

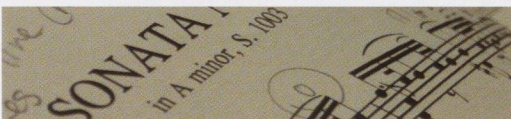
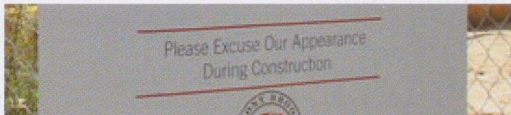
THE STONY BROOK PRESS

It's a housing issue.

VOLUME XXXVII ISSUE 1

OCTOBER 2015

FEATURES



A Whole New World	06
Wendys Vs. The Grille	09
Shattering Male Stereotypes	10
Some Serious Comedy	13
Look, Up in the Sky!	17

CULTURE

Nostalgia Goggles: Captain Planet	19
Learn About Black Metal	20
Fashion, of Both Sexes	21
Sexxxx & Drugzzzz	23
Lana Del Ray	24

04

Overcrowding, and more
All bases are covered in this broad overview of the multitudes of on campus and off campus problems.

07

Postcards from India
Stony Brook Press reporter Alicia Bermudez comes back from India with more than a bit of jet-lag.

11

STEM vs. ARTS
See how students and ex-students who learned to perform admirably both in the classroom and on the stage.

15

Shattering Glass Slipper
Read the story of a real life princess who has more than her share of real life problems.

NEWS

Improving Stony Brook	1
Getting Your Lettuce Fix	2
Vets Get Tuition Assistance	3

OPINION

Get the Sense of Sense 8	25
Trump & West 2016	26
Holding Boys in Blue Responsible	27
Feeling Dismal at Disney	28

SPORTS

KNICK-KNACK PATTY... LAST?	29
NET Your Average Basketball Team	30
Home on the Rangers	31
Is Australia an Islander or a Continent	32

EXECUTIVE EDITOR
MANAGING EDITOR
ASSOCIATE EDITOR
BUSINESS MANAGER
PRODUCTION MANAGER
ART DIRECTOR
ASSISTANT ART DIRECTOR
NEWS EDITOR
ASSISTANT NEWS EDITOR
FEATURES EDITOR
CULTURE EDITOR
ASSISTANT CULTURE EDITOR
SPORTS EDITOR
ASSISTANT SPORTS EDITOR
OPINION EDITOR
ASSISTANT OPINION EDITOR
WEB EDITOR
SOCIAL MEDIA MANAGER
ASSISTANT SOCIAL MEDIA MANAGER
PHOTO EDITOR
COPY EDITOR
MINISTER OF ARCHIVES
OMBUDSMAN

IAN SCHAFER
KYLE BARR
JULIANNE MOSHER
RANDALL WASZYNSKI
CHARLIE SPITZNER
HOLLY LAVELLI
KAT GU
JESSICA OPATICH
MICHELLE S. KARIM
RONNY REYES
RICKY SOBERANO
JON WINKLER
MICHAEL DeSANTIS
JIM FERCHLAND
CARLOS CADORNIGA
JAMES GROTTOLA
JAY SHAH
JASMINE WIBISONO
ALICIA BERMUDEZ
JOSEPH RYDER
JORDAN BOWMAN
LINDSAY ANDARAKIS
BEATRICE VANTAPOOL

STAFF

ADAM KLEIN
ALLY LASHLEY
BENNY BALMACEDA
BROGAN HARTE
CIARAN LYNCH
DAKOTA JORDAN
DANIEL MOLONEY

DEMI GUO
JAKE LATREILLE
JED HENDRIXSON
JESSICA VESTUTO
JOSH STAVRAKAGLOU
KEVIN URGILES
KRISTIE KAM

MARX BACUNGAN
ROSEMARY TAMBINI
SAMANTHA MERCADO
YOU

The Stony Brook Press is published monthly during the academic year and twice during summer session by The Stony Brook Press, a student-run non-profit organization funded by the Student Activity Fee. The opinions expressed in letters, articles and viewpoints do not necessarily reflect those of The Stony Brook Press as a whole. Advertising policy does not necessarily reflect editorial policy. Staff meetings are held Wednesdays at 1:00 p.m. First copy free. For additional copies contact the Business Manager.

THE STONY BROOK PRESS
ROOM 236, STUDENT UNION
SUNY AT STONY BROOK
STONY BROOK, NY 11794
EMAIL: EDITORS@SBPRESS.COM

I can't get no...

Satisfaction. Breaking it down, it's been a hell of a start to a semester.

Stuffed into overcrowded housing, freshman of the new semester had to deal with a whole new environment and a new sense of unease with the mad rush of new classes and new people.

Upperclassmen continue to deal with mechanical and environmental problems inside their dorms. It was a checklist of housing issues: broken showers, water damage, mold damage and an ant and roach infestation. It's enough to drive the huge population of Stony Brook buzz heatedly on the same wavelink.

The buzz had the highest pitch those first few days of school. You could hear it standing in the middle of Stony Brook and watching mad crowds stretching outside the academic mall. You saw the largest enrollment Stony Brook has ever had strolling around en-masse.

And those students couldn't even print their homework because the printing system was down for several days. The internet is still not up to par, as students lose connection on a daily basis, despite having full bars and a full wifi connection.

Students were fed more than a few bits of loaded information, not to mention fed a selection of crude, bad tasting and all around unhealthy options through Stony Brook's new food vendor, Sodexo. Remember to watch out for those band aids and maggots in your salads.

It's dissatisfaction we're feeling. The stress of the semester can only build, but the problems from the beginning persist.

And there goes the internet again.

It's as if you took the upheaval and confusion of students, distilled it, processed it, wrapped it in cellophane and fed it back to the students. Lock it all into one small ecosystem that is

Stony Brook University, and you have a very, very terrible falafel.

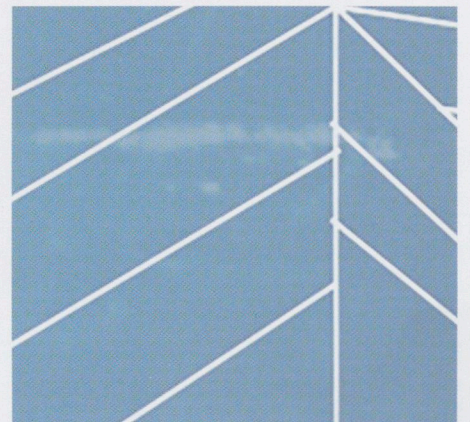
It's been a hell of a start to a semester.

I can't get no...

Just let the riff tell you the rest of the story.

Much Love,

THE |STONY BROOK|
PRESS



Stony Brook University Outlines Plans for Improvement



JESSICA OPATICH

Stony Brook University unveiled the preliminary details of its SUNY Excels Performance Improvement Plan on Friday, September 18 with highlights that included increasing enrollment, completions, four-year, first-time, full-time graduation rates, research expenditures, fundraising and faculty, staff and student diversity.

"They said at the board of trustees resolution that this is not a measurement of one institution against another, but rather an institution against itself over time," Braden Hosch, assistant vice president for institutional research, planning and effectiveness said.

Stony Brook University is looking to increase enrollment from 25,272 this fall to 26,394 by 2020. The university also wants to raise completions from slightly above 6,600 to 7,500, and the four-year, full-time, first-time student graduation rate from 51-percent, as calculated by the university, to 60-percent.

"That actually derives from a commitment President Stanley made to President Obama at the White House to increase the graduation rate of our students," Hosch said. Increasing the graduation rate is "probably the most challenging" goal, said Hosch to a Press reporter.

The university is also projecting a 3-percent increase in research expenditures to just over \$190 million, according to the Performance Plan. Other goals do not have percentages tied to them. Increasing diversity was a key point, but Hosch said no specific projections were established.

Stony Brook University's operating budget shifted from a formula based on enrollment to one based on performance, according to Governor Cuomo's 2015-2016 Executive Budget. The budget also includes a 10-percent withholding of state support, or according to President Stanley's report, approximately \$15 million for Stony Brook University, pending the completion of the Performance Plan.

The state established 17 different indicators with five goals and metrics attached to those indicators, Hosch said. The five major goals are: access, completion, success, inquiry and engagement.

Indicators that fall under access include measurements on whether students are getting Pell Grants, the university's Accelerated College Education (ACE) program, which allows high school students to earn college credits and currently serves around 2,000 students; and the number of New York State residents served by SUNY.

SBU is committed to keeping our proportion of New York state residents "not dropping below 70-percent," Hosch said.

Completions includes New York State Chancellor Nancy Zimpher's goal of raising SUNY completion from 93,000 to 150,000 by 2020. SBU is not increasing its proportional share of that, Hosch said. Completion also includes metrics from the Student Achievement Measure.

"It takes a look at not just whether students started from an institution and graduated from that same institution in a period of time, but they also take a look to see whether that student transferred and graduated from another institution," Hosch said.

SBU's percentage of first-time, full-time students that started in fall of 2008 and graduated within four years was 47-percent, according to data from SAM.

Under success, several indicators are grouped together including applied learning, multicultural experiences and student support. "In terms of metrics, those are not yet formulated," Hosch said. "It does include things like internships, research and civic engagement."

Success also includes financial literacy. The state measures this using the cohort default rate, which is the rate students do not pay back their student loans. SBU's rate is well below the national average, Hosch said. But that "doesn't necessarily tell you a student is financially literate."

Non-graduates, independent students, Pell recipients, low income students and transfer students all were at a much higher risk for defaulting, according to data released this year by SBU's Office of Institutional Planning and Effectiveness.

Forty-two percent of bachelor's recipients graduated with debt, but that number sharply rises to 80-percent if the student was a Pell grant recipient. Thirty-percent of graduates who did not receive a Pell Grant, which is for low-income students, graduated from SBU with debt between \$20,000 and \$29,000, according to the same data.

"The indicators may have a title but not necessarily the same meaning," Hosch said.

Inquiry includes total sponsored activity with metrics tied to the total dollar amount going to the Stony Brook Research Foundation. It also includes courses with hands-on research, scholarship, discovery and innovation. "It makes perfect sense for us as a research university," Hosch said.

Engagement includes alumni and philanthropic support and economic impact. No metrics were provided for economic impact, but SBU was asked to provide a plan for economic development.

SBU was also asked to arrive at a list of peer and aspirational institutions. The aspirational institutions' "standard measures, in terms of things like graduation rates and research are much higher than ours are. They do more volume and have higher grad rates, so we'd like to be more like them," Hosch said.

These aspirational institutions include University of California-Santa Barbara, University of Florida, University of North Carolina at Chapel Hill, University of Virginia and University of Wisconsin-Madison.

Peer institutions include Purdue University, University at Buffalo, University of Connecticut, University of Maryland-College Park and University of Massachusetts-Amherst.

In terms of how SBU intends to achieve the goals laid out in the Performance Plan and become more like the University of Virginia, Bosh said, "We do have some underlying material that we are preparing that's still in draft form."

The university also has not yet decided whether to make the Performance Improvement Plan publicly accessible, Hosch said.

LETTUCE? FROM A CRATE?

STONY BROOK'S FREIGHT FARM

JULIANNE MOSHER

In late August, a former shipping container made its way onto campus.

Inside the green and white vehicle were rows upon rows of tiny circles, some filled with what looks like dirt and some growing little buds of green matter. Air-conditioned and cool, purple and pink lights shone as if a rave could breakout at any second. This container is Stony Brook's latest addition to sustainability on campus, a freight farm, or "The Leafy Green Machine" as some call it, and it is here to change campus dining.

The freight farm is allowing students to grow and manage vegetables hydroponically for the first time behind Roth Café. When the plants are ready within 10 weeks at most, they will be delivered to the different dining halls on campus - a huge change for the way students consume on campus while also helping to save the planet.

Managed by David Schmitz, or "Farmer Dave," and two Stony Brook students, the farm just began harvesting two types of lettuce earlier this month.

"We can grow basically anything we want hydroponically," Farmer Dave said. "So we're gonna have a meeting once every semester with the students and decide what we want to grow."

Hydroponic farming is a way of growing crops that are pesticide and herbicide free. Using 90 percent less water, the farm is set to grow over 2,000 heads of lettuce this harvest inside the 4-by-8-foot long trailer. They are grown in mesh rather than dirt and can be adjusted with the simplicity of a smartphone app.

"They're both artisan. They're both really high grade lettuces," Farmer Dave said. "One's a green bib lettuce and the other's a red oak leaf lettuce. They're going to be dynamite when they finally come out."

"We're gonna be on a growing rotation and we hope to switch out the kinds of things we're growing about every semester," he said. "I have my eye on some kale and some things we can utilize at all the cafeterias."

The freight farm will grow anything that it wants due to the flexibility in temperature and season. If the farmers want to grow something that would usually be found in extremely humid and hot temperatures in the middle of January, the Leafy Green Machine will allow that. When the different crops are grown, students will be able to walk the grown plants to any dining hall on campus - completely cutting the carbon footprint left while using trucks to deliver outsourced food.

"There's a germination period, you get the seedling and then everything has to grow," Farmer Dave said. "We can grow twelve months a year and we can make it, if we want, we can have the daylight be longer or shorter. We can change the temperature to be warmer or colder."

But little do students know that growing hydroponically on campus - even the simplest things like lettuce - is a huge innovation and will benefit students in more ways than they would normally think.

By growing close to home, the planet will get a little greener.

Students will savor the freshly grown products on

campus and ultimately they will feel better knowing that what they are consuming is free of any bad chemicals that other farms use on their crops.

"It's homegrown, organic, pesticide free lettuce for students on campus," Lauren Weisburg, a freshman environmental studies major, said. "It's healthier for us, it's healthier for the planet. That sounds great."

With time and some hope, the freight farm can grow even more. If the university decides that the health of its students and the wellness of the planet are worth the investment, another freight farm may be added. The possibilities are endless.

James O'Connor, Director of Sustainability and Transportation, said that the freight farm is something the university is welcoming with excitement.

"It is sustainable it has minimal impact on the natural environment," he said. "It's something we're very proud to try out here at Stony Brook."





MILITARY VETERANS GET NEW TUITION ASSISTANCE WITH PASSING OF NEW FEDERAL ACT

JOHN FEINBERG

New York is one of the 18 states added this past July to a federal act granting in-state tuition to veterans attending college under the G.I. Bill, saving them headaches and money.

The added states will offer in-state tuition for veterans, regardless if they have established permanent residency in the state of the school they are attending by the passing of the Veterans' Access to Care through Choice, Accountability, and Transparency Act of 2014.

"Military personnel, veterans, and their families living on our campuses and in the state's communities deserve the same access to affordable public higher education that all New Yorkers enjoy," State University of New York (SUNY) System Chancellor Nancy L. Zimpher said in a press release. According to the G.I. Jobs Magazine, over 40 of the 64 college campuses directed by the SUNY system have been named "military friendly."

The Yellow Ribbon program had been previously established by the U.S. Department of Veteran Affairs to help cover expenses and fees that exceeded what the G.I. Bill would pay out, especially when students were attending colleges outside of their home states and were required to pay non-resident tuition, or attended a private institution.

At Stony Brook University, the in-state tuition per semester is \$4,427 with tuition and fees, with the non-resident tuition and fees adding up to nearly triple the amount, at \$11,967.50. Both of these numbers do not factor in additional costs such as meal plans, textbooks or housing, which can bring the non-resident costs to nearly \$20,000 for just one semester, according to the universities tuition calculator.

