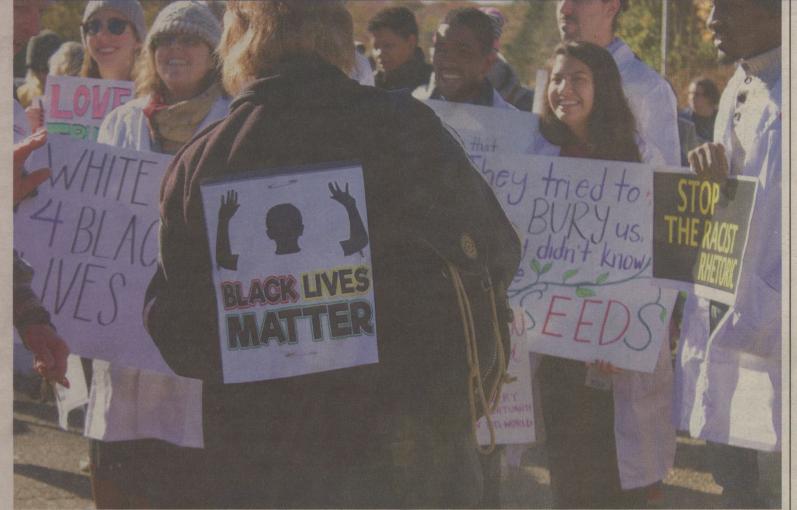
# STATESMA INFORMING STONY BROOK UNIVERSITY FOR MORE THAN 50

Volume LX, Issue 11

Monday, November 14, 2016



ARACELY JIMENEZ / THE STATESMAN

Students and Stony Brook community members marched from the LIRR station on campus to Route 25A near Bagel Express on Saturday, Nov. 12. The demonstration was in protest of racial injustice in the United States.

## East Side Dining vendors set to open throughout the week

#### By Mahreen Khan Assistant News Editor

East Side Dining will be hosting its grand opening on Nov. 14, presenting a number of new food court style options.

The dining hall will be introducing "retail concepts," including a southwest eatery, an Italian express station, multicultural food choices and a convenience store - all on a staggered schedule during its first week of opening. The staggered schedule, according to an email sent by Campus Dining on Nov. 10, is intended to account for "effective staff training and adjustments based on student feedback."

The new dining hall will be ad-

hering to strict halal food requirements, including supplies and preparation methods, all of which have been approved and reviewed by the university's Islamic chaplain. Additionally, the new initiative is intended to bring to campus a greater variety of palatable tastes, similar to those offered in Mediterranean and Southeast Asian countries. These offerings are "gyros, falafel, tandoori chicken and salmon, kabobs, rice, bowls, naan sandwiches, pizza, and vegetarian and vegan options," according to the Faculty Student Association website. The Southwest selection will bring back old school

Continued on page 2



The new East Side Dining hall will feature a number of new retail concepts, including a convenience store.

sbstatesman.com

**Toll Drive** dorms named after civil rights activists

**By Chereese Cross** Contributing Writer

The Stony Brook Council honored the legacy and contributions of César Chávez and Harriet Tubman on Oct. 10 when the group confirmed the names of Stony Brook University's new residence halls.

César Chávez Hall and Harriet Tubman Hall, both named after the prominent civil rights activists, reflect the university's goal of increased diversity on campus.

"Stony Brook is a community where all are welcome and where our commitment to diversity is essential to providing an environment that not only promotes academic achievement, but also inspires compassion and tolerance," Stony Brook University President Samuel L. Stanley Jr. said in a statement.

César Chávez was a Mexican-American labor organizer. He founded the National Farm Workers Association (NFWA) in 1962, which later became United Farm Workers (UFW). He devoted his life to advocating for issues that pervaded poor farm workers, according to the United Farm Workers website.

"I think it's good because Stony Brook is recognizing diversity on campus where there [are] African American and Latino students," Tuesday Love, a senior biology major, said.

Harriet Tubman, an African American born into slavery, was an abolitionist and humanitarian. She is recognized for escaping slavery and

Continued on page 3

tony Brook students react to Trump's unexpected presidential win

#### **By Michaela Kilgallen** News Editor

After a controversial and polarizing year of campaigning, Donald Trump was elected the 45th president of the United States on Tuesday with a total of 279 electoral votes, according to the Associated Press.

Since word of Trump's official win, public response has ranged from utter disappointment to cheerful optimism. Members of the Stony Brook community shared their take on the historic election.

Allie Zigomalas, junior history and art history double major

"I feel empty. As a young woman, I just watched a professor I admire cry, and it's devastating to watch how it's affecting first wave feminist fighters on this campus. It's terrifying."

Nick St. John, sophomore electrical engineering major

"I'm not going to lie, I voted for him so I was happy just because I didn't trust what the other candidate was bringing to the table. But I was surprised. I definitely did not think that would be happening yesterday. I think either way, Americans always pull through no matter who's in office."

Andrew Glass, freshman journalism major

"I was very, very shocked, especially because seeing all the projections, I really think most of the country was kind of blindsided by it. I feel like seeing everyone fight over it is really what we shouldn't do. What we should be doing is trying to figure out a way to become a united country."

Jiawen Shen, junior psychology major

"I was left speechless honestly. I'm an immigrant, I'm a minority and I'm a woman, and I feel like with Trump being president, people like Brock Turner, the rapist, will be out and open and be proud because this culture is being celebrated by a man who said, 'Grab them by the genitals,' judges women by their body shapes, called his opponent a nasty women and talked about her menstruation period. The list goes on."

#### Carlton Johnson, senior political science major

"I know it was predicted that it was going to go back to the republican side, but I was still kind of generally disappointed that the American people still

#### Continued on page 3



News Individual arrested for trespassing. Check out criminal activity on this week's police blotter MORE ON PAGE 2

Arts & Entertainment

**Stony Brook Hillel** hosts Peace by Piece. Art and Israeli culture joined to promote peace and unity. MORE ON PAGE 6

Opinions The paradox of having too many choices. Limiting options of choice may be better for you. MORE ON PAGE 8



Sports **Basketball hosts** 

season opener. See how the Seawolves fared against Columbia. MORE ON PAGE 12

# NEWS

## East Side Dining welcomes new take-out eateries

#### Continued from page 1

favorites like the greatly missed burritos, as well as newer Tex-Mex dishes of tacos and rice bowls. The deli will be bringing the crossover quesadini to dining tables as well. The new dish is a quesadilla-panini hybrid.

Also new to the Kosher menu are grilled chicken wraps, Philly steak sandwiches and Texas Wrangler burgers.

