To most, this idea sounds unbelievable.

But the use of the 36 questions, carefully crafted by a team of scientists led by Arthur Aron, Ph.D., professor of psychology at Stony Brook University, have consistently resulted in the formation of close relationships in both the lab and in real-life settings.

“At the end of the 45 minutes, people feel almost as close to this person as the closest person in their life,” Aron said.

The key to the 36 questions is a gradual increase in the personal nature of the questions.

“We looked at research about how closeness spontaneously develops among friends,” Aron said. “We found the typical pattern is that you disclose personal info both ways and

gradually increasing—that was the main thing we based it on.”

The questions are divided into three levels, with the first level being more superficial and the third level containing the most probing questions.

The goal in creating the questions, Aron explained, was to create feelings of closeness quickly by accelerating the process that people normally go through in forming relationships.

According to the research of Aron and other psychologists, it is important for people to feel that they have things in common with their partner in order to create a feeling of closeness.

“Having things in common is only moderately important, but thinking you have them in common matters a lot,” Aron said.

In order to facilitate the perception of commonality, a question in tier one is to name three things that the pair appears to have in common.

“Another thing that plays a huge role in developing friendships and closeness is feeling the other person likes you,” Aron said.

In tier two, the pair is prompted to “alternate sharing something you consider a positive characteristic of your partner. Share a total of five items.”

The participants are further prompted to express why they

met,” and “Tell your partner something that you like about them already.”

The three main elements, gradually increasing levels of personalness, feelings of commonality and feelings that each partner likes the other, are

suggest that a key to forming relationships is responsiveness. Therefore, the questions will only be effective in creating feelings of closeness if each partner actively responds to the other.

To test the effectiveness of the questions, Aron and his team implemented the questions into freshman seminar classes at Stony Brook University 10 years ago.

Not only did the questions foster close relationships, but those paired with a cross-race partner showed more positive attitudes towards the race of that partner, Aron said.

“If you have friend in another group, you are more likely to be more positive towards that group because in a way you are connected to them,” Aron said. “We have a theory that you include the other in yourself.”

Aron spoke about the possibility of using these questions to create friendship and ease social and racial tensions.

“We are going to not only publish the results, but we are

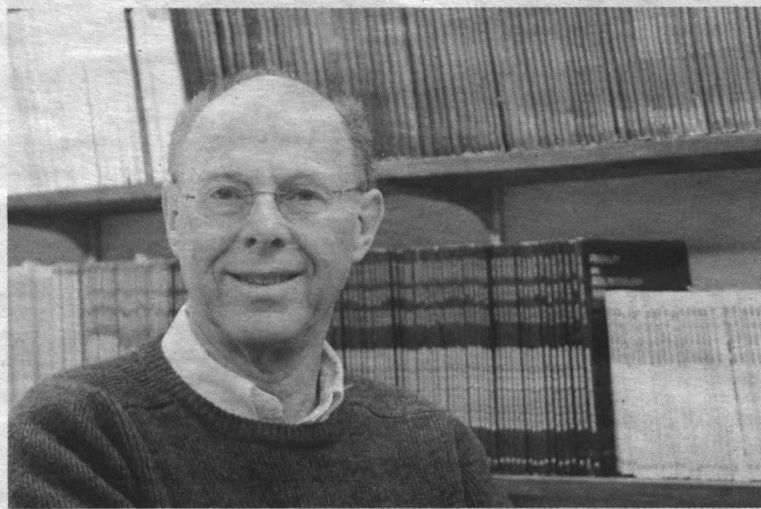


PHOTO CREDIT: STONY BROOK UNIVERSITY

**Dr. Aron, above, tested 36 questions to form close relationships between Stony Brook students 10 years ago.**

like their partner in tier three with the questions, “Tell your partner what you like about them; be very honest this time, saying things that you might not say to someone you’ve just

the reason why the questions are effective in forming close relationships.

Since the time when Aron and his team formed the questions, scientists have found data to

*Continued on page 4*

## Police Blotter

On Friday, Jan. 30, a driver was arrested for DUI near Mendelsohn Quad.

On Friday, Jan. 30, a Resident Assistant reported marijuana use in Benedict College. Two students were issued referrals.

On Saturday, Jan. 31, personal items were stolen from the inside of a car in a University Hospital parking lot. The case is now closed.

On Sunday, Feb. 1, a James College dorm room was burglarized and \$800 was reported missing. The next room in the hallway was also burglarized, and an iPhone was reported missing. Both cases are still open for investigation.

On Sunday, Feb. 1, one University Hospital patient struck another. The victim refused to press harassment charges and the case is now closed.

On Sunday, Feb. 1, \$90 was stolen from an Ammann College dorm room. The incident was reported on Feb. 2. The case is currently open.

On Monday, Feb. 2, a marijuana odor was reported in an Irving College hallway. One student was issued a referral.

On Monday, Feb. 2, a marijuana odor was reported in Greeley College. The report was unfounded.

On Monday, Feb. 2, a marijuana odor was reported in Gray College. The report was unfounded.

On Tuesday, Feb. 3, a caller reported marijuana use in Keller College. One referral was issued.

On Feb. 3, one student was issued a referral after marijuana use was reported in Greeley College.

*Compiled by Daniel Moloney*

## Campus briefing: Senate approves clarifications and amendments to Financial Bylaws

By Arielle Martinez  
Assistant News Editor

The Undergraduate Student Government senate unanimously passed a new set of financial bylaws at its Thursday meeting by a vote of 18-0-2, adding and changing definitions used in budgets for campus clubs and organizations.

The new bylaws distinguish between “apparel” and “performance wear.” Whereas “apparel” is “any items of clothing, including but not limited to shirts,” performance wear is “any item of clothing worn specifically for performances, exhibitions, and demonstrations without intent of promotion.”

“A lot of clubs such as Deja Vu, Cadence, Pocket Theatre, etc. have a really hard time operating under the current laws for apparel,” said Treasurer Kathryn Michaud. “A lot of clubs will want t-shirts and stuff like that to promote their club, but some need actual uniforms and costumes to put on their shows.”

Each club and organization cannot spend more than \$1000

or 10 percent of their USG budget, whichever is less, on apparel. The same rule applies for performance wear.

The new bylaws also redefine “regional event” by loosening the requirement for such events to be “sanctioned by an organization or other governing body not affiliated with any particular university and includes representatives from multiple schools from within a defined region.” The older, stricter requirements prevented certain groups from receiving grants to travel to national or regional events.

“Not every club is a part of an external body or something like that,” Michaud said. “An example is the performances with the dance groups. There isn’t an overall organization that host conferences or schedules or orients everything.”

Under the new bylaws, reimbursements will not require preapproval from the USG treasurer, but reimbursements that have not been preapproved are “subject to the discretion of the USG Treasurer and are not

guaranteed to be processed.”

“A lot of clubs have run into issues where they went on an off-campus trip and they spent money for gas or something and they didn’t submit the forms or they didn’t get prior approval,” Michaud said.

Both Michaud and President Pro Tempore Cody Pomeroy said that clubs and organizations should not make a habit of not getting reimbursements preapproved.

“I guess it’s a trust issue, but in the future I don’t know if this is really the right way to go because it gives clubs an excuse to not have the paperwork in,” Pomeroy said.

“Nobody should expect to get reimbursed for something from a different organization if they don’t get prior approval for it,” Michaud said.

The new bylaws also define food as “any item purchased for the purpose of consumption including beverages.”

The new bylaws also repeal the Contract Reform Act of 2011 and require that both the USG president and treasurer must sign



MANJU SHIVACHARAN / THE STATESMAN

**USG Treasurer Kathryn Michaud, above, explains changes to the financial bylaws at the USG senate meeting on Feb. 5.**

contracts on the behalf of USG departments and agencies.

“There have been a couple of instances where a contract was signed off by the president and then the USG treasurer was not aware,” Michaud said. “So this way just ensures that the treasurer is aware of it and the president is aware of it.”

Under the new bylaws, USG

cannot enter contracts for more than one fiscal year without senate approval.

President Garry Lachhar asked if the rules on contracts would affect USG’s “eight-year contract with Ludacris.”

College of Arts and Sciences Sen. Nathan Blazon-Brown clarified that Lachhar’s inquiry was sarcasm.

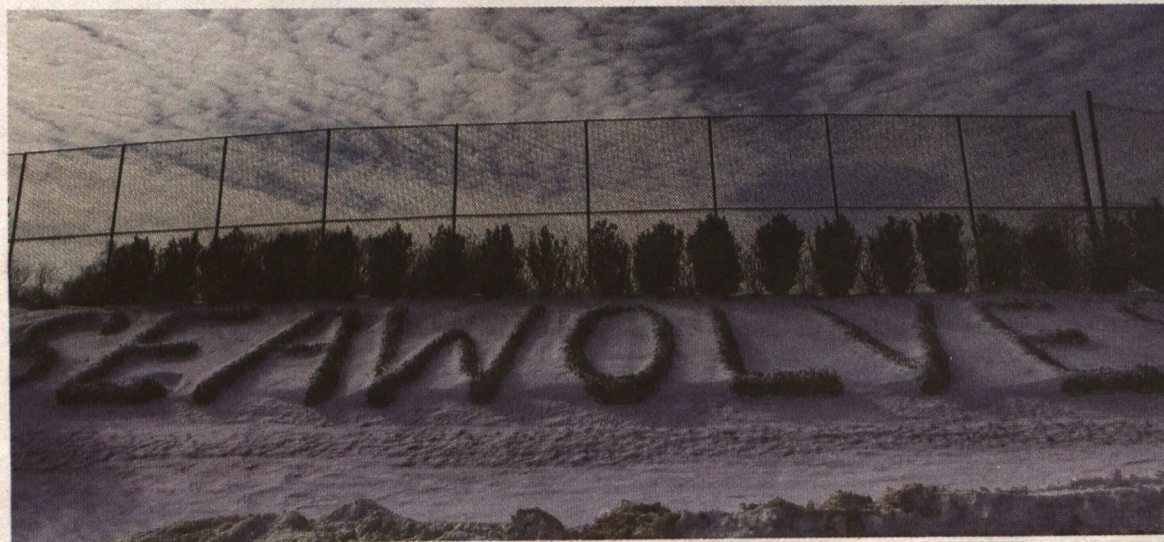
# PHOTO ROUNDUP



**Winter's moon**  
BRIDGET DOWNES/THE STATESMAN



**Men's basketball falls to Vermont**  
BASIL JOHN/THE STATESMAN



**Snowy afternoon**  
HEATHER KHALIFA/THE STATESMAN



**Wolfie celebrates 20th birthday**  
BASIL JOHN/THE STATESMAN

## SBU professor tests questions designed to create close social bonds

*Continued from page 3*

going to put a free online website up that tells any university how they can do this with their incoming class, and I think it will be a good thing for companies to use too," Aron said.

His most recent research focuses on bringing together two dating couples who do not know the other couple to answer the 36 questions.

"We found that when two couples do this as a foursome, not only do they feel closer to the other couple, but they get closer to their own partner and it even increases passionate love," Aron said.

When two couples of different races were brought together, there was an even bigger improvement in feeling towards the other group than when two individuals of different races were paired together.

"This is in part because it's a more comfortable situation," Aron said. "You have the support of someone else, you have in common that you are both couples, so it's easier to get closer than if it's just two individuals."

Aron is currently working to better understand how initial attraction between two people turns into a relationship.

"We know a huge amount of what makes for initial attraction between people and a huge amount about what makes for a good relationship, but we know almost nothing about how we go from initial attraction to being in a relationship," Aron said.

It's a really hard thing to study but it's really important."

His most recent research focuses on bringing together two dating couples who do not know the other couple to answer the 36 questions.

## Alumna files lawsuit against Stony Brook

*Continued from page 1*

plaintiff to establish contact, no university official provided any "substantive response" or further steps.

Souza declined to comment on the matter.

Stony Brook University is already under investigation by the Department of Education for possible violations of Title IX, the federal clause that prohibits discrimination based on sex at any federally-funded educational institution. An April 4, 2011 letter from the Department of Education Office of Civil Rights clarified that Title IX's definition of discrimination based on sex includes sexual harassment and assault.

"Stony Brook University takes all claimed violations of Title IX very seriously and is committed to prevention of sexual assault and violence on campus," SBU Media Relations Officer Lauren Sheprow said in an email. "We have policies and procedures in place to fully investigate every such claim that is brought to us. We are unable to comment on litigation, as Federal privacy laws prohibit us from disclosing student information, and await the court's consideration of the full record."

Earlier in January, Stony Brook also declined an offer from the Association of American Universities to anonymously survey the campus about the prevalence of sexual assault at SBU.

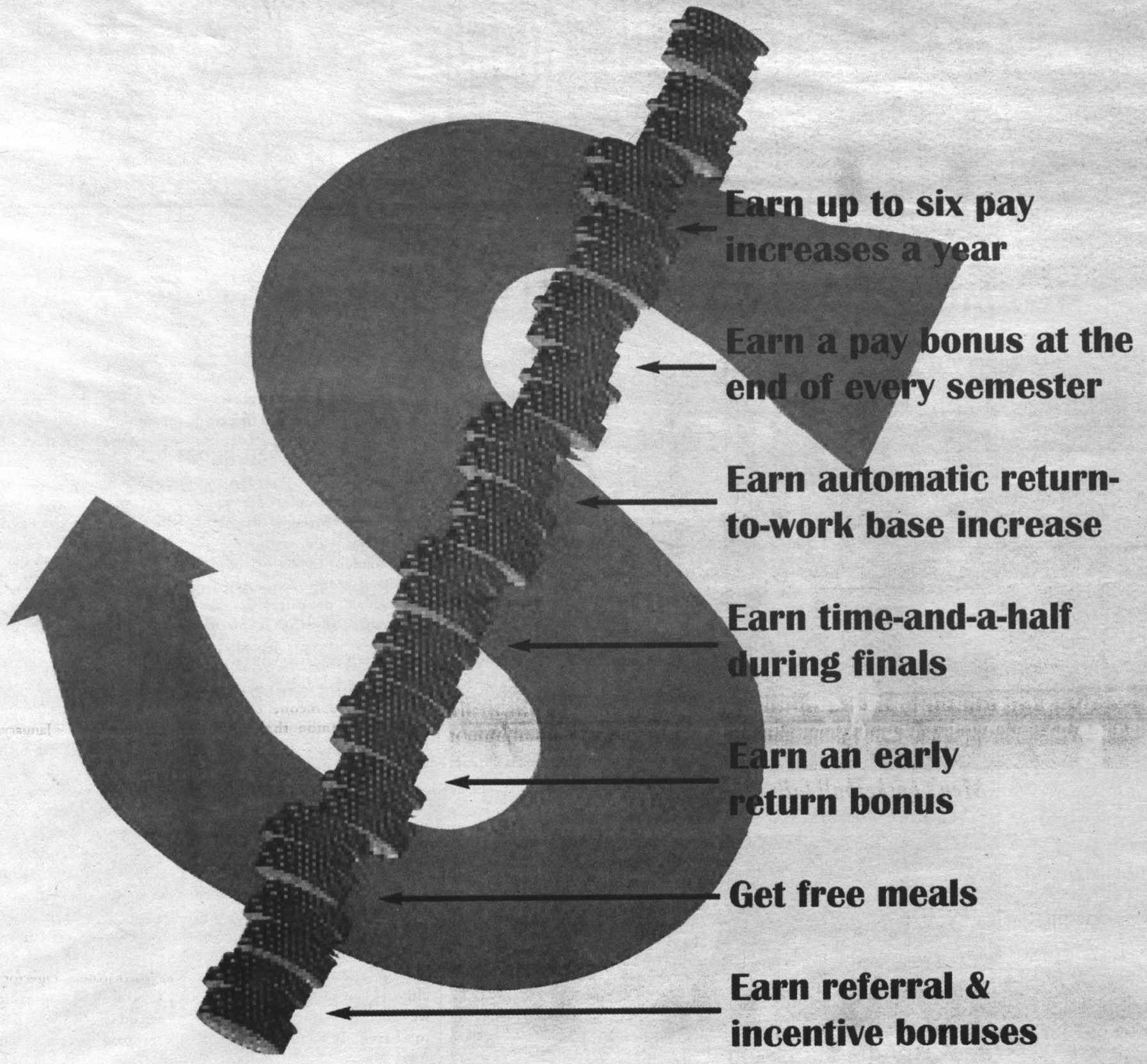
"While we appreciate the AAU effort in this process, as part of the Board of Trustees resolution on sexual violence, SUNY will be developing its own campus climate survey, in which SBU is required to participate," Director of Title IX and Risk Management Marjolie Leonard said in an email in January.

