

THE STATESMAN

INFORMING STONY BROOK UNIVERSITY FOR MORE THAN 50 YEARS

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LOOK INSIDE FOR THE 2018 FALL SPORTS PREVIEW



MELISSA AZOFEIFA / THE STATESMAN

A woman weaves clothing during the Shinnecock Nation's 72nd annual powwow. The celebration of Native American culture includes traditional dancing, nightly fire-lighting ceremonies and arts & crafts demonstrations.

School of Dental Medicine gives kids free dental treatments

By Karina Gerry
Assistant Arts & Culture Editor

Over 200 kids were treated to free dental care at the Stony Brook School of Dental Medicine's 11th annual "Give Kids a Smile" event on Aug. 28.

Underserved children ages 1 to 17 were given free dental screenings, cleanings, fluoride treatment, oral

health education and an Island Federal Credit Union backpack filled with crayons and pencils just in time to go back to school. At the end of the exam, each child was given the option of becoming a patient at the school where they can receive care from a dental student as well as a full-time dentist.

"Many parents can't afford their checkup, also they may need it, some

districts are now requiring a checkup before going back to school, just like they require you have a medical physical," Mary R. Truhlar, dean of the School of Dental Medicine, said.

During the four-hour event, pediatric residents worked with 3rd year dental students to treat the patients.

Dental student Parandis Mejati said she was thankful for the hands-on experience this event has brought as

well as the opportunity to give back to the community.

"There's so many disadvantaged populations right here on Long Island, which is surprising to a lot of people. The event is really about giving back to the children," Mejati said.

The "Give Kids a Smile" program was created in 2002 by two dentists

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Campus Dining eliminates plastic straws

By Rebecca Liebson
News Editor

In an effort to become more sustainable, Stony Brook University has signed on to a county-wide initiative aimed at eliminating plastic straws. Instead of plastic, all dining locations other than Starbucks will now offer special straws made of polylactic acid.

"These straws are biodegradable and made out of corn starch, which is a renewable resource, unlike traditional plastic straws which are made from petroleum," Director of Marketing & Communications for the Faculty Student Association, Angela Agnello, stated in an email. "We recognize that there are people with disabilities and corn allergies that need straws, and that these straws cannot be used with hot beverages, so plastic straws will be available upon request."

As for Starbucks, the company announced last month that it has begun phasing out plastic straws and hopes to eliminate them from all store locations by 2020.

According to environmental group, the Ocean Conservancy, plastic straws were the seventh

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Stony Brook professor helps discover 5,000-year-old burial site in Kenya

By Brianne Ledda
Assistant News Editor

A study co-authored by Stony Brook University Anthropology Professor Elisabeth Hildebrand and University of Florida Anthropology Professor Katherine Grillo has unearthed the oldest and largest monumental cemetery in eastern Africa.

Funded by the National Science Foundation, the Wenner Gren Foundation and the National Geographic Society with logistical support from the Turkana Basin Institute, the almost 10-year study unearthed a 5,000-year-old grave site near Lake Turkana, Kenya.

There are several "pillar sites" near the lake, many believed to be cemeteries; the largest, Lothagam North, was excavated, unearthing 36 individuals both

men and women, ranging from babies to adults to the elderly. It is estimated that there could be some 580 bodies buried at the site.

According to the resulting research paper, there was no evidence of a social hierarchy at the site.

"Usually when archaeologists find big cemeteries and monumental architecture, they also find evidence that some people were more important than others – e.g., a central person in a tomb, or an area where people are buried with many more grave goods or riches," said Stony Brook postdoctoral student Elizabeth Sawchuk. "We did not find evidence of this at Lothagam North – everyone is buried very close to one another in the central platform of the site, and without big differences in what

they were wearing or how they were buried."

Hildebrand said that most of the individuals uncovered had some form of ornamentation, which varied widely in form – hippo ivory bangles, amazonite beads and in one case, the remains of a headpiece made of over 400 gerbil teeth.

"What is really interesting is that all of them would have been time-consuming to make, but none of them are of materials that would seem to indicate high status, wealth or power," Hildebrand wrote in an email. "So we think this was not a hierarchical society, but that people were putting lots of energy into creating ornaments that reflected their own personal sense of style."

Hildebrand thinks it's possible that the people who built the pillar sites were trying to estab-



KATHERINE GRILLO / UNIVERSITY OF FLORIDA

Lothagam North Pillar site viewed from the western ridge. Thirty-six individuals were excavated at the site.

lish permanent landmarks in an unstable landscape. At the time it was built, major global climate changes were causing rainfall in eastern Africa to decline,

and Lake Turkana shrunk by 50 percent.

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Where Wolfie Banks

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NEWS

Campus Dining brings healthier and more diverse food options

By Sara Ruberg
Contributing Writer

A new school year has brought many new additions to Stony Brook University's on-campus dining. From better food to modern designs, Stony Brook dining offers students a new eating experience.

Since CulinArt was chosen as Stony Brook's dining provider in 2017, its updates have included making its retail stores and cafeterias more healthy and diverse in meal options.

Sophomore political science major Chloe Rosette contributes to the improvements of the dining halls through the organization Student Voice on Campus Dining, where she gives feedback on the dining process.

"I think that [CulinArt] has been trying to listen to the students to get feedback, and, at least for the SAC, I think their options are really great right now," Rosette said.

New modifications in the Student Activities Center (SAC) food court include a variety of Italian skillet, an island of coffee, including Green Mountain coffee and the new Nitro Cold Brew coffee machine and more international meal choices through Global Flavour.

The SAC food court is not the only place adding more culture to its cuisine. Jasmine in the Charles B. Wang Center added Dosa Grill, which will be available every other week.

More vegan and vegetarian options have also been popping up around campus. The grab-and-go items in the Emporium at East Side Dining include roasted veggie wraps. Students can also find more vegan-friendly foods in the Tabler Cafe, which is now open from 8 a.m. to 12 a.m. on weekdays and 11:30 a.m. to 12 a.m. on weekends.

"There's more of a variety [of vegan options]," Rosette said. "That was something we were trying really hard to do."

Students looking for a more simple, but still healthy, meal can check out the new zoodles machine, an alternative pasta made from zucchini, in Roth Cafe at the Tuscan Bistro. Other homemade pasta and topping options are also available.

Wings and new sandwiches such as the crispy or grilled chicken ranch avocado club and grilled cheese have made their way into Roth Cafe at Smash n' Shake.

Sophomore biology major Bridget Kavanagh has tried almost all of the new features at Roth Cafe.



ARACELY JIMENEZ / STATESMAN FILE

A buffet-style fruit bar at West Side Dining. Stony Brook University's on-campus dining vendor, CulinArt, is providing healthier and more diverse meal options.

"It's a little bit better than last year, like more fresh. It tastes better," she said.

While there are now plenty of ways to keep a nutritious diet on campus, there are also new treats to satisfy anyone's sweet tooth. Students can order a crepe from the all day brunch at Roth Cafe or try the new ICEE slush ma-

chine in the Emporium at East Side Dining.

Even more changes are coming to campus. The West Side Dining store is still in the process of a complete makeover; but, in the meantime students can use the temporary convenience store near the West Apartments.

"Plans are already underway for new options for spring so keep the feedback coming," said Faculty Student Association Director of Marketing and Communications Angela Agnello.

Students can tell Stony Brook their opinions on their dining experience on the Campus Dining feedback page.

Over 200 kids treated for free

Continued from page 1

in Missouri. By 2003, the American Dental Association made it a nationwide program. "Give Kids a Smile" officially begins the first Friday of February to coincide with national "Give Kids a Smile Day," and continues nationwide throughout the year as schools and dental organizations hold their own events.

The School of Dental Medicine has been hosting "Give Kids a Smile" events since 2002. With a growing number of patients, the event in February was moved from the dental school clinic to the Cradle of Aviation Museum in Garden City, where Stony Brook students work with Long Island dentists to treat children to free oral health care.

In 2007, the School of Dental Medicine began hosting a "Back to School" event as well. Truhlar believes the event was a natural addition to the school's community outreach programs.

"This school in general is really good at treating other communities," Truhlar said. "We have a mobile van, with three chairs for treating patients and it goes out into the community, it goes out to our schools, to homeless shelters, so we have a very strong program of going out into the community to provide service."

Jill Gomez, a mother of two, Kyle Gomez and Tyler Gomez, brought her kids in for the free exam and was surprised by how nice and well-organized the program was.

"The whole thing worked really well, it was quick they were great. The doctors were great, they actually

made them smile which is a difficult thing to do," Gomez said. "It was our first time here and I was really happy with how everything turned out, we will definitely be back next year."

Kyle Gomez, 12 years old, was just happy they weren't pulling on his teeth.

"I liked them more than my regular dentist, they were better," he said. His 11-year-old brother, Tyler, agreed.

"The doctors were great, they actually made them smile, which is a difficult thing to do."

-Jill Gomez
Mother of two

"We were really nervous to come in, but it was better than the ortho," Tyler Gomez added.

Annually, the school treats 70,000 patients according to Truhlar, many of whom don't have healthcare.

"We serve as a safety net for patients here in Suffolk County. They could be paying out of pocket, we have reduced rates for that," Truhlar explained. "We also have reduced rates for students as well."

"Strawless Suffolk" initiative comes to SBU

Continued from page 1

most common piece of trash found during beach cleanups in 2017.

The "Strawless Suffolk" initiative, headed by County Legislator Kara Hahn, hopes to cut down on the number of straws that wind up in the ocean by getting local restaurants to pledge that they will go strawless or find an eco-friendly alternative. The initiative set out with the goal of getting 100 restaurants to sign on in time for Labor Day. Although they haven't quite reached that milestone yet, Hahn said she is still proud of the work they've done thus far.