Campus Dining has stated that East Side Dining will be fully operational by Nov. 30. The team has revealed a timeline of when each food concept is scheduled to open, the earliest being the deli at 9:00 a.m. starting Monday Nov. 14. FSA will be moving its campus headquarters to the new dining location and will be open to students and staff Nov. 14. The same take-out/dine-in options currently available in eateries across campus will be featured.

With the opening of East Side Dining comes the official Nov. 22 closing date of Union Commons. Union Starbucks' last day of service will be Nov. 29, while construction continues on the Melville Library Starbucks scheduled to open Jan. 23.



LUIS RUIZ DOMINGUEZ/THE STATESMAN East Side Dining continue offering dine-in and takeout options like the dining hall in Roth Quad, above.

On Tuesday, Nov. 1, at 4:26 p.m., a resident assistant allegedly found alcohol during a safety check in Greeley College. Police issued two student referrals.

On Wednesday, Nov. 2, at 11:51 a.m., an individual allegedly stole a brace and pills from the training room in the basement of LaValle Stadium. The case is now closed.

On Wednesday, Nov. 2, at 9:30 p.m., an unknown individual allegedly stole a bicycle from Indoor Sports Complex. The case remains open.

On Friday, Nov. 4, at 2:18 a.m., police arrested an individual for allegedly driving under the influence of alcohol on Circle Road and Roosevelt Drive.

On Friday, Nov. 4, at 2:50 p.m., a Stony Brook University Hospital patient allegedly hit a staff member on the back of the head. The staff member decided not to press charges. The case is now closed. On Friday, Nov. 4, at 11:45 p.m., police issued 5 student referrals for marijuana in Roosevelt Quad.

**Police Blotter** 

On Saturday, Nov. 5, at 5 p.m., an unknown individual allegedly stole a bike from Mendelsohn and H Quad. The case remains open.

On Sunday, Nov. 6, at 7:29 p.m., a resident assistant allegedly smelled marijuana in Langmuir College. Police issued two student referrals.

On Sunday, Nov. 6, at 5:36 p.m., an individual was allegedly holding class without permission in Harriman Hall. Police artested the individual for trespassing.

On Monday, Nov. 7, at 1:09 a.m., an unknown individual allegedly stole a coat from West Side Dining. The case remains open.

On Tuesday, Nov. 8, at 8:35 p.m., staff at the Stony Brook University Hospital allegedly found drugs on a patient in the Emergency Department. The case is now closed.

Compiled by Brittany Bernstein

On Wednesday, \*Nov. 9, at 1:06 p.m., an individual allegedly falsely activated a fire alarm on the fourth floor of Melville Library. The case is now closed.

On Wednesday, Nov. 9, at 3:15 p.m., a Stony Brook University Hospital patient allegedly spit on a nurse. The nurse declined to prosecute. The case is now closed.

On Wednesday, Nov. 9, at 5:26 p.m., an unknown individual allegedly fled the scene of an accident on Circle Road and Stadium Road. The case remains open.

On Wednesday, Nov. 9, at 8:01 p.m., an unknown individual allegedly falsely activated a fire alarm in the east corridor in Melville Library. The case remains open.

On Thursday, Nov. 10, at 1:28 a.m., police issued a student referral for smoking marijuana in Roosevelt Quad.

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#### **The Statesman**

News

# Chávez and Tubman Halls increase bed availibility on campus

#### Continued from page 1

later becoming the "conductor" of the Underground Railroad, a secret route used by the enslaved to escape the South. In 2020, her face will officially replace Andrew Jackson's on the \$20 bill, according to a New York Times article.

"I think that having these two names is the step to show that we're an inclusive campus and we do value diversity and social justice," Eduardo Diaz, the associate director of residential programs for apartment living, said. "It goes to show that the university is trying to be meticulous and understanding, making sure that names do create a positive message for future generations to come."

On a campus where Latinos make up 11 percent of the student body and blacks make up 6 percent, according to the university, some students applauded the decision.

"They're making an effort to be inclusive, so I praise them for that," Victor Akinfenwa, junior health science major, said.

César Chávez hall opened earlier this semester, and Harriet Tubman Hall is set to open in January. Both buildings are located between Mendelsohn Quad and Toll Drive and together will have space for 759 students. Chávez has space for 302 beds and Tubman will have space for 457. Stony Brook University, already the largest residential campus in the SUNY system, will have over 10,300 beds.

"I think it's a decision which shows solidarity with a lot of the student body that has shown an interest in kind of raising awareness of current topics of discussion like race and inclusion," junior biochemistry major Alexandar Horvitz said. "And I think it's something that the school hasn't done enough of in the past, and it's about time.



Chávez Hall opened in the fall of 2016 after construction setbacks. The second phase of the Toll Drive project, Tubman Hall, is scheduled to open in January 2017.



MANJU SHIVACHARAN / THE STATESMAN

The construction of the Toll Drive project, now Chávez and Tubman Halls, began in the summer of 2014. As of November 2014, the area was cleared and building was underway.

# Trump victory draws mixed reaction

Continued from page 1

voted for him. I'm more worried about the supporters of Trump that came out of this election more than the government side of it because there are still rules and regulations that he has to follow. I'm not expecting anything super drastic, but I'm more worried about the supporters.'

Rishi Sohi, freshman biomedical engineering major

"I wouldn't say that I was shocked, but mainly I was shocked by the margin and how he won most of the swing states. Clearly everyone wanted to vote for him for a reason, so maybe there's more that I don't know. I'm hoping it will lead to a bright future, but we'll just have to see how it goes."

Anghel De Las Casas, freshman computer science major

"I didn't expect it. I woke up to the news this morning. I'm kind of optimistic about it. Maybe it's not going to be that bad." Sijia Huang, applied mathematics graduate student

"I was a little bit surprised because I didn't expect he would win. I noticed many Chinese Americans are voting for Trump. It makes me think they care that they are citizens, and they don't want anyone else to become new citizens, so nobody will take their place. It's a little bit disappointing.'

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As a show of our longstanding commitment, we are happy to continue rebating fees our members incur at Island's ATMs located on campus.

We're happy to remind our members that we have signed a lease agreement for a new branch on Route 25A, located opposite the Stony Brook train station. While the shopping center is not scheduled for completion until next year, we wanted to be sure that everyone is aware of our continued physical presence near campus, and our commitment to Stony Brook.

We thank you for your continued loyalty and are proud to still be a part of the university community for many years to come.

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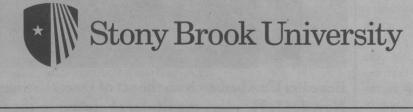
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# ARTS & ENTERTAINMENT Jewish student community hosts peaceful event the day after the election

#### By Jess Stoneburner Contributing Writer

In the aftermath of a presidential election that caused a national uproar, students found solace in a "Peace by Piece" event hosted by Stony Brook Hillel, a community for Jewish students.