Leonard was not immediately available for comment regarding this lawsuit.

Director of Office of University Community Standards Matty Orlich, who oversaw the plaintiff's case at Stony Brook, directed *The Statesman* to the Media Relations Office for comment.



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To learn more about the tour, visit [iamtheconversation.com](http://iamtheconversation.com).

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**Stony Brook University**

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9 p.m. | Student Union

### Wednesday

Involvement Fair  
1-2:20 p.m. | SAC

### Thursday

Chemistry Seminar  
4-5:30 p.m. | Chemistry Building

### Friday

Stony Brook Opera  
8 p.m. | Staller Center Recital Hall

Send your event to: calendar@sbstatesman.com. Titles must be less than 100 characters.

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1	8	9	4	5	6	2	7	3
3	2	5	9	7	8	6	1	4
6	7	4	1	2	3	8	9	5
7	4	3	5	6	1	9	2	8
5	9	2	8	4	7	3	6	1
8	6	1	2	3	9	4	5	7
9	3	6	7	8	5	1	4	2
4	5	8	6	1	2	7	3	9
2	1	7	3	9	4	5	8	6

last week's answer

this week's puzzle

2			3	5				9
	4			1				5
		9	4		6	7		
6		7				9		5
	8						6	
9		4				2		3
		3	8		2	5		
	9			7				2
7			5	4				6

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## Weekly Instagram



@sbstatesman

Big Birthday celebration for Wolfie during halftime at tonight's basketball game. Happy 20th Birthday Wolfie! Video to come this week in honor of our mighty Seawolf. #SBU #wolfieseawolf #HappyBirthday (@thebasiljohn / THE STATESMAN)

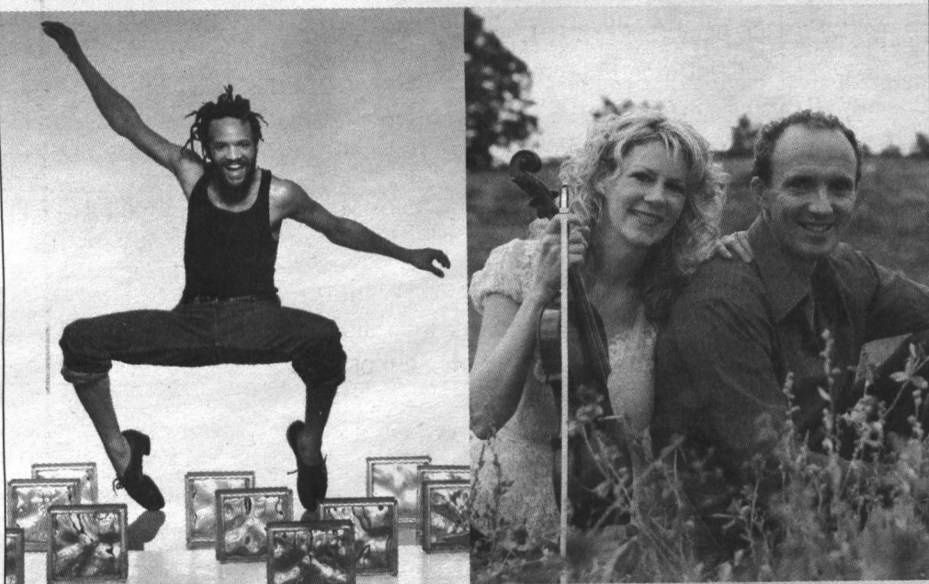


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# ARTS & ENTERTAINMENT

## Stony Brook Dance team struts its stuff and places within top five at Nationals

## The single Seawolves' guide to Valentine's Day



BASIL JOHN / THE STATESMAN

Stony Brook's dance team, above, performed during the men's basketball game on Saturday, Feb. 7 at 7 p.m. This year the team consists of 13 members and one alternate.

By Krysten Massa  
Assistant Arts & Entertainment Editor

The Stony Brook dance team placed in the top five at the Universal Cheerleaders Association and Universal Dance Association College Cheerleading and Dance Team National Championships on Jan. 17 and 18 in Orlando, Fla.

"It was like the best experience of my entire life," Regina Zambrano, team captain, said.

It has been a long journey for the dance team to get where it is today.

The National Championship top-ranking team has completely evolved from where it was even just a few years ago.

Zambrano has been on the dance team since her freshman year. Now, as the only graduating senior on the team, she has watched the team transform.

"The growth we've had in three years is insane," Zambrano said about the team.

She described the team she joined as a freshman as very different because it lacked a strict set of rules and it was more like a club than a team. The group did not have a coach. The team was run by the dancers themselves.

"The whole point of a dance team is that it's supposed to be very uniform and we had like no uniformity to us," she said.

However, during Zambrano's sophomore year, Sarah Harrington, came into the picture as the team's coach.

Harrington has a background in coaching dance and was a dancer herself at the University of Tennessee, which has one of the top ranking dance teams in the nation. Zambrano said that when Harrington approached the team about being its coach, it seemed to be out of nowhere.

Harrington gave the team more structure and with her help the team was able to become more unified and skilled.

"It completely changed my sophomore year and it's only

gone up since then," Zambrano said about the change she saw in the team after Harrington took over as coach.

This change was able to drive the team to receive a top-ranking spot at this year's National Championship. It was only the team's second year attending.

When the team first went to the National Championships in 2014, Zambrano said that she was shocked that the team was in the Division I category.

Both Zambrano and Harrington stated that the first year going to Nationals was treated as a learning experience.

The team did not make it to the finals that year. The team came close to making the finals in pom and finished in the top 20 for jazz.

In order to improve for this year the team changed training habits and its technique.

Zambrano said that the team overtrained the previous year and by the time the competition came, the seawolves were burnt out.

"Coming into nationals this year we really set our sights high and the whole team has pushed each other," Harrington said.

This year to prepare for the National Championship, the team hired two different choreographers from out of state. Zambrano said that it cost the team a lot of money, but it was worth it.

The first time the team attempted to go to Nationals it did not use choreographers, this year it seemed to have paid off. The team also practiced every day from December to January from 9 a.m. to 5 p.m.

"National season is eat, sleep, breathe dance," Zambrano said.

The team came in the top five for its pom routine and did not place for its jazz routine.

Zambrano said that the jazz category is very difficult. However, she described how the crowd was going crazy for the girls while they performed their pom routine.

Harrington said that the way the team prepared was by working

on technique and putting in extra hours and never settling.

"It was hard, but it was worth it because obviously it paid off and we came really far," Vincenza Bartolillo, a freshman biology major and pre-med student said. "Hopefully next year we can improve even more."

Zambrano gave a lot of the credit for doing so well at Nationals to Harrington. She described a closeness that the team all shares with her that Zambrano will miss next year after she graduates.

"I have been blessed to have absolutely fantastic leaders on this team," Harrington said. "I have a fantastic group of dancers every single year that really work hard and they trust me to lead them in the right direction."

The dance team raises all of its money on its own because it is not under Stony Brook athletics, it is considered a club and is funded by the Undergraduate Student Government.

Although USG supplies them with money, it is not enough to support the team and the group fundraises often in order to afford its uniforms and to pay their coaches.

Harrington said that the team's dedication is the biggest key to its success.

"They really do want to be ambassadors for the university and put a great show on the floor no matter where they are," Harrington said.

Zambrano said that her hope for the future of the team is to one day be able to watch the UDA National Championships on her computer and have Stony Brook be the No. 1 Division I school.

"I'm leaving off comfortable now because I kind of like, helped everyone know what to do. It's a good feeling," Zambrano said. She also described how happy she was to have done so well at her last competition ever.

"It's just been a part of me, like Stony Brook wouldn't have been Stony Brook without [the] dance team," she said.

By Katarina Delgado  
Contributing Writer

nothing to lose because you are already single.

Singles, it is time to hunker down and buckle up because Valentine's Day is fast-approaching. This means Single's Awareness Day or S.A.D. is also around the corner. But do not panic. Your survival guide to all things Valentine is right here.

Around this time, a mix of decorations, social media posts and the occasional nag from your grandmother pull at your heart and remind what you are missing in your love life.

This can cause a lot of stress and unhappiness for the single person just trying to make it through the holiday and reach the discount chocolates that await them on the other side.

"People who are not in a relationship, there is some pressure on them because there's a kind of cultural-societal expectation, implied by Valentine's Day, that you should be in a relationship," Norman Goodman, Ph.D., a sociology professor, explained.

This pressure can really start to bring you down but here are some suggestions to help you push back and pull through.

### Dare yourself to be bold.

"Step one, try not to be single on Valentine's Day. Step two, repeat step one," Jason Loprete, a freshman mechanical engineering and applied mathematics and statistics major, instructed.

If what you want is to have a Valentine of your very own just go out and find one. It may be time to find an excuse to talk to that crush you have been eyeing in class.

There is no crush? No problem. The world is full of great people that you just do not know yet. It only takes a two seconds of courage to find this year's Valentine. If that does go over well, move on to the next. You have

### Get together with loved ones.

Valentine's Day does not have to be all about finding a significant other. There are other significant people around you that you can spend the day with.

Have a game night with single friends and family.

Make up your own Valentine's Day games and see who can get the most creative.

If you want to play Cupid for a day, have a party and instruct every single friend to bring another single. Cupid pairs guests for a night of awkward fun (arrows are not suggested).

### Focus on you.

Food, candy, Netflix and your favorite pajamas are all the ingredients for the perfect date with...yourself. After all, who else could pick out all of your favorite things?

With people worrying about what color roses to buy and whether or not their significant other is allergic to nuts, you will have the perfect opportunity to be with the person who knows you best.

### Be sure to stay positive.

While this holiday may not be your favorite, it is important to keep in mind that it is only one day out of the year.

Do not torture yourself with the endless news feeds on social media. The last thing any single person wants to see on Valentine's Day is an Instagram post with the biggest candle-lit teddy bear ever created holding a bouquet of roses.

"It's the social media that annoys me. People go to the extreme and post about Valentine's Day every five seconds," Danny Smith, a sophomore linguistics major, said.

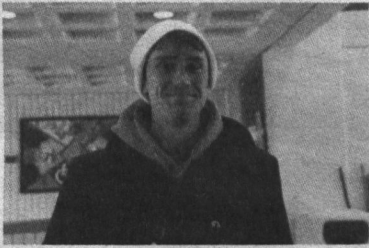


MEGAN MILLER / THE STATESMAN

Last year, \$17.3 billion was spent for Valentine's Day. This year, spending may reach \$18.9 billion, according to nrf.com.



# What are Seawolves' dream Valentine's Day dates?



Joe Clark



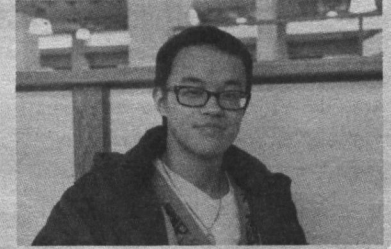
Felicia James

Restaurants are being prepped. The chocolate hearts are being stocked on store shelves. And the red wine is getting ready to flow. That's right. Valentine's Day is right around the corner. And Seawolves have dreams of Valentine's dates.

**Joe Clark** would keep it simple. The junior atmospheric sciences and applied mathematics and statistics major envisions a nice walk and talk. **Felicia James**, a freshman engineering major, said she would like dinner and a movie. The movie should be a romantic—a romantic comedy even. Junior biochemistry major **Alisa Rybkin** really wants to keep studying for her MCATs, so her ideal date would feature some tea, some wine, her boyfriend and red velvet cupcakes. But do not ask **Yao Rao**. The junior computer science major does not know what he would want to do.



Alisa Rybkin



Yao Rao

Compiled by Chelsea Katz

## Countdown to the Oscars Which do you think will win best picture?

- American Sniper
- Birdman or (The Unexpected Virtue of Ignorance)
- Boyhood
- The Grand Budapest Hotel
- The Imitation Game
- Selma
- The Theory of Everything
- Whiplash

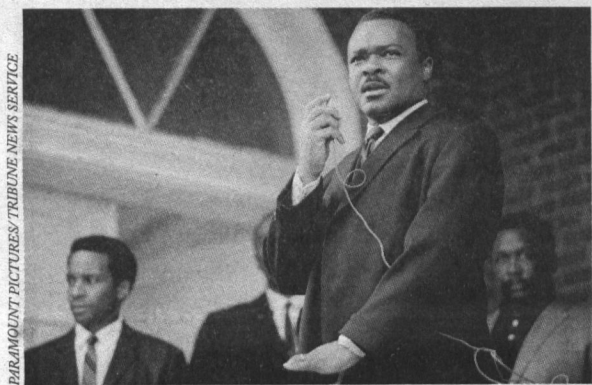
Tell us what you think! Tweet us @sbstatesman or on Facebook.



American Sniper



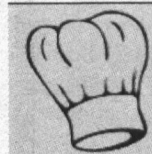
The Grand Budapest Hotel



Selma



The Theory of Everything



## College Gal Cooking:



### Balsamic filet mignon with sautéed potatoes and green beans

By Giselle Barkley  
Arts & Entertainment Editor

Most people are willing to dish out more money for their significant other come Valentine's Day. Steak, especially filet mignon, is one of the more expensive proteins.

But when seasoned and cooked right, it is well worth the cost.

This cut of meat is the tenderloin of the beef. The name "Filet Mignon" is simply a fancy way of saying beef tenderloin steak, according to Food Stuff.