Derrick Dolsen, a senior in the psychology program, is a former Marine

who was stationed at Camp Pendleton in California. Although he has been using the G.I. Bill, it hasn't covered all of his expenses.

"The Post 9/11 GI Bill allows me to receive a stipend for textbooks and school supplies but funds are limited by a fiscal calendar," said Dolsen. "I have had to pay upwards of \$300 some semesters for all materials needed out of pocket."

There are certain requirements and restrictions which limit the amount of veterans who qualify for this program and many don't meet the cut.

Matthew Luce, a veteran from the U.S. Army, is a junior attending Stony Brook University for a degree in computer science. He has lived in New York for most of his life, so the bill isn't necessarily affecting him. "Regardless, I think it is a great thing and I know someone who had to deal with this situation before the deal was passed," Luce said.

The Yellow Ribbon program will no longer be needed for most of the student veterans, at least for public universities and colleges. Many states had previously passed their own legislation, detailing the requirements for veterans to pay in-state tuition without establishing a permanent residency. This act will replace any state-level provisions previously set in place.

Thanks to the new provisions in the act, which were passed on a federal level, Arkansas, California, Connecticut, D.C., Kansas, Kentucky, Massachusetts, Montana, New Hampshire, New Jersey, New York, North Carolina, Oklahoma, Pennsylvania, South

Carolina, Vermont, West Virginia and Wisconsin will soon be joining the many other states charging the in-state tuition.

Veterans will qualify for the additional tuition help if they have been honorably discharged within three years of enrollment and have been discharged from active duty for at least 90 days. While the act does require the veterans to live in the state they attend school, it removes the barrier of having to establish and verify residency to the college or university, which can often take one or more years.



Campus Decay

Mold, Mildew and Too Many Bodies

JAMES GROTTOLA, MICHELLE KARIM
& SAMANTHA MERCADO

While it's not exactly stuffing them in sardine cans, the effect is the same. Stony Brook University, has had the largest number of housing applicants, 34,000 this fall, according to President Stanley at his State of the University address. And as a result, almost 700 Stony Brook University students have been placed in overcrowded dorms.

With a housing shortage reaching maximum levels, 85 percent all of Stony Brook's incoming freshmen are nearly guaranteed to have three people living in designated double rooms, according to Kathryn Osenni, an office assistant at the Campus Residences office. The standard accommodation offered by the school is two people per room. These changes have taken place, sometimes, without the resident's knowledge.

"I signed up for a double room but with an unofficial understanding that I would be tripled," first semester freshman Hayley Rein said. Rein is currently living in Benedict College and was casually informed that she "might" be tripled this semester. "I just accepted it because I knew it would happen to nearly everyone else, and it didn't seem like a terrible situation to be placed in anyway," she added.

Campus residences have confirmed that they have received complaints from freshmen who have been tripled. "Our first priority is detripling after the semester starts," Osenni said. "But this is done on a space-available basis."

But Rachel Chabin, a freshman who lives in Greeley College said that his tripled room "didn't come as a surprise."

"The school didn't say that everyone would be tripled. But then-current students told us that virtually all of us would be tripled," she said. "The school said they would try to have us de-tripled by the end of the semester, but the kids said we'd most likely have to wait until the end of the year."

When asked to comment on the issue, Alan S. deVries, associate director of

residential programs for administration and services at Stony Brook said, "The issue of space in housing in relation to interested students is real. We opened the current year with 175 students in a facility we are renting from another local College and a waiting list of almost 400 students."

In addition to overcrowding on campus, Stony Brook has to keep some students in dorms located on the Dowling College campus, with buses that shuttle the students for 30 minutes back and forth from their dorms.

The Dowling dorms only started being used at the beginning of the Fall 2014 semester. The well covered creation was heavily controversial. While some thought the University would put an end to the far little piece of Stony Brook Property. Those expectations were spoiled when they saw the small sign next to The Union parking lot signifying a permanent Dowling bus stop. There are still hundreds of students who can't get university regulated housing and are forced to resort to commuting from an off campus space.

Some students had the concept of "tripling" dropped on them out of nowhere.

"I don't remember being told that [I would be tripled] so it was a bit of a surprise. I am part of the University Scholars and I heard that a lot of us got tripled since the scholars dorm together," Bill Lehane, a freshman living in one of the rooms in the basement of Benedict College, said.

These changes to the number of tripled dorms is sending shockwaves throughout the residential side of Stony Brook life. It is complicating life for

students. In turn, the problems for those directly responsible for residential students are only compounded.

THE R.A. SITUATION

RONNY REYES
& KYLE BARR

The overcrowding situation is only part of the problem for Residential Attendants (R.As) whose job it is to enforce the University's housing laws and to engage with the students in their dorms. Recent changes to their responsibilities have left some R.As feeling overwhelmed, especially with the large amount of new students they must also take deal with WW.

These R.As quoted in the article wished not to be named from fear of being reprimanded or that they may lose their jobs.

An R.A from Mendelsohn Quad stated that campus housing was at 103 percent capacity, which would even lead to R.As having to live with some of their residents in a double, which "creates a conflict of interest." "We have 40 to 50 people fitting in a hallway meant for 30 and then 40 to 50 people sharing four showers, one of which is always broken," he said on the overcrowding issue. "A lot of the

A resident of West Apartments B, who wished not to be named for her connection to campus residences, lived in his room all summer with a shower that looked like this. It wasn't fixed by the beginning of the 2015 Fall semester but was fixed about two weeks in.





While students on the first floor of West III Building I know about notorious roach problem, Jessica Dady had not expected the mold. Deciding to pay extra for two nights before the semester's start, she found the paint like substance had attached itself to the floor and the furniture. It was eventually removed, and she was reimbursed for the two nights she stayed there. Her room then came under an infestation of ants over the weekend, and without the exterminator available, she claims she was forced to buy ant traps herself. "I don't know what else could happen," she said.

roommate problems I have to deal with stem from the fact that there just isn't enough room."

"Tripling is part of a national trend," said Associate Director of Residential Programs Catherine-Mary Rivera. "We have set up support for people in triples, including a room change concierge plan to help students connect and exchange rooms with each other."

Some of the changes to their responsibilities include having the R.As do "Community Connection Conversations," which require them to talk to all residents they are responsible for, and must fill out a form of something new they learned about that resident. This includes asking specific questions which could include if they are making friends or if they are enjoying their classes.

"I don't like it very much because it takes away from genuine conversation," said another R.A.

"All the R.As I know actually care about the job, they care about the residents, so it feels like they just don't trust us and our ability to do our job," said the R.A from Mendleson.

Where R.A inspections used to occur on one day of the week, now R.A inspections of dorm rooms occur all week long from 10 a.m to 10 p.m, Sunday through Saturday, and it occurs campuswide in the same week. The

timing is so to try to "keep residents on their toes." The main difference is it occurs every other month instead of every month.

Rivera said that the revision to the R.A's responsibilities are not so much a "change" but a move towards helping to support the residential students. "I hope our staff is feeling valued. We appreciate everything they do," she said.

For now, these stuffed students are anticipating the new dorms. Cranes and the sound of jackhammer fill the air behind The Staller Center. The new Housing Complex, which President Stanley said will hold 750 beds, may alleviate some of this overcrowding.

But for now, progress towards a housing solution remains stagnant. The overcrowding problem is far beyond the individual student's control. There are other problems with housing that are a more personal, and much more physical.

WEST APARTMENTS IS CONSIDERED A PRIVILEGE

KYLE BARR & ALICIA BERMUDEZ

On average, the cost of an apartment is \$600 more for both a single and double compared to other dorm rooms. To qualify, a student must maintain a 3.0 GPA and be in U3 or U4 standing, meaning they have 57 credits or above.

Living in West is a privilege — to all of its residents, including the ants, water damage, and not forgetting the mold.

West Apartments has been a function on Stony Brook University campus since 2001, according to a 2004 Statesman article. It has been slowly extended over the next decade. Now, some question if those distant Stony Brook residence halls are in decline. While other residence halls may be older, West Apartments wears its age on its sleeve, and on the carpets and the walls.

Notorious for the structural and pest problems it's residents have with their rooms, the greater freedoms of personal kitchens and bathrooms is a tradeoff for mold and water damage.

The West Apartments quad offices declined to comment, saying the questions must be directed to campus residences.

Director of Campus Residences John Sparano said that there is a protocol

for sending complaints, which usually involves first getting the information to the Residential Assistant or the Quad office, which should inspect the room within a reasonable amount of time to inspect the complaint.

The outside contractor for pest control, Eliminox, only appears on Monday, Tuesday and Friday. Sparano said that they could bring him in on short notice in case of emergency, he does not appear on the weekend.

While problems eventually get dealt with, sometimes students are left waiting much longer than they should to see problems dealt with. There are a few examples throughout this article.

OFF-CAMPUS HOUSING

JESSICA OPATICH

Stony Brook's suburban housing, with its bland exteriors facing the streets, appears innocuous. That is, until you start counting the cars. Then you realize just how many students, mostly foreign, are jammed into 30 square feet of wood and concrete.

For several years, local officials and homeowners have complained about these overstuffed houses, and now university officials and local homeowners are squabbling over the current treatment of off-campus housing for foreign students.

According to President of Stony Brook Concerned Homeowners, Bruce Sander, landlords threaten international students using cultural shaming.

Sander and Concerned Homeowners co-founder, Anthony DeRosa met with Stony Brook University officials, including Dean of Students Timothy Eckland and Chief Deputy to the President Judith Greiman earlier this month.

Sander and DeRosa both said that university officials mentioned "intimidation of honor." Landlords of the same or similar cultures and ethnicities "play the right cards against these kids," Sander said.

"They're afraid it might get back to their home country," DeRosa said.

In a letter to Newsday [SBU's Foreign Students, August 28, 2015], Sander wrote that Stony Brook University should ensure adequate housing for the foreign students that it recruits.

"Many of these students are forced to rely on a money-grabbing group of illegal landlords that has invaded single-family neighborhoods," Sander wrote.

He alleges that landlords are telling the international students that they house not to open doors for anyone without a warrant. Stony Brook Offi-



cials could not be reached for comment.

"The Town cannot corroborate a conversation that took place with two individuals outside of government. We had no involvement in that discussion so it would be inappropriate for us to comment," said Town of Brookhaven spokesman, Jack Krieger.

Stony Brook Concerned Homeowners also claims that some landlords are affiliated with SBU. "Of the 45 we found, the university said only 11 were truly affiliated with the university,"

DeRosa said.

Sander claimed that university faculty is "capitalizing" on the increased enrollment of recent semesters as well as the few options for off-campus housing these students have. "The worst landlords are involved with the university," he said.

DeRosa said SBU is not solely to blame for the situation. "The university is the cause of the problem, but the town has to be more aggressive on cracking down on illegal houses," DeRosa said.

"Those who violate our Town Codes should know that our Law Department will do everything in their power to close down illegal multi-family housing and prosecute landlords to the fullest extent of the law," said Supervisor Ed Romaine at a press conference in 2013 when the crackdown began.

A Press reporter attempted to reach international student residents, but several refused to speak, citing various worries including loss of housing.

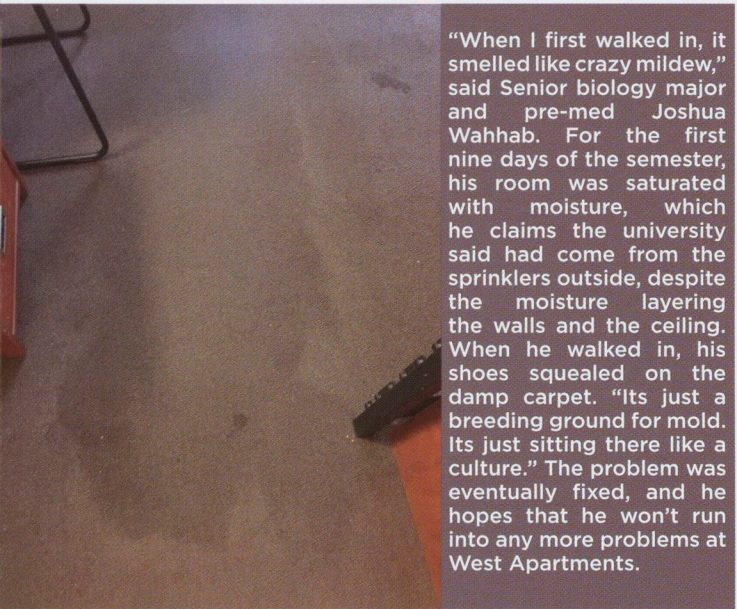
The university has seen a spike in foreign students from 11.55-percent in 2008-2009 to 19.58-percent in the 2013-2014 school year, according to data from the Institute of International Education and the National Center for Educational Statistics.

SBU is planning on increasing enrollment from 25,272 this fall to 26,394 by 2020, according to Braden Hosch, assistant vice president for institutional research, planning, and effectiveness at SBU. Officials did not set any projections for international student enrollment.

On campus housing will expand when new residence halls on Toll Drive open in Fall 2016. The new facility will have a total of 759 beds. Matthew Whelan, SBU vice president for strategic initiatives said the new residence facilities would help accommodate rising enrollment.

Sander and DeRosa, however, said the only solution is for the university to team up with contractors and provide affordable, off-campus apartments for students.

"They said they have been working with some developers but there's nothing concrete," DeRosa said.



"When I first walked in, it smelled like crazy mildew," said Senior biology major and pre-med Joshua Wahhab. For the first nine days of the semester, his room was saturated with moisture, which he claims the university said had come from the sprinklers outside, despite the moisture layering the walls and the ceiling. When he walked in, his shoes squealed on the damp carpet. "Its just a breeding ground for mold. Its just sitting there like a culture." The problem was eventually fixed, and he hopes that he won't run into any more problems at West Apartments.

RAHUL I. PATEL, STONY BROOK RESEARCHER

FINDING NEW WORLDS

SAMANTHA MERCADO

Rahul I. Patel, a 29-year-old PhD student here at Stony Brook, joined an international team of scientists to help discover the new planet, 51 Erdani b.

Patel was one of hundreds on the team, but only he and his advisor Stanimir Metchev, were working from Stony Brook's campus.

"I've always had a passion for science," Patel said.

As a child he had dreams of exploring space and becoming a zoologist or paleontologist.

"It's ironic how my passions in science are really grounded and not grounded at all," Patel said, as he smiled into his lap at the realization.

He followed his passion for space far enough to reach a new planet.

Patel bounced around different countries for school, growing up and beginning high school in Canada and moving and finishing his schooling in Florida. After finishing his undergraduate studies at Florida International University, he came to Stony Brook for his PhD.

Patel said it was "the diversity in the physics department" that drew him to Stony Brook.

Before committing his research to the Gemini Planet Imager Exoplanet Survey team, he shopped around the department to weigh his options. He originally was part of a similar research project with the same advisor, but the two moved their work to join the GPIES. It was Patel's first international collaboration.

Patel wanted to make it clear — "Just so you know, I didn't find the planet..." Or at least he wasn't the only one. Patel and Metchev found warm dust surrounding a star.

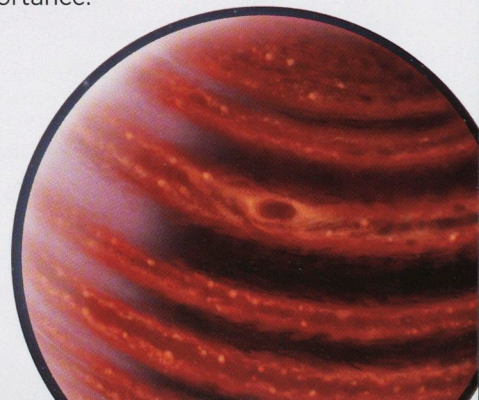
"What I found gave the discovery added importance," explained the humble Patel. The warm dust surrounding the star was a red flag signaling that a planet was in the area. According to Patel, what makes 51 Erdani b and its solar system special, is that it is architecturally similar to our solar system.