The event, held in the Student Activities Center Ballroom A on Nov. 9, the day after Election Day, aimed to promote and spread awareness about Israeli culture. Hillel hosts various events and holiday celebrations, offers leadership opportunities and coordinates with different organizations to provide internships in Israel.

"After everything going on after the election, it's good they had this today," Nadya Kadayifci, a junior computer science major, said. "It reminds us that even though there's division in America, we can still come together with events like this."

Several organizations including Birthright Israel, Onward Israel and Masa Israel Journey were set up at the event with free bags, reusable water bottles, pens, playing cards and informational flyers about their missions and opportunities.

Students explored the room from the food table to the cardboard cut-out photo booth to the three-sided interactive art piece. On two sides of the art piece, students were encouraged to write what peace means to them. On the other, people put plastic gloves on, pressed their hand onto a paper plate with the paint color of their choice, and placed it on the board with "peace" written in different languages.

The event featured free food, giveaways and crafts that captured student interest. Students also used the event to find unity and peace after the results of the presidential election just earlier that day that caused nationwide tension.

Student's quotes about peace on the poster board said things like, "I believe peace is when we can accept each other and live in harmony," "Peace is when people learn to respect differences," and "Peace is unity." The idea of the 'Peace by Piece' event came from Arielle Markiewicz, a business major and intern for Hillel through the Soroff Family Israel Fellowship. Because her mother is an art teacher, she felt inspired to combine her love of Israeli culture with art.

"I grew up with a mixture of Israel and art," Markiewicz said. "I wanted to combine it to inspire peace and unity."

Rachel Chabin, a sophomore Spanish and global science double major and member of Hillel, wanted to help out with the event to bring more attention to the current political climate of Israel.

"Israel is really misunderstood politically," Chabin said. "There's a lot more to that conversation, and this event invites people to come together to understand better."

China Blue, a campus radio show geared toward local Chinese-American students and community members that have an interest in Chinese culture and music, had their own table set up at the event. Members of the club were showing students how to make a Chinese good-luck knot with red cord.

"The knot is symbolic of good luck and Chinese culture in general," Wendy Zhao, a theater major and China Blue historian said, adding that in China, people have them in their homes and on their key chains to keep negative energy away. "I thought it'd be a good idea around midterm week to teach it and to spread some good luck around."

At the event's official closing time of 2 p.m., the ballroom was still alive with the sound of Israeli music videos playing on the projection screen and students posing in the photo booth and speaking to different organizations.

On the peace board there was a new entry, reading simply, "unity."



A student places her painted handprint on the interactive art piece, which is meant to promote peace and unity.

# Wine, cheese and a side of political paintings

#### By David Pepa Contributing Writer

Although Election Day had everyone on their feet, the Political Portraits Wine and Cheese Reception at Toast Coffeehouse in Port Jefferson on Nov. 8 gave people a new way of looking at politicians.

On Election Day, people were out voting and worrying what the results were going to be. The reception gave people a chance to take a step back from the stress of the election and view it in an artistic way.

"We wanted to create a safe place and the art embraces both sides and as a coffeehouse setting, we always felt that it would be an opportune time that people would come and discuss it," Terry Scarlatos, owner and manager of Toast Coffeehouse, said.

Art was displayed all around the restaurant featuring Hillary Clinton, Donald Trump and other politicians, while various types of wine, cheese and crackers were



In addition to wine and cheese, the event in Ports Jefferson featured election art in the style of Giuseppe Arcimboldo.

were displayed. Owen's "Pie Hole" painting was the only one sold at the event.

Several of the artists that created the paintings came to the reception to enjoy the festivities and to meet the guests and other fellow artists.

Some of these creators were Michelle Stylianou, Stony Brook One piece of art that caught people's attention was the sculpture "Election Night" by Stelios Stylianou.

This piece consisted of both Clinton and Trump drawn on a black background, which was meant to look like both candidates on television.

The sculpture also featured

## **Movie Review: Doctor Strange**

#### By David Pepa Contributing Writer

The latest Marvel movie, "Doctor Strange," took the heroic sorcerer out of the comics and onto the big screen, and the results did him justice.

Director Scott Derrickson brought Doctor Strange to life with a mystical storyline, riveting special effects and a dash of humor.

The plot was interesting from the beginning. Dr. Stephen Strange, played by Benedict Cumberbatch, is a successful neurosurgeon whose world turns upside down when he seriously injures his hands in a car accident.

After seven failed surgeries, his hands remain damaged and he loses his career.

This tragic event makes the story more compelling as Doctor Strange is consequentially introduced to magic.

After Strange learns about the

out on a journey to Kathmandu, Nepal, to search for the person who healed Pangborn.

Once there, Strange meets a student sorcerer named Baron Mordo, played by Chiwetel Ejiofor, who takes him to see The Ancient One, played by Tilda Swinton.

The Ancient One has special powers that could potentially help heal Strange's damaged hands the way she healed Pangborn's.

The actors' performances were captivating. Cumberbatch's role as Doctor Strange kept me at the edge of my seat as I witnessed him use his newfound magical abilities and struggle with his injury.

The aesthetics also captured my attention. The costume design and makeup of the antagonist, Kaecilius, played by Mads Mikkelsen, reflected his dangerously powerful character.

The characters and storytelling in other Marvel movies lived up to expectations and now Doctor Strange continues this streak. Bottom line, Doctor Strange is worth watching.

served to guests.

The artwork curated by Studio E in Miller Place was in the style of Giuseppe Arcimboldo, a painter well known for using objects, such as fruits and vegetables, in his portraits.

"There's a way to always celebrate the artist in this particular group show and it's our goal to allow artists to come together, to discuss their work, meet each other and collaborate," Scarlatos said.

Ben Owens, an artist featured at the event, shared his "Pie Hole" painting at the eatery, which included both Clinton and Trump made out of food. The piece had Trump's hair painted as pasta and his suit painted as blueberries.

Each piece of artwork had prices listed next to where they

alum fine arts major, Katherine Kaiser, Stony Brook graduate fine arts student and Stelios Stylianou, Stony Brook alum studio art major.

"My art has been in here before and some of them have been showing here since 2009," Michelle Stylianou said. "I'm still practicing my art and I try to make paintings whenever I have down time. My husband and I own Studio E Art Classes in Miller Place together."

Not every artist in the coffee house was aware that the event was going to be held on Election Day, however it did make the night interesting for them.

"I didn't expect it to happen on actual Election Day but this is exciting and I feel like this is very fitting for today," Kaiser said. two large three-dimensional hands that reached out from the top of the piece.