"Stony Brook has so many people so the impact is really great," she said. "The campus is a tremendously powerful

environment for folks to make change. The students really have the power to envision the world better and then make it so in their immediate surrounding."

For some students, such as president of the Environmental Club and senior sustainability studies major Condrea Zhuang, the switch signals a welcome change from the university, but it still does not go far enough in addressing the problem at hand.

"From what I could see there were no actual compost bins in dining halls for students to throw their compostable straws into meaning that those straws are going into a landfill just like everything else," she said. "I want to be hopeful of our new sustainable direction and environmentally friendly prospects at campus dining but I remain skeptical."

While some have noted that plastic straws are just the tip of the iceberg in terms of cutting back on the consumption of single-use plastic, former graduate student in the School of Marine and Atmospheric Sciences and vice-chair of the Suffolk County Single-Use Plastic Reduction Task Force, Kaitlin Willig, said she believes it is important to start somewhere.

"Straws are not the biggest problem, but straws are easy to stop using," Willig wrote in an email. "We give up a little convenience and make a step forward to get the public aware of the problem, moving to make a difference. Straws are definitely not meant to be an end goal, but instead should be looked at as one of our first baby steps towards a more environmentally responsible future."

No indication of social hierarchy at pillar site

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"Fisher-hunter-gatherers living around Lake Turkana would have had to make continuous adjustments as the lakeshore retreated," Hildebrand said. "Around the same time, pastoralism was spreading south and east from the Sahara and Sahel, so cattle, sheep and goats became available around Lake Turkana for the first time, and herding took hold. With these major changes in environment and economy, it's very likely that people's social lives were also transforming."

Periodic gatherings at the sites would have drawn dispersed communities together, she pointed out.

"Besides performing the rituals, people would have had a chance to reconnect with scattered kin and friends, renew their social networks, exchange information, and come up with more well-informed strategies for the coming year," Hildebrand said. "So although the pillar sites may have come into being as ritual centers, they also probably made the economic lives of herders more secure."

Excavation stopped at Lothagam North; although, there are

plans to excavate a pillar site on the opposite side of Lake Turkana called Jarigole, to compare the construction methods and burial styles with what was found at Lothagam North.

"Given the nature of the site as a burial place of major significance for its builders, we don't want to excavate anymore than we absolutely need to in order to answer our research questions," said Steven Goldstein, a postdoctoral researcher at the University of Washington in St. Louis who worked on the project. "We feel that we've accomplished that for now."

ARTS & CULTURE

Long Island band Final Call releases new single

By Karina Gerry
Assistant Arts & Culture Editor

Long Island-based band, "Final Call," has released two new singles, "Sloshed" and "Out to Dry" in anticipation of its new EP set to be released this October.

As implied by the title, "Sloshed," the second single, is about getting drunk the night before and all the shenanigans that occurred. The chorus asks, "Can you tell me what the hell did I even do last night?" The lyrics mirror past pop punk band hits, such as "My Own Worst Enemy" by Lit.

The "Sloshed" music video shows all four members getting "sloshed," performing in a dirt field and dancing around by the pool. In terms of quality, the video is very well done. Although there isn't clear choreography, it somehow worked and the band is clearly having fun.

Michael Rizzo, a senior computer science major, was also impressed with the video.

"Beautifully filmed in a cinematic background, the guitar riffs were really catchy, I'll download it on my Spotify," Rizzo said.

The four members met while in high school and performed their first show in 2014. Their first EP, "What Lies Ahead," was released in 2016. In 2017, the band was nominated as a top 10 finalist in Newsday's Battle of

the Bands, a contest that searches for the top band in Suffolk and Nassau County.

Each member has gone off to different colleges, but they insist the distance hasn't gotten in the way.

Josh Roiland, a senior biology major at Stony Brook University, and the band's bass guitarist, said that the transition into college isn't easy for most bands, but because the band is their creative outlet and they enjoy performing, they have stood together.

"We are basically four high school friends who kept our band cohesive during college," Greg Diem, lead guitarist, said.

The band has come a long way in terms of its sound. The lead singer, Pat Carroll, whose voice has matured in the last two years, can be heard clearer on their latest singles, no longer washed out by the background instruments. While enjoyable, the band's first EP, "What Lies Ahead," lacked a clear hit, which should not be a problem for them this time around.

"Having the privilege of working with studios and seeing how music is produced has made listening a new experience," Evan Brandow, drummer, said.

The band feels much more comfortable with their sound and the music they make.



PHOTO COURTESY OF FINAL CALL

From left to right: Josh Roiland, Evan Brandow, Pat Carroll and Greg Diem. The Long-Island based band, Final Call, is set to release its new EP this October.

"The writing process for these songs has been fun. Learning what our sound is as we increase our capabilities together makes me proud of what we have become. Recording has allowed us to finally hear our music as we

have always wanted to hear it," Roiland said.

When asked to describe the EP, the band referenced some of its inspiration.

"This EP shows off a classic upbeat and fun vibe inspired by

bands such as blink-182, and Green Day on the first three tracks. Followed by an epic alternative jam an acoustic version of one of our past tunes. Any fan of rock and roll should find something to relate to on this EP."

The not so "Crazy Rich Asians" of Southeast Asia

By Anna Correa
Arts & Culture Editor

The film "Crazy Rich Asians" is progressive for the East Asian-American community when it comes to representation in Hollywood films, but it isn't an original storyline in the overall Asian community, nor does it do justice to the diverse minority groups of Singapore.

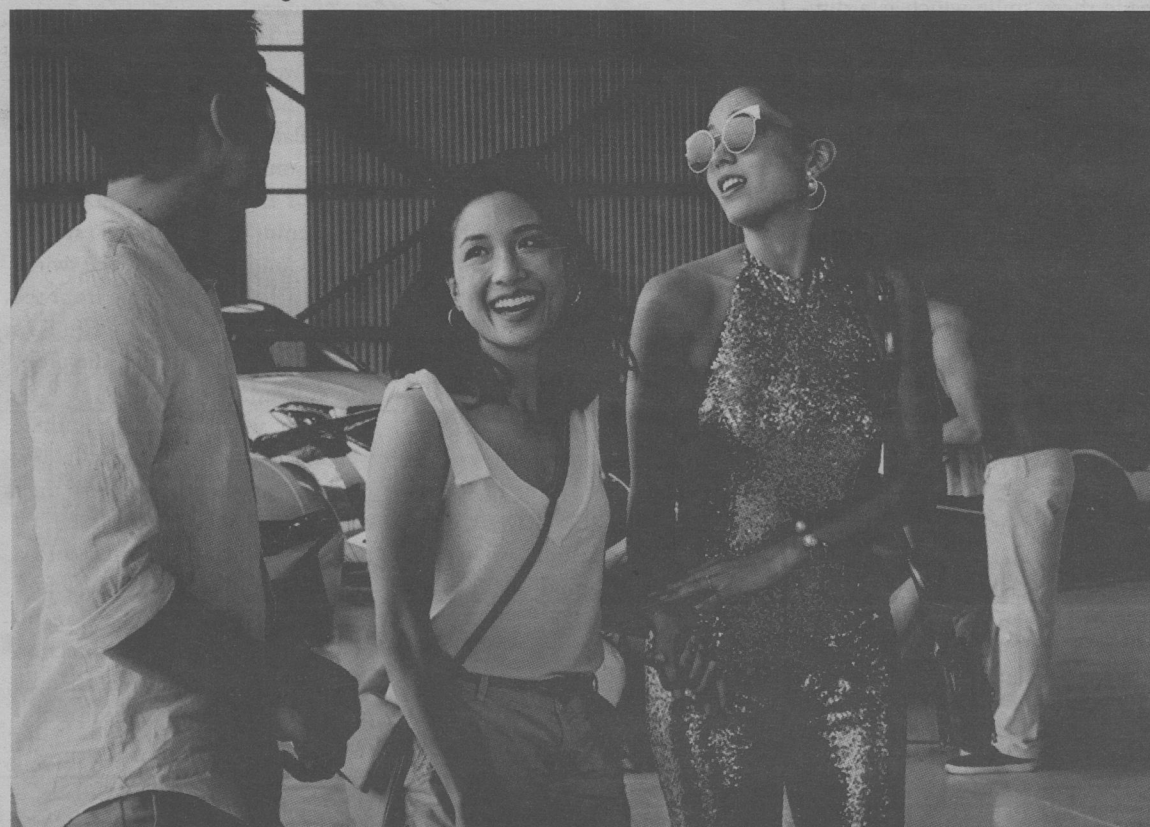
The "Joy Luck Club," which was released in 1993, was the last film to have an all-Asian cast that isn't a period piece or a martial arts film.

The "Crazy Rich Asians" film is an adaptation of the book written by Kevin Kwan, which is loosely based on the author's upbringing in Singapore. Some of the characters are also loosely based on real people.

Rachel Chu, the female protagonist (played by Constance Wu), is an economics professor at NYU that grew up in a single-parent household. She is a first-generation Chinese-American who falls in love with Nick Young (played by Henry Golding), a rich Chinese-Singaporean socialite who comes from old money.

Michael Li, a Chinese-American junior biology major, said that as a person who has watched Asian-American films all his life, the storyline of a rich man picking up a poor girl is not new. It's a Cinderella story that is commonplace in Korean dramas, but still quite enjoyable to watch. He related to Rachel's character the most.

