## E STATESMA INFORMING STONY BROOK UNIVERSIT FOR MORE THAN 50

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sbstatesman.com

## Suffolk County budget cuts force bus route changes

**By Jill Ryan** Contributing Writer

In order to close a \$78 million deficit, Suffolk County plans to institute bus changes that will affect Stony Brook's main and Southampton campuses.

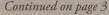
Bus routes S71 - which brings main campus students to Stony Brook Hospital, the Stony Brook University Railroad and Brookhaven Town Hall - 10A, S35, S90, 1B, 5A, 7D/E and 10D/E have been proposed to be eliminated because of countywide budget cuts, according to Suffolk County Deputy Commissioner Darnell Tyson. The possible eliminations will not go into effect until Oct. 3.

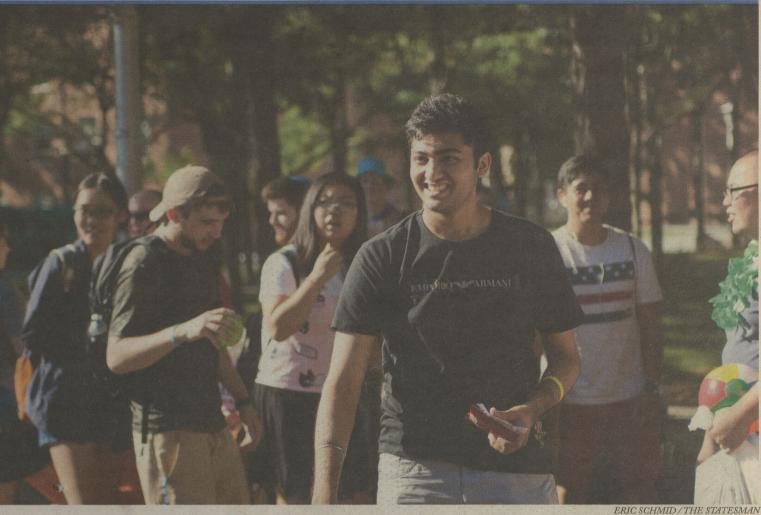
Suffolk County conducted an internal and external analysis of the 53 bus routes and determined the eight most expensive per-rider routes.

The cuts will save the county \$4 million a year. These routes proportionally served the least amount of customers - approximately 400 out of the 20,000 people a day who use bus services.

"The goal was to minimize, to get the most benefit for the least inconvenience," Tyson said.

In addition, Suffolk County





Freshman economics major Vijen Mehta looks on after sucessfully dunking a fellow seawolf in a dunk tank at the Third Night Out RHA Welcome Block Party outside the Student Activities Center on Sunday, Aug. 28.

## Former Tulane professor appointed new Stony Brook provost

By Michaela Kilgallen News Editor

After Provost Dennis N. Assanis' June departure from Stony Brook University, the university has named Michael A. Bernstein as his replacement, ac-President Samuel L. Stanley Jr. on Tuesday, Aug. 23.

ship as Provost at Tulane both the come part of an institution that nomics from Yale University.

help meet the distinct needs of the whole research university," Stanley said in the email.

Bernstein's appointment as provost and senior vice president of cording to an email sent out by academic affairs will take effect on Oct. 31.

STEM disciplines and the liberal has, for over a half-century, reprearts flourished, benefiting from sented the very best in American his keen ability to understand and higher education," Bernstein said in a news release.

The former history and economics professor at Tulane University served as the university's provost from 2007 until last month. Prior to that, Bernstein also spent 20 years at the "It is an enormous honor to join University of California at San Di-"Under Dr. Bernstein's leader- Stony Brook University and be- ego and received his Ph.D in eco-



COURTESY OF SBU NEWS OFFICE Bernstein's appointment will take effect in October.

## Student Union will undergo three-year renovation to create student spaces

### **By Brittany Tesoriero** Staff Writer

2017 school year, the Student Activities Center.

ly stationed in the building have be available. Beginning in the 2016- also been relocated to the Student

clubs and organizations previous- for its closing, Starbucks will still

"Campus Dining is bringing a beginning the first week of class-

Starbucks mobile truck to campus es," said Angela Agnello, director of marketing and communications for the Faculty Student Association, in an email. "It will be stationed on the west side of the Student Activities Center (SAC) adjacent to the bus circle.' East Side Dining will be located in Chávez Hall, the new residential building on Toll Drive, and will serve as a replacement for the Union Commons. It will feature many of the same dining options found in the Union, such as Carlos and Gabby's Kosher Deli, Island Soul and The Grill. Retail options will also be available. Union Commons will not close until East Side Dining opens this fall.

Union will undergo a major A new Starbucks will open three-year renovation.

"The renovation will focus on creating space for departments and programs that directly serve students in order to provide a more efficient and convenient service to students, and will also include study lounges as well as some student office spaces," said Sonia Garrido, communications manager for FSA, in an email.

For the duration of the renovation, the Union will not be operational. One major change that will take place this fall will be the closing of the Starbucks. Many

in the basement of the Melville Library in the Shop Red West store. With the completion of the project anticipated for this December, student employees have been offered temporary jobs with campus dining.