One hand was used to represent each candidate and had the names of some of their sponsors hanging from the hands' fingers with string, including Paloma Resources, Home Depot and Saban.

Stelios Stylianou placed his computer in the center of the sculpture in order to watch the results live on NBC News.

"It's a way to display the candidates," Stelios Stylianou said. Although guests could watch the live results on the "Election Night" sculpture during the

Night" sculpture during the event, the final results that announced Donald Trump as the president elect did not come in until much later that night. mysterious recovery of his former patient Jonathan Pangborn, played by Benjamin Bratt, he sets



Benedict Cumberbatch on the set of Doctor Strange in Nov. 2015. He plays the titular character in the film.

#### **Arts & Entertainment**

# ARTSY EVENTS NOW THROUGH DEC. 18

## NOW THROUGH DEC. 18 - LORNA BIEBER: TRACES

This current exhibition at the Zuccaire Gallery in the Staller Center includes black and white murals and montages that the artist Lorna Bieber created over the last nearly two decades. An Art Crawl will take place on Nov. 15 at 3 p.m., and you can meet Bieber at the Artist Talk on Nov. 16 at 2:30 p.m. in the gallery.

## NOV. 16 - MY LIFE AS: NPR'S COREY FLINTOFF

The "My Life As" speaker series, in partnership with SBU's School of Journalism and WSHU Long Island, continues with a lecture by NPR's former senior correspondent Corey Flintoff. He recently returned from reporting in Russia for four years. The event will take place in Frey Hall Room 100 at 7:30 p.m.

## NOV. 17 - 4TH ANNUAL RAINBOW FALL FEAST

The SBU LGBTQ Services is hosting its Rainbow Fall Feast for another year, celebrating the university's LGBTQ community. It will feature dinner, Queer-aoke, crafts, boardgames and dancing. The event will be in Student Activities Center Ballroom B from 7 to 10 p.m.



# Thanksgiving Recipes

### APPETIZER: SPINACH PUFFS

You will need: 1 – 10 oz. package of spinach, chopped 1/2 cup crumbled feta 1/4 cup chopped scallions 1 tbsp olive oil 1 tsp chopped fresh parsley 1 tsp chopped garlic Salt and pepper 2 large eggs 2 sheets frozen puff pastry, thawed but still cold

#### Here's what you do:

1. Mix the spinach, feta, scallions, olive oil, parsley, garlic and some salt and pepper. Then beat one egg and add to mixture.

 Cut the puff pastry dough into 12-16 squares, and place each square into a muffin tin.
 Scoop some spinach mixture into each square. Fold the corners over the filling and pinch together.

4. Beat the other egg with a tbsp of water and brush the tops of the puff pastry.5. Bake at 400 °F for 20 minutes or until golden.

### SIDE DISH: CHEESY PULL APART ROLLS

#### You will need:

12 oz. tube of biscuits
1 cup shredded cheddar
1 tbsp diced parsley
1/2 tsp onion powder
1/2 tsp garlic powder
2 tbsp olive oil

#### Here's what you do:

1. Start by preheating your oven to 375 °F. Then cut each biscuit into fourths and place them into a large bowl.

 Add in onion and garlic powder, parsley, cheese and olive oil. Mix well.
 Take a muffin tin and spray each cup with nonstick spray or coat with

butter. 4. Place 3-4 pieces of cheesy

dough mixture into eachmuffin cup.5. Top each cup with more

cheddar cheese.

5. Bake at 375 °F for 10-13 minutes or until golden.

### DESSERT: PIE APPLES

#### You will need:

 tube of pie crust dough
 granny smith apples
 1/4 cup sugar
 tbsp brown sugar
 t/4 tsp cinnamon (more or less make adjustment as desired)

#### Here's what you do:

 Preheat oven to 375 °F. Cut off the top of 4 apples and discard and hollow out each apple with a spoon.
 Skin and dice 2 apples for the filling.
 Mix apples with sugars and cinnamon in a bowl.
 Scoop diced apples into hollow apples.
 Roll out pie crust and slice into 1/4 inch strips.
 Cover the top of the apple in a lattice pattern with pie crust strips.

7. Place apples in a pan. Add just enough water to cover the bottom of the pan. Cover with foil and bake for 20-25 minutes.

8. Remove foil and bake for another 20 minutes.





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# **OPINIONS**

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ARACELY JIMENEZ/ THE STATESMAN

Vote Everywhere tables were set up the past few weeks in the SAC lobby. Students could register to vote in the upcoming general election, or apply for an absentee ballot.

# The future of voting should be in our hands

By Paula Pecorella Contributing Writer

It seems silly to me that in a time where the most people ever in human history have had a platform to voice themselves, through social media that is, we've nominated the two least favorable and least representative candidates in history. We have a billionaire and a millionaire running for president while approximately half of all Americans are living paycheck to paycheck. We have a democrat and a demagogue who vie for our youthful votes, yet ignore the issues that will affect our generation the most: crippling student loan debt and climate change.

But I feel that these online platforms have the potential to expand themselves into platforms for democracy, where everyone who has a verified profile and social security number may have their vote and their opinions heard equally. No more voter oppression, no more hanging chads, no more absentee or provisional ballots that might not be counted anyway, no more leeway for corruption. There is no doubt that social media has played an enormous role in this election cycle. I believe this is because for the first time in human history, everyone who has

access to the internet has an equal opportunity to voice their opinions, weigh in on how our democratic process makes them feel and access the massive storage cloud of information that the internet provides us.

At the time of the 2008 election, Facebook had approximately 100 million active users. Today, there are 1.79 billion. Let those numbers sink in as you compare the chaos erupted, the corruption exposed and the opinions spread throughout this election season to eight years ago.

There is virtually no more distinction between what Joe Shmoe posted on his blog and what the New York Times editorial pages editor, with years of experience and insight, has to say about the two presidential candidates. Because if Joe Shmoe has more Twitter followers than the esteemed editor, or someone captures his tweet as a meme that goes viral on Facebook, guess whose message is reaching more people? This insanity is arguably what's driving the 2016 presidential election to such extremes, but it also proves the larger point sult of fewer and fewer polling places and Election Day not even qualifying as a national holiday, wouldn't it make more sense to give people the option of voting through a secure online server? No more waiting in line, no more voter role purges, no more anxiety about whether the democrat holding your republican ballot is going to count it properly, or vice versa.

Hacking and cyber attacks are a very real possibility, but that hasn't stopped us from transitioning to a near total dependency of doing everything from banking to dating online. I am confident that if we had the best computer scientists in the world developing this type of program, it could be as secure as any of these other mediums that house our most personal information. And while these are very real threats, we can not let fear of the future inhibit this inevitable progression.