"Rachel being an Asian-American was very accurate. It isn't uncommon for first-generation Asian-Americans to lose a sense of culture and for them to butcher their native languages," Li said. "In Cantonese, there's even a phrase for Asians who are raised in



Property of Warner Bro. Pictures

Left to right: Henry Golding, Constance Wu and Sonoya Mizuno in "Crazy Rich Asians." The film is an adaptation of the book written by Kevin Kwan.

Western countries, and it's meant to tease them as whitewashed."

The movie, released in the U.S. on Aug. 15, has topped the box office three weeks in a row, making over \$101 million so far.

Karen Liang, a Chinese-American junior biochemistry major, said that she would like to see more films based on the "American Born Chinese," also known as the "ABC," because it would allow for people to connect and feel proud of their Asian cultural identity that has been established in the U.S.

"I believe the Chinese-American narrative explored by this film is someone who is born to live up to their parents' dreams/expectations. It's more parents shaping their child(ren)'s future than them themselves," Liang said. "I think the film gave a great representation of it, especially when they made that clear distinction between 'pursuing individual passion versus maintaining family tradition for the greater good.'"

Although the film talks a bit about the Chinese-American community, it focuses on the rich

1 percent of Asia, which stereotypes Asians as being materialistic.

Sangeetha Thanapal, a Singaporean activist, political commentator and blogger, said that the "rich Asian" stereotype overshadows exploited, underpaid workers in Singapore, as well as oppression of Singaporean minorities.

In an article for Wear Your Voice magazine, Thanapal says that the film is not a milestone for diversity since it's not representative of Singapore. She uses the term "Chinese Privilege" to describe the discrimination of minorities. In the

context of Singapore, she says that the Chinese are not the oppressed but are the oppressors, and that people are celebrating putting a Western racial framework onto domestic workers and colored minorities.

"The only Brown people in the movie are opening doors or in service of the elite Chinese in the movie," Thanapal said in her article. "Minorities only exist in the periphery of the film."

As for the overexploited workers, they are seen as an invisible workforce. According to a 2017 report called Bonded to the System, conducted by Research Across Borders, an independent research consultancy, 60 percent, or 140,000, maids in Singapore work in exploitative conditions.

The rich-Asian stereotype fails to recognize the hundreds of millions of people in China that are impoverished. According to the World Bank's 2018 Poverty and Equity Brief, as of 2017, there are 18.75 million people in China living below the international poverty line, \$1.90/day.

Li's personal experience of China, based on his family's hometown in the outskirts of Guangzhou, elaborates on the idea that the film doesn't show all aspects of Chinese society.

"Most people in China are not well-off, and there is a strict de-facto caste implementation of wealth where villagers often are unable to earn more money based on where they live," Li said. "Therefore, my experience of coming from a town in China is not exact with what I saw of rich Singaporeans. What was portrayed is not what I expect most people to recognize."

Shinnecock Indian Nation celebrates 72nd powwow

By Melissa Azofeifa
Staff Writer

The Shinnecock Nation celebrated its 72nd annual powwow in the Hamptons with a four-day gathering this Labor Day weekend, that included over a hundred vendors that represented different nations from all across America, nightly fire-lighting ceremonies, live presentations of clothing hand-weaving and dancing. It is one of the largest Native American gatherings on the East Coast.

The moment you walk on to the reservation, all five of your senses are immersed in the nation's culture. The smell of the delicious traditional foods is strong enough to make your mouth water with cravings. One of their many delicacies is fry

bread, a sort of funnel cake but with different fillings such as turkey, steak and cheese. Another delicious item available was charred corn on the cob.

Legislator Bridget Fleming, a representative from Suffolk County's 2nd district, said she attends the powwow every year.

"As a member of government, I think it's important for us to recognize this isn't just a show," Fleming said. "It's an opportunity to look at a majestic, ancient culture that hasn't always been treated fairly by the government, from their perspective."

Marisol Velasco, of the Caribbean Taino tribe, drove about two hours from Connecticut to attend the powwow.

Her parents are from Borinquen, Puerto Rico. She is one of the few Taino beaders in the U.S. and makes rosettes.

"It gives us as a Nation to show everyone that we are still alive and well, after so many years of being thought of as extinct. The Taino nation is back on the rise," Velasco said. "It's one of my favorite powwows. The energy, the people, the fact that other tribes are welcoming of us, it's all around a great experience."

Your ears are immersed in the beating of the drums, the beautiful chants and songs from the Shinnecock Youngblood singer. The dance performers included the Tlacopan Aztec dancers and

Hawaiian dance performers. The jingle bell dresses take on a life of their own, singing as they move to the beat of the drums and chants. The men's dancing is just as captivating, with men covered in eagle feathers, which is strongly revered in Native American culture and is a sign of honor for the creature.

The Shinnecock Indian Nation tribe's history goes back to the 1600s. During those times the tribe survived through fights between the Dutch and English.

In 1978, the tribe went to court to file a petition for recognition. It sued the Department of Interior in 2006 after the tribe received no response following its initial petition.

After a 32-year long struggle for recognition, in 2010, the Shinnecock Nation was finally recognized by the Bureau of Indian Affairs.

The Shinnecock Nation Indian powwow proudly demonstrates the strength and determination to keep Native American culture pure

and alive, become a shining beacon of culture in the Hamptons area.

"As we dance upon the earth we are reminded that our culture and love for one another is the resounding heartbeat that transcends all that we face; wherever we face it. We dance upon our drum," the Shinnecock Indian Nation's website said.

"The sound of the drum and our footsteps are recorded year after year within the drum that we dance upon. We may be the only Nation that dances upon its drum."

"It gives us as a Nation to show that we are still alive and well."

-Marisol Velasco
Caribbean Taino Tribe



MELISSA AZOFEIFA/THE STATESMAN

A tribesman dancing during the 72nd annual Shinnecock Nation powwow. The tribe celebrated with live presentations of arts and crafts and dancing.



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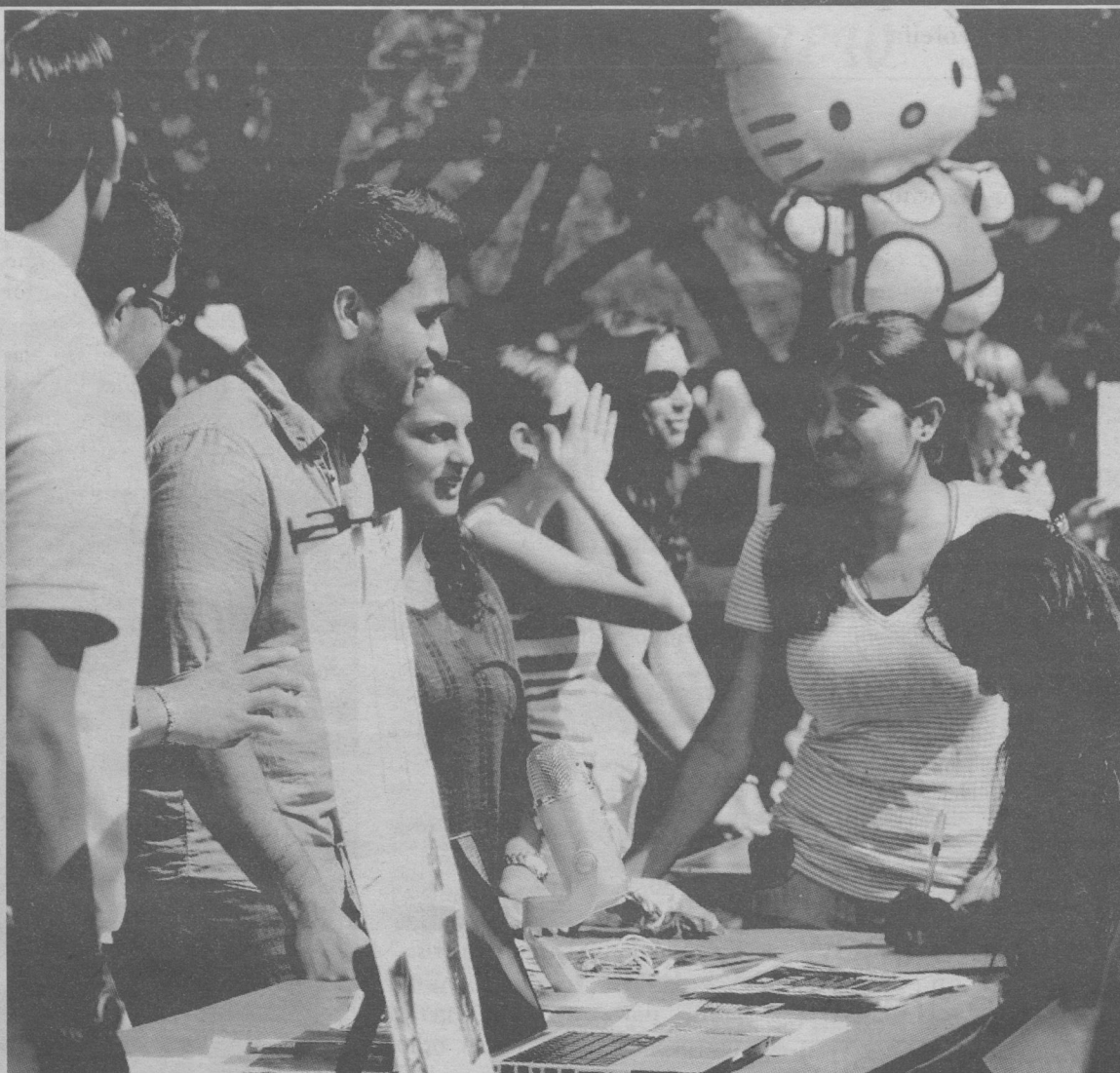
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NINA LIN/STATESMAN FILE

Students during an Involvement Fair receiving information about a Stony Brook organization. The first Involvement Fair of the new school year is Wednesday, Sept. 5.