#### Ingredients:

- Two 4-ounce filet mignon
- Small red potatoes
- Green beans
- Basil (fresh or pre-ground)
- Garlic powder
- Black pepper
- Salt
- Parsley (fresh or pre-ground)
- 1 stick of butter or extra virgin olive oil
- ¼ cup red cooking wine
- ¼ cup Balsamic vinegar

First, grab two sauce pans and set both on the stove on medium heat. Place some of the butter or olive oil in one of the pans as the stove is heating.

This pan will be used to sauté

the potatoes and the green beans.

Cut the red potatoes into halves and place into the pan. Sprinkle garlic powder and parsley on top of the potatoes.

Add the green beans and mix the ingredients in the pan to spread the seasoning.

If you used olive oil and like salty vegetables, you can add some salt, but be careful as garlic powder is already salty.

Stir the ingredients occasionally to make sure the vegetables do not burn as they cook in the pan.

While the vegetables cook, season both sides of the meat by sprinkling on basil, garlic powder, pepper and a pinch of salt. Once again, be careful when seasoning the meat with both garlic powder and salt.

To cook the meat, you need a lid for the second pan. Place the meat in the pan either prior to or after adding the red wine and balsamic vinegar.

Lower the temperature to medium low heat when adding the red wine and balsamic vinegar to the pan.

Regardless of when you add the red wine and vinegar, be careful when pouring them into the pan. Balsamic vinegar has a strong smell when heated.

Cook the meat for one minute



GISELLE BARKLEY/THE STATESMAN

**Filet mignon is the most tender of the cuts of beef. According to CNN iReports, the term first appeared in author O. Henry's book "The Four Million," written in 1906.**

on each side or until browned. If you have not added the red wine and vinegar yet, lower the temperature to medium low heat and carefully pour the ingredients into the pan.

Cover the beef with a lid and cook the meat for four minutes on each side.

If it is your first time cooking this type of meat and you are unsure how cooked the meat is,

either use a meat thermometer or carefully cut the fillets down the center to check. This is also called a butterflied fillet.

Keep an eye on the potatoes and green beans.

If you like softer potatoes, try to cut one with a spoon as the potatoes cook.

If the spoon can cut the potato with ease, then the vegetables are ready. If you do not like the

potatoes very soft, taste one of the pieces and continue to cook to your liking.

When the meat is ready, place the fillets on a plate and drizzle the remaining red wine balsamic glaze onto the fillets.

Add the vegetables to the plate and enjoy a romantic dinner for two. This is also a great recipe to cook with or for a group of friends for dinner.

# OPINIONS

SHENEMAN THE STAR-LEDGER

## THE STATESMAN

INFORMING STONY BROOK UNIVERSITY FOR MORE THAN 50 YEARS

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*The Statesman* and its editors have won several awards for student journalism and several past editors have gone on to enjoy distinguished careers in the field of journalism.

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CREDIT: TRIBUNE NEWS SERVICE

# THE KnoW

## I am a modern day woman

BY NIVEDITHA OBLA

It is 2015. I am a modern day woman.

The world is my audience: expecting everything of me, expecting nothing from me. There is a quiet, understated acknowledgement that maybe I can do something. Maybe. When I fail, I am dismissed. There is a slight eye roll, a small scoff and an acceptance that I could not have done it anyway. Why did they even bother to hold hope?

In 2015, I am held back by all the stereotypes that have come before me and growing into the new ones that are set out for me. I am every archetype ever studied. I have the kindness of the mother, the virtue of a virgin, the allure of the slut and coldness of the shrew.

But above all, I am helpless. I could be the result of the events in life that I choose to affect me, but instead I am the tragedy of everything that happens to me anyway. I am weaker because years and years ago someone placed me in a box, and told me to stay. Now I am trying to escape, but constantly being pushed back in.

It is 2015. I still can't get out. Not without a husband. Not without a boyfriend. Not without a man by my side. Without a husband, my life is not truly fulfilling. I am only lying to myself and the world if I stay single. A boyfriend would protect me from wandering eyes at the bar. I can shake my head and say "no" all I want. It means nothing unless he steps in to claim me.

I am taught to stay in at night. To keep quiet because I couldn't possibly be correct. I am led to a life full of children and dirty dishes. I am told to be conservative. I am told to be careful because it will be my fault. Everything is on me. It is ingrained that I can only rise so far by myself, only protect my body to a certain point, before the situation is completely lost from my hands.

It is 2015. I need something else. I demand more. I cannot be watching over my shoulder every night. I cannot control every boy at a party or dictate when the drugs fall in my drink. Covered up in Saudi Arabia or stripped down in New York City, eyes will always follow me, jeers will always taunt me. So why is this my responsibility?

Why am I to blame for every switched drink? Why am I so cautious while the world around me continues on with reckless abandonment? Why isn't he smarter? How does he not realize that changing my drink, silently bringing me back to his room, forcing me against my drunken will—is anything but appropriate? Who began to think that because of my sex I can be dominated, taken control over and ruined?

Why are there still people who see me, the modern day woman, in the same light?

I am told that boys and men can protect me. I see that those boys and men can hurt me. And I am watching as the people who could help me; ignore me. I feel my own pain, bear through it with a strong face, only to get it thrown in my face in the name of "justice." I am led on with empty promises of help, only to be dismissed and neglected, to be marginalized. Suddenly, I am something to be hidden, to not speak of, to not acknowledge. Suddenly, I am placed back in a box.

It is 2015. I am a modern day woman.

The world is my audience: expecting everything of me, expecting nothing from me.

But I am casting the judgment this time.

And I am watching as the world continues to fail me.

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PHOTO CREDIT: PHILADELPHIA ENQUIRER

NJ Gov. Chris Christie's idea of vaccinating by choice is not only wrong, but harmful too.

# The Konig Kolumn

## Vaccinating your children is not a choice

BY JOSEPH KONIG

Gov. Chris Christie of New Jersey said something very stupid recently. And not "Oh Christie, you buffoon" stupid. Dangerously stupid.

On the second of this month, he told reporters in Cambridge, England that he and his wife have vaccinated their children, but that he also understands "that parents need to have some measure of choice in things as well" and "that's the balance that the government has to decide," according to the Washington Post and other major news organizations.

Christopher, what in the hell are you thinking? As one of my colleagues at the *The Statesman* said when we discussed topics for the week, "vaccinate your stupid kid you idiot." If a childless college student can give better parenting advice based solely on common sense than a father of four and the Governor of New Jersey, the Governor has some serious issues to get past.

The growth of the anti-vaccination movement in the last decade has created a vulnerability in what was a near perfect system tasked to defend the masses from various diseases. Some children cannot receive certain vaccines for an assortment of reasons ranging from allergies to immune system disorders. However, these children should generally be safe because the majority of the populace that surrounds them will be vaccinated and the exposure to the diseases vaccinations prevent will be minimal. Once parents stop vaccinating their children because of celebrity-sponsored fear mongering, the odds of being exposed to and subsequently spreading the diseases go up significantly.

There is no legitimate scientific evidence that indicates vaccines are related to autism risks, the most notable complaint out of the anti-vaccination movement. That does not stop a small yet still significant percentage of parents from putting their children and the children of others at risk.

After Christie made his comments, and international headlines, his team quickly released a statement saying he "believes vaccines are an important public health protection" and insisted "there is no question kids should be vaccinated." His fellow Republicans jumped to his aid, echoing the backtracking statement's sentiment, but many, including 2016 presidential-hopeful Sen. Ted Cruz of Texas, stated they believed that it was not the government's place to mandate vaccines.

Public leaders like Christie and Cruz and President Barack Obama (who stated that he believed science on vaccines in relation to autism was inconclusive back in 2008, but who has since become vehemently pro-vaccines particularly in recent days) have an ethical obligation to not give movements with dangerously idiotic causes encouragement or a sound bite to use.

By conceding that there should be an open conversation when there should not be, these politicians are giving an ounce of legitimacy to those who are anti-vaccine, furthering their cause. They get more media coverage and while most will denounce them some uneducated, easily influenced, or overly concerned mother will join them and their numbers will grow, putting more lives at risk.

This whole ordeal is one of the more deadly products of the anti-science tendencies that have been embraced by the right wing of the American political landscape. The anti-vaccination movement is actually an issue with support from the far reaches of both side of the aisle, but in large part it is the Republican Party who has become the "Party of No."

Republicans use to be the Party of Progressivism (way back in the days of McKinley the Dead, Roosevelt the Moustached and Taft the Large) who supported preservation of natural resources and dabbled in fighting the unregulated industrialists of the day. If the Republicans want to be taken seriously on a national level they need to stop battling science on principle.

They do not believe in climate change. They do not believe being gay is not a choice. If they jump the Democrats to the punch and become the party of progressivism again, letting the battle against science whither and die, they will have a chance to maintain national relevancy, initiate their own economic reforms and fight for social issues they actually have a foot to stand on. They should choose to focus on abortion and marijuana legalization if they truly believe the first involves the ending of a human life and the second is an unnecessary vice. I am not saying they are necessarily right or wrong, but there is actual, legitimate debate to be had when it comes to those issues, unlike gay marriage, environmental protection and vaccine usage.

Christie made the comments because he is seriously considering taking a shot at the White House in the coming years. He will not win, his shtick only works in places like New York and New Jersey, kind of like Giuliani, but he is probably going to try anyway. Like many Republican presidential candidates, he thinks he has to cater to the far right, the radical Tea Partiers, the kind of people who do not vaccinate their kids and think being gay is a lifestyle choice, as former Gov. Mike Huckabee of Arkansas said last month.

Christie, who is generally considered to be a moderate, feels he has to appeal to the Tea Party if he wants to stay with the pack. He does not. He should not. And as loud-mouthed as he can be, a political figure in his position should make sure what they are saying does not accidentally encourage people to act dangerously and in a way that has potentially fatal consequences.

## Your body, your choice to vaccinate

### An (Un)popular Opinion

BY ZACH ROWE

Recently, the United States has been struck by a measles outbreak, with cases in the month of January already outnumbering the cases diagnosed last year. The measles outbreak started in California's Disneyland, finally providing "It's a Small World" a challenger for the worst part of visiting the theme park.

Why has measles come roaring back? Well, it is tied to the reason it went away in the first place.

As with many other viruses, vaccines have been able to monumentally reduce the number of those stricken by measles in the first place. Recently, however, vaccines have come under fire. The movement claiming that vaccines cause serious health issues has gained quite some momentum over the years. Now, the debate has reached the highest levels of government, with political leaders taking stances on making vaccines compulsory for the public. New Jersey Gov. Chris Christie came out in support of giving parents the right to choose, while Kentucky Senator and shockingly real Dr. Rand Paul claimed vaccines could cause "mental disorders."

The vaccine debate can be divided into two debates, one seemingly one-sided and another occupying a more gray area. The first debate is whether to vaccinate your child. The pro-vaccination side has the backing of thousands of scientists and doctors, countless scientific studies and institutions such as the CDC and the WHO. The anti-vaccination side is led by noted porn star and e-cigarette spokeswoman Jenny McCarthy. The evidence is so overwhelming that this debate is simple: vaccinate your kid. However, the idea of the government forcing parents to vaccinate their child presents a more interesting debate on the rights of both an individual and a guardian.

The debate hinges on the scope of two rights: the right to control one's body and health and the right of a parent to control their child's health.

The idea of the government forcing a legal adult to inject a substance into his or her body sets a dangerous precedence, if nothing else. Yes, herd immunity exists and vaccines are a public health issue, not a private one. However, we do not exist in a vacuum and legal precedence is a dangerous thing. It takes a degree of trust in the government to give them such power. Many people fail to empathize with others who lack this trust in the government and it spills out into other debates as well, from gun control to privacy rights.

However, to a government accused of spying on its own citizens and for selling out to corporations, we offer too much trust. People should have rights to their own bodies and what gets put in them. Undoubtedly, vaccines are beneficial, but they represent a forfeiture of rights many have and should have pause about.

So we address the issue of whether a guardian has the right to control the body and health of his or her child. For vaccines, like any other health issue, a choice must be made. An infant certainly cannot make the choice for itself.

Therefore, either the government or a guardian must make that decision. Many times, the government would make the right decision. However, it remains that many would prefer the right to remain for the individual to make the wrong decision rather than the right be withheld by the government so it can make life changing decisions.

Indeed, legal precedence seems to favor those against compulsory government vaccines. The right to one's health and one's body have been protected by the Supreme Court. Issues like abortion or sexual activity have been found to fall under the privacy clause of the Constitution, allowing one the right to control one's body.

This is not a new idea either. John Locke once wrote that man "has a right to decide what would become of himself and what he would do, and as having a right to reap the benefits of what he did." The right to one's body is a vital, intrinsic right, and we must defend it despite making sacrifices.

Legal precedence also favors the right of the guardian, shown in a popular news story. The saga of the struggle between a husband desperate to end the life vegetative wife and governor and presidential trilogy completing hopeful Jeb Bush's attempts to stop him was widely publicized in recent days.

The end result of the story was that the husband, the legal guardian of his wife, had the right to end her life and the government could not stop this. This story, while not a complete parallel, casts an interesting light on the right of a parental guardian to control the health of their child.

Look, in a perfect world, the best result of this debate would be a giant, blinking billboard with the words "vaccinate your kid." It is a vitally important public health issue. Without vaccines people have died, and people will die.

However, we have to do this without compromising our rights. Vaccinations are an issue of public education, not public compulsion. The right to one's body should be held inalienable and the thought of ceding that right to the government should be seen as downright Orwellian.

Defending vaccines is seen as a life or death fight. Defending your basic human rights should be as well.

# Snow storms endanger schedules and lives

By Tejen Shah  
Assistant Opinions Editor

When I was a young lad around the age of ten with an innocent and malleable mind, I had an incredibly skewed perception of the world and the people around me. I am sure you can relate.

**Despite the fact that most of us, by this point in our lives, have grown out of our once powerful imaginations, there is one thing that keeps us young; it is white, sometimes fluffy, and falls from the heavens.**

Every occurrence and every person I met in life was filled with wonder, joy, mystery and excitement. Everything that happens, happens for the first time. Everyone you meet is a new friend. Basically, life is new, easy and simple.

Despite the fact that most of us, by this point in our lives, have grown out of our once immensely powerful imaginations, there is one thing that keeps us young; it is white, sometimes fluffy and falls from the heavens.

You guessed it: snow.

When it falls, it comes with a few good things. Among them are days off from school and work, snowball fights, igloos, snowmen, snow angels and sledding.

We embrace this frozen precipitation every time it arrives. But when is it too much? When is cancelling class over and over again too much?

When do boring nights sipping hot cocoa by the fireplace become too much?

When do we get tired of no work and only play? And when does it start to take away from our experience as students?

Well, the reality of the matter is that that time has come. Snow, please stop screwing us over.

Winter Storm Juno dumped almost 20 inches of snow onto much of Long Island, and with another storm on its way before Juno's mess can melt away, we have to stop and think, practically, just how much snow sets us back as students.