With the next presidential election being held in the year 2020, I feel it's simply time to adapt. It's the 21st century, and technology is not slowing down. So we have to ask ourselves, if we

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New stories are published online every day Monday through Thursday. A print issue is published every Monday during the academic year and is distributed to many on-campus locations, the Stony Brook University Hospital and over 70 off-campus locations.

1

The Statesman and its editors have won several awards for student journalism and several past editors have gone on to enjoy distinguished careers in the field of journalism.

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I'm trying to make in that on the internet everyone has an equal playing field.

With people working longer hours, rural farmers being forced to drive longer distances as a rekeep all of our finances online, if we can earn a full college degree online and if we spend most of our waking hours online, isn't it time we ought to be able to vote online, too?

# The paradox of too many choices

By Saffi Hadi Contributing Writer

We live in a world where top 10 lists fill our news feeds and every product has endless variations. It's great, we can get the best of anything. Why get a toothbrush when you can get the best toothbrush? Not only does it vibrate but it also plays music. Finally, I can get my dose of Hannah Montana while I get rid of my stinky breath. Now picture yourself sleeping over at your friend's house, with your brand new Hannah Montana toothbrush, go to set it down on his (or her, we don't discriminate) sink. What do you see? A beautiful toothbrush with interchangeable heads! It can be a water flosser or a vibrating toothbrush (which I'm sorry to say vibrates much better than yours.) Now don't you feel awful? You thought you bought the best toothbrush, but you didn't.

So, is having more choice actually better? One would think that having more choice is freeing, right? With more options we can choose from so much more. But

Continued on page 9

### By limiting your choices you could reduce your stress

#### Continued from page 8

that may not be true, more choice may in fact be paralyzing. Economist Barry Schwartz talks about this in his book, "The Paradox of Choice." He goes on to say that too much choice leads to anxiety and regret in shoppers. The anxiety stems from choice overload, this is when people have a difficult time making a decision when they are faced with many options. The regret stems from the feeling of choosing the wrong option, finding out that one of the options we thought to forgo was actually a better one.

Sheena S. Iyengar, a professor of business at Columbia Business School wrote a paper in 2000 called "When Choice is Demotivating." In this paper she runs different studies to show how more choice can actually be paralyzing. In one of her experiments, she offers students in an introductory social psychology class the opportunity to get extra credit if they are to write a two-page paper. Easy enough, right?

There were two groups of students, one group was given only six potential essay topics while the other group was given 30 potential essay topics. The results? "Of the 70 students assigned to the limited-choice condition, 74 percent turned in the assignment. In contrast, of the 123 students assigned to the extensive-choice condition, only 60 percent chose

to complete the assignment." That's a massive drop after being given more options. Since having more options gives us anxiety, regret and paralyzes us, are we sure it is best to live in a world where we are flooded with options?

Now, I am not preaching that we should all start wearing uniforms and eating pre-packaged meals delivered to our homes, all I am saying is that we should be aware of the risks that come with too much choice. It's easy to get paralyzed when thinking of situations with too many options, such as one we all know too well, what our careers will be after college. When the quantity of options gets too high there are a few things you can do to deal with the stress that comes with it.

First, try to limit your choices into a smaller group. Limiting your choices will keep you from getting overwhelmed by all the possibilities. Pick a set of rules or guidelines that the choice must satisfy for you to choose it. Next, when you do pick an option, see it through. Don't worry about what could have been if you picked another option. Finally, if after sticking with the option you realize it wasn't what you wanted, remember you can always pick something else later on. You don't always need the best, just what is good for you.

What I am saying is, buy that Hannah Montana toothbrush. Don't worry about your friend's ultra-cool multi-head toothbrush because if your toothbrush does the job well for you, it is the toothbrush for you.

# emember that failure is not

**By Andrew Goldstein** Assistant Opinions Editor

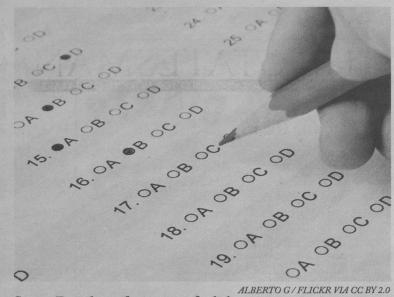
Back in high school when people made pages for individual jokes on Facebook, my friends and I all liked a page that claimed losing your pen would ruin your life. The reasoning given was that losing your pen would equal no notes, which would equal no studying, which would lead to failing. No diploma would mean no work, which would mean no money, which would mean no food, so you'd fall into a depression and die.

In college, it's hard not to feel the same way when you do poorly on a test. You look at the class average of the BIO 203 midterm. 59. Your grade? 42. That's it. Medical school is probably too hard for you anyway. Might as well learn how to hunt and move to Costa Rica or figure out how to survive the rest of your life working in retail.

Or maybe you forgot to study all of the concepts for your international relations test and no matter how many examples you gave, your professor wasn't satisfied. That 96 you were expecting? 73. Great.

It's so easy, in a pressure cooker school like Stony Brook, to feel depressed, pessimistic and gross when these grades show up on Blackboard and stare at us. But don't worry. Everything will be OK.

In BIO 203, it is mathematically possible to get a zero on a test and end up with a raw final score of 68. In CHE 321, you can get a zero on a midterm



Stony Brook students may feel the pressure to pass every class and exam, but failing doesn't mean the end of the world.

and still have a raw 83 percent. And even if mathematically you're out of the running for that dream grade, classes are always salvageable.

You do so much more harm to your mental state and your grade point average when you shut down and give up on studying for the next test or on doing homework or on even showing up to class anymore.

"This course isn't the end of the world and this particular test isn't the end of the world," Isaac Carrico, one of the CHE 321 professors, said. "There are four major exams and lots of other points in other places, so if you have one terrible exam and three great ones we're certainly not going to kill you on that one exam."

Now, this doesn't mean you should shrug off a failing grade and think you're in the clear and

"who cares?" Doing worse than expected should be taken as a wakeup call to double down on studying and reviewing so that you do twice as well on the next one.

Carrico's advice for students who aren't happy with their grades thus far: "The best way to deal with it is to know that it's not final. Usually when we have kids who work hard who have a bad exam, they tend to recover OK. Take advantage of all of our resources and do well on the next test. There's enough time left in the semester to bring your grades up."

I could probably write a whole dissertation on people who failed a test or failed a class or even failed out of school yet ended up successful, happy and able to eat food on a regular basis.