A solar system so young and similar to our own can help scientists answer

questions about the way ours has evolved. The planet itself is chemically similar to a younger Jupiter, which also suggests that an earthlike planet could develop in the surrounding 'planetary neighborhood.'

Having a major planetary discovery under his belt, Patel is going on to pursue a postdoctoral scholar position at the California Institute of Technology.

Looking back on his research and the discovery, Patel said, "People should know that overall, this holds scientific importance as well as philosophical importance."





CULTURE SHOCK IN BANGALORE, INDIA

ALICIA BERMUDEZ



Culture Shock is defined as the feeling of disorientation experienced by someone who is suddenly subjected to an unfamiliar way of life or set of attitudes. This summer I was lucky enough to travel to Bangalore, India to study abroad for two weeks. Bangalore is located in the middle south of India and is known for being a rapidly modernizing tech capital. Although there are huge buildings and a lot of traffic, there's still a sense of earlier Indian culture like food and flower markets on street corners.

Before I left for the trip in late May, I was told by multiple people to be careful while in an unfamiliar place. "Don't make eye contact with men, especially don't smile at them," "Keep your valuable items in a pouch underneath your clothes," "Make sure you're completely covered up," "Do not under any circumstances drink the water." I guess maybe these things are typical to say to someone when going

abroad but this was my first time and the constant "advice" I was getting wasn't helping to calm my nerves at all. To add to the stress, I didn't know any of the other students going on the trip. So here I am, going to an unfamiliar place, thousands of miles away from my comfort zone with a bunch of strangers. We all became amazing friends by the end of the trip and will forever share this bond but of course I didn't know that at the time.

The plane landed in Bangalore around 8 p.m. and immediately I noticed something different: the airport was empty despite the fact that it wasn't very late. There were a few people scattered about and the guy at the visa on arrival desk, which is exactly where we were headed. As we walked up to the desk he didn't greet us or smile, just stared. He asked me to put my fingers on the glass pad to take my fingerprints then got annoyed with me when I didn't do it correctly.

The first two days in Bangalore we went out and explored the city which was amazing, although we were very jet lagged being nine and a half hours ahead of the U.S. There was so much activity and color everywhere, but there were also stray dogs everywhere I looked. That was something that kind of shocked me, the fact that there were so many unattended dogs just roaming around and eating garbage - literally hundreds of them. Even after two weeks, I didn't get used to seeing them everywhere. It's a huge problem in the city and there hasn't been an effective way to fix it yet.

Another thing I didn't get used to - the constant stares. As a large group of Americans I guess we stood out to the natives. Wherever we went there would be people who asked to take pictures with us. At first we found it kind of flattering and funny but after it kept happening it was just odd and a little irritating. I was just trying to

Pages 8-9 missing from original



BOYZ 2 MEN

SHIFTING FROM GENDER STEREOTYPES

SAMANTHA MERCADO

Some of the first words that we hear after emerging from the womb are “It’s a girl!” or “It’s a boy!” This inevitably leads to blue or pink blankets, bibs, nursery rooms. But what does the assignment of a male gender mean?

40 or 50 years ago, the answer was much simpler; it meant dominance, strength and power. Now, the definition has changed to mean much more. We live in a time where equality on all levels is the new frontier to be reached, specifically gender equality.

This progression toward equality spits out different versions of masculinity, and caught in the crossfire are young boys. Stony Brook has begun to explore this progression with the new introduction of the Center for Men and Masculinities, which now offers students a masters degree in masculinities studies.

Markus Gerke, a doctoral student in the masculinities department, explained that there are so many different versions of masculinity in today’s world, and some versions are ‘healthier’ than others. The thing about a concept like masculinity is “how I experience masculinity is different than someone else,” Gerke explained. Lots of factors play into one’s definition of ‘masculine’ like race, class, religion and others.

Since it is so personalized, how do we get several ‘generic’ versions of masculinity? Simply put, society works

off of the templates from the past. Decades ago, the stereotypical man was the breadwinner of the family, physically strong, aggressive, and dominating in all aspects of his life. As much as things are changing today, these ideas still flow in and out of the minds of young boys.

The result of this hyper masculinity can be damaging to boys and men in many ways. On a smaller scale, Gerke gave the example of boys and school achievement. On average, boys have proven to be weaker readers than girls. The influence is not biological but societal. “These dominating forms of masculinity create ideas that separate certain activities by gender.” Gerke continued, “Boys are expected to play outside and roughhouse while reading is seen as a more feminine activity.” All in all, the influence is impeding young boys from reading by giving them the mindset that it is a ‘girly’ activity.

On a larger scale, Gerke explained how men’s life expectancy is lower than women’s. Once again, this is not inherently biological but stems from societal influence as well. “Men are encouraged to live up to this hyper masculine behavior which puts them at risk: driving fast, aggressive behavior, not seeking medical assistance, etc.” These versions of masculinity are what are unhealthy to men and young boys, both physically and societally.

Now, in 2015, we are seeing the rise

of healthier forms of masculinity and much more tolerance and acceptance. “A couple of years ago I don’t think many women and men would be so confident as they are now to call themselves feminists.” Gerke says he can see the progression forward and away from the more dominating forms of masculinity. These newer, healthier influences are found everywhere from home life to school and even the media. Something as simple as kids TV shows are pushing more tolerant and gender equal ideas for their young viewers.

As a whole, Gerke explained that he believes the rest of the world is moving in the same direction as the U.S, in fact, there are several countries in Europe that are ahead of us in terms of gender equality, which we could use as examples. “Scandinavia offers both parents of newborns paid parental leave,” Gerke pointed out, explaining that this reaffirms the notion that women are not the only important figures in the child rearing process.

Masculinity and its influences doesn’t come in a big bright package so that they’re easily recognized. It comes in the little everyday interactions boys and girls have with each other and with the word around them. We are shifting our perspective; no longer are we trying to raise boys into men. We’re just raising independent people.



Developing the Complete Mind

The Connection Between Music and the Sciences

JESSICA VESTUTO

When Music Met Science

As I sat in the violin section of Smithtown High School East's Freshman Orchestra, Eya Setsu, the first violin, made me question whether we were really playing the same instrument. It was our first time practicing the Trans-Siberian Orchestra's "Wizards in Winter," an ambitious choice for novice musicians, and while my bow squeaked and whined, Setsu's bow flew melodiously across the strings. My fourteen-year-old self sat in awe.

Today, as I sit across from Setsu in the Stony Brook Staller Center, she remains as humble as she is accomplished. Setsu is in her second year as a double major in Biology and music, two of Stony Brook's most challenging programs. "I have a minor in Biomedical Engineering as well," she adds to the list as an afterthought, along with her position as secretary of the University Scholars program and a member of the fencing club.

"I wouldn't go to a school if they didn't have an orchestra," she explains. Setsu has been studying violin since the fifth grade, but the instrument was not her first choice.

"I wanted to play the viola, but my parents thought it was too big for me. Which is true," she laments playfully. At the mention of her parents, I ask if either is a musician. She shakes her head no. However

she recalls with a smile, "If my dad was in a good mood, he'd put in a classical CD on Sunday mornings while making breakfast. My mom says she never liked classical music until I started playing it."

The inevitable question arises of how Setsu handles her course work. "It's hard to do both. The time management is crazy," she says. "There are some days I wish I could just practice for hours and hours. I can usually do a bio lab within a few days. Music takes longer. It takes a lot of thought. You have to figure out your own interpretation."

Despite the differences between science and music, Setsu sees overlap between her two interests. "Music uses a lot of numbers," she says. "You wouldn't think so, but it does. All the patterns are numbers. A lot of music is just how to analyze something, so the analysis skills transfer to science."

While talking to Setsu, it occurs to me that it had not been by accident that the smartest of my high school classmates often chose to be in the band or orchestra. I am reminded of Leonardo Da Vinci's "Principles for the Development of a Complete Mind: Study the science of art. Study the art of science. Realize that everything connects to everything else."

I asked if she has a go-to composer that

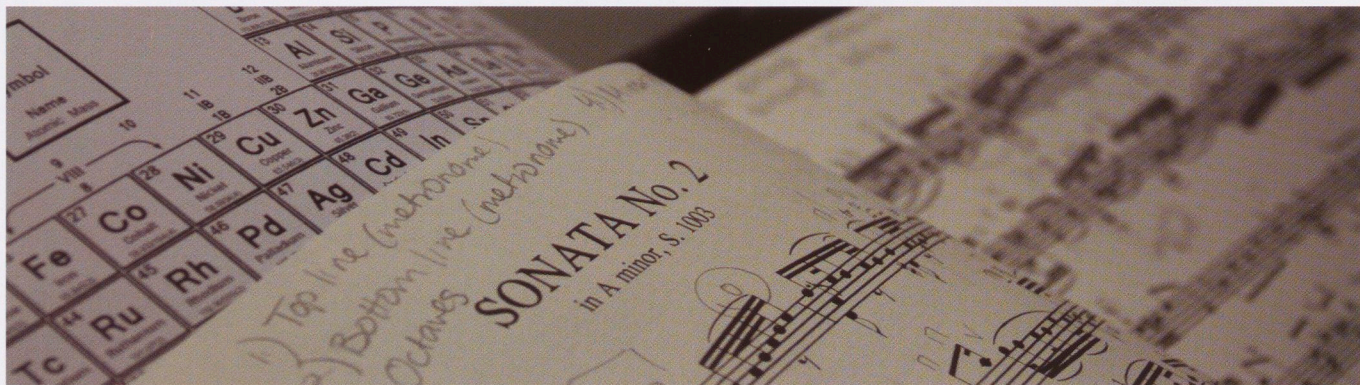
she listens to while studying. She laughs. "I can't listen to classical music when I do my homework. I start analyzing it in my head. I have to listen to EDM or something."

"Not many of our majors can handle a double major," says Margaret Schedel, Undergraduate Director of Stony Brook's Music Department. "Our double majors have to be very organized, so they end up being some of our most successful students."

Professor Schedel is also a cellist, composer and a computer music professor. "I joke all the time that I was rebelling against my parents by becoming a musician," she says. "My mother is a teacher and my father is a computer programmer. My parents always encouraged my music, but told me to keep up my math and computer science skills just in case."

Schedel is core faculty in the Consortium for Digital Arts Culture and Technology and affiliated with BioMedical Informatics and Computer Science and Art. "I spend most of my days teaching people how to program computers," she explains, "but for artistic purposes. Computers are now fast enough to use computation for music. I didn't think I'd be able to combine the two fields in the way that I have."

Schedel advocates her students finding a way to combine their interests, citing



“Pure math takes concepts and ideas and instills it into what is the essence of that problem...In music I’ve always tried to find the basic principle or the common denominator. Something that would generate all the other details.”

the importance of interdisciplinary skills in the workplace. “If you are a person who is exceptional at two areas, you will be much more valued in the work force. My whole life is an overlap between two fields.”

When Music Met Math

I didn’t see myself spending 24 hours a day, drinking twenty cups of coffee—just focusing on math,” Stony Brook alumnus Noby Ishida says as he describes the realization responsible for starting his successful career as a musician. At the time, Ishida was a PhD candidate earning a degree in pure mathematics from the University of California at Berkeley. “Berkeley was a place where you change the world and do your own thing. There was a lot of independent thinking there. That and having a grand piano in my house got me back into the music.” Ishida graduated from the program at the master’s level and returned to New York. “I drove cross-country, stopping at every music school along the way. The rest is history.”

Ishida began studying piano at twelve-years-old. “I loved it,” he says. “Beside sports, it was probably the strongest thing in my psyche. But I was undisciplined. I barely practiced.” For a long time Ishida

never considered becoming a professional musician. “My parents were academicians, my father was a chemistry professor at Stony Brook and I came from a traditionally Asian family, so you don’t do music. When I entered college at seventeen, I didn’t see a piano for the next five years.”

In 1982, Ishida enrolled at Stony Brook University and graduated four years later as a double major in pure mathematics and applied mathematics.

“I’m sure math has influenced me in some ways,” he says. “Pure math is considered more of an art than a science. The best way to describe it is there’s nonfiction and there’s fairytales. A pure mathematician creates a fairytale. It’s consistent and a beautiful story. It doesn’t always relate to reality, but a lot of times it does.”

Ishida stops in a moment of contemplation. “Imagine a starfish,” he tells me, drawing it in the air with his hands. He explains how a pure mathematician takes the essence of that star-like object, defining it by the existence of a point where drawing any straight-line segment from that point will remain inside the shape. “Pure math takes concepts and ideas and instills it into what is the essence of that problem,” he explains. “In music I’ve always tried to find the basic principle or the common denominator. Something that

would generate all the other details.”

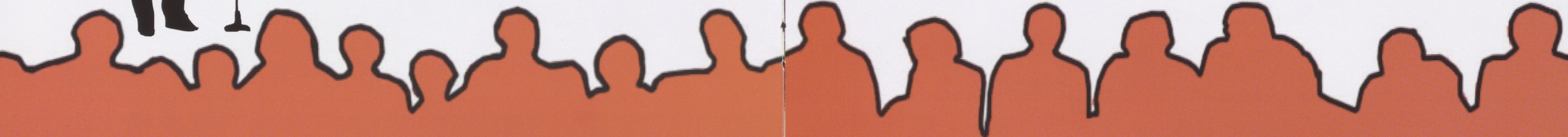
Today, Ishida is the music director at the Park Avenue United Methodist Church and a visiting professor of vocals at Hunter College. Ishida has performed piano at Carnegie Hall, Merkin Concert Hall, and Alice Tully Hall, and he also teaches piano privately. He cites friendships with composers who are also math professors. Ishida has great admiration for his friend Noam Elkies, world-renowned mathematician and the youngest tenured professor in Harvard University’s history. “He became a math professor so he could pursue music,” Ishida says. “He’s an incredible pianist. He’ll put me to shame. He’ll go to Harvard Square, someone will hum a tune, and he’ll improvise a fugue.”

A Google search of “Noam Elkies” yields over twenty thousand results. Among the most popular is a YouTube video. “Noam Elkies on Piano.” The video is an aerial shot of forty Harvard students gathered around Professor Elkies as he performs a jazz improvisation of “Somewhere Over the Rainbow.” Students sway to the music, capture cell phone video, or just smile and nod in approval. The theatrical performance generates waves of laughter, followed by enthusiastic and unanimous applause.



SERIOUS COMEDY

KYLE BARR



It's scary to see funny people get serious.

"If people ask you what you do and you say that you're a comedian and you haven't been on TV, it is an upward climb of trying to justify yourself," said Mike Lawrence, a comedian who has been on Conan's late night show twice and has had a 30 minute special on Comedy Central, yet he said he remained poor.

That quote comes from the YouTube channel Modern Comedian, created by comic Scott Moran. Every video starts with a somber piano score like something out of a war documentary. Comedians like Lawrence speak with sullen faces about the several clubs a night they would run in between, as well as the bad shows, the bad crowds, and the little money they got for all their effort.

The most common image of a comedian is that of a confident humorist plying their trade on stage. Behind the scenes however, a comedian's life is often a constant struggle. Can the comedy scene truly be as dispiriting as it seems? Are those vignettes that citizens see on Comedy Central or YouTube really representative of today's comics in our modern and digital age?