Back-to-school advice from our editors to you

By Gabby Pardo
Assistant Opinions Editor

A year ago, you would find me, a freshman, scrambling to decide whether to join this club versus that one, whether to eat at West Side Dining or East Side Dining. My biggest question, however, was how the heck am I going to eat, join clubs, study and hang out with my friends all at the same time?

As it is, the university is increasing the amount of students it takes in every year. With more freshmen than ever pouring onto campus, they all need the best advice they can get on how to adjust to our university. Well... at least before they don't get the advice they need and decide to transfer.

Going into the second week of the semester, my fellow editors and I thought it was a good time to share our hard-won experience on how to handle life at Stony Brook.

Time Management

To answer my freshman self's question a year later, time management is the key to juggling daily tasks.

"Time management is vital, especially when planning out events," assistant sports editor and sophomore journalism major Chris Parkinson said. "If you plan everything out ahead, you will get a good grasp on your work."

I have a calendar on my desk and a planner in my backpack. I schedule every little thing from when to go over my notes to the obvious such as homework and tests. There have been several studies about how handwriting has a way of helping someone remember something rather than typing it. Writing things down also gives you a visual image of how many things you can juggle at

the same time. If you're less old-fashioned, Google Calendar can be a great scheduling tool as well. Everyone, however, finds their own unique method eventually.

As weird as it might seem, setting aside leisure time can be a big help too. While an actual social schedule doesn't prove very helpful, striking some sort of balance between work and play can keep both from getting out of hand.

"To this day, I have a bad habit of either overwhelming myself or doing literally nothing with my free time," opinions editor and senior journalism major Mike Adams said. "I try to make sure I set aside some time to relax and explore my hobbies... I didn't even know I had those when I started going to college."

Getting Involved

Stony Brook officials practically drill getting involved with campus clubs into our heads from the first day of orientation. I have never met anyone on my college journey thus far who hasn't been involved in a club or organization on campus. The first Involvement Fair is coming up this Wednesday, Sept. 5. It's booked during Campus Life Time, when almost no one has classes, giving students an easy opportunity to get involved. Getting involved gives us a break from studying and a place to unwind from the stress of classes. There is also the obvious benefit of building our resume with all these extracurriculars for graduate school and future jobs.

"Don't just join the club that all of your friends are joining. My best advice is to join something that you're passionate about. Also, you can try joining something outside of your major," Rebecca Liebson,

senior journalism major and news editor at *The Statesman*, said.

Study Habits

It may be fun to have company with you when you study. But think about it; are you really going to get work done with your friend cracking jokes the whole time? This calls for finding the perfect study spot. Personally, mine is Starbucks. I get my drink, throw on my beats, bump music and grind out my work. I feel working alone rather than with my friends helps me focus and get less distracted. Some people find their serenity in the Main Stacks of the library or at their desk in their dorm room.

The second part to this is forming the habits you utilize in your perfect study spot. Whether you listen to music and block the whole student body out, or you need pure silence as your guide to success, find whatever keeps you focused. How do you find this? Well trial and error. It will take time, but these habits will last you for the next few years you have here.

"I like studying in the stacks and the atrium in humanities. The stacks is really private so if you need to buckle down and do work it's great for that. In the atrium, there's sunlight coming in so it's a less dismal environment," *The Statesman's* editor in Chief and senior journalism major, Kayla Mckiski said.

I'm still playing the whole game of trial and error but that's okay, because I'm a few steps closer to being even more successful. Take initiative and use these simple tips to become the most successful. Making mistakes is always okay. Just use it as a learning process and make the next few years at Stony Brook your best.

Let them eat something; give students a Campus Life Time every day

By Mike Adams
Opinions Editor

If I learned anything from my first week of classes, it's that I'm pretty sure I'm going to hate Tuesdays for the next three months.

Since I transferred two years ago, my stupid excess of credits gave me early picks for most of my class times. I gave myself empty Wednesdays and Fridays, light Mondays and Thursdays and an unholy Tuesday schedule that looks like it clawed its way onto my SOLAR page straight out of my nightmares.

I'm booked solid, with not a hint of daylight, from 8:30 a.m. to 5:30 p.m.

I'm sure there are plenty of people with heavier courseloads who want to punch me in the jowls for complaining about one nine-hour day. But after my first sleep-deprived Tuesday, I'm left with one burning question:

When the heck am I supposed to eat?

Stony Brook University allots a minimum of seven to 10 minutes between classes to give students time to stampede from Frey to Javits and maybe take a deep breath before their next lecture. If you're lucky, a merciful professor teaching your next class starts five or 10 minutes late. Try to pick up a snack along the way, even with that off-the-books break, and you risk missing a crucial start of a PowerPoint, or even a pop quiz.

In my case, I could swap some courses around if I really wanted to, but my schedule is the exception to the rule. I'm willing to bet a body part there are plenty of people right now who don't have the luxury of budgeting time in their school day to meet their bare biological necessities. Factor in travel time, homework, jobs and extracurricular activities and we're left with a sizeable student population walking around in a malnourished daze.



MANJU SHIVACHARAN/STATESMAN FILE

The Academic Mall during Strawberry Fest in 2014, which is an event held annually during Campus Life Time. Most students do not have class during Campus Life Time, which is held on Wednesdays from 1 p.m. – 2:20 p.m.

That kind of nutritional neglect has a tangible impact on the way people perform. Remember all those Scholastic articles your parents and teachers fed you about how important it was to eat a balanced breakfast before grade school? That still applies after puberty. Lunch is no less important, and survey after study show a midday calorie caper can mean the difference between a productive afternoon and an on-the-job siesta.

The only guaranteed free time Stony Brook students have in their week is Campus Life Time,

a time slot on Wednesdays from 1 p.m. to 2:20 p.m. that's meant to be jammed with Hula Hoop Enthusiast Club meetings and the other miscellaneous activities that make college life fun. So why don't we throw a bone to 25,000 bellies and stick an hour-long lunch break in the middle of every weekday?

As a concession to the retaliatory burst of "DURRRR THAT'S NOT HOW THE REAL WORLD WORKS," federal law does not mandate that employers provide their workers

time for lunch. Still, workers in the U.S. and Canada report statistically significant improvements in job satisfaction, engagement and productivity when given the chance to take some downtime for food. Students in elementary, middle and high school performed better on standardized tests when provided with healthy school lunches, according to a study by the University of California, Berkeley. There's no reason to think that trend would dissolve after 12th grade.

Sure, every college student is in theory an adult who should be making scheduling decisions that allow them to stay healthy. Maybe it's handholding to assume time for food should be mandated. But is it really that big a leap from one Campus Life Time to five? Even prisoners get a half-hour lunch break. Even prisoners in Estonia, where people eat curd snacks, get half an hour. So please, just give us a break.

(My apologies to the fine nation of Estonia. I was awfully hungry when I wrote this.)

This Labor Day, remember the sacrifice behind your long weekend

By Mike Adams
Opinions Editor

Since Stony Brook University students have this Monday off for Labor Day, it might be worth taking some of our extra free time to

remember why this is a three-day weekend. Like Memorial Day and Independence Day, Labor Day is a holiday fought for and won by an underappreciated group of American heroes: the legion of workers and activists that made your working life bearable, safe and humane.

If you got up on Sunday without an alarm and without trudging off to work in a coal mine, it's because labor unions fought for your right to a weekend. If you've ever worked an eight-hour day, or been paid extra for putting in extra time, it's because of years of labor advo-

cacy that went into passing the Fair Labor Standards Act of 1938. The FLSA introduced the 40-hour work week, overtime payment and the end of most child labor in the United States.

It only takes a glimpse into America's recent past to see what life might be like today without modern labor standards.

At the turn of the 20th century, throngs of grade-school aged children toiled in factories across the nation in an era before child labor laws. The Bureau of Labor Statistics estimates at least 18 percent of children in the U.S. held some sort of job in the early 1900s. Children were able to reach further into faulty machinery to clear up jams than their older counterparts. Losing fingers and hands was commonplace.

In England, the same kind of child labor inspired the young philosopher Friedrich Engels to write "The Condition of the Working Class in England" in 1845, which helped lay the groundwork for "The Communist Manifesto," which he penned with Karl Marx just a few years later. In an ironic twist of fate, we have unfettered early capitalism

to thank for the ideological groundwork that led to the Soviet Union.

Labor Day itself is a holiday steeped in sacrifice, born out of the 1894 Pullman Strike in Chicago. Railroad workers employed by the Pullman Car Company and living in owner George Pullman's factory town had their wages slashed without reductions in their rent after a severe recession. In response, approximately 250,000 railroad workers in the Midwest launched a boycott of Pullman's company, refusing to operate any trains carrying Pullman cars. In response to the disruption, then-President Grover Cleveland called in the Army to suppress the strike. By the time the strike was over, 30 workers had died.

So remember just what went into your three-day weekend this Labor Day. When you read about teacher's unions protesting for better pay in Oklahoma, or blows against collective bargaining from the Supreme Court, be grateful for the changes labor activists have brought into working life. Without them, you might be missing a couple extra fingers.



HARPER'S WEEKLY/PUBLIC DOMAIN

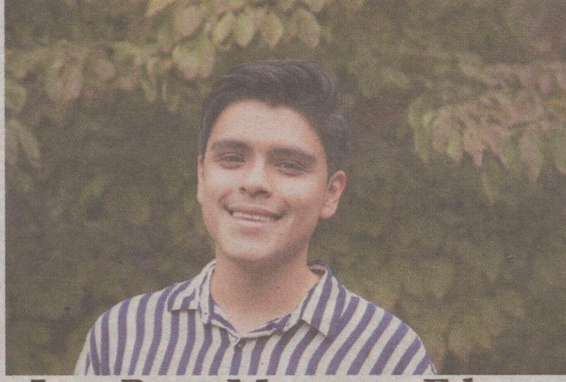
An illustration of the Pullman Strike in Chicago as it appeared in an 1894 edition of Harper's Weekly. By the strike's conclusion, 30 railroad workers had been killed.