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**Sports** 

# Seawolves in the Pros: Checking in on Stony Brook Baseball's alumni

By Tim Oakes Staff Writer

#### Joe Nathan 41 years old San Francisco Giants

Nathan became the first Seawolf to be drafted by a Major League Baseball team when the San Francisco Giants chose the righty in the sixth round of the 1995 draft. Twenty-two years later, he is still playing professional baseball. The Minnesota Twins alltime save leader underwent his second Tommy John surgery in 2015 at the age of 40. Once healthy, midway through the



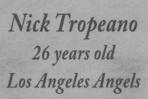
2016 season, he signed with the Chicago Cubs before getting released in August. Nathan was picked up ten days later by the San Francisco Giants and did not allow a run in seven appearances. Despite this, he did not make the Giants postseason roster. Now 41, Nathan is currently a free agent and is unsure whether he will continue to play professionally or if he will retire.

#### Tom Koehler 30 years old Miami Marlins

Koehler made his debut with the Miami Marlins then known as the Florida Marlins — in 2012 and has become a staple in the team's pitching rotation in recent years. He is the first Marlins pitcher to start at least 30 games in three consecutive seasons since Dontrelle Willis did so from 2004-07. In 2016, Koehler went 9-13



and posted a 4.33 ERA, along with 147 strikeouts. At Stony Brook, Koehler sits third place on the Seawolves all-time strikeout list and fourth in innings pitched. The five year MLB veteran is a routine guest at Stony Brook homecoming and was inducted into the Stony Brook Athletics Hall of Fame in October.



Tropeano is the only other pitcher in America East Baseball history to have won two Pitcher of the Year award titles. He falls just behind Koehler on the all-time school strikeout list at fourth place. After playing his first season with the Houston Astros in 2014, Tropeano was traded to the Los Angeles Angels of Anaheim, where he spent the past two seasons solidifying his role in

#### Travis Jankowski 25 years old San Diego Padres

The 2012, the America East Player of the Year was the offensive catalyst of the Seawolves when they made their historic run to the College World Series. He holds the university record for hits, stolen bases, triples and runs scored in a single season. Jankowski is the only Seawolf position player to make an MLB roster. The



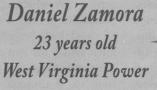
the team's pitching staff. In two seasons with the Angels, he has struck out 106 batters in 106 innings pitched. Injuries quickly rattled the Angels pitching staff, arguably dubbing Tropeano the team's best starting pitcher up until he suffered his own injury. The 26-year-old underwent Tommy-John surgery this summer and could miss most, if not all, of the 2017 season.

# SALLE CUN

former San Diego Padres first round draft pick occupied center field during the majority of his starts in his rookie season. His .110 walk per plate appearance ratio was highest of any Padre player with a minimum of 300 at bats in 2016. He also stole 30 bases and has built a strong case to become the Padres' future leadoff hitter.

### Pat Cantwell 26 years old Round Rock Express

Cantwell, a 2012 Stony Brook graduate, was drafted by the Texas Rangers in the third round of the MLB Draft the same year as Jankowski. He was teammates with Tropeano during his award winning seasons and played with Jankowski on the 2012 College World Series team. He almost signed with the Baltimore Orioles after the 2011 season, but Stony Brook head coach Matt Senk convinced him



After a lackluster freshman college season in which he posted a 5.11 earned run average, Zamora raised eyebrows in his sophomore year by fanning 80 batters in 81 innings pitched to couple a 3.00 ERA. The former Stony Brook ace was drafted by the Pittsburgh Pirates in the 2015 MLB Draft, but has yet to start a game on the



that the best thing for his career was to stay at Stony Brook for his senior year in 2012, in order to refine his skills. Cantwell did just that and helped lead the Seawolves to a storybook run. Senk's advice paid dividends, as Cantwell was drafted in the third round of the 2012 draft. He currently plays for the Round Rock Express, the Rangers organization's triple-A affiliate, and batted .262 for the team in 2016.

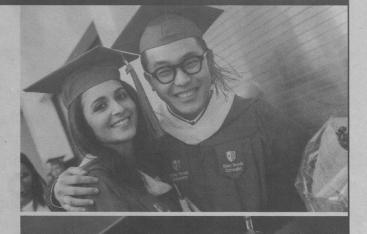


mound with the organization. The Pirates converted the lefty into a relief pitcher and he has thrived in his new role. Zamora has a 3.19 ERA to couple 70 strikeouts in just 59 innings pitched in two seasons with the organization. He is currently playing for Pittsburgh's single-A affiliate, the West Virginia Power.

# Attention, December Candidates

#### **CONGRATULATIONS, CANDIDATES!**

To attend the December Commencement Ceremony, candidates are required to complete the **Ceremony Registration Form**, available on SOLAR, by **December 4, 2016**.



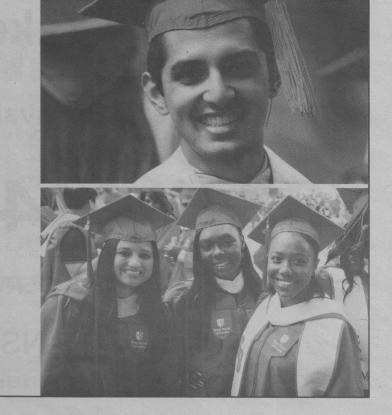
**THURSDAY, DECEMBER 22, 2016 December Commencement Ceremony** Island Federal Credit Union Arena • 11 am

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### fter the **Buzzer:** Walker's presence missed in Seawolves opener

**By Skyler Gilbert** Sports Editor

When Stony Brook guard Ahmad Walker was dismissed from the team in September, it was clear that his presence would be missed from the Seawolves.

The expected backcourt combination of Walker at shooting guard and senior Lucas Woodhouse at point guard was enticing for Stony Brook fans. Woodhouse's ball-handling and playmaking complemented Walker's athleticism and ability to drive to the basket. The guard duo could have kept Stony Brook relevant amid its rebuilding effort following the graduation of three-time America East Player of the Year Jameel Warney.

But in the wake of Walker's arrest and consequent departure from the team, questions were raised. Who would be the Seawolves' two-guard? Would transfer U.C. Iroegbu be able to step up in the role? What about senior Kameron Mitchell?

While Friday night's season opening loss against Columbia offered the first look at the team's new offense, it didn't offer any answers to the questions surrounding the backcourt.

Iroegbu made his Seawolves debut, starting at shooting guard for the Seawolves, but he struggled badly on offense. The junior took seven threepoint attempts - many of which were open shots — but missed all of them. In transition, Iroegbu seemed out of control, and on defense, his 6-foot-0 frame was too small to guard many of Columbia's shooters.

Iroegbu passed well, totalling three assists and no turnovers, and his on court point differential of plus-13 was the best on Stony Brook. Overall, however, the transfer's debut seemed to be a disappointment.

In the 20 minutes he played off the bench, Mitchell performed well for the Seawolves, scoring seven points on 3-for-3 shooting on offense. On defense, he drew a charge, a staple of his game, and seemed to play well on that end.