"There will be a gap between when Union Starbucks closes and the new library Starbucks opens," said Alaina Ingram, student manager, in an email to the baristas last month. "During that gap, you will all be offered temporary placement at East Side Dining." Though there is no scheduled date



Many dining options found in the Student Union, above, will be relocated to East Side Dining this fall.

News **Researchers** investigate bone repair. Dr. Julio Carrion's lab works to find alternative methods. MORE ON PAGE 3

Arts & Entertainment **Back to the Brook** artists released. This year's concert will feature Fetty Wap and RL Grime. MORE ON PAGE 5

Opinions Don't let school stop you from your goals. Organize yourself and keep your hobbies going MORE ON PAGE 9



Sports Women's Swimming and Diving to return. Program will resume in 2017-18 season. MORE ON PAGE 12

# Where Wolfie Banks

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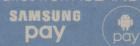
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# NEWS

Under the Microscope: Research aims to find new methods of bone repair

#### By Ryan Kawalerski Contributing Writer

Ongoing research at Stony Brook University may lead to drastic changes in the way doctors think about bone growth and repair.

Though relatively strong, bones often pass through an array of traumas over the course of a lifetime. Fractures, breaks and recession are just a few of the many ailments people and animals face when considering bone health. Bodies often fail to repair such faults sans medical intervention.

Extremely traumatic breaks or instances of bone loss frequently call for the use of bone grafts - structural supports implanted and used as scaffolds or as an impetus for bone growth in vivo. Bone grafts can come from one's own body, a donor source or commercial synthesization. Bone grafts allow for the reparation of otherwise complicated and possibly life-threatening bone damage. However, repair with bone grafting can take an uncomfortably long time. In some cases of dental bone grafting, up to a year or more may be necessary for complete reconstitution of stable bone.

Researchers at Dr. Julio Carrion's

lab in the Department of Periodontology at the Stony Brook School of Dental Medicine are currently working on ways to increase the rate of bone growth and repair using bone grafts. Carrion's lab focuses on the use of gingival mesenchymal stem cells (GMSCs) to induce growth on bone grafts through a process called seeding, which is akin to placing seeds in soil for plant growth.

"We obtain healthy or diseased tissue from patients in the Dental Clinic, and we extract GMSCs from the tissue," said undergraduate researcher Angad Singh. "These cells are comparable to BMSCs (bone marrow stem cells), which are currently the standard for the industry. However, GMSCs are advantageous in that they are much easier and cheaper to extract and can differentiate into more kinds of cells."

Recent research from laboratories in China, Germany and Egypt has led to the conclusion that GM-SCs have anti-inflammatory effects, which would make them ideal candidates for treatment of diseases and conditions that exhibit high inflammatory responses in vivo.

According to Singh, seeding bone grafts with GMSCs could substantially cut the time needed to reverse bone loss and mend breaks in addition to providing their endogenous anti-inflammatory characteristics

The researchers have an overarching goal of understanding the changes in bone repair using GM-SC-seeded bone grafts in comparison to unseeded equivalents. The lab plans to study the effects of GMSC seeding in mouse models.

focuses on the use of gingival mesenchymal stem cells to induce bone grafts.

Researchers are optimistic that their work will prove right the hypothesis that GMSCs are a more ideal chassis for bone repair than BMSCs.

## New pedestrian mall surrounding the Union alters university bus routes

### Continued from page 1

bus S60 and the university's Outer Loop bus relocated stops formerly on the west side of Stadium Road to the east side directly across the road from the infirmary. These buses will no longer stop at the Stony Brook Student Union.

New transit maps have been made and can be found on the Stony Brook Transit website.

The railroad and hospital can still be reached using other buses such as the S69, 3D and S60 along with university buses. Stony Brook students who live in Brookhaven Residential Village will not be affected because of the North Fork Express Transit Service, which is provided by the university to get Brookhaven residents to campus.

Other route changes will affect Stony Brook students

and the Southampton campus, without bus route 10A, getting to other locations will become an issue.

"Our Government and Community Relations office is heading up an effort to address the elimination of the Suffolk bus routes," said Connell Friel, the director of transportation and parking operations.

There will be two hearings, one on Sept. 8 in Riverhead and one on Sept. 9 in Smithtown, to discuss questions and concerns of the bus route proposal. More information regarding the hearings can be found on the Suffolk County Transportation website.

Community Relations Director Joan Dickinson said the university is looking into other transportation options for students.

Even when these bus elimina-





PUBLIC DOMAIN

Dr. Julio Carrion is working toward alternative methods of bone repair. His research

more critically.

On the Suffolk County Transit System map, route 10A is shown to be the only Suffolk County bus that stops at the Southampton campus.

The elimination of bus route 10A will leave Stony Brook Southampton students no bus alternative to get to the village of Southampton, Southampton Hospital or Sag Harbor.

Transportation services on the Stony Brook Southampton website list two other services, Bolt Bus and Hampton Jitney.

Bolt Bus does not list the Southampton campus as a destination, and Hampton Jitney is a tour bus booking website. Neither substitute the services provided by bus route 10A.