Let's start with the disgruntling fact that because we have not yet had class on a Monday (which is awesome, do not get me wrong), we are going to be forced to make up for that lost time on Fridays (March 6 and 27). I normally do not have class on Fridays, and I am sure a lot of you reading this do not either. Just the thought of going to class on my special days off makes me wonder about how much material in any class can be thrown out.

Maybe professors can find a way to condense lessons and finish them faster.

I mean think about it: in every class that you take in college, I would say there are at least two days of class that go right down the drain.

It just worries me that so many people will have to restructure their schedules, take off work or research, and to a certain extent change their study plans in order to attend an additional class. We will see how that works.

The second thing about the snow is that it makes getting around campus, whether it be on foot or by car, all the more difficult. Obviously, walking on snow and ice presents students with great danger.

Slips, falls and injuries are essentially inevitable. Even though the walkways on campus are usually adequately salted, poor walking conditions just make it less appealing and usually excit-

ing (implying that it is fun) to walk to class on an already blistering cold night.

The only problem with the way in which Stony Brook cleaned up the accumulation, is that the parking lots remain largely untouched.

Hundreds of cars were stuck in their respective lots this past weekend and it was up to each and every individual driver to somehow obtain a shovel and dig his or her own vehicle out of the frozen tundra.

Despite the fact that drivers, for the most part, cleaned their spots, most spaces are still covered with thick layers of what seems like unbreakable ice. This makes getting in and out of spots an adventure. One that can lead to damaging your car. That is definitely not something anyone wants.

The sad reality of adulthood is that snow, despite its beauty

**We are at the mercy of Mother Nature. What else can we do but pray the storm this coming weekend spares us from even more Friday classes?**

and fluffiness, has become an inconvenience for students and faculty alike.

We are at the mercy of Mother Nature. What else can we do but pray the storm this coming weekend saves us from even more Friday classes?

To be honest, we just have to toughen up and deal with it.

# A memorable Super Bowl for many unmemorable reasons

By Jonathon Kline  
Assistant Opinions Editor

For nearly one-third of the American populace, Super Bowl Sunday is an artificial holiday that involves gathering around a TV screen and watching grown men fight, grapple and hit each other in the hopes of attaining the Vince Lombardi Trophy.

Meanwhile, many of us sit back and loudly cheer for one of the two teams while we stuff our faces with buffalo wings, pizza and beer, loudly claiming that we could have totally made a better

ter the way they embarrassed my Packers in the NFC Championship Game. Also, the thought of watching the obnoxious Seattle fan who ridiculed all of the Packers fans at the bar I was at while they historically collapsed have his heart break just seemed so righteous and just.

On top of this, watching Richard Sherman's heart break on national television was also just as amusing to watch, being that his constant smack talk and arrogance was really just starting to get under my skin. However, I am sure that he will feel alright about the loss



PHOTO CREDIT: SIPA USA

**Brady celebrated a huge win due to one terribly conceived play.**

game strategy than Bill Belichick or Pete Carroll.

Arguably, though, I am sure I could have made a better play call in that last minute than Carroll, but I digress.

Super Bowl XLIX was, for all intents and purposes, a much better Super Bowl than the previous year. We saw two teams actually playing in the game, not just one team dominating the whole 60 minutes while the other prayed that it would be over so that they could go and rack up endorsement funds from Papa John's Pizza.

On top of that, this year's Super Bowl featured more than just an actual game between two teams. It was a day of horrible ads, dying kids, a half time show with an artist's rendition of what Gilligan's Island would look like if they dropped acid and proof that if there is a God, he really does not want Tom Brady and company to win a Super Bowl, as evidenced by some receiver making an impossible catch in the dying minute of the last three Super Bowl's in which Brady played.

However, this nigh-impossible catch was overshadowed by the "Immaculate Interception," or basically Carroll thinking that his \$10 million running back, Marshawn "Beastmode" Lynch, was clearly incapable of running half a yard, and instead decided to make Malcolm Butler feel like the greatest defensive back to ever play the game.

I would be a liar if I told you I did not jump off of the couch and loudly cheer when Butler made that interception, mainly because I was happy to see Seattle lose af-

ter he wipes away his tears with hundred dollar bills while I stock apples and peaches on a wall.

The actual game is not the only reason many people watch the Super Bowl; in fact, many watched it just to see Katy Perry perform at the halftime show. While many said that Perry stole the show, I believe that it was really her dancing shark compatriots that really were the highlight of the performance.

Personally, I think she actually sounded terrible live and that the auto tune that she uses on her records became extremely relevant after the first song she performed.

The other reason people also watch the Super Bowl is the ads, though this year's ads were anything but good.

Whether it was Nationwide's commercial featuring kids who died due to accidents or Kim Kardashian's data stash commercial, many of this year's advertisements did not live up to a lot of people's expectations.

There were some companies, like Budweiser, that had half-way decent commercials, but not many that really stood out. At least, not in a good way.

From breath t-king plays to dancing sharks, all the way to dying kids and horrible play calling, this Super Bowl will be one to remember for a while. For some people and companies, they will be remembered for the good that they did.

For others (Nationwide and Carroll), it will go down in infamy. It is okay, though, at least that kid from the Nationwide commercial did not have to see Seattle blow it on the final play.



MANJU SCHIVACHARAN / THE STATESMAN

**Storm Juno dropped more than 20 inches of snow on LI—and we are still expecting more.**

# Kameron Mitchell's emergence key for Seawolves

By David Vertsberger  
Assistant Sports Editor

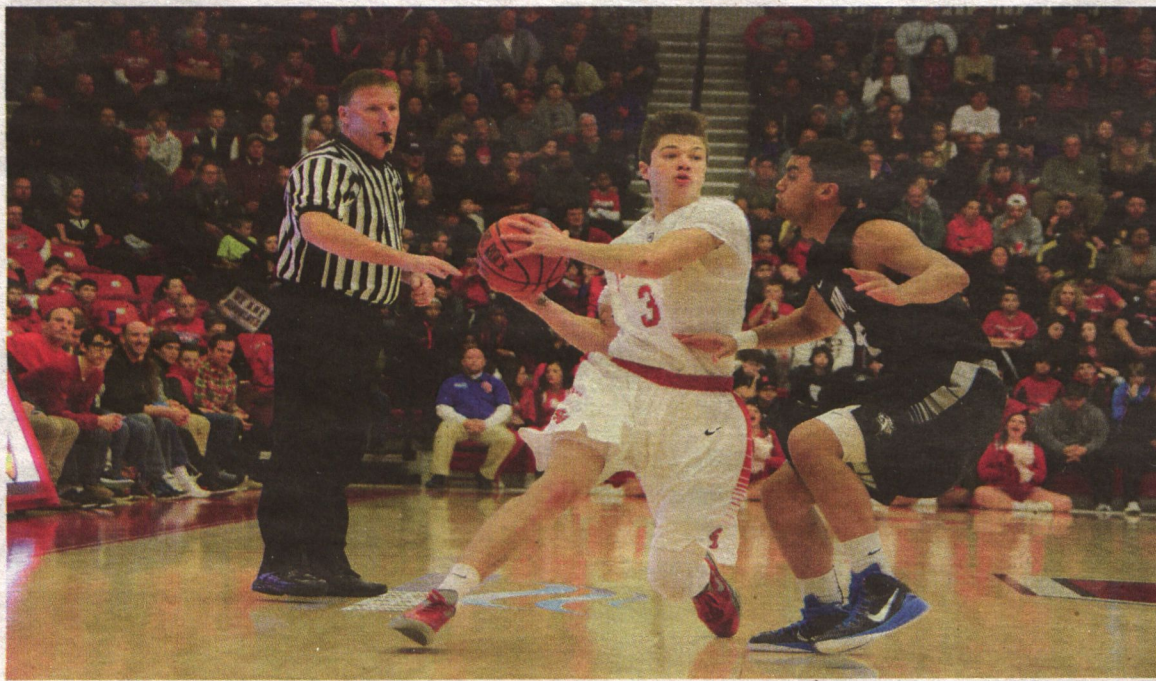
"That's one of my favorite quotes," Kameron Mitchell said as he pointed to an hourglass tattoo on his right arm with the quote "time waits for no man" embedded with it. Time has certainly not waited for the 6-foot-4-inch sophomore. Just a year ago, Mitchell was struggling to find consistent playing time for the Seawolves. Today, he is a pivotal role player that not long ago led a charge to upset the No. 13 Washington Huskies. In a month, Mitchell will be tasked with a major role in Stony Brook's push towards its first NCAA Tournament berth.

"Coach calls me a veteran. Every time he says 'you're one of the veterans' I'm like, 'wow I'm only a sophomore.' With our young team I kind of have to be a veteran, I have to teach some of these guys the ropes," Mitchell said. "They haven't really had the experience that I have."

And to think, Mitchell very nearly did not end up at Stony Brook, or even playing basketball for that matter.

"I played football, basketball and baseball up until high school," Mitchell said. "Then, my sophomore year in high school, I wasn't growing, so my basketball coach kind of influenced me to give up football. I played quarterback so I was kind of too small. He encouraged me that I would be a better point guard than I would be a quarterback so that's when I made that decision."

This encouragement paid off for Mitchell, who dominated in his last two years of high school to the tune of 23.2 and 21.5 points a night for Mandarin High School in Jacksonville, Fla. Mitchell was "more of a facilitator" early in his high school career, but being given "the green light at all times" by his coach helped him



Kameron Mitchell (No. 3) has played a pivotal role for the 15-10 Seawolves this season.

develop the stroke that makes him so deadly today.

Mitchell originally committed to Wagner College, but after a major coaching change, Mitchell reopened his recruitment and immediately focused in on Stony Brook.

"Stony Brook was the school that was interested all along," Mitchell said. "I always told [my high school coach,] I want to get away, I've been here too long, I've been here my whole life, so just want to do my own thing so that's why I came here."

Mitchell averaged just 8.4 minutes a night in his freshman year, having to adjust to the college game. Playing mostly point guard in high school, Mitchell's ballhandling and playmaking did not translate well.

The same goes for trying to stay in front of opposing point guards. Just under a quarter of Mitchell's plays ended in a turnover in his rookie campaign. "When I first came, I was hesitant, because I didn't know

what shots to take, how to read the offense, how to play," Mitchell said.

Even in a forgettable first season, Mitchell's future seemed bright.

There were glimpses and what-ifs, but also a few things that stuck out as truly promising. For one, his ability to draw charges.

"I feel like I have a quick first step, so I'm pretty good at anticipating another person's first step. If I feel my feet are planted and I'm in good position, I'll just try to take one," Mitchell said. "I've been taking charges my whole career, but here I really started to put that into my game because I needed to find my way on the court."

Then, there was the emotion he brought to the floor.

"It's just natural. I'm a very competitive person. I'm a very, very competitive person," Mitchell said. "When I feel like I contribute to a win or do something to get my team going I'm going to act on it and make them know, 'yeah let's go,' try

and get them going."

Finally, there was his jumper, which connected on a solid 38.1 percent from downtown.

"I try to get the ball on the shoulder in my shooting pocket and I try to make sure I follow through my wrist," Mitchell said. "If I get the ball on my shoulder and I can get lined up with the basket I feel like it can go in, any shot I take."

Coming into this season, Mitchell was a completely reinvented basketball player, moving over permanently to the wing spot to adding lots of muscle to having his head coach call him the team's best perimeter defensive presence.

However, Mitchell lost his starting position to freshman Bryan Sekunda 10 games into the season.

"I didn't think anything of it," Mitchell said. "I still had the same mindset going into every game, go in and play good defense, try and help my team."

The change did wonders for Mitchell's and Stony Brook's game, however. The Seawolves are 10-5 since the switch after starting off with a 5-5 record. Mitchell's defensive energy picked up and he was finally looking like the dependable "three-and-D" wing SBU needed him to be. Then, he had the game of his life.

After falling behind by as much as 16, Mitchell knocked down four threes on five tries in a wild Seawolves comeback to beat the previously unbeaten Washington Huskies, the program's first win against a nationally-ranked opponent.

"After I hit that first three I was like, 'alright, got to keep getting them off because I feel pretty good right now,'" Mitchell said.

The game seemed to insert even more life into Mitchell's steady ascension, and he agrees.

"It definitely put confidence in my shot, that's for sure. After that, I felt like I could get four, five shots up a game, start shooting more," Mitchell said.

Prior to the Huskies game, Mitchell attempted .76 two-point field goals and .68 free throws per half. Following the Washington trip, those numbers jumped to 1.7 and .72 respectively.

"Pikiell told me he wanted me to be more aggressive," Mitchell said. "He's noticed in practice that I can score at the rim pretty well, so he gave me the green light to go ahead and try and do that whenever I can."

And that three-point shot of his? Well, Mitchell is 12th among the nation's sophomores who have attempted at least 35 threes this season in three-point percentage at 46.5 percent. All while trying to remain the squad's best perimeter defender.

"Felt like he was kind of hyping me up a little bit. I would love to be labeled that," Mitchell said.

## SBU wrestling team has practice space taken away

By Chris Peraino  
Staff Writer

Stony Brook sports fans and those in the wrestling community may have noticed a lack of coverage, or even match results, for the Stony Brook club wrestling team.

According to the team's coach, Alex Blank, the club-level squad ran into a season-altering roadblock, as the team recently lost regular access to a practice room and subsequently have not participated in any scheduled events since the Grapple at the Garden on Dec. 21.

"We had our practice space taken away," Blank said. "Originally, we practiced in the athletic facilities building. Over winter break, we had been trying to get some practices in, since the Grapple at the Garden, and we went in one day and the mats were gone. Since then, we have had a lot of trouble reserving space in the rec center. We had struggled all season to be organized and it's just another kind of blow to us."

According to Blank, the space was taken away due to unauthorized usage of the room by a mixed martial arts club

Although very understanding, Blank expressed disappointment towards the ensuing toll and hardship that has been placed on the team.

"The people at the athletic facilities were very kind in explaining and very open to explaining everything to us," he said. "They said they had nothing against us, it's just that kind of liability, they weren't able to account for. I don't understand why they had to do it when they did it, but it's just the way it is. I understand how red tape works at the university level, but it has really taken a toll on our program."

Since then, practices have been few and far between.

The largest obstacle for the team lies within scheduling a practice that does not interfere with the varying school schedules of the student athletes.

"It's been tough, I'm not gonna lie," Blank said.

"In order to compete at a club level and achieve your goals as a club, or a student athlete at the club level, there's a lot of adversity that you need to face, both internally with organization and getting yourself motivated and finding the time to get the team

together, and externally, which is your competition and still bettering yourself as a student-athlete."

The team has missed all scheduled events since December, including the Nassau Open, NCWA National Duals, the Doug Cherry Invitational and a dual meet against Mount St. Vincent, originally scheduled for Feb. 5.

Blank made the decision not to participate in these events in an open forum with his team, with the result being that the wrestlers did not feel adequately prepared because they have had limited practice time in the last few months.