But Friday offered another possibility for Stony Brook at the shooting guard position. Both junior Roland Nyama and freshman Akwasi Yeboah looked sharp for the Seawolves, split-

## Men's Soccer season ends in semifinals loss to Hartford

**By Gregory Zarb** Staff Writer

The No. 1 seeded Stony Brook men's soccer team was unable to reach the finals of the America East Tournament after falling to No. 5 seed Hartford, 2-1, Wednesday night at Kenneth P. LaValle Stadium.

The Seawolves gave up a goal

and

with 10 seconds left in SBU HART the first half 2 battled throughout

the second half, looking for an equalizer.

Freshman midfielder Macdara Heanue was able to score the tying goal, but the Hawks scored the game-winning goal with only four minutes left in the game.

"I thought it was a scrappy game," head coach Ryan Anatol said. "Both teams didn't want to give up much. In games like this, when you give up two goals, it's difficult to win."

Heanue was able to tie the game at 1-1 with 10 minutes to play in the second half. Junior forward Vince Erdei turned on his defender with the ball and drove to the goal. He sent a cross on the ground past the keeper to the back post. Heanue was able to hammer the ball home one-time, as the crowd erupted with cheers.

"I was very proud of the guys," Anatol said. "They were able to get a goal in the second half to tie the game up. They were able to put us and themselves in a good position to win."

But Stony Brook fans went quiet just six minutes later.

The game-winning goal came with only four minutes to go in the second half from Hartford. Freshman defender Kelechi Akujobi sent a long ball in the air into the box, where freshman midfielder Bastian Stech was able to get a head on the ball. His header hit the crossbar and

> a four-point lead going into the fourth quarter.

Despite the tough third, the Seawolves still found themselves in the game late in the fourth as





ARACELEY JIMINEZ / THE STATESMAN

Freshman midfielder Macdara Heanue, above in white, winds up to strike the ball in a semifinals loss to the Hartford Hawks on Nov. 9 at Kenneth P. LaValle Stadium.

bounced down past the goal line to give Hartford a 2-1 lead. Four minutes later, the season was over for Stony Brook.

With only 10 seconds to go in the first half, the Hawks drew first blood. Freshman midfielder Alexis Triadis launched his free kick into the box, where it found the head of sophomore forward Andri Jonasson. From there, he headed the ball past McMahon and into the net to put the Hawks up 1-0 at the break.

"They did a good job on a restart to get a goal," Anatol said. "But in games like this, when you give up two goals, it's difficult to get a win."

From the beginning of the season until now, Anatol said that he could not have been prouder of his players, and says they've been growing as players ever since the start of the year.

"There's been a lot of growth," Anatol said. "It didn't just start at the beginning of the season, it started back in January. The guys came in and worked hard

each day and set high goals for themselves. Their hard work and belief in the system helped put them in position this season to be successful."

Despite their season being over now, Anatol believes that they will come back stronger next year, even after losing seniors.

about next season. "When you look at the group, a majority of them are returning. We will be losing three seniors, but with a majority of players returning next year, I expect them to continue to work hard and get better each day."

ARACELY JIMENEZ / THE STATESMAN

Stony Brook's season ends with an overall record of 9-6-3, "It's exciting," Anatol said its best record in four seasons.

Wednesday night marked the second time in as many

seasons that Stony Brook's season ended on its own field.

Offense stalls late in Women's Basketball's opener at Iona, team falls 57-46

ting minutes at small forward. The two combined for 27 points and, while Yeboah was a tad inefficient, both looked aggressive on offense.

If head coach Jeff Boals feels comfortable with one of the two at the two-guard, both could play at the same time and the team could roll out a starting lineup of Woodhouse, Nyama and Yeboah, with junior forwards Junior Saintel and Tyrell Sturdivant in the front court.

One source of apprehension for Boals may be that Nyama is not a traditional guard. He is 6 feet 6 inches, a bit large to cover the quick guards of conference foes Vermont and Albany, and is not experienced as a primary ball-handler.

But if Iroegbu's struggles continue past one game, and Nyama continues to play efficient basketball off the bench, it may be the best option that Boals has.

57-46 loss in their season-opener against the Iona Gaels at the Hynes Center in New Rochelle, New York on Friday night.

It was a tale of two halves for

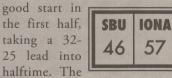
the Stony Brook Women's bas-

ketball team as they suffered a

**By Christian Cangiano** 

Contributing Writer

The Seawolves got off to a



team shot 13-for-28 from the field in the first half, led by senior guard Kori Bayne-Walker's 12 points on 4-for-5 shooting. The game turned midway through the third quarter as the Stony Brook offense went cold. The Seawolves shot just 2-for-14 from the field in the third, including missing their final 11 shots in the quarter. Iona closed the final 6:36 of the third quarter on an 11-0 run to go from a seven-point deficit to

senior forward Elizabeth Manner made a layup to cut the lead to four with 2:43 left in the game before the Gaels closed out the game on a 7-0 run to seal it.

Stony Brook only shot 6-for-30 in the second half, ending the game shooting just 32.8 percent from the field. The team also had a tough night on the glass, getting outrebounded by Iona, 47-29.

Not only did the team shoot 20 percent from the field in the second half, but throughout the game, Stony Brook only shot a paltry 16.7 percent from three all night.

Bayne-Walker led the team in three-point shooting percentage, going 2-3 on the night. Senior guard Christa Scognamiglio, who was touted as one of the best scorers on the Seawolves

KRYSTEN MASSA/ STATESMAN FILE Senior guard Kori Bayne-Walker drives with the ball against UMass Lowell last January at IFCU Arena.

coming into the season, was held without a point.

Bayne-Walker led the Seawolves with 17 points and three assists in the loss. Manner had a strong offensive night as she scored a career high 13 points along with pulling down a team high seven rebounds. The Gaels were led by sophomore guard Alexis Lewis who scored a gamehigh 18 points and grabbing eight rebounds.

The Seawolves will look to bounce back from the tough road loss as they return home to play their home opener against Hofstra University at Island Federal Credit Union Arena on Monday night at 7 p.m..

# SPORTS



ARACELY JIMENEZ / THE STATESMAN Junior running back Donald Liotine (No. 33, above) carries the ball against Maine on Nov. 11 at Kenneth P. LaValle Stadium. Stony Brook lost to the Black Bears, 27-21.

## Football's valiant comeback falls just short Stony Brook falls to Maine, 27-21, as FCS Playoff hopes are dashed

**By Skyler Gilbert** Sports Editor

With four losses on the season, the Seawolves could not afford to drop another football game and still make the Football Championship Subdivision playoffs.