Bringer Shows, and the Dreadful Cycle of Starting Out

The ever-present fear of the comedy realm is getting locked in the constant open mics and small-paying bringer shows of the beginners cycle.

"It is not a good place for a comedian to be for a long time. It's depressing. There's no audience," said comedian Stevie "GB" Gianturco. Starting comedy in 1991, Stevie GB was stuck in a cycle of bad club managers and false promises that brought him to quit comedy in the

late 90's. He came back to the field several years later.

That cycle of small-time comedy is often exacerbated by many clubs doing "bringer" shows, which require comics to bring a certain number of audience members to pay for the show. The problem is they are often the only shows available starting out, but they rarely help expand a comedian's audience. These bringer shows and open mics are often the only way beginning comics get the stage time that is crucial to honing their craft.

"For a very long time, you'll suck," said comedian Ellen Karris. She said that a comedian isn't really "into it" until he or she has worked on the scene for five years or more.

"You have to pay your dues, and you have to go through a lot of bad and horrific experiences," she said.

After Stevie GB came back to comedy, he tried a different approach than focusing on getting stage time. "I approached bookers and offered myself for free to do spots on their shows." Eventually, it worked, but, he said it only happened because he had used those beginner platforms to build his standup.

It's scary to see funny people get serious.

The modern comedy scene is in flux. A few decades ago, many bars used to be platforms for comedians. In today's field there is little money to be made



just by doing the club rounds.

Karris, who worked as an accountant before breaking into comedy, said that the only way to make consistent money in modern stand up is through private bookings.

"Now, it's about private gigs, it's about fundraisers. It's a different dynamic. Now you have to find an agent or a booker who books these types of venues," she said. "It's a hustle. You have to have an entrepreneurial spirit to do this. You really do."

It's hard enough for comedians starting out to practice comedy full time. If a comedian gets a day job that pays enough to live, the workload doubles.

Up-and-coming comedian Joe Giarratano works full time as an accounts manager for Trustpilot, a business review company, and spends the rest of his time in clubs trying to gain notice.

"Sometimes, working in an

office all day can be exhausting," Giarratano said. "You leave, and you've just got yelled at by 10 customers in the last couple of hours. I just want to go home and chill out, sit on my couch and wind down. But you say 'this is what I want to do,' so I spend an hour at the club instead."

Doing Everything and Anything

While it is rare for standup comedians to have anything like a consistent job on the scene, there are other forms of comedy like those in improv or sketch shows which propose a slightly more stable job position at the risk of getting less public notoriety.

Comedy writer and sketch artist Zack Phillips has written on sketch teams for the Upright Citizens Brigade in New York City for the past three years and has worked on the UCB internet video team. He was able to move up from the UCB's comedy classes to writing on their sketch teams. He finds many benefits to working consistently with one company.

"It is nice that on an improv team, you know you are going to have a show the same time and week. And you don't have to worry about working real hard to get an audience."

On the internet, building an audience takes time and often requires a innovative idea for a YouTube channel. More importantly, it requires the time to put out videos on a consistent basis. But the fastest way to gain rampant popularity is by having a video go viral.

Viral videos are long shots. The comic has to meet those incomprehensible requirements at just the right time and place to get that sort of traction.

Those who do go viral, often have much easier careers ahead of them. As part of comedian Vic DiBitetto's series of vignettes on YouTube, he uploaded the video "Bread and Milk" which exploded on YouTube. It currently has over 13 million YouTube views. Since then, his career has truly picked up steam.

"If you see it statistically, how many people does it happen for and how many people does it not?" said Stevie GB about the impact of viral videos. "I don't think it has lasting power. It does for very, very few people."

Karris has a pretty consistent YouTube channel as well as an online radio show on BBOX, Giarratano hosts a podcast, and Stevie GB has a YouTube channel as well as a short series of videos about how a starting comedian gets into the comedy scene.

"Just like any job, you want to diversify your portfolio," said Giarratano. A comedian should do a little bit of everything, while keeping it manageable.

"Your name has to be buzzing for something," he said.

The Brotherhood of Comedy

It's hard to break into comedy, but the act is also voluntary. Like Mike Lawrence said, declaring oneself a comedian is just asking for sideways glances from strangers and family members alike. Once a burgeoning comedian has exhausted all friends and family to drag over to bringer shows, the idea of going it alone seems that much more daunting.

Phillips often works on teams of multiple people, and feels like it only helps with the creative process. "It's just more fun working with other people. If you have great chemistry with a person or people then the end product is greater than the sum of it's parts."

Comedians often find the that the people who best understand what each of them go through, is each other.

"Comedians are each others' support group," said Giarratano. "When we're driving from from a gig at 1 a.m. on a Saturday morning, you know other comedians are doing the same. We'll call each other. You kind of keep each other company."

Comedians Are a Different Breed of People.

Seinfeld once joked that humanity's first greatest fear is talking in public, and the second is death. In that way, comedians are cut from a different cloth. They become so used to talking to groups of people that revealing often very personal anecdotes becomes part of the expectation. In a way, the reveal of such devastating narratives of comics' lives, like those seen on Modern Comedian, is really an extension of their act on stage.

For comics like Giarratano, revealing such intimate items becomes routine. "Regular people might not walk up to somebody they don't know and talk about something horrific that happened to them. A comic will joke about these things. For comedians, it's never really weird. It's part of the art."

The Modern Comedian videos are not expressly funny, but in essence they are only an extension of what the modern comedian does on a daily basis. They unabashedly tell the audience stories about their lives, no matter how dark they may get or seem. They do it because the comedy then becomes more real and relatable.

"Comedians are some of the most sad and depressed and bitter and angry," said Stevie GB. "Because they love to do it."





PUTTING YOUR BEST *Glass Slipper* Forward

JULIANNE MOSHER

She smiles as she walks around the mall in her sparkly, fitted gown. Her white braid falls down to her navel, and she adjusts the silver-sequined snowflakes pinned into her wig. She's sweating but she's smiling as people stop to look at her.

"Look mommy! It's Elsa!" a little girl of about four screams. "Do you want to build a snowman?" she asks the child. The little girl looks up at the ice queen in amazement as her parents snap pictures on their cell phones in the middle of Smithaven Mall in Lake Grove, New York.

Dina Dolan is 35 and has been a princess since she was 15. Her signature look was always Ariel, the Little Mermaid, and she was always told that she had the typical princess look. She has wide eyes; fair, clear skin and a white smile that holds straight teeth. She is an artist, a recognized singer and actress who has performed in shows at Disney World and on Broadway.

"You have to remember all of us grew up on these fairytales. Every mommy was one of these princesses and every dad would

put a towel on his back and be Superman jumping off the bed," she says.

Disney princesses have perfect hair, their figures are perfect, and their skin is perfect; they are always happy and in a princess' world, nothing can go wrong - well, except maybe getting kidnapped by an evil witch or forced to clean the family home by your evil stepmother or maybe losing your voice to the evil sea queen in return for legs.

But before the event at the mall begins, Dina slides on her sequined gowns; crinoline tutus puff the skirts out underneath. She goes to her dining room table to begin the process of becoming a princess.

"You get a lot of looks," she says. "People will say, 'You know it's not Halloween, right?'"

She plays with her faux braid and unloads the foundation, blush, eye shadows and palettes of different lipstick colors.

The red-haired stepmother of two and the new mommy to infant, Quinten, brushes on her white powder and clips sparkly glittered snowflakes into the white plastic headpiece. Her mother sits across from her on her black laptop while Dina's baby son bounces in his play seat, smiling. A happy child, he looked up in wonder at his mom, laughing that tiny baby laugh, as she kept singing to him.

The struggles of making a living on Long Island as a "princess," however, dominate and often make

Dina depressed. The woman who came to New York in May 2013 with big dreams and the high of falling in love soon fell into darkness when her business started to suffer.

While Dina was growing up in Florida with her mother and father, her talent helped her make a living. By auditioning - and getting the part - for different shows, being featured as a voice actress on Dora the Explorer CDs and by eventually leaving her former character-entertainment employers to create her own company, Dolan Entertainment was born.

While her late father, Bill, and mother, Theresa, ran Dolan Entertainment, Dina made the costumes for each character.

"I remember her sewing dresses on me until 2 a.m. while I stood there on a stool and just laughed with her," Danae Nurczyk, a friend and former actress with Dina's company, said. "She made all her costumes and they were gorgeous. She always looked at every detail to make sure it was perfect."

While Dina was known to play a perfect Little Mermaid, Nurczyk was always Cinderella.

In Florida, Dina was a big success. Families would book Dolan Entertainment over and over again, pleased with what she brought to the table. Even the rich and famous would hire Dina to play a part at their children's birthday parties.

"Meeting celebrities is fun because they'll say how happy



they are to meet me as a princess and I'm thinking to myself, 'No, Gloria Estefan, it's really nice to meet you,'" She laughs, thinking back to the time she dressed up as Wonder Woman and took pictures in the singer's backyard.

The lifestyle of a princess may seem glamorous and great but in reality it can be hard. Dina experienced every part of life while acting as a character but still had to maintain her cool and always smile.

But behind the smiles, a princess cries.

Dina sits in her kitchen and remembers the difficult times in her life. She gets quiet and says that when you get sick while playing a princess, if you're having a bad day, if someone you love passes away or if you break up with your fiancé, the show must still go on.

"We are creating a fantasy for people. We create that happiness in that moment and they forget about all the seriousness and just laugh in joy." But when the happiness is taken away from a performer, she still has to act like nothing is eating away at her.

While performing when she was younger, Dina ended up dating one of her co-actors, a man who played Prince Eric. But when they broke up, Dina still had to be Ariel and he still had to be the mermaid's lover. "It's no one else's problem but my own," she said. "All in all, you get through it. If you're a professional, you get through it."

Experiencing heartbreak is natural, Dina experienced the worst heartbreak of all four years ago, when her father was diagnosed with cancer and died shortly after.

"I miss him every day," she says quietly.

But after his passing, Dina and Theresa decided to start fresh and rename the company Little Redhead Entertainment. Booking birthday parties and still attending corporate events, Dina also became a certified fitness instructor and a freelance makeup artist to make ends meet. Then, in December 2012, her life completely changed.

Dina met Bill Lanzetta on Christmas while at a family friend's home, and they immediately hit it off. They sat outside in the snow talking for hours and fell in love. By February, the two were engaged.

The couple kept up a long distance relationship in those two months, so following her heart, Dina decided to move from Florida to New York in May. They got married in August and shortly after had her first child.

"People still called and asked for her after she moved away because there was no one like her," Danae says. "She is beyond talented and can literally do it all."

While living on Long Island, Dina strived to make a name for herself again.

In New York, Dina's company began to expand but not with the reputation she had in Florida. It was around this past January that she, her husband and Theresa decided that it was time to change.

Living on Long Island is tough. The taxes in many areas are more than what most families can afford. Dina and her husband realized this when Bill could not find work as a skilled carpenter, as well as her mother who also moved into their Medford home.

"Living on Long Island is a lot different than being in Florida," Kristine Nacchio, a friend and actress known for playing Anna from Frozen with Dina's New York company says. "I know because I lived there for a few months.

"Down there, they work to play. Here on Long Island, we work to survive. There isn't a lot extra for the fun stuff since most of us are middle class," Nacchio added.

Dina and her family decided to move out of New York after struggling to keep their home and raise an infant. After a lot of tears, a lot of fighting and a lot of thinking, they knew to pack up their bags and go back to the Sunshine State filled with magic.

Tom Catt, who was cast as the Genie from Aladdin with Dina's performances, says that Dina tried the best that she could while she

was in New York. "Dina is a savvy woman and New York gave her a run for her money. In Florida, she had built up a good source for her business and her niche was well received."

"In New York," he adds, "the taste was different and Dina tried as hard as she could to 'make it work.' It was a question of where she could do the most good, given her location and how to start her thriving business in a new state."

She left for Southern Florida in March, and Dina says that things are still rough. Her husband got a new job, but Dina is still struggling to find her place back where it all started.

"I never had to fight so hard for a job before," she says. "I never had to work so hard for it."

Despite the struggles that Dina faced throughout her career, the actress, mom, company owner and star still stays optimistic.

"Life changes so quickly that you just have to go with it," she smiles.

The princess smiled for the cameras and hugged the boys and girls who were star struck as they met Elsa. Even though she smiled her white smile in front of the crowds, her emotions ate away inside. Holding back tears and not thinking about whatever devastation was on her mind, she played the part of a pretty, pretty princess.

Catt said he still believed in Dina's capabilities, "[She] will do as well as she did before she came to New York. Her business savvy and her zest and passion for the product with which she delivers will continue to tickle and delight."





Getting **High** at Stony Brook

JOHN FEINBERG

Tech Talk

Over the past few weeks, I have been flying a quadcopter equipped with a camera on Stony Brook University's campus, both during the day and night, to capture a unique perspective of the school from 400 feet up in the air. From the Roth Pond to Mendelsohn Quad and everything in between, I've been able to capture a bird's-eye perspective of the university.

The model I use is called the DJI Phantom 3 Advanced, which uses both standard GPS signals and Russian GPS signals called GLONASS for GPS acquisition and flight control. It has a sonar system on the belly which is used to determine height when the device is 15 feet above the ground or lower for

more accurate readings of altitude and safer landings. Finally, there is a second fixed camera, also on the belly, that is looking for ground movement. If it determines the operator is not making inputs and the ground is moving, then it must be wind and the drone will correct itself to stay level and still.

Each battery lasts approximately 15 minutes, but I tend to fly with half of the power remaining for extra precaution in case the winds change direction and the quadcopter struggles to make it back, using extra battery life. Other features, such as switching to autonomous flight, uses more power to compute flight paths and monitor its own inputs when I'm not directly flying it.

For visuals during the flight, there is a direct connection to whatever device

attached to the controller, such as an iPad or iPhone, by USB. A 720p video signal transmits back in real-time with very little latency so I can get proper exposure on the camera and flight data. The iPad displays information about the location of the quadcopter relative to me, the speeds of the vertical and horizontal movement and various menus of settings.

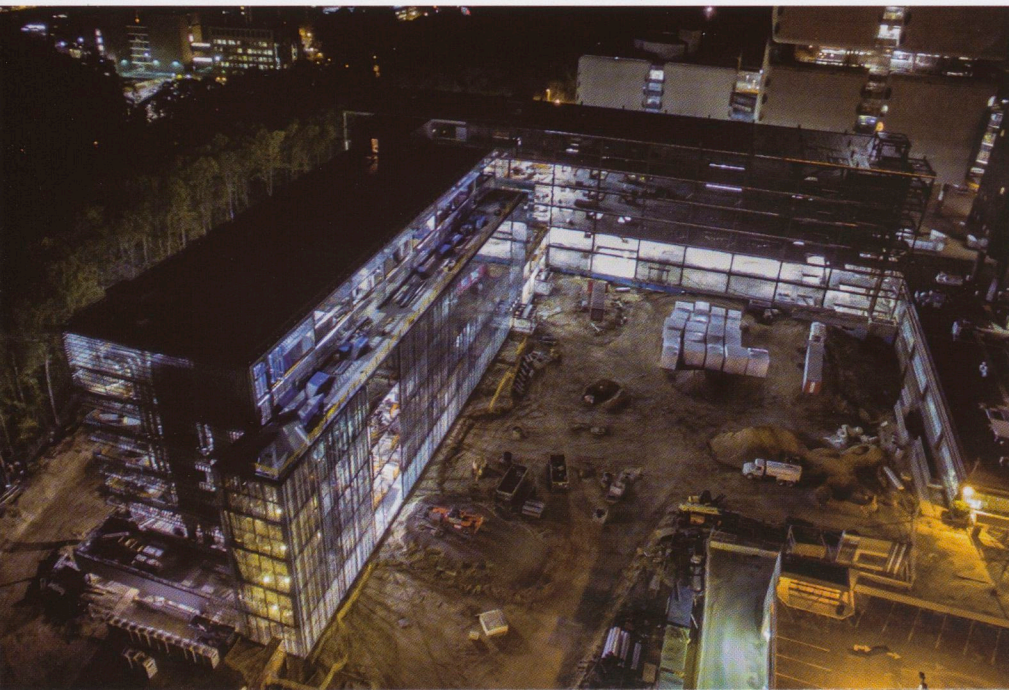
The camera's mechanics allow it to be self-stabilizing in windy conditions and it rocks a built-in 2.7K video camera that takes 12MP stills in RAW or JPEG format.