Despite all this, the club is still actively trying to make sure that their Feb. 21 match against Cortland, which will be held at Stony Brook University and serves as the only buffer between now and the NCWA Conference Championships, happens on schedule.

In fact, the Seawolves, according to Blank, are now also hosting SUNY Albany and Farmingdale State College.

This will turn the Feb. 21 match into a quad meet.

"They just need to be out there to compete, just to get their feet wet again," Blank said.

"Get used to competing. Get used to being out there in front of a crowd. I'm desperately trying to make it happen."

Even with this rough bout, the team remains optimistic.

Blank commends the work, both physically and logistically, that his team has put in and remains confident for the future.

"My club president, Shaun Holliday, is really taking the bull by the horns as we close out the last part of the season," he said. "He's working very hard for me, as well as the rest of the executive board that I'm relying on. They've kind have been my eyes and ears when I'm not at the main campus."

Aside from all of these problems, Blank and his team continues to persevere to be optimistic for the future.

"I hope for them to get as much out of this season as possible. I'm steering my expectations away from a quantitative sense. I just want them to get the most out of this experience, so that they can learn the lessons that the sport has to offer. They've put in the effort, the blood, the sweat, and the tears, so they have every right to reap the rewards they're entitled to."

## Upcoming SBU Sports Schedule

### Men's Basketball

Wednesday, Feb. 11  
7 p.m. at UMBC

Saturday, Feb. 14  
2 p.m. vs. Maine

### Women's Basketball

Wednesday, Feb. 11  
7 p.m. vs. UMBC

Sunday, Feb. 15  
2 p.m. at Maine

### Baseball

Fri-Sun, Feb. 13-15  
at Nicholls State  
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### Men's Lacrosse

Saturday, Feb. 14  
1 p.m. at St. John's

### Club Hockey

Feb. 14, 15  
vs. Lebanon Valley

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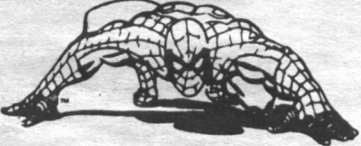
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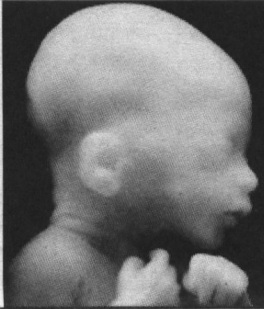



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# Bayne-Walker and Proctor lead Seawolves to win over Catamounts

By Drew Ciampa  
Staff Writer

Coming off the team's previous win at New Hampshire, the Stony Brook women's basketball team put up impressive offensive numbers against Vermont and came away with a 74-62 road victory over the Catamounts on Wednesday night.

Stony Brook continued its recent domination over Vermont, as the Seawolves have compiled five victories in the last six games against their conference foe.

A trio of Seawolves topped the offensive game, as all three hit double-digit point totals.

Both Kori Bayne-Walker and Sabre Proctor set the pace for scoring in the game with 23 points each.

Bayne-Walker also helped facilitate the offense by contributing six assists and drawing plenty of fouls while hitting nine of her 10 free throws.

Rounding out the trio of double-digit scorers for Stony Brook was Christa Scognamiglio, who dropped 15 points.

She came up big from behind the arc, hitting four three-point-

ers on five attempts.

On the defensive end, it was Jessica Ogunnorin controlling the boards with 15 rebounds.

No one came close to matching her rebound total as the player with the next-highest total was Niki Taylor of Vermont with six.

As a result of the performance from Ogunnorin, the Seawolves continued to dominate the boards as they have done all season long, finishing with a plus-11 rebound ratio, totaling 37 rebounds to Vermont's 26.

Stony Brook also shot well from the line with an 80 percent free throw rate reaching the line 20 times in the game.

Kayla Burchill of the Vermont Catamounts led her team in scoring with 18 points.

She would also finish second on the team in rebounding with five boards.

Stony Brook came out of the gates hot with a 12-2 lead under five minutes into the game.

The lead would eventually dissipate, as the Catamounts would gain their footing and climb back.

Although the lead shrunk for the Seawolves in the middle stages of the night, they never trailed

and led for over 36 minutes.

Nearing the final minutes of the game, Stony Brook took over and put together a sequence of successful offensive and defensive series.

With a few Vermont turnovers and Stony Brook steals, the Seawolves were able to push a double-digit lead and close out the game handily.

The win moves Stony Brook to 13-10 with a 6-4 America East record.

The Seawolves are now 4-1 on the road in conference games and will look to improve their play at home.

As the team moves forward, it will need to take one game at a time, as the race to the postseason is heating up and is doing so quickly.

With the Seawolves jumping ahead of a very solid team in New Hampshire for the moment, it will be important to maintain their top-four seed in the conference.

Stony Brook may even have a chance to catch up to rival Hartford, the team right ahead of them in the standings by one game, with wins on Wednesday and Sunday against UMBC and Maine, respectively.

# SBU hockey clinches ESCHL regular-season title vs. Rutgers

By Jesse Borek  
Staff Writer

Over the weekend, the Seawolves manhandled the Scarlet Ice Knights of Rutgers en route to a guaranteed playoff berth at the ACHA National Tournament.

The domination began Friday night, which also doubled as Alumni Night. In front of a sea of Stony Brook faithful, the Seawolves dispatched the visiting Scarlet Ice Knights by a final of 12-0.

Forward Bobby Guidal led the scoring charge with a hat trick, while goalie Derek Willms held steadfast, blocking all 24 Rutgers shots, leading to the Seawolves' first shutout since Dec. 6 against Delaware.

"[Guidal] was in the right spot at the right time all night," said Stony Brook head man Chris Garofolo.

It did not take very long for another shutout to happen—24 hours, in fact. This time around, it was sophomore goalie Todd Scarola who stood on his head as the Seawolves once again cruised to victory, this time by a final of 8-0.

It was not just the netminders who displayed their depth, but in the absence of senior forward Sam Brewster and senior defenseman Chris Joseph, who are both away with Team USA, the five out in front of the goal-

ters stepped up in a major way.

"It is an opportunity for players to come in and play and they're capitalizing on their opportunities," the fourth-year Head Coach said about his team.

The last time these two teams met back on Oct. 17 and 18, the Seawolves cruised to a 13-1 victory, before scratching out a 5-3 victory. For the year, they finished up with a 4-0 record against Rutgers and outscored them 38-4 in those matchups.

A big part of the success this season has been the balance as well as the depth of this team.

"I'd rather have seven guys with 20 points than two guys with 50 and then the rest with 10," Garofolo said.

Well, the Seawolves have six players with 20 points or more on the season, with Vincent Lopes leading the way with 46 points, tallying 22 goals and 24 assists on the year. Nick Barbera is tied for the team lead with the same number of assists.

The Seawolves finish up their regular season next weekend at home, as they welcome in the Lebanon Valley College Flying Dutchmen, who are third in the ESCHL with 32 points.

Faceoff on Saturday night at The Rinx in Hauppauge is scheduled for 8:30 p.m., while Sunday's regular-season finale is slated for 3:30 p.m.

# Points in the Paint: Men's team struggling against Catamounts, and how Ogunnorin can be difference maker for the women's team

By David Vertsberger  
and Andrew Eichenholz  
Assistant Sports Editors

**Point #1: The Stony Brook men's basketball team needs to figure out how to beat Vermont.**

The Seawolves are now 0-2 against Vermont on the season after losing their latest matchup with the Catamounts on Saturday, 57-48.

If Stony Brook wants to reach its first NCAA Tournament, the Seawolves will likely have to top this conference foe come March.

One of the biggest advantages Vermont has over SBU is Ethan O'Day, the lanky 6-foot-9-inch forward who has had little trouble scoring on the Seawolves. O'Day scored 16 points on 12 shots in his first meeting with Stony Brook and added 17 points on Saturday.

He has lots of length, a great touch in the post, range and quickness.

He is essentially Jameel Warney's kryptonite, meaning SBU may have to go about different means of covering him.

Then there is Vermont's defense, the 43rd-best in the country according to kenpom. In their first meeting, the Seawolves got 26 points out of Warney, but just 31 points on 9-37 shooting from the rest of the squad.

On Saturday, only Warney and Carson Puriefoy scored in double-digits and they only shot 12-32 combined doing so.

If Stony Brook wants to top this Vermont squad, they need the stars and some of the role players to make shots.



HEATHER KHALIFA / THE STATESMAN

**Jessica Ogunnorin (above, No. 3) has led her team in rebounding in the team's last two games.**

**Point #2: Jessica Ogunnorin can be a difference maker for the Stony Brook women's team.**

When Stony Brook beat Albany to end the Great Danes' 38-game America East winning streak in the last contest of last year's regular season, it was Jessica Ogunnorin who made the difference.

Scoring a then-career-high 18 points, she showed quite a variety of tools at her disposal.

She can get in the lane, shoot and rebound as well.

To tell the truth, she can do just about anything on the floor and may be the most athletic player on the team.

But, she has not done so game in and game out like Seawolves fans see from classmate Sabre Proctor.

That does not mean, however, that as the games get more and

more important as the America East tournament arrives, that she cannot change that.

For the first time since conference play began, Ogunnorin led the team in rebounding against New Hampshire with 11 and did it again against Vermont by snatching 15.

If she can get her scoring going, Stony Brook will be a dangerous team come tournament time.

**Point #3: Ryan Burnett making positive impact as a starter.**

After rarely coming onto the court through Stony Brook's first 20 games, Ryan Burnett has started for the Seawolves in each of their last five games, replacing freshman Bryan Sekunda.

This wing slot has now seen three suitors, with Burnett being

the latest. Stony Brook is 3-2 since the change, but that record says little about what this switch does for the team.

Burnett's rotation is often the first few minutes of the contest, then the final few minutes of the first half followed by the opening minutes of the second.

From what we have seen, he is a stupendous leaper that corrals offensive boards as if he were in a zero-gravity environment.

His shooting has been streaky, but his effort level and length defensively has made him useful as a catch-all wing instead of a specialist.

Outside of Burnett, this move has allowed Head Coach Steve Pikiell to play shooters Kameron Mitchell and Sekunda together in recent games, providing lineups with all the spacing they could have

asked for.

Whether or not Burnett remains a starter is left to chance.

We may even see freshman De-shaun Thrower starting at some point in the future.

It is too early to tell one way or another, but this deep into the season, Pikiell is not afraid to keep experimenting with his squad.

**Point #4: Stony Brook's women's team needs to take things one game at a time.**

Not one team in the America East wants to deal with Albany. Annually one of the best mid-major programs in America, they are extremely tough to beat.

Stony Brook learned that the hard way last year, getting thumped following its huge win over the Great Danes preceding the tournament.

That is why every game the rest of the way matters so much.

Head Coach Caroline McCombs would probably say that the Seawolves are taking it one game at a time anyway, and they certainly will not take whoever their opponent is in the first round of the America East Tournament lightly, but they would prefer to potentially have to play Albany in the finals rather than have a semifinal matchup looming over their head.

The Seawolves are just one game behind Hartford, who broke their hearts in a battle at Island Federal Credit Union Arena on Jan. 25, but earning that third seed back from the Hawks will, in the long run.

# SPORTS

## Seawolves blow 17-point second-half lead in loss to Vermont

By David Vertsberger  
Assistant Sports Editor

Following a week free of games, Stony Brook jumped out to one of its most impressive halves of the season before playing perhaps the worst 20 minutes of its campaign in a 57-48 home loss to Vermont.

"It was the tale of two halves," Head Coach Steve Pikiell said following the loss. "I thought we played great in the first half and then obviously they played great in the second half and we didn't have enough to win down the stretch. Our effort was good, you have to make some shots and they made every one in the second half. Hard to beat a team that's shooting the ball like that."

SBU had the Catamounts on the ropes early, with Vermont calling a timeout just two minutes into the contest after a quick 4-0 spurt by the Seawolves. Hector Harold picked up two early fouls and Vermont could not find the bottom of the net whatsoever. The Catamounts made just one of their first 13 tries from the field and picked up five team fouls by the midpoint of the first half.

Stony Brook's defense was beyond stifling, precise and ferocious. All five players on the court were hyperactive every trip down and the Catamounts could not find an open look. Vermont went into halftime with a scoring rate of .469 points per possession. That number is astoundingly low, especially from an offense that had so much success against SBU in the two teams' previous meeting.

The only thing holding Stony



BASIL JOHN/THE STATESMAN

### A poor second-half performance doomed the Seawolves on Saturday against Vermont.

Brook back from a tremendous lead was its own offense. Vermont fronted Jameel Warney effectively and applied too much pressure for the high-low pass to come through. Warney still got his low-post touches, but shot just 4-14 from the field in the first half.

"I thought we could have had a bigger lead, I was really disappointed at some of our turnovers and some of our missed open shots," Pikiell said. "I thought Jameel got a ton of open looks that he normally converts for us."

Junior Rayshaun McGrew was relatively silent offensively, but Carson Puriefoy looked like his usual self with an eight-point first half on smart takes to the basket. As a whole, Stony Brook shot 31.6 percent from the field in the first half, but only

knocked down a single three in the first 20 minutes.

Despite this, the Seawolves carved out a 14-point lead at the break that extended to 17 at the 14:30 mark of the second half. Then, the tables turned.

"Their defense is so good, they usually hold teams to 15 in a half. We knew we'd have a struggle to score tonight, just because everyone struggles against them to score," Pikiell said. "To be honest I was surprised we had 29 at halftime. I knew a drought would come because of their defense."

This drought lasted the entirety of the game and manifested itself in a 36-10 run for Vermont.

Stony Brook made just four of its next 19 attempts from the field and turned the ball over eight times in the latter half compared to just three give-

aways in the first. Its offense completely stalled and Vermont capitalized on the other end with a 42-point half on 72.7 percent shooting from the field.

"We had great effort, we just couldn't make shots. Like coach said, tale of two halves," Warney, who finished with 14 points and 15 boards, said. "Hats-off to them, they're a good team. They shot very well in the second half and we couldn't score."

This enormous run only secured the lead for Vermont at the 5:44 mark on an Ethan O'Day jumper. O'Day scorched Warney and the Seawolves down the stretch with 12 points in the final 10 minutes.

"He can drive, he can shoot, but when it was winning time he delivered and I didn't," Warney said. "We'll get better, we'll

be in that moment again and we'll be successful."

Stony Brook was still within reach come crunch time, though. With under a minute to go, Vermont had possession with a three-point advantage. Cam Ward ran a pick-and-pop with O'Day at the top of the key, with Brandon Hatton, who finished with 12 points, sitting in the right corner. Redshirt freshman Roland Nyama, who was on Hatton, sprinted to the middle of the floor to check O'Day, leaving Hatton open for the dagger three.

"We made a mistake on that," Pikiell said. "[Nyama] helped a little bit too much. He's also supposed to do two things on that play: he's supposed to bump high and then he's supposed to recover and he was a little late on that. At that time they were already feeling it."

Vermont knocked down its free throws to secure the 57-48 win. No Seawolf outside of Warney or Puriefoy finished with more than four points.