Such postseason chances grew bleaker and bleaker as Saturday afternoon's game against Maine progressed.

In the third quarter, the Kenneth P. LaValle Stadium score-

board showed a lopsided 27-0 score in the Black Bears favor, and, to



sophomore that point, quarterback Pat Irwin - who was making his first career start — and the Seawolves offense had not done anything to hint at optimism.

Despite long odds, a large deficit and a rapidly-depleting student section, Stony Brook amassed a valiant comeback — though not quite heroic — ultimately falling short on a late turnover, losing to Maine, 27-20.

The tide began to turn in the Seawolves' favor with about 21 minutes remaining in the game.

Then the defense — who had not done much in the game to warrant a glimmer of hope either ---stepped up.

Junior defensive back Travon Reid-Segure jumped the route of the receiver with whom he was matched, intercepting a pass and prancing into the end zone. The score was whittled down to a more manageable margin - Maine 27, Stony Brook 14 --- with still more than a quarter to play in the contest.

"We felt like we had to get a turnover at some point," Reid-Segure said. "It definitely felt like a momentum shift. You could see the change. Players, fans, everything just seemed a lot more exciting.'

Early in the fourth quarter, Maine appeared to put the game out of reach once again. Senior quarterback Dan Collins found freshman running back Josh Mack on a wheel route pass around the right end. Mack ran the ball 29 yards for a touchdown, only for the play to be nullified for offensive pass interference, an illegal pick play, giving Stony Brook life once again.

The Seawolves took full advantage, as Liotine broke through the line of scrimmage and past the defensive secondary for a 50-yard scamper into the end zone. With 11:03 left in the game, Stony Brook, in what seemed like an instant, had cut the score to 27-20.

to a shoulder injury - completed only one of seven passes in the fourth quarter, culminating in an interception in the Seawolves' final offensive play of the game.

"It was definitely an experience I'll never forget, starting my first game," Irwin said. "But I wish we came out on top today."

Irwin made some strong throws in his debut. In the first quarter, he found junior fullback Anthony Anderson in the flat on a bootleg pass play. Later on, he threaded a pair of balls to junior wide receiver Ray Bolden on out patterns.

But the deficit proved too much for a first-time starter to overcome.

Maine built such a lead on the shoulders of Mack, who, aptly surnamed, trucked through the Stony Brook defense for 147 yards on 39 carries. The freshman exposed the interior of the Seawolves' 4-3 scheme, as the Black Bears repeatedly ran inside zone rushes for solid gains.

"I'll look at the tape," head coach Chuck Priore said, bluntly.

With playoff hopes eliminated, Stony Brook will focus its efforts on one final game, a rivalry matchup with Albany,



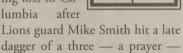
Junior forward Roland Nyama pictured in a 2015 game.

Men's Basketball loses to Columbia in Jeff Boals' head coaching debut

#### **By Kunal Kohli** Assistant Sports Edito.

After the final buzzer sounded on Friday night, freshman forward Akwasi Yeboah stayed on the court. He stood at the free-throw line in a filtered-out Island Federal Credit Union Arena and shot. Having missed three of his four foul shots in the game, Yeboah tried to shake off the rust.

But shaking SBU off a 73-66 season-opening loss to Co-



66

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73

is hard. "It's Division I basketball. Welcome," junior guard Roland Nyama said. "I mean, it's better to learn the hard way than to sneak away and maybe have a false perception of it. It's hard to win games at this level — it's the highest level you can play at."

Nyama was Stony Brook's go-to guy throughout the game, scoring 16 points on the night. After Columbia had taken its first lead of the game, 12-11, Nyama got the ball on the baseline and slammed in a two-handed dunk. He later scored a three-pointer and a bank shot to turn the Lions' 26-21 lead into a tie game.

"My mindset coming into the game was to bring energy," Nyama said. "No matter what or how, even if I didn't have the scoring night I had, I was trying to be active on the glass. I was trying to

ing over length [in the first half]," Sturdivant said. "In the second half I relaxed a little bit and was confident in myself, stayed confident in myself and started to finish a little bit."

Late in the second half, Nyama scored on a tip-in layup that cut Columbia's 65-61 lead to two. Senior guard Lucas Woodhouse hit a jump shot to tie the game at 65, just 20 seconds after, leaving only two minutes on the clock. The crowd was electric on its feet, as the seconds ticked down.

Columbia scored a three to push the team ahead, 68-65. Yeboah was fouled on Stony Brook's ensuing possession. He made his lone free throw - his 11th point of the game - and the seconds ticked down further. It was 68-66 with 1:20 remaining on the clock.

Stony Brook forced the ball into the hands of Smith, with Nyama in his face. Smith threw up a heave as the shot-clock buzzed. Swish.

"It's a tough shot," Nyama said with a laugh. "I'm, what, six inches taller than the kid? And the kid swished it over me. It just wasn't meant to be, I guess."

Head coach Jeff Boals called a timeout but all was lost. His Stony Brook debut, along with the debuts of four players, was off to a rough start. But not everything was as bad as it seemed. The team had a total of 20 offensive rebounds.

"Love the fight of our guys,"

With star running back Stacey Bedell struggling, having totaled just 20 yards, Stony Brook inserted junior running back Donald Liotine for late-game pass protection and he made an immediate impact.

The stout back carried the ball 35 yards on his first touch, setting up his own touchdown three plays later with 4:03 remaining in the third quarter. The score pulled Stony Brook within 27-7.

While the Stony Brook defense gave the offense a chance, forcing three straight Maine scoreless possessions, Irwin was unable to orchestrate a game-winning drive. The quarterback — starting in the place of sophomore Joe Carbone, who did not dress for the game due next Saturday at 1 p.m. at Bob Ford Field.

Last year, the Seawolves beat the Great Danes, 20-2, to win the inaugural Golden Apple, a trophy conceived to be awarded to the victor of the annual, season-ending rivalry game.

"It's a disappointment [not making the playoffs]," Liotine said. "But we just have to keep going. I want that Golden Apple to stay here."

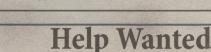
take charges.

After trailing 31-29 at halftime, Columbia went on a 19-7 run to take a 51-38 lead. The lead was the Lions' largest of the game. But junior forward Tyrell Sturdivant led the charge with 11 points in the second half after going scoreless in the first. He had his second double-double of his career, tacking on 10 rebounds.

"I struggled at times with finish-

Boals said. "I love the way they came back and competed down 13 points. We tied it up 65 all and the kid hit a tough shot there with the shot clock running down, it kind of burst the bubble.'

The Seawolves will look to build upon the positive aspects of its game after the loss when the team heads to Boston College. The Seawolves will take on the Eagles on Nov. 20 at 1 p.m..



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