While there is a shuttle bus between Stony Brook's main campus tions go into effect in October, there will remain a \$74 million deficit to be dealt with. According to Tyson, almost all Suffolk County departments will be affected by the budget cuts.

"What is happening on the bus side is echoed by actions that are taking place all over the country to make up for the budget shortfall," he said.

S60 and the Outer Loop are also being rerouted due to the creation of a new pedestrian mall around the Union, according to an email sent out by Friel.

A heavy increase in student foot traffic around the Student Union is expected as a result of the new Chávez Hall and the East Side Dining facility being built between Mendelsohn Quad and Toll Drive.

Sonia Garrido, a university

ADAM E. MOREIRA/WIKIMEDIA COMMONS VIA CC BY-SA 3.0 Above, customers board the S41 line in Bay Shore. Changes to certain Suffolk County bus routes are leaving Stony Brook students with no access to the Southampton area.

communications manager, relayed that this new pedestrian mall was established with the intention of preventing possible accidents.

"Stadium Road will be gated as of the first day of classes thus rerouting all traffic away from this area," Garrido said in an email.

Garrido assured that commuters who park in Stadium Lot will not be affected by the pedestrian zone.

"The Stadium Lot's gate will be located further south, closer to Toll Drive, without limiting access to the parking lots," she said. Stony Brook students have

mixed feelings about the changes. Matthew Loyd, a sophomore anthropology major, approves of the "fresh and new" pedestrian mall.

"Anything that promotes social interaction in any way is a pleasant thing to have," Loyd said.

However, Rudgerry Robert, a junior engineering science major, thinks that while a pedestrian mall would be a nice place to hang out, it will create crowds.

"The mall itself would also draw a crowd," he said. "It could also make it harder to walk through that area, especially for those living in H or Mendy."

Jonathan Lichtenfeld, a sophomore aspiring computer science major, thinks that a pedestrian mall is not necessary for student safety.

He said the enforcement of stop signs would do a better job of increasing pedestrian safety on campus.

"I've had more than one experience where cars tend to not stop and almost hit students," Lichtenfeld said. "I think the pedestrian mall is something that sounds good on paper but in practice might not be that good of an idea."

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Phumzile Mlambo-Ngcuka

gender equality, and is the driving force behind the UN's HeForShe initiative.

### Submit your question about gender equality by September 8 using **#SBU4Equality**. To RSVP and for more information, visit **stonybrook.edu/heforshe**



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# **ARTS & ENTERTAINMENT** Fetty Wap and RL Grime to perform at Back to the Brook

### By Kayla McKiski Contributing Writer

Hey, what's up? Hello, Seawolves. Undergraduate' Student Government announced on Saturday evening the artists who will perform at Back to the Brook through a video on social media. The highly anticipated fall concert will be headlined by "Trap Queen" singer Fetty Wap and feature trap producer RL Grime with student opener The Commas.

The event will entertain over 3,000 students on Monday, Sept. 12, from 7 to 11 p.m. at the Island Federal Credit Union Arena.

Ticket reservations were available on Sunday, Aug. 28 at 8 p.m. through a Google form on a first-come, first-served basis. There will be 2,600 stand tickets available for \$15 and 800 floor tickets for \$30, with no guest tickets being sold.

Last year's Back to the Brook, headlined by Walk the Moon and featuring Timeflies, had stand tickets for \$5 and floor tickets for \$20.

"We had to raise the prices of the tickets to compensate for the higher frequency and qual-

ity of events this year," Max Shaps, USG Vice President of Communications and Public Relations, said.

In addition to the higher ticket prices, free t-shirts will not be given out at the concert. However, there will be giveaways at an undisclosed event the weekend of the show.

Other artists considered for Back to the Brook were The Chainsmokers and Trey Songz, who both had prior commitments. Regardless, USG is content with the acts it has booked.

"We are just trying to take each event individually and satisfy the maximum amount of students that we can," Shaps said. "We are really excited to see what the student body thinks about it."

Saturday morning, an exclusive video announcing the artists was shown at the New Student Convocation.

New Jersey hip-hop artist Fetty Wap is known for his distinct singing and rapping combination that set him apart from the monotony of the industry.

Four of his songs made it into the top 40 of the U.S. Billboard Top 100, like "679" and "My Way," which have evolved from radio toss-aways into party anthems.

Los Angeles producer RL Grime is a multi-faceted showstopper of his own, creating rhythmic electronic and hip-hop remixes that get everyone on their feet. Also known as Clockwork, he has performed at many popular music festivals including Electric Zoo, Electric Daisy Carnival, Coachella, Bonnaroo and Lollapalooza.

act The Commas at the Island Federal Credit Union Arena on Monday, Sept. 12.

The Commas are opening the show with music that combines both rock and indie sounds. Shaps went as far as comparing them to the Red Hot Chili Peppers.

"They made a great impression on the Student Activities Board and we think they will be an excellent addition to the show," he said.

## Guerrilla Girls make feminist statement at the Zuccaire Gallery

### **By Kayla McKiski** Contributing Writer

The Zuccaire Gallery is not ready to make nice with its provocative presentation of the Guerrilla Girls this fall. Anonymous and audacious, this feminist artist group has been crossing lines to battle social issues in the art world and beyond since 1985. The more than 55 members wear gorilla masks and use aliases, which are the names of dead pioneering female artists. Keeping their anonymity allows their work to be the focal point.