Soaring Above Brook

For the two videos that I shot during the daytime, I came to campus during the weekends when it would be less crowded. This afforded me a safety buffer should any unforeseen failure occur and allowed me to find an open space where I would not be approached while flying.

The night shots posed several challenges which I am still learning from. Even with the technology this device has, even high-end DSLR's need experience from the operator to shoot quality photos. Video was out of the question, as there was not enough light at my normal filming time of 11:00 PM. I started on Friday, September 3, to capture the night photos. During the two weeks before, I examined my flight paths I would take, surveying the area for any obstacles that I could not see at night. I took notes on each location and measured the height during the day with the quadcopter to determine the lowest altitude I could fly at night without running into anything.

After I edited my content, I started



sending the photos and videos to various social media accounts on the campus, ranging from the general @StonyBrookU Twitter and Instagram handle, to specific department offices and even the hospital. The CEO and Founder of Shutterstock, Jon Oringer, found my footage after being tweeted by the executive director of alumni relations. I later found a "favorite" from him on my tweet from the former Seawolf and prominent tech leader himself. The Computer Science Department retweeted photos of the new building, with the Stony Brook University Medical Center sharing the photos of construction of the new children's hospital to their followers.

My tweets and content started being sent throughout the campus offices and online through Yik Yak and Reddit. The most common question I kept being asked was whether or not what I was doing was legal; I'd always answer, "Yes it is." And I'm not wrong. Any location I take off or land from, whether it be Stony Brook or a park or harbor, has the ability to stop me from doing so as I am on their property. However, only the Federal Aviation Administration can regulate airspace and where I can fly over.

Know What You're Doing

The only limitations are that the devices cannot be flown within a five-mile radius of an airport, with the same restriction applying to military installations and vessels. As far as flying over private property such as houses, which have a reasonable expectation of privacy, I do my best to make sure those do not end up in my final work to respect the homeowner's wishes. My contact information is on every video,



so should someone have questions or concerns over my flightpath, I can provide the flight log with GPS routes to show them my exact location.

When I am approached in public by people interested in what I am doing, I make sure to let them know that what I'm doing requires 100 percent of my attention and I'd show them the features once I'm safely on the ground. While it is marketed as an easy-to-use device, it can cause serious harm to both life and property, and I respect the device's capabilities to do those things.

After I've landed, I let them see my iPad's display and go over the technology the quadcopter has. I make sure to hand every person a business card when the conversation ends, so they can view my work from previous flights as well as the one they've just witnessed. When the time comes for strict regulation on hobbyists, I want to make sure I have a large base of references that can vouch for my safe flying practices and professional attitude of its operation.

While I may be flying with all safety concerns and laws in mind, there is one variable factor that could land me in jail for a long time every time I take

off: the Suffolk County Police Helicopter. Unlike commercial and private aircraft, it can fly at an extremely low altitude. While I am limited to 400 feet, it has flown at 300 feet when approaching Stony Brook University Medical Hospital. While

I don't know what legal battle may ensue should my quadcopter play "chicken" with the helicopter and collide, I take measures to avoid that. While I am flying, I am monitoring the helipad frequency over a radio to listen for any inbound flights coming to the hospital.

The flight crews are required to notify the hospital of their approach, in which I would immediately land the quadcopter and wait for their landing to recover it. So far, there has not been any close calls and I don't intend to lose that record. All frequencies for local airports are available publicly online, and I highly suggest people follow my habit should you chose to get into this hobby.

The Future is Flight

While I may have finished the tour of Stony Brook both day and night, the fun isn't over. I will be filming various events, such as the Homecoming football game, Roth Regatta and the change of seasons. I will continue to travel with it as well, filming various locations on Long Island and vacation spots as well.

For anyone wanting to get into this hobby, I highly recommend buying the Hubsan X4 quadcopter from Amazon or Ebay first and learn the basics without any GPS or other assistants helping you fly. It hurts your wallet a lot less crashing a \$30 toy (which I might add is super fun to fly around your home or dorm room) than to crash a much more expensive device that can land you in legal trouble.

While this may be a hobby of mine, I treat it as a profession and want to continue to fly for years to come. If you or someone would like to learn more, my contact information is in every video and it's very easy to find me on social media. While I won't let you fly it, I'll be happy to educate you on everything I have to offer.



Nostalgia

Goggles

Presents:



RONNY REYES

TWENTY-FIVE years ago on a cool September day, my favorite journalism-related madman, Ted Turner, created a little show known as Captain Planet and The Planeteaders.

This show was a product of the 90s: five teenagers from around the world saving the earth from pollution, a time when the millennium was coming to an end and a majority of people were finally growing a conscience about how the Earth should be treated.

We start off with Gaia, voiced by Whoopi Goldberg, handing out five magical rings of earth, fire, wind, water and heart to five youths from Africa, North America, the Soviet Union, Asia and South America respectively. You can't see such a diverse group often anywhere on TV, let alone on children's cartoons. And when their powers combined, just as if our nations combined, they formed Captain Planet, a Superman-esque hero who commands the elements of the rings and whose only weakness is pollution.

Although I actually loved this show, it was pretty dumb. I mean, is it just me or did Ma-Ti, the Brazilian boy with the ring of heart, get the worst power? Kwame can control the earth, Wheeler shoots fire, Linka calls

forth winds and Gi commands the water. What does Ma-Ti do? He can appeal to the good in people's hearts and talk with animals. Thanks a lot, Gaea.

The villains are either polluters or greedy capitalists, and a lot of them are designed after filthy animals like pigs and rats. Not only are they called the Eco-Villains, but they also created their own rings to form Captain Pollution. He's like Captain Planet, but an asshole.

The episodes all had the same story structure: location gets polluted, the heroes find that the villains are polluting and when their rings aren't enough to save the environment, Kwame shouts,

"Let our powers combine!" And as you can figure, Captain Planet saves the day.

Other than the predictable stories, what I liked about this show were the little things that came here and there. I liked that Wheeler, a New Yorker, and Linka, the Planeteader from the USSR, had a romance brewing despite the Cold War drama, and how there were two random episodes that didn't deal with pollution but rather gang violence and the AIDS panic.

The thing is, this show really did want to educate its audience, which is completely evident in their ending messages, The Planeteader Alerts, where the characters would discuss the severity of that episode's problem and offer the viewer a way to help save their environment.

Captain Planet might be the reason why so many kids became environmentalists and took action to stop pollution. And remember the ending song?! Of course you do.

Unfortunately, like everything else that tries to get kids to actively improve their planet, the show was scrapped in six years. But we don't need Ted Turner to tell us how to save our world because, you knew this was coming, "The power is yours!"



WHAT IS THIS BULLSHIT?

Black Metal

CHARLIE SPITZNER

If I had to use one word to describe metal music as a whole, it would probably be "powerful." Genres within the giant heavy-metal umbrella like power metal, thrash metal, death metal, etc. are all based around very simple questions like "how epic can we get," "how fast can we go" or "how brutal can we be"—how many notes should go into a guitar solo and just how high should the vocals go are very important to consider when your band's presentation relies on being as extreme as humanly possible. Though this might be the standard for most metal music, our topic for today subverts these stereotypes for a totally different kind of style and feel.

I've heard listening to black metal described as "walking through a snowstorm" or "entering another world" because of the effects that this droning type of sound has on the listener; it's very easy to space out or get lost in the murk of the often-underproduced sound. Sure, black metal drums may be fast and the guitars may be blistering and tremolo picked straight to hell and back, but it would be wrong to label the whole genre "aggressive" as a result. It's very easy to jump into black metal expecting to know what to get out of it based on what the listener knows about other types of metal and the prevailing stereotypes surrounding black metal, including the gross production sound, the reliance on seeming evil and the seemingly-sloppy recordings are enough to turn most new listeners off before they even give the sound a reasonable chance.

Forsaking that power expected of ordinary metal, black metal's trick lies in immersing the listener in its droning sound; the fast guitars and atonal riffs offer an uneasy atmosphere while the drums, which almost never stop blasting, are doing so to keep up a consistent rumble throughout

the length of the entire song. The vocals, sometimes not performed in English due to black metal's immense popularity overseas, do not necessarily need to be understood during listening for their raspy drone that lies on top of the production (the prominence of these vocals is very important to the black metal sound) to make an impact on the recordings immersion quality, but when translated, it's important to note that the "extreme" topics of most metal bands (including being extreme, kicking ass, destroying things, etc.) give way to more introspective, oftentimes subtly political or social, themes.

Though these traits are recognizable in most standard black metal bands like Darkthrone, Burzum, Deathspell Omega and Emperor, for the new listener it's easier to look to one of the many sub-genres of black metal to pick out these elements in a more recognizable fashion. Because of black metal's preference of atmosphere over power, many musicians that might not be considered metal at all by people choose to label themselves black metal because of their reliance on guitar-driven immersion, leading to genres like depressive black metal, war metal, psychedelic black metal, atmospheric black metal and so on.

An easy example of this type of sound mixing would be the first track off of the album Bergtatt by former-black metal band Ulver, whose early black metal recordings gave way to a more ambient and avant-garde type of recording later on in their career. The song, called "I Trolldskog Faren Vild," utilizes a consistent double bass pattern and tremolo picked guitars, but these don't necessarily sound all that aggressive; the drums are soft and the guitar has a nice, comforting fuzz that takes all edge off of the recording. The most noticeable feature of the song the vocals, utilizes an effect that makes them sound like a crooning church

organ, giving a very lush, orchestral tone to the song. The track also makes use of a total acoustic breakdown where everything other instrument completely stops and gives dominance over to a classical sounding guitar track, slowing down the song as much as it can without actually changing its tempo. From this description it might sound like Ulver has more in common with My Bloody Valentine than it does with Mayhem or Burzum, and the overall effect is an alluring drone that loses the listener in a huge soundscape of tones.

A whole army of bands utilize the tricks of black metal while still adding their own softer touch to the genre in similar ways, like popular American black metal band Wolves in the Throne Room, whose instrument tones express a whole range of emotions rather than pure anger or force, and mega-popular pseudo-black metal band Deafheaven on their album Sunbather in particular, which uses these tricks of the trade to immerse the listener in ways that don't rely on loud, evil guitars.

These tricks, including the fast-yet-not-aggressive instrumentation and the wailing, high-in-the-production vocals, present in these bands might seem like a far cry from the standard black metal bands mentioned above, but in actuality there is very little in ways of difference. After listening to the deconstructed Ulver track, a listener can go to any number of Darkthrone tracks and notice the same immersive tricks present: the guitars may be more distorted and the vocals may be way harsher, but they still chug on and wail in similar ways. The main difference lies in the choice of tones for the atmosphere that the musicians are trying to convey and the listener is bound to notice themselves falling into the music in the same kinds of ways. Enjoy the snowstorm, friends.



JEREMYSCOTT'S SWINGING SIXTIES

ALLY LASHLEY

My all time favorite designer, Jeremy Scott, raided this seasons New York's Fashion Week and brought along the most psychedelic styles I have ever seen, since, of course, last season's line. I love Jeremy because he pushes the limits of fashion and is not afraid to show what his talents, and creativity, are truly capable of. When I first laid eyes on his RTW s/s 2016 line,

I was utterly in love and wanted to buy every piece. Each of the models were decked in plastic, chunky clear neon bracelets and big, sixties-styled beauty queen wigs.

The most intriguing pieces on the line will have to be the sky-blue dress depicting an open-mouthed monster face. It reminded me a lot of Rocko's Modern Life meets Ren & Stimpy. Very Jeremy Scott.

Another look that caught my eye was a psychedelic tie-dye crop top moto jacket with matching short capris and a thin clear neon green plastic belt, which reminded me of a perfectly styled spring outfit on acid. My favorite men's look was the numerous T.V. screened pants, which reminded me of the what the chicken strapped down to the chair on the beginning of Adult



Swim's Robot Chicken is forced to watch or the creepy room scene from The Matrix. The model's muscle shirt has a fuzzy hologram hand on a T.V. screen looking as if it is about to reach out of the shirt.

My favorite look on Jeremy Scott's entire line this season was the black-and-white sixties year-book print tankini dress. Open up your grandmother's year book, flip to any page with all women on it and you will see the inspiration that Mr. Scott got for this dress. Styled with a chunky neon yellow plastic

belt with a circular buckle and a Jackson Pollack inspired rainbow clutch, this outfit screams swinging sixties.

My favorite men's look was the numerous T.V. screened pants, which reminded me of the what the chicken strapped down to the chair on the beginning of Adult Swim's Robot Chicken is forced to watch or the creepy room scene from The Matrix. The model's muscle shirt has a fuzzy hologram hand on a T.V. screen looking as if it is about to reach out of the shirt.

My favorite look on Jeremy Scott's entire line this season was the black-and-white sixties year-book print tankini dress. Open up your grandmother's year book, flip to any page with all women on it and you will see the inspiration that Mr. Scott got for this dress. Styled with a chunky neon yellow plastic belt with a circular buckle and a Jackson Pollack inspired rainbow clutch, this outfit screams swinging sixties.

NYFW'S STREETSTYLE

JORDAN BOWMAN

New York Fashion Week wrapped up a little while ago so I decided to evaluate some of the street style shots of the folks lurking outside of the latest fashion shows. In case you're not too

pry to the street style game, it's a trend that picked up in popularity a few years ago. Photographers snap photos of fashion insiders, celebrities and designers during Fashion Weeks but it

gives you a more personal look into emerging trends. It might sound meaningless but everything important I learned about clothes and styling came from looking at photos of people

immerse myself in the culture but that was hard to do when I felt out of place.

There was also an incident when we were all sitting on our bus and a city bus pulled up next to us. The buses are usually packed and there aren't doors so people just hop on. There was a guy holding onto a railing hanging out of the bus shouting things at us, but of course none of us knew what he was saying but our driver, an India native, heard him and started screaming something back at the man. Not being native, we didn't know what he was saying either but he sounded very angry.

Another thing that was hard to get used to was the food, which was completely different from the types of food I eat here at home. Almost everything they serve in India is spicy, and not just a little, but a lot. Half of the time I wasn't really sure what was in the food I was eating but some of it was very delicious. After a few days, however, my body couldn't handle the spiciness of the food anymore so I ate white rice and toast to get everything settled again. One day we ended up going to a westernized restaurant and I ordered pasta with marinara sauce because I figured that would be safe but I was totally wrong - one of the spiciest meals I had the whole two weeks I was there.