"I think everybody we have is extremely capable. We just had an off night in the second half. We trust our team, we trust our teammates," Puriefoy said. "They're all good players, we just have to keep feeding them the ball in their spots and they're going to hit shots."

The Seawolves now drop to 6-4 in America East play, good for fourth in the conference and 15-10 overall.

"Obviously it's a letdown, but our confidence isn't shattered by any means. I think we can learn from this and come back stronger," Puriefoy said.

## SBU men's lacrosse easily handles Manhattan in snowy season opener

By Andrew Eichenholz  
Assistant Sports Editor

The Stony Brook men's lacrosse team started its 2015 campaign on a gloomy, sometimes snowy day at Kenneth P. LaValle Stadium, as if the disappointment of a heartbreaking loss to Albany in the America East Semifinal last year followed them until now.

"It's fuel for the fire," junior attackman Challen Rogers said about the heartbreaking end of last season earlier in the week. "We want to go further than we did last year for sure."

That fire showed early and often against Manhattan, as Stony Brook's offense was large and in charge in the 19-3 win.

After the junior Rogers and senior Mike Rooney switched positions—Rogers transitioning to attackman and Rooney to midfield—one would think it would take a while to adjust.

Instead the duo, which had made the move temporarily in the past, had no difficulty.

In fact, both Rogers and Rooney scored two goals to propel the team to a 4-0 lead in the



BRIDGET DOWNES/THE STATESMAN

### The Stony Brook men's lacrosse team began their season on a positive note, defeating Manhattan 19-3 on Saturday.

first quarter, which would never be challenged.

"Well, I mean last year we switched a few times during the season," Rooney said. "It's the same thing with our offense, just share the ball."

Share it they did, as nine different players recorded a point on the day. In fact, junior Brody Eastwood, who is known for

scoring goals right outside the crease, set a teammate up for a goal, notching only his third career assist in his third season on Long Island.

That assist ended up in the netting of sophomore midfielder Alex Corpolongo's stick.

The Purdys, N.Y. native was one of three Seawolves who scored four goals on the day.

The thing is, Corpolongo only managed three total in his freshman campaign.

"He's just a great, great kid. He works extremely hard on his shooting. He's one of the hardest working guys on our team," Head Coach Jim Nagle said about the sophomore. "We're really committed to going with him, we know he can really shoot the ball."

Rogers noted that there is more than just a core group of scorers on the team.

While Eastwood and Rooney led the team last season in goals, everybody can contribute, and in different ways.

"That's like our whole team, next man up," Rogers said about the lack of selfishness in Stony Brook's performance. "Anyone on our team can go out there and score [and] pass."

Junior Matt Schultz, an attackman who was third on the team in goals scored last season, had none on Saturday.

However, he led the team with four assists, making an important contribution despite not burying any of his seven shots.

Junior long stick midfielder

Dylan Curry even managed to add to the goal tally.

He raced into the midfield on a rush as seconds ticked away in the half, launching what was an unlikely shot from long range, nailing it top shelf for his first goal of the year.

Despite the Seawolves coming out of their opener in a stadium filled more with ice and snow than fans, Rogers summed up the performance best.

"On to the next one," he said.

One pass at a time. One possession at a time. One game at a time.

Stony Brook next faces its lower-New York rival St. John's this Saturday.

The team will travel to Queens looking to avenge last season's 13-11 loss at Kenneth P. LaValle Stadium.

After that, the Seawolves will begin a three-game homestand.

On Feb. 20, Stony Brook will host NJIT.

Two days later, SBU will welcome Duke for a Sunday afternoon match.

Then on the following Saturday Fairfield will visit LaValle Stadium in a lead-up to conference play.





# SEX 101

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THE STATESMAN

# College students wait to tie the knot

By Sarah Elsesser  
Staff Writer

TODAY, THE AVERAGE adult is holding off on saying, "I do." For some adults, it might be forever. Others are just waiting.

"I think this reflects very well on our hookup culture," Nathan Blazon-Brown, a sophomore biochemistry major at Stony Brook University, said. "A lot of people are floating around, not looking for a committed relationship. There are some people I do see looking for a relationship, but for the most, part I think people are looking for that casual hookup."

New research by the Pew Research Center revealed the average age to get married is 27 for women and 29 for men. In the 1960s, the average age to get married was 20 for women and 23 for men.

"The increasing age of partners at the incidence of marriage is probably a result of the changed status of women, which gathered steam in the 1960s," Norman Goodman, a sociology professor at SBU, said. "As women became more equal, more women increased their educational level and also entered the workforce, two factors that made them less dependent on marriage for financial support and more willing and able to delay marriage."

College students keep stressing the same thing when it comes to marriage: they want to be financially secure before they tie the knot.

"I think it is better for people

to wait until they are financially secure to get married because more often, people have loans from college to pay off in addition to saving money for a wedding," Megan Pantaleo, a senior marine vertebrate biology major, said. "Also I think it is better to start off a marriage with both parties on good financial terms."

Students and professors across Stony Brook's campus agree college is a great place for young adults to meet a significant other who shares similar interests and goals.

In addition, both parties agree there is less of a focus on a "Mrs. Degree," a term used to describe females who go to college just to find a husband.

"My general impression is that compared with about 50 to 60 years ago, college is less about getting a Mrs. than a BA/BS," Goodman said. "Also, the greater sexual freedom afforded in college, especially residential colleges, to experiment with relationships allows considerable freedom and flexibility in finding the right significant other."

Similarly, the percentage of people who have never been married is also growing.

The Pew Research Center reported that in 2012, one-in-five adults ages 25 and older had never been married, totalling about 42 million people. Conversely, in 1960, only one-in-ten adults in the same age group, about nine percent of adults, had never been married.

"I think that society is putting less emphasis on marriage so much that it is, or will be soon, no longer the norm to get married then have children," Pantaleo said.

The analysis also states that out of the never-married adults, almost half of them would like to be married eventually.

Psychology professor Daniel O'Leary compared this to how young adults at Stony Brook feel about getting married in general.

"I think it's just like the younger people here at Stony Brook," O'Leary said. "The vast majority of my students say yes to wanting to be married even if the statistics say that almost 50 percent of marriages end in divorce."

Still, there is a group of people who will never walk down the aisle.

"Nearly half of the population is getting divorced and then there is a large segment of the population that has kids, but never marries," O'Leary said. "It's not like the 1950s anymore where people had two kids, a dog and a jeep. We just aren't there anymore."

While being in a relationship where the couple raises a family and never marries is seen as a more modern thing in America, this is socially normal in other parts of the world.

"In Europe and Canada, you have large segments of the population that don't marry at all," O'Leary said. "They live together, have children, but just don't get married. It seems to be

a social thing."

Today more and more people in America have the mentality of "why marry just because we have a kid," according to O'Leary.

In 2010, O'Leary and two others at SBU published a study about premarital cohabitation and the effects of living together on couples in the *Journal of Marriage and the Family*.

The studies found that those who lived together but did not get married were more likely to separate. However, those who were engaged and lived together were just as likely to have a successful of relationships as those who were married.

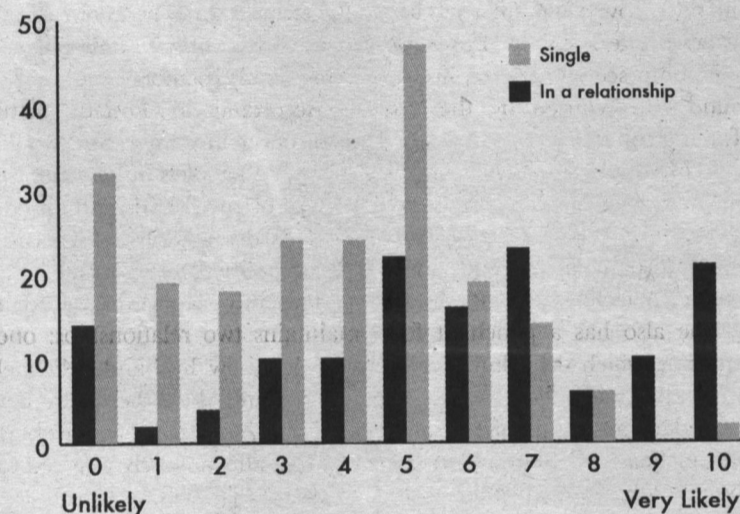
"The answer as to what those figures say about our society and our value of marriage

is complicated," Goodman said. "I am a romantic who still sees value in getting married. For one, it is an indication of a stronger level of commitment to your partner and the relationship than for those who are cohabiting or are involved in a series of hookups."

But whether these trends continue or not, students and professors agree there is no such thing as a traditional family or relationship anymore.

"Everyone is different and every relationship is different, so you don't necessarily have to follow the statistics," Blazon-Brown said. "I am still dating the same girl from high school and that's not statistically normal, but it works for us."

How likely Stony Brook students think it is that they will meet their spouse in college



Source: Statesman 2015 Sex Survey

Will Welch / The Statesman

## 1<sup>ST</sup> DATES

By Francesca Campione  
Staff Writer

WHY DOES IT SEEM LIKE first dates are limited to the same played-out dinner and movie ordeals and are exclusively the product of meeting someone on Tinder these days? As young, educated, vibrant college students, I can not help but feel like we have something more to offer in the realm of courtship. It is practical to assume none of us want to look back on what are supposed to be the best times of our lives and recount the awful movies and bad-tasting Long Island restaurant meals we have eaten while forcing ourselves to feign interest in someone.

Sitting in a darkened theater discouraged from making conversation may not be the best way to assess if someone's character is of interest to you. There are ways around the obvious first date choice. Here are some date ideas that break the mold.

### The Explorer Date

More suited for people with a sense of adventure, Geocaching is an app that takes any given location worldwide and gives you hints that lead you to particular points in your surrounding area. At these points are hidden cap-

sules. When you find the capsule, there is usually a tiny notepad left to write your name and the date you visited. It is also typical to leave a small item related to you in the capsule. If the relationship lasts, it may be a fun idea to go back to the first location you found together and see your names in the notepad. Sappy, I know. Also, this is an ideal date if you want to throw in a dinner. The two of you can stuff your face as per the traditional date and walk it off with some geocaching.

### The Musician Date

Now, some people may think the only concerts that are worthwhile are the ones held in pricey venues with well-known bands. For dates, the unheard-of band in that small bar across the street might be the perfect scene. Since no one is fighting for a spot to see the band perform, you can enjoy the beauty of personal space as you share some notoriously delicious finger-food. If the band you are seeing ever becomes popular enough, it will always be a cool story when years from now, you can say you saw them when they played in a rundown bar near your alma mater.

### The Outdoorsmen Date

For people who appreciate nature and the feel of the good old outdoors, Avalon Park and Preserve is a perfect place for a first date. Located in Stony Brook, the park offers scenery worth photographing and memorable locations to stare into one another's eyes. While this may be a date you would want to save for sunny, spring weather, if you are willing to brave the cold for an hour or two, going to a coffee shop or teahouse after would be a nice way to warm up while holding conversation. Try to stay away from a Starbucks; its aroma and atmosphere may be too reminiscent of the one on campus and who knows what that can do to your seemingly special date.

### The Gamer Date

If you know the person you are trying to impress is into the same types of video games you play, an interesting idea would be to invite them to play a game with you. Friendly competition is always a fun means to get flirtatious banter going and can be an ongoing topic of conversation. Snacks like chips and soda are easy to get a hold of and are compatible with this type of date. Once together,

the two of you can explore common interests and dislikes that will create further conversation.

### The Chef Date

A cooking class could be an enjoyable way to try something new while learning new things about the person you are pursuing. While preparing a new dish, conversations can range from cooking experience food preferences. From there the possibilities are endless. When the class comes to an end, the date can continue into a home-cooked dinner for two. For a wallet friendly option, Stony Brook students are offered free cooking lessons from Campus Dining. Cooking 101 is held three times a week and the menu is posted online so you can decide if you like the dish. In about an hour, you will have a culinary masterpiece.

Regardless of if you chose any of these options, remember that no one likes being bored. Also, if you do get the coveted second date, make sure to be just as fun and impressive or else things can go downhill really fast. Good luck out there, Seawolves. The dating world is a tough place.

# Dakota Jordan

“She knows about *everything*.”

By Megan Miller  
Assistant Multimedia Editor



**T**HE STONY BROOK Student Union Starbucks is loud.

Dakota Jordan is louder.

She lifts her shirt to reveal a long, vertical scar that extends up her torso, evidence of a time she almost internally bled to death when she was six years old. She had decided to ride an adult bike downhill when she hit a rock, and the impact launched her stomach against the handlebars. She flipped forward and crumpled to the ground. Consequently, she lost her spleen.

“When people bleed to death in movies, it’s like a slow, gentle thing,” Jordan said. “That’s not what bleeding to death is like. You experience death on a cellular level.”

Jordan no longer rides bikes. She does, however, have a self-inflicted inverted cross on her forearm composed entirely of small, round scars caused by the tip of a lit cigarette.

“I like things that hurt, because I love the feeling of acknowledging that my body isn’t made of glass,” Jordan said. “That’s such a powerful feeling.”

She also has a penchant for lecturing, which she admits without notable reluctance.

Jordan can lecture about safely being lit on fire. She can lecture about autonomy or the unjust expectations of marriage. She can lecture about polyamory, ageplay, knife play, rape fantasies and amputation fetishes. She can lecture about commitment. Or why she

has been engaged four times in her short 22 years of life.

Regardless of the lecture content, so long as there is someone listening, Jordan will be heard.

“I talk at people,” she said matter-of-factly. “Not with people.”

Jordan’s tendency to impart her knowledge of varying subject comes, she said, from a time when she was very young.

Her family “kind of treated me like a mini-adult,” she said. “That’s probably why I’m hypernerdy. They would be like ‘I don’t know. Give her a book. Do something. She’s bored.’”

She also learned to be independent. Having had Jordan when they were in high school, her parents never married. She was raised in Holbrook, N.Y., where she shared a three-bedroom apartment with a constant influx of rotating family members.

According to Jordan, there were never any men. She would see her father a few times a month.

“All of my friends had absentee dads, divorced dads,” she said. “It just seemed very normal.”

Presently, however, Jordan maintains two relationships: one with her new husband, Michael Jordan, and the other with her long-distance boyfriend, Robert Charde, affectionately referred to as J.B., or “jail bait.”

“I say I always need to have two partners because I need to be the focus of everybody’s universe,” she said, smirking. “One person could not provide the attention.”

When asked the reason why Michael was okay with her relationship continuing with Charde, Jordan responded, “We spend a lot of time together. We have a lot of sex. I guess he just doesn’t see how my relationship with somebody else takes away anything from him.”

The Stony Brook Student Union’s Fireside Lounge is loud. Jordan is still louder. Joining her are members of the club she heads, SBU’s The Next Generation (TNG), a group dedicated to promoting sexual positivity, relationship consent and providing a safe space for those who choose alternative approaches to intimacy.