From Sept. 14 through Oct. 22, the exhibition titled "Not Ready to Make Nice: Guerrilla Girls in the Art World and Beyond" will include some of the group's most iconic pieces as well as exclusive international projects and documentary material. This showcase is part of an ongoing tour that originated at Columbia College Chicago and was specifically designed for a college audience.

"This is important because new ideas happen at universities and students are always the first to be supporters," Frida Kahlo, the original Guerrilla Girl who has assumed the name of the 20th century Mexican painter, said.

On Oct. 13 at 4 p.m. in the Wang Center, a newer member who calls herself Zubeida Agha, after the first Pakistani modern artist, will join Kahlo in a special cross-generational discussion on the mission and work of the Guerrilla Girls.

The two featured pieces "Do women have to be naked to get into the Met. Museum?" and "Anatomically correct Oscar" expose two different industries but address the same issue of unequal gender representation. Text included on both pieces revealed hurdling toward Earth, with

some eye-opening statistics. In the 1980s when the former piece was made, less than 5 percent of modern artists were women, yet a staggering 85 percent of nude works portrayed women. And in 2002 when the latter was made, only 5.5 percent of Oscar awards had gone to people of color and no woman had won an Oscar for Best Director.

These numbers are only slowly improving, but the Guerrilla Girls remain optimistic. For example, Kathryn Bigelow won the Academy Award for Best Director in 2009.

"There is an incredible glass ceiling for anyone who isn't a straight white male in the art world," Kahlo said. "We had no idea how low it would be, but things are changing." "The Estrogen Bomb" will also be featured. It depicts a pink meteor-like estrogen pill

text overlaying the image: "Drop it on the superpowers and the guys in charge will throw down their big guns, hug each other, apologize, and start to work on human rights, education, health care and an end to income inequality."

The poster was inspired by the estrogen replacement scandal in the early 2000s when women halted hormone replacement therapy as a result of medical breakthroughs that revealed its dangers.

"When everyone stopped taking it, we thought, 'What should they do with all the leftover estrogen?'" Kahlo said. "Well, we should make fun of it."

While viewing the artwork in the gallery, visitors will have the opportunity to read the Guerrilla Girls' favorite "love letters and hate mail," interact with an "If I were a feminist ... " chalkboard and write sticky notes to the artists that will be tweeted.

"Their main message is equality, equality of all genders and all races," Karen Levitov, the gallery director, said.

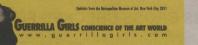
"We very much believe we follow this message as we make sure to reflect the community, students and faculty and make the gallery both accessible and inclusive for all."



DESHAUN CRADDOCK/FLICKR VIA CC BY-NC-ND 2.0 This year's Back to the Brook will feature Fetty Wap and RL Grime, with opening

# Do women have to be naked to get into the Met. Museum?

Less than 4% of the artists in the Modern Art sections are women, but 76% of the nudes are female.



COURTESY OF GUERRILLA GIRLS For this piece on gender inequality, the Guerrilla Girls used statistics from 2011.



There is a good principle that created der Light and wan, and an EVIL principle that created chaos. darkness and moren

TRAVEN RICE Guerrilla Girls at the Abrons Arts Center in Manhattan.

## Behind the scenes: How artists are chosen for Back to the Brook



Students on the floor during the Back to the Brook 2015 concert, featuring Walk the Moon and Timeflies.

#### **By Korinne Utting** Contributing Writer

With this year's Back to the Brook featuring hip-hop artist Fetty Wap and producer RL Grime right around the corner, it is important to know how these artists are chosen each year.

Max Shaps, Vice President of Communications and Public Relations for Undergraduate Student Government, said that this year, it all started with a Facebook poll.

"We put a bunch of popular artists like Rae Sremmurd and Iggy Azalea on the list," he said. "The top few artists are always hip-hop or EDM."

He added that after the poll was published on USG's Face-

book page, many students sent him messages asking why Canadian rapper Drake was absent from the list.

Shaps said that Drake was excluded because it would cost over one million dollars to host him on campus. USG's budget simply did not allow for that kind of spending.

After the poll results were in, the Athletics Department was contacted. They provided three dates within USG's favorable time slot in which the Island Federal Credit Union Arena could be booked. Shaps revealed that there are many different calendars and timelines that have to work together in order to make Back to the Brook a reality.

USG then reached out

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the poll that are within the affordability range.

This range includes the entire cost of the production staff and payment to the artists. USG presented their options to an agency called Concert Ideas, which determined the availability and cost of the top contenders. There were some failed attempts to obtain certain performers.

"The top choice on the list was The Chainsmokers," Shaps said. "One in three voters on the poll chose them. We gave them a pretty good offer, but it turns out they also got an offer to play at [Electric Zoo]. So we got rejected by them, which sucks."

Then came the most stressful part of the process: the deliberation phase. Since the concert takes place only three weeks after classes start, the Student Activities Board had to work within a tight timeframe.