Another thing was that we weren't supposed to drink the tap water over there because it may contain harmful substances that the bodies of people who live there are used to but Americans aren't. Meaning we could only drink bottled water, brush our teeth with bottled water, make sure we didn't swallow any water while taking a shower, ask for no ice in our drinks and not eat any fruits or vegetables that had an outer layer that could've been washed in water. This was strange to me, not being able to just pick up something and eat it. I had to think about it and make sure it wouldn't harm me. Having to use a bottle of water to brush my teeth every day was really hard to get used to because I've been conditioned to just turn on the faucet.

I was told so many times when I came to college that I should study abroad because it's one of the best things you can do for yourself and I completely agree. Although going abroad is scary and being in a different culture can be overwhelming, it gives you a new perspective on the world we live in and makes you appreciate the things you have. I'm so lucky I got to experience a new place and I would 100 percent recommend studying abroad to anyone who is considering it. Culture shock doesn't have to be a bad thing.





WENDYS VS. THE GRILLE @ ROTH CAFE

NUGGETABOUTIT

JAY SHAH

In a sea of overpriced and bland campus food, Wendy's stood out like an angel. An angel with spicy chicken nugget wings and a baconator halo, surrounded by clouds of baked potatoes covered in sensual sour cream.

I know it's a sin to eat an angel, but it was either commit a crime against God and nature or pay 10 dollars for a stale chicken wrap. I made the right choice.

But much like real angels, Wendy's abandoned Stony Brook University, leaving it a heathenous college town akin to Sodom or Gomorrah. A perfect place for a company like Sodexo.

Or should I say Sodexevil.

Nah I won't say Sodexevil. That's really stupid. Let me start over.

Wendy's was replaced by The Grille @ Roth this semester, and I decided to ingest a copious amount of burgers and nuggets and fries and sauces to figure out if we're better off or not.



THEGRILLE
®ROTH

The chicken tastes like a hockey puck. I couldn't take more than a bite without choking on the dryness. There aren't any sort of toppings other than the bread and chicken. I ended up putting the hockey puck in the Wendy's sandwich to get double chicken but that tasted terrible. I threw the rest of the Grille chicken sandwich in the trash.

THEGRILLE
®ROTH



Fuck french fries. Like seriously this stuff's just fried potatoes. I guess the Wendy's fries are a little less limp-dick, but they're not that bad. The waffle fries are bafflingly bad though.



You thought that you could trick me by putting lettuce and tomatoes in here, but I know what you're doing Wendy. You're clogging my veins with Tennessee Gold. Texas Trans Fats. California Cheese. The patty is literally 60 percent spicy grease. I'll survive the sandwich, but it won't be a good life.



I can taste the genetically modified, inhumanely treated "chicken" in every bite and it feels so good. I wonder how they get the spice on it. Do they grow the chickens in a bath of paprika and do they start the seasoning process with the egg? Aside from the guilt of being part of a cruel endless circle of animal abuse, these chicken nuggets are damn good.



THEGRILLE
®ROTH

I don't know how horribly these chickens were treated, but I can promise you that they aren't serving the college educated chickens here. There's this weird extra layer of skin on each nugget that feels like an affront to nature. I think I'm eating chicken but I really can't be too sure, so each bite is like a question. What is this? Why is the left side of my body going numb? Can someone call an ambulance?

I'd say it's pretty even. The prices weren't bad and The Grille definitely has some good burgers. The Grille's secondhand nuggets can't compete with Wendy's, and they both have garbage fries.

Honestly though, you're better off going to the gym and eating salads.



who dress so damn well they happen to break every sartorial rule known to man. I'm personally kind of tired of writing about the pretentious "runway shows" and "the new theme

of the collection." It gets kind of repetitive and I know my job mainly consists of keeping things fresh while writing about something as miniscule as clothing. Fashion is steeped in a

constant cycle of repetition, but true style is liberating. Anyone can look good and you don't need an absurd budget or to sit front row at NYFW, all you need is some inspiration.



Don't let anyone ever tell you camo is dead. Camo military jackets are always going to look good and you can probably find one for less than \$40. If you manage to get your hands on one, make sure to wear something simple so the jacket can be the main focus of the outfit.

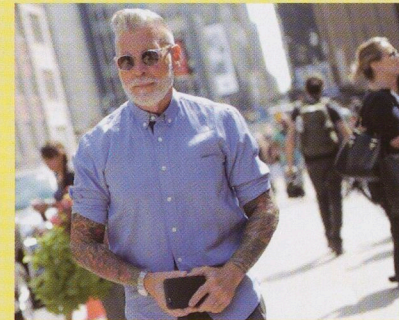


Admittedly, I don't know much about women's fashion but I know this works.



It was probably hot as hell the day this photo was taken but it didn't stop this fearless woman from donning a full leather riding jacket, and her man is right beside her adding to the monochromatic dopeness.

Just Google search Nick Wooster. I refuse to say anything more but just know this man could honestly be one of the most influential and stylish guys living right now.



A navy blue double-breasted unbuttoned blazer, circle glasses frames and a faded blue t-shirt is the definition of simplicity, and simple usually = good.



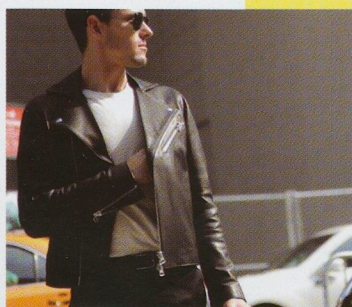
I've been trying to wear my jacket like a cape for years without looking like a fool. I've come to the conclusion that it is ultimately impossible. You will undoubtedly look odd no matter the situation but you have to hand it to this guy, he looks pretty damn cool.



I'm going to assume these kids dressed themselves because one kid has a marching band jacket on but he also has Yeezy 350 Boosts so I can't really hate on his look.



Suede jackets are so hard to take care of, and it's kind of pointless to have as a jacket because the material can be so easily destroyed. But it also looks really fresh. He only buttoned a few spots on his white button down shirt so he could expose his white t-shirt, adding some layers to a basic outfit.



Get yourself a leather jacket. It's going to open a whole new world of opportunities you never knew existed. You're going to feel like a rebel for a few days and you might joke about starting a band but deep down, you're just going to feel more badass and there's nothing wrong with that.

We're getting closer to fall so I would recommend getting a nice olive green quilted jacket. People are not really onto the quilted wave yet, which is okay for now but they're worth looking into. They're simple jackets that are durable and allow nice layering for the windy fall days.



ASK A SEMI-PROFESSIONAL PERVERT: LUBE

DAKOTA JORDAN

Hello again, SBU students!

I come to you via printed page to discuss something very important. I find I have to address a very serious problem with students at this fine university — they aren't using enough lube or using it properly. I have had the joy of handing out condoms and lube to students on more than one occasion, and what I have noticed is that many people just don't take the lube even though, quite frankly, the condoms they are taking aren't lubricated enough. Now, I know this probably doesn't seem like a real

problem, but it is. Lube is the best stuff of all the stuff. People who complain about condoms not feeling good? You are not using enough lube. People who are struggling getting anal to work? Use more lube. People who masturbate a lot? Lube is a good idea. Lube is like a magic potion. However some lube is better than others. I strongly recommend a water-based lube, free of parabens, sugar and glycerin. Basically, it shouldn't have sugary stuff in it and it shouldn't be something that could react poorly with silicone sex toys. Sugary

things can cause irritation or yeast infections and are simply not a good idea. My number one recommendation is Sliquid H2O. It is very wet, as lube should be, is water based, and is non irritating. It is unflavored, unscented and hypoallergenic — and also vegan. These are all good things. I like lube that can be used for pretty much everything — cuts down on the bedside clutter a bit. Now go forth my children and lubricate yourselves and your loved ones... as long as they are cool with that.

Drugzzzz

By now there's no doubt you've heard about it. Guy comes running inside: screaming, breaking a vending machine, a TV and trying to choke out passerbys. It's just not common enough to slip one's attention, unless you're the university trying to ignore it, that is. But if you're like any of the others, you may be wondering, "Why would he do such a thing? What was he on?" Truthfully, I have no idea what caused it, but I do know of four drugs that could.

STERIODS: Perhaps the only logical choice for the bodybuilding, cop fighting, screen smasher. Anabolic steroids are the go-to drug for aggression and gains. It's most widely used form, Testosterone Enanthate, remains in the system for eight days and is injected weekly. The drug acts by increasing your body's ability to synthesize proteins, which both shortens your recovery time and increases muscle mass.

Two typical problems can arise from steroid use. High aggression and irritability have been shown to occur in twin studies where one participant is placed on a regimen of testosterone while the other is not. In this case, the twin on steroids was shown to have increased levels of aggression, anxiety, paranoia and hostility. The other significant problem with steroids is the downregulation of the testes. Because you end up replacing natural testosterone with external sources, the testes no longer need to produce as

much and begin to lower production. For prolonged periods of juicing, this can lead to infertility and the inability to produce your own testosterone once you quit.

SPICE / K2 / SYNTHETIC CANNABINOIDS: Like most "not for human consumption" research chemicals out there that exist to fill the niche for legal highs, spice doesn't even come close to the same safety profile as the weed it tries to replace. A mixture of different herbs, spice can act unpredictable in a small amount of individuals. This is especially true when you try the drug for the first time without previous experiences and also when you take larger doses than you have before. So good advice: If you ever try it, start with a bowl, not a gravity bong.

MDPV: Methylenedioxypyrovalerone, better know as bath salts, are another example on why you shouldn't go looking for substitutes. Until a few years ago, bath salts remained a rather quiet scene and were used as a replacement for MDMA (ecstasy). That changed pretty quick when the media got into a frenzy about some sort of cannibal zombie eating a homeless man, a pretty straightforward way to drag attention to the misused drug even though experts believe it wasn't in the man's system. While it isn't inherently dangerous, some individuals, as well as others who take too high of a dose or redose often can take MDPV and have serious

problems such as agitation, paranoia, hallucinations and suicidal thoughts which can lead to violent outbursts. It's one thing to take it on your own and have someone help you through a rough patch which is always crucial for trying out research chemicals, but there's a risk with this drug that it might be out of your control.

ALCOHOL: Our second most likely candidate, alcohol, has been causing fist fights and large scale acts of violence for as long as it's been around. The function that's most likely going to have you down on the floor after getting beat is alcohol's ability to slow down processing that occurs in your frontal lobes, the region in your brain that controls both impulse control and higher order reasoning; as well as your cerebellum which controls your balance and body movements. Having too much alcohol, besides the draining hangover in your head the next day, might wind you up making decisions you thought otherwise might not happen. Personally, I'm a fan of joking with a friend to fight after a few drinks, but it's usually a good idea to cut yourself off before you go halfway Hulk on random strangers at the gym.

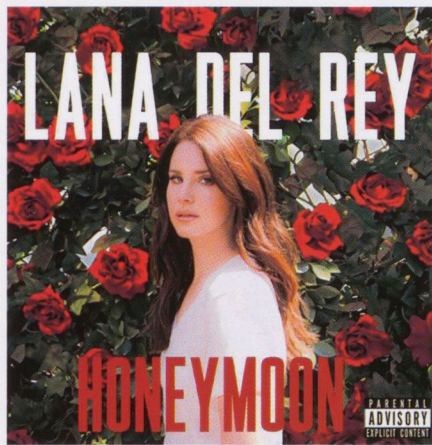
STAY SAFE

LIPMAN
&
MS. TOKEN

LANA DEL REY

HONEYMOON

JULIANNE MOSHER



Lana Del Rey is Coney Island's most misunderstood, dark and sultry singer and luckily for her fans she recently released her highly anticipated third studio album this month.

After playing it on repeat for four hours, I listened intently to the words of Del Rey. Her feminine voice humming melodies sounded almost godlike. With catchy choruses and instrumental tunes, Del Rey sings the blues in her original style, just like when we fell in love with her.

Honeymoon has a different sound compared to *Born to Die*, *Paradise* and *Ultraviolence*. When she started out Tumblr-ing her way through the Internet to gain fans, *Born to Die* was not what she was really about. This first studio album was sung over hip-hop tracks and only slightly showcased Lana's dark and twisted mind. *Paradise*, the extended version of her debut, still had a pop edge that fans of Lady Gaga and Marina and the Diamonds followed, gaining her even more of a fanbase - but nothing compared to what she has now.

It wasn't until her second major album, *Ultraviolence*, which was released last year where we saw just how sad this beautiful, stunning, modelesque woman really was. Yeah, we listened to her first couple of songs like "This Is What Makes Us Girls" and the slow-jam-turned-EDM-hit "Summertime Sadness"; feeling how she felt when she sang

the words that every young girl - or guy - experiences when they're feeling down; But *Ultraviolence* opened up a new realm for Del Rey fans... and it was sad as fuck.

Luckily, what came out of *Ultraviolence* was a different aspect of Del Rey. We got to see the influence of Guns N' Roses on her music and the rock edge that she said she grew up with. She ditched the hip-hop tracks and sang over electric guitars - still sad, but opening up about what really goes on inside her perfectly groomed head (I suggest simply listening to "Fucked My Way to the Top" to get a good understanding of that album if you haven't listened to it yet... you're a year overdue but we won't judge).

Lana even became interested in movie tunes as well covering *Sleeping Beauty's* "Once Upon a Dream" for *Maleficent* and "Young and Beautiful" from *The Great Gatsby*. These two songs alone - despite not even being on her own record - were paradigms of Lana's skill. Her voice was calming but haunting and breathtakingly beautiful.

That's why I? (should ask if meant to be I or we) love *Honeymoon*. It goes back to the Lana that (here too) we heard when she was on the Internet releasing demos for fun. The lyrics are sad and still catchy but not overdone. The melodies are moody but can easily be sung along to, or quoted on an Instagram post if that's your thing.

Songs to pay attention to if you download this album - which you should because it's perfect - are the sultry "Freak," the catchy "Salvatore," and the perfect song to end summer with that is NOT "Summertime Sadness," "High By the Beach."

She hides her sadness well in this record - exquisitely - and that's what we love about her.

"It's not fashionable to love me," she sings in her title track, "Honeymoon." If that's the case, Lana, then we don't want to follow that trend.



Millennial Television: *sense8* the televisual supernova that is

MICHELLE TOUSSAINT

Every once in a while comes a television series so refreshing that the cultural impact has the potential to transcend through decades.

Recently, I've come to believe that series could be Sense8—now streaming on Netflix.

Netflix has already established itself as a juggernaut when it comes to original content, with heavy hitters like *House of Cards* and *Orange Is the New Black*. Based on overwhelmingly positive audience feedback, *Sense8* can now be included to its record of home runs.

Though Netflix technically isn't television, the series surpasses what Toby Miller, a social scientist, says television is supposed to do, which is (1) mirror reality (e.g. *Seinfeld*, 1994), or (2) create a televisual reality that appeals to a specific audience (e.g. *Star Trek*, 1966), as a form of entertainment. *Sense8* does both.

Sense8 is what I like to call "new generation TV," or what Professor Jon Friedman, of the School of Journalism, rephrased as "millennial TV," which has a much better ring to it. The reason is because it isn't the type of show that a majority of our parents or grandparents would be accustomed to or find appealing.

To understand this concept, you have to know what it's about.

Created by the Wachowski brothers, mostly known for *The Matrix* franchise, and co-created by J Michael Strazynski, mostly known for his work on both Marvel and DC Comics, *Sense8* explores the transcendent reality of 8 people who suddenly find themselves connected telepathically. They're called Sensates, the next generation in human evolution.