For approximately the next hour, they proceed to debate about feminist theories. They discuss the benefit gender-inclusive dormitories provide for individuals’ whose gender identity differs from their biological sex. Jordan expresses her disgust for “goopy” human pornography

(or all the bodily fluids that result from having raucous sex), arguing instead for Japanese anime, which spares the viewer such conspicuous details. There is a short dispute about the existence of a sexualized Wolfie.

And then, she remembers that time with the candy cane dildo.

The graphic recount of Jordan’s escapade with the phallic holiday staple is punctuated by the presentation of a picture, pulled from the club’s Facebook page, of Jordan in the middle of a well-lit living room, sporting a clingy, black, strapless romper and knee high boots. She towers over her Jewish male “friend” who is bound to a chair with garland and Christmas lights, wearing nothing but red underwear and a Santa hat.

The photograph reads, “Happy holidays from SBU TNG.”

Formerly a double major in English and history until she decided to change to studio art, a concentration she regards

as time-consuming, Jordan still manages to balance being TNG’s president and head of public relations for the university’s Lesbian, Gay, Bisexual and Transgender Alliance.

“She knows about everything,” Tristan Catalano, the treasurer of TNG, said.

Among those responsibilities, she also writes the monthly sex column for the Stony Brook Press, titled “Ask A Semi Professional Pervert,” where she encourages readers to email and tweet her any of their sexual inquiries. The cadence of her voice, sardonic, deliberate and palpable, can be heard distinctly through her written answers.

“Try not to dwell on a silly value system that makes people feel bad about humping,” Jordan responded to an 18-year-old reader, torn over how to adequately pleasure her boyfriend without losing her virginity. “Bunnies hump all the time and we still love them.”

## College Gal Cooking: Aphrodisiacs

By Giselle Barkley  
Arts & Entertainment Editor

**T**HE ANNUAL DAY OF LOVE is around the corner, which means chocolates are flooding stores. But chocolate is not the only food associated with Valentine’s Day. For this special edition of College Gal Cooking, *The Statesman* looked into some of the foods that get people’s hearts pumping and found mixed results, when it came to the success of food aphrodisiacs. While some foods may not make your partner swoon and increase arousal, here are some of the foods that may have a sweet surprise.

**CHOCOLATE**—Chocolates are everywhere on the days leading up to and on Valentine’s Day. According to the Census Bureau, 1,148 manufacturing facilities in America produced chocolate and cocoa products for Valentine’s Day in 2011. This savory sweet treat contains

phenylethylamine, or PEA, according to howstuffworks. PEA is called the “love drug,” as it releases the same chemicals humans release when they fall in love. Swanson Health Products asserts this compound helps release both dopamine and norepinephrine. Dopamine is a hormone that controls the brain’s reward system and pleasure centers. Norepinephrine, according to Swanson Health Products, supports the body’s response to stress. It increases heart rate, which increases blood flow to the body’s muscles, among other things. However, WebMD is one of several sites stating the human body does not absorb enough PEA from chocolate to have a strong effect.

**OYSTERS**—What is so seductive about slurping one or more of these shellfish? Well, oysters are high in zinc, according to the

Coast Seafoods Company’s website. The site says there are 76.7 mg of zinc in six medium-sized oysters. The suggested daily amount for adults is eight to 11 mg. According to healthline.com, zinc may assist those with erectile dysfunction. Livestrong.com also says zinc helps males’ testes function. Deficiencies in zinc may affect sperm production. The National Institute of Health also states zinc deficiency can lead to the delay in sexual maturity. But caution must come with eating these bi-valves. Livestrong.com states location and time of year are key when harvesting oysters. Oysters can contain the vibro vulnificus bacterium, which can be harmful when consumed. Although the number of this bacteria increases during warmer weather, livestrong.com claims the bacteria can also infect oysters picked during the colder months.

**HONEY**—This natural, sticky sweetener contains the mineral boron. The Organic Facts website claims deficiencies in this mineral may lead to sex hormone imbalance, among other health issues. The site also reports boron enhances testosterone levels. There are mixed findings as to whether honey does increase testosterone levels however, the Anabolic Men website says this mineral lowers the Sex Hormone Binding Globulin count. SHBG binds into the “free testosterone molecules,” which makes testosterone molecules unusable.

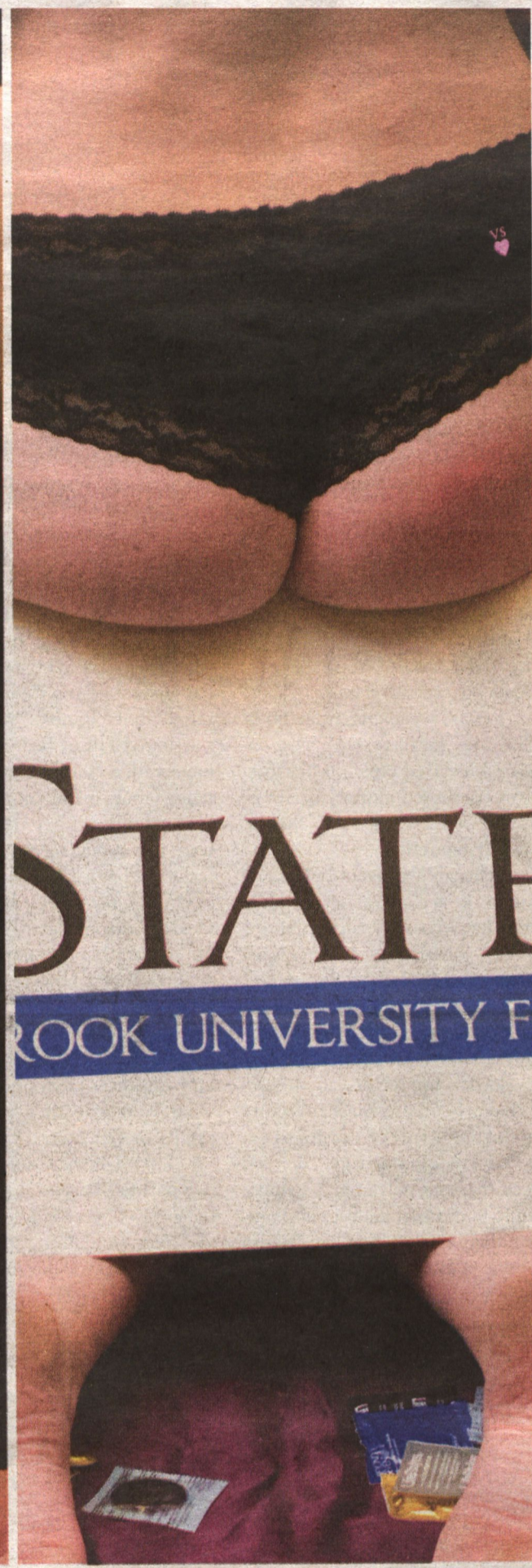
**AVOCADO**—Not only does this fruit’s name mean testicles, but avocados contain vitamin B6 and folic acid. E Vitamins is one of several sites to report that vitamin B6 decreases the shift of hormones like estrogen and progesterone during menopause. According to the site, it is this shift that results

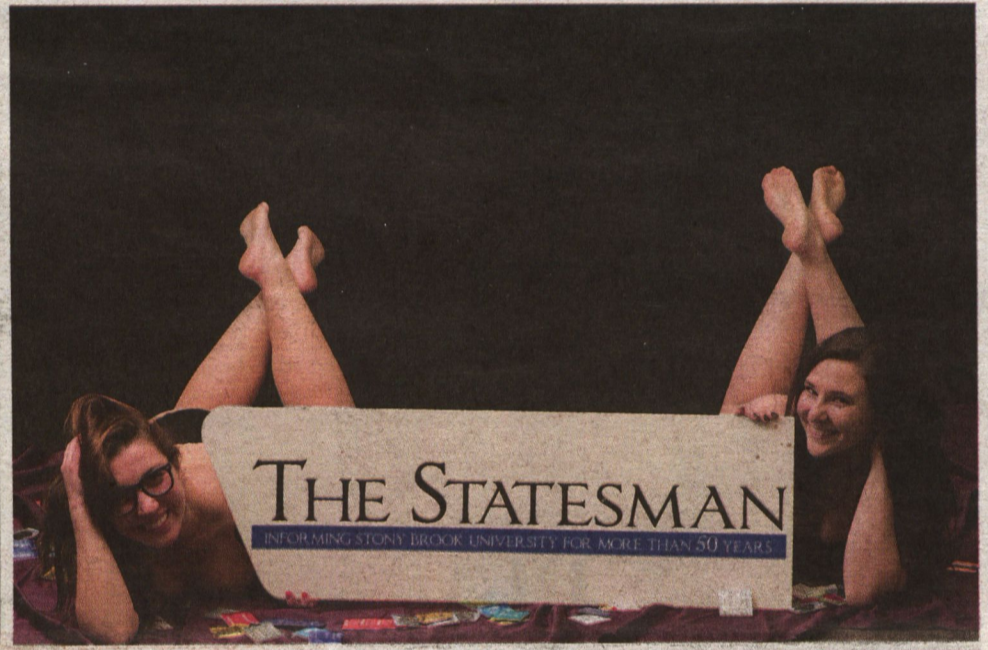
in the loss of sex drive for older women. Additionally, the vitamin B complex helps with blood flow throughout the body. Care2’s site states vitamin B6 in particular protects the heart from homocysteine, a chemical that allows cholesterol deposits. Maintaining a healthy heart decreases the risk of developing erectile dysfunction. Folic acid is a form of the B vitamin, which can prevent various birth defects. It is also one of the essential nutrients for women who want to get pregnant, as it leads to healthy eggs, as mentioned on the Ovuline website.

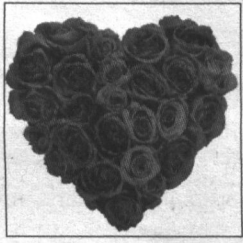
These are just some of the foods and the vitamins or chemicals found within them that can act as aphrodisiacs. Many of the foods above have a series of other health benefits. Despite some of the sexual health benefits of these foods, what makes food fun is not necessarily eating it, but how it is eaten.

# 50 Shades of Lace

*The 2015 Sex Feature Photo Shoot*







# Stony Brook Admirers 2

February 9 at 12:00pm

By Kelly Saberi  
Contributing Writer

**H**ANDWRITTEN NOTES ARE no longer the way to confess your love. Secret admirers instead utilize Stony Brook Admirers 2, a Facebook page with over 4,000 likes and just over 4,000 posts.

There are two ways to submit a post to Stony Brook Admirers 2. The first way is to send the post directly to the inbox on the SBA 2's Facebook page. The other is to send a post anonymously through the page's Tumblr account.

"I love knowing that people have feelings for others and they go out of their way to let the world know (even if the post is anonymous they still attempted)," one of two administrators of the page, who chose to remain anonymous, said via Facebook.

The page administrators claim they receive anywhere from 30 to 40 posts per day. On a particularly active week, they may have over 200 posts, with fluctuations during test weeks.

"The most interesting thing about running this page is seeing what some people submit," the previously mentioned administrator said. "The fact that they went out of their way to give someone a sweet message, 'like hey, I think you are cute, keep it up' just makes my day."

The page is under new management since its inception, therefore the original intention for the page is unknown. But the new managers have their own ideas.

"I feel like the page was inspired by the fact that many of us fall in love or find someone

we fancy, yet we cannot build the confidence to approach them," one of the administrators said. "Posting on here helps people let their crush know there is someone out there interested in them of the page."

The administrators receive feedback from a handful of people giving their thanks to the page because it gave them an outlet to tell the person they liked how they felt.

Oftentimes, the administrators will read through some out-of-the-ordinary posts.

"From time to time, I will get strange posts, where they dream about doing the weirdest things to the person, or having things done to them," said one of the administrators of the page. "I think those are funny, but some of the details

people put in are crazy and they use so much imagery."

Those who are frequent viewers of the page might notice some of the same names popping up now and again. But to the people who are being posted about, it sometimes comes off as a joke.

"Most of the time, I'm pretty sure my friends are just making fun of me (one friend in particular whose name I won't mention), but there are a few genuine posts that are pretty darn cute, and of course I'm extremely flattered by them," junior biochemistry major Ashwin Kélkar said via Facebook.

In other instances, although flattering, it can be odd to respond to an anonymous post. Sophomore biology major Diana Rubel has experienced this.

"When someone posts about me, I always feel very flattered, but sometimes a little awkward," Rubel said via Facebook. "For example, I had someone ask me to be their girlfriend over Stony Brook Admirers and while it was sweet, I was a little taken back by being asked out anonymously."

Although she may have her fair share of admirers on the page, she believes it is a good medium to show appreciation of someone.

This understanding has made Rubel give a piece of her own advice to admirers.

"As for the people who post to the page anonymously, I encourage you to tell the person you admire face to face," Rubel said. "You'll never know if they like you back if you remain anonymous forever."

## The art of role-playing:

*How to spice up your love life with more props, costumes and characters than a movie set*

By Krysten Massa  
Assistant Arts & Entertainment Editor

**T**HE DEFINITION OF ROLE-playing, courtesy of Urban Dictionary: A bedroom practice in which partners dress up and pretend to be someone else for sexual satisfaction.

Why do people role-play? Sometimes, sex itself is very intimidating if you are not 100 percent comfortable with your sexual partner, so wouldn't adding costumes and characters into the mix just make it that much more "scary?"

Role-playing may be something private that sexual partners do in the bedroom together. However, based on the various role-playing lists on BuzzFeed, like "25 sexy role play confessions that will either scare you...or give you some ideas," it seems it is something people are willing to talk about openly.

Some of the scenarios on the list include schoolgirl fantasies (how cliché), a coach/athlete role-play, physical examination role-play and a "Mad Men" role-play, just to name a few.

Cosmopolitan also published a list titled "Role play ideas you've never tried before," on their website. On this list, the author talks about reading a passage out loud from a book in which the characters engage in sex, such as a passage from "50 Shades of Grey," and then replay it in their own way.

Suggesting sexual role-play to your sexual partner does not

mean you are unhappy with your current sex life. It just means spicing things up a bit.

"Couples role-play for a variety of reasons. On a basic level, role-playing allows couples to introduce a level of novelty into their sexual relationships," Nicholas Eaton, Ph.D. and assistant professor at Stony Brook, said. "If couples are sexually monogamous, they may find that role playing allows them to experience some degree of sexual exploration—although they are with the same partner, the roles played may provide new experiences and identities," he added.

Eaton also said his lab recently completed data collection on sexual behaviors of about 1,000 people. The participants of this study answered the question on how sexually appealing they find role-playing on a seven-point scale.

According to Eaton, the data showed that 78 percent of women and 81 percent of men rated sexual role-playing as "somewhat appealing." Additionally, 24 percent of women and 26 percent of men rated the sexual role-playing to be the highest level on the scale, which was "very appealing."

"Many individuals, in their lives will experiment with role-playing, and some will make it a regular part of their sexual lives. Our data suggest that this follows from a notably high level of attraction to role playing in women and in men, with around

one person in four reporting that role-playing is at the maximum level of sexual appeal," Eaton said.