There were hundreds of thousands of dollars on the line, so they needed to make an informed decision that they believed would satisfy a majority of the student body. Shaps said that the board is comprised of individuals with a diverse taste in music.

"One of the artists was decided by only one person because there was a split vote," Shaps added.

Once the artist is decided upon, Concert Ideas is contacted and they book the performers. Despite the rift in votes, Shaps is

to the top performers from confident that Back to the Brook ticket reservations will sell out in minutes.

> This concert became an annual tradition after its debut in Fall 2013. Past artists for the show include Mac Miller, The Cataracs, Lupe Fiasco, Timeflies and Walk the Moon.

> DJ Steve Aoki was a top choice to perform at the first concert, but he failed the security check put in place by the University Police Department.

As part of this security check, each artist that performs must have three recommendations.

Steven Benz, a sophomore chemical engineering major, did not attend Back to the Brook last year, but he plans to go this year. "It's usually pretty cheap and it's a lot of fun," he said.

According to the concert's Facebook event page, ticket reservations will be available on Aug. 28 at 8 p.m.



MIKEY WALLY/FLICKR VIA CC BY-NC-ND 2.0 Music artist RL Grime will be one of the acts who will perform at this year's Back to the Brook fall concert.

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# **OPINIONS**

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PERNANDO FRAZÃO/AGÊNCIA BRASIL VIA CC BY 3.0 BR

Katie Ledecky, above, dominated the women's 800 meter freestyle at this year's Olympics. She left Rio with four gold medals and one silver for the United States.

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## The Olympics are a historic time, and that's what matters

### **By Nick Zararis** Staff Writer

The International Olympic Committee, much like other powerful institutions in the sports world such as FIFA and the NFL, continues to operate in secrecy with very little transparency. That's how the Olympics have ended up in places like Sochi, Russia in 2014 and Rio De Janeiro, Brazil this summer. Although planners could not have foreseen the impeachment of Dilma Rousseff, Brazil's president, in 2009 when Rio was awarded the games, it is one of the glaring issues that has been glossed over by both TV coverage and the IOC. The issues with Rio as a host became quite apparent city during the buildup to the games this summer when Rio police officers and firefighters greeted tourists at Rio's airport with "welcome to hell" banners. Just outside the airport, "welcome, we don't have hospitals" was crudely spray painted onto the side of an overpass. The atrocious status of Rio's waters, which more or less had athletes competing in raw sewage, was also a glaring issue. The Olympic Village, the residence for all Olympic athletes not including the United States basketball program, was not ready when the athletes started to move in for the games. Showers didn't work, one shower only worked

when the sink was turned on 12 individual Olympic titles in and there weren't outlets in the rooms.

The most dramatic incident of the games by far was the Ryan Lochte incident, which has taken more twists and turns than a Simone Biles vault attempt. Lochte was believed to have been robbed at gunpoint, but this was later found to be an exaggerated version of the truth.

The "robbery" turned out to be drunk and disorderly conduct at a gas station. Conflicting reports of what happened have emerged ranging from the swimmers broke the bathroom door to they peed all as most returning sophomores over the store and flipped items off shelves. The incident was a big embarassment for Lochte. Even though his actions may not be that impactful in the grand scheme of things, given that the act itself was not tooh heinous and nobody got hurt, the reputation of the USA team still took a big hit, and Lochte lost numerous endorsements for his lie.

events like the hoplitodromos, a sprint in combat armor. Not to be outdone, Usain Bolt of Jamaica won the men's 100 and 200 meter sprint for a record third time and became a meme in the process by smiling at the camera while leaving his competitors in the dust.

Both Phelps and Bolt deserve endless praise for their incredible feats. These are accomplishments that will truly stand the test of time. But, I'd be remiss if I didn't mention the utter dominance of 19-year-old Katie Ledecky. A young woman the same age dusted her competition in the women's 800 meter freestyle so badly there wasn't another swimmer on screen when she finished. It took another 12 whole seconds for the eventual silver medalist to finish.

New stories are published online every day Monday through Thursday. A print issue is published every Monday during the academic year and is distributed to many on-campus locations, the Stony Brook University Hospital and over 70 off-campus locations.

The Statesman and its editors have won several awards for student journalism and several past editors have gone on to enjoy distinguished careers in the field of journalism.

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However, the Rio games of 2016 have also been a showcase of the world's very best athletes and furthermore an example of what sports are all about.

Michael Phelps won his 23rd gold medal and broke a record which had stood for over 2,000 years. Phelps broke a record from ancient Greece, when the famed Leonidas of Rhodes won

These are historic moments in time, moments I will remember my whole life.

Seeing Phelps on the podium for the 28th time, still getting teary-eyed and mouthing along the words to the Star Spangled Banner, is what the Olympics are supposed to be all about - a life's journey culminating in just a moment of pure athletic perfection, combined with a love for one's country.

So don't let the stupidity of a few overshadow the truth. The Olympics are a must watch.

### **The Statesman**

# Don't let semester stress hinder your personal growth

#### By Andrew Goldstein Assistant Opinions Editor

I brought ten books with me when I moved into Stony Brook my freshman year. They were all books I intended on reading for pleasure. While I read through a few of them in September, by mid-October I was too focused on my classes to have any time to read.