Besides the fact that the show's subject matter isn't commonly demonstrated in televisual media,

what is it about *Sense8* that makes it important? Why the hell should millennials, or anyone, give a shit?

Well, that's what I'm here for. People should care because the show is revolutionary in it displays of social conscience.

All Sensates are part of a cluster. Each individual in the cluster is mentally and emotionally connected to each other. An individual can see, hear, touch and feel everything everyone within their cluster is experiencing.

There are 8 Sensates (clever, huh!) located in different parts of the world, easily making the series one of the most culturally diverse available. This opens barriers for the exploration of each character's society. The show explores very real circumstances faced by people living in these societies today.

I love all the characters, but, for further illustration, I'll tell you about my top three.

My favorite has to be Nomi, played by Jamie Clayton. Nomi is transgender and a self-proclaimed political "hacktivist" living in San Francisco. She also happens to be extremely badass.

This is profound because there aren't really any mainstream transgender roles reserved for people that are actually transgender (e.g. Hillary Swank, *Boys Don't Cry*, 1999 and Jared Leto, *Dallas Buyers Club*, 2013). This is the second transgender role on a Netflix original (the first being Laverne Cox, known as Sophia, on *Orange Is the New Black*).

We get to see the struggles she faces with not only her family, but also other members within the LGBT community. Even with the passing of same-sex marriage and the legal right of a person to establish their identity as being opposite of the sex they were assigned at birth, there is still a stigma

towards transgender people.

Also, Nomi, who is White, is in a relationship with Amanita, who is Black. This singular detail isn't important in regards to the storyline, but having a trans woman in an interracial-lesbian relationship, in my opinion, adds a bit more flavor.

Another great character is Capheus, played by Aml Ameen (*Kidulthood*, 2006, *The Maze Runner*, 2014). Many people within the fandom find him endearing because of his constant optimistic attitude. He starts his mornings by saying, "I have this feeling. I'm going to have a really good day today."

However his days are filled with the struggles of living in Nairobi, Kenya, where out of the forty-four million people who live there, 42 percent live below the poverty line. Almost 9 percent of the population suffers from AIDS, with watered down drugs and placebos constantly being sold to people that desperately need the medication to stay alive. Capheus' mother is one of these people.

This is a common issue in places where people don't have the money to assure that they're receiving authentic medications.

Regardless of the struggle he faces trying to earn money, Capheus continuously views the world with an almost child-like wonder.

The last of my top three is Kala, played by Tina Desai. Kala lives in Mumbai and constantly struggles with cultural pressures. She's young and educated but still finds herself arranged to be married to a man she doesn't love. Though she feels that way, Kala feels obligated to go through with the marriage because it's what's expected of her.

Arranged marriages are extremely prevalent in many cultures around the world. There are women (as well as girls) that are even threatened with physical injury if they oppose to this centuries old tradition.

Though this isn't the case for Kala, it's hard not to think about others, where violence and force are part of their realities.

What makes *Sense8* so great is that it allows the audience to view the lives of these different characters without prejudice. Diversity mixed with humanity. This hasn't always been the case.

Toby Miller describes audiences as being, "the opium of television." It longs to control our time and space. These days, the Millennial generation is often the target audience when it comes to content because we're young and "in with the times." Therefore it is up to us to decide what the trends will be.

We have power. We're the future. This is why we should care about a show like *Sense8*.





Circus of Personalities

Trump & West

JAMES GROTTOLA

This year, Donald Trump has made waves by spending a lot of money, getting on a stage in front of CNN cameras and essentially saying, "how hard can this president thing be, really?" What started as a funny joke to anybody who seriously kept up with politics quickly turned into a good idea for middle aged people who are confused and scared that the staff at their local Wendy's are speaking to each other in Spanish while they prepare the consumer's four large number 10 combos after a long day of buying their children clothes at the Abercrombie and Fitch at the other side of the mall. The same for community college freshman who heard their fathers talk about how Trump is a great businessman at dinner that one night once he became the focus of the 2016 election.

At this year's VMAs, which will go down in history for one pop star calling out another pop star for ???, Kanye West made an impassioned speech about how the entertainment industry is taking the passion out of art for money and how American society is destroying the passion and happiness of the youth. He concluded his 11 minute speech with an announcement that he was going to run for president in 2020.

Kanye's announcement circled social media immediately with BuzzFeed articles like "21 Things That Would Definitely Happen If Kanye Were President," talking about how DJ Khaled and Kris Jenner would naturally be employees of the execu-

tive branch. Likewise, articles written by entertainment writers on various media websites were filled with GIFs of famous rappers "reacting" to his speech, as well as descriptive titles like "Watch Now, Bro!"

I'm not sure if Kanye is serious about his presidential bid. I don't think anybody is. I'm not sure if Trump was serious before he started getting backing either. But the dichotomy between the two, both entertainers and businessmen with absolutely zero political experience is indicative of inherent racism in America. As the old white man can gain serious support and news coverage, but the black man is still the sideshow meant for the entertainment section.

Many will dismiss this by saying that Trump is a more legitimate businessman who has more genuine platforms than Kanye has.

Let's compare the two.

Trump's corporation has declared bankruptcy four separate times. He has also been cut from his television show, The Apprentice on account of his comments against Mexicans earlier in his campaign.

Kanye has won 21 Grammys and has three platinum albums, as well as a double and two triple platinum albums. He also has several fashion lines under his belt, which are separate from the various collaborations he's done with other companies.

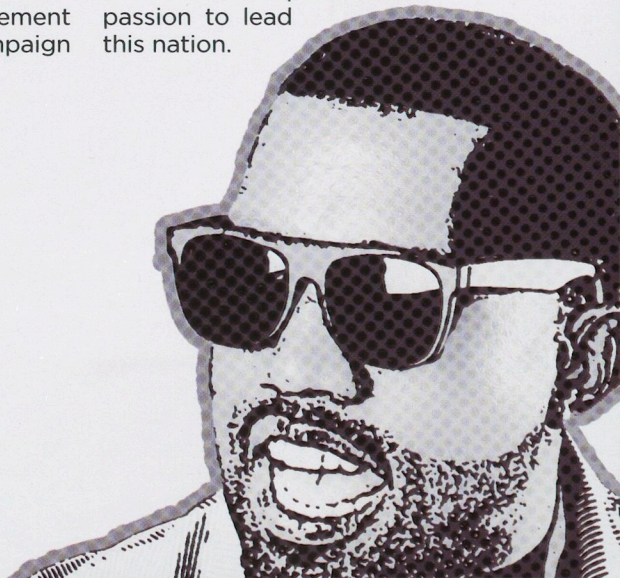
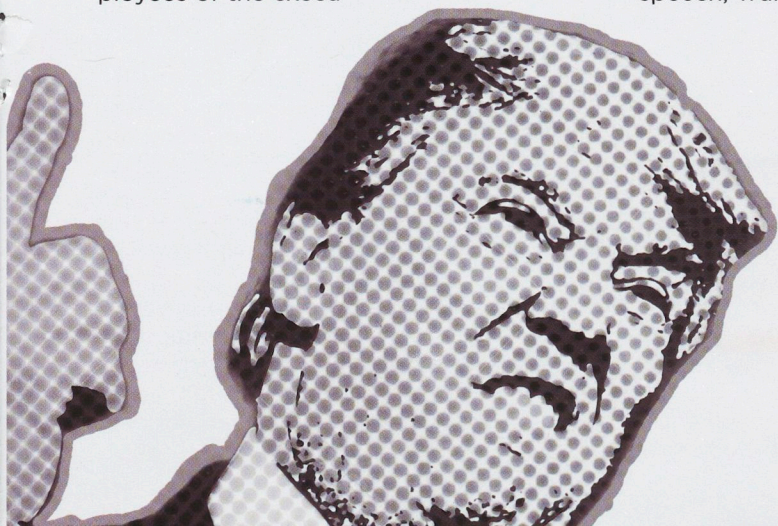
While Kanye's only platform was detailed in his campaign announcement speech, Trump's official campaign

website only has a drop down tab for "immigration reform" under his "positions tab." If Trump is qualified to run on a platform of hating Mexicans and wanting them out of his country, Kanye is just as qualified to run on a platform of wanting the American ideals that teach hate to go away.

I don't think Trump would make a good president. I don't think Kanye would make a good president. But I believe the fact that there are people out there who genuinely think that Trump would make a good president, much less considering voting for him is the most evident sign that racism in America has a platform in this day. Trump's single platform is just xenophobia masqueraded as love for the American capitalist, who is that much more deserving of working in America than the Mexican, who has been lied to for all their life that America is a land of opportunity for people of all cultures.

Trump is no longer a joke. Trump is a symbol. A return to extreme conservatism and Christianity that is dormant in the political system and finally has somebody to turn to, who isn't afraid of being called on their racism by the media. But you would think that with all the appealing to those who use religion to hate, Trump would at the very least be able to recite a bible verse for the people, but he couldn't even manage to do that.

Don't let anybody tell you that racism is more capable than passion to lead this nation.





ABUSE OF BADGE

CARLOS CADORNIGA

Michael Brown, gunned down by Officer Darren Wilson in Ferguson, Missouri despite several reports of him having his hands up in surrender.

Eric Garner, restrained and choked out by several NYPD officers, the ultimate culprit drowning out Garner's "I can't breathe" with an illegal choke hold.

Sandra Bland, found dead in her cell after a minor traffic altercation with Waller County police and a promise that she would see them in court.

It seems that everywhere you look, cops are using brutal and fatal force against citizens for the smallest incidents. Whiz Khalifa was even detained simply for riding a hoverboard in an airport with cops screaming at him to stop resisting despite his calm surrender. Something needs to be done about bad cops disregarding basic lawful procedure in order to serve some false sense of justice that they've deluded themselves into representing.

I can't claim to be an expert on how the police work and what needs to change within departments, but it seems like common sense or basic human decency for the men and women in blue charged with protecting people to... actually protect people. Instead, we've seen a string of systematic violence from these so-called police go either unpunished or unchecked.

Darren Wilson faced no jail time for

shooting Brown after his alleged conflict where he suffered barely visible scuffs (though it should be noted that he is now "unemployable" as a police officer).

David Pantaleo, the officer who choked out Garner, found not guilty by a grand jury.

The death of Sandra Bland is now in talks of being sent to the grand jury coming up but still no word of what will happen to the police officers involved with her demise.

It takes outrageous protests and further authoritative brutality for these acts of injustice for anyone to notice that the system is flawed, and even then, the message gets muddled by media who paint these movements as unfounded or mindless. It's a tired yet unheard message that cops are in dire need of some sort of rehabilitation to stamp out the blatant racism that has infested their minds.

"But not all cops are the problem," you may have heard buzzing around social media. "Some should be punished, but don't hate on all of them."

People have responded to efforts for black people in need of protection by insisting the police are the ones that need protecting instead.

"#BlueLivesMatter," people tag their posts within response to the ongoing "Black Lives Matter" movement. It's almost as if to say "stop bullying all the

cops for doing nothing wrong. I even had a conversation with an individual who shall go unnamed, who told me that "it's important to remember that it's just a few bad eggs. It's wrong to blame all the cops."

Bad eggs are something you call the class bully in third grade that cheats off of your math test, not our police force brutalizing and murdering a specific faction of people for minor infractions.

Is it right to say that every single member of every single police force is at fault for systematic oppression? Honestly and logistically, I don't think so. But saying "not all cops are bad" doesn't do anything to fix the problem. In fact, it almost erases the idea that cops should be blamed at all for their wrongdoings. It spits in the faces of people who want nothing more than to be considered equal. What should truly speak out to all cops are the examples that should be set for them so that they know treating anybody any less than equal under the law deserves to be punished.

Enough cops have gotten away with brutality. Enough lives have been sacrificed for a cause as simple as civil rights. At this point, no cop deserves a free pass. Hatred and violence within our supposed guardians needs to be stamped out in any way it can, and it can only start by recognizing that cops have a problem.

DISNEY DOWNER

DEMI GUO

As a former Disney Cast Member, I have been forced to do everything in the “Happiest Place on Earth” (sarcasm intended). Using the “Disney Point,” a habit of pointing with two fingers instead of one, working until midnight only to have another shift nine hours later and forcing a smile when a disgruntled mother screamed about our slow service during Star Wars Weekend is just some of the fun.

The magic dies after you get sick of the same maddeningly soft soundtrack playing on the streets of Hollywood Studios every day, and when the umpteenth guest asks you about the ride in the “Chinese Theater,” an exact replica of the Grauman’s Chinese Theater seen from the entrance of the park. The magic is a downright distant memory by the time a guest calls the theater “Mulan’s Castle” and you sit there, a Chinese American, discussing orientalism with an International College Program cast member from Shanghai.

For all its flaws, like taking the time to laud Andrew Jackson’s populism in the Magic Kingdom’s Hall of Presidents attraction, Disney World is a well-meaning environment seeking political correctness in every aspect. It is a rule to say, “the guest in a wheelchair” instead of “the wheelchair-bound guest” and “the guest with a disability” instead of “the disabled person.” It is because a person’s disability does not define him.

Dismaland takes moments like the textbook-style lauding of Andrew Jackson and the screaming mother and turns it into a park.

Working there would be different. Forcing a smile and working in a “the customer is always right” environment is grinding. And

there is something deeply satisfying in seeing Cinderella’s crashed coach.

Banksy’s attempt at making an edgy theme park that doesn’t force you to smile is an odd paradox to Disney’s attempt to forget about the real world. The story among cast members is that our venerable founder, Walter Elias Disney hated how the first Disney theme park, Disney Land in California, was situated across the street from everyday life—even now Sleeping Beauty Castle faces a McDonald’s. When he built Disney World in the swampy thickets of Orlando, he isolated the small world, accessible most iconically by the monorail. The Magic Kingdom, ironically, is the most isolated of all four Disney World parks, entailing a ride through several resorts before stopping in front of Main Street USA. Each park and resort, confined and carefully fenced in the woods, is cloistered so that the first step before Epcot’s Spaceship Earth, the Animal Kingdom’s Tree of Life, the Magic Kingdom’s 1800s Missouri-themed streets and, Mickey forbid, the small Los Angeles streets leading to Hollywood Studios’ “Chinese” Theater guarantees an instant disarming charm and innocence. The most cynical heart stops for a moment.

I cannot count the amount of times children wearing Make-A-Wish Foundation and Give Kids The World buttons and T-shirts came to my stroller rental at the fake gas station, Oscar’s, at the front of Hollywood Studios. The chronic Disney smile I wore for our yearly serving of self-entitled cheerleaders and foul-tempered men with thick

southern accents suddenly landed on those who needed it the most. Disney’s goal of “making memories,” as they drilled in my brain, became clear.

Dismaland brings adults, particularly, together to see political comics in the flesh. The sole refreshing aspect, in the acrid but humble opinion of someone who has never been there, is that we do not hear about theme parks whose sole purpose is to remind us of gritty reality. If I wanted to see satire and reminders of my heaping college loans I would have gone on Tumblr.

Banksy faces the bigger issues in society and politics, while our venerable founder Walter Elias Disney chose to personally inspire the individual. Banksy represents the artistic revolt against big bad corporate Disney, which contributes to stereotypes that affect minorities like me by selling Japanese katana and displaying a “The Big Wave off Kanagawa” mural in the Chinese pavilion of Epcot. He sneers at big bad corporate Disney, which tells its nine-dollar-an-hour cast members to throw out bags of unsold food at the end of the day. He is art versus the institution.