MULTIMEDIA

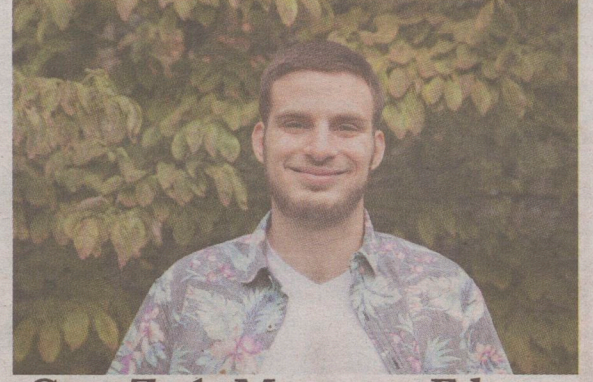
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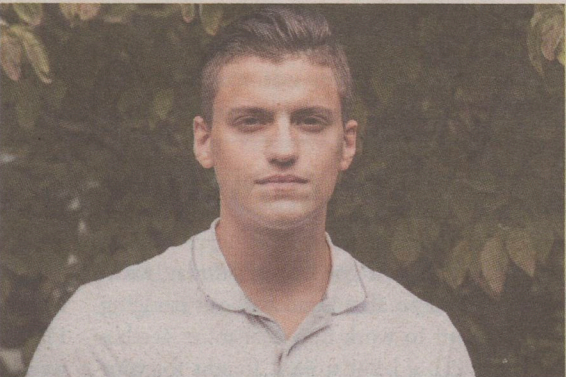
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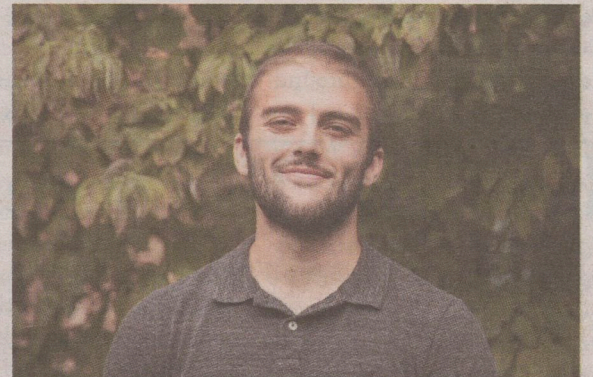
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THE STATESMAN



FALL SPORTS PREVIEW 2018



Football

Football prepares to build off best record in five years

By Chuck Hamma
Assistant Sports Editor

The Stony Brook football team comes roaring into the 2018 season hoping to build on its 2017 success, a year in which the team finished 10-3 and won a playoff game against Lehigh.

Though they've experienced significant roster turnover, the Seawolves are optimistic that this year can be better than the last. Head coach Chuck Priore is confident that the group will have the right approach and will not be complacent with last year's result.

"I think that they've had good energy and have been fairly consistent with the way they've gone about their business," Priore said about his team. "I'm confident that we understand that the game has to be played in practice and so far, the performance in practice has been positive."

Stony Brook had 19 seniors leading the way last year, with six of them receiving invites to NFL training camps. Their departures

would be understandable reasoning for lowered expectations this year, but confidence remains sky high in the halls of Kenneth P. LaValle Stadium.

"The positive thing that this team has done is move forward," Priore said. "I think we have a mentally tough team with great senior leadership that has learned how to win and they want success very badly."

The Offense

Eight returning starters lead Stony Brook's offense into 2018, including senior STATS FCS pre-season All-American tight end/fullback Cal Daniels and senior quarterback Joe Carbone. The combination of firepower at the skill positions mixed with a gritty offensive line makes for what should be an exciting offense to watch in 2018.

"It's fun being back on the field competing with all the guys and trying to get better," Car-

bone said. "Obviously we lost a lot of guys from last year on the offensive line and from the wide receiver position but I think that we reloaded a lot."

The Seawolves ended the 2017 campaign averaging just under 30 points and 351 yards per game. The team was especially efficient when it got into the red zone, scoring just under 90 percent of the time, the seventh highest conversion rate in the country. Carbone is coming off a career year himself in 2017, completing 56 percent of his passes for nearly 2,500 yards and 23 touchdowns while throwing eight interceptions. In Carbone's eyes, however, nothing has changed when it comes to his preparation.

"I still try to keep the same approach and listen to what the coaches are telling me," Carbone said. "I take preparation really seriously and try to prepare as best as possible."

Though the offense lost key pieces from last year, they haven't

lost any hope about what they can possibly achieve this year.

"I think that for the most part, every kid wants to be here because they believe that we can be better than last year," Daniels, the team captain, said. "You have to come into the season believing that we're going to put the work in to be a championship-level team."

"I think we have a mentally tough team with great senior leadership..."

-Chuck Priore
Head Coach

The Defense

Last year, the Stony Brook defense upheld its reputation as a fast, physical unit that won battles at the line of scrimmage. Under longtime assistant and first-year defensive coordinator Bob McIntyre, the Seawolves finished 11th in the nation in total defense, allowing 97 rushing yards per game and 2.7 yards per rush. The group also led the country in total tackles for loss with 104.

The 2018 defense is led by a trio of senior captains: senior

defensive end John Haggart and senior linebackers Shayne Lawless and Noah McGinty. Though the team has had to work through important veteran departures on the defensive side of the ball, McGinty still feels confident about the state of the defense, especially with an influx of younger talent.

"I think that we look good," McGinty said. "I think that we reloaded at a couple key positions that I think we're confident with and a lot of young guys are stepping up."

The linebacker position will be one to watch this season. McGinty and Lawless form a lethal duo and hope to continue to produce like they did a season ago. Lawless, a two-time All-CAA selection, had 93 tackles last year, 13 of them for a loss, to go along with eight sacks and an interception. McGinty impressed just as much as Lawless did, finishing last season with 95 tackles and a pair of sacks.

However, it's the quality depth that Stony Brook has at linebacker that makes it one of the units to watch this season. Senior linebacker Deyshaun Tucker played in all 13 games for the Seawolves last fall and recorded 21 tackles, while redshirt-sophomore defensive back Elijah Duff and redshirt-freshman linebacker Reid-gee Dimanche add a dose of young playmaking ability to bolster a solid senior core.



ARACELY JIMENEZ / STATESMAN FILE

Senior running back Donald Liotine in a game against Maine during the 2016 season. The Seawolves posted their best regular season record for the first time in five years.

Players to Watch: Donald Liotine & Jordan Gowins

Senior running back Donald Liotine and senior running back Jordan Gowins lead a backfield looking to offset the loss of running back Stacey Bedell, who had eight touchdowns last year. Liotine burst onto the scene in 2015 when he eclipsed the 200-yard mark rushing in two of the last three games, including a career-high 204 yards rushing on 38 attempts against Howard. The 5'9" workhorse running back maintained his solid play last season. He had 1,486 all-purpose yards in 2017, good enough for fifth all-time in program history and 11 total touchdowns. The 5'11" Gowins played in 12 games last year, rushing for 418 yards on 92 carries with six touchdowns.

LIOTINE
33
GOWINS
23

Key Games

Stony Brook vs. Richmond
Saturday, Sept. 22 - 6 p.m.
LaValle Stadium



Stony Brook vs. Rhode Island
Saturday, Oct. 20 - 6 p.m.
LaValle Stadium



Stony Brook vs. Delaware
Saturday, Nov. 10 - 1 p.m.
LaValle Stadium



Stony Brook @ Albany
Saturday, Nov. 17 - 3:30 p.m.
Bob Ford Field



90

The Seawolves' 2017 conversion rate in the red zone. Stony Brook owned the seventh-highest conversion percentage in the country last season.

Volleyball

Volleyball aims to repeat after Cinderella story season

By Kenneth Fermin
Staff Writer

The Stony Brook volleyball team capitalized on low expectations and sent shockwaves through the America East conference in 2017 with two straight postseason underdog victories en route to its first America East Championship. Now, after experiencing success through head coach Kristin Belzung's mantra of "trusting the process," the Seawolves will stick with the mindset that allowed them to reach the top last season.

"Obviously we had a heck of an end of the year to be able to do what we did at the end of that weekend at the America East Championship and really see our team come together," Belzung said following the team's Red/White scrimmage. "We talked a lot about trusting the process last year and it really paid off in November for us. I think the good thing is for our team, we believe in working the process, we know that it is till a brand new team in August and we got to work the process to continue to build for what we want to be in November. It's fun to hopefully start at a higher point and continue to build from there."

Belzung noted the maturity of her returning players on and off the court.