In my First Year Seminar class my professor introduced us to the "College Triangle," with "good grades," "social life" and "enough sleep" written in their respective corners surrounding a sardonic "choose two."

I think a better shape for college would be a square. Add "hobbies" and you've got a real dilemma. I finished my first year of college as a good student, with a host of new friends and an average of six hours of sleep a night. But only during the first half of each semester was I able to focus on the other things that make me, me.

In "Seven Habits of Highly Effective People," one of the few books I'd recommend every person on planet Earth read, Stephen R. Covey writes about time management, focusing on the important but not urgent aspects of our lives. It's easy to focus on the important and urgent things: homework, projects, event planning. It's easy to focus on the unimportant yet urgent things: that text, all

can't say "no" and that long conversation you have even though there's a test coming up. It's easy to be distracted by the unimportant and not urgent: binge-watching that show, ranking every Spongebob episode based on how funny Patrick is and sharing articles you've only read the headline of on Facebook.

those things you do because you

Practicing piano, writing poetry, reading, taking time for personal development, having deep meaningful conversations with friends and all those other things that really make us who we are get pushed to the side during the high-pressure environment of college academic and social life.

To ensure that you make enough time for your hobbies and development, plan ahead. This past January, I resolved to read 100 books throughout the year of 2016. I then signed up to write book reviews as a way of keeping myself on track. If you make the plan to dedicate specific times on specific days for specific things, you will be able to do them. With this mentality, you can also do assignments early to free up more time for your own things.

In "Seven Habits," Covey writes about four activities to organize yourself. First, he writes about dedicating time to identifying your roles and writing them down. Second, he advises thinking and writing about one



Despite the high-pressure environment of the academic year, students need to remember to take time off and focus on themselves and their personal hobbies.

or two goals you would like to achieve in each of these roles. Third, he writes about scheduling time in your week to work toward these goals as a part of or around your weekly routine. Fourth, he recommends adapting

is going on that day and leaving room for all the unknowns that inevitably happen.

With the right amount of planning, real goals and the flexibility to apply yourself regularly, you

your schedule based on whatever can excel academically, meet new people, sleep and do the things you love.

> Don't let college stop you or change you from being who you are. Use college to help make you into the person you want to be.

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**The Statesman** 

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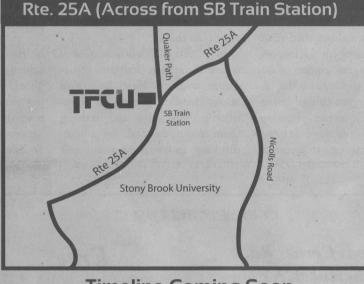
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### **Sports**



Former Stony Brook head coach Steve Pikiell, above, pictured during the 2014-15 men's basketball season.

### Back to the Brook: Pikiell, Rutgers slated to play at IFCU Arena Dec. 10

**By Skyler Gilbert** Sports Editor

**The Statesman** 

Longtime Stony Brook Men's Basketball head coach Steve Pikiell will make his return to Island Federal Credit Union Arena on Dec. 10, when the Seawolves host the Rutgers Scarlet Knights.

In March, Pikiell signed a 5-year, \$8 million contract with Rutgers after coaching 10 seasons at Stony Brook, culminating in the school's first-ever NCAA Tournament appearance last spring.

The game - which was revealed in Rutgers' schedule release Thursday – marks the third time in Stony Brook Men's Basketball history that the team will face a power conference school on its home court.

The Seawolves lost to the Villanova Wildcats, 72-44, in November 2006 before losing to the Illinois Fighting Illini, 76-66, in the National Invitational Tournament in March 2010.

Rutgers, a member of the Big Ten Conference, went just 10-22 last season, prompting a coaching change. The Scarlet Knights' coaching staff includes three others former Seawolves: assistant coach Jay Young, director of basketball operations Bryan Dougher and assistant athletic director for strength and conditioning David VanDyke.

Although Stony Brook has yet to release its official 2016-17 schedule, several other non-conference opponents have been revealed through

other teams' schedule releases.

For the third consecutive season, the Seawolves will face the Hofstra Pride. The Long Island rivalry will be renewed on Dec. 13, when the teams face off at Hofstra Arena. Stony Brook won last season's meeting, 71-68.

Columbia will come to Stony Brook in the season opener on Nov. 11, marking the second time in three seasons that the Seawolves host the Lions to begin the season.

Perhaps the most challenging game for Stony Brook revealed so far will be on Nov. 22, when the team plays at Maryland. The Terrapins, also of the Big Ten Conference, were assigned a No. 5 seed in last season's NCAA Tournament, advancing to the Sweet 16.

Stony Brook will play at the Boston College of the Atlantic Coast Conference on Nov. 20 and at Towson on Nov. 25. The following day, on Nov. 26, the team will face either Robert Morris or Hampton as part of a small non-conference tournament.

On Dec. 17, Stony Brook will host St. Francis, while on Dec. 31, the Seawolves will head to Rhode Island to play the Brown Bears in their second Ivy League matchup of the season.