As art, Banksy’s Dismaland is ultimately a statement. But he can float as many migrant-filled boats in his exhibitions as he wants—in the end, his park does nothing to inspire the individual into action. If his goal is to inspire change with art, then unlike Disney, he has failed to reach his goal.

But you know what the best part is?

At least the entrance fee is only five dollars. If you’re a local, that is. The plane ticket, according to my trusty SkyScanner.com, is at least five times the price of a Magic Kingdom day ticket.





From Last To... Not So Last?

While the Knicks aren't in a position to make the postseason, they do look to give fans hope for the future

JIM FERCHLAND

The New York Knicks were the laughingstock of the 2014-2015 NBA season, finishing with the second worst record in the league at 17-65 behind the Minnesota Timberwolves. Fans were irate at the organization for their fourth overall draft pick as they went tall, versatile, and European in Kristaps Porzingis out of Latvia.

During the offseason, the organization knew they had to make big changes to the roster. All-Star forward Carmelo Anthony possibly considered leaving the Knicks because winning was something the team lacked drastically.

Knicks President Phil Jackson totally changed the identity of the team with veteran experience as they acquired nine new players to play at MSG. Being short-handed at shooting guard,

New York has now filled that void with multiple options. They acquired guards Arron Afflalo, Sasha Vujacic, and 2015 second-round pick Jerian Grant out of Notre Dame.

New York has held a reputation as a team which loves to shoot the three from every position on the floor. Porzingis was possibly the best pick for their position as a long forward/center and is likely a more talented version of Andrea Bargnani who now plays for the Brooklyn Nets. Kyle O'Quinn, Lou Amundson, Derrick Williams, Robin Lopez and Kevin Seraphin are all veteran big-men who can rebound and earn valuable minutes on the floor. The Knicks really struggled last year in rebounding, because the face of the franchise, 6' 8" veteran forward Anthony led the team in rebounds at 6.6 which is putrid for a team. So along with a need for shooters, The Knicks were extremely desperate for players who know how to crash the boards.

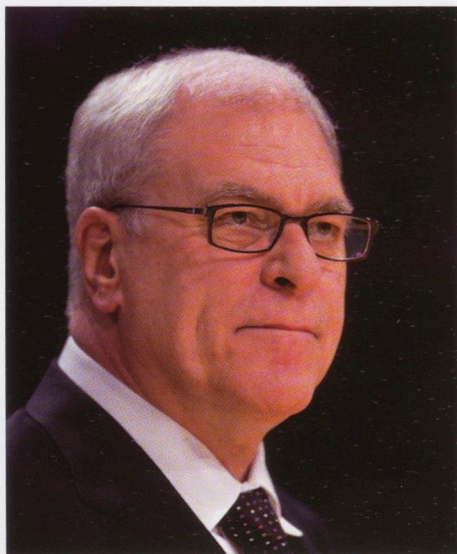
The Knicks struggled through every aspect as a team. They were dead last in the league in scoring at 91.9 points per game. Most of that scoring came from Carmelo Anthony, scoring over 24 points a game, but he did sustain a tough knee injury during the latter half of the season. This only made matters worse for the organization without their core superstar leading the way. They averaged 40.4 rebounds per game (29th in the NBA), 21.2 assists per game (19th), and 101.2 points allowed per game (21st). Those numbers should improve with the new acquisitions in all categories. This is a rebuilding team whose time to make a difference starts now.

Like every other team in the NBA,

if the Knicks want to be better this season, it all begins with health and conditioning. The roster is loaded with veteran talent, athleticism, versatility and some youth. All eyes will be on Porzingis and Carmelo just to observe if they mesh together on the floor. Next, is the athletic and speedy rookie Grant. The fans want to see him make an immediate contribution with his court vision and playmaking as he did at Notre Dame. If those three are not playing well, young agile guard Langston Galloway is decent. He never really seemed to have an off night, so his consistency is another vital component for this upcoming season. If Galloway does not start, expect volume shooter Afflalo to see moderate minutes, along with being a terrific defender. If those players can play well and stay healthy, the Knicks season will be subpar.

Lastly, the Knicks need, and I'll emphasize it again, need to have solid play off the bench. They did not really acquire a star status player during the offseason. It's the fundamentals that really matter because most of the team is composed of average players. They need to communicate defensively, make the extra pass, capitalize at the foul line and cannot rely on Carmelo Anthony to be the scapegoat.

I don't see the Knicks making much noise this season especially as they face a tough division with the Toronto Raptors and Boston Celtics. I'm predicting the Knicks to win 30-35 games in the 2015-2016 season. They just don't have star-caliber camaraderie. Health and morale should be their main focus going into the season.



Knicks President Phil Jackson has shaken up the roster this year in hopes of improving upon the Knicks poor performance last year.



BREAKING THROUGH

NETS' KEY TO OVERCOMING SHORTCOMINGS LIE WITH YOUNG TALENT

RANDALL WASZYNSKI

Although Deron Williams, the aging floor general, has packed his bags to play for the Mavericks in Dallas, more room is available on the depth chart for the Brooklyn Nets for young talent.

A squad once built around veterans is one step closer to becoming an era of Brooklyn's past as Williams departs, following in the footsteps of forwards Paul Pierce and Kevin Garnett. Forward Joe Johnson is the final remaining renowned vet left on the team. However, aside from his current listing as starting small forward, Johnson will surely play some mentor basketball with the roster's youth at positions he knows well: shooting guard and both forward positions.

Rondae Hollis-Jefferson, a highly scouted forward out of Arizona, stands second on the depth chart at the three spot, directly under Johnson's wing. The rookie can surely learn from the 37-year-old Johnson shooting-wise, yet Hollis-Jefferson's defensive motor and instinct are quite impressive.

Chris McCullough, Brooklyn's selection as the 29th pick in the 2015 NBA Draft out of Syracuse, is currently listed as the third power forward behind Thaddeus Young, the starting four, and the newly acquired Thomas Robinson, who is listed as the team's sixth man. Being traded mid-season to Brooklyn by the Minnesota Timberwolves, Young posted a 38 percent three-point field goal percentage over the course of his 28 games wearing a Nets uniform. His success from the arc stretches the defense even more looking at Brooklyn's starters: four deep threats and the big man Brook Lopez who can still hit from

20 feet out.

The Nets sighed in relief when Lopez, the team's top scorer last year with 17.2 points per game, decided to return to Brooklyn. Additionally, at the center position, Andrea Bargnani agreed to terms with the Nets this offseason, moving across the city from Madison Square Garden in Manhattan, the home of the Knicks. Bargnani had an up year last season with the Knicks, shooting 37 percent from downtown, a nine-point increase from the previous season.

“They don’t have a consistent game-changing player”

Brooklyn wields quite the shooting arsenal in guards Jarrett Jack and Bojan Bogdanovich, starting alongside Johnson, Young and Lopez. Although Bargnani doesn't bode well in the rebounding department, there are other big-body forwards and centers who specialize in it, like Robinson. Lopez has the height to snatch boards over the top of most defenders, but Robinson will play a key role off the bench to relieve Lopez of considerable box-out pressure. His tenacious rebounding debatably makes him the most danger-

ous catalyst on this Nets squad.

Young and Lopez also snag notable amounts of miscues, particularly during their playoff run last season, which was halted in six games by the top-seeded Atlanta Hawks in the first round.

Coming into this season, Atlanta is still a better team than the Brooklyn Nets and so are four or five other Eastern Conference teams like Cleveland and Chicago. They don't have a consistent game-changing player. Williams was a game-changer to some extent, but his production was starting to fall off this past season.

If Thomas Robinson's rebounding is debatably the most notable attribute to a team, then that team probably isn't stellar. Although Brooklyn has improved and is beginning to shy away from a veteran-dominated team, the Nets remain run-of-the-mill in the Eastern Conference. It's not the most extravagant compliment, but they're probably the best NBA team in New York City.

When this regular season reaches its end, the Nets will most likely see themselves on the back-half of the playoff seeds, perhaps 7th or 8th. Their demise should be a familiar sight from the last playoffs: losing in the first round.

The Nets need another year or two to develop their young talent. Hanging onto their positive and powerful assets should serve as priority number one through at least the next offseason. Grooming rookies attentively is the key to developing superstars in the future, and this cannot be overlooked by the Nets organization despite the odds of producing one being slim.



ON THE HEELS OF A WORKHORSE LINEUP

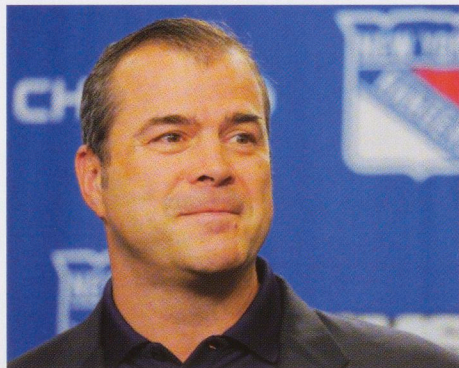
RANGERS SEEK ANOTHER GO AT CUP

JESSICA OPATICH

There's no reason for the Rangers not to have another phenomenal season. Yes, last season was disappointing, but only because they didn't come home with the Stanley Cup after winning the President's Trophy and making it to the seventh game in the Eastern Conference finals. This year, they're still loaded with talent.

Alain Vigneault is back as head coach and he's been the biggest asset. He's gotten his core group of players to adapt to the quick, transition-attack style. It might take some getting used to for the newest additions, but a strong foundation already exists with major core players returning.

Who are the some notable new faces? Take a look at Emerson Etem, Jayson Megna, Brian Gibbons, Raphael Diaz, Jarret Stoll, Viktor Stalberg and Antti Raanta. Gibbons scored the opening goal in the preseason victory



Rangers head coach Alain Vigneault is a key reason for the Rangers success over the past few seasons and will be important for the future success of the organization.

against the New Jersey Devils. Megna followed it up by netting two of his own. Hopefully, this is an indication of

"Expectations are high for these returners, especially Nash who had a terrific scoring year"

some added offensive firepower.

Who did we say goodbye to? Carl Hagelin, Martin St. Louis and Cam Talbot were the biggest losses. It's tough to see Hagelin go, especially because he'd been so consistent for so long.

Who are our core guys? Henrik Lundqvist, Derek Stepan, Rick Nash, Mats Zuccarello, Ryan McDonagh, Chris Kreider, Dan Girardi, Keith Yandle, Dan Boyle, Marc Staal and Kevin Klein. They're all returning players with important roles. I expect 22-year-old J.T. Miller to eventually be added to this list of names as he continues to prove himself after an impressive playoff performance.

Expectations are high for these returners, especially Nash who had a terrific scoring year. Again, it felt like most of his productivity came during the regular season while some of that dominance seemed to wear off come playoff time.

Welcome back, Zuuuuuuuc! It was a tough loss last season when Zucc took a slapshot to the head that left him out for the rest of the playoffs. I expect him to come back energized and add to an explosive offense.

Kreider is one of my favorite offensive players to watch. There's pure talent, speed and tenacity in him. The only thing that's missing is consistency. The Rangers need him to become a more consistent threat especially in the wake of losing veterans like St. Louis and Hagelin. It's time for Kreider to light up the ice.

It would be remiss of me not to mention Derek Stepan's big-money, six-year contract. I'd like to think that he'll live up to the \$39 million. Stepan was the first Ranger center to record 50 or more points in 3 consecutive seasons since Wayne Gretzky. Stats like that don't hurt when it comes to bargaining.

On the defensive end, workhorses like Girardi and McDonagh probably won't find a reprieve this season. Other defensive heavyweights like Staal, Yandle, Boyle and Klein will continue to be forces to reckon with.

And let's not forget King Henrik. The 33-year-old is still a top goaltender (.928 save percentage). Injuries last year might have some questioning his durability, but I expect that only to fuel his fire. Henrik is a fierce competitor and his reign will continue.

My prediction: the Rangers make it to the Stanley Cup Finals or at least the Eastern Conference Finals.



NEW HOME

SAME GOAL

2015 Season Preview

MICHAEL DESANTIS

The New York Islanders are ready to officially kick off a new chapter of its storied franchise history. The time has finally come for the team to bid farewell to Nassau Veterans Memorial Coliseum and call the Barclays Center home. The team is poised to begin its tenure in Brooklyn on a high note.

Not much happened in the offseason for the Isles. They signed backup goalie Thomas Greiss to a two-year contract and re-signed a talented young forward in Anders Lee to a four-year deal. Lee scored 25 goals last season in his first full year in the NHL. The team also finally signed Russian forward Kirill Petrov to a one-year contract after drafting him in 2008.

The Isles didn't need to make any changes to their forward group that already includes superstar center John Tavares, and skilled veterans Kyle Okposo, Frans Nielsen, Josh Bailey, Mikhail Grabovski and Nikolay Kulemin. The Islanders also have amazing youthful talent on offense with players Ryan Strome, Brock Nelson, Lee and possibly rookie Michael Dal Colle.

Fortunately for the Islanders, Nelson, who was having contractual disputes, agreed to a three-year contract. If he didn't sign by training camp, he likely wouldn't have played this season. It would've been a waste of a season for Nelson, and the Isles would've been without a young top-six forward.

On defense, Nick Leddy and Johnny Boychuk will enter

their second season as the anchors of the Isles defense. Leddy is quickly becoming one of the top two-way defensemen in the NHL, and Boychuk should be as reliable as ever. Travis Hamonic is another very good hard-hitting defenseman. Calvin de Haan will be looking to shake off a season that will mostly be remembered as a sophomore slump. The rest of the defense is a question mark. Thomas Hickey will likely play a regular role. He has some talent, but not enough to cover up the fact he is undersized. Hickey, unlike Leddy, doesn't have the skills to make up for his lack of size and him playing every day is not ideal. Ryan Pulock, a highly touted offensive-defenseman prospect could make the leap to the NHL this season.

Jaroslav Halak will be the Islanders starting goaltender again after a strong first season with the team last year. Greiss should provide stability for when Halak needs a rest, as Greiss is a reliable back-up

netminder used to the role.

Whether or not Nelson signs, the Islanders will have a very good offensive corps?. The defense should cause fans a bit concern. Leddy, Boychuk and Hamonic are all proven and very good. De Haan and Pulock are unknowns, and Hickey might have trouble being effective for the entire season. I would've liked to see the team grab a solid depth defenseman in free agency to play in Hickey's spot for the majority of the games while insulating Pulock into the league. It could still happen, as the team is reportedly in talks with veteran defenseman Marek Zidlicky.

At the 2015 NHL Draft back in June, general manager Garth Snow picked up two very good studs at the forward position, Mathew Barzal and Anthony Beauvillier. While the two young prospects should take a few years to develop before joining the big club, the team restocked the cupboard with more young talent.

Despite my concerns on the team's defense, the issue is solvable and the top-three defensemen should carry the load well enough. The forward group is still young and talented, and Halak is stellar between the pipes. The Isles are a well-balanced and hungry team that should perform well throughout the season to earn third place in the Metropolitan Division and possibly win that elusive first round of the playoffs.



THE | STONY | BROOK | PRESS

**ATTENTION
ARTISTS**


**WE'RE LOOKING FOR TALENTED,
HELLA RAD, DESIGN-ENTHUSIASTS
TO MAKE UP OUR NEW
BOARD OF DESIGN!!**

MEETINGS EVERY WED.
@ 1PM IN THE UNION
ROOM 236

**ALL PHOTOSHOP GURUS,
LOVERS OF TYPOGRAPHY,
& FREELANCE DOODLERS
ARE WELCOME TO JOIN!!**



 @THESBPRESS

 @SBPRESS

 WWW.SBPRESS.COM