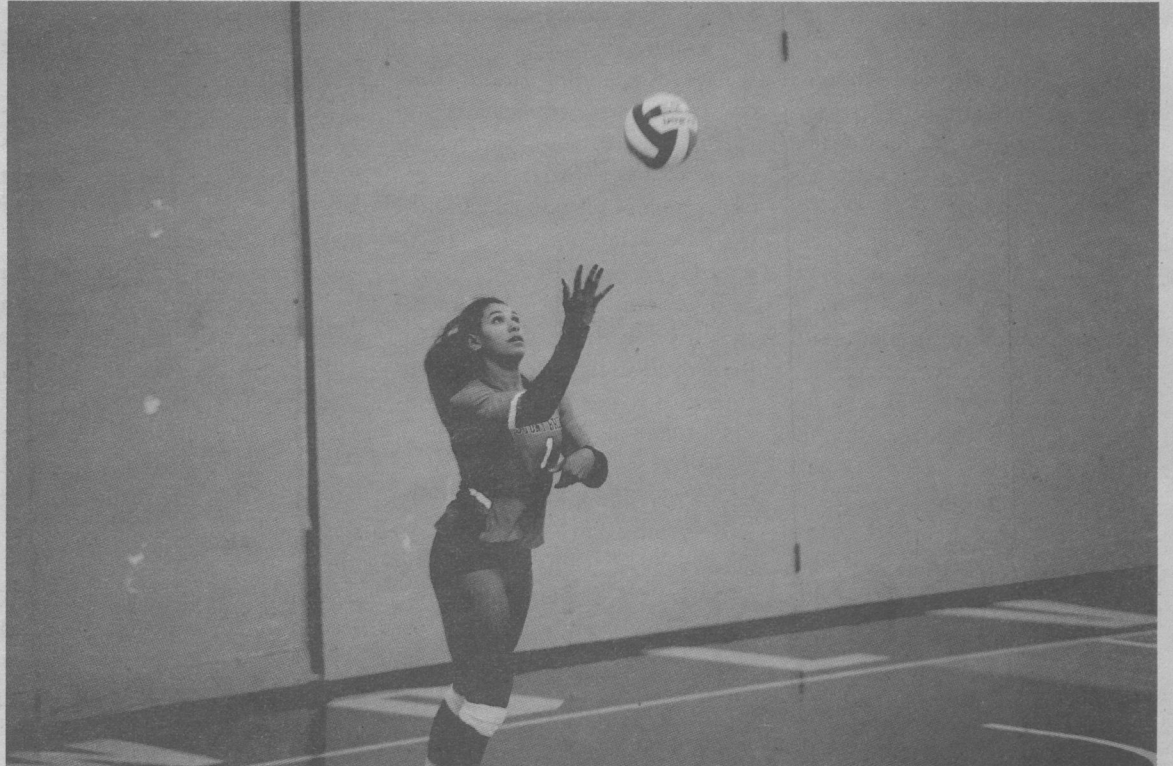
"It has been a very different gym environment this year than

it was last year just because we are a little further along," Belzung said. "It is the second year of this coaching staff so 11 of the 16 players know our terminology and our system. So, we have been able to hit the ground running and utilize those 11 returners as coaches to help the freshmen along and be eyes on the court to tell people where to go."

The returners will enter after battling adamantly throughout the 2017 season, narrowly edging out UMBC for the fourth and final postseason spot. The Seawolves capitalized on the opportunity and cruised to the championship. Stony Brook may have been touted as "underdogs" last year, but the team has taken on the role of champions in the gym this offseason.

While some teams would use the offseason as a time for sitting back, Stony Brook has utilized the desire to advance further in the NCAA tournament to continuously improve. The players showed no signs of slowing down on the court following their awe-inspiring postseason.

Among the Seawolves' returning athletes is an early front-runner for the America East Women's Volleyball Player of the Year, senior middle blocker McKyla Brooks. Brooks led the conference last season in overall hitting percentage with .326 and earned America East All-Conference



SAMANTHA MONTES/STATESMAN FILE

Senior middle blocker McKyla Brooks prepares to serve the ball in a match against UMBC last season. Brooks will serve as a leader for the defending champions.

Team honors for the second time in as many seasons.

"I have just been working on my techniques with hitting, my blocking hands – basically everything," Brooks said of her off-season training. "I made sure I listened to the coaches' feedback and using that toward practice in order to go hard in practice."

Brooks, along with senior setter Carla Souffront and graduate outside hitter Emily Costello, will play the roles of the Seawolves' most veteran leaders. Belzung praised her longest-tenured players for stepping up in their unique roles.

"I am really excited about our senior class," Belzung said. "You look at, obviously, McKyla as an All-Conference Player and Emily is kind of our glue kid. She does everything we need in terms of ball control and playing six rotations. Even Carla coming off the bench, being a server and fighting for a setting position, just

adding the right energy [shows] we have the right senior leaders right now and it is a lot of fun."

Nine of the Seawolves' first 11 games this season are spread among three tournaments in Florida, Ohio and Washington. Stony Brook has already defeated more challenging teams than in prior years including Jacksonville, which finished with a 12-2 Atlantic Sun Conference record in 2017 and San Jose State, which finished 17-12 overall last season. The team's biggest contest will likely be against Washington State, which advanced to the second round of the 2017 NCAA tournament.

"I'm pumped," junior outside hitter Liz Pulver remarked about the competitive non-conference schedule. "Preseason tournaments are a grind with four weekends in a row of three-plus games and one more sprinkled in between. It is a lot but it is a lot of fun. It is great to get that

competition outside of the normal conference and I think this year, having a harder schedule will help us more when we face off against conference. We are going to play some big teams, we are going to play in some neck-and-neck matches."

The Seawolves were voted to finish third in the America East Women's Volleyball Preseason Poll. Stony Brook earned two head coach votes, the most in program history, but trails Albany, which earned three votes. While the team may not be ranked in the top spot, the Seawolves are anticipating increased competition within the conference this season.

"I was pretty upset when I saw [the rankings]," Brooks said. "That being said, going up two spots is a pretty big deal. Now everybody knows who Stony Brook is and teams are going to be way harder this year and there is going to be a lot more competition."

Key Games

Stony Brook vs. St. John's
Tuesday, Sept. 4 - 6:30 p.m.
Pritchard Gymnasium



Stony Brook @ Hartford
Friday, Sept. 21 - 7 p.m.
Hartford Volleyball Gym



Stony Brook vs. New Hampshire
Friday, Oct. 26 - 6:30 p.m.
Pritchard Gymnasium



Stony Brook @ Binghamton
Sunday, Nov. 11 - 1 p.m.
West Gym



11

The number of Seawolves returning from the 2017 championship roster. Stony Brook will look to win consecutive titles for the first time in program history.

Players to Watch:

McKyla Brooks & Emily Costello

BROOKS

1

COSTELLO

9

Stony Brook Volleyball will be led on the court by graduate outside hitter Emily Costello and senior middle blocker McKyla Brooks.

The pair dominated opposing defenses last year and finished the 2017 season in the top five in the America East for kills. Costello had the second-most service aces in the conference with 37, while Brooks led the America East in hitting percentage with .326.

Brooks acknowledged that despite being a prominent player, a key to the team's success comes from the players on the court and the bench taking on a leadership role.

Women's Soccer

Women's Soccer looks to defend America East crown

By Chris Parkinson
Assistant Sports Editor

With Stony Brook Women's Soccer entering the 2018 season as defending America East champion, confidence in the team has never been higher. Last year's accomplishments have not translated into expectations, however, and head coach Brendan Faherty is focused on a fresh start with this year's squad.

"The great thing and also the bad thing about college athletics is that every year there it's a new team," Faherty explained. "Yes, we won the America East championship [last year] but now it's a totally different team with a different challenge."

This new chapter for the Seawolves comes with some changes to the game plan. Faherty believes that his team has shown improvement throughout the summer

and has prepared for this upcoming season.

"We're spending more time on scouting reports, restarts and video," Faherty said. "In the past years we were just trying to get our system of play down and now we have kind of moved on to scouting teams more."

The Seawolves have started the season off with a 2-3 record for the second straight year. The team comes into the season with numerous key players from last year, as well as six newcomers, half of which play the midfield position.

Returning for the Seawolves are the 2017 team's two leading point-getters, sophomore forwards Alyssa Francese and Rachel Florenz. The duo notched a combined 33 points, including 15 goals, both finishing in the conference's top 10 in points. Francese has scored two goals al-

ready this season, including the golden goal against Oregon State on Aug. 19.

In her final season, senior forward Julie Johnstonbaugh returns to the team right where she left off. The experienced forward played in all 22 of the Seawolves' games last year and finished with seven points. She has scored two goals and notched four points through six games so far this year.

Sophomore goalkeeper Sofia Manner, who finished fourth in the conference in saves with 82 last year, has also had a strong start to 2018 for the Seawolves. The Finnish keeper holds a save percentage of 73 and is already second in the America East in saves with 32 through the first six games of the year.

Among the newcomers for this year's team are freshman midfielders Ranae Ward, Mari Bren-

den and Arianna Barbieri, who look to add depth to the center of the pitch. Ward captained the U20 Trinidad Women's National Team in 2017-18 and played in two matchups against Venezuela. Ward has started two matches for Stony Brook this season, and has tallied 213 minutes so far. Brenden scored the lone goal in a matchup against Seton Hall on Aug. 26. Barbieri, a Ward Melville High School product, captained her team in her senior season and earned All-League, All-Conference and All-County honors, as well as finishing the year as team MVP.

Freshman forward Tatum Kauka, freshman defender Spencer Wirkkala and freshman goalkeeper Grace Fabian also join the squad as successful players in their respective ranks. Kauka is the second Hawaiian native to join the 2018 roster along with sophomore midfielder Chelsie Deponte. She helped her team to a league championship as a senior and was named First Team All-League and Second Team All-State as a junior in high school. Wirkkala served as team captain in her final two seasons at Granite Falls High School in Washington. She was named Cascade Conference Defender of the Year as well as Second Team All-State in her final season.

Fabian joins the team as the third goalkeeper on the roster,

along with Manner and red-shirt-senior goalkeeper Carolyn Carrera. Fabian posted an impressive save percentage of 96 in her final two seasons at Clarence High School in Clarence, New York, allowing just nine goals. With Manner still the team's starting keeper, Fabian could gain knowledge from the two experienced goaltenders throughout this season.