In all, The Statesman was able to confirm nine non-conference games for Stony Brook. Over the last five seasons, the Seawolves have scheduled between 13 and 15 games in the nonconference portion of their schedule.

## Women's Soccer struggles continue with loss at BC

**By Tim Oakes** Staff Writer

For the third straight game to start the season, Stony Brook Women's Soccer failed to come away with a win Thursday night and fell victim to Boston College in a 3-0 loss in Newton, Massachusetts.

The Seawolves were tasked with containing Eagles senior forward McKenzie Meehan, the Atlantic Coast Conference's leader in goals in 2015. It was evident early in the match that Meehan would not be stopped. She notched two goals in the first 16 minutes of the game.

The first came in the ninth minute off of a cross from freshman forward Jenna Bike, followed by her second goal unassisted between two defenders under Faherty, being outscored from 18 yards out.

Amid Meehan's two-goal first half, the Seawolves offense appeared to be stumped when it came to getting through the Eagles' back line. Through the first half, Stony Brook had just two shots, while Boston College ended with 12.

Behind Meehan's strong start, the Eagles never looked back. By the game's finale, they had a total of 25 shots compared to the Seawolves' seven.

Freshman forward Olivia Vaughn scored at the 74th minute to bring the game to its final score of 3-0.

Stony Brook falls to 0-2-1 under new head coach Brendan Faherty. The team has not yet seen a real boost in offensive output

5-1 in three games this season. However, under Sue Ryan last season, the start of the season was similarly ineffective, as the team was outscored 6-1 in its first three games.

Often, introducing a new coach and new system leads to a learning curve.

It may take time for the new coach's offensive and defensive philosophies to sink in. Fortunately for the Seawolves, conference play does not begin until September 27, giving the team ample time to gel under the new system.

The team will continue its quest for its first win of the season when it plays its next game against Yale at in New Haven, Connecticut on Wednesday.



HEATHER KHALIFA / THE STATESMAN

Former Stony Brook tight end Will Tye (No. 44, above) against Rhode Island in the 2014 Stony Brook Football season. Tye is now a tight end with the NFL's New York Giants.

Will Tye amid battle for Giants starting TE gig

**By Tim Oakes** Staff Writer

"You always gotta have something to prove," New York Giants tight end Will Tye said.

Despite coming off an All-Rookie season in which he accrued 464 yards on 42 receptions and leading all first-year tight ends in each category, the former Stony Brook star is still not content with his play and believes he can become more of a red-zone threat.

2015 season — one in which they went just 6-10 — it was the emergence of the team's tight end of the future.

Signed as an undrafted rookie, Tye did not see his first action until week four. Significant injuries to Donnell and Daniel Fells quickly propelled Tye from the practice squad to a starting role. He is grateful to work with two-time Super Bowl champion Eli Manning, and he is someone who Tye says has helped him take the next step as an NFL player.

Bowler Antonio Gates. McAdoo and others have dubbed Tye "Baby Gates" as a result.

He knows that comparisons like these only serve as motivation to bring his game to the next level. During the offseason he worked hard to improve his game. Tye said becoming a better blocker was a big focus in his offseason training to become more of an all-around tight end. He also worked hard to improve his footwork and running, which will keep him in good shape

Hofstra Men's Soccer avenges last season's loss against Stony Brook

Continued from page 12

This allowed the cross-island

communicates well, he led back there and showed his experience. I thought Lars had a good game, but I thought our back four for the most part had a good game as well."

Sophomore Serge Gamwanya played forward alongside junior Vince Erdei for Stony Brook after playing in the midfield during his Rookie of the Year campaign last season.

Gamwanya and Duval were the primary free-kick takers for the Seawolves, generating a number of quality opportunities.

But in the end, Hofstra's All-American proved to be the difference. Stony Brook kept Holland off the score sheet without a shot, in the first half, but the superstar demonstrated his might late in the game.

rivals to avenge last season's loss, when the Seawolves defeated the then-No. 17 Pride 3-0 in the highest-ranked win in Stony Brook program history.

Stony Brook again played at 7 p.m. on Sunday at Seton Hall, the first of four consecutive road games for the Seawolves.

Check out our recap of the Men's Soccer team's 2-0 win over Seton Hall on Sunday night at sbstatesman.com!

Although he finished the 2015 season as the starting tight end, the position is not his yet.

Veteran tight end Larry Donnell enters the 2016 season fully healthy after missing most of last season due to a neck injury. Upon entering camp, Tye found himself in a positional battle with Donnell, who had arrived at training camp ready to compete with the Giants' new and young tight end for the starting job.

But Donnell has some making up to do for his missed time. Tye finished last season with a touchdown in three of his team's final four games. It was clear that the more he played with Eli Manning, the more comfortable the pair became with one another on the football field.

the waning weeks of the Giants

'He has definitely helped me, Tye said. "Always correcting me on certain things, whether it is pass protection, being in the backfield with him, and my route running."

New head coach Ben McAdoo has not confirmed that Tye will be the team's starter come Week 1, despite his strong finish in 2015. Through the first two preseason games, Tye has caught two passes for 14 yards while Larry Donnell has been held without a catch.