Sexual role-playing can also be useful to couples who are perhaps having difficulties sexually.

"There will be times where I will suggest sexual role-play as one of the things that they [patients] can do to jumpstart their sexual relationship," Peter Kanaris, Ph.D. and sex therapist, said.

However, Kanaris added it is important not to just throw suggestions, such as role-playing to couples. You need to know the person and know what they will be comfortable with.

"There are some people that are very into role-playing sexually and it sort of is something that their sexuality is strongly connected to. And there are other people that are just a little more carefree and would like to experiment with something different," he said.

Many people experiment with role-playing as a way to explore further intimacies, but he mentioned there exists a population of people whose sexual script is very narrowly based on a specific role-play. "So in order to be sexual they will almost need it," he said.

"There are some folks that are fairly inhibited that almost, like, need permission to do something different and to try something out," he said when he talk-

ed about how sexual role-playing can free up people like that.

Role-playing can be a very "freeing" experience; it is healthy to sometimes indulge in your own fantasies.

"I think role-play is great. It gives an opportunity for people to experience fantasies that they otherwise could not," Tristan Tyrell, a senior geology major and The Next Generation treasurer, said.

So what is the best way to go about approaching role-playing? "I honestly would ask my partner flat out. I'm not good with subtlety, and if my partner(s) find that weird, well they probably going to find a lot of things I like weird, so it for the better," Tyrell said.

Richie Moylan, a first year graduate student studying social work, feels the same way. "The most important thing is to be on the same page, especially in terms of expectations. Part of the reason role playing can be such a healthy experience is that it fosters better communication between partners," he said.

That is the best way for any couple to go about it. You cannot expect your partner to know what you want. If you want to know if your partner is into role-playing, whether it be with cop/culprit, teacher/student or maybe even Spiderman/Mary Jane, the key to successful role-playing is to be upfront and

honest. It could be a little awkward to get into it. But once you start, you may not want to stop.

Moylan also said as long as both parties are comfortable, he does not think there is a limit on "weirdness." Everybody is into something.

For him, anything involving a teacher/student scenario is too weird for his liking. "Absolute strangest I've heard of is father-daughter role-play," he said.

Everybody has fantasies, even if they do not admit it. Indulging in fantasies can be a healthy and quite normal thing. When a couple gets to the point in their relationship when they are comfortable enough to discuss sexual fantasies, then maybe, that is when they are ready to put them into action. Of course, everyone is different.

Moylan also talked about how role-playing can enhance intimacy in dominant/submissive relationships. "It allows partners to be more open about their desires, and express them in a safe, controlled environment," he said.

So, if you are curious about role-playing, then why not give it a try? It does not mean your current sex life is no good, or that you are bored with your partner. It just gives you the opportunity to spice things up and have a little bit of fun. So go ahead, open that door to the kinky thoughts that you usually tuck away. Your partner may love it.

“I JUST DON’T GET GIRLS man,” I exclaim frustratedly. “Bro, you gotta ask her what she really wants, if she wants a relationship with you.” John replies reassuringly.

On that note, I bid him adieu and head to my dorm, all the way over in H Quad. As I walk through the bitter cold down the Tabler steps, I begin thinking about this situation, which started out very simply.

I just could not get this girl from my Calculus class, Jane, out of my head. It feels as though I am stuck in purgatory. I wish I could go back to how it was before and just not fall into temptations; I would have saved myself a lot of confusion.

Last Sunday, she came over to my dorm and we were studying for our upcoming Calc test. I was showing her how to find the derivative of a quadratic. Suddenly, I realized our faces were really close, and then we stared in each other’s eyes as though we were trying to find a needle in the haystack of our pupils. Her breath felt warm and cozy on my face, conjuring an image of a basket of puppies. Then, the inevitable happened, and I kissed her for the next few minutes. After this bout of passion, we both acted as if nothing happened, studied some more and she left.

I felt like a million bucks. I have had a slight crush on this girl since the first day I walked into class and saw her in front of me. I dropped my pencil to find an excuse to talk to her and that’s how I got to know her. I knew about her through some mutual friends, and there was just something so attractive about her. I had hooked up with girls before at parties and even when we would chill alone. I would not ever feel much for these girls. They would look good and they were down to

have a little fun, so I went with it and enjoyed the moment. But Jane seemed different, more my type; I liked the way she acted and the conversations we would have. I just wanted to have her in my arms.

Yesterday, I texted her and asked “what’s up?” We had a conversation about the test we had today; it went so-so for both of us, relative to the amount of legitimate studying we got done. We decided to meet up that night and hang out. I wanted to talk to

her about the night before.

Jane came over to my dorm and after the usual small talk, I asked her, “What did you think about yesterday?”

“It was fun, I like being around you,” she replied in a cute manner that reminded me of what attracted me to her in the first place.

I went in to kiss her for a while on my bed, rolling around with such passion only new lovers could have, and after an hour or two, she had to leave, because she had morning class.

Earlier today, I went to the SAC to get a wrap, which always leaves me with an existential crisis regarding why I still go to SBU and what I am even doing. Right when I sat down, I saw something that made my heart drop. I saw Jane speaking animatedly and intensely with this one guy, peering into his eyes longingly as he replied to her, leaving her a dashing smile as a message in itself. Then they got up, shared a long embrace, she kissed him on his cheek and they parted their ways.

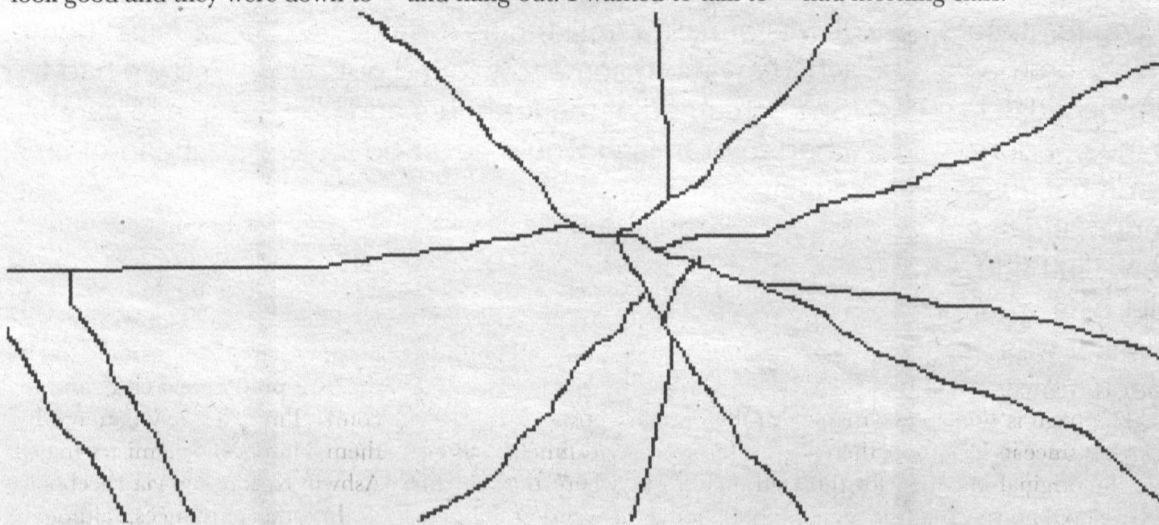
I had no idea what to make of this. Some part of me was burning up inside and wanted to smack that guy, and another part of me just wanted to let it go and stay optimistic. Maybe he was her gay friend?

“Wow, the walk to H Quad didn’t really feel like much,” I started to think.

I come into my room and hop on to my bed. As a force of habit, I open up Facebook right away and see something that made my heart drop down to the bottom of my chest. I get up from the bed and smash my wall, indenting it with my fist’s shape and leaving a red mark from my blood.

“Jane Doe is in a relationship with Matt Powers.”

I just don’t understand girls.



## Deriving a Quadratic

By Debduth Pijush / Opinions Contributing Writer

## Advice from the 2015 Statesman Sex Survey

### Oral Sex

- Communicate
- Practice
- Use your hands
- Use your tongue
- No teeth
- Use suction
- Start slow and get faster
- Keep everything lubricated
- Find the clitoris
- Have fun

47 percent of respondents have hooked up

### Hooking Up

- Make sure there is consent
- Be sober, but not too sober
- Use protection
- Know what you are getting into
- Be polite and respectful
- Be confident and passionate
- Communicate expectations
- Don’t forget foreplay
- Talk and flirt beforehand
- Have a discrete location
- Don’t make things weird after
- Be adventurous
- Be spontaneous
- Have good hygiene
- Make out; be a good kisser
- Make sure there is chemistry
- Be comfortable
- Be experienced
- Be safe
- Have fun

26.7 percent of non-virgin respondents role-play

### Role-play Characters

- Teacher / Student
- Master / Maid
- Rapist / Victim
- Nurse / Patient
- Boss / Secretary
- Cop / Prisoner
- Daddy / Bad Girl
- Babysitter
- Tony Stark / Pepper Pots
- Sherlock / Watson

# THE SEXWOLF

When in doubt, use your mouth

By Kate Valerio  
Opinions Staff Writer

I AM NOT SURE WHAT adventurous person first had the idea of putting someone else’s genitalia in their mouth, but I for one believe this person deserves a very large muffin basket. This person’s clear disregard for sanitation and the potential for pink eye has served the world’s community in a manner paralleled only by the invention of the wheel. It is like an arousing massage for your genitals. For those of you who are not even sure how to pronounce the word fellatio (fel-A-sheo) let alone perform it, please continue reading.

1. Just as they tell runners and women in labor, do not forget to breathe. There is usually a lot to pay attention to south of the bor-

der, and you need to master when to take a breath in order to be able to run the whole 5k. When it comes to actually taking that breath through your nose, use some common sense. Do you really want to do that as close as possible to something that has been trapped between a pair of sweaty thighs for the last eight hours? Probably not. So give yourself a buffer of a couple of inches, or more if you are lucky, and take that breath up at the top before diving back down. Gynophiles, your organ of interest is located near the top, so this is less of an issue for you. However, when exhaling, your nose is very close so please do it gently. No lady wants turbulence down there.

2. I have heard many people express apprehension and fear



when it comes to taste. I have also known many people who eat their weight in pineapple thinking it will make their love juice taste more like pina colada and less like curdled milk. Please, put the tropical fruit down—all it will do is help prevent scurvy. However, there is a correlation between what you put in your mouth and what you put in someone else’s mouth. The healthier and more natural the food you eat, the less spunky your spunk will taste. So now you have two reasons for picking a salad over that double quarter pounder with cheese. If you are still not a fan of the taste after their diet of vegetables and natural proteins, just do not do it. After all, there are a hundred ways to skin a cat.

3. Enjoy yourself. Do not think about whether or not you finished your pre-quiz for CHE 322. Think about it like giving presents. Getting a present that someone is excited to give you is much more enjoyable. This works the same way.

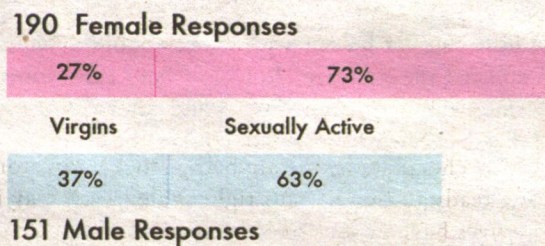
4. Pick up an anatomy book. While the entire vicinity is extra sensitive, there are some parts that are more sensitive than others. Ex: the perineum. If that is a new word for you, further research is in order.

5. This does not need to be a strictly oral endeavor. Get creative with your hands. They can help cover some ground. Explore the surrounding area, or detour north. Regardless, let them do some exploring.

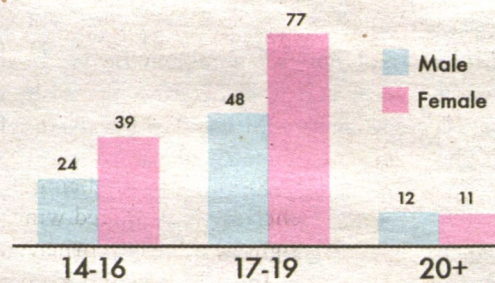
# V Cards

Layout and Cards by Will Welch  
 Graphics by Adam Pollack  
 Data from the 2015 Statesman Sex Survey

## Sexual activity of SBU students



## When students lost their virginity



STONY BROOK  
 Avg Male 17.4  
 Avg Female 17.25

NATIONALLY  
 Avg Male 16.9  
 Avg Female 17.4

Source: Kinsey Institute

AGE: 13



We were making out and started going down on each other. She got really horny and was begging for it, so we stole a condom from her brother and banged. I didn't cum because I didn't like the feeling of the condom. She freaked out afterwards because she wasn't a virgin anymore, and she started praying in Hebrew. I left and hung out with some other girls. Your first time isn't ever magical. It was awkward and, looking back, funny. It's a learning experience.

Awkward      Funny      Early

AGE: 14



I was only a freshman in high school, but I thought I was in love. It was amazing until the next day, when my mom somehow found out. She screamed at me for hours and I had to promise I would never do it again.

Exhilarating      Nervous      Intense

AGE: 15



I was in a lesbian relationship at the time. Her family and mine are against homosexual relationships, so we had to plan out a time and place carefully a couple weeks ahead of time.

Fun      Adventurous      Calming

AGE: 16



All I know is that it was on my boyfriend's birthday during a camping trip. We were so drunk— who knows what happened? The next morning my crevices did not feel the same, and eventually it occurred to us what had happened.

Sloppy      Confusing      Fun

AGE: 17



I was in a dorm room at Maritime college with my boyfriend. It is a military-style school and opposite genders that don't go to the school are not allowed, so I had to sneak in by hopping a fence. I wasn't really in the best mood, but he had already made his roommate spend the night elsewhere, so I felt obligated. It was so awkward and unpleasant that I made him stop. When we continued, it was just as bad and he was so nervous he couldn't orgasm. It was one of the most disappointing moments of my life.

Awkward      Emotional      Disappointing

AGE: 18



I met a girl away at college and we had sex in her dorm room. We were both really drunk and we were new to the school. We met at this party on one of the first nights.

AGE: 19



It was on my bed, sophomore year. We weren't really sure if it was inside. I have an average penis, so that wasn't it. She never played around with herself "in-depth," so it wasn't familiar. It was probably just rubbing around her clit. We figured it out soon thereafter. Let's just say the snow is causing more plowing than you'd think.

Confusing      Orgasmic      Wet

AGE: 20



I was dating this girl for two years and we were both okay with moving very slowly. After a few years in college, we felt more comfortable in our relationship and with our bodies. We decided to move forward physically. The two of us were very shy but excited beyond belief to be with someone we loved, which was what was important to both of us. When we were done, we were both really happy, which was awesome.

Intense      Loving      Careful

AGE: 21



Oddly enough, I became really close to a guy I talked to on Tinder. He was a freshman and I visited him at his school. It was just an instant chemistry and the culmination of our feelings resulted in us having sex for about five hours. He didn't know I was a virgin, though.

Intense      Fun      Passionate