"We are very excited to add these six young women into our program this fall," Faherty said in a press release. "We had specific needs that we wanted to address with this class and we believe each student-athlete will fill a specific role in our program starting in August."

Through the first six games of the year, most signs point to another positive Stony Brook season with Faherty at the helm. The Seawolves still carry a large amount of depth at all positions with fresh legs, as nearly two-thirds of the roster is comprised of underclassmen.

"The work rate has been there [over the summer]," Faherty said. "I think the first month of the season we focused on descending and playing on the counter as well as pressing the middle. We are playing teams who we thought would have the ball more than us, so we want to be good from a defending standpoint, which I've been really happy with so far."



GARY GHAYRAT/STATESMAN FILE

Sophomore forward Alyssa Francese in a game against New Hampshire on Oct. 8, 2017. After capturing America East glory, the Seawolves are ready to defend their title.

Player to Watch: Alyssa Francese

Sophomore forward Alyssa Francese is likely to be an offensive leader for Stony Brook in her second year with the team. Francese has jumped out with two goals in the team's first six games, along with recording five points.

Her performance last season allowed her to stand out as a key offensive player despite her youth. As the Seawolves marched through the 2017 season, Francese played a crucial role as an offensive anchor, being named to the America East All-Rookie Team and even scoring the opening goal in the conference final. This season will likely be more of the same for the second-year forward, especially as a regular starter.

FRANCESE

11

Key Games

Stony Brook vs. NJIT
Thursday, Sept. 6 - 7 p.m.
LaValle Stadium



Stony Brook vs. Maine
Sunday, Sept. 23 - 1 p.m.
LaValle Stadium



Stony Brook vs. Vermont
Sunday, Sept. 30 - 12 p.m.
LaValle Stadium



Stony Brook @ UMass Lowell
Sunday, Oct. 21 - 4 p.m.
Cushing Fields Complex



32

Sofia Manner's current save total through the opening six games. The Finnish goalkeeper is on pace to make over 100 saves in 2018.

Men's Soccer

Men's Soccer reloads after departure of 2017 senior class

By Ryan Pavich
Staff Writer

Stony Brook Men's Soccer went into the 2018 season in need of a solution to its latest challenge: how to replace a class of 11 seniors departing from the program.

"We knew it was going to be a completely different group," head coach Ryan Anatol said. "We knew heading into preseason that there was going to be a lot of new faces. The first goal was to get everybody on the same page, understanding the way that we want to do things here, and then show them the way that we want to play tactically, offensively, defensively."

Though the men's soccer season is just getting underway, the team has shown up with energy. The Seawolves have displayed flashes of great performance, but haven't played consistently for a full 90 minutes yet. Anatol said that the team is making strides toward accomplishing consistency.

"In soccer we don't get a lot of time, about a week-and-a-half of preseason, before our first game," Anatol said about preseason preparation. "So we knew we had to do a lot of things quickly, but we knew it would be a talented group."

Anatol emphasized that the solution would be a combination of contributions from a host of newcomers and guys already on the roster stepping up. The team has added seven freshmen to the roster, and junior defender Gustavo

Fernandes transferred from Iowa Western this year. Players like junior midfielder Gabriel Fernandes and sophomore defender Matias Prando could see a rise in his time on the field.

"We had some guys that were here that didn't play as much or get to play," Anatol said. "They've still got at least a year under their belt from a training standpoint."

Senior midfielders Serge Ganyanya and Martieon Watson and junior striker Jarred Dass are some of the players who could take on a leadership role this season. All three have already played significant minutes in past seasons but could earn a bigger role in 2018.

The top priority for the new players is figuring out their strengths — who plays best in which lineup, and what is tactically their best formation. Anatol's goal for the new Seawolves is to establish their roles within the team by the time conference play rolls around.

One player who has risen up the ranks quickly is freshman goalkeeper Christian Miesch. The Swiss native joined the team in August and made enough of an impact to be named the starter for the opening week.

"Christian was another guy that we knew had good experience," Anatol said. "Coming over from Europe, [he] played at a high level. We knew coming into preseason we were going to have three goalkeepers that would be competing



GARY GHAYRAT / STATESMAN FILE

Junior striker Jarred Dass dribbles away from defenders in a game against Hartford during the 2017 season. Dass leads a group of young players into the 2018 season.

for the starting spot. All of them have done a very good job, it's probably been the hardest decision to make as a coach."

Anatol clarified that the competition for the starting spot is by no means done and expects it to be a battle as the season progresses. Junior goalkeeper Jacob Braham received starting time last season when injuries brought him into the lineup and freshman goalkeeper Yamil Montenegro competed with Braham this preseason. Anatol stressed that the team has confidence in all of the goalkeepers, no matter who is in the net.

The team's main focus for now is preparing to be in its best form in time for conference matches. Anatol sees the early weeks of the schedule as a good opportunity.

"Of course, we want to win games along the way," Anatol

explained. "But we also want to make sure that the group is preparing and getting better every day. It's not so much about the opponent; it's making sure that we're continuing to develop and get a better understanding of the way that we want to play."

Anatol also discussed the America East, describing it as a top soccer conference with plenty of talented competition. In particular, the programs at Vermont, which had the best regular season America East-conference record last year, and UMass Lowell, the No. 2-seed in last year's playoffs, could be adversaries for the Seawolves, with both teams returning most of their players this season.

"I think just based off of last season you would have to think that those teams are the frontrunners," Anatol said. "But when you

look at our league, every year, the team that's predicted to finish first never finishes first. Teams that are predicted to finish at the bottom never finish at the bottom. It's just the nature of our league."

Stony Brook was ranked sixth in the America East Men's Soccer Preseason Poll this year, but the team believes that it is still capable of beating any other team in the conference on any given day.

"It's going to be competitive," Anatol said about facing off with opponents within the America East conference this season. "Every game is going to be a battle, we just want to make sure when it comes time to play we're playing our best soccer, and that we're healthy. If we can continue to get better, I'm confident that we're going to be one of the teams competing for the championship at the end of the year."

Key Games

Stony Brook @ Albany
Friday, Sept. 21 - 7 p.m.
Tom & Mary Casey Stadium



Stony Brook @ Binghamton
Saturday, Oct. 6 - 7 p.m.
Bearcats Sports Complex



Stony Brook vs. New Hampshire
Saturday, Oct. 13 - 7 p.m.
LaValle Stadium



Stony Brook vs. UMBC
Wednesday, Oct. 31 - 7 p.m.
LaValle Stadium



Player to Watch: Christian Miesch

Amid all of the moving pieces as the season begins, one player to keep an eye on is freshman goalkeeper Christian Miesch. Miesch has earned the praise of the coaching staff and his teammates for his quick work in rising up the depth chart since joining the team in August.

"Christian has been able to assimilate very quickly," head coach Ryan Anatol said. "I think his feet have been very good, and we're asking our goalkeepers to be very involved in building the attack this year.

Christian has done a very good job in that area, and he's brought a good presence, a good personality. What he's shown in the first couple weeks of preseason has put himself in a position to be the starting goalkeeper at this point."

4

The number of Seawolves to play all 90 minutes in the first three games this season (Gustavo Fernandes, Arni Jakobsson, Christian Miesch, Stephen Turnbull).

MIESCH

24

some things

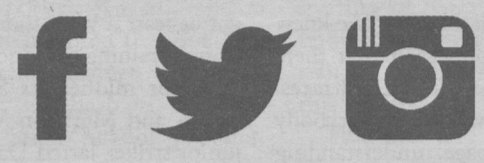
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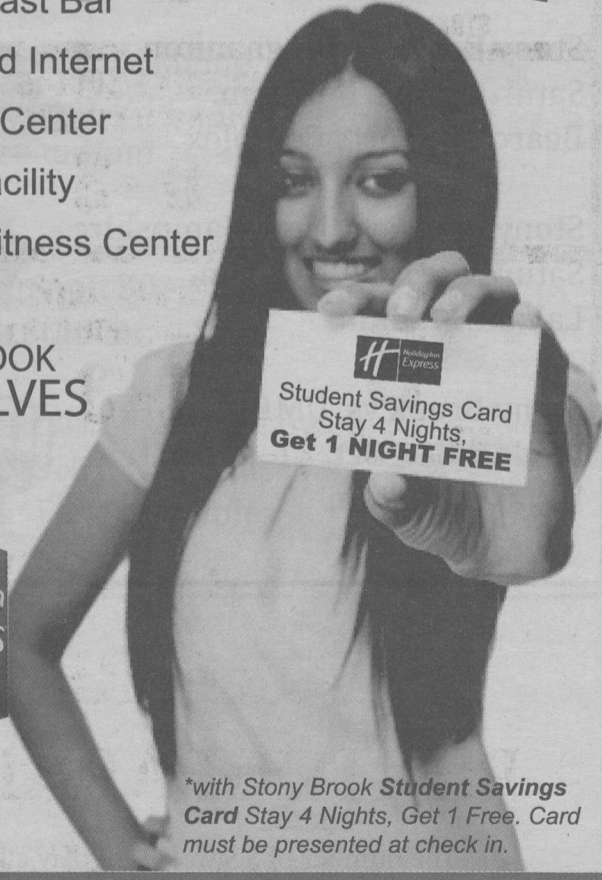
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Football drops season opener to Air Force Academy

By Chuck Hamma
Assistant Sports Editor

Saturday's season opener for Stony Brook Football started with a delay of game penalty before its first play. It ended with a delay in scoring its first points of the season as they lost 38-0 to Air Force at the Air Force Academy Falcon Stadium in Colorado Springs, Colorado.