We expect him to continue to develop and grow to be a big piece for us at that position," the team's general manager Jerry Reese told NJ.com at this spring's NFL Scouting Combine.

Tye's play last season was rem-If there was any positivity in iniscent of San Diego Chargers tight end and eight-time Pro

to remain consistent on the football field.

He is a product of the growing Stony Brook Athletic program, being the first player out of the university to catch a pass in the National Football League.

In recent months, the undrafted free agent reached out to a pair of former Seawolves - Dallas Mavericks forward Jameel Warney and Baltimore Ravens defensive end Victor Ochi - in the same situation that Tye was in last summer: undrafted free agent looking to make a regular-season roster.

"You've got to remain focused," Tye told them. "Take any chance you have as a great opportunity and do your best."

Tye and the Giants will open their season on Sept. 11 against the Dallas Cowboys.

# **SPORTS**

## Men's Soccer drops opener despite record attendance

### By Skyler Gilbert Sports Editor

Despite dominance in nearly every aspect of the game, the Stony Brook Men's Soccer team dropped its season-opening match Friday night, losing 3-1 to Hofstra in front of a historically crowded Kenneth P. LaValle Stadium.

The outcome may have been different had it not been for the right foot of Hofstra senior Joseph Holland. The defending Colonial Athletic Association Player of the Year roped a 32yard free kick inside the near-side left post in the 75th minute. Just 80 seconds later, the star took a pass in the box and kicked it past Stony Brook junior goalkeeper Tom McMahon to raise the lead to two.

But before the pair of late goals, the Seawolves controlled the game. The home team had a 14-5 edge in shot attempts, leading 9-2 in corner kicks.

"I thought we beat them in more areas than just possession," head coach Ryan Anatol said. "For 75 minutes, I thought we dictated the game... That's a big positive."

The official attendance for the match was 2,136, a number that is the largest recorded in Stony Brook's Division-I history and may have contributed to the en-



Junior midfielder Thibault Duval (No. 6, above) dribbles along the Kenneth P. LaValle Stadium sideline on Aug. 26.

ergy of the team on the pitch.

"I thought [the crowd] was tremendous," Anatol said. "Not only was it big, I thought they were into the game and gave our guys a lift."

Hofstra freshman forward Luke Brown opened scoring in the 20th minute with a header tap-in off a rebound skirmish in front of the net.

Junior midfielder Thibault Duval — who seemed to drive possession all half long with good touches and effective passes — was able to score for the Seawolves in the 26th minute. After the ball ricocheted off a Hofstra defender, the Belgian chested it down and hit a perfect left-footed shot that found its way to the back of the net.

"I saw the ball coming down," Duval said. "Took a touch, and just kicked it. Lucky for me, the ball went in the goal."

Stony Brook senior defender Lars Togstad had a pair of grade-A chances midway through the first half as well. In the 21st minute, the Norwegian stepped into a ball from 24 yards out, requiring a leaping save from the Hofstra goalkeeper. On the ensuing corner kick, Togstad again nearly struck twine, hitting the crossbar.

"He's good," Anatol said. "He

Continued on page 11

## Women's Swimming and Diving team to be reinstated for 2017-18

### By Kunal Kohli Assistant Sports Editor

The Stony Brook Women's Swimming and Diving team will return for the 2017-18 competitive season after a five year hiatus, according to Stony Brook Athletics. Due to maintenance renovations of University Pool, the team has not competed since the 2011-12 season.

"Stony Brook has a strong history of swimming and diving, and it is with tremendous pride that we announce the return of our women's program," Shawn Heilbron, the Stony Brook Director of Athletics, said in a statement. "Our commitment to women's sports is a critical element of our five-year vision and we are excited to take this step forward as University Pool reopens."

As part of the Together We Transform initiative, launched in the summer of 2015, the department aspired to sponsor one additional women's program within five years. Stony Brook has also expressed interest in adding a women's field hockey team. Renovations on the pool, which began in January 2015, are scheduled to finish in early 2017. The new pool will feature a movable floor in the shallow end, two one-meter diving boards and a three-meter diving board. An automated maintenance system will also be in place, along with new HVAC

and dehumidification systems.

While the Seawolves have had rosters in place for the previous five years, the last time the team competed was in the 2012 America East Championships. Stony Brook, which had both men's and women's teams in place at the time, finished in fifth place throughout 103 events.

During the 2012 regular season, the Seawolves women had a record of 3-4. They placed ninth out of ten teams in the Terrier Invitational, hosted by Boston University.

A search for a coach will begin this winter. The head coach of the 2011 team, Dave Alexander, passed away in July 2012 after a two-year battle with appendix cancer. Alexander founded the women's swimming and diving program and coached both the men's and women's teams from 1995 until the team's hiatus.

According to the Athletics website, Chris Brandenberger is the team's current head coach. Brândenberger was named interim head coach of the program in July 2012, shortly after the passing of Alexander. He was named assistant coach of the team in October 2010.

The women's swimming and diving team will begin competing in the fall of 2017, once the pool is completed. No announcement has been made about a possible return of the men's team.

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