Two 38-minute lightning delays and a lethargic offensive effort prevented the Seawolves from gaining any momentum against a stingy Falcons defense. Stony Brook gained a mere 75 yards of total offense and just four first downs.

"I'm certainly disappointed with the outcome," head coach Chuck Priore said in a press release. "I think we were focused and ready to play, but we did not execute correctly."

Seawolves senior quarterback Joe Carbone finished 5-for-16 for 30 yards with an interception and was also sacked twice. Senior running back Donald Liotine led the team on the ground with 31 yards rushing. On the defensive side of the ball, redshirt-sophomore linebacker EJ Fineran made the most of his first career start with seven tackles and two fumble recoveries, while senior

linebacker Noah McGinty added 14 tackles.

Air Force got on the board early in the first quarter with a nine-play, 74-yard drive capped off by a seven-yard touchdown run by senior quarterback Arion Worthman. The Falcons increased their lead to 14-0 when junior linebacker Kyle Johnson picked off Carbone and returned it 32 yards for a touchdown just 40 seconds later.

"I'm certainly disappointed with the outcome."

-Chuck Priore
Head Coach

Trailing 14-0, the Seawolves got the ball back on the Falcons 20-yard line after a botched punt. On third-and-goal from the 3, Carbone's pass sailed over the head of intended senior wide receiver Donavin Washington. On fourth down, Stony Brook attempted a fake field goal, as senior holder Marc Nolan rolled out to the right and attempted



ARACELY JIMENEZ / STATESMAN FILE

Senior quarterback Joe Carbone in a game against Towson in the 2017 season. Carbone finished 5-for-16 for 30 yards in the game against Air Force on Saturday, Sept. 1.

a pass, but the pass once again sailed past the receiver.

"If you don't execute, specifically of offensive, it is going to be a problem," Priore said. "We had some opportunities, but once we lost some confidence we did not really perform correctly."

A 48-yard field goal by senior kicker Matthew Philichi gave Air

Force a 17-0 lead in the second quarter. Air Force junior fullback Cole Fagan's 16-yard rushing touchdown later gave the Falcons a 24-0 advantage going into halftime.

The score would remain that way until the beginning of the fourth quarter when Falcons junior quarterback Isaiah Sanders

ran one in from a yard out to make it 31-0. Sophomore quarterback Donald Hammond III capped the scoring off for Air Force with a five-yard rushing touchdown toward the end of the fourth quarter.

Stony Brook will take on Bryant in the home opener next Saturday, Sept. 8, at 6 p.m.

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SPORTS

Volleyball drops two games at Akron Tournament

By Kenneth Fermin
Staff Writer

Stony Brook Volleyball did not fare well on Saturday, Sept. 1 in the Akron Tournament, dropping games to the Maryland Terps and Akron Zips. The Seawolves recovered on Sunday, Sept. 2 and defeated the Canisius Golden Griffins in four sets.

"I'm proud of our team for competing today against a gritty Canisius team," Belzung said in a press release following the victory. "We wanted to be more aggressive from an attacking standpoint and I thought we did that, and it created some opportunities for our defense to make some plays."

Game 1: Maryland 3, Stony Brook 1

The Stony Brook outside hitters showcased their offensive dominance on the court throughout the tournament, as shown in the first set. Graduate Emily Costello and juniors Jordan Gels and Maria Poole accounted for 11 combined points, including a kill by Poole which gave the Seawolves a 16-7 lead. The team eventually took the set, 25-17.

Led by sophomore setter Nicole Alford and sophomore outside hitter Erika Pritchard, the younger Maryland frontcourt battled back against

its veteran opponents. Neither team had control until a kill by Alford broke the tie and put the Terps up for good, winning the set 25-19.

The Seawolves began committing errors defensively coming off the set loss. The errors cost Stony Brook and Pritchard capitalized with consecutive kills, putting Maryland up 19-17. A late run by the Seawolves fell flat due to an attack error by Costello, the 10th Stony Brook error in the set, which gave the Terps a 25-21 win.

Stony Brook began the fourth set with a 9-5 lead, but it was short-lived. Pritchard countered the Seawolves frontcourt by recording five kills in an 11-2 Maryland run, putting the Terps up 16-11. A last-ditch effort by Stony Brook to make a comeback was shut down by Pritchard's career-high 22nd kill of the match, giving the Terps a 25-21 victory.

Game 2: Akron 3, Stony Brook 0

Stony Brook looked to have taken the momentum of Akron in the first set off a kill by Poole, putting the team up 13-9. The Zips responded by going on a five-point run, taking a 14-13 over the Seawolves lead and forcing the team to call a timeout. Both the Seawolves and Zips battled diligently, but an attack error by

Costello cost Stony Brook the set, losing 26-24.

The Seawolves began the second set with a 12-3 lead, but the Zips battled back. Akron erased the nine-point deficit off a kill by junior middle blocker Ashley Richardson, grabbing an 18-17 lead. Akron senior left-side hitter Kayla Gwozdz's kill ended a potential Stony Brook comeback and gave the Zips the 25-23 second set victory.

A kill by Richardson began the third set and gave the Zips a lead they would not surrender. Akron took the set 25-19, sweeping Stony Brook in the process.

Game 3: Stony Brook 3, Canisius 1

Costello gave the Seawolves a lead over the Golden Griffins that they would not surrender at the beginning of the match. Stony Brook led by as many as seven points and took the set, 25-20.

In the second set, the Golden Griffins launched out to a 17-10 lead off a kill from junior setter Cassidy Ceriani. Canisius closed the second set with a three-point run, earning the 25-19 set victory.

Stony Brook looked to take the third set after taking a 12-5 lead off

a bad set from Ceriani, but Canisius fought back. The Seawolves maintained their composure and sophomore libero Kianni Kerstetter blasted a service ace through the Golden Griffins defense for the 25-23 set victory. Kerstetter was a standout in the backcourt throughout the tournament, tallying 49 total digs and being the sole Seawolves player named to the Akron All-Tournament team.

Both teams battled hard for the advantage in a tightly contested fourth set until Stony Brook went on a five-point run. The Golden Griffins once again attempted erasing the deficit

but a kill from junior middle blocker Kendra Harlow sealed the Seawolves victory, 25-20.

The Seawolves will finally play in their home opener after competing in seven consecutive road games to begin the season.

"We are excited to be at home on Tuesday against a very good St. John's team, and hoping to pack Prichard [Gymnasium]," Belzung said about returning to campus for the team's home opener.

Stony Brook will take on St. John's on Tuesday, Sept. 4 in the Pritchard Gymnasium at 6:30 p.m.



SAMANTHA MONTES / STATESMAN FILE

Graduate outside hitter Emily Costello prepares to spike against UMBC on Sunday, Oct. 1, 2017.

Men's Soccer falls to Lafayette 1-0 in final seconds

By Ryan Pavich
Staff Writer

The announcer started a countdown with 10 seconds remaining. The ball was hovering around the Seawolves zone, on its way to one last desperate attack. By the time the countdown reached two, the ball was in the back of the net.

Nearly 90 minutes of a grinding pace fell apart in that moment on Saturday, Sept. 1, and the Stony Brook men's soccer team could only watch the celebration unfurl on the opposing team's bench following the 1-0 defeat.

Freshman goalkeeper Christian Miesch played an excellent game up until that point, securing three crucial saves to keep the Seawolves in the game. On the final play, Miesch saved a shot with 20 seconds remaining, but put the ball right back in play looking to start a push. Lafayette Leopards junior forward James Gibson punished the aggressive play, took a cross to the left side of the net and got the bounce to go his way.

"He tried to make a play," head coach Ryan Anatol said of Miesch's gaffe. "In hindsight, you can say y'know what? There's 20 seconds on the clock, maybe you hold onto the ball. But we want to be aggressive, and we want to be proactive,



ARACELY JIMENEZ / STATESMAN FILE

Senior midfielder Serge Gamwanya dribbles the ball against New Hampshire on Oct. 8, 2017. Gamwanya supported Christian Miesch after a late goal against Lafayette.

and we want to make chances. It's a little bit of experience, it's his third college soccer game so he will learn from that. I can't fault the guys for being aggressive."

Miesch also had the support of his teammates after the game. "Mistakes happen," senior midfielder Serge Gamwanya

said. "He kept us in the game for a long time. He's gonna learn as the games go on, how things work in college, how things can switch very quickly."

"It's still too early to start looking down or seeing negativity, and let it affect us. We have a quick turnaround on Wednesday, and

this is one we have to learn from. It's gonna happen, in the future, so it's all about how we react to the next game, the next day, and how we take care of ourselves. You can't put your head down after a loss."

One thing that Gamwanya and the rest of Stony Brook will be looking back on is the oppor-

tunities they had to put themselves on the board first. There were several moments where Stony Brook created an opening but couldn't convert, particularly in the second half where they outshot Lafayette nine to four.

"We did have a bit of chances, and maybe we should have put away our chances," Gamwanya said. "I don't see much that we could do because we were playing very good football, getting them tired and we pinned them in, and every time they get the ball they just get it out so they can push up. We'll look at it again."

Anatol echoed Gamwanya's sentiment, saying that they had to do a better job at breaking down the numbers when teams send multiple players back early to defend against their push.

He admitted that it was a difficult task, but they had to create more opportunities.

"Overall I thought it was a strong performance, but we also have to get results," Anatol said. "And sometimes it's the things in front of the goals that get you the results."

Stony Brook currently sits at a 1-2 record. The team continues action against Saint Joseph's at 7 p.m. on Wednesday, Sept. 5 at Kenneth P. LaValle Stadium.

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